SHOP BIG BRANDS PAY LATER

very

Credit provided, subject to status, by Shop Direct Finance Company Limited. Registered office: Aintree Innovation Centre, Park Lane, Netherton, Bootle, L30 1SL. Registered number: 4660974. Authorised and regulated by the Financial Conduct Authority. Over 18's only.

sky Virgin media **BEST FOR SKY & VIRGIN**

PLUS! prime video NETFLIX

TV&Satellite week

3-9 August 2019

NEW

FBI
An explosive crime drama on Sky Witness

NEW EPISODE!

Who Do You Think You Are?

Whitehall *secrets*

Jack and Michael's disturbing discoveries...

MONDAY ON BBC1 HD

LIVE!

FOOTBALL'S BACK!
Premier League and Community Shield

HotList This week's 28

Saturday 3

Ralph Breaks the Internet

ANIMATION *Sky Premiere HD, 10am & 6pm; Sky Disney HD, 12.10pm & 8pm*

Video-game bad guy Ralph (voiced by John C Reilly) and best friend Vanellope von Schweetz (Sarah Silverman) go on a wild ride through the internet.

Below the Surface

DRAMA *BBC4 HD, 9pm & 9.45pm*

In series two of the Danish drama, Philip Nørgaard (Johannes Lassen), the head of the terror task force, risks his life to save hostages after a terror attack on the Denmark-Sweden ferry.

Egypt's Greatest Treasures with Bettany Hughes

DOCUMENTARY *Channel 5 HD, 9pm*

The historian explores the extraordinary achievements of the ancient Egyptians, visiting sites such as the Valley of the Kings and the Great Pyramid at Giza.

The Dancing Genius of Gwen Verdon

DOCUMENTARY *BBC4 HD, 10.30pm*

A tribute to the Hollywood and Broadway singer, dancer and actor, star of *Chicago* and *Sweet Charity*, who is also the focus of the BBC2 drama *Fosse/Verdon*.

Full listings start on **p33**

Sunday 4

Can You Beat the Bookies?

DOCUMENTARY *BBC3 Online, from 10am*

Comedian Lloyd Griffith tries to double his money through gambling, with the help of academics and professionals who think they know the tricks of the trade. Repeated on BBC1, Wed at 10.35pm.

Community Shield

FOOTBALL *BT Sport 1 HD, kick-off 3pm*

It's the curtain-raiser to the new season as Pep Guardiola's Premier League champions Manchester City renew rivalries with Jürgen Klopp's runners-up Liverpool. *See sport, page 26*

Poldark

DRAMA *BBC1 HD, 9pm*

Cecily Hanson (Lily Dodsworth-Evans) learns she's to marry George Warleggan (Jack Farthing), although he is struggling to cope with issues surrounding his mental health. *See feature, page 8*

The Mind of Herbert Clunkerdunk

COMEDY *BBC2 HD, 10pm & 10.10pm (times vary)*

Spencer Jones returns as lovable idiot Herbert who this week records an audition tape for a musical. *See feature, page 11*

Full listings start on **p43**

Monday 5

Stacey Meets the IS Brides: Panorama

DOCUMENTARY *BBC1 HD, 8.30pm (times vary)*

Stacey Dooley travels to Kurdish-controlled northern Syria to meet Western women who joined Islamic State.

Who Do You Think You Are?

GENEALOGY *BBC1 HD, 9pm*

EDITOR'S CHOICE Jack Whitehall and his dad Michael discover dark stories as they explore their roots. *See feature, page 4*

The Conjoined Twins: An Impossible Decision

DOCUMENTARY *BBC2 HD, 9pm*

Following conjoined twins Marieme and Ndeye, who face an uncertain future despite the care of Great Ormond Street Hospital. *See documentaries, page 16*

Born Famous: Gordon Ramsay

DOCUMENTARY *C4 HD, 10pm*

Youngsters with successful parents, including Jack Ramsay, son of Gordon, live the life they would have lived if their mums and dads hadn't found fame.

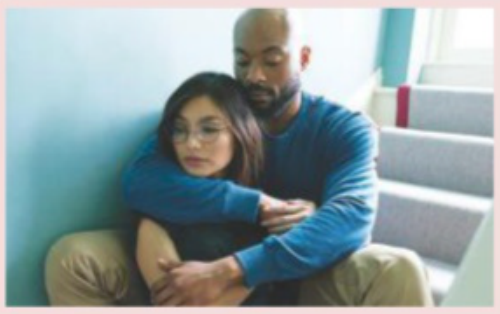
Full listings start on **p53**

Tuesday 6

World War Weird

DOCUMENTARY *Yesterday, 8pm*

The series exploring World War Two's most baffling mysteries returns, starting this week with phantom cities, Stalin's cursed tomb, a Nazi anti-gravity device, and poultry of mass destruction.



I Am Hannah

DRAMA *C4 HD, 10pm*

EDITOR'S CHOICE Gemma Chan, star of the synth-drama *Humans*, plays a 30-something woman under pressure to have children. *See feature, page 8*

Euphoria

DRAMA *Sky Atlantic HD, 10pm*

Former Disney Channel star Zendaya plays a high-school drug addict in a controversial drama exploring drug addiction, casual sex and teenage anxiety. *See feature, page 7*

The South Bank Show

DOCUMENTARY *Sky Arts HD, 10pm*

Call the Midwife fans can expect behind-the-scenes secrets as Melvyn Bragg profiles Heidi Thomas, the writer and creator of BBC1's ever-popular drama. *See documentaries, page 16*

Full listings start on **p63**

Facebook.com/TVSatelliteWeekMagazine

best shows on TV...

Wednesday 7

Face to Face with the Arms Dealers

DOCUMENTARY *BBC3 Online, from 10am*
Stacey Dooley follows a company kitting out armies, law enforcement agencies, private security firms and individuals with million-dollar arms contracts.

Jade: The Reality Star Who Changed Britain

DOCUMENTARY *C4 HD, 9pm*
Looking at the life of Jade Goody, the *Big Brother* star who died of cancer 10 years ago aged just 27, asking what her life says about the power of reality TV.

Sacred Wonders

DOCUMENTARY *BBC1 HD, 9pm*
Anew documentary reveals the most sacred places on the planet, including the extraordinary Angkor Wat in Cambodia and Masada in Israel.
See documentaries, page 16

Sean Lock: Keep It Light

COMEDY *C4 HD, 10.35pm*
The panel-show regular's stand-up show sees him moaning about the price of cinema food, addressing charges that he's having a midlife crisis, and talking about his behaviour on the internet.

■ Full listings start on **p73**

Thursday 8

Wu Assassins

DRAMA *Netflix*
An unassuming San Francisco chef becomes the latest in a long line of assassins chosen to keep the mystical Wu powers out of the wrong hands in a new action-packed martial arts drama.

Ross Kemp: Living with Knife Crime

DOCUMENTARY *ITV HD, 7.30pm*
In the third episode of his documentary series, Ross Kemp talks to youngsters who feel compelled to carry blades.
See documentaries, page 16

FBI

DRAMA *Sky Witness HD, 9pm & 10pm*
This new series from Dick Wolf, the creator of the *Law & Order* shows, follows the inner workings of the FBI. Missy Peregrym stars as special agent Maggie Bell. *See feature, page 6*

This Way Up

COMEDY *C4 HD, 10pm*
EDITOR'S CHOICE Aisling Bea stars in this new sitcom centring on a woman clawing her way back from loneliness. Sharon Horgan plays her loyal sister. *See feature, page 12*

■ Full listings start on **p83**

Friday 9

GLOW

DRAMA *Netflix*
The girls of GLOW (Gorgeous Ladies of Wrestling) are back for a third series and this time take on Vegas. Geena Davis joins as a showgirl-turned-entertainment director. *See feature, page 14*

Spider-Man: Into the Spider-Verse

ANIMATION *Sky Premiere HD, 12.10pm & 8pm; Sky Action HD, 10pm*
This animated Spider-Man film follows teenager Miles Morales, who develops superhero powers. *See review, page 18*

Liverpool v Norwich City

FOOTBALL *Sky Sports Premier League HD, Main Event HD & Sky One HD, KO 8pm*
The new Premier League season kicks off with Liverpool, 2018-19 runners-up, hosting newly promoted Norwich City at Anfield. *See sport, page 26*

Thou Shalt Not Kill

DRAMA *More4 HD, 9pm*
In this Italian drama, impetuous Chief Inspector Valeria Ferro (Miriam Leone) investigates the death of a teenage girl whose body is found in a flooded basement. *See feature, page 13*

■ Full listings start on **p93**

3 – 9 August 2019

4 Cover story
Jack and Michael Whitehall team up for a father-and-son *Who Do You Think You Are?*

6 This week on TV
New US drama *FBI*, from the team behind *Law & Order*, teen drama *Euphoria*, plus Aisling Bea's comedy *This Way Up*

9 Soap diary
This week's top stories

14 Your Watchlist
Including *Otherhood* and the new series of *GLOW*

16 Documentaries
Including *The Conjoined Twins: An Impossible Decision*

18 Films
Including the animated *Spider-Man: Into the Spider-Verse*

26 Sport
Community Shield from Wembley and Liverpool v Norwich in the Premier League

33 TV guide
Day-by-day TV listings

104 Kids' TV

106 Coming Soon

All transmission details given are correct at the time of going to press. Cover credits: BBC/Wall to Wall Media Ltd, Stephen Perry, PA Images, Sky
HotList words: Jim Fone. HotList photos: Alamy, Getty, PA

SUBSCRIPTION OFFER

Get 6 issues for only £1*

Your payments will then continue at £19.99 payable every 3 months, saving 36%

SAVE UP TO 36%

Subscribe online at **tvandsatsubs.com/43AU**
or call **0330 333 1113** and **quote code XTS-43AU**

Offer open to new UK subscribers only. *After your first 6 issues, your subscription will continue at £19.99 payable every 3 months by Direct Debit, saving 36% on the full price. Offer open to new UK subscribers only. With the price guaranteed for the first 12 months. Final closing date for all orders is 7 September 2019. Please allow up to 6 weeks for delivery. The full subscription rate is for 1 year and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. For inquiries and overseas rates, contact help@magazinesdirect.com or call +44 (0) 330 333 1113. For full terms and conditions, visit magazinesdirect.com/terms.

GENEALOGY

Who Do You Think You Are?

Monday, BBC1 HD, 9pm

Jack Whitehall and his deadpan dad Michael have proven that funny bones are a family trait – with the bickering duo teaming up for BBC comedy talk show *Backchat* and Netflix's hilarious documentary *Travels with My Father*.

Now, the father and son are trying to find out what else is lurking in the Whitehall genes as they become the first celebrities to look into their ancestry together in this week's episode of *Who Do You Think You Are?*

'It's nice we're both doing this – Jack is the next generation and it's very important that he knows about his family, because I'll be gone in about 10 years,' explains former theatrical agent Michael.

Meanwhile, Jack jokes: 'I wanted to maybe establish that there is no biological link to him. I'm not disturbed by finding out bad stuff about my family. I was open-minded to potentially finding dodgy things.'

The Whitehalls do indeed discover some dark branches in their family tree when they begin their search by investigating the childhood of Richard Ernest Baxter Whitehall, known as REB, who was Michael's paternal grandfather and Jack's great-grandfather.

It was thought that REB, who was born in 1870, had been orphaned as a young boy after his commercial traveller father Richard died in a pony and trap accident and his mother Caroline passed away shortly after from grief.

But Jack and Michael learn Caroline was placed in an asylum and actually died there from dementia caused by syphilis, which had possibly been passed on by Richard, who is also likely to have died of the disease.

'Neither of us is particularly emotional but reading something that graphic and stark, it was hard not to be affected,' says Jack. 'Caroline had three years of suffering before she died and the doctors could do nothing. I suppose the idea of the pony and trap and dying of grief became the family story instead because the true story was so grim.'

There were better times ahead for REB, however, as his first cousin, a wealthy woollen merchant, left him his fortune of £194,000, the equivalent of around £10million today.

'Those millions of pounds definitely didn't come our way,' says Michael. 'I only knew my grandfather from a distance because I was just a child, but he was kind and sweet, and to realise he'd had a bad start in life was sad. So I'm pleased in the end he had a good life and died a happy man.'

The Whitehalls then explore the roots of REB's wife Edith and find that Michael's three-times great-grandfather was Thomas Jones Phillips, a solicitor and magistrates' clerk in Newport, Wales, in the 1830s.

They learn that Thomas, a passionate Tory, fought determinedly against campaigns by the Chartists to extend the vote to all working men. In 1839, the Chartists held a protest, known as the Newport Rising, against the imprisonment of some of their members. Soldiers and special constables quashed the rising and killed 22 Chartists. Thomas was later instrumental in arresting the leaders of the demonstration.

> **'I'm going to sever ties with Dad – all his ancestors were wrong 'uns'**
> JACK WHITEHALL

SAD AND A LITTLE WEIRD

'My best hope was that Thomas was just a pen-pusher following orders,' says Jack. 'But it turned out our great ancestor was gathering evidence to bang up the guys fighting for the rights of workers in Wales.'

John Frost, one of the Chartists arrested by Thomas following the rising, was sentenced to death for high treason. But the Whitehalls were pleased to discover that he was reprieved and transported to Australia instead.

'That was a happy ending through all this darkness and despair and our scumbag ancestor,' says Jack. 'Thomas died three years after John's sentencing. We went to see a plaque at the church where he's buried and it was above the toilet. That was sad and a little weird.'

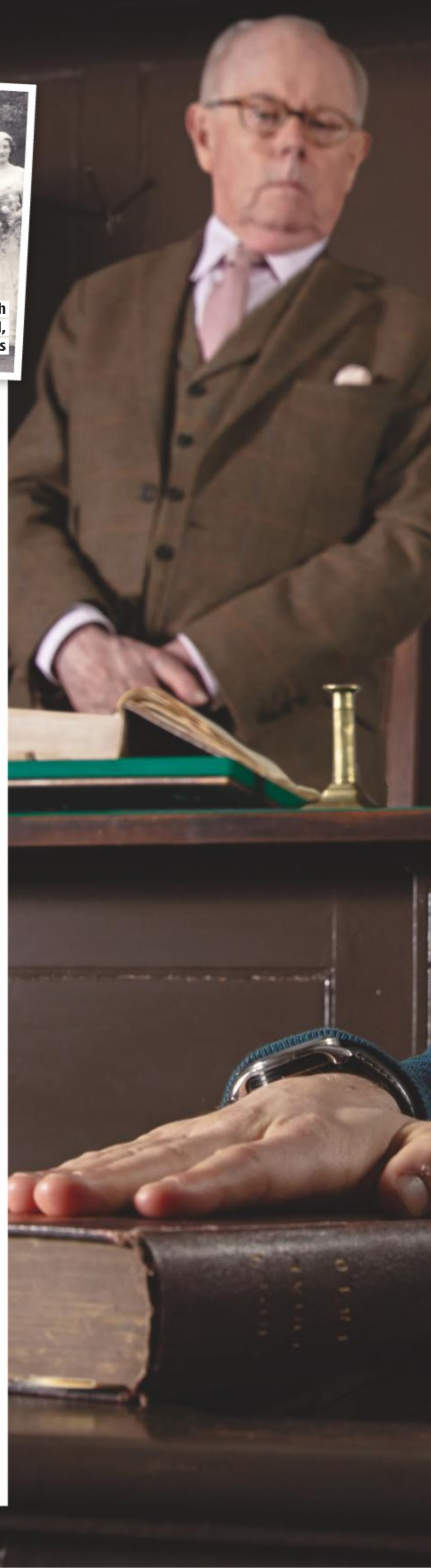
After their hard-hitting discoveries, Jack jokes that he might now need to distance himself from his paternal line.

'There is not a lot of light in our story. Now I know about Dad's ancestry I'm going to sever ties because all his ancestors were wrong 'uns,' he smiles.

'I should have done the show with Mummy [actress Hilary Gish] instead. I'm sure Mummy has really nice ancestors!'

REB and Edith (standing and seated, left) in the 1930s

REB in the 1950s



WORDS: CAREN CLARK. PHOTOS: BBC/WALL MEDIA LTD/STEPHEN PERRY, INSTAGRAM @THEROCK

Whitehall secrets

Jack and Michael Whitehall uncover some villainous and tragic characters in their family tree

WHAT'S NEXT FOR JACK?

Jack Whitehall will be leaving his dad Michael at home for his next projects. The 31-year-old is returning to his comedy roots with a new UK tour, *Stood Up*, this Autumn, while his Hollywood career is also going from strength to strength.

He'll star alongside Dwayne Johnson in Disney's big-screen adventure *Jungle Cruise*, which is released next year and based on a Disney theme-park ride. Whitehall plays McGregor Houghton, the brother of intrepid scientist Lily, played by Emily Blunt, who embarks on a dangerous boat trip to find the magical Tree of Life.

Jack and Dwayne Johnson on the *Jungle Cruise* set

McGregor is one of Disney's first gay characters and the casting of the straight Whitehall has sparked controversy, but the actor is thrilled to be part of the Disney family.

'I'm having the time of my life,' he says. 'It's so cool to be part of something of this scale.'

He's also signed up for *Clifford the Big Red Dog*, a film based on the popular children's books, in which he'll play Casey, the kindly uncle of Clifford's owner Emily (*Big Little Lies*' Darby Camp).

Feds under FIRE

Missy Peregrym is an FBI agent protecting New York from terrorists and traffickers

Kristen
Ebonée Noel
Hardworking, opinionated and new in the job, the analyst is keen to prove her worth.

Maggie
Missy Peregrym
The special agent comes from a multi-generational law family and is committed to the people she works with and those she protects.

NEW DRAMA
FBI
Thu, Sky Witness HD, 9pm & 10pm

Dick Wolf might not be a household name in Britain, but in the *Law & Order* and *Chicago* franchises, he has created some of the most successful series in TV history.

Now the producer is back with new crime drama *FBI* – which starts with a double bill – following the inner workings of New York's elite FBI unit as they battle to keep the city and America safe. Leading the cast of this fast-paced procedural is Missy Peregrym, who plays FBI special agent Maggie Bell.

CARDINAL CASES

Born into a law-enforcement family of long-standing, Maggie is grieving the death of her husband Jason, an investigative reporter, and is determined to be a force of good in a world spinning out of control.

'Maggie hasn't really dealt with the tragedy. She's buried herself in the work, and right now she is putting everything she has into something good,' says Peregrym. 'She's a workaholic and has focused all of her energy into her cases.

'Despite Maggie's bereavement, we don't spend much time on the characters' personal lives because we are dealing with such huge topics. It's really about the people who are working together to solve these cases.'

The show opens in explosive fashion

This week's first episode opens in explosive fashion when an apartment building in the Bronx is blown apart by two bomb blasts, killing two young boys. At first it appears to be part of a gang war, until further investigations reveal something far more sinister.

Later cases involve people traffickers, a deadly sniper and a woman who is poisoning takeaway food after being recruited online by a radical organisation.

DIVERSE CAST

'New York is one of the highest-targeted cities in terms of terrorism,' says Peregrym, 37. 'But a lot of the stuff that we're dealing with is on a scale that affects the whole country. The stakes are higher.'

Peregrym played beat cop Andy McNally in US show *Rookie Blue*, and she says this new role felt like a natural progression.

'Weirdly enough, it's pretty seamless,' she explains. 'It's like

Andy got a big promotion! Maggie was a cop for six years and I played a cop for six years on a show, so some of the dynamics were already there.

'I said I was never going to do another procedural, but then sometimes I'll find myself on set thinking, "This is exactly what I want to be doing." I'm not really the fluffy person. I like to get down into it.'

Maggie's colleague, special agent OA Zidan, was originally written as a Hispanic character, but was reimagined when Egypt-born Zeeko Zaki impressed bosses.

For Zaki, playing a Muslim lead in a mainstream US show was a big moment, but he says his character is more representative of the modern FBI than many people might imagine.

'He's a Muslim and he speaks Arabic,' he explains. 'That kind of character hasn't been on a series before, so it felt big, but the FBI is a far more diverse group of people these days.'

'We're dealing in things that cause major fear, but we're bringing hope'
MISSY PEREGRYM

After proving a hit, *FBI* has been renewed for a second season. Meanwhile, Dick Wolf is turning his new project into another franchise, with a spin-off, *FBI: Most Wanted*, already in the works.

'It's great to be doing a show that really affects people for the greater good,' says Peregrym. 'We're dealing in things that cause major fear, but we're also bringing a sense of hope.'

Zendaya as troubled Rue Bennett

Teenage KICKS

Zendaya plays a high-school drug addict in a no-holds-barred drama...

NEW DRAMA
Euphoria
Tuesday, Sky Atlantic HD, 10pm

The messy combination of drug addiction, casual sex and teenage anxiety are explored in Sky Atlantic's new gritty and provocative eight-part drama *Euphoria*.

Former Disney Channel star Zendaya plays the show's main character, 17-year-old high-school student and drug addict Rue Bennett. Fresh out of rehab, Rue wastes no time in getting back into her old habits of drugs and partying.

'It's a raw and honest portrayal of addiction, anxiety and the difficulties of navigating life,' explains 22-year-old Zendaya, who played trapeze artist Anne Wheeler in *The Greatest Showman* and who can currently be seen in cinemas in new film *Spider-Man: Far from Home*.

Adapted from an Israeli series of the same name, the show also draws on the experiences of its writer and creator Sam Levinson (son of *Rain Man* director Barry Levinson) and his personal battles with addiction and depression. It follows Rue as she numbs herself with drugs, while navigating the pitfalls of growing up.

Between bouts of unconsciousness, she inhabits a dark world peopled by seriously young drug dealers where use of drugs, including fentanyl, and casual sex is prevalent.

'When I read the script, I fell in love with it, with Rue and with all of the characters,' says Zendaya. 'I wanted to know more about them and their lives. I wanted them to be okay.

'Rue's a good person, she just doesn't know it. She's in pain. There's something innocent and redeeming about her that reminds you that she's a human first and an addict second.'

PUSHING BOUNDARIES

The drama features Judd Apatow's daughter, Maude Apatow, as Rue's friend, Lexi, and transgender model Hunter Schafer as new girl Jules. Also look out for former *Grey's Anatomy* star Eric Dane and Sydney Sweeney (Eden in *The Handmaid's Tale*).

Zendaya admits that the boundary-pushing series is a far cry from her Disney days. 'It's a scary jump, but I think it was time for me to do this,' she says. 'There's a lot of people who think I can't do it because they don't understand my personality. I get it: I'm a Disney kid. There's a lot to prove. I want people to let themselves be taken on the ride.'

BOX SET
All episodes of ***Euphoria*** will be released as a box set on Sky Box Sets and NOW TV on 6 August.

WORDS: HANNAH DAVIES, SEAN MARLAND. PHOTOS: CBS, HBO/SKY, SKY

Singled

Gemma Chan plays Hannah, who isn't ready to settle down

LAST ONE DRAMA

I Am Hannah

Tuesday, C4 HD, 10pm

Best-known for her role as mesmerising synth Mia in C4's sci-fi hit *Humans*, Gemma Chan returns to our screens this week in the final instalment of Dominic Savage's hard-hitting *I Am* trilogy.

This week's standalone film, co-created by Savage and Chan, is an intimate portrait of Hannah, who is unsure whether to have children and settle down.

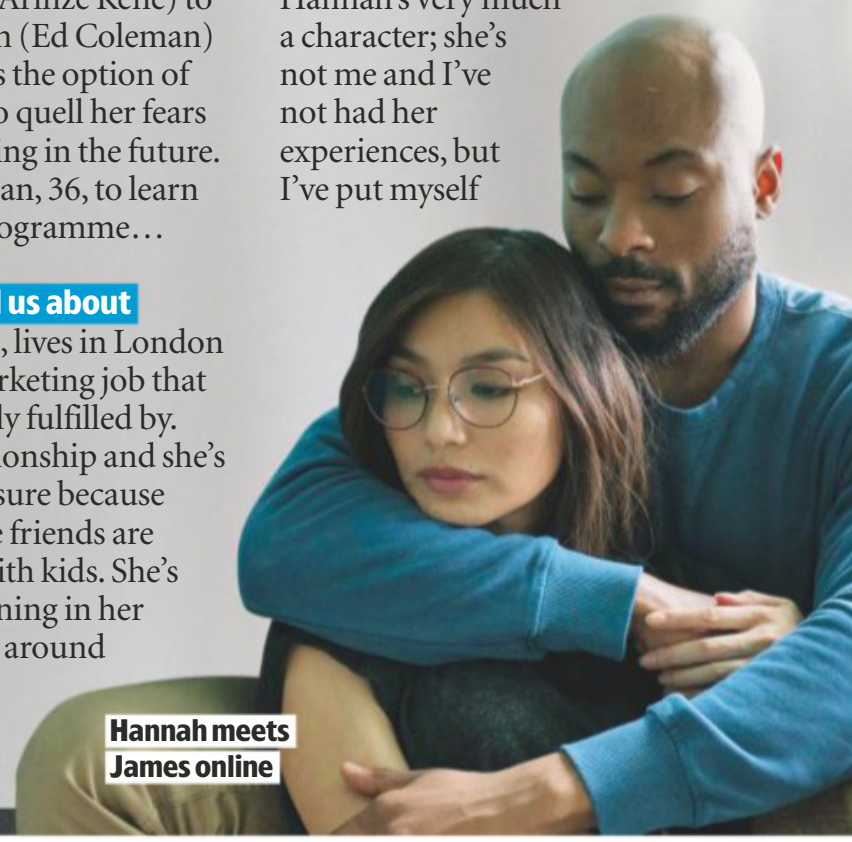
While embarking on a series of internet dates – ranging from the promising James (Arinzé Kene) to the dangerous Tom (Ed Coleman) – Hannah explores the option of freezing her eggs to quell her fears about not conceiving in the future.

We met with Chan, 36, to learn more about the programme…

What can you tell us about Hannah? She's 36, lives in London and works in a marketing job that she's not necessarily fulfilled by. She's not in a relationship and she's feeling under pressure because most of her female friends are already married with kids. She's trying to find meaning in her life and the people around her have different ideas about how she should find it.

Why did you want to tell this particular story? I think it's crazy how when you're a teenager and in your 20s, it's drilled into you that getting pregnant is the worst thing that could happen. Then suddenly you hit your mid-30s and the message is that you're running out of time to have children. You essentially have about five years when you're supposed to meet the right person, settle down and start a family. I've had discussions about this with my friends, but hadn't seen anything on TV that approached it in this way.

How personal is the film? Hannah's very much a character; she's not me and I've not had her experiences, but I've put myself



Hannah meets James online

Jack Farthing on what lies ahead for *Poldark*'s grief-stricken villain George Warleggan

Sea of sorrow

DRAMA

Poldark

Sunday, BBC1 HD, 9pm

For *Poldark* fans, George Warleggan has been the man we all love to hate. His endless run-ins with Ross, cruel business dealings and constant need for one-upmanship have had us booing from our sofas every Sunday.

But this series has seen a very different side to George. His grief over the death of his wife Elizabeth has been so raw that last week he even contemplated taking his own life. Jack Farthing, 33, who plays him, reveals what's in store for George in the final series…

How have you found portraying George's descent into madness? It's been a massive challenge for me as an actor. George has been struck by Elizabeth's death like he's never been struck by anything. It's been seismic for him – he's had to go to some very dark places. There are still massive challenges ahead for him.

Did you do a lot of research into grief? I met three psychiatrists, one of whom deals specifically in the type of grief George goes through. It was important for me to ground it in reality. I haven't experienced anything as serious as George, but hopefully we go somewhere truthful. It's a very authentic story.

WORDS: HANNAH DAVIES, ELAINE REILLY, ALISON SLADE. PHOTOS: ALAMY, BBC, C4, ITV

out

Gemma Chan plays a thirtysomething under pressure to have children

Chan starred as Minn-Erva in *Captain Marvel*

As Mia in *Humans*

in her shoes. I've never internet-dated. I know people who are in healthy, happy relationships through this process. But I've also heard horror stories. You get the spectrum of that here.

Why does Hannah consider freezing her eggs? Like many women, she's struggling with the anxiety that comes with living in a society constantly reminding women about their 'biological clock'. Her doctor in the film is a real-life doctor, Dr Ippokratis Sarris, and he explained everything to Hannah as if it was a real consultation. It was very educational. I was surprised by some of the figures and how [freezing eggs] is not a fail-safe insurance policy.

How does making *I Am Hannah* compare to filming blockbusters like *Crazy Rich Asians* or *Captain Marvel*? They are different experiences. After making those studio films, I was craving something a lot more intimate. We worked with the bare minimum of crew and shot it over 10 long, intense days. What's great about Dominic's *I Am* trilogy is that you see the stories from a woman's point of view and feel everything as she's going through it. If we can come away from them and empathise and be less judgmental of others and ourselves, that's a good thing.

George is still in cahoots with slave trader Ralph Hanson, though, isn't he? Yes, he's never going to be perfect. I think it would be a disservice to him as a character to strip away his capabilities as a villain. He's definitely still villainous, but there's more of a sense of him as a human being this series.

Have things softened between him and Ross since Elizabeth's death? Yes, their priorities have changed. They're still pitted against each other personally and politically, but the days of fighting in the pub are behind them. There's a kind of maturity to them, although they're still capable of childish behaviour.

Will you be sad to say goodbye to George? Yes, definitely. You put part of what you own into that character. I've loved playing him, so it will be sad to leave him behind. I don't think it's really sunk in yet.

Can you tell us what your last scene is like? I love my last scene very much – it's satisfying and moving and clever. Actually, I think my last word might be 'goodbye'.

Have you taken any souvenirs from the set? Yeah, my pockets are full! Seriously, George's stuff is all so ridiculously extravagant. A golden marble table in my little flat? Probably not!

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Eileen faces up to Nikolai when she finds Jan and the gang at the salon

CORONATION STREET

Eileen discovers Jan is a people trafficker!

» **It took bucket-loads** of courage for Eileen to let builder Jan into her life. So she's horrified when she finds him at the nail salon with Rachel and Nikolai, and realises her new fella is involved in the people-trafficking ring.

Eileen has had an inkling that he's hiding something. Earlier, when Seb is beaten up, she phones Jan to tell him, and struggles to believe him when he says he's in Birmingham. Her fears are confirmed when she arrives at the salon to find him and the gang hastily loading the fixtures and fittings into a van.

Jan declares that he has never cared for her, but Eileen has more to worry about than a broken heart as a fight then breaks out, and Nikolai smashes her phone to stop her calling the police.

The police raid the nail salon

Fortunately, the cops arrive and raid the joint.

Back on the cobbles, Seb is distraught as he waves goodbye to manicurist Alina, who has been found a safe house. But there's sadness for Eileen, too, who, once again, has been let down by a wrong 'un. Can she find a way to bounce back?

» **PLUS** Gary finds an investor for Underworld, Robert tries to persuade Vicky not to leave, Emma discovers her dad has cancer, Imran tries to scam Claudia, and Carla is offered a job by an old business associate.

whatsontv.co.uk/soaps

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Kim offers to buy the burnt-out factory (above), Kerry and Amy try to hide their guilt, Robert tries to persuade Aaron to go ahead with the surrogacy, and Charity and Vanessa arrange to move into Jacobs Fold as Debbie heads to Scotland.

EASTENDERS

» Iqra catches Habiba with Adam (above), Mick collapses, the police close in on a suspect for Phil's attack, Chantelle helps Whitney with her clothing empire, Callum struggles to write his wedding vows, and Sheree has a proposition for Denise.

Great British Garden Revival

In August

together TV
for good

Search Together TV
Freeview 89 | Sky 194 | Virgin 269 | Freesat 164

Fool's paradise

Enter the **weird and wonderful world** of TV's most lovable idiot...

Jonny (Dom Coleman) and Herbert (Spencer Jones)

Lucy Pearman plays Herbert's supportive wife

NEW COMEDY

The Mind of Herbert Clunkerdunk

Sun, BBC2 HD, 10pm & 10.10pm (NI, Thu, 11.45pm & 11.55pm)

If you like your TV comedy to be surreal, silly and short, don't miss BBC2's *The Mind of Herbert Clunkerdunk*, which returns this week for a series of four quirky new episodes – all just 10 minutes long.

Last year's BAFTA-nominated pilot introduced us to childlike aspiring actor Herbert and his weird and wonderful imagination, which includes talking household objects and bizarre musical interludes.

'Herbert is a lovable idiot,' says comic Spencer Jones, who plays him. 'The comedy is silly – it's all about going back to being like a kid. Hopefully it will take people away from all the serious things in life.'

Jones developed the character during his stand-up routines.

'I've been doing comedy for a long time and went on a clowning course – not red-nose clowning but just learning a different way to make people laugh,' he explains. 'I fell in love with it, and it fused with what I was doing in my act at the time.

'I never intended to write Herbert as comedy for all the family, but I've had a lot of messages from people who watched the pilot with their kids. There's a bit of swearing, but I'm glad it has wide appeal.'

CHILD STARS

The series features some new faces, including an annoying couple who live on Herbert's street, while there's a welcome return for his eye-popping neighbour Jonny (Dom Coleman), plus some special guest stars.

'My kids wanted to be in the show, so we cast them as Herbert's two children,' reveals Jones. 'They are probably better actors than I am – but they're already asking about when they are getting paid!'

This week's two episodes see Herbert get the chance to record an audition tape for a big musical. Could this be his breakthrough?

'I'm quite like Herbert in that I'm always flipping between one thing and another,' explains Jones. 'I wanted to have a lot of music in the show as I have been into singing and songwriting since I was really young. It felt like I had to chuck that into the mix as well.'

Also returning is comedian Lucy Pearman, who plays Herbert's loyal and supportive wife Bobby.

'Bobby finds Herbert utterly charming and hilarious – although sometimes she has to bite her lip,' reveals Pearman. 'But ultimately she believes in him and knows that he is just trying his best. The new episodes have a very funny scene about standing in dog poo – that was a highlight for me.'

The two comedians became good friends after meeting on the stand-up circuit, and also star together in BBC1 comedy *Mister Winner* – which returns soon for a full series – as the hapless Leslie Winner and his fiancée Jemma.

'I'm Spencer's telly wife,' laughs Pearman. 'When I first saw him perform, I thought, "Wow, I'm not mad." Our humour has a lot in common – we are kindred spirits.'

BOX SET

All episodes of ***The Mind of Herbert Clunkerdunk*** will be on BBC iPlayer from 3 August.

BBC iPlayer

You liked...

Rillington Place on BBC1

The three-part drama told the story of real-life serial killer John Christie (Tim Roth) and how he strangled at least eight people at 10 Rillington Place, London, in the 1940s and 1950s. His tenant Timothy Evans (Nico Mirallegro) was wrongly accused of two of the murders and hanged.

Now try this...

The Serpent on BBC1 and Netflix

The Looming Tower's Tahar Rahim stars in this upcoming eight-parter, which tells the true story of Charles Sobhraj, who murdered up to 20 young travellers across the South-east Asian hippie trail during the 1970s. He evaded capture and became Interpol's most-wanted man, with a chase across several countries until he was brought to justice.

WORDS: HANNAH DAVIES, RICHARD MCCLURE. PHOTOS: BBC, GETTY

Look Who's Back...

A familiar face appearing in a new show this week

Gordon Ramsay

Born Famous: Gordon Ramsay

Monday, C4 HD, 10pm

Michelin-starred chef Gordon Ramsay acquired household-name status in 2004 with his C4 series *Ramsay's Kitchen Nightmares*, which ran for five series. He's also hosted US show *Hell's Kitchen*, in which pro chefs went head-to-head, and five series of *The F Word* between 2005 and 2010, which saw him cook for celebrity guests. Currently a judge on *MasterChef Junior* and the US *MasterChef*, in 2018 he teamed up with fellow chef Gino D'Acampo and maitre d' Fred Sirieix in *Gordon, Gino & Fred's Road Trip* on ITV.

HIS NEW SHOW

The 52-year-old appears in the first episode of brand-new series *Born Famous*, in which the teenage children of four famous faces spend a week in their parents' old haunts to experience what life could have been like if their folks had never become celebrities. Ramsay's 19-year-old student son, Jack, visits his dad's roots, including an Oxfordshire council estate where he lived. The other teens in the series are the offspring of Spice Girl Mel B, entrepreneur Michelle Mone and former England footballer Paul Ince.

Jack Ramsay with his father Gordon

WORDS: EMMA BULLIMORE, JUDY EWENS, TESS LAMACRAFT. PHOTOS: C4, EI, ITV, UKTV, WARNER BROS

Only the lonely

Aisling Bea finds laughter in sadness in her new comedy *This Way Up*

NEW COMEDY

This Way Up

Thursday, C4 HD, 10pm

Just because you're at your lowest ebb, it doesn't mean you lose your sense of humour. That's according to Aisling Bea, whose brand-new sitcom centres on a woman clawing her way back from depression.

This Way Up stars the 35-year-old comedian as troubled Aine, with *Catastrophe* star Sharon Horgan as her sister Shona, who's consumed with worry about her younger sibling.

The two stars first met on the set of short-lived BBC3 comedy *Dead Boss* in 2012 and stayed close, working on scripts together, but never finding the right project until *This Way Up*, which is written by Bea and made by Horgan's production company, Merman.

Here, Bea explains what to expect in the series…

What can you tell us about *This Way Up*? Aine has been through a bad time when we meet her. She starts at a low point and the show is about the messiness of getting better. Loneliness has such an impact on your immune system and mental health. It's the disease nobody wants to admit to, but it's becoming more prevalent in our society. So I wanted to write a comedy about it. My favourite shows are series like *Transparent*, *Girls* and *Atlanta*, where you can deal with something serious, but it's still seen as a comedy.

How would you describe Shona and Aine's relationship? They're loving but codependent. Shona doesn't know how to exist outside of caring for Aine.

Aisling Bea and Sharon Horgan as Aine and Shona

Is their relationship based on your friendship with Sharon? Yes, Sharon and I have less of a friendship and more of a big sister/little sister dynamic. In *Catastrophe*, her character's very selfish but Shona's

more like the Sharon I know – a very capable businesswoman who's also very caring. When we took the script to producers at C4, they thought the characters might be too mean to each other to be sisters – but that's how families talk to each other.

Are you excited to work with Sharon again? We go back a long way and we've kept working on ideas. There was one called 'Delilah', which we worked on for two years. It was very Irish but *Derry Girls* pipped us to the post. I wrote the first episode of *This Way Up* in a day and sent it to Sharon. Luckily she liked it.

Are you excited seeing your hard work come to fruition? Getting the show on screen is my dream come true – even if we don't get a second series! And I genuinely couldn't believe it when a catering truck turned up on set just because I wrote something. It was a real 'whoa!' feeling.

How does creating your own sitcom compare to doing stand-up and panel shows? Well, panel shows are like dinner parties – they aren't difficult unless you're sat next to someone boring. When you're with a gang of friends on a show and you feel comfortable, it's a joy. Except that millions of people watch you and you get threats on Twitter!

BOX SET

All six episodes of ***This Way Up*** will be available on All 4 on Thursday 8 August after the first episode has aired.

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Miriam Leone plays a detective battling her own demons

NEW Thou Shalt Not Kill

Friday, More4 HD, 9pm

Set in Turin, Walter Presents' Italian crime drama centres on inspector Valeria Ferro (Miriam Leone), a gifted but troubled murder detective. She's a loner who bends the rules – and it falls to her boss and lover Giorgio Lombardi (Thomas Trabacchi) to reel her in. Just as a father is broadcasting a live TV appeal to help find his missing teen daughter, the girl's body is found in a flooded basement. Valeria grabs the reins of the investigation, but then demons from her past resurface when her mother is released from prison after serving 17 years for murder. The series kicks off with a double bill and all episodes will be available on All 4 after the first episode airs.

NEW Scrapyard Supercar

Sunday, Dave HD, 6pm

Former Boyzone member, reality star, pro drift driver and petrolhead Shane Lynch hosts this new car show. He sets two teams of amateur mechanics the task of building a one-off vehicle from scrap that can outperform a top-of-the range supercar. Under the guidance of engineer Ralph Hosier, the teams have four days to construct their vehicle before they head to the racetrack and put it to the test.

NEW Temptation Island

Sunday & Monday, E! HD, 9pm

Wondering what to watch now *Love Island*'s ended? Try this revamp of the Noughties reality show in which four US couples put their relationships to the test. They go to Hawaii, where they join 24 singletons in search of love. Will they be tempted? The entire series will be on Sky Box Sets/Virgin TV from 4 Aug.

Lethal Weapon

Friday, ITV HD, 9pm

Richard Roundtree, currently starring in Netflix's *Shaft* reboot, guests in this week's episode as Murtaugh's competitive father-in-law Don Bennett. Murtaugh (Damon Wayans) is getting ready to celebrate his 30th anniversary with the LAPD when Don pays him a visit and belittles his achievement.

Your Watchlist

Gillian, Carol and Helen surprise their sons

Mother knows best

Patricia Arquette plays a mum determined to be part of her adult son's life in comedy *Otherhood*

NETFLIX Otherhood

NEW *Genre:* ***Comedy*** *Available:* ***Friday 2 August*** *Runs:* ***100min*** *TVSW says:* ***Mums and the City***

Three mums, miffed when their grown-up sons don't call them on Mother's Day, decide to do something about it in Netflix's new comedy film *Otherhood*.

The long-time friends – Gillian (Patricia Arquette), Carol (Angela Bassett) and Helen (Felicity Huffman) – drive to New York to pay their offspring a surprise visit.

Arquette, 51, who won a Golden Globe for prison drama *Escape at Dannemora* and has been nominated for an Emmy for her portrayal of a mother with Munchausen syndrome by proxy in *The Act*, tells us more...

Did *Otherhood* make a welcome change from your more recent roles? I shot *Otherhood* in between filming for *Escape at Dannemora* and *The Act*, so it was a refreshing break between two rather heavy projects. Not only was it really nice to do a comedy, but I love the way that the movie delves into themes of motherhood, sisterhood and friendship. It was also great to be able to work with amazing actresses like Felicity Huffman and Angela Bassett, and to have a female director and producer.

As a mother yourself, how much did you relate to your character in the movie? There are a number of qualities that are similar to me. For example, whenever I walk into my kids' space, I definitely end up starting to clean the place – just like Gillian in *Otherhood* – but my children tend to stop me every time. I guess I can be an overinvested mum at times, too. But Gillian goes further than I do. She creates a lot of drama.

The movie's director Cindy Chupack worked on *Sex and the City*. How do the two compare? There are definitely similarities. First of all, you get to see a lot of New York City in *Otherhood*. Plus, the wardrobe is really fun. And there are themes of sisterhood and friendship, which are themes you see in *Sex and the City*.

You don't seem to be short of exciting roles at the moment... At 51, it's pretty crazy to be getting these character parts and being able to play complicated people. I'm lucky I'm at this age at a time where plenty of people are trying to make a lot of content for a lot of channels. It's a good time to be in our industry.

Viva Las Vegas!

NETFLIX GLOW

NEW *Genre:* ***Comedy*** *Available:* ***Friday 9 August*** *Season:* ***3*** *Episodes:* ***10*** *Runs:* ***32-37min*** *TVSW says:* ***Packs a punch***

Oscar-winning actress Geena Davis joins the cast of Netflix's 1980s-set women's wrestling comedy *GLOW* for its third season.

Following the axing of their TV series in LA, the Gorgeous Ladies of Wrestling have moved to Las Vegas and are gearing up for several live shows at the Fan-Tan Hotel and Casino. *Thelma & Louise* star Davis plays the venue's entertainment director, the glam Sandy Devereaux St Clair.

'Having her on set was amazing,' says Kate Nash, AKA Rhonda 'Britannica' Richardson. 'We'd sit together and she'd be learning how to flip a card or roll dice!'

Geena Davis

For Alison Brie, who plays Ruth Wilder, AKA Zoya the Destroyer, having the gang in Sin City marks a real departure for the show.

'It looks different, it looks more luxe, it looks more expensive. It's a little more dangerous,' she says.

But with the new environment comes fresh challenges. 'All the characters are trying on different versions of themselves,' adds Brie.

'And they are all embracing the themes of Las Vegas – you know, Sin City and what happens in Vegas stays in Vegas! It feels a bit like there are no rules.'

Betty Gilpin and Alison Brie as Debbie and Ruth

WORDS: EMMA BULLIMORE, ADAM TANSWELL. PHOTOS: GETTY, NETFLIX

The best of **Netflix, Amazon Prime Video, BBC iPlayer** and more...

Preacher

NEW *Genre: Fantasy drama Available: Monday 5 August Season: 4 Episodes: 10 (released weekly) Runs: 40-55min TVSW says: Highly recommended*

Sadly, it's the end of the road for TV's wildest ride as *Preacher* returns for a fourth and final series, following Texas preacher Jesse Custer (Dominic Cooper), his badass ex-girlfriend Tulip (Ruth Negga) and Irish vampire Cassidy (Joseph Gilgun) as they get caught up in an almighty battle spanning heaven and hell. The new season picks up after the Saint of Killers murdered Satan for his role in the death of his daughter. He's now headed back to Earth to hunt down Jesse, with Eugene in tow...

No Good Nick

NEW *Genre: Family comedy Available: Monday 5 August Season: 1 (Part 2) Episodes: 10 Runs: 30min TVSW says: Old-style sitcom*

Siena Agudong stars as angel-faced teenager Nicole – AKA Nick – who comes to live with the Thompson family. She claims she is a distant relative, but she is really being used by her imprisoned father to gain revenge on the Thompsons. As series one resumes with new episodes, mum Liz (Melissa Joan Hart) is starting to become suspicious about Nick's true identity, while the teen continues to realise that her new family might not be so bad after all.

Watch it or dodge it

What the critics are saying about the latest releases...

Secret Obsession

Genre: Thriller Runs: 97min

Campy, over-the-top, but gripping is the verdict on this thriller about a woman (Brenda Song) suffering from amnesia, whose husband (Mike Vogel) whisks her away to a remote location to recover.

Deadly Class

Genre: Thriller Season: 1 Episodes: 10 Runs: 43-54min

The comic-book action drama, starring Benjamin Wadsworth and set in a school for future assassins, has won praise for its smart casting and audacious style, but critics have questioned if there's much beneath its flashy surface.

What we're watching...

A sneak peek at what's being watched in the *TV&Satellite Week* office

THIS WEEK: COMEDIES

Russian Doll

Season: 1 Episodes: 8 Runs: 25-30min

Orange Is the New Black's Natasha Lyonne stars as Nadia, a software engineer who relives her 36th birthday party in New York in an ongoing time loop in this funny and satisfying dark comedy series.

Please Like Me

Seasons: 1-4 Episodes: 32 Runs: 25-28min

Australian comedian Josh Thomas writes and stars as twentysomething Josh, who realises he's gay after being dumped by his girlfriend. It's a quirky comedy that tackles serious issues with warmth and humour.

Year of the Rabbit

Season: 1 Episodes: 6 Runs: 24-30min

It may not be quite as good as *Toast of London*, but Matt Berry is still wonderfully watchable as Victorian detective Eli Rabbit, while David Dawson has fun with his role as Joseph Merrick, AKA the Elephant Man.

W1A

Seasons: 1-3 Episodes: 14 Runs: 29-58min

The BBC proves it can laugh at itself in this clever mockumentary series starring Hugh Bonneville as the BBC's head of values. 'Yes, no, brilliant,' as Jason Watkins' head of strategic governance would say.

Natasha Lyonne in *Russian Doll*

For fans of foreign dramas...

Cable Girls

Genre: Period drama Available: Fri 9 August Season: 4 Eps: 8 Runs: 40min

Also known as *Las Chicas del Cable*, the Spanish period drama has been one of Netflix's most popular foreign productions. It follows the lives and loves of four women working for the national phone company in Madrid in the 1920s and 1930s. After an explosive season-three finale, the friends face fresh challenges.

Catch up before the new series...

Stath Lets Flats

Genre: Comedy Available: Now Season: 1 Episodes: 6 Runs: 24min

With series two starting on C4 soon, catch up with the antics of incompetent London letting agent Stath (Jamie Demetriou), who only has his job because his father owns the business. Stath's sister Sophie is played by Demetriou's real-life sister Natasia, while *Agatha Raisin*'s Katy Wix co-stars.

WORDS: JUDY EWENS. RICHARD MCCLURE. PHOTOS: ALLEN FRASER/SYFY/COURTESY OF SONY PICTURES TELEVISION, C4, LACHLAN MOORE/AMC/SONY PICTURES TELEVISION, MANUEL FERNANDEZ-VALDES/NETFLIX, NETFLIX. *STARZPLAY IS AVAILABLE ON AMAZON PRIME VIDEO AND VIRGIN TV AT AN ADDED COST

Documentaries

Impossible choice

A father faces a heartbreaking decision about his **conjoined twin girls**

Ibrahima with Marieme (left) and Ndeye

NEW REAL LIFE

The Conjoined Twins: An Impossible Decision

Monday, BBC2 HD, 9pm

When conjoined twins Marieme and Ndeye were born in Senegal two-and-a-half years ago, doctors there insisted they had no hope of survival. But, so far, the girls have defied all expectations.

However, their father, Ibrahima, now faces an impossible decision. Marieme's heart is weak – so weak that she may die. If she does, then Ndeye will die with her.

HEARTBREAKING

Ibrahima's only choice is to allow surgeons to separate the twins, knowing that Marieme is unlikely to survive the operation.

'Marieme is getting weaker every day and, by supporting her, Ndeye is getting weaker also,' says Ibrahima. 'It's painful, I'm not

Ross Kemp: Living with Knife Crime

Thursday, ITV HD, 7.30pm

Ross Kemp turns his attention to the growing problem of knife crime in the third instalment of his series about Britain's social problems. In London, Huddersfield and Sheffield, he meets teens who say they carry knives for protection and parents who fear for their children's lives.

Emma Willis: Delivering Babies

Monday, W, 10pm

The award-winning first series saw TV presenter Emma Willis spend 10 weeks working in the maternity unit at Princess Alexandra Hospital in Harlow, Essex. This time around, she returns to the hospital with the aim of completing her training to become a maternity care assistant.

Sacred Wonders

Wednesday, BBC1 HD, 9pm

This three-part series showcases 15 stunning sacred monuments, including the Sagrada Família church in Barcelona, the Great Mosque of Djenné in Mali, and Amritsar's Golden Temple in India, and reveals the stories of the people who worship at them.

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: ALAMY, ANIMAL PARK/REMARKABLE TELEVISION, BBC, BBC STUDIOS/RUSSELL LEVEN, C4, ITV, PA IMAGES, SKY, UKTV

London's Great Ormond Street Hospital

denying it. I have moments of very deep anxiety you can't describe. When you see Marieme laughing, playing and smiling, it makes things harder. They're both full of life at this point.'

BBC2's documentary *The Conjoined Twins: An Impossible Decision* follows Ibrahima as he travels from his home in Cardiff to Great Ormond Street Hospital in London to discuss the heartbreaking decision with the team there.

Ibrahima first brought the girls to the UK when they were just seven months old, while his wife remained in Senegal to care for their other children.

Since then, the twins – who have separate lungs and hearts, but are joined from the waist down – have been receiving treatment to help prolong their lives.

But now the situation has become critical. The condition of Marieme's heart is deteriorating, meaning that the decision as to whether the twins should be separated must be made quickly. If Marieme becomes too ill, then Ndeye won't be strong enough to survive the surgery either.

'It's just highs and lows,' says Ibrahima. 'Every single day you're witnessing this battle, this fight the girls are having against their condition and for life.

'It's quite scary, the thought of losing them. I can't even imagine what life would be without them. At this point, the most important thing is just to keep the standard of happiness they have, right up to the last second.'

VERY COURAGEOUS

With time running out, Ibrahima joins an emergency meeting of Great Ormond Street's Clinical Ethics Committee to discuss what's in the twins' best interest.

So far, the hospital has never before separated conjoined twins if the operation would knowingly lead to the death of one of the children, although there is a legal precedent to do so.

Will the team agree it's ethical to operate if it will save Ndeye's life? And will Ibrahima agree to surgery if it means Marieme will die?

'My opinion is that if there's any risk of Marieme losing her life, I'm not willing to do it,' he says. 'They've been very courageous, and they still are. I don't know how long they will live for, but it's not over yet. You never know what will happen tomorrow.'

Animal Park

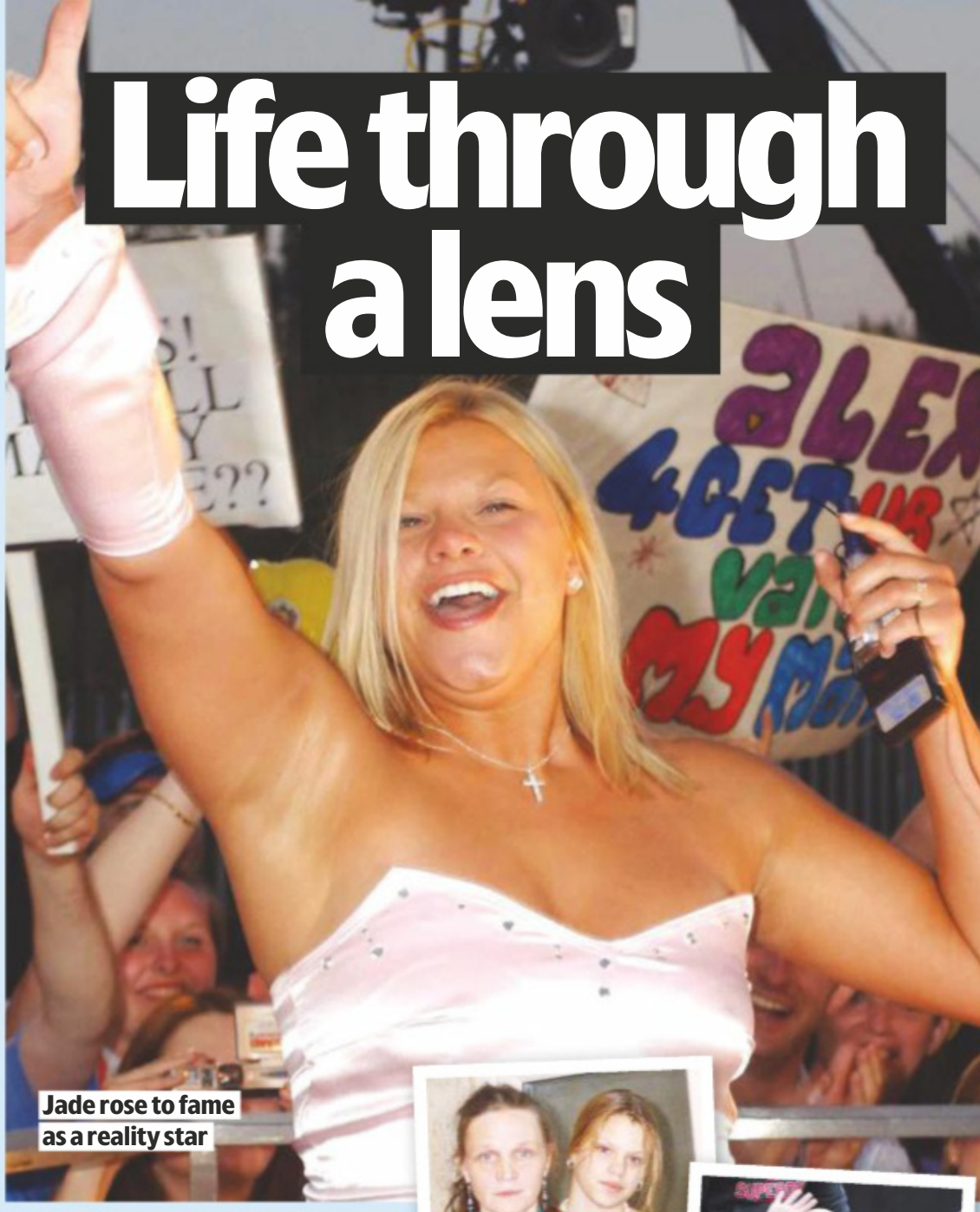
Monday-Friday, BBC1 HD, 9.15am

As the safari-park series returns, Longleat is buzzing with activity because the keepers are expecting the arrival of five Southern koalas that have been flown over from Australia as part of a conservation programme. The newcomers from Down Under will be the first of their species to arrive in Europe.

DID YOU KNOW?

Call the Midwife creator Heidi Thomas wrote the series to honour the nurses who treated her after she nearly died from sepsis. Find out more about the writer in **The South Bank Show (Tuesday, Sky Arts HD, 10pm).**

Life through a lens


Jade rose to fame as a reality star

Remembering *Big Brother* star **Jade Goody**, who died 10 years ago

With her mother, Jackiey Budden

The mum-of-two was diagnosed with cancer in 2008

NEW PROFILE

Jade: The Reality Star Who Changed Britain

Wednesday, C4 HD, 9pm

Back in the early 2000s, you couldn't open a newspaper or magazine without seeing a story about reality star Jade Goody.

The dental nurse from south-east London had catapulted to fame on 2002's *Big Brother* and the ups and downs of her life made headline news until her tragically early death from cervical cancer in 2009, when she was just 27 years old.

C4's three-part series tells the story of Jade's extraordinary life and features interviews with those closest to her, including her mum Jackiey Budden and ex-partner Jeff Brazier.

RUNNING AWAY

'She didn't go into *Big Brother* for fame,' reveals Budden. 'She went in to get away from me. We were a twisted-up, mucked-up family. I was a crackhead. She worked and worked and gave me money and it all went on gear.'

During the first few weeks of *Big Brother*, the tabloid press hated Goody, calling her a pig, a drunk and a chav. But the nation soon saw her raw vulnerability and took her to their hearts.

'It was the public that told the papers, "You'd better start being nice to this girl because we love her"', says former *Big Brother* host Davina McCall, who also features in the series. 'She'd gone into this first foray of being herself and escaping that past life of drugs and addiction. She came fourth, but she was the winner.'

After leaving the *Big Brother* house, the money rolled in for Goody and she was able to splash out on holidays, cars and houses. She also fell in love with Brazier and went on to have two sons, Bobby and Freddie, with him.

But sadly, her happiness didn't last. She and Brazier separated, she was accused of racially bullying Bollywood actress Shilpa Shetty on 2007's *Celebrity Big Brother* and she was diagnosed with cervical cancer in August 2008.

'All I could see was quality in her, but she couldn't see it', recalls Brazier. 'She wasn't really that good at knowing how special she was.'

Films This week's

reviewed by **Jason Best**

PREMIERE OF THE WEEK

You miss one Spider-Man, and then a whole host come along at once

Spider-Man: Into the Spider-Verse

Shameik Moore voices one of the new Spideys in town

ANIMATED ADVENTURE

Friday, Sky Premiere HD, 12.10pm & 8pm; Sky Action HD, 10pm ★★★★

Spider-Man is Marvel's most popular superhero for a good reason. The geeky teenager-turned-friendly neighbourhood crimefighter really is relatable. He worries about girls and homework as much as he does about saving the city. He isn't a cocky billionaire inventor who built himself an iron suit; or a neurotic billionaire vigilante who dresses up as a bat, for that matter. He happened to get bitten by a radioactive spider. He could be anyone.

This dazzling, Oscar-winning animated movie takes that notion and runs with it. The first surprise is a fresh hero in the shape of Afro-Hispanic Brooklyn teenager Miles Morales (voiced by Shameik Moore), who has his own encounter with a radioactive spider. Sure enough, the spider's bite gives him Spider-Man-like superpowers.

He also has an encounter with the 'real' Spider-Man (Chris Pine), here older and wearier than the version we're accustomed to, and hard at work trying to foil plans by super-villain Kingpin (Liev Schreiber) to access parallel universes by means of a giant particle accelerator.

But the super-collider unleashes a bunch of other web-slingers from alternative dimensions, notably a jaded, run-to-seed Spider-Man (Jake Johnson), Spider-Woman, aka Miles's schoolmate Gwen Stacy (Hailee Steinfeld), Japanese-American schoolgirl Peni Parker (Kimiko Glenn), a hard-bitten Spider-Man Noir (Nicolas Cage), and even a porcine hero, Spider-Ham (John Mulaney) – each of them brought to the screen with their own distinctive style of animation.

The film zips along, playfully amusing, visually ingenious, and as readily engaging as the hero at its heart. 2018, PG, 117MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

NEW RELEASE EVERY DAY premieres

Plus *turn over for...*
This week's films at a glance p20
Day-by-day guide p21
Pay-per-view highlights p25

ANIMATED COMEDY

Ralph Breaks the Internet

Saturday, Sky Premiere HD, 10am & 6pm; Sky Disney HD, 12.10pm & 8pm ★★★★

Wreck-It Ralph, the video-game bad guy who is really a softy at heart, returns in this highly enjoyable sequel to Disney's jaunty Oscar-nominated 2012 animated fantasy.

This time, big lug Ralph (again voiced by John C Reilly) and best friend Vanellope von Schweetz (a squeaky Sarah Silverman) leave their arcade home in search of a spare steering wheel to fix Vanellope's cart-racing game, *Sugar Rush*. Their quest takes them into the baffling realm of the internet…

The ensuing adventures are stuffed to bursting with whizz-bang thrills, dazzling visuals and reams of pop-culture in-jokes (look out for the Disney Princesses), and some touching insights into the nature of friendship. 2018, PG, 112MIN

Vanellope steered Ralph in the right direction

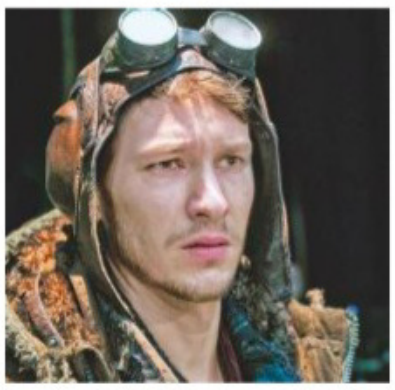
CHILDREN'S ADVENTURE

The Adventures of Jurassic Pet

Tuesday, Sky Premiere HD, 9.50am & 6.30pm ★

A plucky kid in middle America (Kyler Beck) strives to keep a newly hatched dinosaur out of the hands of a dastardly English scientist (David Fletcher-Hall) with help from a wild-haired, whimsical stranger (Ben Hall).

Although unsuspecting viewers may perk up at the word 'Jurassic' in the title, be warned: this cheapskate family adventure boasts terrible acting, terrible directing, terrible everything. 2018, U, 84MIN



SCI-FI COMEDY

Iron Sky: The Coming Race

Sunday, Sky Premiere HD, 11.15am & 10pm ★

This sequel to 2012's berserk Nazis-on-the-moon sci-fi action comedy *Iron Sky* is even more of a mess than its predecessor.

The baddies are a shape-shifting reptilian race that has adopted human guise as evil world leaders throughout history, plus tech giants Steve Jobs and Mark Zuckerberg. Sadly, the satire is very clunky and the action and effects pretty ropey. 2019, 15, 89MIN

WAR DRAMA

Escape from Sobibor

Wednesday, Sky Premiere HD, 10pm ★★★

Russia's selection for 2018's best foreign language film Oscar, this World War Two drama tells the true story of the mass escape in 1943 by nearly 300 Jews from one of the Third Reich's most notorious death camps. Konstantin Khabensky plays the Russian prisoner of war who leads the revolt – the part previously played by Rutger Hauer in the 1987 British TV movie about the same events. Subtitled. 2018, 15, 112MIN

Sometimes, the only way was out

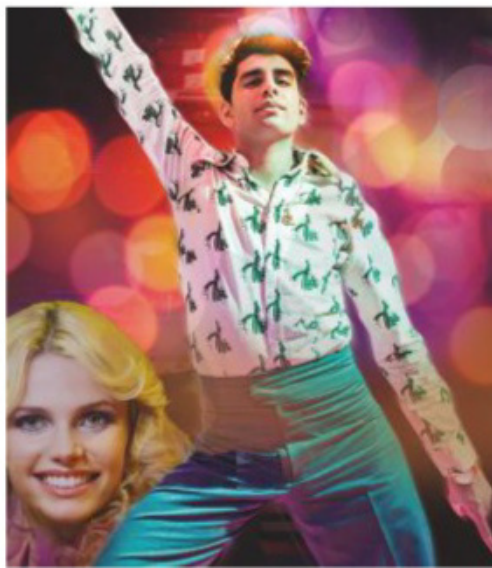
ROMANTIC COMEDY

Boogie Man

Thursday, Sky Premiere HD, 2.45pm & 9.50pm ★★★

Khush Khanna's dreamy London teenager is far more interested in the glitz and glamour of 1970s-era disco than he is in his British-Asian family's Indian heritage, and when he develops a crush on Jerry-Jane Pears model-actress , his *Saturday Night Fever* fantasies go into overdrive.

The script of this British comedy is all over the place, but it has a breezy good humour. 2017, 15, 99MIN



Things were ticking over nicely for Nick

COMEDY DRAMA

Drunk on Love

Monday, Sky Premiere HD, 10.20am & 10pm ★★★

A bizarre coming-of-age comedy about an 18-year-old (Nick Robinson) with a heart ailment (paroxysmal atrial tachycardia) who shuns any form of excitement that might trigger his condition. Then he encounters Rosario Dawson's ex-hooker-stripper-junkie-alcoholic and falls for her at first sight…

The resulting farce is overcooked and messy, but the cast give it charm and brio all the same. 2016, 15, 95MIN

FilmFinder The pick of the week at a glance

Comedy

Night at the Museum ★★★★

Tuesday, Film4 HD, 4.30pm/ Film4+1, 5.30pm

Ben Stiller heads a fine roster of comic talent in an enjoyable fantasy about a museum whose exhibits spring to life after dark. 2006, PG, 108MIN

Coraline ★★★★

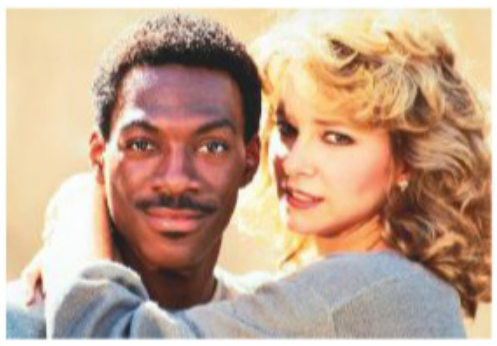
Tuesday, Sky Animation HD, 9.45pm

With deliciously simple animation, this is a clever and sweet adaptation of Neil Gaiman's story about a girl who enters a parallel world where people are not as nice as they seem. 2009, PG, 100MIN

The Hangover ★★★★

Wednesday, ITV2 HD, 9pm/ITV2+1, 10pm

Zach Galifianakis, Bradley Cooper and Ed Helms have a rare old time in this riotous romp about a group of friends visiting Las Vegas for a stag do, only to lose the groom. 2009, 15, 100MIN



Beverly Hills Cop ★★★★★

Wednesday, Sky Greats HD, 10pm

Eddie Murphy gets a career-defining role as Detroit cop Axel Foley, who heads to LA to track down his best friend's killers – with or without the help of the local police. 1984, 15, 105MIN

Drama

Freeheld ★★★

Sunday, AMC HD, 12noon

Based on a true story, this bittersweet low-key drama stars Julianne Moore as a terminally ill cop who is denied the right to have her pension paid to her female partner (Ellen Page). 2015, 12, 101 MIN

Lady Bird ★★★★★

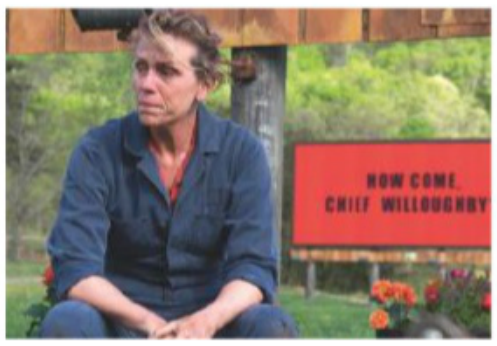
Wednesday, Sky Drama HD, 8pm

A rich seam of dry humour runs through this absorbing coming-of-age story starring Saoirse Ronan as a headstrong 17-year-old longing to leave home and head off to college. 2017, 15, 94MIN

A Star Is Born ★★★★★

Thursday, Sky Drama HD, 8pm

Nominated for an Oscar, Lady Gaga plays an up-and-coming singer in an oft-filmed story of fame and misfortune that also stars the film's director, Bradley Cooper. 2018, 15, 136MIN



Three Billboards Outside Ebbing, Missouri ★★★★★

Friday, Sky Thriller HD, 9pm

Frances McDormand won a Best Actress Oscar for this blazing drama about a mother whose daughter's killer has evaded the local police. 2017, 15, 115MIN

Thriller

The Purge: Anarchy ★★★

Thursday, Film4 HD, 10.50pm/ Film4+1, 11.50pm

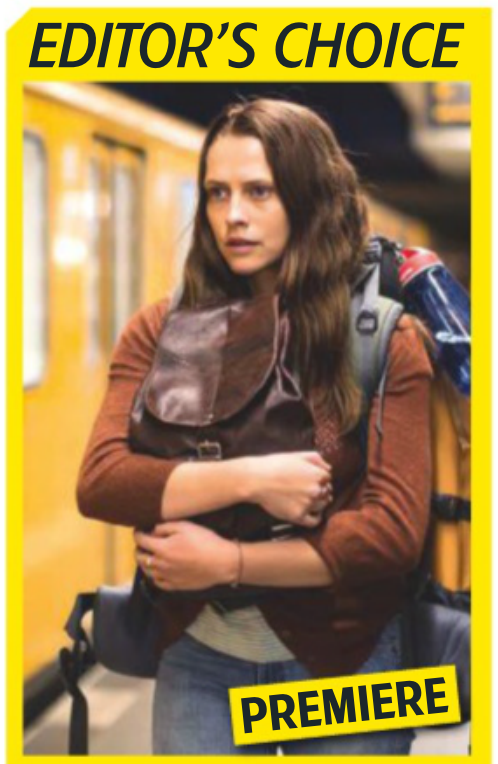
Another batch of hapless innocents run the gauntlet from dusk till dawn in a chilling sequel about a legally approved night of rampant crime. 2014, 15, 103MIN

Face/Off ★★★★

Thursday, Sky Thriller HD, 11.10pm

John Travolta and Nicolas Cage both get to play the hero and the villain in a ridiculous but consistently exciting saga about two men who swap faces as well as identities. 1997, 18, 133MIN

EDITOR'S CHOICE



Berlin Syndrome ★★★

Saturday, Film4 HD, 10.45pm/ Film4+1, 11.45pm

Backpacking around Europe, Teresa Palmer's young Australian hooks up with a charming stranger (Max Riemelt) in Berlin. However, after a one-night stand, she wakes in his isolated flat and finds herself locked in. It's an accident, surely? Or has her new acquaintance other designs on her? This claustrophobic psychological thriller is grounded in a recognisably real world, which makes it all the more disconcertingly tense. 2017, 15, 116MIN

Horror & Sci-Fi

Jurassic World ★★★★

Saturday, ITV HD, 8pm/ITV+1, 9pm

There is all the dino-might you could hope for in this thrilling revisit to the reopened monster park, which pits Chris Pratt and Bryce Dallas Howard against the big beasties. 2015, 12, 124MIN

Transformers: Age of Extinction ★★★

Saturday, C4 HD, 8pm/C4+1, 9pm

The latest mechanical smackdown finds Mark Wahlberg's widowed amateur inventor right in the middle of a new round of robot wars. 2014, 12, 165MIN

Chronicle ★★★

Sunday, Film4 HD, 7.20pm/ Film4+1, 8.20pm

Although it relies on the found-footage gimmick, this story about a trio of students who gain telekinetic powers is reasonably inventive. 2012, 15, 83MIN

The Possession of Hannah Grace ★★★

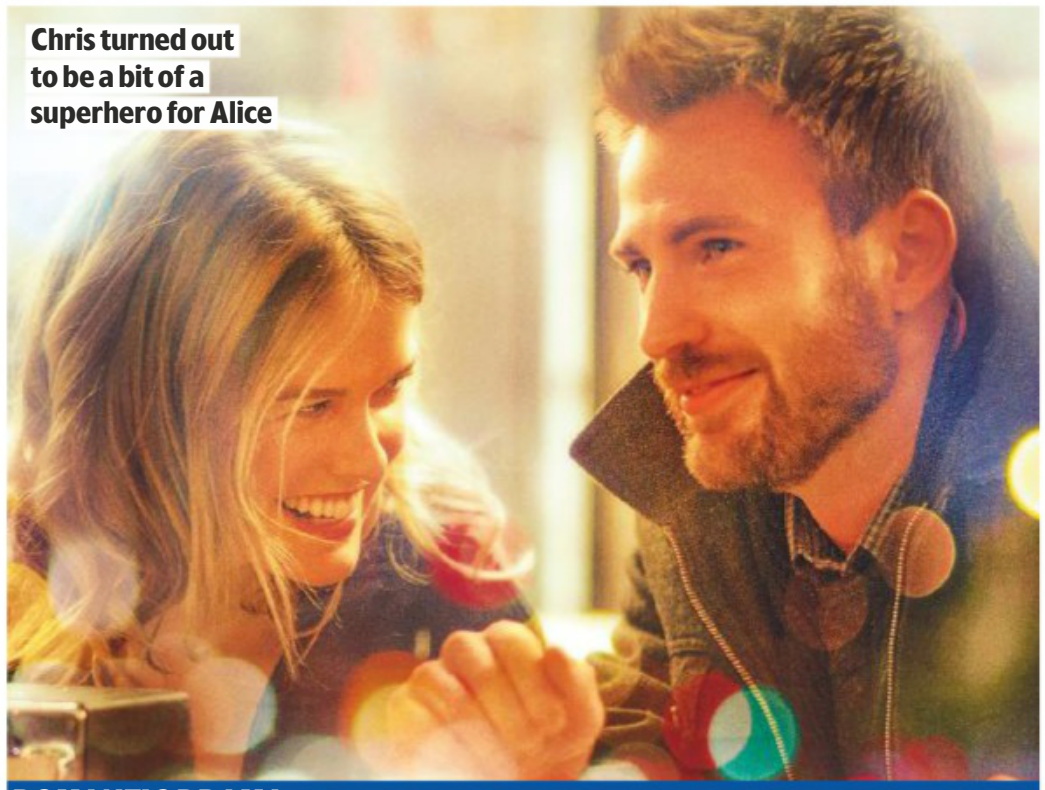
Friday, Sky Sci-Fi & Horror HD, 11.15pm

Kirby Johnson's corpse just won't stay dead in a supernatural chiller that stars Shay Mitchell as a night-time attendant at a hospital morgue. 2018, 15, 86MIN

Films may be edited for television. The running times given are those of the original cinema releases.

Films day-by-day

Saturday 3 August


Chris turned out to be a bit of a superhero for Alice

ROMANTIC DRAMA

Before We Go

Film4 HD, 5.05pm/Film4+1, 6.05pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Chris Evans took a break from his superhero duties as Captain America in the Marvel Cinematic Universe to direct and star in this intimate and determinedly low-key romantic drama about two strangers set adrift together one night in Manhattan. Alice Eve is winningly abrasive as the woman whose life goes into freefall when she gets her purse stolen and misses her train at Grand Central Station, while Evans is perfectly cast as the nice-guy busker who offers to help her out. 2014, 12, 91 MIN

SCI-FI ADVENTURE

Transformers: Age of Extinction

C4 HD, 8pm/C4+1, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Replacing Shia LaBeouf, Mark Wahlberg is the new leading man in this fourth sci-fi blockbuster based on the shape-changing toys. He plays a widowed amateur inventor who gets drawn into the ongoing battle between good and bad alien robots. Cue lots of director Michael Bay's customary metal-crunching slow-mo destruction. The pricey effects and action can't make up for the forgettable story, though. 2014, 12, 165MIN

PERIOD DRAMA

Brooklyn

BBC1 HD, 10.20pm (BBC1 Wales, 11.10pm) ★★★★

Sex ●●● Violence ●●● Language ●●●

Oscar-nominated Saoirse Ronan comes of age as an actress with her deeply affecting portrayal of a young Irishwoman torn between countries and lovers in this romantic drama. Ronan's Irish emigré to 1950s New York is wooed by Emory Cohen's plumber, before circumstances take her back to Ireland, where the attentions of Domnhall Gleeson's eligible suitor present her with a heart-wrenching choice. 2015, 12, 112MIN

HORROR THRILLER

The Awakening

BBC1 HD, 12m't (not BBC1 Wal) ★★★★

Sex ●●● Violence ●●● Language ●●●

This classy period ghost story takes place in 1921 England when the nation is still mourning the victims of the Great War. Rebecca Hall's author sets out to expose the phoney spiritualists who are exploiting the grief-stricken with fake séances and other psychic shams. But when Dominic West's schoolmaster implores her to investigate a haunting at a boys' boarding school, she finds her rationalism challenged by a series of increasingly uncanny events. 2011, 15, 107MIN

ALSO ON SATURDAY

Ralph Breaks the Internet
Sky Premiere HD, 10am & 6pm ★★★★
It's game on again for Ralph.

The Good Dinosaur
BBC1 HD, 3.30pm (not Scotland) ★★★★
When dinosaurs rule the Earth.

Jurassic World
ITV HD, 8pm ★★★★
Chris and Bryce get a taste of Park life.

Berlin Syndrome
Film4 HD, 10.45pm ★★★
Teresa Palmer is stuck indoors.

Dawn of the Planet of the Apes
C4 HD, 11.05pm ★★★★
Hail Caesar!

■ Full listings start on p33

Sunday 4 August

Tom had been mixing with shady characters for too long

CRIME THRILLER

Road to Perdition

Sky Select HD, 4.25pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Hanks is cast against type as Michael Sullivan, a taciturn Mob hitman who goes gunning for his former boss's son after he murders his wife and son, while Paul Newman and Daniel Craig give it their all as the Mob boss and his trigger-happy son. The film, based on a comic book by Max Allan Collins, is visually stunning (the cinematography won an Oscar) and impeccably directed by Sam Mendes, but it is hard not to think that its simplistic revenge story doesn't really need such epic treatment. 2002, 15, 119MIN

REAL-LIFE DRAMA

Freeheld

AMC HD, 12noon ★★★

Sex ●●● Violence ●●● Language ●●●

This bittersweet fact-based drama starring Julianne Moore and Ellen Page chronicles a landmark equal rights battle in recent US history – the struggle of a terminally ill New Jersey cop (Moore) against a bigoted establishment to have her pension paid to her female partner (Page). The storytelling is a tad conventional but the performances are fine, with Michael Shannon (as Moore's police colleague) vying with the stars for top acting honour. 2015, 12, 101 MIN

BIOPIC

First Man

Sky Select HD, 8pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Gosling reunites with *La La Land* director Damien Chazelle for a reflective yet exhilarating biopic of the first man on the moon, Neil Armstrong. We all know the outcome, of course, but you will find your heart in your mouth all the same as events build towards the history-making Apollo 11 mission in 1969. Gosling digs deep as the buttoned-up astronaut, with Claire Foy rock solid in support as his wife. The film leaves us with a sense of mystery as well as awe. 2018, 12, 114MIN

COMEDY THRILLER

Brothers' Nest

Sky Premiere HD, 11.45pm/ Sky Premiere+1, 12.45am ★★★★

Sex ●●● Violence ●●● Language ●●●

In rural Australia, two brothers (played by real-life siblings Shane and Clayton Jacobson) have a sinister goal – the murder of their elderly stepfather (Kim Gyngell), thereby preventing their dying mother (Lynette Curran) from leaving him the family home in her will. This excellent dark comedy casts a cool eye on the absurdities of human folly and greed, with a powerful emotional undertow. *Also on Monday-Wednesday*. 2018, 15, 94MIN

ALSO ON SUNDAY

About a Boy
ITV HD, 1.30pm ★★★★
Hugh Grant shows his paternal side.

Oklahoma!
BBC2 HD, 1.45pm ★★★★★
Oh, what a beautiful movie.

Gone with the Wind
Sky Drama HD, 4.10pm ★★★★★
Actually, Clark Gable does give a damn.

Chronicle
Film4 HD, 7.20pm ★★★
Three students have an uplifting experience.

The Dressmaker
C4 HD, 11pm ★★★★
Kate Winset sews the seeds of discontent.

■ Full listings start on p43

Films day-by-day

Monday 5 August

Emma and Jake weren't used to being lead performers

FAMILY CHOICE

COMEDY

Hotel for Dogs

Film4 HD, 2.45pm/Film4+1, 3.45pm ★★★

Sex ●●● Violence ●●● Language ●●●

Two orphans (Emma Roberts and Jake T Austin) keep the fact that they have a pet dog secret when Don Cheadle's nice social worker dumps them with not-very-nice foster parents (Lisa Kudrow and Kevin Dillon). Then the kids break into an old hotel and, with the help of Johnny Simmons' pet-shop worker, start taking in strays. Yes, it's sentimental, but this shaggy-dog tale is great for all ages. It's also full of charm, the hounds are great – and funny, too – and Kudrow and Dillon seem to be enjoying themselves. 2009, U, 100MIN

COMEDY DRAMA

Lucky

Sky Select HD, 6.25pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Iconic character actor Harry Dean Stanton gets a perfect send-off in this touching, deadpan comedy drama, one of his final films before his death in 2017 at the age of 91. The movie does little more than follow the daily routine of his character, an ornery, chain-smoking loner in a small desert town. Yet as he hangs out with the regulars at the local diner and bar and contemplates his mortality, Stanton holds us spellbound one last time. 2016, 15, 88MIN

SPY COMEDY

Johnny English Strikes Again

Sky Premiere HD, 8pm/ Sky Premiere+1, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Rowan Atkinson's bumbling secret agent returns for his third big-screen adventure. This time, Johnny, unexpectedly recalled to active duty, travels to the French Riviera in a bid to unmask the villain behind a cyber attack on the British secret service. The movie is very much hit-and-miss, but Johnny's sublime idiocy raises plenty of smiles. *Also on Wednesday*. 2018, PG, 89MIN

ACTION DRAMA

Rise of the Viking

Sky Select HD, 10.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

In 8th-century northern Europe, pagan tribes vainly seek to hold on to their old ways in the face of aggressive expansion by the Christian Franks, who wield their religion as a weapon rather than a tool for peace. However, pagan warrior leader Redbad (Gijs Naber), once exiled by his people, strives to stem the tide. Inspired by a real historical figure, this Dutch action epic is occasionally prone to patriotic tub-thumping in the *Braveheart* vein. Subtitled. 2018, 15, 154MIN

ALSO ON MONDAY

Knuckleball
Sky Thriller HD, 5.30pm ★★★★
Luca Villacis wishes he'd stayed at home.

Speed
Sky Greats HD, 8pm ★★★★★
Keanu Reeves keeps the pace high.

Drunk on Love
Sky Premiere HD, 10pm ★★★
One from the heart for Nick Robinson.

Katie Says Goodbye
Sky Drama HD, 12m't ★★★
Olivia Cooke has San Francisco in mind.

The Last Warrior
Sky Select HD, 1am ★★★
Aleksey Faddeev takes some Russian steps.

■ Full listings start on p53

Tuesday 6 August

Nick and Simon had hoped for a bit more life from the cast

HORROR COMEDY

Shaun of the Dead

Sky Comedy HD, 12.25pm & 8pm ★★★★

Sex ●●● Violence ●●● Language ●●●

It may well be a one-joke movie, but director Edgar Wright's hysterical spoof of the 1978 horror classic *Dawn of the Dead* keeps both the gore and the laughs flowing freely. Relocating the story to north London, it presents a lovelorn shop assistant (Simon Pegg) and his slovenly flatmate (Nick Frost) with the task of battling an invasion of cannibal zombies. The film – the first of the trio's so-called 'Cornetto Trilogy' – revels in its sheer goofiness, yet also has moments that verge on the sublime. 2004, 15, 99MIN

FANTASY COMEDY

Night at the Museum

Film4 HD, 4.30pm/ Film4+1, 5.30pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Ben Stiller plays a nerdy divorcee who gets a job as a security guard at New York's Museum of Natural History, unaware that once the sun goes down, a mysterious Egyptian relic brings all of the exhibits to life, from the skeletal remains of a Tyrannosaurus Rex to Genghis Khan's Mongol hordes. Some goofy comic support comes courtesy of Robin Williams, Steve Coogan, Ricky Gervais and Owen Wilson. 2006, PG, 108MIN

WAR DRAMA

Alone in Berlin

Film4 HD, 9pm/Film4+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Devastated by the death of their soldier son at the front, working-class German couple Otto and Anna Quangel (played by Brendan Gleeson and Emma Thompson) channel their grief into a series of postcards denouncing the Nazi regime, which they covertly leave in public places around Berlin. Based on a true story (subject of Hans Fallada's 1947 novel), this drama is tonally uneven but proves gripping and quietly moving. 2016, 12, 101 MIN

ANIMATED FANTASY

Coraline

Sky Animation HD, 9.45pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Henry Selick brings the charming, old-style stop-motion animation techniques he used on *The Nightmare Before Christmas* to this deliciously simple, clever and appealing children's fantasy. The style perfectly suits Neil Gaiman's scary but sweet story about a little girl (voiced by Dakota Fanning) who walks through a secret door and finds a parallel world with another family who, it transpires, are not quite as kindly as they appear. 2009, PG, 100MIN

ALSO ON TUESDAY

The Lego Movie
Sky Animation HD, 4.30pm ★★★★
He's a chip off the old block.

The Incredibles
Sky Disney HD, 6pm ★★★★★
You can't keep a good superhero down.

E.T. The Extraterrestrial
Sky Sci-Fi & Horror HD, 7pm ★★★★★
Hands across the universe.

Phantom Thread
Sky Drama HD, 8pm ★★★★★
Does Daniel have designs on Vicky?

The Omen
Sky Select HD, 12m't ★★★★★
The Devil's in the details...

■ Full listings start on p63

Wednesday 7 August

What family doesn't like playing with bubble-wrap?

FAMILY CHOICE

ANIMATED FANTASY

Incredibles 2

Sky Disney HD, 9.25am & 6pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Pixar's entertaining suburban superheroes are back, 14 years after their Oscar-winning debut. This time, however, Mr Incredible, (voiced by Craig T Nelson) is filling the role of stay-at-home father to kids Violet, Dash and baby Jack-Jack, while his wife Elastigirl (Holly Hunter) is out saving the world from new supervillain Screenslaver. With director Brad Bird once again at the helm (and also voicing diminutive design guru Edna Mode), the movie is bursting with thrills and humour. 2018, PG, 118MIN

FAMILY COMEDY

Diary of a Wimpy Kid: Dog Days

Film4 HD, 1.05pm/ Film4+1, 2.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

School is out for Greg Heffley (Zachary Gordon) in the third screen adventure based on the books by Jeff Kinney. The summer would be the perfect time for Greg to polish his video-gaming skills if it wasn't for a strict parental veto, so he invents a fictitious job to get his parents off his back. The acting may be cartoony, but the film's breezy good humour makes it easy to like. 2012, U, 94MIN

FANTASY ADVENTURE

Jumanji

Sky Greats HD, 6pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A rousing mixture of comedy, fantasy and high adventure that marks one of Robin Williams' most endearing performances, as a boy who has grown up trapped inside a mystical board game for 26 years. There is a lot of fun to be had as two children (Kirsten Dunst and Bradley Pierce) start playing the game and release Williams, along with a jungleful of wildlife and a lethal hunter who then proceed to run amok in small-town America. 1995, PG, 104MIN

ACTION THRILLER

Non-Stop

Film4 HD, 6.55pm/ Film4+1, 7.55pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Currently Hollywood's mature action hero of choice, Liam Neeson plays a whisky-soaked air marshal trying to unmask the blackmailer on a flight from New York to London who is threatening to kill a passenger every 20 minutes unless $150million lands in a secret account. A preposterous but absurdly enjoyable mix of whodunit, ticking-bomb suspense and turbulent action is the result. 2014, 12, 106MIN

ALSO ON WEDNESDAY

Lady Bird
Sky Drama HD, 8pm ★★★★★
Saoirse Ronan wants to get away from it all.

The Hangover
ITV2 HD, 9pm ★★★★
The morning after the night before.

Beverly Hills Cop
Sky Greats HD, 10pm ★★★★★
Eddie Murphy is new in town.

Escape from Sobibor
Sky Premiere HD, 10pm ★★★
Making a bid for freedom.

Pride and Prejudice and Zombies
Film4 HD, 11.15pm ★★★
It's Jane Austen, but not as we know it.

■ Full listings start on p73

Thursday 8 August

Seth and Jay saw themselves as a bit of a dynamic duo

CRIME CAPER

The Green Hornet

Comedy Central HD, 9pm/Comedy Central+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Seth Rogen gives the superhero genre a comic spin with a goofy action comedy based on the 1960s TV series. He plays the playboy heir to an LA publishing empire who decides to do something with his wastrel life by becoming a masked crime-fighter, aided by his late dad's mechanic, Kato (Jay Chou), proves a dab hand at biffing villains, too. If you find Rogen's oafish man-child persona a scream, you may well get a buzz from *The Green Hornet*. If not, you will probably be itching for him to get swatted. 2011, 12, 119MIN

ANIMATED ADVENTURE

Smallfoot

Sky Animation HD, 4.45pm ★★★

Sex ●●● Violence ●●● Language ●●●

Turning the legend of the Abominable Snowman upside down, this animated romp imagines a Himalayan village of 18-foot Yetis for whom the existence of humans remains but a legend. Of course, no one believes the exuberant young Yeti called Migo (voiced by Channing Tatum) who claims to have encountered a fabled Smallfoot. The animation is fairly insipid, and so are the songs, but the movie still works thanks to its frenetic slapstick energy. 2018, U, 96MIN

MUSIC DRAMA

A Star Is Born

Sky Drama HD, 8pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

As an up-and-coming singer-songwriter, Lady Gaga strips back the full-on make-up and delivers a nakedly real performance opposite Bradley Cooper, who plays a hard-drinking, fading country-rock star in this new but rousingly old-fashioned rock 'n' roll version of the bittersweet showbiz saga. Cooper's directing debut, the film was nominated for eight Oscars, but on the night came away with just one, a best song award for *Shallow*. 2018, 15, 136MIN

ACTION THRILLER

Stratton

Film4 HD, 9pm/Film4+1, 10pm ★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Dominic Cooper's gung-ho British SBS commando strives to stop a Russian spy (Thomas Kretschmann) from unleashing a stolen nerve agent, with help from a colleague (Gemma Chan) and an American ally (Austin Stowell). This very routine action thriller boasts clunky dialogue, clunky acting and a clunky plot, but *Con Air* director Simon West does manage to whip up the odd burst of suspense and excitement now and then. 2016, 12, 101 MIN

ALSO ON THURSDAY

Spider-Man
Sky Action HD, 5.45pm ★★★★
Tobey Maguire gets sticky-fingered.

Christopher Robin
Sky Disney HD, 9.30pm ★★★
Ewan MacGregor finds the bear necessities.

Boogie Man
Sky Premiere HD, 9.50pm ★★★
Khush Khanna gets Saturday night fever.

The Purge: Anarchy
Film4 HD, 10.50pm ★★★
It's always a night to remember.

Face/Off
Sky Thriller HD, 11.10pm ★★★★
John and Nicolas look so alike.

■ Full listings start on p83

NEW! 2019 Chelsea Flower Show Plant of the Year!

“ Award-Winning Sedum ‘Atlantis’... Easy-Grow, No Fuss, UK Winter Hardy”

3 NEW SEDUM ‘ATLANTIS’ PLANTS
NOW JUST
£14.99 +P&P
LESS THAN £5 PER PLANT!
SAVE £5.00!

UNDER £5 PER PLANT!

Gold Trusted Service Award 2019 feefo

Beautiful rosettes of variegated foliage!

Star-shaped summer flowers!

Summer-long swathes of frothy, creamy-yellow flowers against beautiful variegated foliage!

The newly crowned R**HS Chelsea Flower Show Plant of the Year 2019**, new Sedum takesimense ‘Atlantis’ will delight gardeners of all abilities! Perfect as ground cover, or for filling in gaps between plants, the succulent leaves form a spreading mound of rosettes, reaching around 2ft wide. Their naturally creeping habit makes them ideal for softening hard edges such as paths and walls, and they’re perfect for growing in pots too.

Leaves initially emerge pure cream in colour, before developing a green serrated central flash. These are followed by frothy yellow flowers from July to September. Then in autumn, the plants are flushed with another colour change as the leaves take on a subtle pink blush – delightful!

Dispatched from 12th August – reserve yours now before they all sell out!

- **SAVE £5.00 with this fantastic introductory offer!**
- **Wonderful summer flowers and year-round colour!**
- **Incredibly easy to grow – no fuss!**
- **UK winter hardy and drought tolerant too!**
- **RHS Chelsea Flower Show Plant of the Year 2019!**

NEW Sedum ‘Atlantis’

3 Established Plants in 9cm Pots

JUST £14.99 • SAVE £5.00

THAT’S LESS THAN £5 EACH!

3 EASY WAYS TO ORDER NOW!

0844 6 569 569
Calls cost 5p per min plus your network’s access charge.

USE CODE TVSW120

www.YouGarden.com/TVSW120

or by post using coupon below to: Offer TVSW120 YouGarden, PO Box 637, Wetherby Road, York YO26 0DQ

EXTRA BONUS OFFER

Set of 3 ‘Tuscany’ Planters

25cm (10”) Diameter

Finish your displays in style with these exquisite, “aged-terracotta” effect planters. Made from UV and weather-resistant plastic, they’ll look great for years to come - the perfect home for your Sedum plants!

ITEM CODE 130312
JUST £9.99

Offer available while stocks last. © YouGarden Ltd 2019

PLEASE SEND TO: **Offer TVSW120, YouGarden, PO Box 637, Wetherby Road, York YO26 0DQ**

YOUR ORDER DETAILS

Item	Description	Price	Qty	Subtotal
560609	**Sedum ‘Atlantis’ SAVE £5.00!** 3 Established Plants in 9cm Pots	£14.99		
130312	**Set of 3 ‘Tuscany’ Planters** 25cm (10”) Diameter	£9.99		
100085	**Blooming Fast Superior Feed** - 100g SAVE £3.00!	£1.99		
100064	**Premium Professional Compost** - 2 x 40 Litre Bags	£14.99		
	JOIN THE YOUGARDEN CLUB - Get £20.00 FREE vouchers & SAVE 10% on EVERY ITEM you order!			
820005	**Renewal Subscription Membership*: SAVE £15.00!**	£5.00		
820001	**1 Year Membership: SAVE £10.00!**	£10.00		
	DON’T FORGET: Deduct 10% (10p in every £1) if you joined the YouGarden Club:			
		Add PP&I		£5.99
		TOTAL ORDER VALUE		

*We’ll automatically renew your membership every year, so you can keep saving - AND the price will NEVER go up... GUARANTEED! Full details at YouGarden.com/Club. Orders dispatched within 7 days. Delivery to UK only and a £6.00 surcharge will apply to the following postcode areas: AB, BT, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Images show mature plants. See website for full product details and T&Cs.

YOUR PAYMENT DETAILS I enclose a cheque/Postal Order payable to YouGarden (name & address on back) for £ _____

Or charge my Visa / Mastercard / Maestro card:

Card No. ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ Issue No. ☐☐

Start Date ☐☐☐☐ Exp Date ☐☐☐☐ Security Code ☐☐☐

DELIVERY DETAILS

Mr/Mrs/Ms/Miss _____ Initial _____ Surname _____

Address _____

Postcode _____

Email _____

Tel _____

My DOUBLE GUARANTEE to you!
1 If you’re not totally happy with your order, return it within 30 days and we’ll replace or refund in full.
2 Should any hardy plants fail to thrive thereafter, we’ll replace free of charge. You just pay the P&P.

GOLD TRUSTED MERCHANT feefo

Peter McDermott, Head Gardener

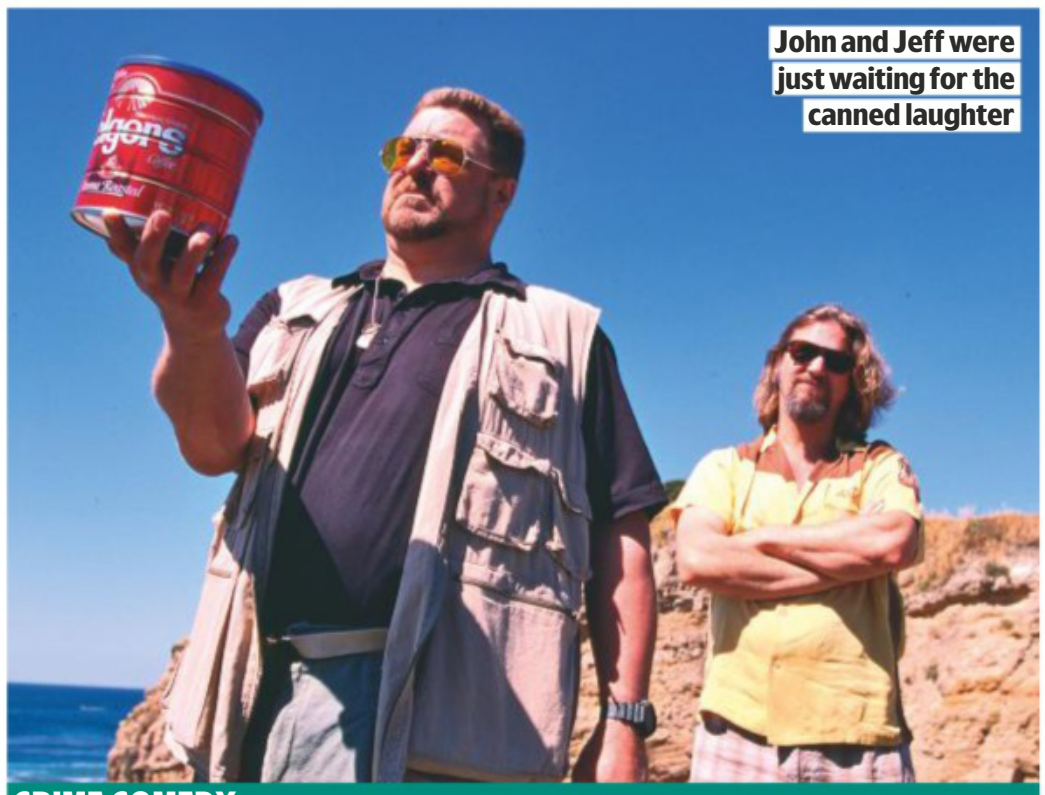
If you do not wish to receive catalogues & offers from us, please tick here [ ].
If you do not wish to receive catalogues & offers from carefully selected partners, please tick here [ ]. Full details at YouGarden.com/Privacy.
© YouGarden 2019.

AD CODE TVSW120

you garden

Films day-by-day

Friday 9 August



John and Jeff were just waiting for the canned laughter

CRIME COMEDY

The Big Lebowski

TCM HD, 9pm/TCM+1, 10pm ★★★★

Sex ●○○ Violence ●●○ Language ●●○

This goofy comedy from film-making siblings Joel and Ethan Coen is a gloriously entertaining mess. The film is almost indescribably complicated – suffice it to say that Jeff Bridges plays a perpetually stoned layabout who gets mistaken for a crime lord – but it is populated by a colourful roster of dropouts and lunatics, played by John Goodman, Steve Buscemi, Julianne Moore et al. Most memorable, though, is John Turturro as a repulsive tenpin bowler with a taste for ghastly purple jumpsuits. 1998, 18, 117MIN

ROMANTIC DRAMA

The Bridges of Madison County

Paramount HD, 9pm ★★★★

Sex ●○○ Violence ○○○ Language ●○○

Actor-director Clint Eastwood has to be commended for managing to transform author Robert James Waller's cringingly sentimental romantic novella into a halfway decent movie. Much of the film's charm is down to the performances of Eastwood as a *National Geographic* photographer on assignment in Iowa and Meryl Streep as the lonely housewife with whom he has a fleeting but all-consuming love affair. 1995, 12, 130MIN

HORROR

The Possession of Hannah Grace

Sky Sci-Fi & Horror HD, 11.15pm ★★★

Sex ○○○ Violence ●●○ Language ●○○

Shay Mitchell's jittery ex-cop takes a job working the graveyard shift at a Boston hospital morgue. Her first night sees delivery of the mutilated corpse of a teenage girl (played by contortionist-dancer Kirby Johnson) – a charred, hacked and twisted cadaver that somehow has the power to heal itself. This supernatural horror film overcomes its rote script to create some genuinely unnerving chills. 2018, 15, 86MIN

CRIME DRAMA

A Most Violent Year

BBC2 HD, 11.35pm ★★★★★

Sex ○○○ Violence ●●○ Language ●●●

Writer-director JC Chandor follows up the financial thriller *Margin Call* and the survival drama *All Is Lost*, with a superb crime drama set in 1981 New York. Oscar Isaac is excellent as a Hispanic immigrant businessman striving to build up his fuel-oil company and keep his integrity in a murky world. There is less violence than you would expect, given the film's title, but the scenes of moral suspense prove just as breathtaking as the episodes of physical jeopardy. 2014, 15, 125MIN

ALSO ON FRIDAY

Spider-Man: Into the Spider-Verse
Sky Premiere HD, 12.10pm ★★★★
Sling your web. See review, page 18.

Zoolander
Sky Comedy HD, 6.20pm ★★★★
Ben Stiller is always in fashion.

Tropic Thunder
Sky Greats HD, 8pm ★★★★
This is war. No, really...

Three Billboards Outside Ebbing...
Sky Thriller HD, 9pm ★★★★★
Frances McDormand fights on in Missouri.

Hot Shots!
Comedy Central HD, 11.25pm ★★★★
Take things higher with Charlie Sheen.

■ Full listings start on p93

ON-DEMAND HIGHLIGHTS

The pick of the week's films on Sky, Virgin & other platforms

Alita: Battle Angel
★★★★
James Cameron (producer and co-writer) and Robert Rodriguez (director) team up for a visually spectacular sci-fi adventure based on a 1990s Japanese manga series. Rosa Salazar plays the story's cyborg heroine, an amnesiac teenager put together by Christoph Waltz's robotics expert. Get ready for hyper-kinetic fight scenes and a thrilling Rollerball-style sport. 12, 122MIN

Ben Is Back
★★★★
Exposing a side of herself we rarely see on screen, Julia Roberts is fiercely good in this compelling drama. She plays a mother whose drug-addict son Ben (Lucas Hedges) turns up for Christmas. Over the coming hours, though, the troubled Ben puts his whole family through the wringer. Writer-director Peter Hedges (father of Lucas) puts us through the emotional wringer, too. 15, 103MIN

Capernaum
★★★★
Lebanese director Nadine Labaki's searing drama tells the story of a scrappy, resourceful 12-year-old street child (Zain Al Rafeea) as he struggles to survive amid the slums of Beirut, eventually suing his own uncaring parents for bringing him into the world. The film is undoubtedly a tough watch, but one that blazes with humanity and compassion. Subtitled. 15, 126MIN

Domino
★
PREMIERE (Available from Mon) Veteran auteur Brian De Palma has truly lost the plot with this shockingly bad Euro thriller, which sends Nikolaj Coster-Waldau's Danish cop in pursuit of a terrorist who is secretly being manipulated by a shifty CIA agent (Guy Pearce). The slack script fails to work up any tension or excitement, underlining how far De Palma has fallen. 18, 86MIN

Dumbo
★★★
Tim Burton takes the helm of this live-action remake of the Disney animated tale of the tiny elephant with more than jumbo-size ears. Colin Farrell stars as a former trick rider, entrusted by Danny DeVito's circus owner with the care of the misfit baby elephant. Like most of Disney's recent live-action makeovers of its animated classics, this one struggles to recapture the charm of the original film. PG, 111MIN

Would Julianne find someone to ring her bell?

PREMIERE

ROMANTIC DRAMA

Gloria Bell

Available from Monday ★★★★

Sex ●●○ Violence ○○○ Language ●●○

Julianne Moore is on glorious form as a fifty-something divorcée looking for love on the retro dance floors of Los Angeles in Chilean director Sebastián Lelio's classy Hollywood remake of his own award-winning 2013 film. Brimming with compassion for its resilient heroine, the movie also boasts some stonking late-1970s and early-1980s disco tunes and power ballads. 2018, 15, 102MIN

Eaten by Lions
★★★
Orphaned after their parents fell victim to the tragic mishap of the title, half-brothers Omar (Antonio Aakeel) and Pete (Jack Carroll) set off from Bradford to Blackpool years later on a bumbling mission to find Omar's biological father in this quirky, multicultural British comedy. The film is a bit naff around the edges, but it is also good-hearted and amusing. 12, 95MIN

Gloria Bell
★★★★
PREMIERE (Available from Mon) See review, above. 15, 102MIN

Happy As Lazzaro
★★★★
In a corner of rural Italy, the local Marchesa exploits the peasants who harvest tobacco on her land, while they in turn take advantage of a guileless, open-hearted young man, Lazzaro (Adriano Tardiolo). Writer-director Alice Rohrwacher takes this beguiling magic-realist fable in directions you cannot predict, creating a striking parable of innocence and greed. Subtitled. 12, 127MIN

Missing Link
★★★
PREMIERE (Available from Mon) A good-humoured comedy adventure from Laika, the stop-motion animation studio behind *Coraline*, *The Boxtrolls* and *Kubo and the Two Strings*. Hugh Jackman voices a doughty 19th-century explorer who is on the hunt for a legendary beast in America's Pacific Northwest, with Zach Galifianakis as the very curious, bigfoot-like creature he finds and Zoe Saldana proving a worthy foil as a fearless fellow adventurer. PG, 95MIN

Us
★★★★
Get Out director Jordan Peele pushes more buttons with a psychological chiller in which a holidaying family face off against uncanny doppelgängers of themselves. Lupita Nyong'o and Winston Duke play both the understandably spooked parents and their scary doubles, while Elisabeth Moss and Tim Heidecker co-star as their similarly ill-fated friends and neighbours. 15, 116MIN

The White Crow
★★★★
PREMIERE (Available from Mon) Ralph Fiennes direct a gripping biopic, which recreates the moment when young Russian ballet star Rudolf Nureyev defected to the West during the Kirov Ballet's 1961 visit to Paris. Fiennes also co-stars as Nureyev's dance instructor back in St Petersburg, but he cedes centre stage to dancer Oleg Ivenko, who captures Nureyev's fierce will and fiery temperament in the lead. 12, 127MIN

Sport week

Your **ultimate guide** to the best of the week's live action

Community Shield

Rivals **Manchester City and Liverpool** cross swords in the season curtain-raiser

Manchester City's Sergio Agüero

LIVE FOOTBALL

Sunday, BT Sport 1 HD, kick-off 3pm

The new football season begins this week with the traditional FA Community Shield curtain-raiser at Wembley Stadium on Sunday.

Because Pep Guardiola's Manchester City side won the Premier League and FA Cup last season (as part of the club's historic domestic treble), their opponents will be Jürgen Klopp's Liverpool, who ran City so close to the title.

The match promises to be a thrilling encounter between the two sides currently dominating English football as they prepare to do battle again over the coming season.

City edged past Liverpool in one of the most fiercely contested title races in history last season, with the Reds achieving a club-record total of 97 points (the third highest in Premier League history) – only to finish one point behind the champions.

Manchester City lifted the Community Shield last year

City lifted the Community Shield last season when Sergio Agüero scored twice as they beat Chelsea 2-0. This year, their formidable squad has been boosted by the £62.8million signing of Spain midfielder Rodri from Atlético Madrid, a fee that surpasses City's previous club record of £60million in signing Riyad Mahrez in 2018.

Rodri will wear the No.16 shirt for City, the same number worn by Agüero when he first moved to the Etihad from Atlético.

GAME PLAN

Meanwhile, Liverpool look set to stick with the set of players who claimed the European Cup for a sixth time in June when they defeated Spurs in Madrid – though Jürgen Klopp will be hoping that England midfielders Alex Oxlade-Chamberlain and Adam Lallana get more game time after both missed large parts of last season through injury.

Klopp has already identified City as Liverpool's biggest rivals once again this season, and will be looking to gain an early psychological advantage with victory on Sunday.

'The greed and determination that City showed last season was impressive,' he says. 'It is already clear that they are the big favourites again, but it would be great if we could get round them.'

Liverpool's Alex Oxlade-Chamberlain

UP FOR THE CUP

● The League Cup also gets underway this week. On Tuesday, Sky Sports Football HD and Sky Sports Main Event HD will be showing the first-round tie between League One's Portsmouth and Championship side Birmingham City (kick-off 7.45pm). Premier League clubs, as well as Championship sides Fulham and Cardiff City, will enter the draw in the second round, while defending champions Manchester City will join the contest in the third round along with the rest of the clubs playing in Europe this season.

Newly promoted Norwich head to Anfield

LIVE FOOTBALL

Liverpool v Norwich City

Friday, Sky Sports Premier League HD, Sky Sports Main Event HD & Sky One HD, kick-off 8pm

The new Premier League season begins with this game at Anfield, where Liverpool return to action following their Community Shield clash with Manchester City. Newly promoted Norwich have brought in several players as Daniel Farke's side seek to make an impression in the top flight. Among the Canaries' new signings are midfielder Aidan Fitzpatrick and Swiss striker Josip Drmic. Norwich's last spell in the Premier League saw them fail to defeat the Reds in all of their eight games.

• Don't miss our Premier League preview in next week's issue

Lewis Hamilton

LIVE MOTORSPORT

F1: Hungarian Grand Prix

Sunday, Sky Sports F1 HD & Sky Sports Main Event HD, race starts 2.10pm

Championship leader Lewis Hamilton remains on course for a sixth world title as he races at the Hungaroring, just outside Budapest. The circuit is one of the British driver's favourite hunting grounds and he'll be seeking a record seventh victory on Sunday – equalling Montreal's Circuit Gilles Villeneuve as his most successful track. Last year, Hamilton took the chequered flag ahead of Sebastian Vettel and Kimi Räikkönen.

LIVE CYCLING

RideLondon-Surrey Classic

Sunday, Eurosport 1 HD, 3.30pm, & BBC1 HD, 3.45pm

Some of the biggest names in cycling head to London for the UK's only UCI World Tour event. The 169km race, which starts in Bushy Park and ends on The Mall, has a new route this year, with the peloton tackling the iconic climb of Box Hill five times, rather than the one ascent in the previous six editions of the race. Past champions include Mark Cavendish and Arnaud Démare, while the 2018 event was won by German sprint star Pascal Ackermann.

Last year's winner, Pascal Ackermann of Germany

World No.1 Novak Djokovic

LIVE TENNIS

Rogers Cup

From Monday, Amazon Prime Video

There's a strong field this year for the men's event, including Wimbledon champion Novak Djokovic, who is returning to Montreal for the first time since 2015, when he reached the final. He's expected to be joined by four-time Rogers Cup champion Rafael Nadal, who won last year.

WORDS: RICHARD MCCLURE. PHOTOS: EMPICS, GETTY, PA IMAGES

Sport A-Z and football planner ›››

END OF SUMMER SALE!

Subscribe to TV&Satellite Week

6 issues for £1*

- Every issue delivered to your door
- Money Back Guarantee
- TV&Satellite Week has everything you need to know about the most exciting shows on TV

Online at **tvandsatsubs.com/43AU**

Phone **0330 333 1113** Quote code 43AU
(Monday to Saturday from 8am to 6pm, UK time)

completed form below to **FREEPOST TI Media Limited**
(No stamp needed –UK Only)

THE DIRECT DEBIT GUARANTEE. This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits. If there are any changes to the amount, date or frequency of your Direct Debit, Magazines Direct will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Magazines Direct to collect a payment, confirmation of the amount and date will be given to you at the time of the request. If an error is made in the payment of your Direct Debit by Magazines Direct or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society. If you receive a refund you are not entitled to, you must pay it back when Magazines Direct asks you to. You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

I would like to subscribe to TV&Satellite Week

Please tick your preferred payment method:

☐ **UK Direct Debit:** Pay just £1 for your first 6 issues. Your payments will then continue at £19.99 payable every 3 months, saving 36% full price £31.49

☐ **UK 1 year (51 issues) credit card:** Pay only £87.99 (full price £125.95) saving 30% across the year

☐ **UK 2 year (102 issues) credit card:** Pay only £163.49 (full price £251.90) saving 35% across the two years

Your Details:

Mr/Mrs/Ms/Miss: Forename:

Surname:

Email:

Address:

Postcode:

Home Tel No:
(inc. area code)

Mobile Tel No:

By submitting your information, you agree to our Privacy Policy available at www.ti-media.com/privacy. Please keep me up to date with special offers and news from TV & Satellite Week and other brands within the TI Media Limited Group by email, ☐ post, ☐ telephone and/or ☐ SMS. You can unsubscribe at any time.

CHOOSE FROM 3 EASY WAYS TO PAY:

1. DIRECT DEBIT (UK ONLY)

Pay just £1 for your first 6 issues by direct debit. Then pay only £19.99 every 3 months saving 36%

Instruction to your Bank or Building Society to pay by Direct Debit. Name and full postal address of your bank or building society.

Service user number: 7 6 4 2 2 1

DIRECT Debit

To: The Manager Bank/Building Society:

Address:

Postcode:

Name(s) of Account Holder(s):

Branch Sort Code: – –

Bank/Building Society Account No:

Instructions to your Bank or Building Society: Please pay Magazines Direct from the accounts detailed on this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Magazines Direct and if so, details will be passed electronically to my Bank or Building Society.

Signature
(I am over 18)

Date

Banks and building societies may not accept Direct Debit instructions for some types of account.

2. CHEQUE. I enclose a cheque/postal order made payable to TI Media Limited, for £_____

3. CREDIT/DEBIT CARD. Please debit £ _____ from my:

☐ Visa ☐ Visa Debit ☐ Mastercard ☐ Amex

Card No

Expiry Date
MM/YY

Signature
(I am over 18)

Date

☐ **Please keep me up to date with special offers and news just by email from carefully selected companies. Your personal details will not be shared with those companies - we send the emails and you can unsubscribe at any time. Offer closes 7 September 2019.** Offer open to new subscribers only. Direct Debit offer is available to UK subscribers only. *After your first 6 issues your subscription will continue at £19.99 payable every 3 months by UK Direct Debit. This price is guaranteed for the first 12 months and we will notify you in advance of any price changes. Please allow up to six weeks for delivery of your first subscription issue (up to eight weeks overseas). The full subscription rate is for 12 months (51 issues) and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. For full terms and conditions, visit ww.magazinesdirect.com/terms. For enquiries please call: +44 (0) 330 333 1113. Lines are open Monday - Saturday 8am - 6pm UK Time or email help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call, and may be included in your phone provider's call bundle.

XTS CODE: 43AU

TEASER Which stadium hosted the Community Shield between 2001 and 2006? Answer at bottom of page

A-Z GUIDE
This week's sport on TV

AMERICAN FOOTBALL

LIVE Winnipeg Blue Bombers v Calgary Stampeders
Thu 1.30am BT Sport 3
Coverage of the Canadian Football League match at Investors Group Field.

LIVE Montreal Alouettes v Saskatchewan Roughriders
Fri 12m't BT Sport/ESPN
CFL coverage from Molson Stadium.

LIVE Edmonton Eskimos v Ottawa Redblacks
Fri 3am BT Sport/ESPN
Coverage of the CFL match at Commonwealth Stadium.

ATHLETICS

LIVE Euro Team Championships
Fri 6.15pm Euro1
Coverage of day one of the biennial event from Bydgoszcz, Poland.

AUSTRALIAN RULES

LIVE Melbourne Demons v Richmond Tigers
Sat 10am BT Sport/ESPN
Coverage of the AFL match from Melbourne Cricket Ground.

LIVE Collingwood Magpies v Gold Coast Suns
Sat 4am BT Sport 3
Coverage of the AFL match from Melbourne Cricket Ground.

LIVE Brisbane Lions v Western Bulldogs
Sun 7.30am BT Sport 3
Coverage from Brisbane Cricket Ground of the AFL match.

LIVE GWS Giants v Hawthorn Hawks
Fri 10.30am BT Sport 3
AFL action from Manuka Oval.

LIVE Melbourne Demons v Collingwood Magpies
Fri 4.30am BT Sport 3
AFL coverage from the MCG.

BASEBALL

LIVE New York Yankees v Boston Red Sox
Sat 12m't BT Sport 2
Coverage of the American League match from Yankee Stadium.

LIVE Chicago Cubs v Milwaukee Brewers
Sun 7pm BT Sport 2
Coverage from Wrigley Field.

LIVE New York Yankees v Boston Red Sox
Sun 12m't BT Sport/ESPN
Coverage of the American League match from Yankee Stadium.

LIVE New York Mets v Miami Marlins
Mon 9pm BT Sport/ESPN
Coverage of the National League match from Citi Field.

LIVE Major League
Mon 1am & Wed 12m't BT Sport/ESPN; Fri 12m't BT Sport 2
Action from the US.

LIVE Detroit Tigers v Chicago White Sox
Tue 6pm BT Sport/ESPN
Coverage of the American League match from Comerica Park.

LIVE Minnesota Twins v Atlanta Braves
Tue 1am BT Sport/ESPN
Coverage from Target Field.

LIVE Chicago Cubs v Oakland Athletics
Wed 7pm BT Sport/ESPN
Coverage from Wrigley Field.

LIVE Cincinnati Reds v Chicago Cubs
Thu 12m't BT Sport/ESPN
Coverage of the National League match at Great American Ball Park.

LIVE Minnesota Twins v Cleveland Indians
Thu 1am BT Sport 2
Coverage of the American League match from Target Field.

LIVE Chicago White Sox v Oakland Athletics
Fri 8pm BT Sport/ESPN
Coverage of the American League match from Guaranteed Rate Field.

BASKETBALL

LIVE New York Liberty v Connecticut Sun
Sun 8pm Sky Sports Arena & Sky Sports Mix
Coverage of the WNBA match from Westchester County Centre, White Plains.

LIVE Los Angeles Sparks v Seattle Storm
Sun 10pm Sky Sports Arena & Sky Sports Mix
Coverage of the women's match from Staples Centre in Los Angeles.

BOXING

LIVE Michael Conlan v Diego Alberto Ruiz
Sat 8pm BT Sport 1
Coverage of the featherweight title bout from Falls Park in Belfast, plus the undercard.

LIVE The Big Fight Live
Sat 12m't ITV Box Office HD
Coverage of a leading bout.

COMBAT SPORTS

LIVE Colby Covington v Robbie Lawler
Sat 6pm & 8pm BT Sport 2
Coverage of the welterweight title bout from Prudential Centre in New Jersey, plus the undercard.

CRICKET

LIVE England v Australia
Sat-Mon 10am Sky Sports Main Event & Sky Sports The Ashes; Sat 2.30pm Sky Sports Main Event
Coverage of the last three days of the first Ashes Test from Edgbaston. Highlights: Sat-Mon 7pm Channel 5

LIVE Toronto Nationals v Brampton Wolves
Sat 5.20pm FreeSports
Coverage of the T20 match from CAA Centre in Brampton, Ontario.

LIVE Lancashire Lightning v Nottinghamshire Outlaws
Sat 6.55pm Sky Sports Cricket
Coverage of the T20 Blast North Division match from Old Trafford.

LIVE Winnipeg Hawks v Edmonton Royals
Sat 9.20pm FreeSports
Coverage of the T20 match from CAA Centre in Brampton, Ontario.

LIVE West Indies v India
Tue 3.25pm Sky Sports Cricket; 3.30pm Sky Sports Main Event
Coverage of the third and final T20 from Guyana National Stadium.

LIVE Global T20
Tue 5.20pm & 9.20pm; Wed 5.20pm FreeSports
Coverage of second-round matches in the T20 competition in Canada.

LIVE Yorkshire Diamonds v Surrey Stars
Tue 6.30pm Sky Sports Mix, 7pm Sky Sports Cricket
Coverage of the women's T20 match from Emerald Headingley Stadium.

LIVE Leicestershire Foxes v Birmingham Bears
Wed 6pm Sky Sports Main Event & Sky Sports Cricket
Coverage of the T20 Blast North Division match from Grace Road.

LIVE West Indies v India
Thu 2.25pm Sky Sports Cricket & Sky Sports Mix, 9.30pm Sky Sports Cricket
Coverage of the first ODI from Guyana National Stadium.

LIVE Middlesex v Surrey
Thu 6pm Sky Sports Cricket, 6.30pm Sky Sports Main Event
Coverage of the T20 Blast South Division match from Lord's.

LIVE Lancashire Lightning v Yorkshire Vikings
Fri 6pm Sky Sports Cricket
Coverage of the T20 Blast North Division match from Old Trafford.

CYCLING

LIVE Clasica San Sebastian
Sat 2.30pm Euro1
Coverage of the one-day race.

LIVE RideLondon – Surrey Classic
Sat 5pm Euro 1, 6pm BBC2; Sun 12noon & 3.45pm BBC2, 3.30pm Euro1
Coverage of the women's and men's races. See page 27.

LIVE Tour of Poland
Mon-Fri 5pm Euro1
Coverage of stages three to seven.

LIVE European Road Championships
Thu 9.45am & Thu 2pm Euro1
Coverage of the women's and men's time-trials from Alkmaar.

DARTS

World Series of Darts: Brisbane
Fri 7pm ITV4
Action from day one of the Brisbane Darts Masters.

EQUESTRIAN

Show Jumping
Sat 11.30pm Euro1
Coverage of the Longines Global Champions Tour event from the Royal Hospital Chelsea, London.

GAELIC GAMES

LIVE Mayo v Donegal
Sat 5pm Sky Sports Arena
Coverage of the All-Ireland senior football championship quarter-final group game.

LIVE Meath v Kerry
Sat 5.50pm Sky Sports Action
Coverage of the All-Ireland SFC quarter-final group game at Pairc Tailteann.

GOLF

LIVE Women's British Open
Sat & Sun 12noon Sky Sports Golf & Sky Sports Mix
Coverage of the final Major of the season at Woburn Golf Club. Highlights: Sat 11.25pm, Sun 11.20pm BBC2

LIVE Wyndham Championship
Sat & Sun 7pm Sky Sports Golf; Sun 7.30pm Sky Sports Main Event
Coverage of the PGA Tour event Sedgefield Country Club in Greensboro, North Carolina.

LIVE The Northern Trust
Thu & Fri 12.15pm, 6.30pm & 7pm Sky Sports Golf, Thu 9.30pm Sky Sports Main Event
Coverage of the opening event of the FedEx Cup, staged at the Liberty National Golf Club in Jersey City.

LIVE Ladies Scottish Open
Thu & Fri 3.30pm Sky Sports Main Event & Sky Sports Golf; Fri 3.30pm Sky Sports Mix
Coverage from the Renaissance Club in North Berwick.

HORSE RACING

LIVE ITV Racing: Glorious Goodwood
Sat 1.25pm ITV
Coverage of the fifth day of the popular festival, including the 3.40 Unibet Stewards' Cup. Plus, action from two races at Newmarket.

MINORITY SPORTS

LIVE FIFA eWorld Cup Series
Sat 11am; Sun 3pm & 5.30pm Sky Sports Premier League
Gamers continue their bid to win the $100,000 first prize at the O2

LIVE X Games
Sat 6pm, 9.45pm, 12m't; Sun 6pm BT Sport/ESPN
Action from Minneapolis, including various BMX and skateboard finals.

MOTORCYCLING

Road Racing Series
Sat 7.25am & 8.25am ITV4
Action from The Southern 100 at Billown Circuit on the Isle of Man.

LIVE MotoGP: Czech Rep GP
Sat 8am & 11am BT Sport 2
Coverage of the third practice session and qualifying ahead of round 10 of the championship.

LIVE British Talent Cup
Sat 3.15pm BT Sport 2; Sun 2.15pm BT Sport 3
Races nine and 10 from the fifth round in Brno, Czech Republic.

LIVE Bennetts British Superbikes
Sat 3.30pm & Sun 1pm Euro2
Coverage of Saturday's qualifying session and Sunday's race in the seventh round at Thruxton.

LIVE FIM Speedway Grand Prix
Sat 5.45pm BT Sport 3
Action from all the races of round five of the FIM Speedway Grand Prix in Wroclaw, Poland.

LIVE MotoGP: Czech Rep GP
Sun 7.30am BT Sport 2
All the action from the warm-ups.

LIVE Moto3: Czech Rep GP
Sun 9.15am BT Sport 2
Coverage of the race at Brno.

LIVE Moto2: Czech Rep GP
Sun 11am BT Sport 2
Coverage of the race at Brno.

LIVE MotoGP: Czech Rep GP
Sun 12.30pm BT Sport 2
Coverage of the race at Brno.

Road Racing Series
Tue 8pm ITV4
Highlights from Amoy, Co Antrim.

LIVE Rospiggarna v Piraterna
Thu 6pm FreeSports
Rospiggarna v Piraterna.

LIVE MotoGP
Fri 7.45am BT Sport 2
The opening two free practice sessions ahead of the Grand Prix of Austria, round 11 of the season.

Bikes! Ulster Grand Prix
Fri 10.35pm BBC1 (N Ireland)
Review of Thursday's action and a look ahead to Saturday's races at the Dundrod circuit.

MOTORSPORT

LIVE Formula 3: Hungarian GP
Sat 7.55am Sky Sports F1
Coverage of qualifying for the fifth round at Hungaroring.

LIVE Formula 2: Hungarian GP
Sat 9am & Sun 10.15am Sky Sports F1
Coverage of both races in the eighth round of the season from Hungaroring in Mogyorod.

LIVE F1: Hungarian GP
Sat 10.45am Sky Sports F1
Coverage of the third practice session.

LIVE Motorsport TCR Europe
Sat 12.30pm & Sun 12.20pm FreeSports
Coverage of both races from Oschersleben, Germany.

LIVE F1: Hungarian GP
Sat 1.55pm Sky Sports F1
Coverage of qualifying from Hungaroring. Highlights: 6.30pm C4.

LIVE World Rally Championship: Rally Finland
Sat 3pm; Sun 7.30am & 11am BT Sport 1
Action from several stages in the ninth round of the championship.

Sport A-Z and football planner >>>

SUBSCRIPTION OFFER
Get 6 issues for only £1*
Your payments will then continue at £19.99 payable every 3 months, saving 36%
SAVE UP TO 36%
Subscribe online at tvandsatsubs.com/43AU or call 0330 333 1113 and quote code XTS-43AU
Offer open to new UK subscribers only. *After your first 6 issues, your subscription will continue at £19.99 payable every 3 months by Direct Debit, saving 36% on the full price. Offer open to new UK subscribers only. With the price guaranteed for the first 12 months. Final closing date for all orders is 7 September 2019. Please allow up to 6 weeks for delivery. The full subscription rate is for 1 year and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. For inquiries and overseas rates, contact help@magazinesdirect.com or call +44 (0) 330 333 1113. For full terms and conditions, visit magazinesdirect.com/terms.

TEASER ANSWER MILLENNIUM STADIUM, CARDIFF

ADVERTISEMENT

MEDICAL BREAKTHROUGH

Tired, Heavy Legs & Puffy Feet?

REVIVE YOUR CIRCULATION

— WITH —

DRUG-FREE

REVITIVE CIRCULATION BOOSTER

Scientifically proven to:

- *Actively increase circulation*
- *Relieve tired, heavy legs & feet*
- *Reduce puffy feet & ankles*
- *Strengthen leg muscles*

DRUG FREE | CLINICALLY PROVEN | MEDICAL DEVICE | 2 YEAR WARRANTY | VAT RELIEF

JULY SALE
SAVE £113
ON REVITIVE MEDIC BUNDLE

Vascular Surgeon recommended

"Over many years of practice I've seen first-hand how age and medical conditions, including arterial and venous disease, have led to an increasing number of patients who suffer from poor circulation. This can lead to swollen ankles, tired legs and reduced mobility. I recommend the REVITIVE Circulation Booster because it tackles this growing problem by increasing blood circulation in the legs.

If you suffer from symptoms of poor circulation then REVITIVE could help take control of your health, from the comfort of your own home, and allow you to lead a more active life. I endorse REVITIVE to anyone suffering from the effects of poor circulation. I recommend it to all my patients. Several family members and friends have been using it to good effect for years, so I have seen for myself just how much the REVITIVE Circulation Booster can help!"

Professor Jonathan Beard
Consultant Vascular Surgeon

Do everyday tasks leave your legs heavy or feet puffy?

Struggle to walk to the shops?

IF you or a loved one suffer with tired, heavy feeling legs and puffy feet and ankles it could be the result of poorer circulation in your lower limbs. It can affect the simple things we love doing like gardening, walking the dog or playing with grand-children. It could also be the result of medical conditions such as arthritis or diabetes, or general immobility associated with age as it can get harder for your body to activate the muscles in your lower limbs.

Whether heavy-feeling legs and puffy feet is an occasional annoyance or is there more often, it can hold you back. The REVITIVE Circulation Booster® is a drug-free medical device which uses clinically-proven EMS technology to get your leg muscles pumping, which actively increases your circulation to reduce tired, heavy legs and puffy feet and ankles.

DID YOU KNOW?
Your calf muscles are also known as your 'Second Heart'. They assist the heart to pump blood 'uphill' & against gravity!

REVITIVE creates Electrical Muscle Stimulation (EMS) which sends gentle electrical pulses up through the feet which contracts the calf muscles to get your leg muscles pumping and may help provide relief from the feeling of tired legs and puffy feet and ankles, while you relax.

Very easy-to-use, simply place your bare feet on the foot-pads and use the controls to gradually increase intensity until you feel or see strong but comfortable contractions of the calf muscles. Sit back, relax and enjoy REVITIVE, drug-free professional strength therapy, from the comfort of your own home.

CAN YOU CLAIM VAT RELIEF?

You do not need to be registered disabled to reclaim the VAT, nor do you need a letter from your doctor. If you suffer from a long-term illness or disability you may be able to claim back the VAT, ask our friendly Custom-er Care team for details.

Medical science supports REVITIVE's EMS technology

The REVITIVE Circulation Booster® has been designed and developed with leading UK universities.

REVITIVE harnesses the power of clinically-proven Electrical Muscle Stimulation (EMS) technology which has been used as a medical therapy for almost a century. Imperial College London's vascular surgery department at Charing Cross Hospital London has conducted extensive clinical studies with the REVITIVE Circulation Booster® and advocate its use.

The world-renowned research team at Imperial College London, is continuing to lead a 5-year clinical trial program to investigate the positive effects REVITIVE is having in a range of patient groups, including diabetes, high blood pressure and high cholesterol.

9/10 people who try REVITIVE keep it... ***because it works!***

OUR MOST MEDICALLY POWERFUL CIRCULATION BOOSTER

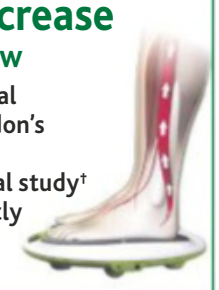
AS SEEN ON TV

REVITIVE MEDIC

NOW SUITABLE FOR THOSE WITH:

• Leg Aches & Pains • Swollen feet/ankles • Leg Cramps • Numbness Symptoms commonly experienced by people with:
• High Blood Pressure • High Cholesterol • Diabetes • Arthritis
Also improves the symptoms associated with Varicose Veins

Clinical study shows significant increase in blood flow



Researchers from Imperial College London and London's South Bank University demonstrated in a clinical study† that REVITIVE significantly improves blood flow, by over 50%.

Perfect 10/10 for REVITIVE on reevoo

SIMON, BEVERLEY
"Have tried taking medication to improve circulation in my left leg, but this knocks them out of the park!"

LESLIE, DEVON
"Noticed an immediate improvement. I feel my varicose veins are no longer as painful & I believe I've not had an attack of cramp since using it."

MARIE, MERSEYSIDE
"Since using REVITIVE daily I've benefited from a noticeable reduction in puffiness in both of my feet & lower legs. I'd recommend it to anyone."

SIR IAN BOTHAM CRICKET LEGEND & CHARITY WALKER
"I believe using REVITIVE every day could help me stay active for longer!"

READER OFFER

OFFER VALUE ~~£173.97~~

INCLUDES REVITIVE DX device, PLUS...

FREE	LEG & FOOT CREAM	WORTH £5.99
FREE	REPLACEMENT BODY PADS	WORTH £10
FREE	UK MAINLAND FAST DELIVERY	WORTH £7.99

— NOW ONLY £149.99 —
REVITIVE DX is not eligible for VAT relief

— SPREAD THE COST WITH EASY-PAY —
4 INTEREST-FREE PAYMENTS OF £37.50
(Credit & debit cards only)

ALTERNATIVELY
SAVE £113
ON REVITIVE MEDIC BUNDLE
Includes one extra year of warranty (worth £30).
Call us about Offer & VAT relief on REVITIVE Medic

ENJOY £23 WORTH OF SAVINGS WHEN YOU TAKE ADVANTAGE OF THIS READER OFFER TODAY

CALL FREE 0800 014 6988

Quote code RDX1567 or discover more online at www.revitive.co.uk

Post: cheques payable to: 'Actegy Ltd' Dept. RDX1567, Reflex, Cain Road, Bracknell RG12 1HL

IT COSTS NOTHING TO TALK

*Still uncertain if REVITIVE is for you? Call our Customer Care line now – **freephone 0800 014 6046** – and speak to a member of our highly-trained specialist team who can answer any questions you might have. They're ready to take your call.*

UNSUITABLE IF YOU ARE: Fitted with a heart pacemaker or AICD; being treated for, or have the symptoms of, an Existing Deep Vein Thrombosis (DVT); pregnant. Always read the label. Use only as directed. If you are uncertain about the cause of your symptoms or your symptoms persist, please consult your Doctor. †TRIAL: With REVITIVE, calculations showed blood volume 4 times higher than baseline / at rest in healthy people (Varatharajan et al, 2014. The effect of footplate neuromuscular electrical stimulation on venous and arterial hemodynamics, Phlebology, July 4, 20 participants.) *Free standard P&P worth £7.99 in England and Wales. Some areas of Scotland, Northern Ireland and other remote postcodes will incur a surcharge cost of £19.99. Next day or express deliveries will cost more, please ask our customer service team for a quote **If returned within 60 days, full refund of purchase price, minus collection fee of £7.99 (some areas of Scotland, Northern Ireland and other remote postcodes will incur a surcharge cost of £19.99). Must be returned in original UNDAMAGED packaging, otherwise charges may apply. 1 trial per customer only & trial starts from dispatch date. All quotes used are real however, to protect the identity of our customers, models have been used for the pictures. Copyright © 2019 Actegy Ltd. All rights reserved. REVITIVE and CIRCULATION BOOSTER are trademarks or registered trademarks of Actegy Ltd. Registered in England no. 4819502. Registered office Actegy Ltd, Reflex, Cain Road, Bracknell, RG12 1HL, UK. AW: 16321976 03.19

LIVE Formula 3: Hungarian GP
Sat 4pm & Sun 8.55am Sky Sports F1
Coverage of races one and two at Hungaroring.

LIVE British Touring Car Championship
Sun 10.45am ITV4
Coverage of round six from Snetterton, featuring the 16th, 17th and 18th races of the campaign.

LIVE Porsche Supercup
Sun 10.55am Euro2; Sun 11.40am Sky Sports F1
Coverage of the Hungarian Grand Prix in round six.

LIVE F1: Hungarian Grand Prix
Sun 12.30pm Sky Sports F1 & 1pm Sky Sports Main Event
Coverage of the 12th round of the season at the Hungaroring. Race starts at 2.10pm. Post-race analysis: 4pm Sky Sports F1. Highlights: 7pm C4. See page 27.

LIVE World Rallycross
Sun 7pm BT Sport 1, FreeSports
Action from round seven of the FIA World Rallycross Championship in Trois-Rivieres, Canada.

British Superbike Championship
Wed 8pm ITV4
Highlights from Thruxton.

POOL

LIVE IPA Premier League Pool
Mon 7pm FreeSports
Coverage of week one of the UK Premier League.

RUGBY LEAGUE

LIVE Manly-Warringah Sea Eagles v Newcastle Knights
Sat 6am Sky Sports Main Event & Sky Sports Arena
Australian NRL coverage from Lottoland.

LIVE Cronulla Sutherland Sharks v South Sydney Rabbitohs
Sat 10.30am Sky Sports Arena
NRL coverage from Southern Cross Group Stadium.

LIVE Catalan Dragons v Warrington Wolves
Sat 5pm Sky Sports Mix
Super League coverage from Stade Gilbert Brutus.

LIVE St George Illawarra Dragons v Parramatta Eels
Sun 7am Sky Sports Main Event & Sky Sports Arena
NRL coverage from UOW Jubilee Oval.

LIVE Bradford Bulls v Toronto Wolfpack
Sun 3pm Sky Sports Action
Coverage of the English second-tier match from Odsal Stadium.

The Super League Show
Mon 11.45pm BBC1 (North); Tue 12.45pm BBC2
Action from the latest fixtures, including Huddersfield Giants v Leeds Rhinos, Hull KR v Castleford Tigers and St Helens v Wakefield.

LIVE North Queensland Cowboys v Brisbane Broncos
Thu 10.45am Sky Sports Arena
Coverage from the NRL.

LIVE Betfred Super League
Thu & Fri 7pm Sky Sports Arena
Coverage of a crucial game as the regular season moves into its final rounds.

RUGBY UNION

LIVE Pumas v Sharks
Sat 1.55pm Sky Sports Arena
Coverage from Mbombela Stadium of the Currie Cup match.

LIVE Southland v Northland
Thu 8.30am Sky Sports Main Event & Sky Sports Arena
Coverage of the Mitre 10 Cup, New Zealand's second tier competition, from Rugby Park, Invercargill.

LIVE Auckland v North Harbour
Fri 8.30am Sky Sports Main Event & Sky Sports Arena
Coverage of the Mitre 10 Cup from Eden Park in Auckland.

LIVE Western Province v Pumas
Fri 1.55pm Sky Sports Action
Currie Cup action from Newlands.

LIVE Tasman v Wellington
Fri 3.30am Sky Sports Main Event & Sky Sports Arena
Mitre 10 Cup coverage from Landsowne Park in Blenheim.

SAILING

World Sailing
Sat 5.30am BT Sport 2
The latest action and news from around the world.

SNOOKER

LIVE International Championship
Sun 6.25am, 12noon Euro1; Mon-Wed 6.25am & 11.25am; Thu 5.5am & 11.25 Euro2
Coverage from Daqing, China.

TENNIS

LIVE Mubadala Silicon Valley Classic
Sat 10pm; Sun 3am & 12m't BT Sport 3
Coverage of the semi-finals and final from the WTA Tour event in San Jose.

LIVE Los Cabos Open
Sat & Sun Amazon Prime
Action of the finals from the ATP Tour hard-court event in Mexico.

LIVE Citi Open
Sat & Sun Amazon Prime
Action from the final of the ATP Tour event in Washington.

LIVE Citi Open
Sun 7pm BT Sport 3
Action from the final of the WTA Tour event in Washington.

LIVE Rogers Cup
Mon-Thu 4pm BT Sport 1; Fri 5.30pm BT Sport 2, 12m't BT Sport 1
WTA Tour action from Toronto.

LIVE Rogers Cup
Mon-Fri Amazon Prime
Action from the ATP Tour Masters series event in Toronto. See page 27.

WATER SPORT

Watersports World
Wed 8pm Sky Sports Action
Highlights from around the world.

WRESTLING

LIVE WWE Late Night Raw
Mon 1am Sky Sports Main Event & Sky Sports Arena
US grappling action.

LIVE WWE Late Night Smackdown
Tue 1am Sky Sports Main Event & Sky Sports Arena

Football planner

LIVE CHAMPIONSHIP

Nottingham Forest v West Brom

Saturday, Sky Sports Football HD, Sky Sports Main Event HD, kick-off 5.30pm

West Brom's new coach Slaven Bilic faces a tough trip to Forest, who also have new boss Sabri Lamouchi. The Baggies have signed striker Kenneth Zohore in the hope of improving on last season's play-off semi-finals.

LIVE CHAMPIONSHIP

Bristol City v Leeds United

Sunday, Sky Sports Football HD, Sky Sports Main Event HD, kick-off 4.30pm

Last season ended in frustration for Leeds, though manager Marcelo Bielsa has agreed to stay for another year. City made Chelsea's Tomas Kalas, who spent last year on loan at Ashton Gate, their record signing in July.

LIVE CHAMPIONSHIP

Huddersfield Town v Derby County

Monday, Sky Sports Football HD, Sky Sports Main Event HD, kick-off 7.45pm

Derby lost last season's play-off final and replaced coach Frank Lampard with Phillip Cocu. The Terriers will be looking for a swift return to the top flight and have signed midfielder Isaac Mbenza on a permanent deal.

Saturday 3

LIVE Salford City v Stevenage
12noon Sky Sports Football; 12.30pm Sky Sports Main Event (kick-off 12.30pm)
High-profile Salford City make their League 2 debut, taking on Stevenage at the Peninsula Stadium.

LIVE Stockport County v Maidenhead United
12noon BT Sport 1 (kick-off 12.30pm)
The 2019/20 National League season kicks off at Edgeley Park.

LIVE PSG v Rennes
12.15pm BT Sport 3 (kick-off 12.30pm)
The Ligue 1 champions meet the Coupe de France winners in the Trophee des Champions at the Shenzhen Universiade Sports Centre in Shenzhen, China.

Gillette Soccer Saturday
3pm Sky Sports Football

LIVE Nottingham Forest v West Bromwich Albion
5.15pm Sky Sports Football; 5.30pm Sky Sports Main Event (kick-off 5.30pm)
Coverage of the Championship match from The City Ground.

LIVE Borussia Dortmund v Bayern Munich
7.15pm BT Sport/ESPN (kick-off 7.30pm)
Action from the German Super Cup at Signal Iduna Park. With Bayern Munich having completed another double last season, they face the Bundesliga runners-up.

LIVE Atlanta United FC v LA Galaxy
10pm Sky Sports Main Event, Sky Sports Football & Sky Sports Mix
Coverage of the MLS inter-conference match at Mercedes-Benz Stadium. Galaxy's Zlatan Ibrahimovic's recent hat-trick against Los Angeles FC showed that he still has the on-field ability to back his headline-grabbing interviews.

LIVE Real Salt Lake v New York City FC
3.05am FreeSports
MLS inter-conference clash from Rio Tinto Stadium.

Sunday 4

LIVE Kilmarnock v Rangers
12.30pm Sky Sports Football (kick-off 1.30pm)
Scottish top-flight clash from Rugby Park, featuring last season's third and second place sides.

LIVE Heidenheim v Stuttgart
12.30pm BT Sport 1
Bundesliga 2 at Voith-Arena.

LIVE Manchester City v Liverpool
2.30pm BT Sport 1 (kick-off 3pm)
Last year's domestic treble winners Manchester City face the Premier League runners-up in the Community Shield at Wembley Stadium. See page 26.

LIVE Tottenham Hotspur v Inter Milan
3pm Premier Sports 1
Spurs complete their pre-season schedule with an International Champions Cup match, taking on Antonio Conte's Inter.

LIVE Bristol City v Leeds United
4pm Sky Sports Football; 4.30pm Sky Sports Main Event (kick-off 4.30pm)
Coverage of the Championship encounter from Ashton Gate.

LIVE Barcelona v Arsenal
6:55pm Premier Sports 1 (kick-off 7pm)
Arsenal take on the Spanish champions in their final pre-season friendly at Camp Nou. Their opening Premier League fixture comes a week later, away at Newcastle United.

LIVE Minnesota United FC v Portland Timbers
9pm Sky Sports Football
Coverage of the MLS Western Conference clash from Allianz Field.

LIVE DC United v Philadelphia Union
12.35am FreeSports
MLS Eastern Conference encounter from Audi Field.

LIVE Seattle Sounders v Sporting Kansas City
3.05am FreeSports
MLS Western Conference meeting at CenturyLink Field.

Monday 5

LIVE Huddersfield Town v Derby County
7pm Sky Sports Main Event & Sky Sports Football (kick-off 7.45pm)
Coverage of the Championship clash from John Smith's Stadium.

LIVE Nuremberg v Hamburg
7.30pm BT Sport 3
Bundesliga 2 action at Max-Morlock-Stadion.

Tuesday 6

LIVE Portsmouth v Birmingham City
7.30pm Sky Sports Main Event & Sky Sports Football (k-o 7.45pm)
Coverage of the first round of the EFL Cup from Fratton Park.

Wednesday 7

LIVE Champions League
7.15pm BT Sport 2
Action from the third qualifying round of the competition. Teams entering at this stage include Porto and Dynamo Kyiv.

Thursday 8

LIVE New York City FC v Houston Dynamo
12.05am FreeSports
MLS inter-conference match at Yankee Stadium.

Friday 9

LIVE Liverpool v Norwich City
7pm Sky Sports Main Event, Sky Sports Premier League & Sky One (kick-off 8pm)
The opening match of the 2019/20 Premier League season from Anfield. See page 27.

LIVE Monaco v Lyon
7.30pm BT Sport 1 (kick-off 7.45pm)
Football action from Ligue 1 at Stade Louis II. The hosts had a chaotic 2018/19 season, with head coach Leonardo Jardim being replaced by Thierry Henry, then returning and guiding the team to a narrow escape from relegation. Lyon finished third last time round.

PHOTOS: GETTY, PA

RIVIERA TRAVEL
The world. Within reach.

Recommended Provider Which? River Cruises February 2019

travel OFFERS

Burgundy, the River Rhône & Provence

8-day cruise from £1,299PP

From the lush green vineyards of Burgundy to the sun-kissed hills of Provence and the wild ruggedness of the Ardèche gorges to the medieval allure of Avignon – on this truly enthralling cruise every day is full of fascination.

- Visit to Beaune, centre of the Burgundy wine region plus a wine tasting
- Tour of the astonishing Ardèche Gorges
- Tour of superbly preserved, medieval Avignon and the stunning Popes' Palace

So much included

- 5 guided tours and 2 visits
- Experienced cruise director and concierge
- Return regional flights or Eurostar and transfers
- 5-star accommodation in your choice of luxury cabin or suite
- Full board

The Douro, Porto & Salamanca

8-day cruise from £1,299PP

Journey through one of Europe's most photogenic river valleys, dotted with charming villages and historic vineyards.

- Guided tour of Mateus Palace and gardens
- Guided tour of Porto with a visit to a port wine cellar
- Tour of the medieval village of Castelo Rodrigo
- Guided tour of Porto with a visit to its famous port wine cellars

So much included

- 3 guided tours and 5 visits
- Experienced cruise director
- Return regional flights and transfers
- 5-star accommodation in your choice of luxury cabin or suite
- Full board

"We have just returned from our first river cruise and I have to say we are hooked. The ship was superb and the places visited very interesting, but what really made it special were the crew and Riviera staff." Ms Ryder

The Blue Danube

8-day cruise from £1,099PP

Unwind on our magical river cruise and enjoy an escorted tour to imperial Budapest, the Pearl of the Danube. See Bratislava, Esztergom, Melk, Salzburg and unforgettable Vienna along the course of Eastern Europe's mightiest river.

- Visit to Melk Abbey, central Europe's most spectacular Baroque monastery, and one of its premier academic institutions
- Guided tour of Vienna, city of Strauss and home of the Habsburgs
- Visit to medieval Dürnstein where Richard the Lionheart was imprisoned

So much included

- 4 guided tours and 3 visits
- Experienced cruise director and concierge
- Return regional flights and transfers
- 5-star accommodation in your choice of luxury cabin or suite
- Full board

Budapest to The Black Sea

15-day cruise from £2,299PP

On this incredible journey through the Balkans, discover extraordinary scenery, and explore the architectural and cultural heritage of towns and cities that are steeped in history and tradition, once beyond the Iron Curtain.

- See Kalocsa cathedral, the Archbishop's Palace and Paprika Museum
- Enjoy a guided tour of the historic Pecs and Budapest
- Cruise through the Iron Gates Gorge and pass through the Djerdap locks

So much included

- 9 guided tours and 7 visits
- Experienced cruise director and concierge
- Return regional flights and transfers
- 5-star accommodation in your choice of luxury cabin or suite
- Full board

Call to book or for a free brochure **01283 744329**
or visit **www.tvsriviera.co.uk**

ABTA No. V4744

TERMS & CONDITIONS: Additional entrance costs may apply. Prices are per person, based on two sharing and subject to finite availability. Images used in conjunction with Riviera Travel. Offer operated by and subject to the booking conditions of Riviera Travel Ltd, ABTA V4744, ATOL 3430 in association with TV & Satellite Week, published by TI Media Limited. Prices correct at time of going to print. *Available on selected departures in October 2019. **Available on selected departures in September 2019.

Saturday

3 August

Evening Planner

Animation

Ralph Breaks the Internet
Sky Premiere HD, 10am & 6pm; Sky Disney HD, 12.10pm & 8pm
New pals Ralph and Vanellope enter the world wide web in search of a game part

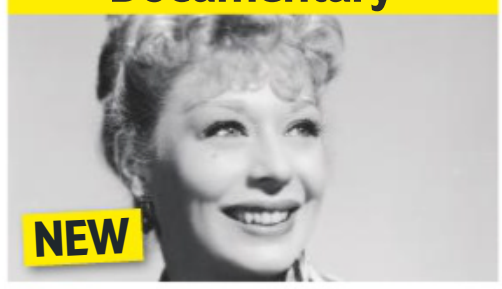
Drama

Below the Surface
BBC4 HD, 9pm
As series two of the Danish thriller starts, there is a terrorist attack on a ferry and the government faces a political crisis

Documentary

Egypt's Greatest Treasures with Bettany Hughes
Channel 5 HD, 9pm
Bettany visits the Ancient Egyptians' key sites, such as the Valley of the Kings

Documentary



...The Dancing Genius of Gwen Verdon
BBC4 HD, 10.30pm
A profile of the Tony-winning dancer, to tie in with BBC2 biopic *Fosse/Verdon*

SKY	EVENING TIME 7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.05 Who Dares Wins	7.45 Pointless Celebrities		8.35 Casualty		9.30 Would I Lie to...	10.00 News	10.20 Film: Brooklyn
102 BBC2	7.00 Proms Encore	7.30 Dad's Army	8.00 Animal Babies: First Year on Earth		9.00 Princess Margaret: The Rebel Royal		10.00 Pride Live at...	10.30 Atlanta...
103 ITV	7.00 The Chase Celebrity Special		8.00 Film: Jurassic World				10.15 News	
104 CHANNEL 4	◂ 6.30 Formula 1 Hungarian Grand Prix...		8.00 Film: Transformers: Age of Extinction					
105 CHANNEL 5	7.00 Cricket on 5: The Ashes		8.00 Crossrail: Where Did It All Go Wrong?		9.00 Egypt's Greatest Treasures with Bettany Hughes			
106 SKY ONE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Film: Die Hard with a Vengeance			
Entertainment								
116 BBC4	7.00 The Last Seabird Summer?		8.00 New Zealand: Earth's Mythical Islands		9.00 Below the Surface			10.30 ...Verdon
118 ITV2	◂ 6.05 Film: Step Up 2 the Streets		8.00 Film: Hot Pursuit			9.50 Family Guy		
136 MORE4	◂ 6.55 Four in a Bed		8.00 Scotstar: Flying Doctors		9.00 24 Hours in A&E			
135 E4	7.10 Film: Shark Tale				9.00 Film: Dumb and Dumber To			
107 SKY WITNESS	7.00 Nothing to Declare				9.00 Murders That Shocked the Nation		10.00 Britain's Most Evil Killers	
108 SKY ATLANTIC	7.00 Without a Trace				9.00 The Affair			
110 GOLD	7.00 Only Fools and Horses				9.00 Michael McIntyre's Comedy Roadshow		10.00 Men Behaving Badly	
111 DAVE	◂ 6.40 Red Dwarf		8.00 Taskmaster		9.00 Have I Got a Bit More News for You		10.00 Mock the Week	
119 ITV3	7.00 Midsomer Murders				9.00 Endeavour			
120 ITV4	◂ 6.50 Film: The Incredible Hulk				9.00 Film: The Chronicles of Riddick			
112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Big Show		9.00 Film: Austin Powers: International Man of Mystery			
114 SYFY	◂ 6.50 Film: Lara Croft: Tomb Raider				9.00 Film: Chain Reaction			
109 W	7.00 Outnumbered				9.00 Miranda			
113 UNIVERSAL	7.00 Private Eyes		8.00 Major Crimes				10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS: New Orleans		8.00 NCIS		9.00 Lucifer		10.00 Family Guy	
122 SKY ARTS	7.15 The Rolling Stones: Sticky Fingers Live at the Fonda Theatre				9.00 The Story of the Jam: About the Young Idea			
Documentary								
125 DISCOVERY	7.00 Fast N' Loud				9.00 Deadliest Catch		10.00 Master Of Arms	
162 ANIMAL PLANET	7.00 The Bronx Zoo		8.00 The Aquarium		9.00 Homestead Rescue		10.00 Alaska Monsters	
129 NAT GEO	◂ 6.00 Top Ten Natural Disasters		8.00 Oz Doomsday Flood: Caught on Camera		9.00 Killer Tornado USA: Caught on Camera		10.00 Air Crash Investigation	
130 HISTORY	7.00 Ireland's Treasures Uncovered		8.00 Conspiracy: Faking the Moon Landings		9.00 D-Day: The Untold Stories			
155 YESTERDAY	7.00 TOTP		8.00 Meat Loaf: In and Out of Hell		9.00 Royals on the Frontline			
166 EDEN	7.00 The Ganges with Sue Perkins						10.00 Frontier Borneo	
Films								
301 SKY PREMIERE	◂ 6.00 Ralph Breaks the Internet		8.00 The Darkest Minds			9.50 Johnny English Strikes Again		
302 SKY MEGAHITS	◂ 5.30 A Star Is Born		8.00 Justice League				10.00 Gladiator	
303 SKY GREATS	◂ 6.00 Sleepless in Seattle		8.00 Saving Private Ryan					
304 SKY DISNEY	◂ 6.00 The Incredibles		8.00 Ralph Breaks the Internet				10.00 WALL•E	
305 SKY ANIMATION	◂ 6.15 Smallfoot		8.00 ParaNorman			9.40 Big Fish & Begonia		
306 SKY ACTION	7.00 Jumanji: Welcome to the Jungle				9.00 The Meg			
307 SKY COMEDY	◂ 6.10 Book Club		8.00 Crazy Rich Asians				10.05 Friends with Benefits	
308 SKY THRILLER	◂ 6.40 Shutter Island				9.00 Snatch			
309 SKY DRAMA	◂ 6.10 28 Days		8.00 Goodbye Christopher Robin				10.00 Stella's Last Weekend	
310 SKY SCI-FI	◂ 6.45 Jurassic World: Fallen Kingdom				9.00 Edge of Tomorrow			
311 SKY SELECT	◂ 6.20 The Darjeeling Limited		8.00 Gran Torino				10.00 Mandy	
313 FILM4	◂ 6.55 DragonHeart				9.00 The Shallows			
315 TCM	◂ 6.40 The Harder They Fall				9.00 On Deadly Ground			
Sport								
401 MAIN EVENT	◂ 5.30 EFL – Live: Nottingham Forest v West Bromwich Albion: From The City Ground (Kick-off 5.30)						10.00 MLS – Live	
402 PREMIER LEAGUE	◂ 11.00 FIFA...	7.30 Premier League Years				9.30 The Tyler...	10.00 PL 100: Alan...	10.30 PL 100: Peter...
403 FOOTBALL	◂ 5.15 EFL – Live		8.00 EFL: Championship Season Review		9.00 EFL Greatest Games		10.00 MLS – Live	
404 THE ASHES	◂ 6.55 Vitality T20 Blast Cricket – Live: Lancashire Lightning v Nottinghamshire Outlaws: The North Division match from Emirates Old Trafford							10.15 The Ashes
413 BT SPORT 1	7.00 No Filter Boxing	7.30 Vanarama...	8.00 BT Sport Fight Night – Live: Michael Conlan v Diego Alberto Ruiz: The featherweight title bout from Falls Park in Belfast					
414 BT SPORT 2	◂ 6.00 UFC – Live		8.00 UFC – Live: Colby Covington v Robbie Lawler: The welterweight title bout from Prudential Centre in New Jersey					

◂ Denotes programmes starting before 7.00pm † Regions vary

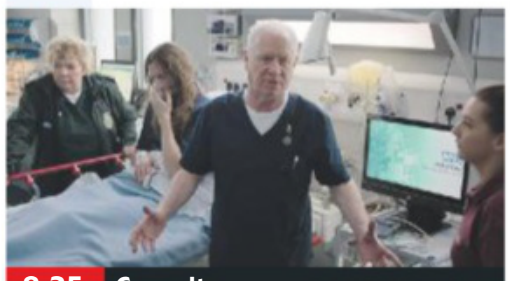
SATURDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/43AU
OR CALL 0330 3331 113 and quote code 43AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Jane Baxter, Tom Sellers and Craig Charles. (S)
11.30 **Nadiya's Time to Eat** (S)(R)
12.00 NOON **Homes Under the Hammer** (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)(AD)
2.00 **Escape to the Country** (S)(R)
2.45 **Money for Nothing** (S)(R)
3.30 FILM **The Good Dinosaur** Pixar's animated adventure featuring the voice of Raymond Ochoa. (S)(AD) (2015, PG, 90min) ★★★★
5.00 **Wallace & Gromit: A Grand Day Out** The duo visit the moon. (S)(R)
5.25 FILM **Kung Fu Panda** Animated comedy adventure featuring the voice of Jack Black. (S)(AD) (2008, PG, 80min) ★★★★

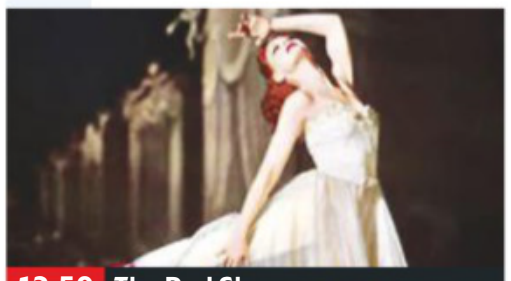

8.35 Casualty

6.45 **BBC News** (S)
6.55 **Local News** (S)
7.05 **Who Dares Wins** New edition 6/10. Game show in which two pairs of complete strangers battle to outdo the other by listing as much as they know about a given subject. (S)
7.45 **Pointless Celebrities** A special family edition, with contestants including Vanessa Feltz, Paul Chowdhry, Shaun Ryder and Les Dennis. (S)(R)
8.35 **Casualty** David sees that Charlie is struggling to cope, and Marty's mother is rushed into the ED. Meanwhile, Connie continues to cover her tracks. (S)(AD)
9.30 **Would I Lie to You?** With guests Mark Bonnar, Sheila Hancock, Stephen Mangan and Anita Rani. (S)(R)
10.00 **BBC News** (S) Followed by **Lottery Update** (S)
10.20 FILM **Brooklyn** Drama starring Saoirse Ronan and Domhnall Gleeson. (S)(AD) (2015, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T FILM **The Awakening** Period chiller starring Rebecca Hall and Dominic West. In 1921, a sceptical author travels to a remote boys' boarding school to investigate an apparent haunting. With Imelda Staunton and Joseph Mawle. (S) (2011, 15, 105min) ★★★★
1.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **All Over the Place: UK** (S)(R)
7.00 **The Dog Ate My Homework** (S)
7.30 **The Dengineers** (S)(R)
7.55 **Mustangs FC** (S)(R)
8.20 **Deadly Top 10** (S)(R)
8.50 **Monkey Planet** (S)(R)(AD)
9.50 **Cats v Dogs: Which Is Best?** (S)(R)
10.50 **This Farming Life** (S)(R)
11.50 **Secret Britain** (S)(R)
12.50 PM FILM **The Red Shoes** Michael Powell and Emeric Pressburger's ballet starring Moira Shearer as a rising ballerina who is torn between love and her career. (S) (AD) (1948, U, 130min) ★★★★★
3.00 **Galapagos** (S)(R)
4.00 **Animals at Play** 1/2. The reasons why young animals play. (S)(R)
5.00 **Rick Stein's Road to Mexico** The chef heads across the border from San Diego to Tijuana. (S)(R)(AD)

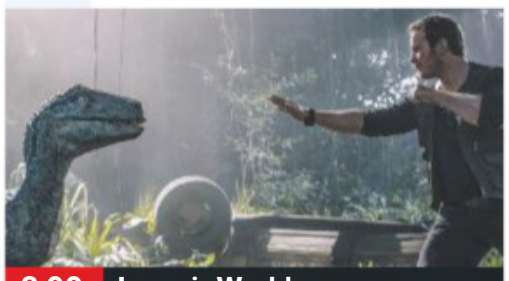

12.50 The Red Shoes

6.00 LIVE **Cycling: RideLondon Women's Classique** Clare Balding presents coverage of the annual race, as the riders complete 3.4km circuits in central London. (S)
7.00 **Proms Encore** New edition 2/7. Katie Derham is joined by tenor Stuart Skelton and violinist Pekka Kuusisto. (S)
7.30 **Dad's Army** Mainwaring and his platoon set up an observation post. (S)(R)
8.00 **Animal Babies: First Year on Earth** 1/3. Following six baby animals as they face the challenges of surviving their first year on Earth, including an elephant calf in Kenya. (S)(R)(AD)
9.00 **Princess Margaret: The Rebel Royal** 1/2. Profiling the Queen's sister, whose life and loves reflected the social and sexual revolution that transformed Britain during the 20th century. (S)(R)(AD)
10.00 **Pride Live at the Apollo** 1/2. LGBT+ comedy. (S)(R)
10.30 **Atlanta: Robbin' Season** New episode *Champagne Papi:* 7/11. Van and her friends are invited to an exclusive New Year's Eve party. (S2) (S)(AD)
11.00 **Atlanta: Robbin' Season** New episode *Woods:* 8/11. Paper Boi gets mugged and becomes lost in the woods. (S2) (S)(AD)
11.25 **Golf: Women's British Open Highlights** Eilidh Barbour presents action from day three at Woburn Golf Club in Buckinghamshire. (S)
12.25 AM **Heimat Home from Home: Chronicle of a Vision – Part Two** 2/2. Drama prequel. (S)(R)
2.30 **to 6.20** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **The Sara Cox Show** New edition With Ore Oduba and Bananarama. Plus, music by Callum Beattie. (S)
9.25 **James Martin's Saturday Morning** With Alison Hammond, Jun Tanaka and DNA. (S)(R)
11.35 **John and Lisa's Weekend Kitchen** Dishes include sausage and sourdough bake. (S)(R)
12.40 PM **Save Money: Good Diet** 8/8. The favourite family dish chosen by viewers is revealed. (S)(R)(AD)
1.10 **ITV News** (S)
1.25 LIVE **ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani present coverage of the final day of the festival. (S)
4.00 **Tipping Point** Game show. (S)(R)
5.00 **The Chase** Quiz show. (S)(R)


8.00 Jurassic World

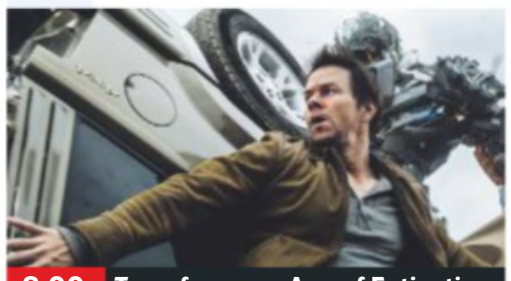
6.00 **ITV News** (S)
6.15 **Local News** (S)
6.25 **Zone of Champions** New edition 2/6. Featuring footage of self-inflicted nunchuck thwacks. (S)(AD)
7.00 **The Chase Celebrity Special** Bradley Walsh presents as Susie Dent, Anthony Crolla, Ellie Taylor and Harry Redknapp work as a team to take on The Chaser and secure a cash prize for charity. (S)(R)
8.00 FILM **Jurassic World** Action adventure sequel starring Chris Pratt and Bryce Dallas Howard. A safari park for genetically engineered dinosaurs creates a new species – which quickly escapes to terrorise the tourists. With Vincent D'Onofrio, Ty Simpkins and Nick Robinson. (S)(AD) (2015, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.15 **ITV News** (S)
10.35 FILM **Bridget Jones's Diary** Romantic comedy starring Renée Zellweger. (S)(AD) (2001, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **Teleshopping**
3.00 **The Wonder of Britain** Julia Bradbury embarks on a 12,000-mile journey, visiting some of the nation's most spectacular locations. (S)(SL)(R)(AD)
3.50 **to 6.00** AM **ITV Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.00 AM **The King of Queens** (S)(R)
6.50 **Frasier** 11&12/24. (S7) (S)(R)
7.40 **The Big Bang Theory** (S)(R)(AD)
8.30 **Young Sheldon** (S1) (S)(R)(AD)
9.20 **The Simpsons** (S)(R)(AD)
11.20 **Come Dine with Me** Four competing cooks from Hertfordshire battle it out. (S)(R)
12.25 PM **Four in a Bed** Five editions of the B&B contest. (S)(R)
3.00 **A Place in the Sun** Ben Hillman shows a couple from Hertfordshire five properties in Tenerife. (S)(R)
4.00 **Location, Location, Location** Kirstie Allsopp catches up with two couples who wanted homes near the coast. (S)(R)
5.00 **Portrait Artist of the Year** New edition 7/11. With celebrity sitters Angela Griffin, Gina McKee and Jamael Westman. (S)(AD)


8.00 Transformers: Age of Extinction

6.00 **News** (S)
6.30 **Formula 1 Hungarian Grand Prix Qualifying Highlights** Steve Jones and David Coulthard present action from the battle for pole position in the 12th round of the season at the Hungaroring in Mogyorod. Lewis Hamilton qualified fastest last year, with his Mercedes teammate Valtteri Bottas joining him on the front of the grid. (S)
8.00 FILM **Transformers: Age of Extinction** Sci-fi adventure starring Mark Wahlberg. The shape-changing robots are driven into hiding when the human race turn against them. They come out of exile to save the world, battling a new breed of Transformers to prevent technology from their own planet being used in a plot that could threaten all life on Earth. With Stanley Tucci and Kelsey Grammer. (S)(AD) (2014, 12, 185min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.05 FILM **Dawn of the Planet of the Apes** Sci-fi thriller sequel starring Andy Serkis. The leader of a colony of intelligent apes tries to prevent his tribe going to war. (S) (AD) (2014, 12, 135min) ★★★★
1.20 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.10 **Drag SOS** (S)(SL)(R)(AD)
3.05 **Hollyoaks** (S)(SL)(R)(AD)
5.05 **to 6.00** AM **The £100k Drop** (R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.55 **Rise of the Teenage Mutant Ninja Turtles** (S)(R)
10.15 **Access** Showbiz news. (S)
10.20 **Britain's Parking Hell** (S)(R)
11.05 **Police Interceptors** (S)(R)
12.05 PM **Police Interceptors** Triple bill of the series. (S)(R)
3.00 **Bad Tenants, Rogue Landlords** Council officers investigate an unauthorised loft conversion. (S)(R) **4.00** Landlords who faced prosecution if they did not evict their violent tenants. (S)(R)
5.00 **Hoarding Hell: Nightmare Tenants, Slum Landlords** A housing enforcement officer discovers 26 labourers living in one house. (S)(R)
5.55 **News** (S)

8.00 Crossrail: Where Did It...

6.00 **The City Under the Sea: Drain the Ocean** Examining ruins of ancient civilisations in the Mediterranean to determine how these societies collapsed. (S)(R)

7.00 **Cricket on 5: The Ashes** Action from day three of the first Test in the five-match Ashes series between England and Australia, taking place at Edgbaston. (S)

8.00 **NEW Crossrail: Where Did It All Go Wrong?** Documentary charting the project to build a train line linking east and west London, revealing why it is years behind schedule. (S)

9.00 **NEW Egypt's Greatest Treasures with Bettany Hughes** The historian reveals the pivotal moments and groundbreaking achievements of the Ancient Egyptians as she explores one of the world's oldest and greatest civilisations. She travels from the mouth of the River Nile in the north of the country to the shores of Lake Nasser in the far south. (S)

11.05 **The Sacrifice** Mystery drama starring Radha Mitchell. (S)(R)
1.00 AM **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **FILM The Tuxedo** Action comedy starring Jackie Chan and Jennifer Love Hewitt. (S) (2002, 12, 95min) ★★
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Modern Family** (S6) (S)(R)
8.30 **Premier League Years** Memorable moments from the 2015/2016 season. (S)(R)(AD)
10.30 **Road Wars** Four editions of the series following the work of Thames Valley Police. (R)
2.00 PM **Big Beasts: Last of the Giants** Patrick Aryee investigates the world's largest animals. (S)(R)(AD) **3.00** PM Investigating animals from Australia and Asia. (S)(R) **4.00** Great white sharks off the coast of Africa. (S)(R)(AD)
5.00 **The Simpsons** *The Last of the Red Hat Mamas*: A lonely Marge joins a women's group. (R) **5.30** *The Italian Bob:* The family bump into Sideshow Bob in Italy. With Kelsey Grammer. (S)(R)

9.00 Die Hard with a...

6.00 **The Simpsons** *Simpsons Christmas Stories:* Homer tells his version of the Nativity. (S)(R) **6.30** *Homer's Paternity Coot:* Grampa may not be Homer's father. (S)(R)

7.00 **The Simpsons** *We're on the Road to D'ohwhere:* Marge gets herself arrested. (S)(R) **7.30** *My Fair Laddy:* Lisa tries to turn Groundskeeper Willie into a gent. (S)(R)

8.00 **An Idiot Abroad** Karl Pilkington visits Peru, where he fails to impress a local tribe with his hunting skills and takes in the ancient Inca city of Machu Picchu. (S)(R)

9.00 **FILM Die Hard with a Vengeance** Action thriller sequel starring Bruce Willis, Jeremy Irons and Samuel L Jackson. John McClane plays a deadly game of bluff when a terrorist mastermind holds New York to ransom. (S) (1995, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Micky Flanagan: Back in the Game** The comedian performs to his home crowd at London's Hackney Empire. (S)(R)
1.30 AM **S.W.A.T.** *Never Again:* 6/23. Hondo is deeply affected by a suspect's death. (S2) (S)(R)
2.30 **Warrior** 6/10. An assassination attempt is made during a Chinatown parade. (S1) (S)(R)
3.30 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
3.30pm Garden Rescue (S)(R)(AD) **4.00** Wallace & Gromit: A Grand Day Out (S)(R)(AD) **4.25-5.25pm** Sportscene Results (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.20pm NEW Giantkillers: The Team That Wouldn't Die (S) **11.10** **FILM** Brooklyn (S)(AD) (2015, 12, 105min) ★★★★ **12.55am** Live at the Apollo (S)(R) **1.40-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
7.30-8.00pm Family Footsteps (S)(R)

WALES
Sky **971**, Freesat **971**
9.00-10.00pm Richard and Jaco: Life with Autism (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Y Fets (AD) **11.00** Eisteddfod Genedlaethol Cymru 2019 New edition **5.50pm** Newyddion a Chwaraeon **6.00** Cynefin **7.00** Côr Eurovision 2019 New edition **9.15** Eisteddfod Genedlaethol Cymru 2019 New edition **10.15** Gwerthu Allan **10.50** Hansh **11.20pm-12.25am** Eisteddfod Genedlaethol Cymru 2019

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **The Last Seabird Summer?** 2/2. Adam Nicolson catches up with seabirds of the Shiants in July.
8.00 **New Zealand: Earth's Mythical Islands** 1/3. The wildlife of the Antipodean island chain.
9.00 **NEW SERIES Below the Surface** 1/8. Return of the thriller with Johannes Lassen. A woman is kidnapped. **9.45** New episode 2/8. Philip follows June's trail to a ferry. Subtitled. (S2)
10.30 **NEW Merely Marvellous – The Dancing Genius of Gwen Verdon** A celebration of the art and life of the Broadway star.
11.45 **Sinatra: All or Nothing at All** The life, music and career of legendary entertainer Frank Sinatra.
12.45 AM **Can you Feel It – How Dance Music Conquered the World** A celebration of club culture.
1.45 **REM at the BBC**
2.45 **to 3.45** AM **Size Matters**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.25 **A Place in the Sun: Summer Sun** Triple bill.
12.25 PM **Location, Location, Location** Bigger houses.
1.25 **Building the Dream**
2.30 **Come Dine with Me**
5.15 **Four in a Bed** At Laskill Country House in Helmsley. **5.50** The second visit is to the Swan Hotel in Telford. **6.20** Scalford Hall Hotel.
6.55 **Four in a Bed** The final visit is to The Abbey Hotel in Battle, East Sussex. **7.25** The B&B owners meet up to settle some scores.
8.00 **Scotstar: Flying Doctors** 3/3. A routine tonsillectomy takes a dangerous turn for a little boy, and a man from Lochgilphead is rushed to Glasgow's new super-hospital with a head injury.
9.00 **24 Hours in A&E** A man is rushed in after crashing his motorbike and being thrown into the road. **10.00** A man arrives in A&E after being assaulted in the street at the end of a night out with friends.
11.00 **It Was Alright in the 1970s** The decade's TV.
12.05 AM **8 Out of 10 Cats Does Countdown** With David Walliams.
1.05 **24 Hours in A&E**
2.05 **The Undateables**
3.10 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Emmerdale**
9.05 **Coronation Street**
12.05 PM **Celebrity Catchphrase**
1.10 **Ninja Warrior UK**
2.10 **You've Been Framed! Gold** Comical clips.
2.40 **FILM The Flintstones** Comedy starring John Goodman and Rick Moranis. (1994, U, 93min) ★★
4.25 **FILM Yogi Bear** Family comedy featuring the voice of Dan Aykroyd. (2010, U, 80min) ★★★
6.05 **FILM Step Up 2 the Streets** Dance drama starring Briana Evigan. (2008, PG, 97min) ★★
8.00 **FILM Hot Pursuit** Crime comedy starring Reese Witherspoon, Sofia Vergara and Robert Kazinsky. (2015, 12, 87min) ★★
9.50 **Family Guy** *Brian's a Bad Father:* 11/21. Brian's estranged TV star son Dylan turns up in Quahog. **10.20** *A Fistful of Meg:* 4/21. Meg is threatened by an unstable new pupil. (S12)
10.50 **American Dad!** *Wife Insurance:* 15/20. Stan is kidnapped. (S5)
11.20 **American Dad!**
11.45 **The Cleveland Show**
12.45 **to 2.45** AM **FILM Underworld: Evolution** Action horror sequel starring Kate Beckinsale. (2005, 18, 106min) ★★

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rude(ish) Tube Shorts**
6.10 **Rules of Engagement**
6.55 **Don't Tell the Bride Ireland** Double bill.
9.05 **Speechless**
11.40 **The Goldbergs**
12.40 PM **Brooklyn Nine-Nine: The Awards**
3.15 **Brooklyn Nine-Nine**
3.45 **The Big Bang Theory** Seven episodes, including at: **6.40** 17/24. Raj cannot afford to join the gang on their annual trip to Comic-Con. (S10)
7.10 **FILM Shark Tale** Animated comedy adventure featuring the voices of Will Smith and Robert De Niro. After the son of a shark mafia boss dies from a falling anchor, a little fish with a big mouth claims to be his murderer and gets into trouble. (2004, U, 90min) ★★★★
9.00 **FILM Dumb and Dumber To** Comedy sequel starring Jim Carrey and Jeff Daniels. The dim-witted friends are reunited after 20 years and set off on a road trip to find Harry's estranged daughter. With Rob Riggle. (2014, 15, 107min) ★★
11.10 **Gogglebox** Shows including *Ninja Warrior UK*. **12.10** AM *Game of Thrones*.
1.15 AM **First Dates**
3.15 **Gogglebox**
4.10 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

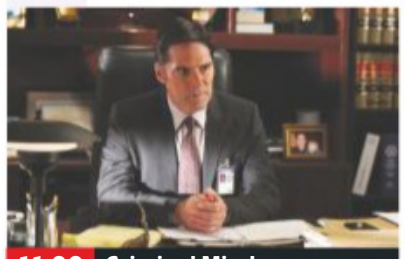
SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **The Real A&E**
7.00 **Paramedics**
9.00 **Highway Cops**
10.00 **Highway Patrol**
11.00 **Motorway Patrol**
12.00 NOON **Brit Cops: Law & Disorder** Five editions.
5.00 PM **Nothing to Declare** An Italian tourist is questioned. **5.30** A girl is questioned by immigration officers. **6.00** Officers launch an investigation into illegal fishing. **6.30** Security staff discover a hoard of deadly weapons.


11.00 Criminal Minds

7 PM
7.00 **Nothing to Declare** A suspected drug carrier is questioned. **7.30** A man is caught with a false passport.

8 PM
8.00 **Nothing to Declare** Officers arrest a man carrying heroin internally. **8.30** Officials are worried about a Korean girl.

9 PM
9.00 **Murders That Shocked the Nation** Profile of Harold Jones, who was found guilty of murder at the age of 15 in 1921.

10 PM
10.00 **Britain's Most Evil Killers** An insight into the case of Dennis Nilsen, the London-based killer who murdered at least 12 men.
11.00 **Criminal Minds** 12/24. A series of murders are linked to a controversial religion. (S6)
12.00 M'T **Criminal Minds** (S6)
2.00 AM **Brit Cops: Law & Disorder**
3.00 **Paramedics**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The British**
7.00 **The Guest Wing**
8.00 **Micro Monsters with David Attenborough**
8.30 **Flying Monsters with David Attenborough**
10.00 **Making David Attenborough's Flying Monsters**
11.00 **CSI** Five episodes. (S9)
4.00 PM **Without a Trace** 4/24. A musical prodigy disappears. **5.00** 5/24. The team search for a missing woman. **6.00** 6/24. A teenage boy disappears. (S2)

9.00 The Affair

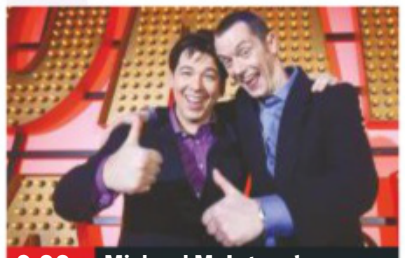
7.00 **Without a Trace** *A Tree Falls:* 7/24. Jack and the team investigate when a Hispanic boy is abducted from Harlem.
8.00 **Without a Trace** *Trip Box:* 8/24. Jack and the team look into the disappearance of a respected firefighter. (S2)
9.00 **The Affair** 5/12. Alison is furious when she stumbles upon a discovery about Noah's book, while Cole makes a new connection. **10.10** 6/12. An emergency puts Helen and Noah's divorce proceedings into perspective. (S2)
11.15 **The Affair** 7/12. Alison confronts Noah about his book. **12.25** AM 8/12. (S2)
1.35 AM **Last Week Tonight with John Oliver** Talk show.
2.10 **Girls** 3/10. (S2)
2.45 **Six Feet Under** 9/12. (S4)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208

GOLD

110 110 810 124 310 392

7.20 AM **The Interviews**
9.15 **dinnerladies**
10.25 **Miranda**
11.40 **Only Fools and Horses**
1.00 PM **Only Fools and Horses** The Trotters finally strike gold. **2.15** Christmas special from 1989. The Trotter brothers go on a lads' day out to Margate. **4.05** Christmas special from 1987. Del goes in search of his mother's treasure trove. **5.25** Christmas special from 1990. Rodney leaves home after a fight with Cassandra.


9.00 Michael McIntyre's...

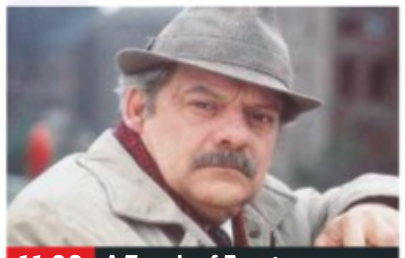
7.00 **Only Fools and Horses** The Trotters journey to Holland to dabble in the diamond import business – with old foe Inspector Slater hot on their trail. Guest stars Jim Broadbent.
9.00 **Michael McIntyre's Comedy Roadshow** With Shappi Khorsandi, Tom Stade, Steve Hughes and Paul Tonkinson.
10.00 **Men Behaving Badly** Gary arrives home to find Dorothy in bed with Tony. **10.40** Tony returns from holiday sporting a beard.
11.20 **Men Behaving Badly**
12.00 M'T **I'm Alan Partridge** Alan hosts a sales conference.
12.40 AM **Stag**
2.00 **I'm Alan Partridge**
2.30 **Harry Hill's TV Burp**
3.20 **to 4.00** AM **Men Behaving Badly**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **The Royal**
6.55 **George and Mildred**
8.35 **Inspector Morse**
10.55 **Agatha Christie's Marple** Triple bill, including at: **2.55** PM *The Mirror Crack'd from Side to Side:* A film fan is poisoned at a party held by a famous actress. With Lindsay Duncan and Joanna Lumley.
4.55 PM **Foyle's War** *The German Woman:* First episode of the drama. Police superintendent Foyle is frustrated at seeing everyone else go off to war.


11.00 A Touch of Frost

7.00 **Midsomer Murders** *The Creeper:* A burglar dubbed 'The Creeper' targets the villages of Midsomer as Barnaby and Jones investigate the murder of a guest at an upper-crust dinner party. Guest stars Rik Mayall and Jenny Agutter.
9.00 **Endeavour** *Arcadia:* The detective discovers dark secrets in a family-run supermarket, as he investigates a possible connection to a fire that killed an artist who was involved with political activists.
11.00 **A Touch of Frost** *No Refuge:* An armed robbery ends in murder and Frost wastes no time in arresting a known crook he saw at the scene during the getaway.
1.05 **to 2.25** AM **Classic Emmerdale**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Snooker v Darts**
6.05 **The Protectors**
6.30 **The Professionals**
7.25 **Road Racing Series**
9.30 **ITV Racing: Opening Show**
10.30 **The Car Chasers**
10.55 **The Casebook of Sherlock Holmes** *The Master Blackmailer.*
1.10 PM **Columbo: How to Dial Murder** Murder mystery.
2.50 **FILM The Searchers** Western. (1956, U, 114min) ★★★★★
5.10 **River Monsters**
5.45 **Monster Carp**

2.50 The Searchers

6.50 **FILM The Incredible Hulk** Sci-fi action fantasy starring Edward Norton. A scientist who turns into a huge, rampaging creature whenever he becomes angry triggers a confrontation with a monstrous new adversary. (2008, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*, starring Vin Diesel. Intergalactic fugitive Riddick encounters a ruthless race of warriors determined to take over the universe. (2004, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **FILM Starsky & Hutch** Comedy based on the 1970s cop show, starring Ben Stiller and Owen Wilson. (2004, 15, 101min) ★★
1.20 AM **Better Late Than Never**
2.15 **to 2.40** AM **Only When I Laugh**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Animal 999**
8.00 **It's Me or the Dog**
10.00 **Relic Hunter** (S3)
1.00 PM **Relic Hunter** (S3)
3.00 **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *Seth:* 2/22. O'Neill and the team pursue Goa'uld Lord Seth. (S3)
8.00 **Road Wars** Footage of highway dangers.
9.00 **S.W.A.T.** *Never Again:* 6/23. Hondo is deeply affected by a suspect's death. (S2)
10.00 **Manifest** *Pilot:* 1/16. Supernatural drama starring Melissa Roxburgh. (S1)
11.00 **The Blacklist** *Minister D:* 9/22. Red fights to clear himself of treason. (S6)
12.00 M'T **Warrior** 6/10. (S1)
1.00 AM **Ross Kemp: Extreme World**
3.00 **Brit Cops: Frontline Crime UK** Documentary.
4.00 **to 6.00** AM **Animal House**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
9.00 **60 Minute Makeover**
1.00 PM **60 Minute Makeover** Double bill.
3.00 **The Chase Celebrity Special** Quiz show.
4.00 **Air Ambulance ER**
5.00 **Highway Patrol**
7.00 **Motorbike Cops**
8.00 **Road Wars** A gang mugging leaves a man with a broken nose.
9.00 **Brit Cops: Law & Disorder**
10.00 **The Force: Manchester** The work of Greater Manchester Police.
11.00 **Banged Up Abroad** A teenager who decided to smuggle drugs to fund a gastric bypass.
12.00 M'T **Road Wars**
1.00 AM **Brit Cops: Frontline Crime UK**
4.00 **Highway Patrol**
5.30 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **The Hurting: Even Hurtier** Double bill.
8.00 **Storage Hunters UK**
9.00 **American Pickers**
12.00 NOON **Cops UK: Bodycam Squad**
1.00 PM **Cop Car Workshop**
2.00 **Top Gear**
3.00 **Last Stop Garage**
4.00 **Red Bull Soapbox Race 2019: London**
6.00 **Would I Lie to You?**
6.40 **Red Dwarf** 3&4/6. (S4)
8.00 **Taskmaster**
9.00 **Have I Got a Bit More News for You** Hosted by Patrick Stewart.
10.00 **Mock the Week**
11.20 **Would I Lie to You?**
12.00 M'T **Dave Gorman: Modern Life Is Goodish**
1.00 AM **Have I Got a Bit More News for You**
2.00 **Rhod Gilbert's Work Experience**
3.00 **to 4.00** AM **Dara O Briain's Go 8 Bit**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Takeshi's Castle**
8.35 **Friends**
12.30 PM **FILM Mr Magorium's Wonder Emporium** Fantasy. (2007, U, 90min) ★★★
2.30 **Michael McIntyre's Big Show** As 8.00pm.
3.30 **Friends** Nine episodes.
8.00 **Michael McIntyre's Big Show** With Bryan Adams, Ronan Keating and Josh Widdicombe.
9.00 **FILM Austin Powers: International Man of Mystery** Spy spoof with Mike Myers. (1997, 15, 95min) ★★★★
11.00 **NEW TJ Miller: No Real Reason** Stand-up show.
12.00 M'T **FILM I Love You, Man** Comedy. (2009, 15, 100min) ★★★
2.05 AM **Impractical Jokers**
2.35 **Jeff & Some Aliens**
3.25 **Bordertown** (S1)
4.15 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

6.00 AM **The Only Way Is Essex** Triple bill.
8.15 **Dallas Cowboys Cheerleaders**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Income Property**
12.35 **The Real Housewives of Atlanta**
1.30 **Little Women: LA**
5.00 **Dinner Date**
7.00 **Dinner Date** Yasmin from Edinburgh hopes to find romance. **8.00** Carley from London looks for love.
9.00 **Botched** A patient seeks a new nose in time for her wedding.
10.00 **Ibiza Weekender** Tensions begin to rise among the reps. **11.00** Imogen loses her cool and decides to step down as head rep.
12.00 M'T **to 12.55** AM **The Real Housewives of Atlanta**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons** (S5)
7.00 **Highway to Heaven**
8.00 **Due South** (S3)
1.00 PM **Sherlock Holmes and the Leading Lady** 1&2/2. Mystery drama.
5.00 **Sherlock Holmes and the Incident at Victoria Falls** 1/2. Mystery
7.00 **Sherlock Holmes and the Incident at Victoria Falls** 2/2. Mystery starring Christopher Lee and Patrick Macnee.
9.00 **The Hound of the Baskervilles** Sherlock Holmes adventure starring Ian Richardson.
11.00 **Stephen King's It** 1/2. Horror with Tim Curry and Richard Thomas.
1.00 AM **Stephen King's It** 2/2. Horror thriller.
3.00 **FILM The Edge of the Garden** Drama. (2011, PG, 89min) ★★★
5.00 **to 6.00** AM **Touched by an Angel**

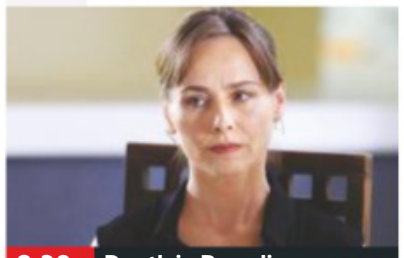
+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.15 AM **Murdoch Mysteries**
9.00 **Inspector George Gently**
11.00 **Inspector Alleyn Mysteries** *Hand in Glove*: 1/3. (S2)
1.00 PM **Shakespeare & Hathaway – Private Investigators** Four episodes of the comedy, including at: **3.00** *The Rascal Cook:* 9/10. The duo investigate a campaign of sabotage. **4.00** *Ill Met by Moonlight:* 10/10. Frank and Lu are tasked with recovering a jewel. (S1)
5.00 **New Tricks** (S8)


8.20 Death in Paradise

7.00 **Death in Paradise** *Lost Identity:* 5/8. Humphrey's Aunt Mary gets caught up in a murder investigation. Guest stars Wendy Craig and Keith Allen. **8.20** *Dishing Up Murder:* 6/8. A famous chef is found dead the morning after the opening of his new restaurant. Guest stars Martin Compston. **9.40** *The Blood Red Sea:* 7/8. A treasure hunting team unearth the legendary Saint Marie silver, but their celebration comes to an abrupt halt when their captain is found dead with a stab wound to his chest. (S5)
11.00 **Waco** 5/6. The end of the stalemate seems to approach as the FBI's tactical division turn up the heat. (S1)
12.00 M'T **New Tricks** 5&6/10. Double bill. (S8)
2.30 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 FILM **End of the World** Sci-fi comedy with Greg Grunberg. (2013, 12, 85min) ★★★
12.50 PM FILM **Robot Overlords** Family sci-fi adventure. (2014, 12, 90min) ★★★
2.40 FILM **In Time** Sci-fi thriller. (2011, 12, 109min) ★★★
4.50 FILM **Cirque du Freak: The Vampire's Assistant** Teen vampire fantasy starring John C Reilly and Chris Massoglia. (2009, 12, 108min) ★★★

9.00 Chain Reaction

6.50 FILM **Lara Croft: Tomb Raider** Fantasy adventure starring Angelina Jolie and Jon Voight. An aristocratic British adventurer desperately tries to thwart a sinister secret society that plans to take over the world. (2001, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Chain Reaction** Thriller starring Keanu Reeves, Morgan Freeman and Rachel Weisz. A young technician is set up to take the fall when an energy experiment is sabotaged. (1996, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 FILM **The Jackal** Action thriller. (1997, 18, 124min) ★★
1.40 AM FILM **Black Dog** Thriller. (1998, 12, 88min) ★★★
3.30 **The Captains Close Up**
4.00 **to 6.00** AM FILM **The 12 Disasters of Christmas** Thriller. (2012, 12) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **The Bill** The undercover operation goes awry. **7.00** Sally tries to retrieve vital evidence from a tower block due for demolition. **8.00** Sally is involved in a drink-driving accident. **9.00** An assault case is hampered by the witness protection service. **10.00** Yvonne faces a manslaughter charge.
11.00 **Tipping Point** Double bill.
1.00 PM **Tipping Point** Six further editions of the quiz show.

9.40 Miranda

7.00 **Outnumbered** Pete's goddaughter comes to stay from Australia. **7.40** Ben shows off his wilderness survival skills when he and his dad go camping. **8.20** Crossed lines of communication cause trouble for the Brockmans.

9.00 **Miranda** The joke-shop owner sets about getting fit and losing weight. **9.40** Tilly and Penny organise a charity wine-tasting event. **10.20** Things look up for Miranda's love life after she finds herself with two dates.

11.00 **Love Connection** New edition Dating show hosted by Andy Cohen.
12.00 M'T **John Bishop: In Conversation with Jason Manford**
1.00 AM **Supernanny**
1.50 **to 3.00** AM **War and Peace**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Law & Order** (S12)
12.00 NOON **NCIS** 7/24. (S10)
1.00 PM **NCIS** Six episodes of the crime drama, including at: **3.00** 10/24. Tony's father visits for Christmas. **4.00** 11/24. Ziva's father turns up unannounced. **5.00** 12/24. The team identify the killer as a Swedish mercenary and link the bullets to an Iranian arms dealer. **6.00** 13/24. A Marine lance corporal is involved in a fatal car crash. (S10)

7.00 Private Eyes

7.00 **Private Eyes** *The Grape Deception:* 5/12. Angie's college roommate calls for help when a bottle of wine is stolen. (S3)

8.00 **Major Crimes** *Conspiracy Theory – Part Four:* 9/13. Raydor investigates a series of murders and sexual assaults.

9.00 **Major Crimes** *By Any Means – Part One:* 10/13. A serial killer escapes from custody to strike again. (S6)

10.00 **Law & Order: Special Victims Unit** *Scheherezade:* 10/22. A priest asks Stabler to meet a terminally ill man. (S8)
11.00 **Law & Order: Special Victims Unit** 11/22.
12.00 M'T **Law & Order: Special Victims Unit** 12/22.
1.00 AM **Law & Order: Special Victims Unit** 13/22. (S8)
2.00 **CSI: Miami** 20&21/25. (S4)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 2/16. (S8)
9.00 **Bones** 16/24. (S8)
10.00 **NCIS** 17/24. (S15)
11.00 **The Mentalist** 21/22. (S6)
12.00 NOON **NCIS** 18/24. (S15)
1.00 PM **Bones** 17/24. (S8)
2.00 **NCIS** 19/24. (S15)
3.00 **The Mentalist** 22/22. (S6)
4.00 **Bones** 18/24. (S8)
5.00 **NCIS** 20/24. A petty officer is suspected of assault. (S15)
6.00 **The Mentalist** 1/13. Jane investigates the murder of an undercover FBI agent. (S7)

6.00 The Mentalist

7.00 **NCIS: New Orleans** *Sheepdogs:* 7/24. The team investigate a deadly car explosion in the French Quarter. (S5)

8.00 **NCIS** *16 Years:* 7/24. Ducky is forced to reveal he has been helping to solve crimes in his spare time. (S13)

9.00 **Lucifer** *Let Pinhead Sing!* 17/26. Charlotte tries to help repair Linda and Maze's friendship. (S3)

10.00 **Family Guy** 1/22. Brian becomes a sniffer dog. **10.30** 2/22. Brian tries to become a screenwriter in Hollywood. (S3)
11.00 **American Dad!** 19/22. (S15)
11.30 **People of Earth** 3/10. (S2)
12.00 M'T **Family Guy** 19/20. (S16)
12.30 AM **Family Guy** 5/22. (S11)
1.00 **American Dad!** 7&8/19. (S9)
2.00 **Family Guy** 3&4/22. (S3)
3.00 **American Dad!** 9&10/19. (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Saturday

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
11.00 **News: Daily Pop**
12.00 NOON **Relatively Nat & Liv** Reality series.
1.00 PM **Relatively Nat & Liv** Six editions.
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians** Khloe tries to mediate in a fight between Kourtney and Kendall. **9.00** Rumours surface that Tristan cheated on Khloe with family friend Jordyn Woods. **10.00** Kim and Kourtney take Khloe on a getaway to help her cope with the news.
11.00 **Relatively Nat & Liv**
12.00 M'T **Botched**
1.00 AM **Botched**
2.00 NEW SERIES **Temptation Island**
3.00 **Teleshopping**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Darbar Festival**
7.00 **Sons of Vienna**
7.30 **André Rieu: How It All Began**
8.30 **Tales of the Unexpected**
11.00 **Discovering**
12.00 NOON **Discovering: Bill Murray**
1.00 PM **Discovering: Jean Simmons**
2.00 **Discovering: Christopher Plummer**
3.00 **Discovering: Jeff Bridges**
4.00 **Bob Fosse: It's Showtime**
5.20 **Classic Albums**
7.15 **The Rolling Stones: Sticky Fingers Live at the Fonda Theatre**
9.00 **The Story of the Jam: About the Young Idea**
10.45 **Punk**
12.00 M'T **Iggy Pop: American Valhalla**
1.45 AM **Classic Albums**
2.45 **Anarchy: The McLaren-Westwood Gang**
5.30 **to 6.00** AM **Baim Archive**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Come Dine with Me**
11.00 **A New Life in the Sun**
1.00 PM **A New Life in the Sun** Triple bill.
4.00 **Coast vs Country**
5.00 **The Secret Life of the Zoo** A chimp gives birth.
6.00 **Ramsay's Kitchen Nightmares USA** Double bill of editions.
8.00 **George Clarke's Old House, New Home** George refurbishes a 300-year-old house in Broadstairs, Kent.
9.00 **First Dates** Twins Rebecca and Stephen go on a double date.
10.00 **Homes from Hell: Caught on Camera**
11.00 **8 Out of 10 Cats Does Countdown**
12.05 AM **The Lateish Show with Mo Gilligan**
1.05 **Celebrity Gogglebox**
2.05 **Jamie and Jimmy's Friday Night Feast**
3.10 **I Am Kirsty** 2/3. (S1)
4.05 **to 5.05** AM **Generation Porn**

5USA

141/169 153 | 21 | 129

9.00 AM **Access**
9.10 **CSI: NY** (S6)
10.50 **NCIS: Los Angeles** (S4)
11.50 **Murder, She Wrote**
5.10 PM **Jesse Stone: No Remorse** Thriller.
7.00 **NCIS: Los Angeles** *Drive:* 11/24. Kensi poses as a car thief. **8.00** *Paper Soldiers:* 12/24. Callen and Sam investigate a Marine's mysterious death. (S4)
9.00 **NCIS: Los Angeles** *The Chosen One:* 13/24. Callen goes undercover with terrorists. (S4)
10.00 **Law & Order: Special Victims Unit** *Intoxicated:* 19/23. A teenager is suspected of murder. (S6)
11.00 **Law & Order: Special Victims Unit** (S6)
1.55 AM **Law & Order: Los Angeles** (S1)
2.50 **Hannibal** 11/13. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 | 57 | 130

5STAR

128 151 | 30 | 131

8.00 AM **Access**
8.05 **Celebs on the Ranch**
8.55 **Last Man Standing**
9.25 **Two and a Half Men**
1.50 PM FILM **Big Mommas: Like Father, Like Son** Comedy starring Martin Lawrence. (2011, PG, 107min) ★
4.00 FILM **Maid in Manhattan** Romantic comedy. (2002, PG, 105min) ★★★
6.05 FILM **Babe** Comedy drama. (1995, U, 92min) ★★★★★
8.00 FILM **What Happens in Vegas** Romantic comedy. (2008, 12, 94min) ★★
10.00 **Wentworth Prison** New episode 9/10. Tensions rise between Will and Vera. (S7)
11.00 FILM **War** Action thriller. (2007, 18, 98min) ★★
1.05 **to 4.00** AM **Wentworth Prison**

+1 hour 228 186 | 56

Drama

143 130 | 20 | 158

7.10 AM **Lovejoy**
11.00 **Sharpe**
1.00 PM **Pie in the Sky**
3.00 **Where the Heart Is**
5.00 **Hetty Wainthropp Investigates**
6.00 **WPC 56**
7.00 **Death in Paradise** *Death of a Detective:* 1/8. Richard Poole meets a sticky end at a university reunion. **8.20** *The Wrong Man:* 2/8. The filming of a horror movie ends in murder. (S3)
9.40 **New Tricks** *London Underground:* Sasha is forced to work with her ex-husband Ned Hancock when their teams investigate the mysterious deaths of a film critic and an artist. Guest stars Barnaby Kay.
11.00 **Trial & Retribution**
1.20 AM **Pie in the Sky**
2.25 **War and Peace**
3.10 **to 4.00** AM **Dickensian**

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM Delivery Man** Comedy drama. (2013, 12, 102min) ★★★
2.00 PM **Law & Order** (S3)
7.00 **FILM Freeheld** Fact-based romantic drama starring Julianne Moore and Ellen Page. (2015, 12, 101min) ★★★
9.00 **FILM Cold in July** Crime thriller starring Michael C Hall and Sam Shepard. (2014, 15, 108min) ★★★★
11.05 **FILM Edge of Darkness** Thriller with Mel Gibson, Ray Winstone and Danny Huston. (2010, 15, 117min) ★★★
1.20 AM **FILM City of Industry** Crime thriller. (1996, 18, 97min) ★★
3.15 **to 5.30** AM **FILM The Business** Gangster drama set in the 1980s. (2004, 18, 97min) ★★

CBS Drama

147 197 71 134

7.30 AM **Tomorrow's World**
8.00 **Teleshopping**
9.00 **Walker, Texas Ranger**
2.00 PM **Beyond Belief: Fact or Fiction?**
4.00 **Judge Judy** Real-life small-claims cases.
9.00 **Urban Legends** Double bill of the series looking at three unlikely tales – only one of which is true.
10.00 **Medium** *About Last Night:* 4/19. Allison suspects she may have committed a crime after experiencing a period of lapsed memory. **11.00** *A Taste of Her Own Medicine:* 5/19. Allison helps a couple look for their missing daughter. **12.00** M'T *Apocalypse – Now?* 6/19. Allison becomes convinced the end of the world is approaching. (S5)
1.00 AM **Medium**
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 **Diagnosis Murder**
2.00 PM **NCIS** (S6&7)
7.00 **Donal MacIntyre's Murder Files** Donal interviews Detective Chief Inspector Martin Brunning. **8.00** The journalist interviews former Detective Chief Inspector Howard Groves.
9.00 **NCIS** *Honour Thy Father:* 24/24. Gibbs travels to his home town after hearing news of his father's death. (S11) **10.00** *Kill Ari – Part One:* 1/24. The team attempt to locate Ari. **11.00** *Kill Ari – Part Two:* 2/24. Gibbs enlists Jenny's help to track down Ari. (S3)
12.00 M'T **NCIS**
2.00 AM **Ultimate Force** (S4)
3.05 **Bonanza** (S13)
4.00 **The High Chaparral**
4.50 **to 6.00** AM **The District**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Evidence of Evil**
7.00 **Medical Detectives** A victim is unsuspectingly poisoned with arsenic. **7.30** How investigators used a meticulous reconstructive process to bring a killer to justice.
8.00 **Unsolved Mysteries** The case of a body found at the bottom of a pond.
9.00 **Evil Twins** A look at the case of Stephen and Robert Spahalski. **10.00** Examining the story of Gina Han. **11.00** The story of killers Joel and Michael Stovall.
12.00 M'T **Evil Twins**
1.00 AM **Evil Twins**
3.00 **Beyond Scared Straight**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Wheel of Fortune** Eight editions of the spin-the-wheel game show.
10.00 **Catchphrase**
12.00 NOON **Bruce's Price Is Right** Double bill.
1.00 PM **Bruce's Price Is Right** Triple bill of the big-prize game show.
2.30 **Family Fortunes**
5.00 **Small Talk** Triple bill of the game show.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **Celebrity Who Wants to Be a Millionaire?** Double bill of the quiz show, with famous faces playing for charity.
12.00 M'T **Celebrity Who Wants to Be a Millionaire?**
1.00 AM **Celebrity Who Wants to Be a Millionaire?**
3.00 **to 6.00** AM **The Chase**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Takeshi's Castle**
10.00 **Impractical Jokers**
1.10 PM **Impractical Jokers**
2.00 **Are We There Yet?** (S1)
5.00 **The Fresh Prince of Bel Air** Six episodes. (S3)
8.00 **Friends** Six episodes of the sitcom, including at: **10.00** 2/24. Ross is grossed out by Carol's breast milk. **10.30** 3/24. The gang's neighbour Mr Heckles dies. (S2)
11.00 **Friends** (S2)
12.00 M'T **The Ricky Gervais Show** 2&3/13. (S2)
1.00 AM **Roast Battle**
2.00 **Key & Peele**
3.00 **FILM Disaster Movie** Spoof with Matt Lanter and Vanessa Minnillo. (2008, 12, 86min) ★
4.20 **to 6.00** AM **The Fresh Prince of Bel Air**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Diners, Drive-Ins and Dives**
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
1.00 PM **Kids Baking Championship**
2.00 **Man v Food** Ten editions of the series.
7.00 **Beach Bites With Katie Lee** New edition Katie samples dishes along the South Carolina coast.
7.30 **Giada on the Beach** New edition Giada hosts a family Sunday supper at her beach house.
8.00 **Jamie Does Athens** Jamie Oliver visits the Greek capital.
9.00 **Man v Food**
10.00 **Mystery Diners**
12.00 M'T **Restaurant: Impossible**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Tom Kerridge's Proper Pub Food**
8.00 **Ramsay's Ultimate Cookery Course**
12.00 NOON **Ottolenghi's Mediterranean Feast**
1.00 PM **Atul's Spice Kitchen: Malaysia**
2.00 **Tom Kerridge's Proper Pub Food**
3.00 **Heston Blumenthal: In Search of Perfection**
4.00 **John Torode's Korean Food Tour**
6.00 **The Hairy Bikers' Food Tour of Britain**
8.00 **Inside Heston's World**
10.00 **Ottolenghi's Mediterranean Feast**
11.00 **Atul's Spice Kitchen: Malaysia**
12.00 M'T **John Torode's Korean Food Tour**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **John Torode's Korean Food Tour**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
12.00 NOON **Dance Moms**
3.00 PM **Real Housewives of Beverly Hills**
7.00 **Million Dollar Decorators** Jeffrey surprises Ross with a swanky birthday party.
8.00 **Little Women: Atlanta** A revelation from Juicy gets Emily and Bri riled up.
9.00 **FILM High School Lover** Drama starring Paulina Singer. A teenager falls for an older Hollywood heartthrob. However, the object of her affection soon develops an obsession with her. (2017, 15, 86min) ★★
10.45 **The Joy of Sex Toys** The business launch a new adult toy range. **11.45** Sabrina and her team visit Germany.
12.45 AM **Hardcore Pawn**
1.15 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Lip Sync Battle**
9.30 **Suits** (S3)
12.15 PM **House** Five episodes of the drama. (S3)
5.00 **FILM Roxanne** Romantic comedy with Steve Martin and Daryl Hannah. (1987, PG, 102min) ★★★★
7.05 **FILM The Out-of-Towners** Remake of the Neil Simon comedy, starring Steve Martin and Goldie Hawn as a small-town couple who take an ill-fated trip to New York. (1999, 12, 92min) ★★★
9.00 **FILM The Hundred-Foot Journey** Comedy drama starring Helen Mirren, Om Puri, Manish Dayal and Charlotte Le Bon. (2014, PG, 119min) ★★★
11.25 **Arrow** (S2)
12.20 AM **The X-Files** (S7)
5.00 **Gilmore Girls** (S5)
5.45 **to 6.00** AM **Access**

Quest

144 144 172 217 12 114 167

6.00 AM **Survival with Ray Mears** Tracking wolves.
7.00 **Salvage Hunters: Classic Cars**
8.00 **Wheeler Dealers**
1.00 PM **Wheeler Dealers**
2.00 **Ice Cold Gold**
3.00 **Disasters at Sea**
4.00 **Aussie Gold Hunters**
5.00 **Fantomworks**
6.00 **Wheeler Dealers**
7.00 **Al Murray's Great British Pub Quiz**
8.00 **Salvage Hunters**
9.00 **EFL on Quest** Action from the opening round of fixtures in the English Football League.
11.00 **Aussie Gold Hunters**
12.00 M'T **Finding Escobar's Millions** A search of Luz Maria Escobar's home.
1.00 AM **Chasing Classic Cars**
2.00 **Fantomworks**
3.00 **Destroyed in Seconds**
4.00 **Fantomworks**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.30 **Say Yes... Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life**
1.00 PM **Katie Price: My Crazy Life**
2.00 **Say Yes to the Dress: UK** Eight editions.
6.00 **Long Island Medium**
8.00 **My Extreme Excess Skin**
9.00 **Murder on CCTV** New edition The murders of Tom and Jill Estes.
10.00 **Copycat Killers**
11.00 **NEW SERIES Death in the Bayou: The Jennings 8** Bodies dumped around Louisiana.
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Tiny House, Big Living** Double bill.
7.00 **Teleshopping**
8.00 **DIY SOS at Great Ormond Street Hospital**
9.00 **DIY SOS: The Big Build**
10.00 **Homes Under the Hammer** Double bill.
12.00 NOON **DIY SOS: The Big Build**
2.00 PM **Cops UK: Bodycam Squad**
4.00 **Helicopter ER**
7.00 **DIY SOS: The Big Build**
8.00 **Cops UK: Bodycam Squad**
9.00 **Helicopter ER**
10.00 **Nightwatch: Emergency After Dark**
11.00 **Nurses Who Kill**
12.00 M'T **Inside Death Row with Trevor McDonald**
1.00 AM **I Fell for a Psychopath**
2.00 **Teleshopping**
4.00 **Extreme Weight Loss**
5.30 **to 6.00** AM **The Other Side**

Sony Crime

157 193 143

7.00 AM **Body of Evidence**
12.00 NOON **True Crime with Aphrodite Jones**
1.00 PM **True Crime with Aphrodite Jones**
4.00 **Bizarre Murders**
8.00 **Bizarre Murders** While on a beach holiday, a bored young couple kill another couple for fun. **8.30** A lawyer is killed by his partner, who is a con artist fugitive.
9.00 **Fear Thy Neighbour** Two former school friends become feuding neighbours. **10.00** An idyllic Florida community is torn apart by an escalating neighbourhood feud. **11.00** A man accuses his neighbour's son of vandalising his home.
12.00 M'T **Fear Thy Neighbour**
2.00 **to 4.00** AM **Fatal Attraction**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Paddington Stn 24/7**
10.00 **Cruising with Jane McDonald** Four editions.
2.00 PM **Ben Fogle: New Lives in the Wild**
4.00 **Secret Scotland**
5.00 **Chris Tarrant: Extreme Railway Journeys**
6.00 **Egypt's Secret Tomb Revealed**
7.00 **The Scorpion King: Egypt Unwrapped**
8.00 **Secrets of the National Trust**
9.00 **Agatha & The Truth of Murder** Mystery.
11.00 **Carpenters: Their Greatest Hits**
12.00 M'T **Secrets of Great British Castles**
1.00 AM **Portillo's Hidden History of Britain**
2.00 **The Great Fire: London Burns**
3.00 **to 4.00** AM **The Great Fire: Death and Destruction**

5Spike

150 154 31 141

9.00 AM **Weather Gone Viral**
9.55 **Trucking Hell**
11.55 **Can't Pay? We'll Take It Away!**
2.45 PM **FILM The Nevadan** Western, starring Randolph Scott. (1949, U, 81min) ★★★
4.30 **FILM Gunfighters** Western starring Randolph Scott. (1947, PG, 87min) ★★
6.15 **FILM Battle of Britain** World War Two epic with Michael Caine. (1969, PG, 127min) ★★★
9.00 **FILM Cradle 2 the Grave** Action thriller starring Jet Li. (2003, 15, 101min) ★★★
11.05 **FILM From Dusk Till Dawn** Horror. (1995, 18, 108min) ★★★
1.20 AM **Weather Gone Viral**
2.15 **Criminals: Caught on Camera**
2.50 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress** Eight editions.
10.00 **Say Yes... Lancashire**
1.00 PM **Curvy Brides Boutique**
3.00 **Cake Boss**
7.00 **Cake Boss** The team make a giant tooth cake. **7.30** Buddy creates a wedding cake for *Next Great Baker* winner, Marissa Lopez.
8.00 **Outdaughtered: Busby Quints** The Busbys go on a Disney cruise.
10.00 **World's Tiniest Brothers: Body Bizarre** Two brothers from Peru with stunted growth.
11.00 **World's Tallest Couple: Body Bizarre**
12.00 M'T **Outdaughtered: Busby Quints**
2.00 AM **World's Tiniest Brothers: Body Bizarre**
3.00 **Say Yes to the Dress**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 169

Blaze

187 187 216 63 162

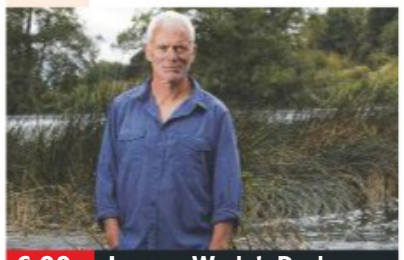
6.00 AM **Hardcore Pawn**
10.00 **Conspiracy: Mysterious Disappearances**
11.00 **Ancient Aliens**
1.00 PM **UFO Files**
3.00 **Forged in Fire**
5.00 **Pawn Stars**
8.00 **Pawn Stars** A signed Red Hot Chili Peppers album is brought in. **8.30** Rick looks for a deal on a rare 1930s movie camera.
9.00 **In Search Of** People who claim to have moved through time.
10.00 **Stan Lee's Superhumans** A man who can survive a 35ft belly-flop.
11.00 **World's Toughest Prisons** South Cotabato Jail in the Philippines.
12.00 M'T **American Restoration**
2.00 AM **Flipping Bangers**
3.00 **Bible Secrets Revealed**
5.00 **to 6.00** AM **American Restoration**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Kindig Customs**
9.00 **Fast N' Loud**
11.00 **Supertruckers**
1.00 PM **Combat Dealers**
3.00 **Shark-Croc Showdown**
4.00 **Shark Island** Methods to counteract shark attacks on Reunion Island.
5.00 **Cuba's Secret Shark Lair** Researchers seek out huge hammerhead and great white sharks in Cuban waters.
6.00 **Jeremy Wade's Dark Waters** A creature wiping out the fish in a Western Australian river.


6.00 Jeremy Wade's Dark...

7.00 **Fast N' Loud** Chad McQueen asks Richard and the team to turn a 1968 Ford Mustang into an iconic muscle car, before recreating one of Hollywood's most famous car chases.
9.00 **Deadliest Catch** The wrath of Arctic storm Elsa hits the *Cornelia*, and a breakaway pot thrashes Josh and Casey's crew.
10.00 **Master of Arms** Three expert craftsmen are tasked with building a socket bayonet and an American long rifle.
11.00 **World War II in Colour**
12.00 M'T **Chasing Classic Cars**
1.00 AM **Supertruckers**
2.00 FILM PREMIERE **Capsized: Blood in the Water** Thriller. (2019, 15, 110min) ★★
3.50 **Guardians of the Glades**
4.40 **American Chopper**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Animal Cops Houston**
12.00 NOON **Pit Bulls & Parolees**
1.00 PM **Pit Bulls & Parolees** Triple bill, including at: **2.00** A phone call leads to a long distance rescue. **3.00** A dog that has been at the sanctuary from a young age is adopted.
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff performs a risky operation to save a puppy's leg. **5.00** Treating an abandoned puppy with a broken leg. **6.00** A pet goat is injured.

7.00 The Bronx Zoo

7.00 **The Bronx Zoo** New York's Bronx Zoo keepers introduce the male and female Komodo dragons hoping they will breed.
8.00 **The Aquarium** Intelligent giant octopus Ophelia needs some attention, and the team head to the Bahamas.
9.00 **Homestead Rescue** The Raneys must build a hillside garden on the only unpolluted land and find a source of clean water.
10.00 **Alaska Monsters** Todd devises a trap for a huge feline who has been reported in the town of Paxson.
11.00 **Pit Bulls & Parolees** Tia prepares for hurricane season. **12.00** M'T Hurricane Isaac tears through New Orleans. **1.00** AM Tia looks back at the season's highlights.
2.00 **Animal Cops Houston**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Seconds from Disaster**
11.00 **Air Crash Investigation**
2.00 PM **Worst Weather Ever?**
3.00 **The Next Mega Tsunami** A look at the risks posed by the natural disasters.
4.00 **Sinkholes: Swallowed Alive** Examining the facts about the natural phenomena.
5.00 **Inside the Mega Twister** Examining one of the largest tornadoes ever recorded.
6.00 **Top Ten Natural Disasters** A countdown of the most game-changing disasters.

9.00 Killer Tornado USA...

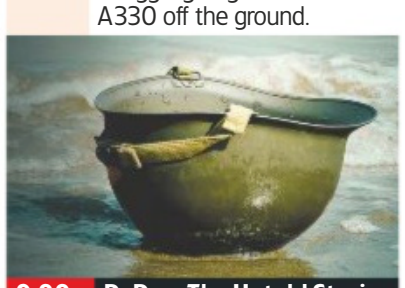
7.00 **Top Ten Natural Disasters** (started at 6.00pm)
8.00 **Oz Doomsday Flood: Caught on Camera** Footage of the severe floods and cyclones that hit Australia in 2011.
9.00 **Killer Tornado USA: Caught on Camera** The destruction caused by the 200mph Joplin tornado in 2011.
10.00 **Air Crash Investigation** How a strong gust of wind caused a crash that claimed the lives of more than 130 people in Texas.
11.00 **Air Crash Investigation** The crash of American Eagle Flight 41-84 near Roselawn, Indiana, in 1994. **12.00** M'T A plane crash is blamed on severe weather.
1.00 AM **Air Crash Investigation**
2.00 **to 5.00** AM **Seconds from Disaster**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Ice Lake Warriors**
7.00 **American Pickers**
8.00 **Deck Wars**
10.00 **Hangar 1: The UFO Files**
11.00 **Great British Royal Ships**
1.00 PM **Pawn Stars** Six editions.
4.00 **Storage Wars** Four editions of the series, including at: **5.30** In Hawaiian Gardens, Brandi and Jarrod detect something mysterious.
6.00 **Mega Mechanics** A landing gear pin has the team struggling to get a colossal A330 off the ground.


9.00 D-Day: The Untold Stories

7.00 **Ireland's Treasures Uncovered** Artefacts that have helped to shape modern Ireland, including the Waterford Charter Roll.
8.00 **Conspiracy: Faking the Moon Landings** Claims of evidence that proves that the USA faked the moon landings.
9.00 **D-Day: The Untold Stories** The key events of the Allied invasion of Nazi-held Europe and the subsequent battles that captured the control of the Normandy coast.
10.50 **Ancient Aliens** Otherworldly influences on the forces of inspiration.
11.45 **Ancient Aliens** Investigating the origins of mummification and any possible influences exerted by aliens.
12.40 AM **Ancient Aliens**
3.30 **Storage Wars**
4.00 **Mega Mechanics** As 6.00pm.
5.00 **to 6.00** AM **Ireland's Treasures Uncovered**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Who Do You Think You Are?** With Julie Walters.
7.10 **After Hitler**
8.00 **A Very British Murder with Lucy Worsley**
9.00 **Forbidden History**
1.00 PM **Planet Earth** Triple bill.
4.00 **Planet Earth** A look at how the sun affects life on Earth through the seasons. **5.00** The wildlife of the world's mightiest rivers, including crocodiles attacking wildebeest in Africa. **6.00** Exploring life in the world's darkest caves.

6.00 Planet Earth

7.00 **TOTP** Performances by punk and new wave acts on the music show in 1977, including The Stranglers and The Jam.
8.00 **Meat Loaf: In and Out of Hell** A profile of the rock star's life and music, featuring an interview and performance.
9.00 **Royals on the Frontline** An unprecedented insight into the Royals and the armed services that fight in their name.
10.00 **Royals on the Frontline** A look at the turbulent military careers of Princes Andrew and Edward.
11.00 **Abandoned Engineering** Projects include a ruined compound on the edge of a peninsula in Colombia.
12.00 M'T **War Factories**
1.00 AM **Battle Factory**
1.30 **to 3.00** AM **Henry VIII's Lost Palaces: A Time Team Special**

+1 hour 255 200

Saturday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Building the Biggest**
8.00 **Treasure Quest**
10.00 **Nazi Cavemen**
11.00 **Nazi Death Ray**
12.00 NOON **Codes and Conspiracies**
1.00 PM **Hitler's Gold**
2.00 **Nazis on Drugs**
3.00 **Building the Biggest**
5.00 **Treasure Quest**
7.00 **Blowing Up History** Uncovering the secrets of the lost city of Tikal.
8.00 **Lost Worlds with Monty Halls and Leo Houlding** The duo try to scale a 300-metre cliff in the Borneo rainforest.
9.00 **Dangerous Flights**
10.00 **UFOs Over Phoenix**
11.00 **Battlefield**
1.00 AM **Nazi Cavemen**
2.00 **Nazi Death Ray**
3.00 **Codes and Conspiracies**
4.00 **Hitler's Gold**
5.00 **to 6.00** AM **Nazis on Drugs**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Remarkable Rwanda**
10.00 **Frontier Borneo**
11.00 **The Ganges with Sue Perkins**
2.00 PM **The Great Human Odyssey**
3.00 **Remarkable Rwanda**
4.00 **Frontier Borneo**
5.00 **Remarkable Rwanda**
6.00 **Great Human Odyssey**
7.00 **The Ganges with Sue Perkins** Triple bill following the presenter's epic journey along the sacred river.
10.00 **Frontier Borneo**
11.00 **The Ganges with Sue Perkins** Triple bill.
2.00 AM **The Great Human Odyssey**
3.00 **Remarkable Rwanda**
3.50 **Frontier Borneo**
4.40 **The Ganges with Sue Perkins**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Scotland's Killer Seals**
9.00 **Europe's Wild Islands**
10.00 **The Birth of Europe**
1.00 PM **Birth of Britain with Tony Robinson**
4.00 **Scotland's Killer Seals**
5.00 **Wild Iberia: Mystery of the Lynx**
6.00 **Wild Nordic** Exploring the landscape of Scandinavia. **7.00** Exploring the Scandinavian Mountains. **8.00** A look at the wildlife of the Arctic.
9.00 **Scotland's Killer Seals** Threats facing Grey seals in the North Atlantic.
10.00 **Wild Europe: Kingdom of the Forest**
11.00 **Europe's Great Wilderness**
2.00 AM **Birth of Britain with Tony Robinson**
3.00 **Scotland's Killer Seals**
4.00 **to 5.00** AM **Wild Iberia: Mystery of the Lynx**

History 2

163 273 330 390

8.00 AM **Ancient Aliens**
10.00 **WW2 Treasure Hunters** Double bill.
12.00 NOON **The Curse of Oak Island**
1.00 PM **Project Impossible**
2.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
7.00 **Football: A Brief History by Alfie Allen** Football's journey from World War One onward.
8.00 **Doomsday: 10 Ways the World Will End**
9.00 **X-Company** 5/8. Aurora and the team wrestle with whether to trust a Vichy Mayor. **10.00** 6/8. A sabotage mission leaves Harry injured. (S1)
11.00 **Ancient Impossible**
12.00 M'T **Curse of Oak Island**
1.00 AM **Project Impossible**
2.00 **WW2 Treasure Hunters** Double bill.
4.00 **to 5.00** AM **Alien Files: Unsealed**

PBS America

174 276 91 155

8.00 AM **Pompeii: The Last Day**
9.10 **Pompeii: The Secrets of the Petrified Bodies**
10.20 **Teotihuacan's Lost Kings** As 6.30pm.
11.35 **The Wild Canadian Year** Double bill.
1.50 PM **The Wild Canadian Year** Double bill.
4.05 **Pompeii: The Last Day**
5.15 **Pompeii: The Secrets of the Petrified Bodies**
6.30 **Teotihuacan's Lost Kings** Exploring chambers beneath the ancient city.
7.40 **The Wild Canadian Year** Life for plants and animals throughout the four seasons, beginning with Spring. **8.50** A look at the country in Summer. **10.00** A look at the country in Autumn. **11.05** A look at the country in Winter.
12.15 **to 2.00** AM **Stonewall Uprising**

CI

156 156 835 209 328 380

6.00 AM **On the Case**
8.00 **Killer In Plain Sight**
9.00 **Motives & Murders**
10.00 **Motive to Murder**
11.00 **Murdertown**
12.00 NOON **The First 48**
1.00 PM **Crimes That Shook Britain**
3.00 **Nightmare in Suburbia**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **Beyond the Headlines**
7.00 **Hunting Jonbenet's Killer: Untold Story**
9.00 **Sex, Lies and Murder** New edition A woman takes a stand against her cheating husband.
10.00 **I Lived with a Killer**
11.00 **24 to Life**
12.00 M'T **Escaping Evil: My Life in a Cult**
1.00 AM **Live PD**
2.00 **Sex, Lies and Murder**
3.00 **Crimes That Shook...**
5.00 **to 6.00** AM **The First 48**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Premiere

301 301 842 431 401 501

6.00 AM **School Spirits** (2017) ★★
7.45 **Hobbs & Shaw: Special**
8.15 **Smallfoot** As 3.45pm.
10.00 **PREMIERE Ralph Breaks the Internet** As 6.00pm.
12.00 NOON **The Darkest Minds**
2.00 PM **Johnny English Strikes Again** (2018, PG, 89min) ★★★
3.45 **Smallfoot** (2018) ★★★
5.30 **Hobbs & Shaw: Special**
6.00 **PREMIERE Ralph Breaks the Internet** (2018, PG, 112min) ★★★★ *See review, page19*

6.00 Ralph Breaks the Internet

8 PM

8.00 **The Darkest Minds** Dystopian thriller starring Amandla Stenberg. When a pandemic wipes out most of America's children, those who survive are gifted with superpowers. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.50 **Johnny English Strikes Again** Spy comedy with Rowan Atkinson. A cyber attack sees the hapless secret agent sent on an adventure in France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.30 **The Possession of Hannah Grace** Thriller with Shay Mitchell and Kirby Johnson. (2018, 15, 86min) ★★★
1.10 AM **Brothers' Nest** Comedy. (2018, 15, 102min) ★★★★
3.10 **Submission** Drama. (2017) ★★
5.10 **The Top Ten Show**
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

11 PM

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.50 AM **The Incredibles** As 6pm.
8.50 **Bolt** Animated comedy. (2008, PG, 103min) ★★★★
10.30 **WALL•E** As 10.00pm.
12.10 PM **PREMIERE Ralph Breaks the Internet** As 8.00pm.
2.10 **Planes: Fire & Rescue** Animated adventure sequel. (2014, U, 84min) ★★★
3.40 **Mary Poppins** Classic fantasy. (1964, U, 133min) ★★★★★
6.00 **The Incredibles** Animation. (2004, U, 120min) ★★★★★

3.40 Mary Poppins

8.00 **PREMIERE Ralph Breaks the Internet** Animation with the voice of John C Reilly. The destructive video game character and his friend Vanellope embark on a new adventure. (2018, PG, 112min) ★★★★ *See review, page19*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **WALL•E** Animation with the voice of Ben Burtt. On a deserted Earth, a robot finds love. (2008, U, 98min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **John Carter** Sci-fi fantasy adventure starring Taylor Kitsch and Lynn Collins. (2012, 12, 126min) ★★★
1.55 AM **Duck Tales the Movie: Treasure of the Lost Lamp** Disney animated adventure. (1990, U, 73min) ★★★
3.15 **John Carter** As 11.40pm.
5.30 **to 7.15** AM **Blank Cheque** Comedy starring Brian Bonsall and Karen Duffy. (1994, PG, 93min) ★★

Sky Animation

305 305 846 436 406 505

6.35 AM **Smallfoot** As 6.15pm.
8.20 **Teen Titans Go! To the Movies** As 3.00pm.
9.50 **Sgt. Stubby: An Unlikely Hero** Animation. (2018) ★★★
11.25 **Despicable Me** As 4.35pm.
1.10 PM **The Lego Movie** Animation. (2014, U, 100min) ★★★★
3.00 **Teen Titans Go! To the Movies** Animation. (2018, PG) ★★★
4.35 **Despicable Me** Animation. (2010, U, 94min) ★★★★
6.15 **Smallfoot** (2018) ★★★

6.15 Smallfoot

8.00 **ParaNorman** Stop-motion animation fantasy with the voice of Kodi Smit-McPhee. A boy who talks to ghosts learns of a witch's curse about to destroy his town. (2012, PG, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Big Fish & Begonia** Animation with the voice of Guanlin Ji. A girl travels to the human world disguised as a dolphin, and bonds with a boy. (2016, PG, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Racetime** Animation. (2018, U, 89min) ★★★
1.10 AM **Tall Tales from the Magical Garden of Antoon Krings** Animation featuring the voice of Kev Adams. (2017, U, 88min) ★★★
2.50 **The Oddsockeaters** Animated adventure featuring the voice of Krystof Hadek. (2016, PG, 83min) ★★★
4.30 **to 6.25** AM **Big Fish & Begonia** As shown at 9.40pm.

Sky Action

306 306 847 437 407 502

6.00 AM **Jumanji: Welcome to...**
8.00 **Jason Statham on...** As 11pm.
8.05 **The Transporter** As 11.05pm.
9.45 **Jason Statham on The Transporter 2**
9.50 **Transporter 2** As 12.40am.
11.30 **Hobbs & Shaw: Special**
12.00 NOON **The Meg** As 9.00pm.
2.00 PM **Speed** (1994) ★★★★★
4.00 **Mission: Impossible – Fallout**
6.30 **Hobbs & Shaw: Special**
7.00 **Jumanji: Welcome to the Jungle** Fantasy. (2017) ★★★

9.00 The Meg

Jumanji: Welcome to the Jungle (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Meg** Action thriller starring Jason Statham and Li Bingbing. Rescue diver Jonas Taylor is hired to save the crew of a deep-sea submersible from the 75ft-long prehistoric shark known as the Megalodon. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Jason Statham on The Transporter**
11.05 **The Transporter** Action thriller. (2002, 15, 88min) ★★★
12.40 AM **Transporter 2** Thriller. (2005, 15, 88min) ★★★
2.15 **Proud Mary** Gangster thriller. (2018, 15, 89min) ★★
3.50 **Smokey and the Bandit** Comedy with Burt Reynolds. (1977, PG, 96mi) ★★★
5.30 **to 6.00** AM **Fast & Furious – Hobbs & Shaw: Special**

Sky Comedy

307 307 848 438 408 506

7.00 AM **10 Things I Hate About You** Romantic teen comedy. (1999, 12, 97min) ★★★
8.45 **The Dictator** Comedy. (2012, 15, 83min) ★★
10.15 **Book Club** As 6.10pm.
12.05 PM **Crazy Rich Asians** As 8pm.
2.10 **Friends with Benefits** Comedy, as 10.05pm.
4.10 **We're the Millers** Comedy. (2013, 15, 114min) ★★★
6.10 **Book Club** Comedy drama. (2018, 12, 104min) ★★★

10.05 Friends with Benefits

8.00 **Crazy Rich Asians** Comedy with Constance Wu and Henry Golding. A New York professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Friends with Benefits** Romantic comedy starring Justin Timberlake and Mila Kunis. Two commitment-shy New Yorkers decide to have a sexual relationship with no strings attached. (2011, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **We're the Millers**
2.00 AM **Night Owls** Comedy. (2015, 15, 90min) ★★★★
3.45 **Road Trip** Teen comedy. (2000, 15, 94min) ★★★
5.30 **to 7.15** AM **All About Steve** Comedy with Sandra Bullock. (2009, 12, 94min) ★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **The Smurfs** As 4.30am.
7.45 **2012** Disaster thriller with John Cusack. (2009, 12, 151min) ★★
10.25 **A Star Is Born** As 5.30pm.
12.45 PM **Justice League** As 8.00pm.
2.50 **Gladiator** As 10.00pm.
5.30 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. A fading music star falls in love with a nightclub singer. (2018, 15, 136min) ★★★★★

8.00 **Justice League** Adventure with Ben Affleck. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and the Flash in the fight against super villain Steppenwolf. (2017, 12, 120min) ★★
10.00 **Gladiator** Ridley Scott's ancient Roman epic starring Russell Crowe and Joaquin Phoenix. A betrayed Roman general becomes a gladiator, intent on avenging his murdered family. (2000, 15, 154min) ★★★★

12.40 AM **Black Panther** Comic-book adventure starring Chadwick Boseman and Michael B Jordan. (2018, 12, 134min) ★★★★
2.55 **Hancock** Comedy fantasy. (2008, 12, 92min) ★★★
4.30 **to 6.15** AM **The Smurfs** Family adventure. (2011, U, 102min) ★★

Sky Greats

303 303 844 434 404 508

6.00 AM **The Top Ten Show**
6.20 **Sleepless in Seattle** As 6pm.
8.20 **Saving Private Ryan** As 8pm.
11.20 **Catch Me If You Can** (2002)
1.45 PM **That Thing You Do!** Comedy. (1996, PG, 107min) ★★★
3.45 **Captain Phillips** Thriller. (2013, 12, 131min) ★★★★★
6.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks. (1993, PG, 105min) ★★★★★

8.00 **Saving Private Ryan** Steven Spielberg's harrowing World War Two drama starring Tom Hanks. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. (1998, 15, 169min) ★★★★★
10.50 **Catch Me If You Can** Steven Spielberg's crime adventure starring Leonardo DiCaprio and Tom Hanks. A runaway teenager enjoys a remarkable crime spree. (2002, 12, 141min) ★★★★★

1.15 AM **The Da Vinci Code** Conspiracy thriller based on the bestseller by Dan Brown, starring Tom Hanks and Audrey Tautou. (2006, 12, 149min) ★★★
3.50 **The Top Ten Show**
4.10 **to 6.00** AM **That Thing You Do!** As shown at 1.45pm.

TCM

315 415 416 512 526

6.00 AM **Close Up**
7.25 **The Long and the Short and the Tall** Drama. (1960) ★★★★
9.35 **The Belles of St Trinian's** Comedy. (1954, b/w, U) ★★★★
11.35 **Against All Flags** (1952) ★★★
1.25 PM **Fort Osage** (1952) ★★★
3.00 **King of the Wild Stallions** Western. (1959, U, 76min)
4.40 **The Great Northfield Minnesota Raid** Western. (1971, 15) ★★

6.40 **The Harder They Fall** Sports drama starring Humphrey Bogart as an unemployed journalist turned publicist who decides to expose the corruption in the boxing world. With Rod Steiger. (1956, b/w, 12, 104min) ★★★★
9.00 **On Deadly Ground** Thriller starring Steven Seagal as an oil-rig firefighter saving Alaskan natives from the plans of an evil tycoon and his armed forces. With Michael Caine and Joan Chen. (1994, 15, 102min) ★

11.10 **Out for Justice** Thriller. (1991) ★
1.05 AM **Longmire**
2.30 **The Hallelujah Trail** (1965)
5.00 **Close Up**
5.25 **to 8.50** AM **Around the World in 80 Days** (1956) ★★★

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Jazz Mad** (1941) ★★
7.15 **Hawkeye & the Last of the Mohicans** 7/39. (S1)
7.45 **The Music Box** (1932) ★★★★★
8.25 **Salute the Toff** (1952) ★★
10.00 **Panic in the Streets** (1950)
12.00 NOON **Flockton Flyer**
12.30 PM **64-Day Hero: A Boxer's Tale**
2.30 **Carlton-Browne of the FO** Comedy. (1958, b/w, U) ★★★
4.20 **The Extra Day** (1956) ★★

6.05 **High Tide** Thriller starring Ian McShane. (1980, PG) ★★
8.00 **This Is My Street** Drama starring Ian Hendry and June Ritchie. A bored housewife has an affair with her mother's lodger, but is driven to suicidal despair when he rejects her. (1963, b/w, PG, 94min) ★★
10.00 **Mackenna's Gold** Western adventure about the search for a canyon of gold. Stars Gregory Peck and Telly Savalas. (1968, 15, 136min) ★★★

12.35 AM **The Boston Strangler** Documentary-style crime drama starring Tony Curtis. (1968, 18, 110min) ★★★★★
2.55 **Pandora and the Flying Dutchman** Romantic drama. (1951, PG, 120min) ★★
5.30 **to 6.00** AM **Living With a Dog**

Horror

317 149 70 138

8.00 AM **Escape from Mars** Sci-fi drama. (1999, PG, 86min) ★★
9.50 **Horror Highlights**
10.00 **Earth: Final Conflict** Five episodes of the series.
3.00 PM **Planet of the Sharks** Horror starring Alex Anlos. (2016, 15, 90min) ★★
4.50 **End of the World** Sci-fi comedy starring Greg Grunberg and Neil Grayston. (2013, 12, 85min) ★★★

6.40 **Bermuda Tentacles** Monster thriller starring Linda Hamilton. US Navy vessels search for an escape pod containing the president, only to disturb a sea monster. (2014, 12, 86min) ★★
8.30 **Tales from the Darkside**
9.00 **Pandorum** Sci-fi horror thriller starring Dennis Quaid and Ben Foster. Two astronauts awaken from artificial hibernation to discover their mission to populate a new planet is under threat. (2009, 15, 108min) ★★★

11.05 **The Drownsman** Fantasy horror. (2014, 15, 88min) ★★
12.50 AM **The Funhouse** Horror thriller. (1981, 18, 96min) ★★★
2.45 **Seventh Moon** (2008) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.15 AM **Hotel Artemis** As 5pm.
7.55 **The Godfather Part III** Gangster epic with Al Pacino. (1990, 15, 162min) ★★★
10.50 **Superfly** As 10.50pm.
12.50 PM **Paycheck** As 2.55am.
2.50 **The Town** Crime thriller. (2010, 15, 124min) ★★★★
5.00 **Hotel Artemis** Drama. (2018, 15, 94min) ★★★
6.40 **Shutter Island** Thriller starring Leonardo DiCaprio. (2010, 15, 137min) ★★★

6.40 Shutter Island

Shutter Island (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Snatch** Comedy drama starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time British crooks plan to steal a diamond. (2000, 18, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Superfly** Crime thriller starring Trevor Jackson and Jason Mitchell. An Atlanta cocaine dealer decides to retire – but not before one last deal. (2018, 15, 116min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Con Air** Action thriller. (1997, 18, 115min) ★★
2.55 **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★
4.55 **to 6.40** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.00 AM **Josie** Drama. (2016) ★★
7.35 **Ray** Biopic with Jamie Foxx. (2004, 15, 152min) ★★★★
10.10 **My Girl** Bitter-sweet comedy. (1991, PG, 105min) ★★
12.00 NOON **Walk the Line** Biopic. (2005, 12, 124min) ★★★★
2.20 PM **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
4.10 **Hope Floats** Romantic drama. (1998, PG, 113min) ★★★
6.10 **28 Days** Comedy drama. (2000, 15, 103min) ★★★

6.10 28 Days

8.00 **Goodbye Christopher Robin** Biopic starring Domhnall Gleeson and Margot Robbie. A behind-the-scenes look at the life of author AA Milne and the creation of the *Winnie the Pooh* stories inspired by his son. (2017, PG, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Stella's Last Weekend** Comedy drama starring Nat Wolff and Alex Wolff. The relationship between two brothers is challenged. (2018, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Permission** Romantic comedy starring Rebecca Hall. (2016, 15, 96min) ★★★
1.30 AM **World Trade Center** Oliver Stone's fact-based drama starring Nicolas Cage. (2006, 12, 129min) ★★★
3.45 **to 6.00** AM **It's a Wonderful Life** Frank Capra's drama starring James Stewart. (1946, b/w, U, 125min) ★★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Solo: A Star Wars Story – Special** A preview of the film.
6.30 **Transformers: Revenge of the Fallen** As 4.00pm.
9.15 **Jurassic World: Fallen Kingdom** As 6.45pm.
11.30 **Edge of Tomorrow** As 9pm.
1.30 PM **Solo: A Star Wars Story**
4.00 **Transformers: Revenge of the Fallen** Sci-fi adventure. (2009, 12, 149min) ★★★
6.45 **Jurassic World: Fallen Kingdom** Thriller. (2018) ★★★

6.45 Jurassic World: Fallen...

Jurassic World: Fallen Kingdom (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. An inexperienced military officer fighting against an alien invasion is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Solo: A Star Wars Story** Sci-fi adventure starring Alden Ehrenreich. A headstrong pilot gets mixed up with a bunch of mercenaries. (2018, 12, 135min) ★★★★
1.30 AM **The Jurassic Games** Sci-fi thriller with Ryan Merriman. (2016, 15, 86min) ★
3.10 **The Exorcist** Horror chiller. (1973, 18, 121min) ★★★★
5.15 **to 6.00** AM **Sky Cinema Preview – August 2019**

Sky Select

311 311 852 | 442 412 | 510

6.10 AM **The Elephant and the Butterfly** French drama. Subtitled. (2017, PG) ★★★
7.40 **Doctor Zhivago** Drama. (1965, PG, 192min) ★★★★★
10.55 **Zodiac** Crime drama. (2006, 15, 157min) ★★★★
1.35 PM **The Hurricane** Drama. (1999, 15, 142min) ★★★
4.05 **Tombstone** Western. (1993, 15, 129min) ★★★★
6.20 **The Darjeeling Limited** Comedy. (2007, 15) ★★★★

6.20 The Darjeeling Limited

8.00 **Gran Torino** Drama directed by and starring Clint Eastwood. A bigoted widower is forced to confront his prejudices after he is reluctantly drawn into the lives of his immigrant neighbours. With Bee Vang. (2008, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

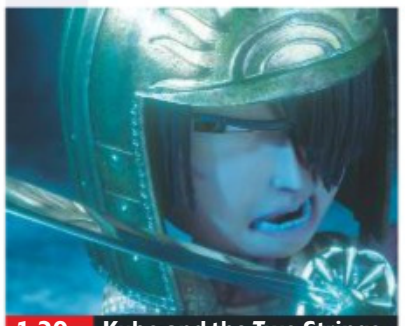
10.00 **Mandy** Fantasy horror starring Nicolas Cage. The lives of a couple in a secluded forest are shattered by a cult and their demonic-biker henchmen. (2018, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **RocknRolla** Comedy thriller. (2008, 15, 114min) ★★
2.05 **Halloween** Classic shocker starring Jamie Lee Curtis. (1978, 18, 92min) ★★★★★
3.40 **Kissing Candice** Drama. (2017, 15, 108min) ★★★
5.30 **to 7.10** AM **Permanent** Comedy. (2017, 15, 93min) ★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **Cocoon** Fantasy drama. (1985, PG, 117min) ★★★
1.20 PM **Kubo and the Two Strings** Animated adventure. (2016, PG, 101min) ★★★★
3.25 **Flushed Away** Animation. (2006, U, 85min) ★★★★
5.05 **Before We Go** Romantic comedy starring Chris Evans. (2014, 12, 91min) ★★★★
6.55 **DragonHeart** Adventure. (1996, PG, 103min) ★★★


1.20 Kubo and the Two Strings

DragonHeart (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Shallows** Thriller starring Blake Lively. A surfer strays into the hunting territory of a great white shark and faces a life or death struggle to get back to shore. (2016, 15, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **PREMIERE** **Berlin Syndrome** Horror starring Teresa Palmer. (2017, 15, 116min) ★★★
See review, page 20
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 **to 3.25** AM **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance thriller starring Kristen Stewart, Robert Pattinson and Taylor Lautner. (2012, 12, 110min) ★★★

+1 hour 314 430 45 301

Saturday

8 PM | 9 PM | 10 PM | 11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Four episodes.
11.00 **Everything to Gain** Murder mystery. (1997, 15, 87min) ★★
1.00 PM **A Kind of Loving** Drama. (1962, b/w, 15, 112min) ★★★★
3.00 **A Question of Guilt** Legal drama. (1978, 12, 104min) ★
5.00 **A Thousand Heroes** Disaster drama starring Charlton Heston. (1992, PG, 95min) ★★

7.00 **Black and Blue** Domestic drama starring Mary Stuart Masterson. A woman flees from her abusive policeman husband, taking her son with her. However, it is only a matter of time before he tracks them down. (1999, 15, 86min) ★★
9.00 **The Wronged Man** Fact-based drama starring Julia Ormond and Mahershala Ali. A lawyer becomes convinced that a man convicted of rape is innocent. (2010, PG, 120min) ★★★

11.00 **Boston Strangler: The Untold Story** Thriller starring David Faustino. (2008, 15, 93min) ★★
1.00 AM **The Waltons** (S9)
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Dangerous Company** Thriller. (2015, PG, 87min) ★
10.40 **Garage Sale Mystery** Crime drama starring Lori Loughlin.
12.25 PM **Starman** Sci-fi fantasy. (1984, PG, 115min) ★★★★
2.35 **While You Were Sleeping** Romantic comedy. (1995, PG, 103min) ★★★★
4.40 **The Jane Austen Book Club** Drama. (2007, 12, 105min) ★★★

6.50 **Coyote Ugly** Music drama starring Piper Perabo, Adam Garcia and Maria Bello. An aspiring singer-songwriter gets a job in a rowdy New York bar while pursuing her dreams of stardom. With John Goodman. (2000, 12, 100min) ★★
9.00 **A Walk Among the Tombstones** Crime thriller with Liam Neeson. An ex cop helps a drug trafficker find the men who murdered his wife, and discovers a link to other killings. (2014, 15, 111min) ★★★

11.20 **I Am Wrath** Thriller. (2016) ★★
1.10 AM **Sony Movie News Extra**
1.20 **Sahara** War drama. (1995) ★★
3.35 **Sony Movie News Extra**
3.45 **Little Black Book** (2004) ★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Frozen in Love** (2018) ★★
9.00 **Off the Menu** (2018) ★★
11.00 **Can't Buy My Love** Romantic comedy. (2017, PG, 90min) ★★
1.00 PM **Love, Take Two** Romantic drama. (2019, PG, 120min) ★★
3.00 **Picture Perfect Mysteries: Newlywed and Dead** Mystery. (2019, PG, 90min) ★★
5.00 **Wedding at Graceland** Drama sequel. (2019, PG, 120min) ★★

7.00 **Paris, Wine and Romance** Romantic drama starring Jen Lilley. Isabella, an Oregon winemaker, enters a respected wine competition in France, where sparks fly with her rival, Jacques. (2019, PG, 84min) ★★
9.00 **Concrete Evidence: A Fixer Upper Mystery** Mystery drama with Jewel Kilcher and Colin Ferguson. A renovation specialist turns private detective to solve a 15-year-old missing persons case.

11.00 **Love on Ice** Romantic drama. (2017, PG, 84min) ★★
1.00 AM **Bridal Fever** Romance. (2008, PG, 88min) ★★
3.00 **to 5.00** AM **Love on the Menu** Drama. (2019, PG, 120min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Locket** (1946) ★★
7.45 **Submarine Attack** (1954) ★★
9.40 **Atlantic Convoy** Wartime drama. (1942, U, 66min) ★★
11.10 **A Walk in the Sun** War drama. (1945, b/w, U, 117min) ★★★
1.35 PM **1914-1918** Documentary.
3.30 **Battle Stations** War drama. (1956, b/w, U, 81min) ★★
5.10 **The Battle of Sinai** Military drama. (1969, PG, 97min) ★★

7.15 **Eight Iron Men** Adventure starring Bonar Colleano and Lee Marvin. A US platoon operating in World War Two Italy attempt to rescue a lone soldier trapped behind enemy lines. (1952, PG, 80min) ★★★
9.00 **The Foreigner** Action thriller starring Steven Seagal as a freelance agent who tangles with deadly assailants when he is hired to transport a mysterious package from France to Germany. (2003, 15, 92min) ★

11.05 **Mercenary** Action drama starring Olivier Gruner and John Ritter. (1997, 18, 113min) ★
1.10 AM **The Smoke** Crime thriller. (2014, 15, 88min) ★★
3.00 **to 4.00** AM **Stealth**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.05 PM **Step Up 2 the Streets** *ITV2* Dance drama. (HD) ★★
6.05 **Babe** *5STAR* (HD) ★★★★★
6.15 **Battle of Britain** *5Spike* World War Two epic. (HD) ★★★
6.50 **The Incredible Hulk** *ITV4* Sci-fi action fantasy. (HD) ★★★
6.50 **Lara Croft: Tomb Raider** *Syfy* Fantasy adventure. ★★★★
7.00 **Freeheld** *AMC* ★★★
7.05 **The Out-of-Towners** *Paramount Network* (HD) ★★★
7.10 **Shark Tale** *E4* (HD) ★★★★
8.00 **Jurassic World** *ITV* (HD) ★★★★
8.00 **Transformers: Age of Extinction** *Ch4* (HD) ★★★
8.00 **Hot Pursuit** *ITV2* (HD) ★★
8.00 **What Happens in Vegas** *5STAR* (HD) ★★
9.00 **Die Hard with a Vengeance** *Sky One* (HD) ★★★
9.00 **The Chronicles of Riddick** *ITV4* (HD) ★★★
9.00 **Cold in July** *AMC* ★★★★
9.00 **Dumb and Dumber To** *E4* Comedy sequel. (HD) ★★
9.00 **Cradle 2 the Grave** *5Spike* ★★★
9.00 **Austin Powers: International Man of Mystery** *Comedy Central* (HD) ★★★★

SATURDAY Sport

SKY HD SD VIRGIN HD BT HD

3 August

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **LIVE NRL Manly-Warringah Sea Eagles v Newcastle Knights.** From Lottoland. Kick-off 6.00am.
7.45 **Betfred Super League**
8.00 **Good Morning Sports Fans**
9.00 **Transfer Centre**
9.30 **Good Morning Sports Fans**
10.00 **LIVE The Ashes England v Australia.** The third day of the first Test in the five-match series, taking place at Edgbaston.
12.30 PM **LIVE EFL Salford City v Stevenage.** Coverage of the League 2 match from Peninsula Stadium. Kick-off 12.30pm.
2.30 **LIVE The Ashes England v Australia.** Further coverage of the third day's play of the first Test from Edgbaston.
5.30 **LIVE EFL Nottingham Forest v West Bromwich Albion.** The Championship match from the City Ground. Kick-off 5.30pm.
10.00 **LIVE MLS Atlanta United FC v LA Galaxy.** The inter-conference clash from Mercedez-Benz Stadium. Kick-off 10.00pm.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Best Goals 04/05**
7.30 **Premier League Legends**
8.00 **Premier League 100**
9.00 **Premier League 100 Club**
10.00 **The Tyler Archives**
11.00 **LIVE FIFA eWorld Cup Series** Coverage of day two of the finals of the FIFA eWorld Cup from the O2 in London, as the gamers continue their bids to win the $100,000 first prize.
7.30 PM **Premier League Years**
9.30 **The Tyler Archives** A look back at past games between Arsenal and Manchester United.
10.00 **Premier League 100: Alan Shearer**
10.30 **Premier League 100: Peter Schmeichel**
11.00 **Premier League 100: Michael Owen**
11.30 **Premier League 100: David James**
12.00 M'T **Premier League Best Goals** Memorable strikes.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **EFL: Championship Season Review** The 2017/2018 season.
8.00 **EFL Rivalries** East Anglian Derby.
8.30 **EFL** Luton Town v Middlesbrough.
12.00 NOON **LIVE EFL Salford City v Stevenage.** Coverage of the League Two match from Peninsula Stadium. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **EFL Greatest Games**
5.15 **LIVE EFL Nottingham Forest v West Bromwich Albion.** The Championship match from the City Ground. Kick-off 5.30pm.
8.00 **EFL: Championship Season Review** The 2017/2018 season.
9.00 **EFL Greatest Games**
10.00 **LIVE MLS Atlanta United FC v LA Galaxy.** The inter-conference clash from Mercedez-Benz Stadium. Kick-off 10.00pm.
12.05 AM **EFL Highlights**
1.00 **EFL Greatest Games**
2.00 **Football's Greatest Players**
3.00 **EFL Greatest Games**
4.00 **Football Countdowns**
4.30 **Football Years**
5.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports The Ashes

404 404 858 | 514 504

6.00 AM **Ashes Memories**
7.00 **The Ashes**
8.00 **The Ashes Debate**
8.30 **The Ashes** England v Australia: Action from the second day of the first Test in the five-match series, taking place at Edgbaston.
9.30 **The Ashes Debate** Discussion on the second day of the first Test between England and Australia.
10.00 **LIVE The Ashes England v Australia.** The third day of the first Test in the five-match series, taking place at Edgbaston.
6.55 PM **LIVE Vitality T20 Blast Cricket Lancashire Lightning v Nottinghamshire Outlaws.** Coverage of the North Division match from Emirates Old Trafford.
10.15 **The Ashes** England v Australia: Action from the third day's play of the first Test at Edgbaston.
11.15 **The Ashes Debate** Discussion on the third day of the first Test between England and Australia.
11.45 **The Ashes** As 10.15pm.
12.45 AM **The Ashes Debate**
1.15 **Ashes Greats**
1.25 **International T20 Cricket**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Ladies European Tour Golf** As shown at 11.00am.
7.00 **PGA Tour Golf** Action from the second day's play of the Wyndham Championship.
10.00 **Hall or Nothing: Georgia's Story**
11.00 **Ladies European Tour Golf** Action from the second day of the Women's British Open.
12.00 NOON **LIVE Ladies European Tour Golf** Coverage of day three of the Women's British Open, the final Major tournament of the year, held at Woburn Golf Club in Little Brickhill, near Milton Keynes.
7.00 PM **LIVE PGA Tour Golf** Coverage of the third day's play of the Wyndham Championship from Sedgefield Country Club in Greensboro, North Carolina.
11.00 **Ladies European Tour Golf** Action from the third day of the Women's British Open.
12.00 M'T **Feherty Talks to Ray Allen, Jon Lester & Mark Calcavecchia** Pundit David Feherty chats to the stars.
1.00 AM **PGA Tour Golf** Day three of the Wyndham Championship.
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

8.00 AM **SPFL Season Review**
9.30 **Vanarama National League**
11.00 **Premier League: Season Preview** A look ahead.
12.00 NOON **LIVE Vanarama National League Stockport County v Maidenhead United.**
2.45 PM **Sport in Focus**
3.00 **LIVE World Rally Championship** Rally Finland.
4.00 **WTA Tennis**
6.00 **Premier League: Season Review**
7.00 **No Filter Boxing**
7.30 **Vanarama National League Highlights** The opening weekend.
8.00 **LIVE BT Sport Fight Night Michael Conlan v Diego Alberto Ruiz.** The WBO Inter-Continental Featherweight title bout at Falls Park in Belfast.
12.00 M'T **Vanarama National League Highlights** As 7.30pm.
12.30 AM **Premier League: Season Preview** A look ahead.
1.30 **World Rally Championship**
2.00 **FIM Sidecar World Championship Highlights**
2.30 **WTA All Access**
3.00 **LIVE WTA Tennis** The Mubadala Silicon Valley Classic semi-finals.
5.00 **to 6.00** AM **Highlights**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Speedway: British Final**
8.00 **LIVE MotoGP** The third free practice session ahead of the Grand Prix of the Czech Republic.
11.00 **LIVE MotoGP** Coverage of the qualifying session ahead of the Grand Prix of the Czech Republic.
3.15 PM **LIVE British Talent Cup** Race nine of the fifth round of the season in Brno, Czech Republic.
4.15 **Sport in Focus: Valentino Rossi**
4.30 **No Filter Boxing**
5.00 **2019 European Games**
6.00 **LIVE UFC** The prelims ahead of UFC Fight Night in New Jersey.
8.00 **LIVE UFC Colby Covington v Robbie Lawler.** Coverage of the welterweight title bout from the Prudential Centre in New Jersey, plus the undercard.
11.30 **MLB's Best**
12.00 M'T **LIVE MLB New York Yankees v Boston Red Sox.** Coverage of the American League match from Yankee Stadium. Start-time 12.05am.
3.00 AM **Hit It Hard**
4.00 **Fishing: On The Bank**
5.00 **Inside Sailing**
5.30 **to 6.00** AM **World Sailing**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Formula E: Street Racers**
6.30 **Mobil 1: The Grid**
7.00 **No Filter Boxing**
7.30 **V8 Supercars Highlights**
8.30 **Virgin Australia Supercars Championship Highlights**
9.30 **European Games**
10.30 **BT Sport Reload**
10.45 **BT Sport Goals Reload**
11.15 **Ligue 1: Season Review**
12.15 PM **LIVE Trophee des Champions Paris Saint-Germain v Rennes.** From Shenzhen. Kick-off 12.30pm.
2.45 **Formula E: Street Racers**
3.15 **Gearing Up**
3.45 **AFL** GWS Giants v Sydney Swans.
5.45 **LIVE FIM Speedway Grand Prix** Coverage of the fifth round of the season in Wroclaw, Poland.
9.15 **World Rally Championship**
9.45 **BT Sport Reload**
10.00 **LIVE WTA Tennis** The Mubadala Silicon Valley Classic semi-finals.
12.00 M'T **AFL**
2.00 AM **German Super Cup**
3.30 **World Rally Championship**
4.00 **to 7.00** AM **LIVE AFL Collingwood Magpies v Gold Coasts Suns.** From Melbourne Cricket Ground. Bounce-up 4.10am.

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **Show Jumping**
10.00 **WWE Smackdown**
12.00 NOON **WWE Main Event**
1.00 PM **Show Jumping**
2.00 **Tenerife Blue Trail**
2.30 **Boxing Gold**
3.30 **Show Jumping**
4.30 **Rugby Greatest Games**
4.50 **Tenerife Blue Trail** Action from the trail running event.
5.20 **Sporting Records**
5.50 **LIVE GAA Meath v Kerry.** The Senior Championship quarter-final match from Pairc Tailteann. Throw-in 6.00pm.
8.00 **Show Jumping** The Longines BHS King George V Gold Cup.
9.00 **Sporting Records** An in-depth look at some of the greatest milestones ever recorded in sport.
10.00 **Darts Gold**
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
12.00 NOON **LIVE Ladies European Tour Golf** Coverage of day three of the Women's British Open from Woburn Golf Club in Little Brickhill, near Milton Keynes.
5.00 PM **LIVE Betfred Super League Catalan Dragons v Warrington Wolves.** Coverage of the match from the fourth round of fixtures, held at Stade Gilbert Brutus. Kick-off 5.00pm.
7.00 **Sporting Records**
7.30 **The Ashes Debate**
8.00 **The Ashes** England v Australia: Action from the third day of the first Test at Edgbaston.
9.00 **NBA Classic Games: Warriors/Knicks 2013**
10.00 **LIVE MLS Atlanta United FC v LA Galaxy** The inter-conference clash from Mercedez-Benz Stadium. Kick-off 10.00pm.
12.05 AM **Ladies European Tour Golf**
1.00 **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **MLB: Red Sox @ Yankees**
10.00 **LIVE AFL Melbourne Demons v Richmond Tigers.** Bounce-up 10.25am.
1.00 PM **Pardon the Interruption**
1.30 **NHRA Drag Racing Highlights**
2.30 **ESPN FC** Football news.
3.00 **X Games** From Minneapolis.
6.00 **LIVE X Games** Coverage of the X Games Minneapolis 2019.
7.15 **LIVE German Super Cup Borussia Dortmund v Bayern Munich.** Kick-off 7.30pm.
9.45 **LIVE X Games** Coverage of the X Games Minneapolis 2019.
11.00 **NHRA Drag Racing Highlights**
12.00 M'T **LIVE X Games** Coverage of the X Games Minneapolis 2019.
3.00 AM **World of X Games**
5.00 **Mobil 1: The Grid**
5.30 **to 6.00** AM **Pardon the Interruption**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Snooker: World Championship**
9.30 **Clasica San Sebastian 2018**
10.30 **Snooker: Scottish Open**
12.30 PM **RideLondon**
1.30 **Clasica San Sebastian 2018**
2.30 **LIVE Clasica San Sebastian** Coverage of the 227.7km one-day race, which starts and finishes in San Sebastian, Spain.
4.30 **The Voxwomen Cycling Show**
5.00 **LIVE RideLondon** The RideLondon Classique: Coverage of the women's race, as the riders complete 3.4km circuits in central London.
7.00 **Cycling: Tour of Poland**
8.00 **Clasica San Sebastian** The one-day race from San Sebastian.
9.30 **RideLondon** The RideLondon Classique women's race.
10.30 **Clasica San Sebastian**
11.30 **Show Jumping**
1.05 AM **Eurosport News**
1.25 **to 6.00** AM **WATTS**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.30 AM **EWC All Access**
7.00 **Clasica San Sebastian 2018**
8.00 **Cycling: UK Women's Road Series** The South Coast Classic.
8.30 **Athletics: Diamond League**
9.30 **British Superbikes Extra**
10.30 **British Superbikes**
11.30 **Motorsport: Chateau Impney**
12.30 PM **Caterham Championships**
1.30 **Motocross British Championship**
2.30 **British Superbikes**
3.30 **LIVE British Superbikes** The qualifying session from Thruxton.
6.00 **Motorcycling: Southern 100**
8.00 **British Superbikes**
9.30 **Motorsport: Chateau Impney**
10.30 **Rallycross: Titans-RX Series**
11.00 **Athletics: Diamond League**
12.30 AM **British Superbikes**
2.00 **Snooker: English Open**
4.00 **WATTS**
4.25 **Porsche Supercup**
4.55 **British Superbikes**
5.55 **to 6.55** AM **Cycling: Tour of Poland**

Sky Sports Arena

408 408 862 | 518 508

5.55 AM **LIVE NRL Manly-Warringah Sea Eagles v Newcastle Knights.**
7.45 **Betfred Super League**
8.00 **Great Sporting Moments**
8.45 **Betfred Super League**
9.00 **Sporting Records**
10.00 **Salomon Golden Trail Series**
10.30 **LIVE NRL Cronulla Sutherland Sharks v South Sydney Rabbitohs.** Kick-off 10.35am.
12.20 PM **Betfred Super League**
12.35 **Salomon Golden Trail Series**
1.05 **Rugby Greatest Games**
1.15 **Great Sporting Moments**
1.45 **Rugby Greatest Games**
1.55 **LIVE Currie Cup Rugby Union Pumas v Sharks.**
4.00 **Sporting Greats**
5.00 **LIVE GAA** From Ireland.
8.00 **Super League Gold**
9.00 **Sporting Greats**
10.00 **Super League Gold**
11.00 **Sporting Records**
12.00 M'T **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **Highlights**
7.55 **LIVE Formula 3** Qualifying for the Hungarian Grand Prix.
8.30 **Red Bull's First Win**
8.40 **Alfa Romeo 1950**
8.45 **Brundle with Kubica & Russell**
9.00 **LIVE Formula 2** Race one of the Hungarian Grand Prix.
10.15 **Hungarian F1 GP: Story So Far**
10.45 **LIVE Formula 1** The Hungarian Grand Prix third practice session.
12.10 PM **LIVE Hungarian F1 GP: Paddock Walkabout**
12.30 **Brundle with Kubica & Russell**
12.45 **F1 Rookies Go Karting**
1.00 **LIVE Formula 1** The Hungarian Grand Prix qualifying session Start-time 2.00pm.
3.30 **The F1 Show**
4.00 **LIVE Formula 3** Race one of the Hungarian Grand Prix.
4.55 **Ted's 2019 F1 Tech**
5.05 **Lost In Baku**
5.15 **Formula 1**
7.00 PM **to 6.00** AM **Highlights**

Sunday

4 August

Evening Planner

Football

Community Shield
BT Sport 1 HD, kick-off 3pm
At Wembley, Premier League champions and FA Cup holders Man City play League runners-up Liverpool

Drama

Poldark
BBC1 HD, 9pm
Dwight decides he must help George in his fragile state, while Cecily is shocked to discover she is to be married off

Comedy

The Mind of Herbert Clunkerdunk
BBC2 HD, 10pm (times vary)
Spencer Jones is Herbert, whose day-to-day life is interrupted by his imagination

OnDemand

Can You Beat the Bookies?
Available 10am
Lloyd Griffith tries to find out the secrets of gambling – and the realities of the industry

SKY	EVENING TIME 7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 Poldark		10.00 News	10.30 MOTD...
102 BBC2	7.00 Inside the Factory		8.00 Animals at Play		9.00 The Misadventures of Romesh...		10.00 Mind...	10.20 Louis Theroux's...
103 ITV	◂ 6.30 Tipping Point...	7.30 The Comedy Years		8.30 Vera				10.25 News
104 CHANNEL 4	7.00 Formula 1 Hungarian Grand Prix Highlights				9.00 The Handmaid's Tale		10.00 First Dates	
105 CHANNEL 5	7.00 Cricket on 5: The Ashes		8.00 Inside Selfridges: Then & Now		9.00 All You Can Eat: Secrets of the...		10.00 Greatest Ever Celeb Embarrassments	
106 SKY ONE	7.00 The Simpsons		8.00 Magnum P.I.		9.00 S.W.A.T.		10.00 Hawaii Five-0	
Entertainment								
116 BBC4	7.00 What Do...	7.30 Brighton: 50...	8.00 BBC Proms: Rachmaninov and Shostakovich				10.00 BBC Proms: Angélique Kidjo	
118 ITV2	◂ 6.35 Film: Godzilla				9.00 Love Island: The Reunion			10.35 Family Guy
136 MORE4	◂ 6.55 Four in a Bed		8.00 Nazi Megastructures		9.00 24 Hours in A&E		10.00 Shocking Emergency Calls	
135 E4		7.10 Film: Kung Fu Panda 2			9.00 Marvel's Agents of S.H.I.E.L.D.		10.00 Film: Kick-Ass 2	
107 SKY WITNESS	7.00 Nothing to Declare				9.00 The Rookie		10.00 World's Most Evil Killers	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Real Time with Bill Maher			10.10 The Affair
110 GOLD	7.00 Only Fools and Horses			8.20 The Good Life	9.00 Men Behaving Badly			
111 DAVE	7.00 Cop Car Workshop		8.00 Expedition with Steve Backshall		9.00 Have I Got a Bit More News for You		10.00 Jon Richardson: Ultimate Worrier	
119 ITV3	◂ 6.10 Agatha Christie's Poirot			8.30 Paul O'Grady...	9.00 Tonight at the London Palladium		10.00 Vanity Fair	
120 ITV4	◂ 6.30 Film: Pearl Harbor						10.05 Film: Flightplan	
112 COMEDY CENTRAL		7.10 Film: Ace Ventura: When Nature Calls			9.00 Film: The Green Hornet			
114 SYFY	7.00 Film: Arctic Apocalypse				9.00 Film: The Legend of Drunken Master			
109 W	7.00 Miranda				9.00 One Born: What Happened Next?		10.00 Killer Women with Piers Morgan	
113 UNIVERSAL	7.00 NCIS		8.00 Rescue: Code One		9.00 Law & Order: Special Victims Unit			
124 FOX	7.00 NCIS				9.00 False Flag		10.00 Family Guy	
122 SKY ARTS		7.15 Beatles Stories			9.00 Super Duper Alice Cooper			
Documentary								
125 DISCOVERY	7.00 Legend of Deep Blue		8.00 Isle of Jaws: Blood Brothers		9.00 Film: Capsized: Blood in the Water			
162 ANIMAL PLANET	7.00 Jaws Strikes Back		8.00 Homestead Rescue		9.00 Alaskan Bush People			
129 NAT GEO	◂ 6.00 Worst Weather Ever?		8.00 Doomsday Earth				10.00 Air Crash Investigation	
130 HISTORY	7.00 Moon Landing: The Lost Tapes		8.00 The Secret History of the White House		9.00 The Trump Dynasty			
155 YESTERDAY	7.00 dinnerladies diaries		8.00 'Allo 'Allo!				10.00 Impossible Railways	
166 EDEN	7.00 Galapagos		8.00 Horizon		9.00 Wonders of the Universe		10.00 Frontier Borneo	
Films								
301 SKY PREMIERE	◂ 6.00 Ralph Breaks the Internet		8.00 The Darkest Minds				10.00 Iron Sky: The Coming Race	
302 SKY MEGAHITS	◂ 5.25 Star Wars: The Last Jedi		8.00 Venom				10.00 Deadpool 2	
303 SKY GREATS	◂ 5.35 Big	7.35 Cast Away					10.00 Forrest Gump	
304 SKY DISNEY	◂ 6.00 Incredibles 2		8.00 Up			9.45 Million Dollar Arm		
305 SKY ANIMATION	◂ 6.25 The Lion King		8.00 The Lego Ninjago Movie			9.50 Adventures in Zambezia		
306 SKY ACTION	7.00 The Fast and the Furious				9.00 2 Fast 2 Furious			
307 SKY COMEDY	◂ 6.00 Just Go With It		8.00 Night School				10.00 Game Night	
308 SKY THRILLER	◂ 6.00 The Taking of Pelham 1 2 3		8.00 The Untouchables				10.00 Se7en	
309 SKY DRAMA	◂ 4.10 Gone With the Wind		8.00 All the Money in the World					10.15 Tully
310 SKY SCI-FI	◂ 5.40 The Amazing Spider-Man		8.00 The Amazing Spider-Man 2					10.30 Spider-Man
311 SKY SELECT	◂ 6.25 Gravity		8.00 First Man					10.30 Leave No Trace
313 FILM4		7.20 Chronicle			9.00 xXx: Return of Xander Cage			
315 TCM	◂ 5.00 They Came...	7.30 The Iron Sheriff			9.00 Code Name: Emerald			
Sport								
401 MAIN EVENT	7.00 KP: The Story...	7.30 PGA Tour Golf – Live: The fourth and final day of the Wyndham Championship at Sedgefield Country Club in Greensboro, North Carolina						
402 PREMIER LEAGUE	7.00 Premier League Years				9.00 The Tyler Archives		10.00 PL 100: Ian...	10.30 PL 100: Dion...
403 FOOTBALL	7.00 EFL Greatest...	7.30 Football Years	8.00 EFL Highlights		9.00 MLS – Live: Minnesota United FC v Portland Timbers: From Allianz Field (Kick-off 9.00)			
404 THE ASHES	7.00 KP: The Story...	7.30 Ashes In The...	8.00 The Ashes		9.00 The Ashes...	9.30 KP: The Story...	10.00 The Ashes	
413 BT SPORT 1	7.00 World Rallycross – Live: Round seven of the FIA World Rallycross Championship				9.00 MotoGP		10.00 MotoGP Chequered Flag	
414 BT SPORT 2	7.00 MLB – Live: Chicago Cubs v Milwaukee Brewers: From Wrigley Field. (Start-time 7.20pm)						10.00 MLB's Best	10.30 UFC Profiles...

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/43AU
OR CALL 0330 3331 113 and quote code 43AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.30 **Sunday Morning Live** (S)
11.30 **Homes Under the Hammer** (S)(R)
12.30 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.10 **Weather for the Week Ahead** (S)
1.15 **Songs of Praise** New edition Exploring the power of faith. (S)
1.50 **Hold the Sunset** (S)(R)(AD)
2.15 **Escape to the Country** A home in the Scottish Borders. (S)(R)
2.45 **Shop Well for Less?** 2/5. Alex Jones and Steph McGovern help a family from North Yorkshire. (S)(R)
3.45 LIVE **Cycling: RideLondon – Surrey Classic** Clare Balding presents coverage of the men's race, as the riders undertake a 169km course through London and Surrey, ending on The Mall. (S)

7.00 Countryfile

6 PM
6.30 **BBC News** (S)
6.50 **Local News** (S)

7 PM
7.00 **Countryfile** New edition In Norfolk, John Craven meets the team behind a corncrake breeding programme, while Margherita Taylor meets a sheepdog trainer who also breeds red squirrels. (S)

8 PM
8.00 **Antiques Roadshow** Fiona Bruce presents the show from Osborne House on the Isle of Wight, where items being valued include a globetrotting trunk and a Japanese jar found in a water tank. (S)(R)

9 PM
9.00 **Poldark** New episode 4/8. Ralph sets a plot in motion to undo the Despards and the Poldarks, while Morwenna starts to slip away from the village in secret. *See feature, page 8* (S5) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **MOTD: Community Shield Highlights** Liverpool v Manchester City from Wembley Stadium. (S)
11.15 **Britain's Youngest Football Boss** New edition 8/10. Jack awaits the FA Cup quarter-final draw. (S)(AD)
11.40 **A Question of Sport** With Greg Rutherford, James Toseland, Karen Pickering and Amy Tinkler. (S)(R)
12.10 AM **Taking on the Irish Sea – Our Lives** Following a crew competing in sea-rowing race the Celtic Challenge. (S)(R)(AD)
12.40 **Weather for the Week Ahead** (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.20 AM **Glorious Gardens from Above**
7.05 **Gardeners' World** (S)(R)
7.35 **Countryfile** (S)(R)
8.30 **Beechgrove** (S)
9.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
10.30 **Lorraine Pascale: How to Be a Better Cook** (S)(R)(AD)
11.00 **Top of the Shop with Tom Kerridge** (S)(R)(AD)
12.00 NOON **Cycling: RideLondon** A look ahead to today's cycling action. (S)
1.00 PM **My Life on a Plate** (S)(R)(AD)
1.45 FILM **Oklahoma!** Rodgers and Hammerstein musical starring Gordon MacRae and Shirley Jones. (S) (1955, U, 135min) ★★★★★
4.00 **Amazing Hotels: Life Beyond the Lobby** In Ecuador. (S)(R)(AD)
5.00 **World's Busiest Cities: Delhi** A look at the Indian city. (S)(R)(AD)

8.00 Animals at Play

6 PM
6.00 **Mediterranean with Simon Reeve** 4/4. The final leg of the journey takes in Morocco, where Simon visits a land border between Africa and the EU, before moving on to Spain and Corsica. (S)(R)

7 PM
7.00 **Inside the Factory** 1/10. Gregg Wallace visits a Bakewell tart factory in Stoke on Trent, while Cherry Healey learns the tricks of avoiding a soggy pastry bottom when baking at home. (S)(R)(AD)

8 PM
8.00 **Animals at Play** Series finale 2/2. The secrets behind animals' group games, from dolphins that play catch to a hyena tug of war, revealing the benefits they gain from their playful behaviour. (S)

9 PM
9.00 **The Misadventures of Romesh Ranganathan** New edition 2/5. Romesh travels to Mongolia, where he investigates romance among Nomadic societies and takes part in a shamanic ritual. (S)(AD)

10 PM
10.00 NEW SERIES **The Mind of Herbert Clunkerdunk** 1&2/4. Comedy with Spencer Jones. *See feature, page 11* (S1)
■ All episodes are available on BBC iPlayer
10.20 **Louis Theroux's Altered States: Love without Limits** 1/3. Exploring US culture. (S)(R)
11.20 **Golf: Women's British Open Highlights** Eilidh Barbour presents action from the fourth and final day at Woburn Golf Club in Buckinghamshire. (S)
12.20 AM **Sign Zone: How the Middle Class Ruined Britain** (S)(R)(AD)
1.20 **Sign Zone: Holby City** (S)(R)(AD)
2.20 **to 6.30** AM **Previews**

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **The Sara Cox Show** New edition With Ranvir Singh, David Nicholls and Louise, who also performs. (S)
9.25 **John and Lisa's Weekend Kitchen** New edition Soda bread and a stuffed naan loaf. (S)
11.25 **Midsomer Murders** *Secrets and Spies:* Barnaby's secret past as a spy is revealed. (S)(R)(AD)
1.20 PM **ITV News** (S)
1.30 FILM **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant. (S) (AD) (2002, 12, 120min) ★★★★
3.30 **Zone of Champions** (S)(R)(AD)
4.00 **Celebrity Catchphrase** (S)(R)
5.00 **The Chase Celebrity Special** With Paul Young, Jade Jones, Aljaz Skorjanec and Arthur Smith. (S)(R)

1.30 About a Boy

6 PM
6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **Tipping Point: Lucky Stars** New edition 5/12. *Strictly* judge Bruno Tonioli, TV doctor Zoe Williams and former *Coronation Street* actress Catherine Tyldesley take part in a celebrity edition of the game show hosted by Ben Shephard. (S)

7 PM
7.30 **The Comedy Years** Comedy milestones of 1984, when cult hits *The Young Ones* and *Alas Smith and Jones* battled it out in the schedules with mainstream fare such as *Russ Abbot's Madhouse*. (S)(R)

8 PM
8.30 **Vera** *Black Ice:* The detective investigates when a seemingly beloved resident of a coastal community is fatally driven off the road, and digs up the victim's past in the hope of unmasking the killer. (S)(R)(AD)

9 PM

10 PM
10.25 **ITV News** (S)
10.40 **The Best Little Prison in Britain?** 1/6. Exploring the only prison on the Isle of Man. (S)(R)(AD)
11.10 **Yorkshire Airport** 3/6. Singer Sinitta has a surprise for a couple of passengers. (S)(R)(AD)
11.40 **Counting Tigers: A Survival Special** A wildlife survey. (S)(R)(AD)
12.30 AM **Rescue: River Deep, Mountain High** (S)(R)(AD)
12.55 **Teleshopping**
3.00 **Motorsport UK** At Oulton Park. (S)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.00 AM **The King of Queens** (S)(R)
7.15 **Everybody Loves Raymond** 4&5/26. (S3) (S)(R)(AD)
8.05 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition Guests include Bob Mortimer, Diversity, Emily Head and Susie Blake. Plus, Mahalia performs *Simmer* live in the studio. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.20 **The Secret Life of the Zoo** Pregnant rhino Asha goes into labour overnight. (S)(R)(AD)
3.25 **A Place in the Sun** Advice to British householders aiming to buy a home abroad. (S)(R)
4.30 **Coast vs Country** (S)(R)
5.30 **The Yorkshire Dales and the Lakes** John and William Dawson must gather in 2,000 sheep in the Dales. (S)(R)(AD)

9.00 The Handmaid's Tale

6 PM
6.30 **News** (S)

7 PM
7.00 **Formula 1 Hungarian Grand Prix Highlights** Steve Jones is joined by David Coulthard to present action from the 12th round of the season from the Hungaroring in Mogyorod, where Lewis Hamilton was victorious last year. The Mercedes driver beat the Ferrari duo of Sebastian Vettel and Kimi Raikkonen into second and third to further increase his lead in the standings. (S)

8 PM

9 PM
9.00 **The Handmaid's Tale** New episode *Heroic:* 9/13. June is confined in the hospital and her sanity begins to fray, but an encounter with Serena Joy forces her to reassess her recent actions. (S3) (S)(AD)

10 PM
10.00 **First Dates** A helicopter pilot embarks on his first-ever date dressed in women's clothing, while a make-up artist and mother of five sits down for a meal with a fellow single parent. (S)(R)(AD)
11.00 FILM **The Dressmaker** Drama. (S) (AD) (2015, 12, 135min) ★★★★
1.15 AM **Jamie and Jimmy's Friday Night Feast** (S)(R)(AD)
2.10 **Ramsay's Kitchen Nightmares USA** A restaurant in New Jersey. (R)
3.00 **Grand Designs New Zealand** (R)
3.50 **Come Dine with Me** (S)(R)
4.45 **Kirstie's Vintage Gems** (S)(R)
4.55 **The £100k Drop** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.50 **Rise of the Teenage Mutant Ninja Turtles** Double bill. (S)(R)
10.15 **Britain's Greatest Bridges** How the Clifton Suspension Bridge was built. (S)(R)
10.30 **Make You Laugh Out Loud** Humorous videos. (S)(R)
10.55 **Friends** Ten episodes of the US sitcom, including at: **3.00** PM 13/18. Joey persuades Phoebe to teach him French for an audition. (S)(R) **3.30** 14/18. Monica and Chandler start looking for a new house. (S10) (S)(R)
4.00 FILM **Dirty Dancing** Romance starring Patrick Swayze. A 17-year-old learns life and love lessons at a Catskills resort. (S) (1987, 12, 125min) ★★★★

9.00 All You Can Eat: Secrets of...

6.05 **When Rich Kids Go Skint** Eight more privileged youngsters spend a week on the breadline, including Maria, the daughter of multimillionaires, who meets a Croydon couple. (S)(R)(AD)
7.00 **Cricket on 5: The Ashes** Action from day four of the first Test in the five-match Ashes series between England and Australia, taking place at Edgbaston. (S)
7.55 **News** (S)
8.00 NEW **Inside Selfridges: Then & Now** Behind the scenes of the company's flagship store on Oxford Street, the second largest shop in the UK. (S)
9.00 NEW **All You Can Eat: Secrets of the World's Mega Buffet** How a restaurant in the UK can feed people as much as they want and keep their business booming. (S)
10.00 NEW SERIES **Greatest Ever Celeb Embarrassments** 1/2. A collection of quick-fire laughs showcasing stars who have ended up with egg on their faces. Narrated by Chris Ramsey. (S)
12.05 AM **Executed on the Streets: Gang Wars** (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Gotham: Wrath of the Villains** 13/22. (S2) (S)(R)
4.00 **OMG! Boy Beauty Addicts** Documentary. (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Hour of Power** (R)
7.00 **Modern Family** (S6) (S)(R)
8.30 **Premier League Years** The 2016/2017 season. (S)(R)
10.30 **The F1 Show** A look ahead to the Hungarian Grand Prix.
11.00 **WWE Raw Hits**
12.00 NOON **NCIS: Los Angeles** Triple bill. (S7) (S)(R)
3.00 PM **The Simpsons** Five episodes, including at: **4.00** *Homer Simpson This Is Your Wife:* Homer gets a new wife. With Ricky Gervais. (S)(R) **4.30** *Million Dollar Abie:* Grampa becomes a matador. (S)(R) **5.00** *Kiss Kiss Bang Bangalore:* Mr Burns sends Homer to train new workers in India. (S)(R)
5.30 **Formula 1** Highlights of the Hungarian Grand Prix.

9.00 S.W.A.T.

6.30 **The Simpsons** *The Wettest Stories Ever Told:* The family recalls stories about disasters at sea. (S)(R)
7.00 **The Simpsons** *Girls Just Want to Have Sums:* With the guest voice of Frances McDormand. (S)(R) **7.30** *Regarding Margie:* Marge loses all memory of Homer. (S)(R)
8.00 **Magnum P.I.** *The Woman Who Never Died:* 3/20. Thomas tries to find out a comatose woman's true identity after it turns out she has had extensive facial surgery. (S2) (S)(R)(AD)
9.00 **S.W.A.T.** New episode *Inheritance:* 7/23. The team hunt for a band of criminals re-enacting the 1970s crimes of the infamous Symbionese Liberation Army. (S2) (S)
10.00 **Hawaii Five-0** *Aia I Hi'lkua; I Hi'lalo (Is Borne on the Back; Is Borne in the Arms)* 6/25. McGarrett crosses the line while looking into the death of a former Seal buddy. (S9) (S)(R)
11.00 **NCIS: Los Angeles** *One Of Us:* 7/24. A series of crimes are carried out by someone with special forces training. (S10) (R)
12.00 M'T **The Blacklist** *Minister D:* 9/22. Liz sets her sights on a Blacklister leveraging dark secrets. (S6) (S)(R)
1.00 AM **The Force: North East** Triple bill of the series. (S)(R)
4.00 **to 6.00** AM **Road Wars** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15pm Sportscene (S)(R) **12.30am** Britain's Youngest Football Boss New edition (S)(AD) **12.55** A Question of Sport (S)(R) **1.25** Taking on the Irish Sea – Our Lives (S)(R)(AD) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
12.30-1.00pm Tudur's TV Flashback (S)(R) **2.15** Shop Well for Less? (S)(R) **3.15-3.45** Taking on the Irish Sea – Our Lives (S)(R)(AD) **12.10-12.40am** Mrs Brown's Boys (S)(R)

BBC1 East
Sky **101/961**
12.30-1.00pm NEW White Van Gogh Man – Our Lives (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm NEW Sam Henry – Ceiliúradh Ceoil (S) **10.55-11.20pm** The Band (S)(R)

WALES
Sky **971**, Freesat **971**
6.00-7.00pm The Super Squirrels (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw New edition **8.55** Pen-Blwydd Pwy? New edition **9.00** Cefn Gwlad (AD) **10.00** O Gymru Fach (AD) **11.00** Eisteddfod Genedlaethol Cymru 2019 New edition **6.00pm** Newyddion a Chwaraeon **6.10** Pobol y Cwm Omnibws (AD) **8.00** Y Gymanfa Ganu New edition **9.30** Eisteddfod Genedlaethol Cymru 2019 New edition **10.35** Dylan ar Daith **11.35pm-12.40am** Eisteddfod Genedlaethol Cymru 2019

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **What Do Artists Do All Day?** 3/6. Profile of artist Peter Blake.
7.30 NEW **Brighton: 50 Years of Gay** Revealing the story of the fight for equality since the decriminalisation of homosexuality.
8.00 NEW **BBC Proms: Rachmaninov and Shostakovich** John Storgårds conducts the BBC Philharmonic in music by Rachmaninov and Shostakovich.
10.00 NEW **BBC Proms: Angélique Kidjo** The Grammy-winner makes her Proms debut in a tribute to salsa star Celia Cruz.
11.25 **Arena: Stanley and His Daughters**
12.40 AM **Can You Feel It – How Dance Music Conquered the World**
1.40 **What Do Artists Do All Day?** As shown at 7.00pm.
2.10 **Brighton: 50 Years of Gay** As shown at 7.30pm.
2.40 **to 3.40** AM **Size Matters**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **George Clarke's Amazing Spaces**
10.00 **Location, Location, Location** Double bill.
12.05 PM **Four in a Bed**
2.40 **Come Dine with Me**
5.20 **Four in a Bed** At The Bell House Hotel in Wiltshire. **5.55** The second visit is to The Partridge in Oxfordshire. **6.25** At Strawberry Gardens B&B in Heysham.
6.55 **Four in a Bed** The final visit is to the Bateman's Mill near Chesterfield. **7.25** The B&B owners meet for the last time to find out what they have been paid.
8.00 **Nazi Megastructures** Series finale 6/6. A look at the German occupation of Norway and its fortification with gun emplacements, torpedo batteries and U-boat bases.
9.00 **24 Hours in A&E** A 25-year-old motorcyclist is run over by a van.
10.00 **Shocking Emergency Calls** New edition A 911 call reveals that a helicopter crash has taken place.
11.05 **999: What's Your Emergency?**
12.05 AM **8 Out of 10 Cats Does Countdown**
1.05 **Ramsay's Kitchen Nightmares USA**
2.05 **The Undateables**
3.10 **to 3.40** AM **Food Unwrapped**

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **World Records**
6.15 **You've Been Framed!**
6.40 **Emmerdale**
9.55 **Coronation Street**
12.50 PM **Catchphrase**
1.30 **You've Been Framed! Gold: Top 100 Kids**
2.25 **You've Been Framed!**
2.55 FILM **Happy Feet Two** Animated musical sequel. (2011, U, 100min) ★★★
4.45 FILM **Hotel Transylvania** Animated comedy. (2012, U, 88min) ★★★
6.35 FILM **Godzilla** Monster thriller remake with Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 123min) ★★★
9.00 **Love Island: The Reunion** New edition Caroline Flack is joined by Iain Stirling to look back at this year's most memorable moments.
10.35 **Family Guy** *Mum's the Word:* 12/21. Peter forms a relationship with an elderly friend of his late mother. (S12)
11.05 **Family Guy**
11.30 **American Dad!**
12.25 AM **The Cleveland Show**
12.55 **Don't Hate the Playaz**
1.55 **to 2.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
8.20 **The Crystal Maze**
9.25 **The Goldbergs**
1.00 PM **Brooklyn Nine-Nine**
1.35 **Young Sheldon**
2.30 **The Big Bang Theory** Ten episodes of the US sitcom, including at: **5.45** 24/24. Ramona Nowitzki resurfaces. (S10) **6.10** 19/24. Raj attempts to relive the good old days. **6.40** 20/24. Raj publishes a paper suggesting he has discovered alien life. (S12)
7.10 FILM **Kung Fu Panda 2** Animated adventure sequel featuring the voice of Jack Black. The roly-poly panda delves into his mysterious past in order to defeat a formidable new enemy. (2011, PG, 90min) ★★★★
9.00 **Marvel's Agents of S.H.I.E.L.D.** New episode *From the Ashes:* 11/13. The team must face up to the ghosts of their past in order to move forward. (S6)
10.00 FILM **Kick-Ass 2** Comic-book action thriller sequel with Aaron Johnson and Chloë Grace Moretz. (2013, 15, 103min) ★★
12.00 M'T **The Big Bang Theory** 1&2/24. Double bill. (S11)
1.00 AM **Gogglebox**
2.05 **8 Out of 10 Cats**
2.55 **Marvel's Agents of S.H.I.E.L.D.** As 9.00pm.
3.40 **to 6.00** AM **Hollyoaks**

+1 hour 235 146 28 123

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Caught on Dashcam**
9.00 **Sun, Sea and A&E**
12.00 NOON **Paramedics**
2.00 PM **Road Wars** A high-speed chase through the grounds of Milton Keynes hospital.
3.00 Video footage of highway dangers.
4.00 **Nothing to Declare** Six editions of the series accessing the world of national security at Australia's biggest airports as customs and immigration officers tackle criminals.

9.00 The Rookie

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

9 PM
9.00 **The Rookie** *Free Fall:* 20/20. Nolan and Bishop stumble on a terror plot, and the Rookies prepare for their final exams. (S1)

10 PM
10.00 **World's Most Evil Killers** The case of 53-year-old German Horst Kroener, who was jailed in 2016 for murdering his wife.
11.00 **Blue Bloods** 19/22. (S9)
12.00 M'T **Criminal Minds** (S6)
2.00 AM **Caught on Dashcam**
3.00 **Brit Cops: Frontline Crime UK** Documentary.
4.00 **Brit Cops: Law & Disorder**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The British**
7.00 **The Guest Wing**
8.00 **Without a Trace** (S2)
1.00 PM **Micro Monsters with David Attenborough**
1.30 **Flying Monsters with David Attenborough**
3.00 **Making David Attenborough's Flying Monsters**
4.00 **Blue Bloods** 2/22. Danny and Erin clash over a case.
5.00 3/22. Danny and Baez get caught up in office politics.
6.00 4/22. Danny is charged with using excessive force. (S5)

9.00 Real Time with Bill Maher

7 PM
7.00 **Blue Bloods** *Loose Lips:* 5/22. Insensitive comments made by Henry are illegally recorded and leaked to the press.

8 PM
8.00 **Blue Bloods** *Most Wanted:* 6/22. Frank and Danny work together to convict an international criminal. (S5)

9 PM
9.00 **Real Time with Bill Maher** The comedian invites three guests from different parts of the political spectrum to discuss the week's events.

10 PM
10.10 **The Affair** 9/12. Alison embarks on a difficult journey alone, and Cole is pushed to the edge. (S2)
11.20 **The Affair** 10/12. Alison comes to a disturbing realisation. (S2)
12.30 AM 11&12/12. (S2)
2.55 AM **Divorce** 4/6. (S3)
3.30 **Alan Partridge's Mid Morning Matters**
4.00 **to 6.00** AM **Storm City**

+1 hour 208

GOLD

110 110 810 124 310 392

7.25 AM **A Sharp Intake of Breath**
7.50 **The Interviews**
9.50 **Miranda**
11.00 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** The Trotters finally strike gold.
1.40 Christmas special from 1989. The Trotter brothers go on a lads' day out to Margate.
3.30 Christmas special from 1990. Rodney leaves home after a fight with Cassandra.
5.00 The Trotters journey to Holland to dabble in the diamond import business.

9.00 Men Behaving Badly

7 PM
7.00 **Only Fools and Horses** The council reject Del Boy's application for a home improvement grant, but his spirits are raised by news of a fancy-dress party.
8.20 **The Good Life** Tom decides he has had enough of commuting.

9 PM
9.00 **Men Behaving Badly** Tony returns from his holiday sporting a beard.
9.35 Gary disapproves of the new pub landlord's policies about lock-ins and bar tabs.
10.15 A road-rage incident leaves Gary looking a coward.

10 PM
10.55 **Men Behaving Badly** Tony gives himself a DIY tattoo.
11.35 Deborah's new student friends make Gary feel old.
12.10 AM **Game On**
1.30 **Men Behaving Badly**
2.35 **Harry Hill's TV Burp**
3.00 **to 4.00** AM **The Interviews**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **George and Mildred**
6.25 **The Royal**
7.20 **Heartbeat**
9.35 **Agatha Christie's Marple**
11.35 **Love Your Garden**
1.40 PM **Inspector Morse**
4.00 **Agatha Christie's Poirot** *Dead Man's Mirror.*
5.10 **Doc Martin** 4/8. Louisa and Martin have their first therapy session together. (S7)
6.10 **Agatha Christie's Poirot** *One, Two, Buckle My Shoe:* The sleuth's dentist is found dead.

6.10 Agatha Christie's Poirot

7 PM
Agatha Christie's Poirot (started at 6.10pm)

8.30 **Paul O'Grady: For the Love of Dogs** A badly behaved puppy with a habit of biting.

9 PM
9.00 **Tonight at the London Palladium** With Simply Red, Caravan Palace, Pixie Lott, Attraction and Dane Baptiste.

10 PM
10.00 **Vanity Fair** 7/7. Dobbin learns that Amelia is due to remarry and is compelled to confess his feelings. (S1)
11.00 **Midsomer Murders** *The Killings at Badger's Drift:* A walk in the woods leads to tragedy.
1.05 AM **Agatha Christie's Poirot**
2.00 **Barging Round Britain with John Sergeant**
2.25 **Classic Emmerdale**
5.10 **to 5.35** AM **On the Buses**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World Cup Rivalries: England v Argentina**
6.20 **Motorsport UK**
7.25 **The Casebook of Sherlock Holmes** *The Master Blackmailer.*
9.40 **Monster Carp** Ali Hamidi, Neil Spooner and Tom Dove visit Lac de Saint-Cassien, France.
10.45 **LIVE British Touring Car Championship** Steve Rider and Louise Goodman present coverage of round six from Snetterton, featuring the 16th, 17th and 18th races of the campaign.

10.05 Flightplan

7 PM
6.30 **FILM Pearl Harbor** World War Two romantic drama starring Ben Affleck, Josh Hartnett and Kate Beckinsale. Two US air force pilots fall for the same nurse just before the Japanese bombing of the American fleet in Hawaii in 1941. (2001, 12, 183min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM
10.05 **FILM Flightplan** Thriller starring Jodie Foster and Peter Sarsgaard. (2005, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Minder** *A Lot of Bull and a Pat on the Back:* Arthur and Terry transport a bull.
1.05 AM **The Sweeney** *Stoppo Driver:* A man is forced to drive a getaway car.
2.10 **to 2.45** AM **Only When I Laugh**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Animal 999**
8.00 **It's Me or the Dog**
10.00 **Ninja Warrior**
12.00 NOON **60 Minute Makeover** Triple bill.
3.00 PM **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *Dead Man's Switch:* 7/22. The team are captured by a bounty hunter. (S3)
8.00 **Road Wars**
9.00 **Blue Bloods** *Common Enemies:* 19/22. Danny and his archenemy Luis Delgado become unlikely allies. (S9)
10.00 **The Rookie** *Free Fall:* 20/20. Nolan and Bishop stumble upon a terror plot. (S1)
11.00 **How to Get Away with Murder** 6/15. (S5)
12.00 M'T **For the People**
1.00 AM **Elementary** (S7)
2.00 **S.W.A.T.** 7/23. (S2)
3.00 **Duck Quacks Don't Echo** Double bill.
5.00 **to 6.00** AM **Animal House**

Pick

152 123 11 144

6.00 AM **Police Ten 7**
7.00 **Border Patrol**
9.00 **Motorway Patrol**
10.30 **Highway Patrol**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Stop, Search, Seize**
2.00 **Monkey Life**
7.30 **Motorbike Cops**
8.00 **Nothing to Declare UK** Fly-on-the-wall documentary.
9.00 **Britain's Most Evil Killers** Profile of Italian killer Danilo Restivo.
10.00 **Killer in My Village** The death of church organist Alan Greaves.
11.00 **Three Days to Live** Documentary detailing the events of high-risk kidnapping cases.
12.00 M'T **Serial Killer Season**
2.00 AM **Britain's Most Evil Killers**
3.00 **Serial Killer Season**
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **The Hurting** Double bill of the series.
8.00 **Top Gear**
9.00 **Steve Backshall's Extreme Mountain Challenge** In Venezuela.
10.00 **Drug Wars** New editions
11.00 **Cops UK: Bodycam Squad** Documentary.
12.00 NOON **Expedition with Steve Backshall**
1.00 PM **American Pickers**
4.00 **Would I Lie to You?**
6.00 **NEW SERIES Scrapyard Supercar** 1/8.
7.00 **Cop Car Workshop** New edition
8.00 **Expedition with Steve Backshall** New edition
9.00 **Have I Got a Bit More News for You**
10.00 **Jon Richardson: Ultimate Worrier**
11.00 **Taskmaster**
12.00 M'T **QI XL**
1.00 AM **Have I Got a Bit More News for You**
2.00 **to 4.00** AM **Highlights**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
11.00 **The Fresh Prince of Bel-Air** Six episodes.
2.00 PM **FILM Bring It On** Teen comedy. (2000, 12, 99min) ★★★★
4.00 **Friends** Six episodes.
7.10 **FILM Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. (1995, PG, 89min) ★★
9.00 **FILM The Green Hornet** Fantasy action comedy starring Seth Rogen and Jay Chou. (2011, 12, 118min) ★★★
11.30 **FILM Hot Shots!** Action spoof starring Charlie Sheen. (1991, PG, 85min) ★★★★
1.05 AM **The Ricky Gervais Show** Double bill.
2.05 **Key & Peele**
3.05 **Corporate** (S1)
3.50 **Jeff & Some Aliens**
4.15 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

ITV Be

131 119 179 26 118

6.00 AM **CELEBrations**
6.55 **Newlyweds: The First Year**
7.45 **Don't Be Tardy**
8.35 **Income Property**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Yummy Mummies**
1.20 **The Real Housewives of New Jersey**
6.15 **The Bachelor** New edition 10/13. The 18 women return for a special programme.
8.00 **Celebrity Dinner Date** With *The Only Way is Essex* star Bobby Norris.
9.00 **Botched** Transforming a woman's chest.
10.00 **The Real Housewives of Atlanta** New edition The lives of families in the American city.
10.55 **Million Dollar Matchmaker**
11.50 PM **to 12.50** AM **The Real Housewives of New York City**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons** (S5)
7.00 **Highway to Heaven**
8.00 **Touched by an Angel**
9.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the comedy. (S7)
9.00 **FILM Convoy** Action comedy starring Kris Kristofferson, Ali MacGraw and Ernest Borgnine. Speeding truckers flee for the state line pursued by the police. (1978, 12, 110min) ★★★
11.20 **M*A*S*H** 16/16. Feature-length finale of the comedy. (S11)
1.25 AM **Memories of M*A*S*H** Cast and crew reflect on the comedy.
3.00 **The Hound of the Baskervilles** Sherlock Holmes adventure starring Ian Richardson.
5.00 **to 6.00** AM **Touched by an Angel**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.35 AM **Inspector George Gently**
9.25 **Father Brown** As 8.00pm.
12.25 PM **Shakespeare & Hathaway – Private Investigators** Four episodes of the comedy, including at: **2.25** *The Rascal Cook:* 9/10. The duo investigate a campaign of sabotage. **3.25** *Ill Met by Moonlight:* 10/10. Frank and Lu are tasked with recovering a precious jewel. (S1)
4.25 **Death in Paradise** Double bill of the crime drama. (S5)

8.00 Father Brown

6.55 **Death in Paradise** *The Blood Red Sea:* 7/8. A treasure hunter is found dead after a valuable discovery. (S5)
8.00 **Father Brown** *The Tanganyika Green:* The priest investigates the murder of a Colonial Postal Service officer.
9.00 **Father Brown** *The Fire in the Sky:* 14/15. Father Brown investigates when Kembleford comes under threat from aliens.
10.00 **Father Brown** *The Penitent Man:* 15/15. Flambeau is incarcerated under suspicion of the murder of Flynn.
11.00 **Harrow** *Malum In Se (Evil in Itself)* 3/10. A mummified body is found bricked up in a suburban home. (S2)
12.00 M'T **I Am the Night** *Pilot:* 1/6. Mystery drama starring Chris Pine and India Eisley. (S1)
1.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 FILM **Geo-Disaster** Sci-fi drama. (2017, PG, 110min) ★★
12.50 PM FILM **Lara Croft: Tomb Raider** Fantasy adventure. (2001, 12, 100min) ★★★★
3.00 FILM **Chain Reaction** Thriller with Keanu Reeves, Morgan Freeman and Rachel Weisz. (1996, 12, 106min) ★★
5.10 FILM **Dragonball Evolution** Fantasy adventure starring Justin Chatwin and Chow-Yun Fat. (2009, PG, 80min) ★★

5.10 Dragonball Evolution

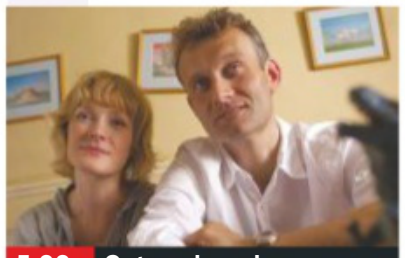
7.00 FILM PREMIERE **Arctic Apocalypse** Disaster drama starring Lauren Esposito. A family make a perilous journey to safety after the northern hemisphere is plunged into a new ice age. (2018, PG, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 FILM **Legend of the Drunken Master** Martial-arts comedy with Jackie Chan. A young man has to get drunk before he can unleash his fighting skills and defeat a gang of smugglers. Subtitled. (1994, 12, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 FILM **Air** Sci-fi thriller. (2014, 12, 95min) ★★
1.10 AM FILM **Quarantine 2: Terminal** Horror. (2011)
3.00 **The Outpost** (S2)
4.00 **to 6.00** AM FILM **Miami Magma** Sci-fi disaster drama. (2011, 15, 97min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **Tipping Point**
11.00 **Doctor Who** 8/13. (S3)
12.00 NOON **Doctor Who** (S3)
1.00 PM **Doctor Who** Four episodes, including at: **2.00** *Utopia:* 11/13. Captain Jack Harkness throws himself back into the Doctor's life. **3.00** *The Sound of Drums:* 12/13. The Master begins his reign of terror on Earth. **4.00** *Last of the Time Lords:* 13/13. Martha tries to save the world and free the Doctor. (S3)
5.00 **Outnumbered** Triple bill.


5.00 Outnumbered

7.00 **Miranda** The joke-shop owner sets about getting fit and losing weight. **7.40** Miranda tries to do something for a good cause – but her attempts do not go to plan. **8.20** Things look up for Miranda when she finds herself with two dates.
9.00 **One Born: What Happened Next?** Featuring a couple whose triplets were born 11 weeks premature.
10.00 **Killer Women with Piers Morgan** The TV personality meets two very different female murderers.
11.00 **Kids for Sale – Stacey Dooley Investigates** Documentary looking at child labour in Nepal and the Ivory Coast.
12.00 M'T **One Born Every Minute**
1.00 AM **Supernanny**
1.50 **to 3.00** AM **War and Peace**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Law & Order** (S12)
12.00 NOON **NCIS** 14/24. (S10)
1.00 PM **NCIS** Six episodes of the crime drama, including at: **3.00** 17/24. Gibbs's barber Frankie suspects his own son may be a serial killer. **4.00** 18/24. The team investigate the death of a US Marine in Afghanistan. **5.00** 19/24. The team look into the death of a navy doctor. **6.00** 20/24. A navy reservist returns home to find her husband missing. (S10)

9.00 Law & Order: SVU

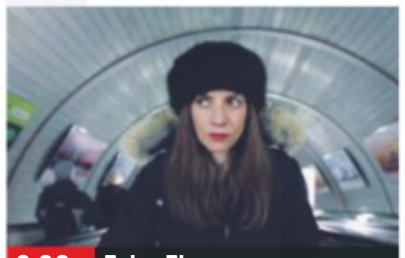
7.00 **NCIS** *Berlin:* 21/24. Ziva and Tony travel to Berlin to track down Ilan Bodnar. Guest stars Marina Sirtis. (S10)
8.00 **Rescue: Code One** A woman's head is crushed under a quad bike. **8.30** A boy is injured after falling off a slide.
9.00 **Law & Order: Special Victims Unit** *Dependent:* 14/22. Stabler is suspended for using excessive force.
10.00 **Law & Order: Special Victims Unit** *Haystack:* 15/22. A mother is accused of killing her missing baby. (S8)
11.00 **Law & Order: Special Victims Unit** 16/22. A rapist's male victim refuses to testify.
12.00 M'T **Law & Order: Special Victims Unit** 17/22. (S8)
1.00 AM **Chicago Med** (S3)
3.00 **Rescue: Code One**
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 3/16. (S8)
9.00 **Bones** 19/24. (S8)
10.00 **NCIS** 21/24. (S15)
11.00 **The Mentalist** 2/13. (S7)
12.00 NOON **Bones** 20/24. (S8)
1.00 PM **NCIS** 22&23/24. (S15)
3.00 **Bones** 21/24. (S8)
4.00 **The Mentalist** 3/13. Jane and Lisbon head to Beirut. (S7)
5.00 **Bones** 22/24. Booth is reunited with his mother after 24 years apart. **6.00** 23/24. Arastoo contracts a deadly virus. (S8)


9.00 False Flag

7.00 **NCIS** *Date with Destiny:* 24/24. Sloane believes she has seen the man who tortured her years ago in Afghanistan. (S15)
8.00 **NCIS** *Destiny's Child:* 1/24. The team embark on a worldwide search for Director Vance's whereabouts. (S16)
9.00 **False Flag** New episode 2/10. Investigators are sent to the suspects' homes, but there is no sign of them. Subtitled. (S2)
10.00 **Family Guy** 11/22. Peter and Lois decide to have another baby. (S3) **10.30** 6/16. Peter must return to third grade. (S7)
11.00 **American Dad!** 3/13. (S14)
11.30 **Family Guy** 5/22. (S3)
12.00 M'T **American Dad!** (S9)
12.30 AM **American Dad!** (S9)
1.00 **Family Guy** 6&7/22. (S3)
2.00 **Legion** 5/8. (S3)
3.00 **Family Guy** 8&9/22. (S3)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Sunday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
6.00 **Revenge Body with Khloe Kardashian**
7.00 **Relatively Nat & Liv**
8.00 **Keeping Up with the Kardashians** Part one of two. The family take a trip to Costa Rica.
9.00 NEW SERIES **Temptation Island** 1/11. Relationships are put to the test.
10.00 **Relatively Nat & Liv** New edition The cousins struggle to make up before the premiere of their own fashion line.
11.00 **Revenge Body with Khloe Kardashian**
12.00 M'T **Botched**
2.00 AM **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Relatively Nat & Liv**

Sky Arts

122 122 820 | 122 206

6.00 AM **Classical Destinations**
6.45 **Music for Mercy**
7.30 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Discovering: Robert De Niro**
1.00 PM **Discovering: Alain Delon**
2.00 **Discovering: Maggie Smith**
3.00 **The South Bank Show**
4.00 **The Art of Architecture**
5.00 **Big Time**
6.15 **Van Gogh: An Exclusive View – From Tate Britain**
7.15 **Beatles Stories**
9.00 **Super Duper Alice Cooper** Documentary.
10.45 **Studio 54: The Documentary**
12.30 AM **Dennis Hopper: Uneasy Rider**
1.45 **The Who: Sensation – The Story of Tommy**
3.00 **Classic Albums**
4.00 **to 6.00** AM **Callas, Kennedy, Onassis: Two Queens for a King**

4seven

137 143 203 | 47 110 | 127

9.00 AM **A Place in the Sun**
1.00 PM **A Place in the Sun**
2.00 **Posh Pawnbrokers**
4.00 **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** Double bill of editions.
9.00 **8 Out of 10 Cats Does Countdown** Sean Lock and Victoria Coren Mitchell take on Jon Richardson and James Acaster. **10.00** Sean Lock and Miles Jupp take on Jon Richardson and Rose Matafeo.
11.05 **24 Hours in Police Custody** A burglary takes place at a country estate.
12.05 AM **24 Hours in A&E**
1.10 **Orangutan Jungle School** Alba is released back into the wild.
2.10 **Location, Location...**
3.10 **Britain's Giant Pet Food Factory**
4.10 **to 5.10** AM **The Tez O'Clock Show**

5USA

141/169 153 | 21 | 129

9.00 AM **Columbo Cries Wolf** Crime mystery.
11.00 **Columbo: Grand Deceptions** Mystery.
1.05 PM **Columbo: Murder, Smoke and Shadows**
3.10 **Columbo: Murder in Malibu** Murder mystery.
5.10 **Columbo: A Stitch in Crime** Murder mystery.
6.50 **Columbo: Etude in Black** Crime drama.
9.00 **NCIS: Los Angeles** *Kill House:* 14/24. Multiple operatives are killed. (S4)
10.00 **Law & Order: Criminal Intent** *In the Wee Small Hours – Part One:* 6/22. A teenage girl goes missing. (S5)
11.00 **Law & Order: Special Victims Unit** (S6&7)
12.55 AM **Law & Order** (S10)
1.55 **Chicago PD** 7/22. (S6)
2.50 **Criminal Minds: Suspect Behavior**
3.35 **to 4.00** AM **Catch a Contractor**

+1 hour 241 185 57 130

5STAR

128 151 | 30 | 131

8.00 AM **Access**
8.10 **Last Man Standing**
8.55 **Two and a Half Men**
1.35 **8 Simple Rules** (S1)
4.25 FILM **Lost in Space** Sci-fi adventure starring Gary Oldman. (1998, PG, 125min) ★★
7.00 **Can't Pay? We'll Take It Away!** Two agents face a heartbreaking house repossession. **8.00** An agent is assaulted in a doorstep confrontation.
9.00 FILM **London Has Fallen** Action thriller starring Gerard Butler and Aaron Eckhart. (2016, 15, 97min) ★★
11.05 FILM **Daylight** Disaster drama starring Sylvester Stallone and Amy Brenneman. (1996, 12, 114min) ★★★
1.20 AM **Wentworth Prison**
3.25 **Two and a Half Men**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 | 20 | 158

7.10 AM **Soldier, Soldier**
9.00 **The Bill**
1.00 PM **Doctor Finlay**
3.00 **Catherine Cookson's The Secret** Thriller starring Colin Buchanan.
6.00 **2point4 Children**
7.20 **My Family** First episode. Susan and Janey decide to change their dentist. **8.00** Michael is having problems with a classmate.
8.40 **Outnumbered** First episode. The children cause chaos when Sue loses her car keys. **9.20** Pete puts his job on the line.
10.00 **Men Behaving Badly** Dorothy and Gary decide to get married.
10.40 **Taggart** *Cold Reader:* A psychic shakes Burke's scepticism of the paranormal.
11.50 **Trial & Retribution**
2.05 **to 4.00** AM **War and Peace**

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM Freeheld** Fact-based drama. (2015, 12, 101min) ★★★
2.00 PM **Mad Men** (S5&6)
6.55 Zoom In
7.05 FILM Killers Action comedy starring Ashton Kutcher and Katherine Heigl. (2010, 12) ★★
9.00 Snatch *Ole:* 1/10. (S2)
10.00 Fear the Walking Dead *Here to Help:* 1/16. The group land in uncharted territory in search of survivors to help. **10.55** *The Hurt That Will Happen:* 2/16. Morgan and Alicia learn of a grave new threat. (S5)
11.45 Fear the Walking Dead
1.35 AM **Snatch** As 9.00pm.
2.30 FILM The Yards Crime drama. (2000, 15, 116min) ★★★
4.40 to 5.30 AM **Hollywood's Best Film Directors**

CBS Drama

147 197 71 134

7.30 AM **The Key of David**
8.00 Teleshopping
9.00 The Love Boat
1.00 PM **The Love Boat** (S8)
2.00 Unsolved Mysteries
6.00 Diagnosis Murder *Rescue Me:* An unbalanced patient is attracted to Jesse. **7.00** *Down Among the Dead Men:* Steve is targeted by assassins. **8.00** *Never Say Die:* Mark and Steve discover a boxing club's sports drink is drugged. **9.00** *Trash TV – Part One:* A TV magician is murdered. **10.00** *Trash TV – Part Two:* Mark confronts a murderous TV executive.
11.00 CSI: Miami *Sex and Taxes:* 19/24. Two tax inspectors are killed on the same day. (S3)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **CSI: Miami** (S3)
4.00 to 6.00 AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 Diagnosis Murder
2.00 PM **NCIS** (S5)
7.00 FILM The Last Patrol Action thriller starring Dolph Lundgren and Sherri Alexander. (2000, 12, 95min) ★★
9.00 CSI: NY *What You See Is What You See:* 23/23. Mac gets caught in the middle of a shooting at a cafe. (S1)
10.00 NCIS: Los Angeles *Identity:* 1/24. A naval officer is killed during an LAPD shootout. **11.00** *The Only Easy Day Is Yesterday:* 2/24. Navy Seals appear to be responsible for the death of an undercover cop. (S1)
12.00 M'T **NCIS: Los Angeles**
2.00 AM **Ultimate Force** (S4)
3.05 Bonanza (S13)
4.05 The High Chaparral
4.55 to 6.00 AM **The District**

CBS Reality

146 148 66 135

7.30 AM **Tomorrow's World**
8.00 The Key of David
8.30 The Lord's Challenge
9.00 Judge Judy
1.00 PM **Judge Judy**
5.00 Airline
7.00 Medical Detectives
8.00 Unsolved Mysteries A woman suffering from amnesia.
9.00 Killer Cops The former police officer who murdered Kathy Powell. **10.00** A look at what leads American police to commit murder. **11.00** A look at the former Los Angeles police officer who killed four people.
12.00 M'T **Killer Cops**
1.00 AM **Killer Cops**
3.00 Beyond Scared Straight
3.50 Dog Patrol
4.40 Unsolved Mysteries
5.30 to 6.00 AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Wheel of Fortune**
10.00 Dale's Supermarket Sweep Four editions.
12.00 NOON **Family Fortunes**
1.00 PM **Family Fortunes**
2.00 Take Your Pick
4.00 Catchphrase Double bill of the guessing game.
5.00 Bullseye Double bill of the darts-based quiz.
6.00 The Chase Four editions of the quiz show hosted by Bradley Walsh.
10.00 Classic Who Wants to Be a Millionaire? Double bill of the big-money quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Who Wants to Be a Millionaire? Celebrity** Famous faces play for charity.
2.00 The Chase Double bill of the quiz show.
4.00 to 6.00 AM **Dale's Supermarket Sweep**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 Teleshopping
9.00 Takeshi's Castle
11.00 Bad Robots
1.00 PM **Bad Robots**
3.00 Are We There Yet? (S1)
5.00 The Fresh Prince of Bel Air Four episodes. (S3)
7.00 Friends Eight episodes of the sitcom, including at: **9.30** 3/24. The gang's neighbour dies. **10.00** 4/24. Phoebe reveals she is married. **10.30** 5/24. Ross celebrates his birthday in style. (S2)
11.00 RuPaul's Drag Race
12.30 AM **TJ Miller: No Real Reason**
1.30 Russell Howard: Right Here Right Now
2.30 Da Ali G Show
3.30 Bad Robots
4.20 Frankenfood
5.10 to 6.00 AM **The Fresh Prince of Bel Air**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Diners, Drive-Ins and Dives** Double bill.
8.00 The Pioneer Woman
11.00 Barefoot Contessa – Back to Basics
1.00 PM **Kids Baking Championship**
2.00 Diners, Drive-Ins and Dives Twelve editions.
8.00 Restaurant: Impossible Chef Robert Irvine helps Bumbinos Italian Ristorante in Orange City, Florida.
9.00 Man v Food Adam Richman visits Baltimore to eat flame-grilled beef sliced thin and piled high. **9.30** Adam tries to consume a milkshake weighing over 7lb and a 24oz sandwich in an hour in Washington, DC.
10.00 Mystery Diners
12.00 M'T **Restaurant Stakeout**
1.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 Nigel Slater's Real Food Show
8.00 Rachel Allen's Cake Diaries
12.00 NOON **River Cottage Spring**
2.00 PM **The Hairy Bikers' Food Tour of Britain**
4.00 Madhur Jaffrey's Curry Nation
5.00 Nigel Slater's Real Food Show
6.00 Inside Heston's World
8.00 River Cottage Spring Hugh Fearnley-Whittingstall cooks using spring produce. **9.00** Hugh prepares dishes using seasonal lettuce and spinach.
10.00 Rachel Allen's Cake Diaries
12.00 M'T **Rachel Allen's Cake Diaries**
2.00 AM **Teleshopping**
5.00 to 6.00 AM **Rachel Allen's Cake Diaries**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy** Real-life cases on issues affecting family life.
1.00 PM **Little Women: Atlanta** Triple bill.
4.00 Judge Judy Real-life small-claims cases.
8.00 Dance Moms The cracks begin to show as the team struggle to learn a challenging tribal dance.
9.00 My Crazy Sex The married couple who decided to suspend things in order to spice up their marriage.
10.00 Little Women: Atlanta A revelation from Juicy gets Emily and Bri riled up. **11.00** Amanda confronts Jordan about the future of their relationship.
12.00 M'T **Little Women: Atlanta** Double bill.
2.00 AM **My Crazy Sex**
3.00 to 4.00 AM **Dance Moms**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 Gilmore Girls (S4)
10.10 Suits (S3)
12.05 PM **House** Five episodes of the drama. (S3)
4.45 FILM Leap of Faith Satirical comedy drama starring Steve Martin and Debra Winger. (1992, PG, 107min) ★★★
6.55 FILM Death Becomes Her Black comedy fantasy starring Meryl Streep. (1992, PG, 103min) ★★★
9.00 FILM The Bridges of Madison County Romantic drama starring Clint Eastwood. (1995, 12, 130min) ★★★★
11.45 FILM Copycat Thriller with Sigourney Weaver and Holly Hunter. (1995, 18, 123min) ★★
2.05 AM **The Mick** (S2)
3.00 Marvel's Agent Carter
4.30 Sleepy Hollow (S2)
5.15 to 6.00 AM **The Office (US)**

Quest

144 144 172 217 12 114 167

6.00 AM **Survival with Ray Mears** Tracking bears.
7.00 Find It, Fix It, Flog It
8.00 Salvage Hunters: Classic Cars
9.00 Fantomworks
10.00 EFL on Quest
12.00 NOON **Chasing Classic Cars**
2.00 PM **Aussie Gold Hunters**
3.00 Ice Cold Gold
4.00 Disasters at Sea
5.00 Salvage Hunters: Classic Cars
6.00 Wheeler Dealers
7.00 Salvage Hunters
9.00 Al Murray's Great British Pub Quiz New edition
10.00 Aussie Gold Hunters
11.00 Escobar's Millions
12.00 M'T **Disasters at Sea**
1.00 AM **Chasing Classic Cars**
2.00 Fantomworks
3.00 Destroyed in Seconds
4.00 Salvage Hunters
5.00 to 6.00 AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.30 Say Yes to the Dress: Atlanta
7.00 Bondi Vet
9.00 My 600lb Life
11.00 Extreme Couponing
12.00 NOON **Animal Cops Phoenix**
2.00 PM **My Cat from Hell**
4.00 Salvage Hunters
6.00 Money for Nothing
7.00 NEW SERIES Bondi Vet: Coast to Coast Dr Peter Ricci performs surgery on a lion.
8.00 Long Lost Family US A young woman seeks her long-missing brother.
10.00 Murder on CCTV
11.00 My 600lb Life: Where Are They Now?
1.00 AM **Couples Who Kill**
2.00 Murder Comes to Town
3.00 FBI Files
3.50 Animal Cops...
4.40 Bondi Vet
5.30 to 6.00 AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Tiny House, Big Living** Double bill.
7.00 Teleshopping
8.00 Homes Under the Hammer Five editions.
1.00 PM **Homes Under the Hammer** Six editions.
7.00 DIY SOS: The Big Build
8.00 Babies: Special Delivery A baby with a serious heart problem.
9.00 Embarrassing Bodies The team offer on-the-spot medical advice in Thailand.
10.00 Married to the Eiffel Tower A woman who is 'married' to the famous landmark.
11.00 My Extreme Weight Loss Journey New edition
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Ghost Adventures**
2.00 Teleshopping
4.00 Ghost Inside My Child
4.45 to 6.00 AM **Extreme Weight Loss Journey**

Sony Crime

157 193 143

7.00 AM **48 Hours: Mystery**
12.00 NOON **Fatal Attraction**
1.00 PM **Fatal Attraction**
4.00 Prison Wives
6.00 Prison Wives A woman trying to clear her husband's name. **7.00** A convicted murderer hopes to become a parent. **8.00** A woman prepares for a conjugal visit to her husband.
9.00 Women on Death Row Females facing the death penalty.
11.00 Deadly Women The case of reserved Sunday school teacher Lizzie Borden, who in 1892, was charged with killing her stepmother and father with an axe.
12.00 M'T **Deadly Women**
1.00 AM **Deadly Women**
2.00 to 4.00 AM **Deadly Women**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 Chris Tarrant: Extreme Railway Journeys
10.00 Egypt's Secret Tomb Revealed
11.00 Ben Fogle: New Lives...
12.00 NOON **Building Britain's Canals**
1.00 PM **FILM Scarlet Street** (1945, b/w, PG) ★★★★
3.10 FILM Spare the Rod (1961, b/w, PG) ★★★★
5.00 Posh Hotels with Sally & Nigel
7.00 Great British Gardens: Season by Season
8.00 America's Hidden Pyramid City
9.00 When Buildings Collapse: World's Worst Engineering Disasters
10.00 Eight Days That Made Rome: Spartacus Revolt
11.00 Portillo's Hidden History of Britain
12.00 M'T **Ben Fogle: New Lives in the Wild**
2.00 to 4.00 AM **Agatha & The Truth of Murder**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 Trucking Hell
10.15 The A-Team
1.20 PM **The A-Team** (S1)
2.25 FILM The War Lover World War Two melodrama. (1962, b/w, PG, 105min) ★★★
4.35 FILM Copper Canyon Western. (1950, PG, 84min) ★★
6.20 FILM McLintock! Comedy Western starring John Wayne and Maureen O'Hara. (1963, U, 127min) ★★★
9.00 FILM Van Helsing Fantasy adventure starring Hugh Jackman and Kate Beckinsale. (2004, 12, 132min) ★★
11.35 FILM Outlander Sci-fi adventure starring Jim Caviezel and Sophia Myles. (2008, 15, 115min) ★★★
2.00 to 3.00 AM **Wynonna Earp**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress** Eight editions.
10.00 Cake Boss
1.00 PM **Cake Boss**
3.00 Say Yes to the Dress: Lancashire
6.00 Say Yes to the Dress
7.00 JFK Jr. and Carolyn's Wedding: Lost Tapes
9.00 90 Day Fiancé: The Other Way As the wedding approaches, Tiffany's son has doubts.
10.00 Dr Pimple Popper Rhonda has a worrying horned-shaped growth.
11.00 sMothered Reality series following four mother-daughter pairs who have extremely close relationships.
12.00 M'T **90 Day Fiancé: The Other Way**
1.00 AM **Dr Pimple Popper**
2.00 sMothered
3.00 Say Yes to the Dress
5.00 to 6.00 AM **Cake Boss**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Hangar 1: The UFO Files**
7.00 Flipping Bangers
8.00 Counting Cars
9.00 Swamp People
10.00 Storage Wars
1.00 PM **Storage Wars**
3.00 Hardcore Pawn
7.00 Conspiracy Files: Unsealed Double bill.
8.00 America's Book of Secrets
9.00 Conspiracy: The Hollywood Files A bizarre theory behind actor Philip Seymour Hoffman's death.
10.00 Swamp People
11.00 Wicked Tuna
12.00 M'T **Big Rig Bounty Hunters**
1.00 AM **Ancient Aliens**
2.00 Flipping Bangers
3.00 Air Crash: Disasters Uncovered
4.00 Air Crash Special Report
5.00 to 6.00 AM **American Restoration**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Fast N' Loud Revved Up**
8.00 **Wheeler Dealers**
11.00 **Supertruckers**
1.00 PM **Combat Dealers** Double bill of the series.
3.00 **Devil Sharks**
4.00 **Shark Vortex**
5.00 **Great White Abyss** A team of experts travel to great white hotspot, Guadalupe Island.
6.00 NEW **Tiger Shark Invasion** How tiger sharks have reset one of the world's oldest marine ecosystems.

6.00 Tiger Shark Invasion

7.00 NEW **Legend of Deep Blue** Experts return to Guadalupe Island to search for the largest great white in the world.
8.00 NEW **Isle of Jaws: Blood Brothers** Shark experts investigate if two great white sharks can recognise their blood relatives.
9.00 FILM **Capsized: Blood in the Water** Thriller starring Josh Duhamel. The crew of a capsized yacht bound for Florida find themselves prey to a group of tiger sharks. (2019, 15, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 NEW **Alien Sharks Greatest Hits** Rare and unique sharks.
12.00 M'T **Devil Sharks**
1.00 AM **Shark Vortex**
2.00 **Great White Abyss**
3.00 FILM **Capsized: Blood in the Water** As shown at 9.00pm.
4.40 **American Chopper**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Bronx Zoo**
7.00 **Tanked**
8.00 **Animal Cribs** New edition
9.00 **Pit Bulls & Parolees**
12.00 NOON **Alaskan Bush People**
1.00 PM **Alaskan Bush People**
4.00 **Dr Jeff: Rocky Mountain Vet** New edition Dr Jeff and Dr Petra team up to save a cat.
5.00 **Dr Jeff: Extra Dose** Dr Jeff and Hector go up into the mountains to help a pack of rescued sled dogs.
6.00 **The Aquarium** Two sea lions are prepared for eye surgery.

8.00 Homestead Rescue

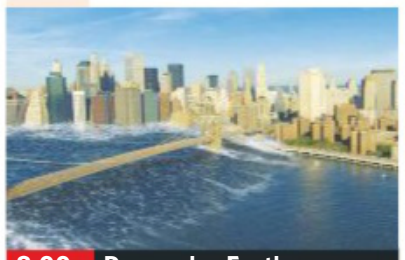
7.00 **Jaws Strikes Back** The hunting behaviour of the largest great white sharks on earth near the Pacific island of Guadalupe.
8.00 **Homestead Rescue** A dangerous request forces the Raneys to build a dam and plan an entire cabin move.
9.00 **Alaskan Bush People** The Brown children search for egg-laying chickens in new territory, while Bear goes on a date.
10.00 **Alaskan Bush People** The Brown boys salvage goods from a demolition job so they can complete their new home.
11.00 **Alaskan Bush People** Billy is offered a deal on a one-of-a-kind boat.
12.00 M'T An improvement that could electrify Browntown.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **World's Worst Natural Disasters**
9.00 **Seconds from Disaster**
11.00 **Air Crash Investigation**
2.00 PM **Destroyed by Nature**
3.00 **Next Megaquake**
4.00 **Superstorm New York: What Really Happened**
5.00 **Tornado Destruction: Caught on Camera** Damage caused by a spate of tornadoes in America during April 2011.
6.00 **Worst Weather Ever?** Examining the current spate of extreme climatic events.



8.00 Doomsday Earth

Worst Weather Ever? (started at 6.00pm)
8.00 **Doomsday Earth** The threat of another natural disaster in the wake of the Japanese earthquake and tsunami of 2011.
9.00 **Doomsday Earth** Trying to calculate when another earthquake with the same power that hit Japan in 2011 will strike.
10.00 **Air Crash Investigation** How passengers escaped from a plane that veered off a runway and caught fire in August 2005.
11.00 **Air Crash Investigation** A Boeing 737 that disintegrated in mid-air in 1992.
12.00 M'T The crash of Singapore Airlines flight 006.
1.00 AM **Air Crash Investigation**
2.00 **Seconds from Disaster**
4.00 **to 5.00** AM **World's Worst Natural Disasters**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Pawn Stars**
9.00 **Storage Wars**
11.00 **In Search of Aliens**
12.00 NOON **Pirate Traders**
1.00 PM **Pirate Island**
3.00 **Storage Wars** Four editions.
5.00 **Pawn Stars** The staff assess a pre-Revolutionary American pewter tankard.
5.30 Rick gets wound up trying to complete some deals.
6.00 **Counting Cars** Actor Michael Madsen asks Danny Koker to restore a 1964 Ford Mustang as a surprise for his son.

8.00 The Secret History of the...

7.00 **Moon Landing: The Lost Tapes** A look into the minds of the astronauts before and after they embarked on the mission.
8.00 NEW **The Secret History of the White House** Speculation about what lies beneath the US government structure.
9.00 NEW SERIES **The Trump Dynasty** Documentary drawing from first-hand accounts and never-before-seen archival footage to examine the life and heritage of the 45th President of the United States.
11.00 **The Clinton Affair** Recounting the events of 1998.
12.00 M'T **Man at Arms: Art of War** The blacksmiths recreate the Kalis and the Kampilan.
1.00 AM **Pirate Traders**
2.00 **Counting Cars** As 6.00pm.
3.00 **Storage Wars**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Who Do You Think You Are?** Double bill.
8.00 **The World at War**
1.00 PM **Secrets of the Railways**
4.00 **Secrets of the Railways** Railroads associated with mankind's ugliest deeds, beginning with the Trans-Pyrenees Railway.
5.00 An exploration of the Harz Mountain Railway, which still uses steam locomotives.
6.00 The White Pass and Yukon Railroad over the US-Canada border.

7.00 dinnerladies diaries

7.00 **dinnerladies diaries** Behind the scenes of the sitcom, featuring interviews with the cast as they reminisce about the show.
8.00 **'Allo 'Allo!** Hans succeeds in vaulting over the fence at the POW camp.
8.40 Gruber is interrogated about *The Fallen Madonna with the Big Boobies*.
9.20 The General finds the sausage and hangs it in his closet to cure.
10.00 **Impossible Railways** How bridges from around the world help to solve a series of spanning problems.
11.00 **WW2 – Battles for Europe** The Canadians who seized Hitler's island fortress.
12.00 M'T **dinnerladies diaries** As shown at 7.00pm.
1.00 AM **After Hitler**
2.00 **to 3.00** AM **Journey to Stonehenge: A Time Team Special**

+1 hour 255 200

Sunday 7 PM 8 PM 9 PM 10 PM

Disc. History

171 262

6.00 AM **Building the Biggest** Double bill.
8.00 **Secrets Underground**
10.00 **Codes and Conspiracies**
1.00 PM **Codes and Conspiracies**
3.00 **Building the Biggest**
5.00 **Secrets Underground** Double bill of the series.
7.00 **One Man Army** The contestants endure a gladiator-style tug of war.
8.00 **Commander in Chief** George HW Bush's skills as a diplomat, spy and politician.
9.00 **Gulf War: A Soldier's Tale** Saddam Hussein's invasion of Kuwait.
10.00 The SAS try to destroy Scud missiles.
11.00 A US Marine recalls a suicide mission.
12.00 M'T **Battlefield**
1.00 **to 6.00** AM **Codes and Conspiracies**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Rhino Orphanage**
10.00 **Frontier Borneo**
11.00 **Galapagos**
12.00 NOON **Horizon**
1.00 PM **Wonders of the Universe**
2.00 **The Brain**
3.00 **Rhino Orphanage**
4.00 **Frontier Borneo**
5.00 **Rhino Orphanage**
6.00 **The Brain with David Eagleman**
7.00 **Galapagos**
8.00 **Horizon**
9.00 **Wonders of the Universe**
10.00 **Frontier Borneo**
11.00 **Galapagos**
12.00 M'T **Horizon**
1.00 AM **Wonders of the Universe**
2.00 **The Brain**
3.00 **Rhino Orphanage**
3.50 **Frontier Borneo**
4.40 **Galapagos**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Wild Europe: Kingdom of the Forest**
9.00 **Wild Iberia: Mystery of the Lynx**
10.00 **Wild Nordic**
1.00 PM **Europe's Great Wilderness**
4.00 **Europe's Wild Islands**
5.00 **Scotland's Killer Seals**
6.00 **Wild Nordic** New edition Exploring the far north of Finland.
7.00 **Predator Land**
8.00 **Wild Nordic** As 6pm.
9.00 **When Sharks Attack**
10.00 **Great Shark Chow Down** Scientists and cinematographers revisit five feeding frenzies.
11.00 **Eyewitness Shark Attack** Investigating footage of shark attacks.
12.00 M'T **When Sharks Attack** As 9.00pm.
2.00 AM **Europe's Great Wilderness**
3.00 **Europe's Wild Islands**
4.00 **to 5.00** AM **Scotland's Killer Seals**

History 2

163 273 330 390

8.00 AM **Ancient Aliens**
10.00 **WW2 Treasure Hunters** Double bill.
12.00 NOON **Project Impossible** Double bill.
2.00 PM **Alien Files: Unsealed** Double bill.
3.00 **UFO Files**
4.00 **Ancient Aliens**
7.00 **How the Earth Was Made** Examining the formation of Loch Ness.
8.00 **America's Book of Secrets** Secret methods used to control the value of gold.
9.00 **The 9/11 Conspiracies: Fact or Fiction** Theories that cloud the memory of the events of September 2001.
11.00 **Conspiracy Files: Unsealed** Double bill.
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters** Double bill.
4.00 **to 5.00** AM **Alien Files: Unsealed**

PBS America

174 276 91 155

8.00 AM **Jet Set**
8.30 **Left Behind America**
9.35 **Scotland: Rome's Final Frontier**
10.55 **Secrets of the Colosseum**
12.00 NOON **The Crusades**
3.20 PM **Scotland: Rome's Final Frontier**
4.35 **Secrets of the Colosseum**
5.50 **The Crusades** Examining the military confrontations between Christians and Muslims.
6.55 A look at the personalities of Richard the Lionheart and his adversary Saladin.
7.55 A look at how the military confrontation between Christians and Muslims concluded.
9.05 **The Vietnam War** Lyndon Johnson escalates America's military commitment.
11.35 PM **to 2.00** AM **The Vietnam War**

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **Unusual Suspects**
10.00 **Versace Killer: Killing Spree**
11.00 **Homicide Hunter**
1.00 PM **A Killer's Mistake**
2.00 **999: Killer on the Line**
3.00 **Secrets of the Morgue**
7.00 **I Lived with a Killer**
8.00 **Homicide: Hours to Kill** Detectives suspect a missing hotelier has been murdered.
9.00 **Shallow Grave** The story of Kathy Goble.
10.00 **Britain's Darkest Taboos** The relatives of a man killed by a hired hitman tell their story.
11.00 **Darkest Taboos**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **I Lived with a Killer**
2.00 **Unusual Suspects**
3.00 **Homicide: Hours to Kill**
4.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

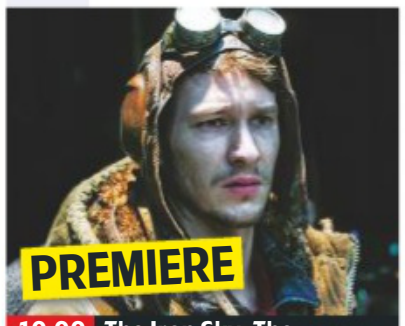
SUNDAY Films

Sunday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Smallfoot** As 2.40pm.
7.45 **Johnny English Strikes Again**
9.20 **Ralph Breaks the Internet**
11.15 **PREMIERE The Iron Sky: The Coming Race** As 10.00pm.
12.50 PM **The Darkest Minds** (2018)
2.40 **Smallfoot** Animation. (2018, U, 96min) ★★★
4.25 **Johnny English Strikes Again** Comedy. (2018, PG) ★★★
6.00 **Ralph Breaks the Internet** Animated adventure. (2018, PG, 112min) ★★★★



10.00 The Iron Sky: The...

8 PM

8.00 **The Darkest Minds** Dystopian thriller starring Amandla Stenberg and Mandy Moore. When a mysterious pandemic wipes out most of America's children, those who survive are gifted with superpowers. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.00 **PREMIERE The Iron Sky: The Coming Race** Fantasy. (2019, 15, 90min) ★ *See review, page19*
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.45 **Brothers' Nest** Dark comedy. (2018, 15, 102min) ★★★★
1.40 AM **The Belly of the Whale** Drama starring Art Parkinson. (2018, 15, 83min) ★★
3.25 **The Possession of Hannah Grace** Mystery thriller. (2018, 15, 86min) ★★★
5.10 **The Top Ten Show 2019**
5.30 **to 6.00** AM **Final Score: Special**

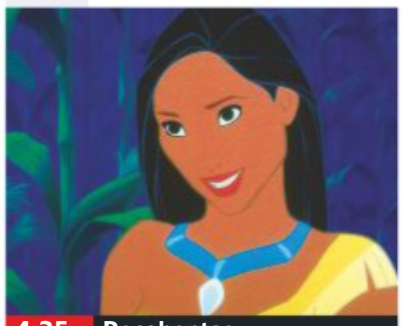
11 PM

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

7.15 AM **Bao** Animated short.
7.25 **Incredibles 2** As 6.00pm.
9.25 **Planes: Fire & Rescue** Animation. (2014, U) ★★★
10.55 **Up** As shown at 8.00pm.
12.35 PM **Lou** Animation.
12.45 **Mary Poppins** Classic fantasy. (1964, U, 133min) ★★★★★
3.10 **The Jungle Book** Animation. (1967, U, 78min) ★★★★★
4.35 **Pocahontas** (1995, U) ★★★
6.00 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★


4.35 Pocahontas

8.00 **Up** Animation with the voice of Ed Asner. A retired balloon salesman and a boy scout float away to an adventure in a lost world in the jungles of South America. (2009, U, 92min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

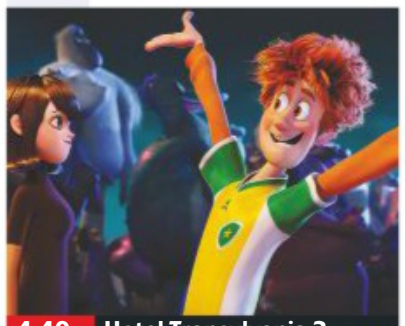
9.45 **Million Dollar Arm** Drama with Jon Hamm. A sports agent travels to India, hoping to recruit cricket players to join baseball teams. (2014, PG, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Muppet Movie** Family comedy with Milton Berle. (1979, U, 97min) ★★★
1.40 AM **Homeward Bound: The Incredible Journey** Wildlife adventure featuring the voices of Michael J Fox and Sally Field. (1992, U, 84min) ★★★
3.15 **Homeward Bound II: Lost in San Francisco** Adventure sequel. (1996, U, 88min) ★★
4.55 **to 7.10** AM **Million Dollar Arm** As shown at 9.45pm.

Sky Animation

305 305 846 436 406 505

6.25 AM **Cats** As shown at 12.45am.
8.20 **Adventures in Zambezia** ★★
9.50 **Hotel Transylvania 3: Summer Vacation** As 4.40pm.
11.35 **The Lion King** As 6.25pm.
1.10 PM **ParaNorman** Animation. (2012, PG, 92min) ★★★★
2.50 **The Lego Ninjago Movie** ★★
4.40 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
6.25 **The Lion King** Animation. (1994, PG, 88min) ★★★★★


4.40 Hotel Transylvania 3...

8.00 **The Lego Ninjago Movie** Animation with the voices of Jackie Chan and Dave Franco. A teenager attempts to defeat his evil warlord father with the help of fellow ninjas. (2017, U, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Adventures in Zambezia** Animation following the adventures of a falcon and his journey to the bird city of Zambezia. With the voice of Leonard Nimoy. (2012, U, 79min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Sleeping Beauty** Disney's animated version of the fairy tale. (1959, U, 75min) ★★★★
12.45 AM **Cats** Animated adventure. (2018, PG, 90min) ★★★
2.40 **The Ant Bully** Animated adventure with the voices of Julia Roberts and Lily Tomlin. (2006, U, 89min) ★★★★
4.20 **to 6.00** AM **The Swan Princess** Animated adventure with the voice of Jack Palance. (1994, U, 89min) ★★★

Sky Action

306 306 847 437 407 502

6.00 AM **The Fast and the Furious**
8.00 **2 Fast 2 Furious** As 9.00pm.
10.00 **The Fast and the Furious: Tokyo Drift** As 11.00pm.
12.00 NOON **Fast & Furious** As 1am.
1.55 PM **Dwayne Johnson on Fast & Furious 5**
2.00 **Fast & Furious 5** (2011) ★★★
4.15 **Fast & Furious 6** (2013) ★★★
6.30 **Fast & Furious – Hobbs & Shaw: Special**
7.00 **The Fast and the Furious** Thriller. (2001, 15) ★★★

9.00 2 Fast 2 Furious

The Fast and the Furious (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **2 Fast 2 Furious** Thriller sequel starring Paul Walker, Tyrese and Cole Hauser. A former cop and his ex-con friend set out to clear their names by going undercover to infiltrate the world of a drugs baron. (2003, 12, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
1.00 AM **Fast & Furious** Thriller sequel starring Vin Diesel. (2009, 12, 107min) ★★★
2.55 **Dwayne Johnson on Fast & Furious 5**
3.00 **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
5.15 **Fast & Furious – Hobbs & Shaw: Special**
5.45 **to 6.00** AM **Top Ten Show**

Sky Comedy

307 307 848 438 408 506

7.15 AM **The Truth About Lies** Comedy with Odette Annable. (2018, 12, 94min) ★★
9.00 **Deuce Bigalow: Male Gigolo** Comedy. (1999, 15, 88min) ★
10.35 **Just Go With It** As 6.00pm.
12.35 PM **Night School** As 8.00pm.
2.35 **Game Night** As 10.00pm.
4.20 **Pretty in Pink** Comedy drama starring Molly Ringwald. (1986, 15, 99min) ★★★
6.00 **Just Go With It** Romantic comedy. (2011, 12, 116min) ★

6.00 Just Go With It

8.00 **Night School** Comedy starring Kevin Hart, Tiffany Haddish and Rob Riggle. A group of troublesome adults are forced to attend night classes in a bid to finish high school. With Megalyn Echikunwoke. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Game Night** Black comedy starring Jason Bateman. (2018, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **This Is the End** End-of-the-world comedy starring James Franco and Jonah Hill. (2013, 15, 106min) ★★★
1.45 AM **Shallow Hal** Romantic comedy starring Gwyneth Paltrow and Jack Black. (2001, 12, 113min) ★★★★
3.45 **An Actor Prepares** Comedy starring Jeremy Irons. (2018, 15, 97min) ★★
5.30 **to 6.00** AM **Mamma Mia! Here We Go Again: Special**

primetime

Sky Megahits

302 302 843 433 403

6.15 AM **Star Wars: The Last Jedi** Fantasy, as shown at 5.25pm.
8.50 **Venom** As shown at 8.00pm.
10.50 **Deadpool 2** As 10.00pm.
12.55 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
2.55 **Black Panther** Adventure. (2018, 12, 134min) ★★★★
5.25 **Star Wars: The Last Jedi** Fantasy starring Mark Hamill. (2017, 12, 146min) ★★★★

8.00 **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
10.00 **Deadpool 2** Action comedy starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★

12.05 AM **Batman v Superman: Dawn of Justice** Adventure. (2016, 12, 164min) ★★
2.45 **War of the Worlds** Thriller. (2005, 12, 116min) ★★★★
4.45 **Extremely Wicked, Shockingly Evil and Vile: Special**
5.15 **to 7.15** AM **Mamma Mia!**

Sky Greats

303 303 844 434 404 508

6.00 AM **The Top Ten Show 2019**
6.15 **Cast Away** As shown at 7.35pm.
8.40 **Forrest Gump** As 10.00pm.
11.05 **You've Got Mail** As 4.45am.
1.10 PM **The Terminal** Drama. (2004, 12, 129min) ★★★★
3.25 **Philadelphia** Oscar-winning drama starring Tom Hanks. (1993, 12, 122min) ★★★
5.35 **Big** Comedy with Tom Hanks. (1988, PG, 102min) ★★★★★

7.35 **Cast Away** Adventure drama starring Tom Hanks as a man who must learn the physical and emotional secrets of survival when he is stranded on a South Pacific island. (2000, 12, 143min) ★★★★
10.00 **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as a simpleton who leads a charmed existence over four turbulent decades of US history. With Robin Wright. (1994, 12, 136min) ★★★★

12.25 AM **Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
2.50 **The Ladykillers** Black comedy remake starring Tom Hanks. (2004, 15, 104min) ★★★
4.45 **to 6.55** AM **You've Got Mail** Comedy starring Tom Hanks. (1998, PG, 114min) ★★★

TCM

315 415 416 512 526

8.50 AM **Carson City** Western. (1952, U, 87min) ★★★
10.45 **The Big Sleep** Film noir. (1946, b/w, PG, 114min) ★★★★★
1.10 PM **The Broken Star** Western. (1956, b/w, PG, 82min) ★★
3.00 **Gunman's Walk** Western. (1958, PG, 95min) ★★
5.00 **They Came to Cordura** Western starring Gary Cooper. (1959, PG, 123min) ★★★

7.30 **The Iron Sheriff** Western starring Sterling Hayden. A sheriff is determined to find the real killer of a stagecoach driver when his own son is accused of the murder. With Darryl Hickman and Constance Ford. (1957, b/w, U, 73min) ★★
9.00 **Code Name: Emerald** World War Two spy thriller starring Ed Harris as a double agent trying to obtain the secrets of the D-Day invasion. With Eric Stoltz. (1985, PG, 93min) ★★

11.05 **Striking Distance** (1993) ★
1.10 AM **Longmire**
2.40 **On Deadly Ground** (1994) ★
4.30 **Hollywood's Best Film Directors** Triple bill.
5.55 **to 6.15** AM **Ben Miller Off Set**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Square Ring** (1953)
7.40 **Hawkeye & the Last of the Mohicans** Drama.
8.10 **The Night We Dropped a Clanger** Comedy. (1959) ★★
9.55 **Laxdale Hall** (1953) ★★
11.30 **Shadows**
12.00 NOON **Flockton Flyer**
12.30 PM **Families of the World**
12.55 **Time Gentlemen Please!** (1952)
2.35 **The Fast Lady** (1962) ★★★

4.35 **The Man Who Wouldn't Talk** Courtroom melodrama. (1957, b/w, PG, 97min) ★★
6.30 **For the Love of Ada**
7.00 **The Wicked Lady** Swashbuckling costume drama starring Margaret Lockwood and James Mason. (1945, b/w, PG, 104min) ★★★★
9.00 **The Rivals of Sherlock Holmes**
10.00 **The Small Back Room** Wartime thriller starring David Farrar and Kathleen Byron. (1948, b/w, PG, 106min) ★★

12.10 AM **For Those In Peril** Drama. (1944, b/w, PG, 64min) ★★
1.30 **The Running Man** Drama. (1963, PG, 101min) ★★★
3.35 **Strongroom** Crime thriller. (1961, b/w, PG, 80min) ★★
5.10 **to 6.00** AM **Musical Masquerade**

Horror

317 149 70 138

8.00 AM **Miami Magma** Sci-fi drama. (2011, 15, 97min) ★★
9.50 **Horror Highlights**
10.00 **Star Trek: Deep Space Nine**
3.00 PM **Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
4.55 **Island of Terror** Sci-fi horror chiller starring Peter Cushing. (1966, PG, 90min) ★★★
6.40 **Doomwatch** Ecological chiller. (1972, 12, 92min) ★★★

8.30 **Tales from the Darkside**
9.00 **Burning Bright** Thriller starring Briana Evigan. During a hurricane, a woman and her brother find themselves trapped inside their house with a hungry tiger. (2010, 12, 82min) ★★
10.45 **Daylight's End** Horror starring Johnny Strong. A drifter reluctantly agrees to help a small group unaffected by the plague which has turned most humans into bloodthirsty monsters. (2016, 15, 105min) ★★

12.50 AM **Shrooms** Horror with Lindsey Haun. (2006, 18, 80min) ★
2.35 **Sharknado 5: Global Swarming** Horror comedy. (2017, 15, 90min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.40 AM **The Hurricane Heist** Thriller. (2018, 12, 103min) ★
8.35 **Breaking In** (2018) ★★
10.15 **Unsane** Horror with Claire Foy. (2018, 15, 98min) ★★★★
12.05 PM **The Bone Collector** Thriller. (1999, 15) ★★★
2.10 **Safe House** As 12.10am.
4.10 **Unstoppable** Action thriller. (2010, 12, 98min) ★★★★
6.00 **The Taking of Pelham 1 2 3** Thriller with Denzel Washington. (2009, 15, 105min) ★★★

10.00 Se7en

8.00 **The Untouchables** Brian De Palma's gangster thriller starring Kevin Costner and Sean Connery. US treasury agent Eliot Ness vows to bring down Chicago crime boss Al Capone. With Andy Garcia. (1987, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Se7en** Thriller with Brad Pitt. A veteran homicide detective and his young partner pursue a killer who is selecting his victims according to the Seven Deadly Sins. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Safe House** Action thriller. (2012, 15, 110min) ★★★
2.10 **Thoroughbreds** Crime drama. (2017, 15, 92min) ★★★★
3.45 **Backtrace** Action thriller. (2018, 15, 92min) ★★★
5.25 **to 7.10** AM **Sam Churchill: Search for a Homeless Man** Thriller. (1997, PG) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.00 AM **An Ordinary Man** Drama. (2017, 15, 90min) ★★★
7.40 **The Top Ten Show 2019**
8.00 **The Pursuit of Happyness** Drama. (2006, 12) ★★★
10.05 **My Girl 2** Drama. (1994) ★★
11.55 **The Top Ten Show 2019**
12.10 PM **The Tribes of Palos Verdes** Drama. (2018) ★★★
2.00 **Atonement** British drama. (2007, 15, 117min) ★★★★
4.10 **Gone With the Wind** Epic drama. (1939, PG) ★★★★★

10.15 Tully

8.00 **All the Money in the World** Ridley Scott's fact-based drama, starring Michelle Williams, Christopher Plummer and Mark Wahlberg. The mother of a kidnapped teenage heir tries to convince his billionaire grandfather to pay the ransom. (2017, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Tully** Comedy drama starring Charlize Theron. The brother of a New York suburbanite hires a nanny to help his sister cope with the arrival of her third child. (2018, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Pirates of Somalia** Drama starring Al Pacino. (2017, 15, 116min) ★★★
2.05 AM **Anything** Drama. (2017, 15, 90min) ★★★
3.50 **to 6.40** AM **Out of Africa** Drama. (1985, PG) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **The Amazing Spider-Man** As 5.40pm.
8.30 **The Amazing Spider-Man 2** As shown at 8.00pm.
10.55 **Spider-Man** As 10.30pm.
1.00 PM **Spider-Man 2** As 12.45am.
3.15 **Spider-Man 3** Fantasy adventure with Tobey Maguire. (2007, 12, 138min) ★★★
5.40 **The Amazing Spider-Man** Adventure starring Andrew Garfield and Emma Stone. (2012, 12, 136min) ★★★

5.40 The Amazing Spider-Man

8.00 **The Amazing Spider-Man 2** Action adventure sequel starring Andrew Garfield and Emma Stone. The superhero battles a foe with electrical powers, while an old friend presents an even greater threat. With Jamie Foxx, Dane DeHaan and Paul Giamatti. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Spider-Man** Adventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Spider-Man 2** Fantasy. (2004, PG, 127min) ★★★★
3.00 **Spider-Man 3** As 3.15pm.
5.30 **to 6.00** AM **Solo: A Star Wars Story – Special**

Sky Select

311 311 852 | 442 412 | 510

7.10 AM **The Thin Red Line** Epic war drama with Sean Penn. (1998, 15, 170min) ★★★★
10.10 **Gravity** As shown at 6.25pm.
11.45 **First Man** As shown at 8pm.
2.10 PM **The Prestige** Mystery. (2006, 12, 130min) ★★★★
4.25 **Road to Perdition** Period drama starring Tom Hanks. (2002, 15, 119min) ★★★★
6.25 **Gravity** Thriller with Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★

4.25 Road to Perdition

8.00 **First Man** Drama starring Ryan Gosling. A look at the life of astronaut Neil Armstrong, from his early days in 1961 as a NASA test pilot. By the late 1960s, as he becomes distant from his family, he embarks on a space mission that leads to him becoming the first man to walk on the moon. (2018, 12, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

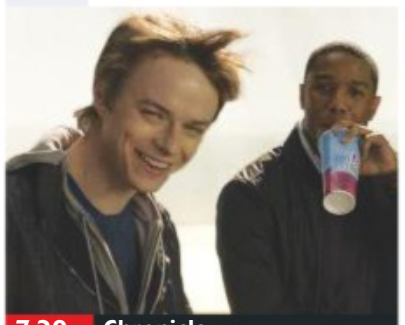
10.30 **Leave No Trace** Drama with Ben Foster. A father and his daughter's ideal existence in a vast urban park is ruined by a small mistake that changes their lives for ever. (2018, 12, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Witness** Crime thriller. (1985, 15, 112min) ★★★★
2.20 **American Gigolo** Thriller. (1980, 18, 117min) ★★★
4.20 **to 6.20** AM **Lu Over the Wall** Animation. (2017, PG) ★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **The Rugrats Movie** Family animated comedy. (1998, U, 80min) ★★★
12.40 PM **Thunderbirds Are GO** Film spin-off from the TV series. (1966, U, 90min) ★★★
2.30 **Hulk** Sci-fi fantasy with Eric Bana. (2003, 12, 138min) ★★
5.10 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
7.20 **Chronicle** Sci-fi thriller. (2012, 15, 83min) ★★★



7.20 Chronicle

Chronicle (film started at 7.20pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **xXx: Return of Xander Cage** Action thriller starring Vin Diesel and Donnie Yen. The spy is brought out of exile to retrieve a powerful weapon that has been stolen by a lethal gang of mercenaries. (2016, 12, 107min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.10 **The Sitter** Comedy starring Jonah Hill and Sam Rockwell. A slacker babysitter goes on a drug run with his charges in tow, beginning a long night of disasters. (2011, 15, 81min) ★★ **11 PM**
12.50 **to 3.00** AM **The Guest** Thriller with Dan Stevens and Maika Monroe. A couple invite a friend of their dead son to stay. (2014, 15, 100min) ★★★★

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Four episodes.
11.00 **Love in Another Town** Drama. (1997, PG, 88min) ★★
1.00 PM **Just Breathe** Drama. (2008, PG, 90min) ★★
3.00 **Bringing Ashley Home** Fact-based drama starring AJ Cook. (2011, 12, 87min) ★★
5.00 **Proof of Lies** Thriller. (2006, 12, 120min) ★★

7.00 **The Good Times Are Killing Me** Drama starring Kelly Rowan and Rupert Graves. A successful lawyer finds herself in rehab where she befriends a couple of strange characters who help her crack an important case. (2009, 15, 120min) ★★
9.00 **Perfect High** Drama with Bella Thorne. A teen is introduced by her new friends to prescription drug-sharing, but the fun soon leads her to a heroin addiction. (2015, 12, 87min) ★★
10.50 **Jesus' Son** Offbeat drama starring Billy Crudup. (1999, 18, 109min) ★★★
1.00 AM **The Waltons**
3.00 **The Avengers**
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Mistaken** (2008, 12) ★★
10.40 **Garage Sale Mystery: All That Glitters** Mystery.
12.25 PM **The House Bunny** Comedy. (2008, 12, 93min) ★★★
2.15 **Paul Blart: Mall Cop 2** Comedy. (2015, PG, 92min) ★★
4.20 **Just Go With It** Romantic comedy. (2011, 12, 116min) ★
6.40 **Hitch** Romantic comedy. (2005, 12, 118min) ★★★

9.00 **Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers as a Swinging Sixties fashion photographer and secret agent who is revived from suspended animation in the 1990s to defeat his old adversary. With Elizabeth Hurley. (1997, 15, 95min) ★★★★
10.55 **Defendor** Comedy drama starring Woody Harrelson, Kat Dennings and Sandra Oh. (2009, 15, 97min) ★★★
1.05 AM **Code of Honor** Action thriller. (2016, 15, 106min)
3.15 **Sony Movie News Extra**
3.25 **The China Syndrome** Thriller. (1979, PG, 122min) ★★★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **2 Years of Love** Romantic drama. (2016, PG, 88min) ★★
9.00 **Autumn Stables** (2018) ★★
11.00 **Wedding at Graceland** Drama sequel. (2019, PG, 120min) ★★
1.00 PM **Destination Wedding** Comedy. (2017, PG, 84min) ★★
3.00 **PREMIERE In the Key of Love** Drama. (2019, PG, 90min) ★★
5.00 **Aurora Teagarden Mystery: Dead Over Heels** Mystery.

7.00 **The Art of Murder: Garage Sale Mystery** Drama with Lori Loughlin and Steve Bacic. While preparing a charity garage sale, an antique store owner discovers a body in an attic, then sets out to find the killer.
9.00 **Home by Spring** Drama with Poppy Drayton and Steven R McQueen. An ambitious event planner goes undercover as her boss in order to pull off the perfect Summer retreat in her home town. (2018, 83min) ★★
11.00 **The Good Witch's Gift** Fantasy. (2010, PG, 89min) ★★★
1.00 AM **A Man for Every Month** Comedy. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Christmas at Graceland** Drama. (2018) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Nocturne** (1946) ★★★
7.45 **The Great Silence** Western. (1967, 15, 101min) ★★★
10.00 **The Texas Rangers** Western. (1951, U, 75min) ★★★
11.40 **Relentless** Western. (1948) ★★
1.35 PM **Wagonmaster** Western. (1950, b/w, PG, 86min) ★★★★
3.20 **Jesse James: Lawman** Western. (2015, 12, 77min) ★★
5.00 **Trail Street** Western. (1947) ★★

6.45 **Age of the Gunslinger** Western starring Angus Macfadyen and Justin Ament. A bounty hunter returns to his hometown after many years to avenge the murder of his preacher father. (2009, 12, 109min) ★★
9.00 **The Gunslingers** Western adventure starring John Elliott and Narisa Suzuki. A bounty hunter races to find a stash of gold before a group of violent outlaws get to the treasure. (2009, 15, 89min) ★
10.55 **Pistol Whipped** Action thriller. (2007, 15, 96min) ★★★
12.55 AM **King Arthur: Excalibur Rising** Drama. (2017, 15) ★★
2.55 **to 4.00** AM **The Concorde Story**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.20 PM **McLintock!** *5Spike* Comedy Western. (HD) ★★★
6.30 **Pearl Harbor** *ITV4* (HD) ★
6.35 **Godzilla** *ITV2* (HD) ★★★
6.55 **Death Becomes Her** *Paramount Network* (HD) ★★★
7.00 **Arctic Apocalypse** *Syfy* ★
7.05 **Killers** *AMC* ★★
7.10 **Kung Fu Panda 2** *E4* Animated comedy adventure. (HD) ★★★★
7.10 **Ace Ventura: When Nature Calls** *Comedy Central* (HD) ★★
9.00 **Van Helsing** *5Spike* (HD) ★★
9.00 **London Has Fallen** *5STAR* Action thriller. (HD) ★★
9.00 **The Green Hornet** *Comedy Central* Fantasy. (HD) ★★★
9.00 **The Legend of Drunken Master** *Syfy* Subtitled. ★★★★
9.00 **Bridges of Madison County** *Paramount* (HD) ★★★★
10.00 **Kick-Ass 2** *E4* (HD) ★★
10.05 **Flightplan** *ITV4* (HD) ★★★★
11.00 **The Dressmaker** *Channel 4* Drama. (HD) ★★★★
11.05 **Daylight** *5STAR* (HD) ★★★
11.10 **Air** *Syfy* Thriller. ★★
11.30 **Hot Shots!** *Comedy Central* Comedy spoof. (HD) ★★★★
11.35 **Outlander** *5Spike* (HD) ★★★

SUNDAY Sport

SKY HD SD VIRGIN HD BT HD

4 August

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Sky Sports News**
7.00 LIVE **NRL St George Illawarra Dragons v Parramatta Eels.** At the Jubilee Oval. Kick-off 7.05am.
8.50 **My Icon**
9.00 **Total Goals**
10.00 LIVE **The Ashes England v Australia.** Coverage of day four of the first Test in the five-match series, held at Edgbaston.
1.00 PM LIVE **Hungarian F1 GP: Pit Lane** A preview of the race.
1.30 LIVE **Hungarian F1 GP: On The Grid** All the build-up to the 12th round of the season.
2.05 LIVE **Formula 1** The Hungarian Grand Prix: Coverage of the 12th round of the season from the Hungaroring. Start-time 2.10pm.
4.30 LIVE **EFL Bristol City v Leeds United.** The Championship clash at Ashton Gate. Kick-off 4.30pm.
7.00 **KP: The Story of a Genius**
7.30 LIVE **PGA Tour Golf** Coverage of the fourth and final day's play of the Wyndham Championship at Sedgefield Country Club in Greensboro, North Carolina.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Best Goals 12/13**
8.00 **Premier League 100**
9.00 **Premier League 100 Club**
10.00 **The Sunday Supplement**
11.30 **The Tyler Archives**
12.00 NOON **Sports Sunday**
3.00 PM LIVE **FIFA eWorld Cup Series** Coverage of the third and concluding day of the finals of the FIFA eWorld Cup at the O2 in London, as the gamers compete for the $100,000 first prize.
7.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
9.00 **The Tyler Archives** Past games between Liverpool and Chelsa.
9.30 **The Tyler Archives** Past games between Manchester United and Manchester City.
10.00 **Premier League 100**
12.00 M'T **Premier League Best Goals** Memorable strikes.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football Years**
8.30 **EFL Greatest Games**
9.00 **Football Years**
9.30 **EFL Greatest Games**
10.00 **The Sunday Supplement**
11.30 **Football Years**
12.00 NOON **SPFL Greatest Games**
12.30 PM LIVE **SPFL Kilmarnock v Rangers.** The top-flight clash at Rugby Park. Kick-off 1.30pm.
4.00 LIVE **EFL Bristol City v Leeds United.** The Championship match at Ashton Gate. Kick-off 4.30pm.
7.00 **EFL Greatest Games**
7.30 **Football Years**
8.00 **EFL Highlights**
9.00 LIVE **MLS Minnesota United FC v Portland Timbers.** From Allianz Field. Kick-off 9.00pm.
11.05 **MLS Greatest Games**
11.15 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 M'T **EFL Highlights**
1.00 AM **EFL Greatest Games**
2.00 **Football's Greatest Players**
3.00 **EFL Greatest Games**
4.00 **Football Countdowns**
4.30 **Football Years**
5.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports The Ashes

404 404 858 514 504

6.00 AM **Ashes Memories**
7.00 **The Ashes** As 8.30am.
8.00 **The Ashes Debate**
8.30 **The Ashes** England v Australia: Action from the third day's play of the first Test at Edgbaston.
9.30 **The Ashes Debate** Discussion on day three of the first Test between England and Australia.
10.00 LIVE **The Ashes England v Australia.** Coverage of day four of the first Test in the five-match series, held at Edgbaston.
6.30 PM **The Ashes Debate**
7.00 **KP: The Story of a Genius**
7.30 **Ashes In The 80's**
8.00 **The Ashes** England v Australia: Action from the fourth day of the first Test at Edgbaston.
9.00 **The Ashes Debate** Discussion on day four of the first Test between England and Australia.
9.30 **KP: The Story of a Genius**
10.00 **The Ashes** As 8.00pm.
11.00 **The Ashes Debate**
11.30 **The Ashes** As 8.00pm.
12.30 AM **The Ashes Debate**
1.00 **Best of England v Australia**
1.25 **International T20 Cricket**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 515 505

6.00 AM **Ladies European Tour Golf** As shown at 11.00am.
7.00 **PGA Tour Golf** Action from day three of the Wyndham Championship in North Carolina.
11.00 **Ladies European Tour Golf** Action from the third day's play of the Women's British Open.
12.00 NOON LIVE **Ladies European Tour Golf** The fourth and final day of the Women's British Open, the final Major tournament of the year, held at Woburn Golf Club in Little Brickhill, near Milton Keynes.
7.00 PM LIVE **PGA Tour Golf** The fourth and final day's play of the Wyndham Championship from Sedgefield Country Club in Greensboro, North Carolina.
11.00 **Ladies European Tour Golf** Action from the fourth and final day of the Women's British Open.
12.00 M'T **Feherty Talks To Pat Perez, Kevin Kisner & Billy Horschel** The pundit chats to three PGA Tour stars.
1.00 AM **PGA Tour Golf** Action from the fourth and final day's play of the Wyndham Championship.
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 527 408 430

6.00 AM **Premier League Legends**
7.00 **Mobil 1: The Grid**
7.30 LIVE **World Rally Championship** Rally Finland.
8.30 **BT Sport Fight Night**
10.30 **Premier League 100**
11.00 LIVE **World Rally Championship** Rally Finland.
12.30 PM LIVE **Bundesliga 2 FC Heidenheim 1846 v VfB Stuttgart.** Coverage from Voith-Arena. Kick-off 12.30pm.
2.30 LIVE **FA Community Shield Liverpool v Manchester City.** From Wembley Stadium. Kick-off 3.00pm. *See feature, page 26*
5.30 **Sport in Focus**
5.45 **Premier League: Season Preview** A look ahead.
6.45 **Sport in Focus: Marc Marquez**
7.00 LIVE **World Rallycross** Round seven from Trois-Rivieres, Canada.
9.00 **MotoGP**
10.00 **MotoGP Chequered Flag**
11.00 **Premier League Legends**
11.30 **Formula E: Street Racers**
12.00 M'T LIVE **WTA Tennis** The final of the Mubadala Silicon Valley Classic from San Jose.
2.30 AM **Mobil 1: The Grid**
3.00 **to 6.00** AM **Classic Boxing**

BT Sport 2

414 414 868 528 409 431

6.00 AM **German Super Cup**
7.30 LIVE **MotoGP** All the action from the warm ups ahead of the Grand Prix of the Czech Republic.
9.15 LIVE **MotoGP** The Moto3 race at the Grand Prix of the Czech Republic. Start-time 10.00am.
11.00 LIVE **MotoGP** The Moto2 race at the Grand Prix of the Czech Republic. Start-time 11.20am.
12.30 PM LIVE **MotoGP** The MotoGP race at the Grand Prix of the Czech Republic Start-time 1pm.
2.00 **MotoGP Chequered Flag**
3.00 **FIM Speedway Grand Prix**
5.00 **BT Sport Fight Night**
7.00 LIVE **MLB Chicago Cubs v Milwaukee Brewers.** Coverage of the National League match at Wrigley Field. Start-time 7.20pm.
10.00 **MLB's Best** MLB highlights show.
10.30 **UFC Profiles in Combat**
11.00 **UFC: Covington v Lawler**
2.00 AM **BRDC British F3 Championship Highlights**
3.00 **V8 Supercars Highlights**
4.00 **Virgin Australia Supercars Championship Highlights**
5.00 **Formula E: Street Racers**
5.30 **to 6.00** AM **Gearing Up**

BT Sport 3

417 417 869 529 410 432

7.00 AM **Gearing Up**
7.30 LIVE **AFL Brisbane Lions v Western Bulldogs.** Coverage from Brisbane Cricket Ground. Bounce-up 7.40am.
10.30 **Trophee des Champions**
12.00 NOON **Vanarama National League** Action from Stockport County v Maidenhead United.
1.30 PM **BT Sport Reload**
1.45 **Home Again**
2.15 LIVE **British Talent Cup** Coverage of race 10 from the fifth round in Brno, Czech Republic.
3.15 **Formula E: Street Racers**
3.45 **BT Sport Reload**
4.00 **Unmatched**
5.00 **WTA Tennis**
7.00 LIVE **WTA Tennis** The final of the Citi Open from Washington.
9.30 **AFL** Action from Collingwood Magpies v Gold Coast Suns.
11.30 **BT Sport Reload**
11.45 **Sport in Focus: Marc Marquez**
12.00 M'T **Vanarama National League Highlights**
12.30 AM **FIM Speedway Grand Prix**
2.30 **FIM Speedway Highlights**
3.30 **AFL** As shown at 9.30pm.
5.30 **to 6.00** AM **Vanarama National League Highlights**

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Show Jumping**
11.00 **WWE Smackdown**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Show Jumping**
3.00 LIVE **Championship Rugby League Bradford Bulls v Toronto Wolfpack.** Coverage of the English second-tier match at Odsal Stadium. Kick-off 3.00pm.
5.00 **Sporting Records**
5.30 **Darts Gold**
6.00 **Show Jumping**
7.00 **Darts Gold**
7.30 **Show Jumping** The Longines BHS King George V Gold Cup.
8.30 **Darts Gold**
9.00 **Sporting Records**
9.30 **Show Jumping**
10.30 **Darts Gold**
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON LIVE **Ladies European Tour Golf** Coverage of the fourth and final day's play of the Women's British Open, the final Major tournament of the year, held at Woburn Golf Club in Little Brickhill, near Milton Keynes.
7.00 PM **My Icon**
8.00 LIVE **WNBA New York Liberty v Connecticut Sun.** Coverage of the women's basketball match from Westchester County Centre in White Plains. Tip-off 8.00pm.
10.00 LIVE **WNBA Los Angeles Sparks v Seattle Storm.** Coverage of the women's basketball match at Staples Centre in Los Angeles. Tip-off 10.00pm.
12.00 M'T **Ladies European Tour Golf** Action from the final day of the Women's British Open.
1.00 **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **MLB's Best**
6.30 **FIA Karting Championships**
7.00 **CFL** Toronto Argonauts v Winnipeg Blue Bombers.
9.30 **CFL** Action from Montreal Alouettes v Ottawa Redblacks.
12.00 PM **CFL** Action from Calgary Stampeders v Edmonton Eskimos.
2.30 PM **MLB** Action from New York Yankees v Boston Red Sox.
5.30 **MLB's Best** MLB highlights show.
6.00 LIVE **X Games** Coverage of the X Games Minneapolis 2019, featuring the Skateboard Park final, Skateboard Street final, Harley-Davidson Hooligan Racing and BMX Park Best Trick final.
11.00 **Baseball Tonight** MLB news.
12.00 M'T LIVE **MLB New York Yankees v Boston Red Sox.** Coverage of the American League encounter from Yankee Stadium. Start-time 12.05am.
3.00 AM **FIA Karting Championships**
3.30 **to 6.00** AM **CFL**

Eurosport 1

410 410 864 523 521 412 435

6.00 AM **WATTS**
6.25 LIVE **Snooker: International Championship** The opening day's play from Daqing, China.
10.00 **Snooker: International Championship** Day one action.
10.55 **WATTS**
11.00 **RideLondon**
12.00 NOON LIVE **Snooker: International Championship** Further coverage of the opening day's play from Daqing, China.
3.00 PM LIVE **RideLondon** The RideLondon Classic: Coverage of the men's race from London.
6.30 **Salomon Golden Trail Series**
7.00 **Cycling: Tour of Poland** Action from stage two, from Tarnowskie Gory to Katowice.
8.00 **RideLondon**
9.30 **Clasica San Sebastian**
10.30 **Snooker: International Championship** Day one action.
12.30 AM **Porsche Supercup**
1.05 **to 1.25** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

6.55 AM **Clasica San Sebastian**
7.55 **RideLondon**
8.55 **Motorsport: Chateau Impney**
9.55 **Caterham Championships**
10.55 LIVE **Porsche Supercup** The Hungarian Grand Prix.
12.00 NOON **British Superbikes**
1.00 PM LIVE **British Superbikes** Coverage of the seventh round of the season from Thruxton.
6.00 **Motocross British Championship**
7.00 **Snooker: International Championship** Day one action.
9.00 **British Superbikes**
11.00 **Motocross World Championship**
12.00 M'T **Motocross British Championship** Round seven.
1.00 AM **Motorsport: Chateau Impney**
2.00 **Snooker: International Championship** Day one action.
4.00 **Cycling: Tour of Poland**
5.00 **Motocross World Championship**
5.30 **to 6.25** AM **Snooker: International Championship**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 LIVE **NRL St George Illawarra Dragons v Parramatta Eels.**
8.50 **My Icon**
9.00 **WWE Smackdown Hlts**
10.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **Show Jumping**
1.00 PM **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **WWE Slam City**
4.30 **WWE from the Vault**
5.00 **Sporting Records**
6.00 **WWE Raw Hlts**
7.00 **WWE Experience**
8.00 LIVE **WNBA New York Liberty v Connecticut Sun.**
10.00 LIVE **WNBA Los Angeles Sparks v Seattle Storm.**
12.00 M'T **WWE Smackdown Hlts**
1.00 AM **WWE Raw Hlts**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 516 506

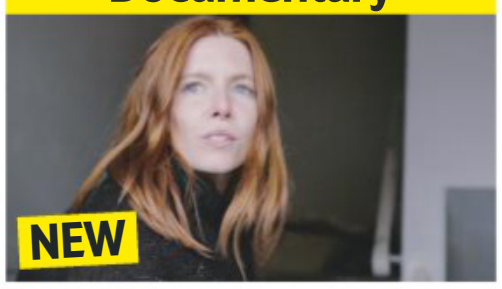
6.00 AM **Highlights**
8.55 LIVE **Formula 3** Race two of the Hungarian Grand Prix.
9.45 **Alfa Romeo 1950**
9.50 **Brundle with Kubica & Russell**
10.05 **Lost In Baku**
10.15 LIVE **Formula 2** Race two of the Hungarian Grand Prix.
11.15 **Alfa Romeo 1950**
11.20 **Box Box Box**
11.30 **Ted's 2019 F1 Tech**
11.40 LIVE **Porsche Supercup** The Hungarian Grand Prix.
12.15 PM **Brundle with Kubica & Russell** Discussion show.
12.30 LIVE **Formula 1** The Hungarian Grand Prix: Coverage of the 12th round of the season from the Hungaroring. Start-time 2.10pm.
5.00 **F1: The Championship Begins**
5.30 **Formula 1** Hungarian Grand Prix.
6.30 **Hungarian F1 GP Best Bits**
7.00 **Formula 1** Hungarian Grand Prix.
9.05 **Vettel In Fiorano**
9.20 PM **to 6.00** AM **Highlights**

Monday

5 August

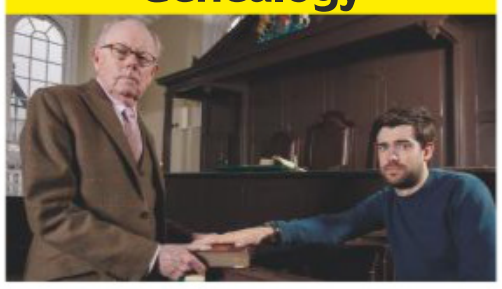
Evening Planner

Documentary



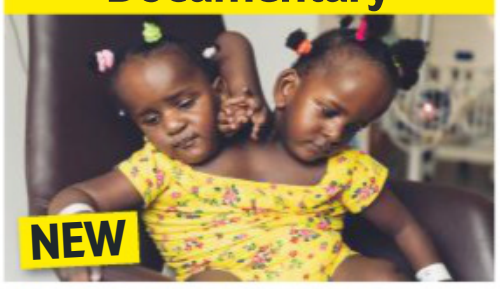
Stacey Meets the IS Brides – Panorama
BBC1 HD, 8.30pm
Stacey Dooley encounters Westerners who left home to join Islamic State

Genealogy



Who Do You Think You Are?
BBC1 HD, 9pm
Jack Whitehall and his father Michael find out their family's role in Chartism

Documentary



The Conjoined Twins: An Impossible Decision
BBC2 HD, 9pm
At Great Ormond Street, the ethics of Marieme and Ndeye's case are discussed

Documentary

Born Famous: Gordon Ramsay
C4 HD, 10pm
Jack Ramsay discovers what life would have been like had his dad not been rich

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 White Van...	8.00 EastEnders	8.30 Stacey Meets...	9.00 Who Do You Think You Are?		10.00 News; Local News	10.35 This...
102 BBC2	7.00 Remarkable Places to Eat		8.00 Nadiya's Time...	8.30 University...	9.00 The Conjoined Twins: An Impossible...		10.00 I Love 1985	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Ainsley's...	8.30 Coronation Street	9.00 Long Lost Family: What Happened Next		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Food...	8.30 The £1 Houses...	9.00 24 Hours in Police Custody		10.00 Born Famous: Gordon Ramsay	
105 CHANNEL 5	7.00 Cricket on 5: The Ashes		8.00 Traffic Cops		9.00 The Secret World of Your Rubbish		10.00 Infested: Inside the World's Most...	
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own: US Road Trip...		9.00 Film: Gone in Sixty Seconds			
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Venice 24/7	8.00 Operation Grand Canyon with Dan...		9.00 James May's Toy Stories: Action Man		10.00 Life	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Family Guy		10.00 American Dad!	
136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Race to the Death: Rome's Charioteers		10.00 Living in the Shadow of World War Two	
135 E4	7.00 Hollyoaks	7.30 The Goldbergs	8.00 The Big Bang Theory		9.00 Celebs Go Dating		10.05 First Dates	
107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 Blue Bloods		10.00 World's Most Evil Killers	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Film: Warning: This Drug May Kill You		10.10 Divorce	
110 GOLD	7.10 Porridge	7.50 The Good Life			9.00 Blackadder the Third		10.15 Only Fools and Horses	
111 DAVE	7.00 Taskmaster		8.00 Have I Got a Bit More News for You		9.00 QI XL		10.00 Dave Gorman: Modern Life Is Goodish	
119 ITV3	7.00 Murder, She Wrote		8.00 Doc Martin				10.00 Scott & Bailey	
120 ITV4	7.00 The Chase		8.00 Made in Britain		9.00 Benidorm		10.00 Film: Pearl Harbor	
112 COMEDY CENTRAL	7.00 Friends				9.00 Single Parents		10.00 Film: Step Brothers	
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 The Outpost		10.00 Film: The Brothers Grimm	
109 W	7.00 MasterChef Australia			8.30 My Restaurant...	9.00 One Born Every Minute		10.00 Emma Willis: Delivering Babies	
113 UNIVERSAL	7.00 NCIS		8.00 Private Eyes		9.00 Ransom		10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS				9.00 Lucifer		10.00 People of Earth	10.30 American Dad!
122 SKY ARTS	7.00 The Eighties		8.00 Hollywood in Vienna: The Sound of Space & Alexandre Desplat				10.00 Il Volo with Placido Domingo...	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Fast N' Loud		10.00 Street Outlaws	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Fish or Die		9.00 Alaska: The Last Frontier		10.00 Animal Cops Miami	
129 NAT GEO	7.00 Wicked Tuna		8.00 Draining the Bermuda Triangle		9.00 Drain the Great Lakes		10.00 Drain Alcatraz	
130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 The 90s: How They Changed Our World			
155 YESTERDAY	7.00 Abandoned Engineering		8.00 Invasion! With Sam Willis		9.00 Abandoned Engineering		10.00 The World at War	
166 EDEN	7.00 Remarkable Rwanda		8.00 Life on Earth: A New Prehistory		9.00 Wild Colombia with Nigel Marven		10.00 Planet Earth	
Films								
301 SKY PREMIERE	◂ 6.00 Ralph Breaks the Internet		8.00 The Darkest Minds				10.00 Drunk on Love	
302 SKY HITS	◂ 6.00 Rise of the Planet of the Apes		8.00 Crazy Rich Asians				10.00 Upgrade	
303 SKY GREATS	◂ 6.15 Labyrinth		8.00 Speed				10.00 Bad Boys	
304 SKY DISNEY	◂ 6.20 The Emperor's New Groove		8.00 A Wrinkle in Time				10.00 Cool Runnings	
305 SKY ANIMATION	◂ 6.20 Cloudy with a Chance of Meatballs 2		8.00 Monsters, Inc			9.40 Big Fish & Begonia		
306 SKY ACTION	◂ 6.45 Iron Man				9.00 Iron Man 2			
307 SKY COMEDY	◂ 6.00 Pitch Perfect		8.00 Johnny English Strikes Again			9.40 Tag		
308 SKY THRILLER	7.00 The Snowman				9.00 BlacKkKlansman			
309 SKY DRAMA	◂ 6.10 The Adjustment Bureau		8.00 The Social Network				10.05 Professor Marston and the...	
310 SKY SCI-FI	◂ 5.30 Black Panther		8.00 Avengers: Infinity War					10.35 Ant-Man...
311 SKY SELECT	◂ 6.25 Lucky		8.00 Hostiles				10.15 Rise of the Viking	
313 FILM4	◂ 6.50 First Daughter				9.00 X-Men: Apocalypse			
315 TCM	◂ 6.30 Darby's Rangers				9.00 Dirty Harry			
Sport								
401 MAIN EVENT	7.00 EFL – Live: Huddersfield Town v Derby County: From John Smith's Stadium (Kick-off 7.45)							10.15 The Debate
402 PREMIER LEAGUE	7.00 PL Greatest Games		8.00 Premier League Years				10.00 PL...	10.15 The Debate
403 FOOTBALL	7.00 EFL – Live: Huddersfield Town v Derby County: From John Smith's Stadium (Kick-off 7.45)							10.15 The Debate
404 THE ASHES	7.00 Captain's Log		8.00 The Ashes		9.00 The Ashes...	9.30 Ashes In The...	10.00 The Ashes	
413 BT SPORT 1	◂ 4.00 WTA Tennis – Live: Action from day one of the Rogers Cup in Toronto, Canada							
414 BT SPORT 2	◂ 6.00 Tottenham v...	7.30 Southampton v Man United 2018/19			9.00 Fishing: On The Bank		10.00 Premier League Review: 2004/05	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

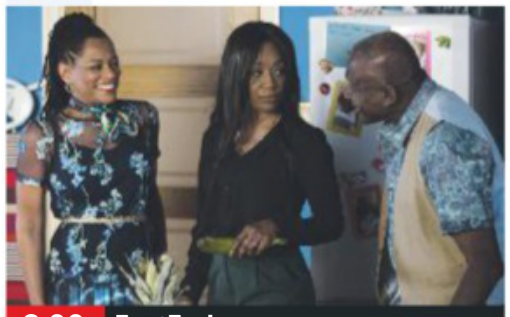
SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/43AU
OR CALL 0330 3331 113 and quote code 43AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **NEW SERIES Animal Park Summer Special** 1/15. Kate Humble and Ben Fogle return to Longleat safari park. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Wanted Down Under Revisited** (R)
11.45 **Britain in Bloom** (S)(R)
12.15 PM **Bargain Hunt** New edition From Exeter. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 6/16. George tries to get Tracy to forgive Woody. (S3) (S)(AD)
2.30 **Escape to the Country** (S)(R)(AD)
3.30 **Good Morning Dagenham** (S)(R)
4.15 **Flog It!** From Morecambe. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 EastEnders

7 PM

7.00 **The One Show** Michelle Ackerley and Matt Baker host the topical show. (S)
7.30 **NEW White Van Gogh Man – Our Lives** Profile of Norfolk artist Ruddy Muddy, aka Rick Minns. (S)(AD)

8 PM

8.00 **EastEnders** Sheree makes herself a little too much at home. (S)(AD)
8.30 **NEW Stacey Meets the IS Brides – Panorama** Stacey Dooley meets Western women who joined IS. (S)

9 PM

9.00 **Who Do You Think You Are?** New edition 3/8. Jack and Michael Whitehall investigate their family tree, learning about a tragedy that left one ancestor an orphan and finding out about another's fight against voting rights. *See feature, page 4* (S)

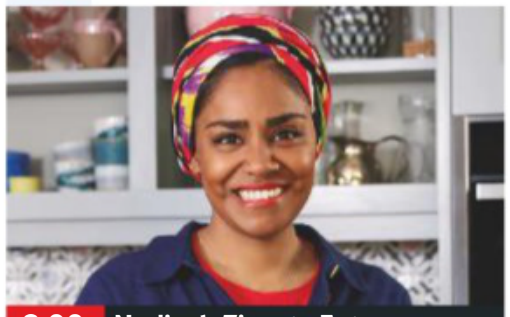
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **This Country** 6/6. Kerry and Kurtan explore the possibility of moving away, and Kurtan receives some exciting news. (S1) (S)(R)(AD)
11.00 **Have I Got a Bit More Old News for You** David Mitchell hosts an extended edition of the quiz from November 2018, with Andy Hamilton and Deborah Frances-White joining team captains Paul Merton and Ian Hislop. (S)(R)
11.45 **Live at the Apollo** With Sean Lock, Romesh Ranganathan and Marcus Brigstocke. (S)(R)
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Secret History of the British Garden** (S)(R)(AD)
7.30 **An Island Parish: Falklands** (S)(R)
8.00 **Sign Zone: Britain in Bloom** (S)(R)
8.30 **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Len and Ainsley's Big Food Adventure** (S)(R)(AD)
3.00 **Hairy Bikers' Best of British** (R)
3.45 **More Creatures Great and Small** Adam makes a discovery. (S)(R)
4.15 **Life Story** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** Products are put to the test. (S)(R)



8.00 Nadiya's Time to Eat

7 PM

7.00 **Remarkable Places to Eat** 3/4. Chef Michel Roux Jr takes maitre d' and *First Dates* star Fred Sirieix to some of his favourite restaurants in Paris, where the pair experience the signature dish of a world famous restaurant. (S)(R)(AD)

8 PM

8.00 **Nadiya's Time to Eat** New edition 4/6. Recipes that take the stress out of impressing guests. (S)
8.30 **University Challenge** New edition The University of Birmingham compete against the University of Bristol. (S)

9 PM

9.00 **NEW The Conjoined Twins: An Impossible Decision** Documentary following the dilemma facing a parent and a medical team at Great Ormond Street Hospital over whether to separate conjoined twins. *See feature, page16* (S)(AD)

10 PM

10.00 **I Love 1985** Grace Jones presents a look back at a year when Live Aid took the world by storm. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Tribes, Predators & Me** Gordon Buchanan hunts animals in tribal cultures around the world. (S)(R)
12.15 AM **Fosse/Verdon** *Life Is a Cabaret:* 1/8. Drama starring Sam Rockwell and Michelle Williams. (S)(R)
1.05 **Fosse/Verdon** *Who's Got the Pain?* 2/8. Gwen considers her relationship with Bob. (S1) (S)(R)
1.50 **Sign Zone: Serengeti** (S)(R)(AD)
2.50 **Sign Zone: Countryfile** (S)(R)
3.45 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Carlisle, where Fay Rutter inspects an arts and crafts screen, and Simon Schneider is in two minds about a Keswick bowl. (S)(R)
3.00 **Tenable** Five family members from Lincoln take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7 PM

7.00 **Emmerdale** Kerry encourages Amy to act normally, and Nate is disappointed. (S)(AD)
7.30 **Coronation Street** Robert arrives at Vicky's to find Jed there. (S)(AD)

8 PM

8.00 **Ainsley's Caribbean Kitchen** 2/6. Ainsley Harriott visits Trinidad. (S)(R)(AD)
8.30 **Coronation Street** Gary is impressed when Ryan reveals that he sold two pieces of furniture. (S)(AD)

9 PM

9.00 **Long Lost Family: What Happened Next** New edition 2/3. Davina McCall and Nicky Campbell follow the stories of three families who have faced challenges building their new relationships. (S)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Sewer Men** 2/2. Pete and Shawn unblock the well at one of the dirtiest, deepest pumping stations in Staffordshire. (S)(R)(AD)
11.40 **Tenable** Five members of a pub quiz team answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
12.35 AM **Teleshopping**
3.00 **Masterpiece with Alan Titchmarsh** Alan and Rachel Houston-Holland pay a visit to Kentwall Hall in Suffolk. (S)(R)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S3) (S)(R)
8.10 **Everybody Loves Raymond** 6&7/26. (S3) (S)(R)(AD)
9.10 **Frasier** 13&14/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Advice for a couple wishing to buy a holiday home in Spain. (S)(R)
4.00 **The £100k Drop** New edition (S)
5.00 **Come Dine with Me** New edition From in and around Edinburgh. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Sinead makes a brave decision and decides to celebrate by going to a festival. (S)(AD)

8.30 The £1 Houses: Britain's...

7 PM

7.00 **News** (S)

8 PM

8.00 **Food Unwrapped** New edition A selection of previous investigations. (S)(AD)
8.30 **The £1 Houses: Britain's Cheapest Street** Series finale 7/7. John is left to try and finish his house. (S)(AD)

9 PM

9.00 **24 Hours in Police Custody** The latest incident in a knife crime epidemic follows detectives from Bedfordshire Police as they respond to a 999 call reporting a stabbing in broad daylight. (S)(R)(AD)

10 PM

10.00 **NEW SERIES Born Famous: Gordon Ramsay** 1/4. Children of celebrities sample what life could have been like if they had not been born into privileged lifestyles, starting with Gordon Ramsay's son Jack. (S)(AD)
11.00 **Homes from Hell: Caught on Camera** Documentary. (S)(R)(AD)
12.00 M'T **George Clarke's Council House Scandal** (S)(SL)(R)(AD)
1.00 AM **Kitchen Nightmares USA** (R)
1.50 **The Lateish Show with Mo Gilligan** With Aisling Bea. (S)(R)
2.45 **Friday Night Feast** (S)(R)(AD)
3.40 **Grand Designs New Zealand** (R)
4.35 **Kirstie's Fill Your House for Free**
4.55 **Come Dine with Me** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** (R)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!** Documentary. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **A Surrogate's Nightmare** Thriller starring Poppy Montgomery. (S) (2017, 12, 105min) ★★
4.00 **Friends** 15&16/18. (S10) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** On her return to work, Elly struggles to control a defiant pupil. (S)(R)(AD)
6.00 **Home and Away** Colby and Mac go on a date. (S)(R)(AD)
6.30 **News** (S)

9.00 The Secret World of Your...

7.00 **Cricket on 5: The Ashes** Action from the final day of the first Test in the five-match Ashes series between England and Australia, taking place at Edgbaston. (S)

8.00 **Traffic Cops** New edition 2/9. Officers target violent gangs ram-raiding ATMs, Adrian is called to a report of an attempted burglary, and Vicky is alerted to a suspected stolen car. (S)

9.00 NEW SERIES **The Secret World of Your Rubbish** 1/3. Following people around the UK working in waste disposal, including the owners of a landfill site, a skip hire company, and refuse collectors. (S)

10.00 **Infested: Inside the World's Most Dangerous Prison** An insight into life inside Madagascar's Antanimora Prison, where inmates endure a potentially deadly rodent infestation. (S)(R)

11.05 **Rapists & Robbers: Inside The World's Toughest Prison** (S)(R)
12.05 AM **Released to Kill Again** (R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Gotham: Wrath of the Villains**
4.00 **OMG! Make Me a Famous Face** Documentary. (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 11/20. (S1) (S)(R)
10.00 **The Flash** 11/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **MacGyver** 13/23. (S2) (S)(R)
4.00 **Modern Family** 23&24/24. Double bill. (S6) (S)(R)
5.00 **The Simpsons** *Girls Just Want to Have Sums:* With the voice of Frances McDormand. (S)(R)
5.30 **Futurama** *The Deep South:* Fry meets a mermaid. (S)(R)(AD) **6.00** *Bender Gets Made:* Bender joins forces with robot gangsters. (S)(R)(AD)
6.30 **The Simpsons** *The Monkey Suit:* With the voices of Melanie Griffith and Larry Hagman. (R)

9.00 Gone in 60 Seconds

7.00 **The Simpsons** *Homer and Marge Turn a Couple Play:* With the voice of Mandy Moore. (S)(R) **7.30** *Bart Gets a Z:* Bart plays a prank on Mrs Krabappel, but it backfires and results in her being fired. (S)(R)

8.00 **A League of Their Own: US Road Trip 2.0** Jamie Redknapp, Jack Whitehall and Andrew Flintoff go deep-sea fishing off the coast of Miami and head to Florida's Everglades to hunt for crocodiles. (S)(R)

9.00 FILM **Gone in Sixty Seconds** Action thriller starring Nicolas Cage as a legendary former car thief who rounds up his old gang to steal 50 cars in one night in a bid to save his brother's life. With Angelina Jolie, Giovanni Ribisi and Christopher Eccleston. (S) (2000, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 **Fast & Furious – Hobbs & Shaw: Special** A preview of the action film. (R)
11.45 **Road Wars** Double bill following police officers as they combat vehicle crime. (S)(R)
1.15 AM **Warrior** 6/10. (S1) (S)(R)
2.15 **Hawaii Five-0** (S4) (S)(R)
3.10 **NCIS: Los Angeles** (S7) (S)(R)
4.00 **Babylon 5** 19/22. (S3) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Bikes! Armoy Road Races New edition (S) **11.15** This Country (S)(R)(AD) **11.40** Have I Got a Bit More Old News for You (S)(R) **12.25am** Live at the Apollo (S)(R) **1.10-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R) **11.00** Saving Britain's Worst Zoo (S)(R) **11.40** Have I Got a Bit More Old News for You (S)(R) **12.25-6.00am** BBC News (S)

BBC1 North/North East/North West/ Yorkshire & Lincolnshire
Sky **956/955/958/957**
Freesat **966/956/955/967**
11.45pm-12.30am The Super League Show (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Beidh Aonach Amárach (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
8.00-8.30pm Fire Station 20 Series finale (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **10.00** Eisteddfod Genedlaethol Cymru 2019 New edition **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Eisteddfod Genedlaethol Cymru 2019 New edition **2.00** Newyddion S4C a'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru 2019 New edition **6.00** Newyddion S4C a'r Tywydd **6.05** Y Wal (AD) **7.00** Heno **8.00** Eisteddfod Genedlaethol Cymru 2019 New edition **9.00** Newyddion 9 a'r Tywydd **9.30** Y Chwerthin Sydd Mor Drist **10.30** NEW SERIES Y Babell Lên 2019 **11.30** Un Swig Arall: Llanrwst 89 **12.00m't-1.05am** Eisteddfod Genedlaethol Cymru 2019

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Venice 24/7** 4/6. Artists arrive for the city's Biennale arts festival.
7.50 **Arena: Philip Hoare's Guide to Whales** 1/3. Philip Hoare explores the world of baleen whales.
8.00 **Operation Grand Canyon with Dan Snow** 1/2. An expedition through the natural wonder.
9.00 **James May's Toy Stories: Action Man** Attempting to propel an Action Man through the sound barrier.
10.00 **Life** A look at the strategies used when hunting and evading predators.
11.00 **Pedalling Dreams: The Raleigh Story**
12.00 M'T **Cornwall's Native Poet: Charles Causley** A profile of the poet.
1.00 AM **Flights of Fancy: Pigeons and the British**
2.00 **The Art of Spain**
3.00 **to 4.00** AM **Africa: A Journey into Music**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Jamie's Comfort Food Bites** Marshmallow pavlova.
9.15 **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **Great British Bake Off**
12.00 NOON **Find It, Fix It, Flog It**
1.05 PM **Four in a Bed**
3.45 **Location, Location, Location** Homes in Kent.
4.50 **Love It or List It Australia**
5.55 **Secret Life of the Zoo**
6.55 **The Supervet** A mastiff undergoes surgery on a bone tumour in its leg.
7.55 **Escape to the Chateau** Dick Strawbridge and Angel Adoree make plans for the moat and the woods.
9.00 **Race to the Death: Rome's Charioteers** Exploring new discoveries about chariot racing.
10.00 **Living in the Shadow of World War Two** Series finale 3/3. A look at the importance of maintaining the morale of the civilian population with examples from radio and cinema that helped to lighten the darkness.
11.05 **24 Hours in A&E**
12.05 AM **Shocking Emergency Calls** A dramatic 911 call reveals that a helicopter crash has taken place.
1.10 **The Supervet**
2.15 **The Secret Life of the Zoo**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions.
8.00 **Two and a Half Men** 4/23. Walden starts to feel his age. **8.30** 5/23. Walden starts dating Rose, despite Alan's warnings. (S10)
9.00 **Family Guy** *Three Acts of God:* 13/21. Peter and his cronies confront God. **9.30** *Fresh Heir:* 14/21. Chris learns he is the heir to Carter's fortune. (S12)
10.00 **American Dad!** 16/20. Stan goes on a road trip to find a door for his car. **10.30** 17/20. Steve joins a junior football team. (S5)
11.00 **Family Guy** 3/21. Stewie and Brian travel back to 17th-century Jamestown. (S12)
11.30 **The Cleveland Show**
12.30 AM **Plebs**
1.00 **Two and a Half Men**
1.55 **to 2.25** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Speechless**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 14&15/24. Double bill. (S5)
7.00 **Hollyoaks**
7.30 **The Goldbergs** 6/24. Murray finds out that Adam has no interest in auditioning for a school production. (S6)
8.00 **The Big Bang Theory** 13/24. Sheldon is forced to take a holiday. **8.30** 14/24. The guys are unable to get tickets for Comic-Con. (S7)
9.00 NEW SERIES **Celebs Go Dating** 1/20. Six more famous faces try to find love.
10.05 **First Dates** A 23-year-old make-up artist who has struggled to find a man.
11.10 **The Big Bang Theory**
12.10 AM **Brooklyn Nine-Nine**
1.10 **Celebs Go Dating**
2.15 **First Dates Hotel**
3.10 **Gogglebox**
4.05 **Brooklyn Nine-Nine**
4.50 **How I Met Your Mother**
5.35 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 28 | 123

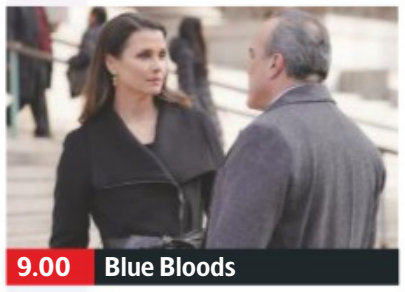
MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Stop, Search, Seize**
12.00 NOON **Children's Hospital** A nine-year-old girl has a tumour removed.
12.30 PM **Children's Hospital** Five editions of the documentary.
3.00 **Nothing to Declare** Eight editions of the fly-on-the-wall documentary following the lives of customs and immigration officers at Australia's biggest airports.


9.00 Blue Bloods

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Fish Town**
8.00 **Richard E Grant's Hotel Secrets** The actor discovers hidden extras on offer.
9.00 **Discovering: Bette Davis**
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 6/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 14/24. A bounty hunter vanishes. **6.00** 15/24. The team investigate the disappearance of a 12-year-old boy. (S2)

10.10 Divorce

GOLD

110 110 810 124 310 392

7.20 AM **Boomers**
7.50 **Steptoe and Son**
8.30 **A Sharp Intake of Breath**
9.00 **Oliver Reed: The Interviews**
9.55 **The Green Green Grass**
10.35 **Last of the Summer Wine**
12.45 PM **2point4 Children**
1.20 **The Green Green Grass**
1.55 **Are You Being Served?**
2.35 **Only Fools and Horses**
3.10 **2point4 Children**
3.50 **Last of the Summer Wine**
5.55 **Are You Being Served?**
6.30 **Blackadder the Third**

9.35 Blackadder the Third

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
8.55 **On the Buses**
10.05 **George and Mildred**
10.35 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Poirot** *Murder in Mesopotamia.*
5.55 **Downton Abbey** 5/9. An exciting offer for Edith divides opinion. (S3)

5.55 Downton Abbey

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Kojak**
8.15 **Quincy ME**
9.20 **Minder**
10.25 **The Sweeney**
11.35 **The Professionals**
12.35 PM **The Saint**
1.45 **Kojak**
2.45 **Quincy ME**
3.45 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** Regan's daughter is kidnapped.

10.00 Pearl Harbor

7 PM

Sky Witness
6.45 **My Kitchen Rules: Australia** New edition The teams are paired up in mystery matches in a *My Kitchen Rules* first.

Sky Atlantic
7.00 **CSI** *One to Go:* 10/24. The hunt for the copycat serial killer continues, and Dr Langston receives an unexpected job offer. (S9)

GOLD
7.10 **Porridge** First episode. Fletcher helps new inmate Godber settle in.
7.50 **The Good Life** First episode. Tom Good decides he has had enough of commuting. **8.25** Tom and Barbara introduce livestock into suburban Surbiton.

ITV3
7.00 **Murder, She Wrote** *Murder by Twos:* The discovery of a body in Jessica's garage leads to all manner of accusations.

ITV4
7.00 **The Chase** Four contestants work as a team to take on ruthless quiz genius The Chaser and secure a cash prize.

8 PM

Sky Witness
8.00 **Criminal Minds** *Memoriam:* 7/26. Reid confronts his father about a memory from his childhood. (S4)

Sky Atlantic
8.00 **Blue Bloods** *Power of the Press:* 8/22. Erin investigates a claim of rape by the daughter of an old friend. (S5)

ITV3
8.00 **Doc Martin** *City Slickers:* 3/7. New neighbours disturb the tranquillity of Portwenn, and a car vandal strikes the village.

ITV4
8.00 **Made in Britain** A look at how the famous Henry vacuum cleaner is made, and behind the scenes at a family ice cream firm.

9 PM

Sky Witness
9.00 **Blue Bloods** New episode *Strange Bedfellows:* 20/22. Erin tries to persuade Frank to back a new state bill. (S9)

Sky Atlantic
9.00 **Warning: This Drug May Kill You** Documentary focusing on the devastating effects of addiction.

GOLD
9.00 **Blackadder the Third** Edmund tries to find a bride for Prince George. **9.35** The Duke of Wellington challenges Prince George to a duel.

ITV3
9.00 **Doc Martin** *The Admirer:* 4/7. Louisa faces off with love rival Carrie in a battle for Martin's affections. (S3)

ITV4
9.00 **Benidorm** 7/9. A ban is placed on alcohol in Benidorm due to a religious festival. (S9)

10 PM

Sky Witness
10.00 **World's Most Evil Killers** The crimes of Thierry Paulin, who murdered at least 18 elderly women in the 1980s.
11.00 **Criminal Minds** 18/24. (S6)
12.00 M'T **Murders That Shocked the Nation** Harold Jones.
1.00 AM **Elementary** 3/13. (S7)
2.00 **Brit Cops: Law & Disorder**
3.00 **Brit Cops: War on Crime**
4.00 **Air Ambulance ER**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic
10.10 **Divorce** New episode *Away Games:* 5/6. (S3)
10.45 **Last Week Tonight with John Oliver** New edition Satirical talk show.
11.20 **Real Time with Bill Maher**
12.30 AM **Fast & Furious – Hobbs & Shaw: Special**
1.00 **Six Feet Under** 10/12. (S4)
2.00 **The Affair** 11/12. (S2)
3.05 **Divorce** 5/6. (S3)
3.40 **Girls** 4/10. (S2)
4.15 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD
10.15 **Only Fools and Horses** Rodney starts going out with a police officer, much to Del's consternation.
10.55 **Two Pints of Lager and a Packet of Crisps**
11.35 **I'm Alan Partridge**
12.15 AM **Inside No 9**
12.55 **Two Pints of Lager...**
1.30 **I'm Alan Partridge**
2.10 **Harry Hill's TV Burp**
3.00 **to 4.00** AM **Spaced**

+1 hour 210 194

ITV3
10.00 **Scott & Bailey** 1/6. The detectives investigate the case of a pregnant woman who was killed in her bedroom. (S1)
11.00 **Scott & Bailey** 2/6. Horrific events unfold following a killer's arrest, and Janet reopens the investigation into Veronica's murder. Guest stars Sally Lindsay. (S1)
12.00 M'T **to 2.00** AM **A Touch of Frost**

+1 hour 219 174 34 116

ITV4
10.00 **FILM Pearl Harbor** World War Two romantic drama with Ben Affleck. (2001, 12, 183min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.40 AM **The Protectors** *Quinn: Protector* Harry Rule travels to Madrid disguised as a killer in order to track down the evil Quinn.
2.05 **to 2.55** AM **Motorsport UK** Richard John Neil presents action from Oulton Park.

+1 hour 220 175 154

Sky Two

151 121

7.00 AM **Fat Families: Second Helpings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** (S3)
4.00 **Ninja Warrior**
6.00 **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *Rules of Engagement:* 9/22. The team encounter a planet of soldiers. (S3)
8.00 **Hawaii Five-0** *Malama Ka Aina (Respect the Land)* 3/24. (S1)
9.00 **SEAL Team** 5&6/22. (S1)
11.00 **Highway Cops**
12.00 M'T **Ross Kemp: Extreme World**
1.00 AM **Blue Bloods** (S9)
2.00 **Police Ten 7**
3.00 **Duck Quacks Don't Echo** With Russell Kane.
4.00 **Monkey Business**
5.00 **to 6.00** AM **Ninja Warrior**

Pick

152 123 11 144

7.00 AM **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Highway Cops**
11.00 **Police Force: Australia**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **UK Border Force**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Without a Trace** (S7)
6.00 **Stargate SG-1** (S1)
7.00 **Supergirl** 1/23. (S3)
8.00 **The Flash** 1/23. (S4)
9.00 **Frontline Police**
10.00 **A Haunting**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Scrapyard Supercar**
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear** Double bill.
7.00 **Taskmaster**
8.00 **Have I Got a Bit More News for You** Hosted by Stephen Mangan.
9.00 **QI XL** With Romesh Ranganathan, Matt Lucas and Liza Tarbuck.
10.00 **Dave Gorman: Modern Life Is Goodish**
11.00 **Jon Richardson: Ultimate Worrier**
12.00 M'T **Taskmaster**
1.00 AM **Mock the Week**
1.40 **QI XL** With Sara Pascoe.
2.40 **Dara O Briain's Go 8 Bit**
3.30 **to 4.00** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S5&6)
10.00 **Are We There Yet?** (S1)
11.00 **Friends** Four episodes.
1.00 PM **Friends** Six episodes.
4.00 **Are We There Yet?**
5.00 **Friends** Eight episodes of the sitcom. (S1)
9.00 NEW SERIES **Single Parents** 1/23. Comedy starring Taran Killam and Leighton Meester. **9.30** New episode 2/23. Will tries to bond with Douglas. (S1)
10.00 **FILM Step Brothers** Comedy with Will Ferrell and John C Reilly. (2008, 15, 97min) ★★★★
12.00 M'T **FILM Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers, and co-starring Elizabeth Hurley. (1997, 15, 95min) ★★★★
2.00 AM **South Park** (S15)
4.10 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Income Property**
12.35 **The Real Housewives of Atlanta**
1.30 **Million Dollar Listing: LA**
2.25 **Dallas Cowboys Cheerleaders**
3.15 **The Real Housewives of New Jersey**
4.10 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched** Dr Paul Nassif performs a rhinoplasty on a woman who had her first nose job at the age of 12.
10.00 **Marriage Boot Camp: Reality Stars** Michelle faces up to her infidelity.
10.55 **The Real Housewives of Sydney** Lisa and Athena X come to blows.
12.00 M'T **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **A Caribbean Mystery** Murder mystery starring Helen Hayes as Agatha Christie's famous detective Miss Marple.
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 6/10. The women hear the Red Cross have been sending parcels to the camp. (S1)
7.00 **M*A*S*H** Four episodes of the comedy. (S5)
9.00 **Taggart** *Puppet on a String:* A medical researcher is murdered. **10.30** *The Wages of Sin:* A taxi driver is found shot dead in his cab.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S2)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.15 AM **Murdoch Mysteries**
8.00 **Frankie Drake Mysteries** (S1)
9.00 **Sue Thomas: F.B.Eye**
10.00 **New Tricks** As 11.10pm.
11.00 **The Coroner** As 10.10pm.
12.00 NOON **Miss Fisher's Murder Mysteries** 12/13. (S2)
1.00 PM **Murdoch Mysteries** (S12)
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 9/13. (S2)
4.00 **Rizzoli & Isles** (S6&7)
6.00 **The Guardian** 4/23. Nick tries to help an 11-year-old boy find a family to adopt him. (S2)

9.00 Waco

7.00 **Unforgettable** *Friended:* 6/22. The murder of an oil heiress is investigated, and Carrie visits her mother. (S1)
8.00 **Miss Fisher's Murder Mysteries** *Murder Under the Mistletoe:* 13/13. A holiday-maker is electrocuted. (S2)
9.00 **Waco** Series finale *Day 51:* 6/6. The stand-off at the Mount Carmel compound comes to a violent and tragic end. (S1)
10.10 **The Coroner** *The Drop Zone:* 1/10. Jane and Davey investigate a skydiving accident. (S2)
11.10 **New Tricks** *Moving Target.* The team investigate a hit-and-run incident. Guest stars Sally Phillips.
12.10 AM **Rush** 1/22. (S3)
1.10 **Sue Thomas: F.B.Eye** (S1)
2.20 **Murdoch Mysteries** (S9)
3.10 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 **Merlin** 2/13. (S2)
12.00 NOON **FILM 2 Lava 2 Lantula** Fantasy sequel. (2016, PG, 83min) ★★
2.00 PM **Merlin** 3/13. (S2)
3.00 **Stargate Atlantis** 5/20. (S2)
4.00 **Star Trek: Voyager** (S1)
6.00 **Star Trek: The Next Generation** 11/26. Picard finds himself embroiled in the hunt for an escaped prisoner, only to discover a sinister secret involving other convicts. (S3)

9.00 The Outpost

7.00 **Star Trek: The Next Generation** *The High Ground:* 12/26. Dr Crusher is kidnapped by a radical terrorist group. (S3)
8.00 **Stargate Atlantis** *Trinity:* 6/20. McKay discovers a potent source of energy based on ancient technology. (S2)
9.00 **The Outpost** New episode *Regarding the Matter of Garrett Spears:* 4/13. Gwynn is taken hostage. (S2)
10.00 **FILM The Brothers Grimm** Terry Gilliam's fantasy adventure. (2005, 12, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.30 AM **The Outpost** As 9.00pm.
1.30 **Star Trek: The Next Generation** 8&9/22. (S2)
3.30 **The Captains Close Up**
4.00 **to 6.00** AM **FILM American Warships** Sci-fi thriller starring Mario Van Peebles. (2012, 15, 85min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Junior USA**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home** Double bill of the series.
4.00 **Flip or Flop** Double bill.
5.00 **Tipping Point** Quiz show.
6.00 **Emma Willis: Delivering Babies** Emma's time as a Maternity Care Assistant comes to an emotional end.

10.00 Emma Willis: Delivering...

7.00 NEW SERIES **MasterChef Australia** A group of home cooks take part in the first of two audition shows in a bid to win a place in the main competition.
8.30 **My Restaurant in India** Sarah Todd's efforts to open a restaurant in Goa.
9.00 **One Born Every Minute** Cameras follow Jodie, 19, who found out she was pregnant after a fling with 22-year-old Stephen.
10.00 NEW SERIES **Emma Willis: Delivering Babies** 1/8. The presenter returns to the Princess Alexandra Hospital in Harlow, Essex.
11.00 **The Ultimate Matchmaker** An exclusive dating agency helps wealthy clients find love.
12.00 M'T **Should I Go Under the Knife?** Cherry Healey investigates cosmetic surgery.
1.00 AM **Supernanny**
1.50 **to 3.00** AM **War and Peace**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 3/13. (S5)
9.00 **Murder in Paradise**
10.00 **Murder She Solved: True Crime**
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S13)
1.00 PM **Law & Order** (S13)
4.00 **NCIS** 21/24. Ziva and Tony try to track down Ilan Bodnar. **5.00** 22/24. The team track Bodnar's SUV to a remote house in the countryside. **6.00** 23/24. A cook from a US navy destroyer believes someone is stalking him. (S10)

9.00 Ransom

7.00 **NCIS** *Damned If You Do:* 24/24. A navy Seal's wife receives a package containing her husband's severed head. (S10)
8.00 **Private Eyes** New episode *Hog Day Afternoon:* 6/12. Shade ends up in the middle of a hostage situation. (S3)
9.00 **Ransom** New episode *Dark Triad:* 8/13. The FBI ask for help tracking down a killer targeting diabetics with tainted insulin. (S3)
10.00 **Law & Order: Special Victims Unit** *Acceptable Loss:* 4/24. The detectives investigate a prostitution ring. (S14)
11.00 **Law & Order: Special Victims Unit** 5/24. (S14)
12.00 M'T **CSI: Miami** 25/25. The death of a loved one galvanises Horatio. (S4)
1.00 AM **NCIS** As 5pm & 6pm.
3.00 **Ransom** As 9.00pm.
4.00 **to 5.00** AM **Private Eyes**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 4/16. (S8)
9.00 **Bones** 24/24. (S8)
10.00 **Bull** 5/22. (S2)
11.00 **NCIS** 1/24. (S16)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** 3/13. (S7)
3.00 **NCIS** 2/24. (S16)
4.00 **Bull** 6/22. (S2)
5.00 **Bones** 3/24. The body of a mobster is found in a burnt-out vehicle. (S9)
6.00 **The Mentalist** 4/13. Lisbon poses as a psychic in order to catch a killer. (S7)

9.00 Lucifer

7.00 **NCIS** *Boom:* 3/24. The team investigate an explosion at the home of a petty officer and his reality TV star wife.
8.00 **NCIS** *Third Wheel:* 4/24. Gibbs's quiet holiday at his remote cabin is interrupted by a visit from Tobias Fornell. (S16)
9.00 **Lucifer** New episode *The Last Heartbreak:* 18/26. Chloe and Lucifer hunt for a serial killer targeting loving couples. (S3)
10.00 **People of Earth** New episode 4/10. Gina distracts Foster so Ozzie can meet Walsh. (S2)
10.30 **American Dad!** 4/13. (S14)
11.00 **American Dad!** (S15)
11.30 **American Dad!** (S9)
12.00 M'T **Family Guy** (S3)
12.30 AM **Family Guy** (S3)
1.00 **American Dad!** (S9)
2.00 **Family Guy** (S3)
3.00 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

E!

123 123 834 | 156 | 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Temptation Island**
11.00 **Revenge Body with Khloe Kardashian**
12.00 NOON **Relatively Nat & Liv** Reality series.
1.00 PM **Relatively Nat & Liv** Six editions.
7.00 **Relatively Nat & Liv** The cousins struggle to make up before the premiere of their own fashion line.
8.00 **Temptation Island**
9.00 **Temptation Island** New edition Relationships are put to the test.
10.00 **Botched**
11.00 **Nightly Pop** New edition
11.30 **Dating: No Filter**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Dash Dolls**

Sky Arts

122 122 820 | 122 206

6.00 AM **André Rieu: Welcome to My World**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals** Double bill.
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Beat Beat Beat**
2.15 **The Rolling Stones: Sticky Fingers Live**
4.00 **The Sixties**
5.00 **Discovering**
7.00 **The Eighties**
8.00 **Hollywood in Vienna: The Sound of Space & Alexandre Desplat**
10.00 **Il Volo with Placido Domingo: A Tribute to the Three Tenors**
12.15 AM **South Bank Show**
1.15 **The Art of Architecture**
2.15 **Big Time**
3.30 **The South Bank Show Originals**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2)
4.00 **Frasier** 3&4/24. (S7)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **George Clarke's Council House Scandal**
9.00 **Celebrity Gogglebox**
10.00 **Britain's Giant Pet Food Factory**
11.00 **Grand Designs**
12.05 AM **The Secret Life of the Zoo** Pregnant rhino Asha goes into labour.
1.05 **Homes from Hell: Caught on Camera**
2.10 **Coast vs Country**
3.10 **Portrait Artist of the Year**
4.05 **to 5.05** AM **Jamie and Jimmy's Friday Night Feast**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.10 **CSI: NY** 15/23. (S6)
11.05 **Rookie Blue** 3/13. (S3)
12.05 PM **Bull** 7/23. (S1)
1.00 **Law & Order** (S18)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
7.00 **Law & Order** *Bogeyman:* 15/18. A novelist's apparent suicide becomes a murder case. (S18)
8.00 **NCIS: Los Angeles** *History:* 15/24. A radical terrorist group seem to have re-emerged. (S4)
9.00 **Law & Order: Criminal Intent** *In the Wee Small Hours – Part Two:* 7/22. (S5)
10.00 **Law & Order: Special Victims Unit** Triple bill.
12.55 AM **CSI: NY** 14/25. (S5)
1.55 **Criminal Minds: Suspect Behavior** (S1)
2.50 **Chicago Fire** (S2)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 | 57 | 130

5STAR

128 151 | 30 | 131

8.00 AM **Access**
8.10 **Last Man Standing**
8.35 **Smallville** 11/23. (S2)
9.25 **Dance Moms**
11.15 **My Wife and Kids**
12.15 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel Air** 11&12/25. (S1)
5.00 **8 Simple Rules** (S2)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 21&22/25. (S1)
8.00 **FILM Blended** Comedy. (2014, 12, 117min) ★★
10.25 **FILM The Intern** Comedy starring Robert De Niro. (2015, 12) ★★★★
12.50 AM **FILM Harold & Kumar Get the Munchies** Comedy. (2004, 15, 88min) ★
2.35 **Clink** 2/10. (S1)
3.30 **Two and a Half Men**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 | 56

Drama

143 130 | 20 | 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.10 PM **Classic EastEnders**
2.25 **Murdoch Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.35 **As Time Goes By**
7.15 **Last of the Summer Wine** Foggy believes he has discovered a giant woodpecker.
8.00 **Rosemary & Thyme** *And No Birds Sing:* A wealthy businessman is found unconscious.
9.00 **Death in Paradise** *Dishing Up Murder:* A chef is stabbed to death.
10.20 **The Inspector Lynley Mysteries**
12.20 AM **New Tricks**
1.35 **The Bill**
2.40 **Dickensian**
3.35 **to 4.00** AM **Garden Hopping**

Monday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S6)
2.00 **Law & Order** (S3)
3.00 FILM **Killers** Comedy. (2010, 12, 96min) ★★
5.00 **Mad Men** (S6)
6.00 **Law & Order** (S3)
7.00 FILM **The Others** Supernatural chiller with Nicole Kidman. (2001, 12, 104min) ★★★★
9.00 **Fear the Walking Dead** *The End of Everything:* 5/16. Althea chases a story with dogged determination. **9.55** *The Little Prince:* 6/16. Luciana and the group work together on an impossible task. (S5)
10.50 **Fear the Walking Dead**
12.40 AM **Feed the Beast**
2.20 FILM **The Limey** Thriller. (1999, 18, 89min) ★★★
4.00 **Mad Men** (S6)
4.50 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 1/22. (S5)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *Vengeance:* 22/24. An American football star is murdered at a school reunion. (S3)
8.00 **Judge Judy**
9.00 **Medium** *All in the Family:* 9/19. Allison suspects a woman's children are responsible for her disappearance. (S5)
10.00 **CSI: Miami** *10-7:* 24/24. A bomb explodes in a nightclub. (S3)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 2/22. (S5)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** (S3)
3.00 **NCIS** (S5)
4.00 **NCIS: Los Angeles** (S1)
4.55 **Matlock** (S4)
6.00 **Perry Mason**
7.05 **NCIS** *Devil's Triangle:* 7/24. A Homeland Security employee goes missing. (S9)
8.00 **Walker, Texas Ranger** *The Long Haul:* 24/28. One of Walker's friends disappears. (S1)
9.00 **NCIS** *Switch:* 5/24. A Marine who appears to have been leading a double life is killed. (S3)
10.00 **NCIS: Los Angeles** (S1)
11.00 **NCIS** 8/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A young woman falls from a cliff to her death. **7.30** A woman looks into the disappearance of her mother.
8.00 **Donal MacIntyre: Unsolved** Revisiting the case of Caroline Glachan.
9.00 **Voice of a Serial Killer** Canadian serial killer couple Karla Homolka and Paul Bernardo.
10.00 **Evidence of Evil**
11.00 **It Takes a Killer**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Voice of a Serial Killer** As 9.00pm.
2.00 **Evidence of Evil**
3.00 **Beyond Scared Straight**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune**
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye** Four editions of the darts-based quiz.
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** A celebrity couple special edition.
11.00 **Bullseye** Four editions of the darts-based quiz.
1.00 AM **The Chase**
4.00 **Pointless**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends** Four episodes.
11.00 **The Middle** (S5)
1.00 PM **Impractical Jokers**
4.00 **Bad Robots**
5.00 **Fresh Prince of Bel Air**
7.00 **Are We There Yet?** (S1)
8.00 **Impractical Jokers**
9.00 **Russell Howard's Good News** The comedian's perspective on the news. **10.00** **Friends** 6/24. Monica accidentally poisons Ross with her kiwi-lime pie. **10.30** 8/24. Ross draws up a list of Rachel's good and bad points. (S2)
11.00 **South Park** (S1&2)
1.00 AM **Russell Howard's Good News**
3.00 **Tosh.0**
3.25 **Teachers** (S2)
3.45 **Chris Ramsey Show**
4.10 **Frankenfood**
4.30 **The Middle** (S5)
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Home Cooking**
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Bizarre Foods America**
12.00 NOON **Giada at Home**
1.00 PM **Girl Meets Farm**
2.00 **Home Comforts**
3.00 **Jamie's 30 Minute Meals**
3.30 **30 Minute Meals** New edition
4.00 **The Pioneer Woman**
6.00 **Lorraine's Fast, Fresh and Easy Food**
7.00 **Bizarre Foods America**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **Rick Stein's Far Eastern Odyssey**
10.00 **Hairy Bikers' Best of British**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Paul's Pies & Puds**
8.00 **James Martin: Sweet**
9.00 **Nigel's Simple Suppers**
10.00 **John's Middle East**
11.00 **Great British Menu**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **James Martin: Sweet**
2.00 **Paul Hollywood's Pies & Puds**
3.00 **Nigel's Simple Suppers**
4.00 **John's Middle East**
5.00 **Great British Menu**
6.00 **The Hairy Bikers' Food Tour of Britain**
7.00 **James Martin: Sweet**
8.00 **Nigel's Simple Suppers**
9.00 **John's Middle East**
10.00 **Paul's Pies & Puds**
11.00 **Peter Kuruvita's Coastal Kitchen**
12.00 M'T **James Martin: Sweet**
1.00 AM **Local Food Heroes**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Local Food Heroes**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.15 PM FILM **Deadly Secrets by the Lake** Murder mystery starring Stefanie von Pfetten. (2017, 12, 86min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Dance Moms**
5.00 **Masters of Flip**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **Dance Moms** New edition GiaNina feels the heat from Abby after complaining about her choreography.
10.00 **Storage Wars** Darrell and Brandon clash. **10.30** Darrell and Brandon's latest locker find lands them in court.
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **Dance Moms** As shown at 9.00pm.
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle**
9.40 **Gilmore Girls** (S5)
11.40 FILM **While I Was Gone** Family drama. (2004, PG, 90min) ★★
1.25 PM FILM **Missing Daughter** Thriller. (2017, 12, 93min) ★★
3.10 FILM **Boyfriend Killer** Thriller with Barbie Castro. (2017, 12) ★★
5.00 **Suits** (S3)
6.00 **House** (S4)
7.55 **Access**
8.00 **Grimm** 6/22. (S5)
9.00 FILM **The Hundred-Foot Journey** Comedy drama. (2014, PG, 119min) ★★★
11.25 FILM **10 Rillington Place** Thriller. (1970, 15, 106min) ★★★★
1.45 AM **The X-Files** (S7)
2.40 **Grimm** As 8.00pm.
3.25 **Will & Grace**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Wild Britain**
7.10 **HMS Ark Royal**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Made by Destruction**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition
10.00 **Ice Cold Gold**
11.00 **MotoGP Highlights**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Celebrity Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides...**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes... Best Bits**
6.00 **Salvage Hunters**
7.00 **Celebrity Money for Nothing**
8.00 **My 600lb Life**
9.00 **Sister Wives**
10.00 **Katie Price: My Crazy Life** New edition
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops...**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Tiny House, Big Living** Double bill.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: Million Pound Build for Children in Need**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Tuscany.
3.00 **Homes Under the Hammer**
4.00 **Ghost Chasers**
6.00 **Antiques Road Trip**
9.00 **Helicopter ER** New edition
10.00 **Cops UK: Bodycam Squad**
11.00 **Nightwatch: Emergency After Dark**
12.00 M'T **Born to Kill?**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **My Extreme Weight Loss Journey**
5.30 **to 6.00** AM **Other Side**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** A bored couple on a beach holiday kill for fun. **7.30** A lawyer is killed by his partner. **8.00** A car enthusiast fakes his own death. **8.30** A wife kills her husband and puts the body in a storage unit.
9.00 **Deadly Women** Murderous wives. **10.00** Cases involving teenage killers.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **On Benefits**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Jeremy Vine**
1.00 PM **Cruising with Jane McDonald**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Secrets of the Savoy: London's Most Famous Hotel**
10.00 **How the Victorians Built Britain**
11.00 **Inside the Tower of London**
11.55 **Nightmare Tenants, Slum Landlords**
12.55 AM **On Benefits: Benefits Blackspots**
1.55 **Supernatural Nazis**
2.55 **to 4.00** AM **Striking Out**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.00 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
12.55 PM **Can't Pay? My Nightmare Ex Wife**
1.55 FILM **The Spikes Gang** Western. (1974, 15, 96min) ★★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **FIA World Rally Championship Highlights** Action from the Rally Finland.
8.00 **Sewermen** A fatberg which could be well over 200 meters long.
9.00 FILM **Raw Deal** Action thriller starring Arnold Schwarzenegger. (1986, 18, 106min) ★★
11.10 FILM **Son of a Gun** Crime drama. (2013, 15, 108min) ★★★
1.20 AM **Black Sails** (S1)
2.30 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life**
2.00 PM **Counting On**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Sweet Home Sextuplets** New edition As the sextuplets begin to walk, Courtney and Eric struggle to keep up.
8.00 **Outdaughtered: Busby Quints** New editions Double bill of the series.
10.00 **Say Yes to the Dress**
11.00 **Dr Pimple Popper**
12.00 M'T **Outdaughtered: Busby Quints**
2.00 AM **Say Yes to the Dress**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **My 600lb Life**

+1 hour 233 169

Blaze

187 187 216 63 162

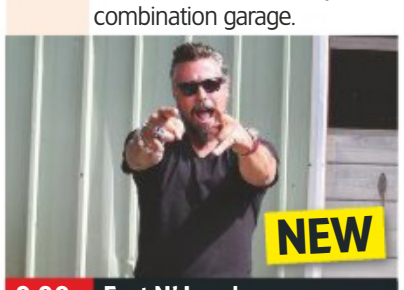
6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Storage Wars**
2.00 **The Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **World's Toughest Prisons** A look inside one of Mexico's toughest jails, El Hongo.
10.00 **Forged in Fire**
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
4.00 **Bitchin' Rides**
5.00 **Garage Rehab** Richard and his team rescue a family-run combination garage.



9.00 Fast N' Loud

7.00 **Outback Truckers** Sludge takes on foreign roads and strange loads in New Zealand, while Turbo's truck gets busted.
8.00 **Combat Dealers** Eccentric military equipment collector Bruce Crompton heads to Dunkirk.
9.00 NEW SERIES **Fast N' Loud** The Gas Monkey crew attempt to make history with a record-breaking profit.
10.00 **Street Outlaws** New edition Chief and Dave push each other in a competitive testing session.
11.00 **Race Night at Bowman Gray** New edition
12.00 M'T **Fast N' Loud** As 9.00pm.
1.00 AM **Street Outlaws**
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Wheeler Dealers**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Dee: Alaska Vet**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaska: The Last Frontier**
12.00 NOON **Wildest Islands**
1.00 PM **Dr Dee: Alaska Vet**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** The team build an aquarium for American football player Clay Matthews.
5.00 **Intruders** A deadly predator is targeting a family's pets.
6.00 **Air Jaws: Night Stalker** The great white shark's ability to hunt in total darkness.

8.00 North Woods Law

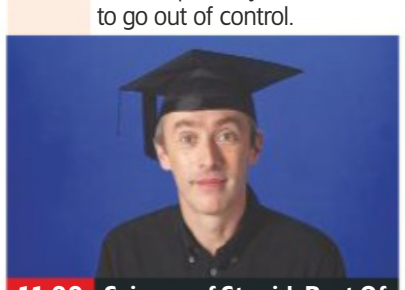
7.00 **Pit Bulls & Parolees** M2 and Kanani do something special for the dog that saved their lives in a house fire.
8.00 NEW SERIES **North Woods Law** The New Hampshire Conservation Officers recall their most exciting chases.
9.00 **Alaska: The Last Frontier** Atz Lee races to restore the fuel supply, and Charlotte tries to save a newborn calf.
10.00 **Animal Cops Miami** An investigator fights to save a sick dog, while a girl rescues a horse left without any food or water.
11.00 **Pit Bulls & Parolees** As shown at 7.00pm.
12.00 M'T **Alaska Monsters**
1.00 AM **Animal Cops Miami**
2.00 **Wildest Middle East**
3.00 **Alaska: The Last Frontier**
3.50 **Extinct or Alive**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Air Crash Investigation**
10.00 **Superstructures: Engineering Marvels**
11.00 **Nazi Megastructures**
1.00 PM **Drain the Oceans**
2.00 **Car SOS** A 1997 Lotus Elise. **3.00** The team get an E-type Jaguar back on the road. **4.00** Tim and Fuzz get help from James Nesbitt.
5.00 **Air Crash Investigation** Abusive behaviour may have contributed to a plane crash. **6.00** A private jet starts to go out of control.



11.00 Science of Stupid: Best Of

7.00 **Wicked Tuna** The paydays are bigger than ever as the fleets head out on the first day of another fishing season.
8.00 **Draining the Bermuda Triangle** An exploration of the infamous 450,000 square mile area of ocean.
9.00 **Drain the Great Lakes** Revealing what is beneath North America's Great Lakes.
10.00 **Drain Alcatraz** A look at the floor of San Francisco Bay surrounding the infamous prison.
11.00 **Science of Stupid: Best Of** New editions Double bill of highlights from the show.
12.00 M'T **Science of Stupid** A scientific view of various YouTube disasters.
12.30 AM **Science of Stupid** Triple bill featuring YouTube disasters.
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Ice Lake Warriors**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Jurassic Fight Club**
2.00 **Storage Wars** Four editions.
4.00 **Ice Lake Warriors**
5.00 **Forged in Fire** Recreating a Steel Takedown Bow. **6.00** Recreating European pole axe the Bardiche.

8.00 The Curse of Oak Island

7.00 **American Pickers** Mike Wolfe and Frank Fritz get a lead on what could be Aerosmith's original tour van.
8.00 **The Curse of Oak Island** The excavation of Smith's Cove continues to uncover an abundance of ancient structures.
9.00 **The 90s: How They Changed Our World** A portrait of the 12 landmark years from the fall of the Berlin Wall in 1989 until the terrorist attack of 11 September 2001.
11.00 **Behind Bars: World's Toughest Prisons** A look at Colony 100, a correctional colony in Kharkiv, Ukraine.
12.00 M'T **Knightfall** 5/8. (S2)
1.00 AM **The Curse of Oak Island**
2.00 **Jurassic Fight Club**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **The Hunt for Hitler's Scientists**
7.10 **Napoleon**
8.00 **Time Team Specials**
10.00 **The World at War**
11.00 **Forbidden History**
12.00 NOON **Time Team Special: Rediscovering Ancient Britain**
1.00 PM **The Way We Lived: A Time Team Special**
2.00 **Coast**
3.00 **Wild Caribbean**
4.00 **Forbidden History**
5.00 **Impossible Engineering**
6.00 **The World at War**

8.00 Invasion! With Sam Willis

7.00 **Abandoned Engineering** An abandoned World War Two aviation facility in Farnborough, and a Soviet airbase in the Gobi Desert. **7 PM**
8.00 **Invasion! With Sam Willis** The historian discovers French plans to invade Britain by balloon. **8 PM**
9.00 **Abandoned Engineering** A ruined compound on the edge of a peninsula in Colombia that was once home to a famous outlaw. **9 PM**
10.00 **The World at War** The French army's capitulation to Nazi forces in 1940, a defeat marked by a series of mistakes. **10 PM**
11.00 **Open All Hours** Arkwright organises a sales drive in a bid to boost profits. **11.40** Nurse Gladys's washing-machine breaks down.
12.20 AM **Open All Hours**
1.00 **The World at War**
2.00 **to 3.00** AM **The Hunt for Hitler's Scientists**

+1 hour 255 200

Disc. History

171 262

6.00 AM **Planes That Never Flew**
7.00 **Central Steam**
8.00 **Massive Machines**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Never Flew**
1.00 PM **Central Steam**
2.00 **Massive Machines**
2.30 **Industrial Revelations**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **How We Got Here**
7.00 **British Treasure, American Gold**
8.00 **Ultimate Warfare**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World**
11.00 **The Krays: Prison Years**
12.00 M'T **Ultimate Warfare**
1.00 AM **The 1980s: The...**
2.00 **Crimes That Shook...**
3.00 **The Krays: Prison Years**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **The Hidden River**
11.00 **Planet Earth**
12.00 NOON **Remarkable Rwanda**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **The Hidden River**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Planet Earth**
7.00 **Remarkable Rwanda**
8.00 **Life on Earth: A New Prehistory**
9.00 **Wild Colombia with Nigel Marven**
10.00 **Planet Earth**
11.00 **Remarkable Rwanda**
12.00 M'T **Jungle Planet**
1.00 AM **Collar of Duty**
2.00 **Wild Colombia with Nigel Marven**
3.00 **The Hidden River**
3.50 **Planet Earth**
4.40 **Remarkable Rwanda**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Champions of Nature**
12.00 NOON **Snakes in the City** A rattlesnake den.
1.00 PM **Blood Rivals: Hippo v Lion**
2.00 **Hippo v Croc**
3.00 **Lions v Buffalo**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** A nun flees for her life from a spitting cobra.
8.00 **Africa's Deadly Kingdoms** A look at the wildlife of South Africa's West Coast.
9.00 **Dead By Daylight** Nocturnal predatory animals in Java.
10.00 **Hostile Planet** An exploration of the animal kingdom's most incredible survival stories.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Lions v Buffalo**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Project Impossible**
12.00 NOON **Ancient Aliens**
2.00 PM **Empire Builders**
3.00 **Clash of Warriors**
5.00 **Strange History**
6.00 **Project Impossible**
7.00 **WW2 Treasure Hunters** Suggs and Stephen Taylor search a bomb factory site.
8.00 **Ancient Aliens** Examining the evidence of alien overseers. **9.00** Otherworldly influences on the forces of inspiration.
10.00 **Empire Builders** The sites that defined the dominance of the Roman Empire.
11.00 **Dead Men's Secrets**
12.00 M'T **Project Impossible**
1.00 AM **Ancient Aliens**
3.00 **Empire Builders**
4.00 **to 5.00** AM **Strange History**

PBS America

174 276 91 155

8.00 AM **Teotihuacan's Lost Kings** As 1.55pm.
9.15 **The Vietnam War**
11.35 **The Crusades**
12.50 PM **Plane Resurrection**
1.55 **Teotihuacan's Lost Kings** Exploring chambers beneath the ancient Mesoamerican city.
3.10 **The Vietnam War**
5.30 **The Crusades**
6.40 **Plane Resurrection**
7.50 NEW **Inside the Megafire** Californians who had to flee for their lives during the 2018 wildfire season.
9.00 **Hitler on Trial: The Truth Behind the Drama** The Jewish lawyer who dared to take on Hitler.
10.15 **The Vietnam War** The Watergate scandal forces President Nixon to resign.
12.40 **to 2.00** AM **Hitler on Trial: The Truth Behind the Drama**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Police Patrol**
9.00 **I Lived with a Killer** New edition Phoenix shooter Dale Hausner.
10.00 **Murdertown**
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **I Lived with a Killer**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Motives & Murders**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

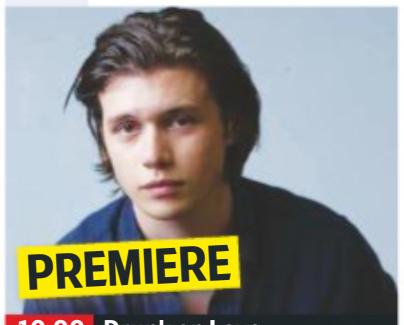
MONDAY Films

Monday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Smallfoot** As 4.10pm.
7.50 **The Darkest Minds** As 8pm.
9.50 **Fast & Furious – Hobbs & Shaw: Special**
10.20 **PREMIERE Drunk on Love** Comedy, as shown at 10pm.
12.10 PM **Ralph Breaks the Internet** As 6.00pm.
2.20 **The Iron Sky: The Coming Race** As shown at 11.40pm.
4.10 **Smallfoot** (2018, U) ★★★
6.00 **Ralph Breaks the Internet** Animation. (2018, PG) ★★★★



10.00 Drunk on Love

8 PM

8.00 **The Darkest Minds** Dystopian thriller starring Amandla Stenberg and Mandy Moore. When a mysterious pandemic wipes out most of America's children, those who survive are gifted with superpowers. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.00 **PREMIERE Drunk on Love** Comedy starring Rosario Dawson. (2017, 15, 93min) ★★★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.40 **The Iron Sky: The Coming Race** Fantasy starring Lara Rossi. (2019, 15, 90min) ★
1.30 AM **Brothers' Nest** Comedy. (2018, 15, 102min) ★★★★
3.25 **The Belly of the Whale** Drama starring Art Parkinson. (2018, 15, 83min) ★★
5.10 **The Top Ten Show 2019**
5.30 **to 6.00** AM **Fast & Furious – Hobbs & Shaw: Special**

11 PM

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

7.10 AM **Stitch! The Movie** (2003)
8.15 **Cars 3** As shown at 4.30pm.
10.05 **Pocahontas** Animation. (1995, U, 81min) ★★★
11.30 **The Jungle Book** Cartoon. (1967, U, 78min) ★★★★★
12.55 PM **A Wrinkle in Time** (2018)
2.55 **Mulan** (1998) ★★★
4.30 **Cars 3** Animated adventure. (2017, U, 102min) ★★★
6.20 **The Emperor's New Groove** Animation. (2000, U) ★★★
7.50 **Feast** Animated short.

6.20 The Emperor's New...

8.00 **A Wrinkle in Time** Fantasy starring Storm Reid and Oprah Winfrey. After the disappearance of her scientist father, three beings send a girl, her brother and her friend to space in order to find him. (2018, PG, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Cool Runnings** Fact-based comedy starring John Candy. (1993, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Tron** Sci-fi fantasy adventure starring Jeff Bridges, Bruce Boxleitner and David Warner. (1982, PG, 96min) ★★★★
1.30 AM **Tex** Drama starring Matt Dillon and Emilio Estevez. (1982, PG, 103min) ★★★
3.25 **The Last Flight of Noah's Ark** Adventure starring Elliott Gould and Genevieve Bujold. (1980, U, 97min) ★★★
5.15 **to 6.45** AM **The Emperor's New Groove** As 6.20pm.

Sky Animation

305 305 846 436 406 505

6.00 AM **Cleo** (2016, PG) ★★★
7.30 **Cloudy with a...** As 4.45pm.
9.05 **Cloudy with a...** As 6.20pm.
10.45 **Lego Batman: The Movie – DC Super Heroes Unite**
12.00 NOON **Lego Scooby-Doo! Haunted Hollywood** (2016)
1.20 PM **Monsters, Inc** As 8pm.
3.00 **Mary and the Witch's Flower**
4.45 **Cloudy with a Chance of Meatballs** (2009, U) ★★★
6.20 **Cloudy with a Chance of Meatballs 2** (2013, U) ★★★

4.45 Cloudy with a Chance of...

8.00 **Monsters, Inc** Animated comedy featuring the voice of Billy Crystal. A little girl stumbles into Monstropolis, a city powered by the screams of children. (2001, U, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

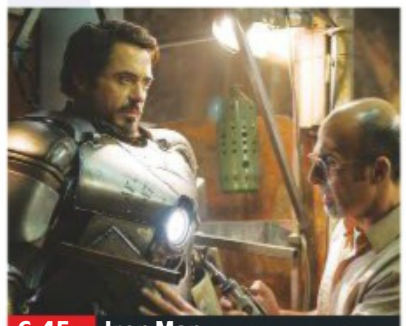
9.40 **Big Fish & Begonia** Animated adventure. A girl travels to the human world disguised as a dolphin, and bonds with a boy. Subtitled. (2016, PG, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Monster Family** Animation with the voice of Emily Watson. (2017, PG, 96min) ★★
1.15 AM **Racetime** Animation with the voice of Lucinda Davis. (2018, U, 89min) ★★★
2.55 **Tall Tales from the Magical Garden of Antoon Krings** Animation with the voices of Kev Adams and Emmanuel Curtil. (2017, U, 88min) ★★★
4.35 **to 6.30** AM **Big Fish & Begonia** As shown at 9.40pm.

Sky Action

306 306 847 437 407 502

6.00 AM **Final Score** Action drama. (2018, 15, 104min) ★★★
8.00 **12 Rounds** Action thriller. (2009, 12, 103min) ★★
10.00 **Broken Arrow** Action thriller. (1996, 15, 108min) ★★
12.00 NOON **Iron Man** As 6.45pm.
2.15 PM **Iron Man 2** As 9.00pm.
4.30 **Iron Man 3** As 11.15pm.
6.45 **Iron Man** Action adventure starring Robert Downey Jr and Gwyneth Paltrow. (2008, 12, 120min) ★★★★


6.45 Iron Man

Iron Man (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

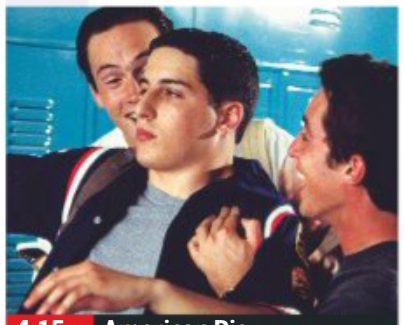
9.00 **Iron Man 2** Comic-book adventure sequel starring Robert Downey Jr and Gwyneth Paltrow. The billionaire inventor faces a showdown with a vengeful Russian and seeks to keep his technology out of dangerous hands. (2010, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Iron Man 3** Comic-book action adventure sequel starring Robert Downey Jr. (2013, 12, 131min) ★★★★
1.30 AM **Aeon Flux** Sci-fi action thriller starring Charlize Theron and Marton Csokas. (2005, 15, 93min) ★★
3.10 **Machete** Action thriller starring Danny Trejo. (2010, 18, 104min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Comedy

307 307 848 438 408 506

6.00 AM **Bowfinger** (1999) ★★★★
7.45 **Big Daddy** Comedy drama. (1999, 12, 95min) ★★★
9.25 **Weird Science** Comedy. (1985, 12, 94min) ★★★
11.05 **In & Out** (1997, 15) ★★★
12.45 PM **Johnny English Strikes Again** As shown at 8.00pm.
2.25 **Tag** As shown at 9.40pm.
4.15 **American Pie** Teen comedy. (1999, 15, 96min) ★★★★
6.00 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★


4.15 American Pie

8.00 **Johnny English Strikes Again** Comedy starring Rowan Atkinson. A sinister cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Tag** Comedy starring Jeremy Renner. A group of former classmates organise a game of tag that requires some to travel all over America. (2018, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Tropic Thunder** Comedy with Ben Stiller and Jack Black. (2008, 15, 107min) ★★★★
1.20 AM **Blades of Glory** Slapstick comedy starring Will Ferrell. (2007, 12, 93min) ★★★
3.00 **Extracurricular Activities** Comedy thriller starring Colin Ford. (2018, 15, 86min) ★★★
4.35 **to 6.25** AM **Roxanne** Comedy starring Steve Martin and Daryl Hannah. (1987, PG, 102min) ★★★★

Sky Hits

302 302 843 433 403

7.15 AM **Rise of the Planet of the Apes** As shown at 6.00pm.
9.15 **Life Itself** Drama starring Oscar Isaac. (2018, 15, 120min) ★★
11.15 **Crazy Rich Asians** As 8.00pm.
1.20 PM **Zodiac** Crime drama. (2006, 15, 157min) ★★★★
4.10 **Alpha** Prehistoric adventure. (2018, 12, 96min) ★★★
6.00 **Rise of the Planet of the Apes** Thriller. (2011, 12) ★★★★

Sky Greats

303 303 844 434 404 508

6.55 AM **Anastasia** (1997) ★★★
8.40 **Boomerang** Romantic comedy. (1992, 15, 117min) ★★
10.40 **Labyrinth** As shown at 6.15pm.
12.30 PM **Speed** As shown at 8pm.
2.30 **The Breakfast Club** Drama. (1984, 15, 97min) ★★★★★
4.15 **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
6.15 **Labyrinth** Fantasy adventure. (1986, U, 97min) ★★★★

TCM

315 415 416 512 526

6.15 AM **Hollywood's Best Film Directors** With Danny Boyle.
6.50 **The Harder They Fall** Drama. (1956, b/w, 12, 104min) ★★★★
9.10 **The Mirror Crack'd** Mystery. (1980, PG, 105min) ★★
11.25 **Monte Walsh** (1970) ★★★
1.30 PM **Key Largo** Drama. (1948, b/w, PG, 101min) ★★★★
3.35 **Fort Osage** (1952) ★★★
5.05 **Son of Belle Starr** (1953) ★★

Talking Pictures

328 445 81 306

6.00 AM **The Galloping Major** (1951)
7.40 **The Detectives**
8.10 **Jackpot** Drama. (1960) ★★
9.30 **Emergency** Drama. (1963) ★★
10.45 **Man from Tangier** (1957) ★★
12.05 PM **The Return of Frank James**
2.00 **Scotland Yard**
2.35 **Odd Man Out** (1946) ★★★★★
4.55 **Castle Sinister** (1948, b/w) ★★
6.00 **Get Some In!**
6.30 **Glimpses: Kent in the 1970s**

Horror

317 149 70 138

8.00 AM **Lost in Space** 13/24. (S6)
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 16/24. (S3)
11.00 **Doomwatch** (1972) ★★★
1.00 PM **The Curse of the Mummy's Tomb** Horror. (1964, 15) ★★
2.35 **Tales from the Darkside**
3.00 **Under the Dome** 6/13. (S1)
4.00 **Descent** Sci-fi. (2005, PG) ★★
6.00 **Star Trek** 16/24. (S3)
7.00 **Star Trek: Deep Space Nine**

primetime

8.00 **Crazy Rich Asians** Comedy starring Constance Wu. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
10.00 **Upgrade** Sci-fi thriller starring Logan Marshall-Green and Melanie Vallejo. A wheelchair-bound mugging victim seeks revenge with the aid of a computer chip implant. (2018, 15, 100min) ★★★★

11.45 **The Nun** Horror thriller. (2018, 15, 96min) ★★★
1.30 AM **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
3.20 **Flatliners** Drama starring Ellen Page. (2017, 15, 109min) ★★
5.20 **to 7.00** AM **The Little Vampire** Animation. (2017, U) ★★

8.00 **Speed** Action thriller starring Keanu Reeves, Dennis Hopper and Sandra Bullock. An LA cop tries to save the passengers on a bus that's wired to explode if it slows under 50mph. (1994, 15, 105min) ★★★★★
10.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. With Téa Leoni. (1995, 15, 118min) ★★★

12.05 AM **U.S. Marshals** Action thriller sequel to *The Fugitive*. (1998, 15, 131min) ★★★
2.25 **The Wicker Man** British horror starring Edward Woodward. (1973, 15, 99min) ★★★★★
4.05 **to 6.00** AM **Field of Dreams** Fantasy, as shown at 4.15pm.

6.30 **Darby's Rangers** World War Two action adventure starring James Garner and Etchika Choureau. A US army major trains a group of commandos and leads them into battle. (1958, b/w, PG, 120min) ★★★
9.00 **Dirty Harry** Thriller starring Clint Eastwood. Maverick San Francisco cop Harry Callahan throws away the rule book to nail a sniper who is holding the city to a ransom of $100,000. (1971, 18, 103min) ★★★★★

11.10 **A Perfect Murder** (1998) ★★★
1.25 AM **Ambush** Romantic Western. (1949, b/w, U, 89min) ★★
3.25 **Close Up** Cate Blanchett.
3.55 **to 6.10** AM **Hollywood's Best Film Directors**

+1 hour 316 417

6.50 **Silent Dust** Drama starring Nigel Patrick. A blind man plans a memorial for his soldier son after he is reported killed in action, but he is alive and returns home an army deserter who is wanted for murder. (1949, b/w, PG, 82min) ★★
8.30 **Public Eye**
9.30 **The Face of Fu Manchu** Thriller with Christopher Lee. A Scotland Yard inspector links an oriental crime wave to an evil master criminal. (1965, PG, 96min) ★★

11.20 **See No Evil** Thriller starring Mia Farrow. (1971, 15) ★★★★
1.10 AM **Saraband for Dead Lovers** Drama. (1948, U) ★★★
3.10 **Time Is My Enemy** Crime drama. (1954, b/w, PG) ★★
4.25 **to 6.00** AM **The Adventures of Sadie** Comedy. (1953, U) ★★

8.00 **Earth: Final Conflict** 19/22. A ghost reveals a secret. (S3)
9.00 **The Vatican Tapes** Horror starring Olivia Taylor Dudley and Michael Peña. A priest must exorcise a woman possessed by a demon which could prove a threat to the entire world if not banished. (2015, 15, 89min) ★★
10.50 **Eyes of Laura Mars** Thriller with Faye Dunaway. A fashion photographer has premonitions of a series of grisly murders. (1978, 15, 104min) ★★★

12.50 AM **Escape Room** Horror starring Skeet Ulrich and Sean Young. (2017, 15, 86min) ★
2.35 **Deathgasm** Horror comedy. (2015, 15, 86min) ★★
4.20 **to 4.30** AM **Horror Highlights**

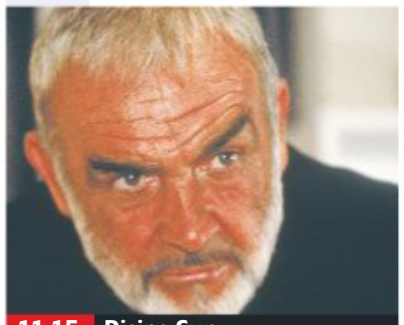
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

7.10 AM **Beyond Suspicion** Crime thriller. (2018, 15, 96min) ★★
9.00 **Grosse Pointe Blank** Thriller. (1997, 15, 107min) ★★★★
11.00 **John Q** Drama. (2002) ★★
1.00 PM **Numb** (2015) ★★★
2.30 **Blood Money** Crime drama. (2017, 15, 100min) ★★
4.00 **Distorted** Thriller. (2018) ★★
5.30 **Knuckleball** Suspense thriller. (2018, 15, 89min) ★★★★
7.00 **The Snowman** Crime drama. (2017, 15, 109min) ★★


11.15 Rising Sun

The Snowman (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

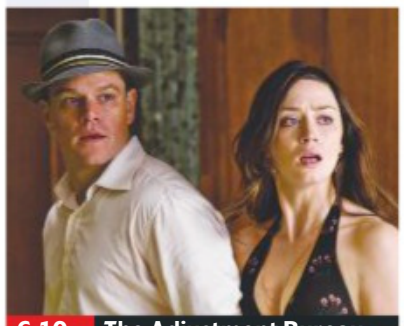
9.00 **BlacKkKlansman** Spike Lee's drama starring John David Washington and Adam Driver. An African-American police officer from Colorado attempts to infiltrate the local Ku Klux Klan branch. With Laura Harrier. (2018, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Rising Sun** Mystery thriller starring Sean Connery. (1993, 18, 124min) ★★★
1.25 AM **Black Rain** Thriller starring Michael Douglas. (1989, 18, 120min) ★★★
3.40 **48 Hrs** Action thriller starring Nick Nolte and Eddie Murphy. (1982, 15, 97min) ★★★★★
5.20 **to 7.05** AM **Deep Family Secrets** Thriller starring Angie Dickinson and Richard Crenna. (1997, PG, 89min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.40 AM **So B. It** Drama. (2016) ★★
8.25 **The Belly of the Whale** Drama. (2018, 15, 83min) ★★
10.00 **The Color Purple** Drama. (1985, 15, 152min) ★★★★
12.40 PM **Shock and Awe** Drama. (2017, 15, 90min) ★★
2.20 **Victoria & Abdul** Drama. (2017, PG, 111min) ★★★
4.20 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
6.10 **The Adjustment Bureau** Thriller. (2011, 12) ★★★★


6.10 The Adjustment Bureau

8.00 **The Social Network** Drama about the founding of Facebook by 19-year-old Harvard student Mark Zuckerberg, and the legal battles that ensued after the social networking site became a phenomenon. Stars Jesse Eisenberg. (2010, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Professor Marston and the Wonder Women** Biopic starring Luke Evans and Rebecca Hall, about the story of psychologist William Moulton Marston, and his creation of Wonder Woman. (2017, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Katie Says Goodbye** Drama starring Olivia Cooke. (2016, 15, 88min) ★★★
1.40 AM **The Senator** Thriller. (2017, 12, 106min) ★★★★
3.35 **to 6.15** AM **Empire of the Sun** Drama. (1987) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Thor: Ragnarok** (2017)
8.15 **Black Panther** As 5.30pm.
10.35 **Avengers: Infinity War** Fantasy, as shown at 8.00pm.
1.15 PM **Ant-Man and the Wasp** As shown at 10.35pm.
3.15 **Thor: Ragnarok** Fantasy starring Chris Hemsworth. (2017, 12, 130min) ★★★★
5.30 **Black Panther** Adventure starring Chadwick Boseman and Michael B Jordan. (2018, 12, 134min) ★★★★

10.35 Ant-Man and the Wasp

8.00 **Avengers: Infinity War** Fantasy adventure starring Robert Downey Jr, Chris Hemsworth and Josh Brolin. When galactic warlord Thanos attempts to obtain powerful stones to execute an insane plan, the Avengers and their allies join forces to stop him. (2018, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Ant-Man and the Wasp** Fantasy sequel with Paul Rudd. Former thief Scott Lang is presented with a new mission involving secrets from the past. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **War for the Planet of the Apes** Fantasy adventure. (2017, 12, 140min) ★★★★
3.10 **Mother!** Mystery drama. (2017, 18, 121min) ★★★★
5.15 **to 6.00** AM **Sky Cinema Preview – August 2019**

Sky Select

311 311 852 | 442 412 | 510

6.20 AM **Zama** Drama. Subtitled. (2017, 15, 115min) ★★★★
8.20 **Babel** Drama. (2006) ★★★
10.50 **The Heiresses** Drama. (2018, 12, 95min) ★★★★
12.35 PM **Patti Cake$** Music drama. (2017, 15, 109min) ★★★
2.35 **Jason and the Argonauts** Adventure. (1963, U) ★★★★
4.25 **Black Swan** Psychological thriller. (2010, 15) ★★★
6.25 **Lucky** Comedy drama. (2018, 15, 88min) ★★★★

8.00 Hostiles

8.00 **Hostiles** Western drama starring Christian Bale, Rosamund Pike and Wes Studi. In 1892, an army captain is ordered to escort a dying Native American chief back to his homeland. With Rory Cochrane, Ben Foster and Adam Beach. (2017, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Rise of the Viking** Historical drama starring Jonathan Banks. After being banished from his home, a young man is eventually taken in by Viking villagers, leading to a romance with a princess. (2018, 15, 160min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **The Last Warrior** Drama. (2018, 18, 105min) ★★★
2.50 **A Clockwork Orange** Satire. (1971, 18, 136min) ★★★★
5.10 **to 6.35** AM **Fatima** Drama. (2015, PG, 79min) ★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **The SpongeBob SquarePants Movie** Animation. (2004, U, 87min) ★★★
12.45 PM **Sunshine on Leith** Rousing musical. (2013, PG, 98min) ★★★★
2.45 **Hotel for Dogs** Family comedy. (2009, U, 95min) ★★★
4.45 **Parental Guidance** Comedy. (2012, U, 100min) ★★★
6.50 **First Daughter** Comedy. (2004, PG, 106min) ★★

6.50 First Daughter

First Daughter (film started at 6.50pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **X-Men: Apocalypse** Superhero adventure sequel starring James McAvoy and Michael Fassbender. The mutant heroes must save the world from an ancient Egyptian tyrant restored to life in the 1980s. (2016, 12, 144min) ★★★ **9 PM** **10 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Transporter 3** Action thriller sequel starring Jason Statham and Natalya Rudakova. The Transporter is pressured into taking the kidnapped daughter of a Ukranian official from Marseilles to Odessa. (2008, 15, 103min) ★★★ **11 PM**
1.50 **to 3.40** AM **Fruitvale Station** Fact-based drama. (2013, 15, 85min) ★★★★

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven** (S1)
7.00 **The Waltons** 4&5/24. (S8)
9.00 **A Change of Place** Romantic drama. (1994, PG, 90min) ★★
11.00 **There Was a Little Boy** Drama. (1993, PG, 120min) ★★
1.00 PM **Highway to Heaven** (S3)
3.00 **North and South** 1&2/12. (S1)
5.00 **The Waiting Game** Thriller with Paula Abdul and Chandra West. (2001, 12, 100min) ★★

7.00 **Hard to Forget** Romantic thriller starring Tim Dutton and Polly Shannon. A murdered woman's twin sister joins a scheme to entrap the main suspect – the dead woman's husband. (1998, PG, 95min) ★★
9.00 **Another Woman** Thriller starring Justine Bateman and Peter Outerbridge. An amnesiac woman slowly recovers her memory and realises that her husband is in danger. (1994, 15, 86min) ★★

11.00 **A Kind of Loving** Drama. (1962, b/w, 15, 112min) ★★★★
1.00 AM **The Waltons** (S9)
3.00 **The Avengers** (S3)
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Ring of Deceit** Mystery thriller. (2009, PG, 90min) ★
10.50 **Crimes of the Mind** Fact-based thriller. (2014, PG, 84min) ★★
12.40 PM **Ties That Bind** Thriller. (2010, PG, 90min) ★★
2.30 **Little Black Book** Romantic comedy. (2004, 12, 106min) ★★
4.35 **Multiplicity** Fantasy comedy starring Michael Keaton. (1996, 12, 117min) ★★★

6.55 **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. The bumbling security guard takes a holiday in Las Vegas, but is forced to leap into action to prevent a casino heist. (2015, PG, 92min) ★★
9.00 **Bunraku** Action fantasy starring Josh Hartnett and Demi Moore. In a nightmarish future world, a cowboy and a samurai join forces against a ruthless gang leader. With Woody Harrelson. (2010, 15, 119min) ★★★

11.30 **Tarantino Presents: Model Shop**
11.35 **The Model Shop** Drama. (1969, 18, 90min) ★★★
1.35 AM **Puncture Wounds** (2014)
3.30 **Reunion at Fairborough** (1985)
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Hometown Hero** Romantic drama. (2016, PG, 90min) ★★
9.00 **Stop the Wedding** Romantic drama. (2016, U, 105min) ★★
11.00 **In My Dreams** (2014) ★★
1.00 PM **Late Bloomer** Drama. (2016, PG, 120min) ★★
3.00 **Road Less Travelled** Romantic drama. (2017, PG, 87min) ★★
5.00 **Like Cats and Dogs** Romantic comedy. (2017, PG, 81min) ★★

7.00 **Love at First Dance** Drama starring Becca Tobin and Niall Matter. A dance instructor falls in love with her latest student. (2018, PG, 120min) ★★
9.00 **In the Key of Love** Romantic drama starring Laura Osnes. Two years after leaving town a photographer is reunited with her ex when his sister is getting married and asks her to shoot the wedding. With Scott Michael Foster and Andrea Brooks. (2019, PG, 90min) ★★

11.00 **My Perfect Romance** Romantic drama. (2017, PG, 120min) ★★
1.00 AM **Christmas Wedding Planner** Drama. (2017, PG) ★★
3.00 **to 5.00** AM **Christmas in Evergreen** Drama. (2017) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Journey into Fear** (1943)
7.25 **The Battle of Midway**
8.20 **The Great Los Angeles Earthquake** 1/2. Disaster drama.
10.20 **Deadly Voltage** (2015) ★★
12.00 NOON **M*A*S*H** (S5)
1.00 PM **Relentless** (1948) ★★
2.55 **Suicide Commandos** War adventure. (1968, 12) ★★
5.00 **Stormtroopers**
6.10 **Breaking the Codes**

7.10 **The Las Vegas Story** Thriller starring Jane Russell and Victor Mature. A singer encounters an old flame and becomes involved in a mystery in Las Vegas. With Vincent Price. (1952, b/w, PG, 88min) ★★
9.00 **Callan** Espionage thriller starring Edward Woodward as a former secret agent who is recalled to kill a German businessman responsible for a series of bombings. With Eric Porter. (1974, 15, 106min) ★★

11.10 **Criminal Activities** Thriller starring John Travolta and Dan Stevens. (2015, 15, 94min) ★★
1.00 AM **Ablaze** Drama starring John Bradley. (2000, 15, 93min) ★★
3.00 **to 4.00** AM **Allied Fighters**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **The Others** *AMC* Supernatural chiller. ★★★★
8.00 **Blended** *5STAR* Romantic comedy. (HD) ★★
9.00 **Gone in Sixty Seconds** *Sky One* Action thriller. (HD) ★★★
9.00 **Raw Deal** *5Spike* Action thriller. (HD) ★★
9.00 **The Hundred-Foot Journey** *Paramount* Comedy. (HD) ★★★
10.00 **Pearl Harbor** *ITV4* World War Two romantic drama. (HD) ★
10.00 **Step Brothers** *Comedy Central* Comedy. (HD) ★★★★
10.00 **The Brothers Grimm** *Syfy* Terry Gilliam's fantasy adventure. ★★
10.25 **The Intern** *5STAR* Comedy with Robert De Niro. (HD) ★★★★
11.10 **Son of a Gun** *5Spike* Crime drama. (HD) ★★★
11.25 **10 Rillington Place** *Paramount* Thriller. (HD) ★★★★
12.00 M'T **Austin Powers: International Man of Mystery** *Comedy Central* Spy spoof with Mike Myers. (HD) ★★★★
12.50 AM **Harold & Kumar Get the Munchies** *5STAR* Comedy starring John Cho. (HD) ★
2.20 **The Limey** *AMC* Thriller. ★★★
4.00 **American Warships** *Syfy* ★★

MONDAY Sport

SKY HD SD | VIRGIN HD | BT HD

5 August

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Transfer Centre** The latest football transfer developments.
9.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 LIVE **The Ashes England v Australia.** Coverage of the fifth and final day's play of the first Test in the five-match series, which is taking place at Edgbaston.
6.00 PM **The Ashes Debate** Discussion on the fourth day of the first Test between England and Australia at Edgbaston.
6.30 **Ashes In The 80's** A look back at the 1981 Ashes series.
7.00 LIVE **EFL Huddersfield Town v Derby County** Coverage of the Championship clash from John Smith's Stadium. Kick-off **7.45pm**.
10.15 **The Debate** Discussion on the latest football news.
11.15 **Transfer Centre** The latest football transfer developments.
1.00 AM LIVE **WWE Raw** Wrestling coverage from America. Presented by Michael Cole, Corey Graves and Renee Young.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Best Goals 14/15**
8.00 **Best PL Goals: Man City v Liverpool** The finest goals scored in matches between the sides.
8.30 **Best PL Goals: Tottenham v Chelsea** Memorable goals.
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **PL Greatest Games**
8.00 **Premier League Years** A look back at the 2018/19 season.
10.00 **PL Greatest Games** Chelsea v Arsenal from 1997.
10.15 **The Debate** Discussion on the latest football news.
11.15 **PL Greatest Games**
11.30 **Premier League Legends** Profiles of top-flight stars.
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Football Years**
7.00 LIVE **EFL Huddersfield Town v Derby County** Coverage of the Championship clash from John Smith's Stadium. Kick-off **7.45pm**.
10.15 **The Debate**
11.15 **SPFL Round-Up**
11.30 **MLS Round-Up Show**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports The Ashes

404 404 858 | 514 504

6.00 AM **Ashes Memories**
7.00 **The Ashes**
8.00 **The Ashes Debate**
8.30 **The Ashes** England v Australia: Action from the fourth day's play of the first Test at Edgbaston.
9.30 **The Ashes Debate**
10.00 LIVE **The Ashes England v Australia.** The fifth and final day of the first Test in the five-match series, held at Edgbaston.
6.00 PM **The Ashes Debate**
6.30 **Ashes In The 80's**
7.00 **Captain's Log**
8.00 **The Ashes** England v Australia: Action from the fifth and final day of the first Test at Edgbaston.
9.00 **The Ashes Debate**
9.30 **Ashes In The 80's**
10.00 **The Ashes** As 8.00pm.
11.00 **The Ashes Debate**
11.30 **The Ashes** As 8.00pm.
12.30 AM **The Ashes Debate**
1.00 **Captain's Log**
2.00 **Ashes In The 80's**
2.30 **Best of England v Australia**
3.20 **Ashes Greats**
3.30 **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Chronicles of a Champion Golfer** Profiles of leading golfers.
7.00 **Ladies European Tour Golf**
8.00 **PGA Tour Golf**
1.00 PM **Ladies European Tour Golf**
2.00 **Hall or Nothing: Georgia's Story** Documentary.
3.00 **Best of the Sky Zone**
3.30 **PGA Tour Profiles**
4.00 **Chronicles of a Champion Golfer** Profiles of leading golfers.
5.00 **PGA Tour Profiles**
6.00 **Ladies European Tour Golf**
7.00 **Best of Golf**
8.00 **Ladies European Tour Golf** Action from final day's play of the Women's British Open at Woburn Golf Club in Little Brickhill.
9.00 **Feherty Talks to Ian Poulter** The Ryder Cup star chats to pundit David Feherty.
10.00 **Best of Golf**
11.00 **Ladies European Tour Golf**
12.00 M'T **Chronicles of a Champion Golfer** Profiles of leading golfers.
1.00 AM **Ladies European Tour Golf**
2.00 **Best of Golf**
3.00 **Ladies European Tour Golf**
4.00 **Best of Golf**
5.00 **to 6.00** AM **Ladies European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **BT Sport Fight Night** Another chance to see Michael Conlan v Diego Alberto Ruiz.
8.00 **Premier League Goals of the Season** The best goals from the 2018/2019 campaign.
9.00 **FA Community Shield** Action from Liverpool v Manchester City.
10.30 **Trophee des Champions** Paris Saint-Germain v Rennes.
12.00 NOON **Premier League Legends** The career of former Liverpool and England defender Jamie Carragher. **12.30** PM A profile of former Arsenal striker Thierry Henry. **1.00** A profile of ex-Manchester United striker Ruud van Nistelrooy.
1.30 PM **Vanarama National League Highlights** Action from the opening weekend of the season, including Maidenhead United's visit to Stockport County.
2.00 **FIM Speedway Grand Prix** Action from all the races of round five in Wroclaw, Poland.
4.00 LIVE **WTA Tennis** Coverage of the opening day of the Rogers Cup from Toronto, Canada.
4.00 **to 6.00** AM **ESPN Classic Boxing**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **MotoGP**
9.00 **MotoGP Chequered Flag**
10.00 **UEFA Champions League Magazine** The 2018/2019 UEFA Champions League season.
11.00 LIVE **UEFA Champions League** Coverage of the UEFA Champions League play-offs draw.
11.30 **UCL Final** Action from Tottenham Hotspur v Liverpool.
12.00 NOON **UEL Final** Action from Chelsea v Arsenal.
12.30 PM LIVE **UEFA Europa League** Coverage of the UEFA Europa League play-offs draw.
1.00 **Sport in Focus**
1.15 **BT Sport Goals Reload**
1.30 **Premier League**
9.00 **Fishing: On The Bank**
10.00 **Premier League Review: 2004/05** Season review.
11.00 **Premier League Review: 2005/06** Season review.
12.00 M'T **Premier League Review: 2006/07** Season review.
1.00 AM **Premier League Review: 2007/08** Season review.
2.00 **FA Community Shield**
3.30 **Playing For The Mob**
5.00 **to 6.00** AM **Premier League: Best Goals 2003/04**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Bundesliga 2** As 6.00pm.
7.30 **Vanarama National League** Action from Stockport County v Maidenhead United.
9.00 **Vanarama National League Highlights** Action from the opening weekend of the season.
9.30 **WTA All Access**
10.00 **WTA Tennis** Action from the final of the Citi Open in Washington.
2.00 PM **Ligue 1: Games of the Season** Four editions.
6.00 **Bundesliga 2** FC Heidenheim 1846 v VfB Stuttgart.
7.30 LIVE **Bundesliga 2 FC Nurnberg v Hamburg SV.** Coverage of the German second-tier match from Max Morlock Stadion. Kick-off **7.30pm**.
9.30 **WRC Review** The best of the action from Rally Finland.
10.30 **UFC Profiles in Combat** A look at the career of Max Holloway.
11.00 **UFC** Action from Colby Covington v Robbie Lawler in New Jersey.
2.00 AM **Bundesliga 2** Action from FC Nurnberg v Hamburg SV.
3.30 **Formula E: Street Racers**
4.00 **BRDC British F3 Championship Highlights**
5.00 **to 6.00** AM **WRC Review**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Darts Gold**
8.30 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Darts Gold**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.30 **Sporting Records**
5.30 **Salomon Golden Trail Series**
6.00 **NFL: America's Game**
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **US Open 9-Ball Pool** This year's tournament in Las Vegas.
10.00 **Super League Fulltime** A round-up of the latest matches.
10.30 **Salomon Golden Trail Series** Race three of the series.
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Fulltime**
1.30 **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **My Icon**
4.30 **Fast Zone** Motorsport action.
5.00 **WWE Raw Hlts** The latest wrestling action from America.
6.00 **Sporting Records**
7.00 **Fast Zone** Motorsport action.
7.30 **NFL: A Football Life** Documentary series focusing on the lives of NFL players, coaches, owners and teams.
8.30 **Fast Zone** Motorsport action.
9.00 **Sporting Records** An in-depth look at some of the greatest milestones ever recorded in sport.
10.00 **Fast Zone** Motorsport action.
10.30 **Sporting Records**
11.00 **My Icon**
12.00 M'T **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **X Games** Action from the X Games Minneapolis, featuring the BMX Park final, Moto X Best Trick final, Skateboard Big Air final and Skateboard Street final.
11.00 **X Games** Action from the X Games Minneapolis, featuring the BMX Street final, BMX Dirt final and Moto X Best Whip final.
2.00 PM **MLB** Action from Chicago Cubs v Milwaukee Brewers.
5.00 **Baseball Tonight** The latest Major League Baseball news.
6.00 **MLB** Action from New York Yankees v Boston Red Sox.
9.00 LIVE **MLB New York Mets v Miami Marlins.** Coverage of the National League match from Citi Field. Start-time **9.10pm**.
12.00 M'T **MLB's Best** Highlights show
12.30 AM **College Football Live**
1.00 LIVE **MLB** Coverage of a Major League Baseball game.
4.00 **to 6.00** AM **CFL** Montreal Alouettes v Ottawa Redblacks.

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Porsche Supercup**
8.00 **RideLondon**
9.00 **Cycling: Tour of Poland**
10.00 **RideLondon**
11.00 **Clasica San Sebastian**
12.00 NOON **WATTS** Recent highlights.
12.30 PM **Motorcycling: Southern 100** Action from the Isle of Man.
2.15 **Bennetts British Superbikes**
4.00 **Cycling: Tour of Poland**
5.00 LIVE **Cycling: Tour of Poland** Coverage of stage three of the UCI World Tour event, a 157km course from Chorzow to Zabrze.
5.30 **RideLondon**
6.30 **Clasica San Sebastian**
7.30 **The Voxwomen Cycling Show**
8.00 **Cycling: Tour of Poland** Stage three from Chorzow to Zabrze.
9.00 **RideLondon** The RideLondon Classique women's race.
10.05 **Snooker: International Championship** Day two action.
12.05 **to 1.05** AM **Cycling: Tour of Poland**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.25 AM LIVE **Snooker: International Championship** Day two from Daqing, China.
10.00 **Snooker: International Championship** Day two action.
11.25 LIVE **Snooker: International Championship** Further day two coverage from Daqing, China.
3.00 PM **Snooker: International Championship** Day two action.
4.00 **Motocross World Championship**
5.00 **Bennetts British Superbikes**
7.00 **Snooker: International Championship** Day two action.
9.00 **Motocross World Championship**
9.30 **Show Jumping**
10.00 **Cycling: Tour of Poland**
11.00 **Eurosport News**
11.10 **Bennetts British Superbikes**
1.10 AM **Eurosport News**
1.20 **Porsche Supercup**
1.50 **WATTS** Recent highlights.
2.00 **Snooker: International Championship** Day two action.
4.00 **to 6.25** AM **Highlights**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Raw Hlts**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
10.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **WWE from the Vault**
12.30 PM **WWE Slam City**
1.00 **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **WWE Slam City**
4.30 **WWE from the Vault**
5.00 **WWE Raw** Wrestling action.
7.00 **US Open 9-Ball Pool**
8.00 **WNBA** Action from New York Liberty v Connecticut Sun.
9.30 **WNBA** Action from Los Angeles Sparks v Seattle Storm.
11.00 **Super League Fulltime**
11.30 **US Open 9-Ball Pool**
12.30 AM **Great Sporting Moments**
1.00 LIVE **WWE Raw** Wrestling.
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** The Hungarian Grand Prix opening practice session.
12.45 PM **Formula 1** The Hungarian Grand Prix second practice.
2.30 **Formula 1** The Hungarian Grand Prix third practice session.
3.45 **Formula 1** The Hungarian Grand Prix qualifying session.
5.30 **The F1 Show**
6.00 **Formula 1** The Hungarian Grand Prix: Another chance to see the 12th round of the season, which was held at the Hungaroring.
8.15 **Brundle with Kubica & Russell**
8.30 **Hungarian F1 GP Best Bits** The best moments from the Hungarian Grand Prix.
9.00 **F1 Classic Races** A look back at the 2003 Malaysian Grand Prix.
11.15 **McLaren In Baku**
11.30 **Formula 1** Highlights of the Hungarian Grand Prix.
12.30 AM **Hungarian F1 GP Best Bits**
1.00 **to 6.00** AM **The Home of F1**

Tuesday

6 August

Evening Planner

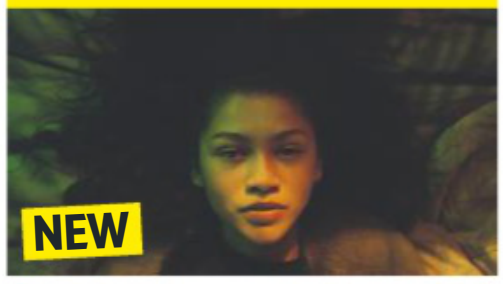
Documentary

World War Weird
Yesterday, 8pm
Strange wartime mysteries, from phantom cities to Stalin's cursed tomb, using archive and eyewitness accounts

Drama

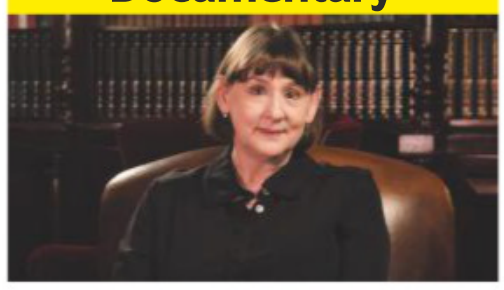
I Am Hannah
C4 HD, 10pm
Gemma Chan is a thirtysomething woman who is struggling with society's expectations that she settle down

Drama



Euphoria
Sky Atlantic HD, 10pm
Zendaya stars in a teen drama about a 17-year-old just out of rehab trying to navigate her way through social media

Documentary



The South Bank Show
Sky Arts HD, 10pm
Melvyn Bragg meets screenwriter Heidi Thomas to talk about her successful dramas and visits the *Call the Midwife* set

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Holby City †		9.00 Keeping Faith		10.00 News; Local News	10.35 Clique †
102 BBC2	7.00 The Repair Shop		8.00 Inside the Factory		9.00 The Chefs' Brigade		10.00 Mock the Week	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Save Money...	8.00 Emmerdale	8.30 Yorkshire... †	9.00 Neighbours from Hell: Caught on...		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Ackley Bridge		9.00 24 Hours in A&E		10.00 I Am Hannah	
105 CHANNEL 5	7.00 Chris Tarrant: Extreme Railway Journeys		8.00 The Great Gardening Challenge: The Final			9.15 Secrets of the National Trust with Alan...		10.15 Violent Child, Desperate...
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Manifest		10.00 Warrior	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Venice 24/7	8.00 SAS: Rogue Warriors		9.00 Revolutions: The Ideas That Changed...		10.00 The Farthest: Voyager's Interstellar...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Through the Keyhole		10.00 Celebrity Juice	
136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Building the Dream		10.00 My Floating Home	
135 E4	7.00 Hollyoaks	7.30 The Goldbergs	8.00 The Big Bang Theory		9.00 Celebs Go Dating		10.00 Celebrity Gogglebox	
107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 Elementary		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 The Real Chernobyl		10.00 Euphoria	
110 GOLD	7.10 Porridge		7.50 The Good Life	8.25 Only Fools and Horses				
111 DAVE	7.00 Taskmaster		8.00 Have I Got a Bit More Old News for You		9.00 QI XL		10.00 Taskmaster	
119 ITV3	7.00 Murder, She Wrote		8.00 Midsomer Murders				10.00 DCI Banks: Aftermath	
120 ITV4	7.00 The Chase		8.00 Road Racing Highlights 2019		9.00 Film: A View to a Kill			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Along Came Polly			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: Serenity			
109 W	7.00 MasterChef Australia		8.00 Emma Willis: Delivering Babies		9.00 One Born Every Minute		10.00 999 Rescue Squad	
113 UNIVERSAL	7.00 NCIS		8.00 Rescue: Code One		9.00 Law & Order: Special Victims Unit			
124 FOX	7.00 NCIS				9.00 American Dad!		10.00 Family Guy	
122 SKY ARTS	7.00 Video Killed...	7.30 Jefferson...	8.00 Passions		9.00 Andre Rieu: World Tour		10.00 The South Bank Show	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Deadliest Catch		10.00 Guardians of the Glades	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Aquarium		9.00 Alaska: The Last Frontier		10.00 Animal Cops Miami	
129 NAT GEO	7.00 Wicked Tuna		8.00 Lost Treasures of the Maya		9.00 Fiennes: Return to the Nile		10.00 Secrets of Tutankhamun's Treasures	
130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 Knightfall		10.00 Ancient Aliens	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 World War Weird		9.00 Open All Hours			
166 EDEN	7.00 Earth's Natural Wonders		8.00 Life on Earth: A New Prehistory		9.00 Wild Colombia with Nigel Marven		10.00 Rhino Orphanage	
Films								
301 SKY PREMIERE	◂ 6.30 The Adventures of Jurassic Pet		8.00 The Darkest Minds				10.00 Iron Sky: The Coming Race	
302 SKY HITS	7.00 Elysium				9.00 Jurassic World: Fallen Kingdom			
303 SKY GREATS	◂ 6.05 Poseidon		8.00 Shutter Island					10.20 Bad Boys II
304 SKY DISNEY	◂ 6.00 The Incredibles		8.00 Prince of Persia: The Sands of Time				10.00 Sleeping Beauty	
305 SKY ANIMATION	◂ 6.15 Smallfoot		8.00 Up			9.45 Coraline		
306 SKY ACTION	7.00 Gladiator					9.45 The Meg		
307 SKY COMEDY	◂ 6.00 Father Figures		8.00 Shaun of the Dead			9.45 That's My Boy		
308 SKY THRILLER	7.10 The Negotiator				9.00 Ocean's Eight			
309 SKY DRAMA	◂ 6.10 Wonder Wheel		8.00 Phantom Thread					10.15 Fifty Shades Freed...
310 SKY SCI-FI	7.00 E.T. The Extra Terrestrial				9.00 Edge of Tomorrow			
311 SKY SELECT	7.00 The Godfather						10.00 Taxi Driver	
313 FILM4	◂ 6.45 Ender's Game				9.00 Alone in Berlin			
315 TCM	◂ 6.05 King of the Wild Stallions		7.45 Arizona Trail		9.00 Swordfish			
Sport								
401 MAIN EVENT	7.00 The Transfer...	7.30 Carabao Cup – Live: Portsmouth v Birmingham City: From Fratton Park (Kick-off 7.45)					10.00 The Debate	
402 PREMIER LEAGUE	7.00 PL Greatest Games		8.00 The Tyler Archives		9.00 Best PL Goals Of The Season 18/19		10.00 The Debate	
403 FOOTBALL	◂ 6.30 Carabao Cup...	7.30 Carabao Cup – Live: Portsmouth v Birmingham City: From Fratton Park (Kick-off 7.45)					10.00 The Debate	
404 THE ASHES	7.00 Kia Super League Cricket – Live: Yorkshire Diamonds v Surrey Stars: The women's T20 match from Emerald Headingley Stadium						10.00 International T20 Cricket	
413 BT SPORT 1	◂ 4.00 WTA Tennis – Live: Action from day two of the Rogers Cup in Toronto, Canada							
414 BT SPORT 2	7.00 Liverpool v Arsenal			8.30 Chelsea v Newcastle			10.00 Premier League: Season Preview	

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

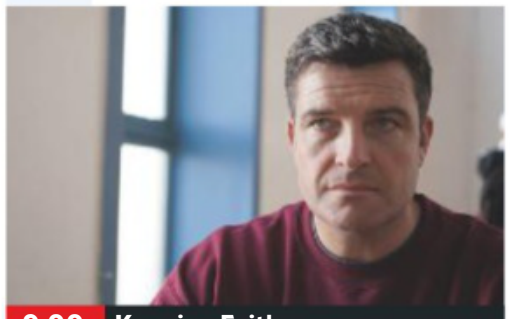
SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/43AU
OR CALL 0330 3331 113 and quote code 43AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Tuesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Animal Park Summer Special** New edition 2/15. A male lion is introduced to eight females in the hope of starting a new pride. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Wanted Down Under Revisited** (R)
11.45 **Britain in Bloom** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 7/16. Lindsay feels jealous. (S3) (S)(AD)
2.30 **Escape to the Country** A creative couple search for a new home in rural Devon. (S)(R)(AD)
3.30 **Good Morning Dagenham** (S)(R)
4.15 **Flog It!** In Wolverhampton. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 Keeping Faith

7 PM

7.00 **The One Show** Michelle Ackerley and Matt Baker host the topical show. (S)
7.30 **EastEnders** The Mitchells rally around Phil's bedside, where one person learns a shocking truth. (S)(AD)

8 PM

8.00 **Holby City** *When Worlds Collide:* Jac is forced to make a big decision when she is reunited with her daughter, and Dominic becomes convinced that something is going on between Carole and Hanssen. (S)(AD)

9 PM

9.00 **Keeping Faith** New episode 3/6. The trial moves towards a climax, and Faith strives to prevent Madlen from testifying – but also receives news from Evan that threatens the stability of her family. (S2) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Clique** New episode 5/6. Holly decides to take matters into her own hands. (S2) (S)(AD)
11.20 **Big in the Valleys** New edition 2/3. Trinity waits for the results of a blood test that will tell her whether or not she is pregnant, and Rachel goes on a date. (S)
11.50 **Reggie Yates's Extreme UK: Gay & Under Attack** 1/3. Documentary exploring the extremes of modern British masculinity. (S)(R)
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Secret History of the British Garden** (S)(R)(AD)
7.30 **An Island Parish: Falklands** (S)(R)
8.00 **Sign Zone: Dom on the Spot** (R)
8.30 **Sign Zone: The Last Showmen – Our Lives** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
12.45 PM **The Super League Show** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Len and Ainsley's Big Food Adventure** (S)(R)(AD)
3.00 **Hairy Bikers' Best of British** (R)
3.45 **More Creatures Great and Small** A dog is hit by a train. (S)(R)
4.15 **Life Story** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** Products are put to the test. (S)(R)

9.00 The Chefs' Brigade

7.00 **The Repair Shop** The team restore a miniature whisky barrel, a clockwork train, wicker baby-weighing scales, and a military swagger stick. (S)(R)

8.00 **Inside the Factory** New edition 2/10. Gregg Wallace visits a South Shields factory that manufactures 650 waxed jackets a day, while Cherry Healey investigates the science behind waterproof clothing. (S)(AD)

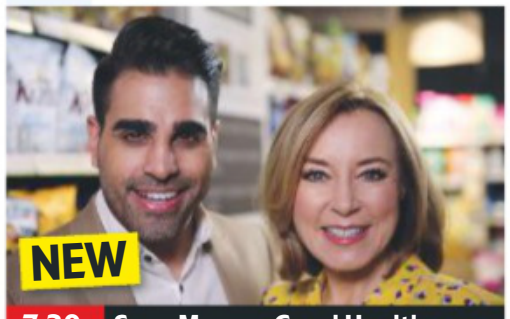
9.00 **The Chefs' Brigade** New edition 2/6. Jason Atherton takes his group of chefs to Bergen, Norway, where they get an in-depth course in the specifics of Scandinavian cooking and ingredients as they prepare venison stew. (S)(AD)

10.00 **Mock the Week** With Tom Allen, Angela Barnes, Ed Gamble, Olga Koch and Glenn Moore. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **The Misadventures of Romesh Ranganathan** 2/5. The comedian travels to Mongolia. (S)(R)(AD)
12.15 AM **Sign Zone: Broke** (S)(R)(AD)
1.15 **Sign Zone: Murder, Mystery and My Family: Case Closed?** 4/5. Revisiting a case of murder and mistaken identity. (S)(R)(AD)
2.00 **Sign Zone: Inside the Bruderhof** A radical Christian community living in a Sussex village. (S)(R)(AD)
2.30 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** The team are in Newport, south Wales, where pistols and some peculiar glasses are among the items, and a Cloisonne table gets Jan Keyne's highest offer yet. (S)(R)
3.00 **Tenable** A team of wheelchair basketball enthusiasts answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** Game show. (S)(R)
5.00 **The Chase** Quiz show. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



7.30 Save Money: Good Health

7.00 **Emmerdale** Jai is under pressure from the staff, and Kerry is called in by the police. (S)(AD)
7.30 **NEW SERIES Save Money: Good Health** 1/8. Summer travel. (S)(AD)

8.00 **Emmerdale** Cain reacts badly to Debbie's plans. (S)(AD)
8.30 **Yorkshire Airport** New edition 4/6. The summer heatwave causes the tarmac of the runway to melt. (S)(AD)

9.00 **NEW Neighbours from Hell: Caught on Camera** Documentary looking at disputes between neighbours, featuring conflicts that have erupted over noise, parking rows and disputes over where to put the rubbish. (S)(AD)

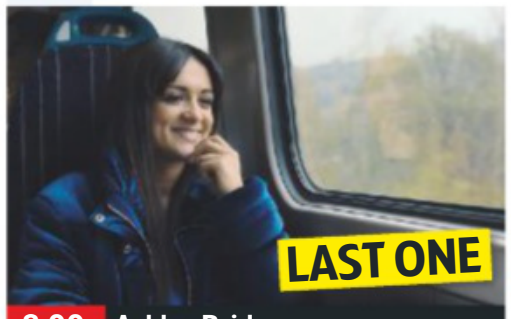
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Ross Kemp: Living with Young Carers** 2/4. Ross meets children who are looking after sick parents or siblings. (S)(R)(AD)
11.10 **Lethal Weapon** *Need to Know:* 2/15. Murtaugh and Cole attempt to find a steady rhythm as they work to solve the murder of a finance executive. (S3) (S)(R)(AD)
12.05 AM **Tenable** Five friends from Newcastle compete. (S)(R)
12.55 **Teleshopping**
3.00 **River Monsters** 1/2. Exploring the fate of *RMS Laconia*. (S)(SL)(R)
3.25 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour | 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 15&16/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition With John Inverdale. (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The £100k Drop** New edition Contestants from Stockport and Bristol take part. (S)
5.00 **Come Dine with Me** New edition A creative director hosts the second party from Edinburgh. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Romance blossoms at a music festival. (S)(AD)



8.00 Ackley Bridge

7.00 **News** (S)

8.00 **Ackley Bridge** Series finale 8/8. Nas struggles with the pressure of her A-levels, and horrifies Kaneez and Rashid by considering giving up on everything she has worked for. (S3) (S)(AD)

9.00 **24 Hours in A&E** New edition A 92-year-old man may have a bleed on the brain after hitting his head, and patients from Iran and their families share their memories of how the revolution affected their lives. (S)(AD)

10.00 **I Am Hannah** Series finale 3/3. A woman struggles with her mother's demands that she start a family, and feels under pressure as she watches her friends have children. Stars Gemma Chan. *See feature, page 8* (S1) (S)(AD)
11.00 **Britain's Giant Pet Food Factory** Documentary. (S)(R)(AD)
12.00 M'T **Ramsay's Kitchen Nightmares USA** (S)(R)
12.50 AM **Jamie and Jimmy's Friday Night Feast** (S)(R)(AD)
1.50 **Undercover Boss USA** (S)(R)
2.40 **Grand Designs New Zealand** (S)(R)
3.35 **Come Dine with Me** (S)(R)
4.30 **Extreme Cake Makers** (S)(R)
4.55 **The £100k Drop** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour | 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** (R)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!** Documentary. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Double Daddy** Thriller starring Mollee Gray. (S) (2015, 12, 105min) ★★
4.00 **Friends** 17&18/18. (S10) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Gary is released and thanks Kyle and Amy for their support. (S)(R)(AD)
6.00 **Home and Away** Tommy coaxes Bella's address from her and sends her a gift. (S)(R)(AD)
6.30 **News** (S)

8.00 The Great Gardening...

7.00 **Chris Tarrant: Extreme Railway Journeys** 1/5. Chris travels from the west of Morocco to the east, heading into the desert on a mission to find out whether a railway line once crossed the Sahara to Timbuktu. (S)(R)

8.00 **The Great Gardening Challenge: The Final** Series finale 6/6. The competition reaches its climax with just two pairs of garden designers remaining, competing for the crown in the final. Hosted by Nicki Chapman and Diarmuid Gavin. (S)

9.15 **Secrets of the National Trust with Alan Titchmarsh** New edition 3/4. The presenter explores Plas Newydd in Anglesey, a mansion on the banks of the Menai Strait, which has been home to the Marquesses of Anglesey since Waterloo. (S)

10.15 **Violent Child, Desperate Parents** Laverne Antrobus meets Debbie and her eight-year-old son Joe. (S)(R)

11.15 **Egypt's Greatest Treasures with Bettany Hughes** The pivotal moments of the Ancient Egyptians. (S)(R)
1.10 AM **21.co.uk Live Casino Show**
3.10 **Gotham: Wrath of the Villains**
4.00 **OMG! My Midlife Plastic Crisis** Documentary. (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 12/20. (S1) (S)(R)
10.00 **The Flash** 12/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **MacGyver** 14/23. (S2) (S)(R)
4.00 **Modern Family** 1&2/22. Double bill. (S7) (S)(R)
5.00 **The Simpsons** *Regarding Margie:* Marge loses all memory of Homer. (S)(R)
5.30 **Futurama** *The Problem with Popplers:* The team acquire a taste for alien worms. (S)(R)(AD) **6.00** *Anthology of Interest 1:* With the voice of Al Gore. (S)(R)
6.30 **The Simpsons** *The Great Wife Hope:* Marge campaigns against a combat sport. (S)(R)(AD)

10.00 Warrior

7.00 **The Simpsons** *The Devil Wears Nada:* Marge becomes a sex symbol after posing for a calendar. (S)(R) **7.30** *Pranks and Greens:* Bart befriends a former schoolboy prankster. With the voice of Jonah Hill. (S)(R)

8.00 **A League of Their Own** Tony Adams, David Baddiel and Aisling Bea join host James Corden and regulars Jamie Redknapp, Andrew Flintoff and Jack Whitehall on the sports-based comedy quiz. (S)(R)(AD)

9.00 **Manifest** New episode *Re-Entry:* 2/16. The passengers from Flight 828 find themselves under government scrutiny as they struggle to resume their lives. (S1) ■ Repeated on Friday

10.00 **Warrior** New episode *The Tiger and the Fox:* 7/10. Ah Sahm faces a dilemma when Father Jun sends Bolo to hunt down Long Zii and Mai Ling, while Ah Toy takes on a business partner. (S1) (S)

11.00 **A League of Their Own: US Road Trip 2.0** Hunting for crocodiles in Florida's Everglades. (S)(R)(AD)
12.00 M'T **NCIS: Los Angeles** 17/24. Sam and his family move to a safe house. (S7) (R)
1.00 AM **The Blacklist** (S6) (S)(R)
2.00 **NCIS: Los Angeles** (S7) (S)(R)
4.00 **Babylon** 20/22. (S3) (R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.00-9.00pm River City (S)(R)(AD) **10.35** Holby City (S)(AD) **11.35** Clique New episode (S)(AD) **12.20am** Big in the Valleys New edition (S) **12.50** Reggie Yates's Extreme UK: Gay & Under Attack (S)(R) **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm The Horsey Set – at Down Royal (S)(R) **11.05** Clique New episode (S)(AD) **11.50** Big in the Valleys New edition (S) **12.20am** Reggie Yates's Extreme UK: Gay & Under Attack (S)(R) **1.20-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Colin Murphy's Panic Room (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
10.45-11.10pm Fishlock's Choice New edition (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **10.00** Eisteddfod Genedlaethol Cymru 2019 New edition **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Eisteddfod Genedlaethol Cymru 2019 New edition **2.00** Newyddion S4C a'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru 2019 New edition **4.15** Eisteddfod Genedlaethol Cymru 2019 New edition **6.00** Newyddion S4C a'r Tywydd **6.05** Ceffylau Cymru **6.30** Bois y Pizza Series finale (AD) **7.00** Heno **8.00** Eisteddfod Genedlaethol Cymru 2019 New edition **9.00** Newyddion 9 a'r Tywydd **9.30** NEW Bardd Yng Ngwlad Y Beirdd **10.30** Y Babell Lên 2019 New edition **11.30** Un Swig Arall: Llanrwst 89 **12.00m't-1.05am** Eisteddfod Genedlaethol Cymru 2019

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Venice 24/7** 5/6. The city celebrates the ancient tradition of rowing.
8.00 **SAS: Rogue Warriors** 2/3. The story of two SAS members who outran their German pursuers.
9.00 **Revolutions: The Ideas That Changed the World** New edition 3/6. The history of rocket technology, from its homemade origins in ancient China to modern ion drives.
10.00 **The Farthest: Voyager's Interstellar Journey** Examining the story of the *Voyager* space probes.
11.30 **The Queen Mary: Greatest Ocean Liner**
12.30 AM **Archaeology: A Secret History**
1.30 **The Culture Show: Wars of the Heart**
2.00 **SAS: Rogue Warriors**
3.00 **to 4.00** AM **Revolutions: The Ideas That Changed the World**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Jamie's Comfort Food**
9.15 **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **Great British Bake Off**
12.00 NOON **Find It, Fix It, Flog It**
1.05 PM **Four in a Bed**
3.45 **Location, Location, Location** In east London.
4.50 **Love It or List It Australia**
5.55 **The Secret Life of the Zoo** A giraffe goes into labour.
6.55 **The Supervet** Noel Fitzpatrick treats a shih-tzu with severe arthritis in its hip.
7.55 **Escape to the Chateau** Dick Strawbridge and Angel Adoree await the arrival of Christmas guests.
9.00 **Building the Dream** New edition A Cambridgeshire couple plan to build a four-bedroom detached house for the cost of a tiny terrace – which requires working around the clock and calling in a lot of favours.
10.00 **My Floating Home** Mark Evans meets a Southampton man planning an extraordinary futuristic fibreglass home.
11.05 **24 Hours in A&E** A man is treated after falling off a ladder while fixing his roof.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **The Supervet**
2.15 **The Secret Life of the Zoo**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions.
8.00 **Two and a Half Men** 6/23. Walden is forced to choose between Rose and Zoey. **8.30** 7/23. Jake arranges a rendezvous with his sweetheart Missi. (S10)
9.00 **Through the Keyhole** With Dani Dyer, Martin Kemp and Paddy McGuinness.
10.00 **Celebrity Juice** With guests Foxes, Adam Richman, Thomas Turgoose and Kelly Osbourne.
10.50 **Family Guy** *Secondhand Spoke:* 15/21. Peter takes up smoking. (S12)
11.20 **Family Guy**
11.45 **American Dad!**
12.40 AM **Two and a Half Men**
1.35 **Superstore**
2.05 **to 2.15** AM **Guinness World Records: Bonkingly Big Hits**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Speechless**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 16&17/24. Double bill. (S5)
7.00 **Hollyoaks**
7.30 **The Goldbergs** 7/24. Erica's band auditions for a television talent show. (S6)
8.00 **The Big Bang Theory** 15/24. Sheldon and Amy take a train ride to the Napa Valley on Valentine's Day. **8.30** 16/24. Sheldon re-evaluates his life. (S7)
9.00 **Celebs Go Dating** New edition 2/20. Nathan Henry, Lauren Goodger and Jack Fincham are looking for love.
10.00 **Celebrity Gogglebox** Famous faces appraise shows including *Love Island*.
11.05 **The Big Bang Theory**
12.05 AM **Brooklyn Nine-Nine**
1.05 **Celebs Go Dating**
2.10 **First Dates Hotel**
3.05 **Gogglebox**
4.00 **Brooklyn Nine-Nine**
4.45 **How I Met Your Mother**
5.30 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 28 | 123

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Highway Cops**
12.00 NOON **Sun, Sea and A&E** A terrorist attack leaves British tourists in hospital in Majorca. **1.00** PM Swine flu puts Majorca on red alert. **2.00** An unconscious boy is pulled from a swimming pool.
3.00 PM **Border Security: America's Front Line** Four editions of the documentary series.

9.00 Elementary

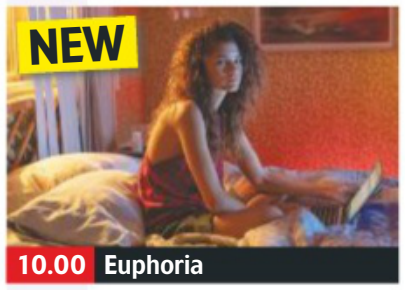
7 PM
6.45 **My Kitchen Rules: Australia** New edition Pals Andy and Ruby, and mother and son Lisa and John are paired up.
8.00 **Criminal Minds** *Masterpiece:* 8/26. A man confesses to murdering seven people. Guest stars Jason Alexander. (S4)
9 PM
9.00 **Elementary** New episode *Red Light, Green Light:* 4/13. Holmes and Watson investigate an explosion at a traffic stop. (S7)
10 PM
10.00 **Criminal Minds** *Alchemy:* 20/24. Human remains are dumped on a native American reservation in South Dakota. (S8)
11.00 **Criminal Minds** 19/24. (S6)
12.00 M'T **Britain's Most Evil Killers**
1.00 AM **How to Get Away with Murder** 6/15. (S5)
2.00 **For the People** 5/10. (S2)
3.00 **Brit Cops: War on Crime**
4.00 **Air Ambulance ER**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Urban Secrets** In London.
7.00 **Fish Town**
8.00 **Richard E Grant's Hotel Secrets** A visit to Ireland.
9.00 **Discovering: Clark Gable**
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 8/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 16/24. Guest stars Kirstie Alley. **6.00** 17/24. Jack and Danny investigate the disappearance of a serviceman recently returned from Iraq. (S2)



10.00 Euphoria

7.00 **CSI** *The Grave Shift:* 11/24. New recruit Langston investigates a murder on his first day with the team. (S9)
8.00 **Blue Bloods** *Under the Gun:* 9/22. Danny and Baez investigate the murders of three community leaders. (S5)
9.00 **The Real Chernobyl** Sky News documentary meeting people who were involved in the Chernobyl nuclear disaster.
10.00 NEW SERIES **Euphoria** *Pilot:* 1/8. Provocative coming-of-age drama starring Zendaya. *See feature, page 7* (S1)
11.05 **Swiped: Hooking Up In The Digital Age**
12.45 AM **Der Pass** 1/8. German detective thriller starring Julia Jentsch. Subtitled. (S1)
1.55 **Six Feet Under** 11/12. (S4)
3.00 **Girls** 5&6/10. (S2)
4.10 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.25 AM **Steptoe and Son**
8.35 **A Sharp Intake of Breath**
9.05 **The Interviews**
10.05 **The Green Green Grass**
10.45 **Last of the Summer Wine**
12.45 PM **2point4 Children**
1.25 **The Green Green Grass**
2.00 **Are You Being Served?**
2.40 **Only Fools and Horses**
3.20 **2point4 Children**
4.00 **Last of the Summer Wine**
5.55 **Are You Being Served?**
6.35 **Porridge** Fletcher helps new inmate Godber settle in.

9.00 Only Fools and Horses

7.10 **Porridge** Betting fever sweeps Slade Prison.
7.50 **The Good Life** The neighbours are none too keen to see Tom and Barbara introduce livestock into the suburbs.
8.25 **Only Fools and Horses** Del Boy tries to sell a pair of antique urns.
9.00 **Only Fools and Horses** Christmas special from 1989. The Trotters go on a lads' day out to Margate, but things do not turn out as expected.
10.55 **Two Pints of Lager and a Packet of Crisps** Louise gets a shock when she meets her birth mother.
11.30 **I'm Alan Partridge**
12.05 AM **Live at the Apollo**
1.05 **Inside No 9**
1.45 **Two Pints of Lager and a Packet of Crisps**
2.20 **I'm Alan Partridge**
2.50 **Harry Hill's TV Burp**
3.15 **to 4.00** AM **Spaced**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
7.55 **Murder, She Wrote**
8.50 **On the Buses**
9.55 **George and Mildred**
10.30 **Agatha Christie's Poirot**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Poirot** *The Mystery of the Blue Train.*
5.55 **Downton Abbey** 6/9. Tempers fray as a kind gesture by Isobel backfires. (S3)

8.00 Midsomer Murders

7.00 **Murder, She Wrote** *Murder of the Month Club:* Jessica is plunged into a case involving plagiarism, blackmail and murder.
8.00 **Midsomer Murders** *The Great and the Good:* A teacher keeps waking in the night, believing she has an intruder, but her neighbours are unconvinced – until a local councillor is found dead in her garden. Guest stars Paul Kaye.
10.00 **DCI Banks: Aftermath** 1/2. Drama starring Stephen Tompkinson and based on the novel by Peter Robinson. (S1)
11.00 **DCI Banks: Aftermath** 2/2. The death of serial killer Marcus Payne makes the task of finding his accomplice harder and holds up the search for Leanne Wray. (S1)
12.05 **to 2.15** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Kojak**
8.10 **Quincy ME**
9.15 **Minder**
10.20 **The Sweeney**
11.25 **The Professionals**
12.30 PM **The Saint**
1.35 **Kojak**
2.40 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals** Bodie and Doyle try to defuse a bomb.
5.55 **The Sweeney**

9.00 A View to a Kill

7.00 **The Chase** Four contestants work as a team to take on ruthless quiz genius The Chaser and secure a cash prize.
8.00 **Road Racing Highlights 2019** Action from the latest round of the season, which came from Armoy, County Antrim.
9.00 FILM **A View to a Kill** James Bond espionage adventure starring Roger Moore and Christopher Walken. Agent 007 strives to arrest the global ambitions of a crazed industrialist. With Tanya Roberts. (1985, PG, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 FILM **Starsky & Hutch** Comedy based on the 1970s cop show, starring Ben Stiller, Owen Wilson, Vince Vaughn and Juliette Lewis. (2004, 15, 101min) ★★
1.50 **to 2.45** AM **The Professionals**

+1 hour 220 175 154

Sky Two

151 121

7.00 AM **Fat Families: Second Helpings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** (S3)
4.00 **Ninja Warrior**
5.30 **Ninja Warrior Women Tournament**
6.00 **Stargate SG-1** 10&11/24. (S3)
8.00 **Duck Quacks Don't Echo** With Bob Mortimer.
9.00 **50 Ways to Kill Your Mammy** Double bill.
11.00 **Highway Cops**
12.00 M'T **Warrior** 7/10. (S1)
1.00 AM **Manifest** 2/16. (S1)
2.00 **Elementary** 4/13. (S7)
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **Ninja Warrior**
5.30 **to 6.00** AM **Ninja Warrior Women Tournament**

Pick

152 123 11 144

6.00 AM **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Highway Cops**
11.00 **Police Force: Australia**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **UK Border Force**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Without a Trace** (S7)
6.00 **Stargate SG-1** (S1)
7.00 **Supergirl** 2/23. (S3)
8.00 **The Flash** 2/23. (S4)
9.00 **The Force: Essex**
10.00 **Ross Kemp: Extreme World** In South Africa.
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Law & Disorder**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Steve Backshall's Extreme Mountain Challenge** In Venezuela.
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Yianni: Supercar Customiser**
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear** Double bill.
7.00 **Taskmaster**
8.00 **Have I Got a Bit More Old News for You** David Tennant hosts.
9.00 **QI XL** With Sara Pascoe.
10.00 **Taskmaster**
11.00 **Live at the Apollo**
12.00 M'T **Taskmaster**
1.00 AM **Mock the Week**
1.40 **Live at the Apollo**
2.40 **Alan Davies: As Yet Untitled**
3.30 **to 4.05** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S6)
10.00 **Are We There Yet?** (S2)
11.00 **Friends** Four episodes.
1.00 PM **Friends** Six episodes.
4.00 **Are We There Yet?** 3&4/34. (S2)
5.00 **Friends** Eight episodes of the sitcom, including: **8.30** 14/24. Chandler meets an old flame. (S1)
9.00 FILM **Along Came Polly** Romantic comedy starring Ben Stiller and Jennifer Aniston. An overly-cautious risk assessor, reeling from being jilted on his honeymoon, begins dating a free-spirited young woman. (2003, 12, 90min) ★★★
11.00 **The Ricky Gervais Show** Double bill.
12.00 M'T **South Park** (S15)
3.45 AM **The Daily Show** New edition Talk show with Trevor Noah.
4.10 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Income Property**
1.00 **The Real Housewives of Atlanta**
1.55 **Million Dollar Listing: LA**
2.55 **Dallas Cowboys Cheerleaders**
3.45 **The Real Housewives of New Jersey**
4.10 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta** The lives of privileged families in the American city.
10.00 **Botched** Dr Terry Dubrow helps a patient get her groove back by fixing her 'man boobs'.
10.55 **Vanderpump Rules: Jax & Brittany Take Kentucky** Double bill.
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **Agatha Christie's Sparkling Cyanide**
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 7/10. Sally gets ready to give birth. (S1)
7.00 **M*A*S*H** Four episodes of the comedy. (S5)
9.00 **Taggart** *The Ties That Bind:* DI Burke's career hangs in the balance when the body of librarian Charles Campbell is found behind the wheel of his car after what appears to be a hit-and-run. **10.30** *In Camera:* A case from the past returns to haunt Ross.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S2)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries**
8.00 **Frankie Drake Mysteries**
9.00 **Sue Thomas: F.B.Eye**
10.00 **New Tricks**
11.00 **The Coroner**
12.00 NOON **Miss Fisher's Murder Mysteries** 13/13. (S2)
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 10/13. (S2)
4.00 **Rizzoli & Isles** 2&3/13. (S7)
6.00 **The Guardian** 5/23. A prostitution sting jeopardises Alvin's position. (S2)

9.00 Harrow

7.00 **Unforgettable** *Road Block:* 7/22. The team are called to investigate when a man is stabbed and his daughter is missing. (S1)
8.00 **Miss Fisher's Murder Mysteries** *Death-Defying Feats:* 1/8. A magician's assistant is killed during a show. (S3)
9.00 **Harrow** New episode *Aegri Somnia (Hallucinations)* 4/10. A body is found on a beach with shark bites on it. (S2)
10.00 **The Coroner** *Perfectly Formed*: 2/10. Building work at an abandoned cottage unearths a child's remains. (S2)
11.00 **New Tricks** *Objects of Desire:* Sandra is reunited with an old flame. Guest stars Paul McGann and Jesse Birdsall.
12.00 M'T **Rush** 2/22. (S3)
1.00 AM **Sue Thomas: F.B.Eye**
2.15 **Murdoch Mysteries** (S9)
3.00 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 **Merlin** 3/13. (S2)
12.00 NOON **FILM Arctic Apocalypse** Disaster drama. (2018, PG, 90min) ★
2.00 PM **Merlin** 4/13. (S2)
3.00 **Stargate Atlantis** 6/20. (S2)
4.00 **Star Trek: Voyager** (S1)
6.00 **Star Trek: The Next Generation** 13/26. Q is stripped of his powers and, unable to defend himself, demands asylum from vengeful Calamarian energy beings. (S3)

8.00 Stargate Atlantis

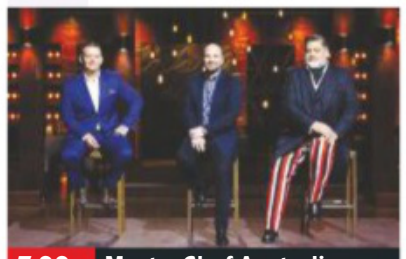
7.00 **Star Trek: The Next Generation** *A Matter of Perspective:* 14/26. Riker is accused of murdering Dr Nel Apgar. (S3)
8.00 **Stargate Atlantis** *Instinct:* 7/20. Beckett creates a potion designed to convert Wraiths back to human form. (S2)
9.00 **FILM Serenity** Sci-fi adventure spin-off from the TV series *Firefly*. A group of intergalactic vagabonds are pursued by a government assassin. Stars Nathan Fillion, Summer Glau and Chiwetel Ejiofor. (2005, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **FILM The Legend of Drunken Master** Comedy. Subtitled. (1994, 12, 102min) ★★★★
1.40 AM **Star Trek: The Next Generation** 10/22. (S2)
2.50 AM **Killjoys** 2/10. (S5)
4.00 **to 6.00** AM **FILM Earthtastrophe** (2016) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
7.30 **My Restaurant in India**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia**
2.30 **My Dream Home** Drew and Jonathan Scott help Sophie and Preston, who are tired of renting and need a home with more space for their parties.
3.30 **Flip or Flop** Triple bill.
5.00 **Tipping Point** Double bill.



7.00 MasterChef Australia

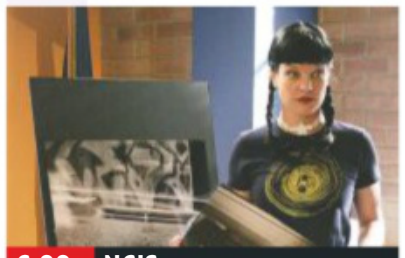
7.00 **MasterChef Australia** New edition Matt Preston, Gary Mehigan and George Calombaris present the second audition show.
8.00 **Emma Willis: Delivering Babies** 1/8. Emma returns to the Princess Alexandra Hospital in Harlow, Essex, to complete her training.
9.00 **One Born Every Minute** A self-proclaimed family man looks forward to the arrival of his fifth child.
10.00 **999 Rescue Squad** The Yorkshire Ambulance Service's Hazardous Area Response Team try to seal a major chemical spill.
11.00 **Inside the Ambulance** Paramedics need to get a sick baby to hospital, and treat a man who suffers from epilepsy.
12.00 M'T **American Housewife** Triple bill of the sitcom. (S2)
1.25 AM **Flip or Flop**
1.50 **to 3.00** AM **War and Peace**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 4/13. (S5)
9.00 **Murder in Paradise**
10.00 **Murder She Solved: True Crime** Two shootings.
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S13)
4.00 **NCIS** 24/24. A navy Seal's wife receives a package containing her husband's severed head. (S10) **5.00** 1/23. A US navy captain is taken hostage. **6.00** 3/23. A Marine helicopter is found abandoned in a crop circle. (S2)



6.00 NCIS

7.00 **NCIS** *Terminal Leave:* 6/23. The team try to protect a naval officer who has caught the attention of an al-Qaeda cell. (S2)
8.00 **Rescue: Code One** A woman's head is crushed under a quad bike. **8.30** A boy is injured after falling off a slide.
9.00 **Law & Order: Special Victims Unit** *Manhattan Vigil:* 5/24. A kidnapping revives memories of an earlier unsolved case.
10.00 **Law & Order: Special Victims Unit** *Friending Emily:* 6/24. A girl disappears from a college party. (S14)
11.00 **Law & Order: Special Victims Unit** 7/24. A baby is abducted from a playground. (S14)
12.00 M'T **CSI: Miami** 2/24. (S5)
1.00 AM **NCIS** As 5pm & 6pm.
3.00 **Law & Order: Special Victims Unit** 15/24. (S20)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 5/16. (S8)
9.00 **Bones** 2/24. (S9)
10.00 **Bull** 6/22. (S2)
11.00 **NCIS** 3/24. (S16)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** 4/13. (S7)
3.00 **NCIS** 4/24. (S16)
4.00 **Bull** 7/22. (S2)
5.00 **Bones** 5/24. The body of a school principal is found dangling on a cliff face. (S9)
6.00 **The Mentalist** 5/13. Jane and Lisbon reinvestigate the murder of a colonel's wife. (S7)

9.00 American Dad!

7.00 **NCIS** *Fragments:* 5/24. The NCIS team try to exonerate a Marine serving a life sentence for murder.
8.00 **NCIS** *Beneath the Surface:* 6/24. After NCIS arrive at a crime scene, Torres recognises the victim as a former friend. (S16)
9.00 **American Dad!** New episode 20/22. Stan and Jeff pretend to be frontiersmen. (S15) **9.30** 9/20. (S10)
10.00 **Family Guy** 12/22. The Griffins are forced to move to a backwoods town. (S3) **10.30** 20/20. Peter falls into a coma. (S16)
11.00 **American Dad!** (S9)
12.00 M'T **Family Guy** (S3)
12.30 AM **Family Guy** (S3)
1.00 **Family Guy** (S11)
1.30 **American Dad!** (S9)
2.00 **Family Guy** (S3)
3.00 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Tuesday

7 PM | **8 PM** | **9 PM** | **10 PM**

E!

123 123 834 | 156 | 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Temptation Island**
11.00 **News: Daily Pop**
12.00 NOON **Relatively Nat & Liv** Reality series.
1.00 PM **Keeping Up with the Kardashians**
3.00 **Relatively Nat & Liv**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians** Khloe's mistrust of her mother's boyfriend resurfaces.
9.00 **Temptation Island**
11.00 **Botched** Dr Paul Nassif helps a woman with blowfish lips.
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **André Rieu: Welcome to My World**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **Hollywood Gossip**
11.00 **Discovering**
1.00 PM **Tales of the...**
2.00 **Beat Beat Beat**
2.15 **Chris Rea: Live at Baloise Session**
4.00 **The Art of Architecture**
5.00 **Discovering**
7.00 **Video Killed the Radio Star** Spice Girls.
7.30 **Jefferson Airplane: Music Icons**
8.00 **Passions**
9.00 **André Rieu: World Tour**
10.00 **The South Bank Show** New edition 4/6.
11.00 **The Directors**
12.00 M'T **Sinatra and Friends**
1.05 AM **Dying Laughing**
2.45 **Nyet! – A Brexit UK Border Farce**
3.00 **The South Bank Show**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2)
4.00 **Frasier** 5&6/24. (S7)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Britain's Giant Pet Food Factory**
9.00 **Born Famous: Gordon Ramsay**
10.00 **8 Out of 10 Cats Does Countdown**
11.00 **Homes from Hell: Caught on Camera**
12.05 AM **Orangutan Jungle School** Alba is released back into the wild.
1.05 **Secret Life of the Zoo**
2.05 **George Clarke's Council House Scandal**
3.10 **The Lateish Show with Mo Gilligan**
4.10 **to 5.00** AM **Drag SOS**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele**
10.10 **CSI: NY** 18/23. (S6)
11.10 **Rookie Blue** 4/13. (S3)
12.05 PM **Bull** 8/23. (S1)
1.00 **Law & Order** (S18)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
8.00 **NCIS: Los Angeles** *Lohkay:* 16/24. Sam helps an old friend whose nephew has been kidnapped. (S4)
9.00 **Ransom** *Say What You Did*: 4/13. The daughter of a government official is kidnapped. (S1)
10.00 **Law & Order: Special Victims Unit** *Starved:* 8/22. Benson goes undercover to catch a rapist. (S7)
11.00 **Law & Order: Special Victims Unit** (S7)
12.55 AM **CSI: Miami** (S7)
2.50 **Chicago PD** 5/23. (S4)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Access**
8.05 **Last Man Standing**
8.30 **Smallville** 12/23. (S2)
9.20 **Dance Moms**
11.15 **My Wife and Kids**
12.05 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel Air** Double bill. (S1)
5.00 **8 Simple Rules** (S2)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** Double bill. (S1)
8.00 **Last Man Standing** New episodes
9.00 **FILM Austin Powers in Goldmember** Spoof. (2002, 15, 93min) ★★
11.00 **FILM Dinner for Schmucks** Comedy. (2010, 12, 113min) ★★
1.15 AM **Riverdale**
2.10 **Wentworth Prison**
3.10 **to 4.00** AM **The Magicians**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Murdoch Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **Waiting for God**
7.20 **Last of the Summer Wine** Foggy tries to fashion a sailboard.
8.00 **Rosemary & Thyme** *Arabica and the Early Spider:* The duo make a gruesome discovery.
9.00 **Death in Paradise** *The Blood Red Sea:* 7/8. A treasure hunter is found dead. (S5)
10.20 **The Inspector Lynley Mysteries** *If Wishes Were Horses:* Helen gets involved in a case.
12.20 AM **New Tricks**
1.35 **Birds of a Feather**
2.30 **to 4.00** AM **Dickensian**

TUESDAY Entertainment & Lifestyle

Tuesday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S6)
2.00 **Law & Order** (S3)
3.00 FILM **The Others** Chiller. (2001, 12, 104min) ★★★★
5.00 **Mad Men** (S6)
6.00 **Law & Order** (S3)
7.00 **Zoom In**
7.10 FILM **Furry Vengeance** Family comedy. (2010, PG, 88min) ★★
9.00 **Feed the Beast** *Be My Baby:* 9/10. Tommy confronts Dion. **9.55** *Fire:* 10/10. Tommy makes a bold offer to the Tooth Fairy. (S1)
10.50 **Hap and Leonard** *The Dive:* 3/6. (S1)
11.45 FILM **Set Up** Thriller. (2011, 15, 81min) ★★
1.25 AM **Feed the Beast**
3.15 **Zoom In** New edition
3.25 **Mad Men** (S6)
4.15 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 2/22. (S5)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
2.00 **Gunsmoke** (S17)
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *Whacked:* 23/24. An old murder case is reopened. (S3)
8.00 **Judge Judy**
9.00 **Medium** *Then – and Again:* 10/19. Allison wakes up five years in the past. (S5)
10.00 **CSI: Miami** *From the Grave:* 1/25. Gang members plot to kill Horatio. (S4)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 3/22. (S5)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** (S3)
3.00 **NCIS** (S5)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *Engaged – Part One:* 8/24. (S9)
8.00 **Walker, Texas Ranger** *Rampage:* 25/28. Walker and Trivette are kidnapped. (S1)
9.00 **NCIS** *The Voyeur's Web:* 6/24. A murder is shown live online. (S3)
10.00 **NCIS: Los Angeles** *Keepin' It Real:* 6/24. (S1)
11.00 **NCIS** 9/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The murder of an elderly couple. **7.30** A street fight that claimed the life of a wrestling champion.
8.00 **Evil Twins** A look at the story of Gina Han.
9.00 **Voice of a Serial Killer** The disappearance of author Helen Bailey.
10.00 **Evidence of Evil** A young boy stumbles upon a nightmare scene in his neighbour's house.
11.00 **It Takes a Killer**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Voice of a Serial Killer** As 9.00pm.
2.00 **Evidence of Evil**
3.00 **Beyond Scared Straight**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye** Four editions of the darts-based quiz.
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** A celebrity couple special edition.
11.00 **Bullseye**
1.00 AM **The Chase**
4.00 **Pointless**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends** Four episodes.
11.00 **The Middle** (S5&6)
1.00 PM **The Office (US)**
4.00 **Bad Robots**
5.00 **The Fresh Prince of Bel Air** (S3)
7.00 **Are We There Yet?** (S2)
8.00 **Impractical Jokers**
9.00 **Lee Evans Live at Wembley** A stand-up performance by the energetic comedian.
11.30 **Friends** (S2)
12.00 M'T **Friends** (S3)
12.30 AM **RuPaul's Drag Race**
2.00 **Roast Battle**
2.30 **Rob Beckett at the Comedy Store**
3.00 **Broad City** (S1)
3.25 **Teachers** (S2)
3.45 **Chris Ramsey Show**
4.10 **Bob's Burgers** (S1)
4.30 **The Middle** (S6)
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Jamie's 30 Minute Meals** Piri piri chicken.
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Bizarre Foods America**
12.00 NOON **Rick Stein's Far Eastern Odyssey**
1.00 PM **Best of British**
2.00 **Home Comforts**
3.00 **Jamie's 30 Minute Meals**
3.30 **30 Minute Meals** New edition Burger recipes.
4.00 **The Pioneer Woman**
6.00 **Carnivorous** New editions Double bill.
7.00 **Bizarre Foods America**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **Rick Stein's Far Eastern Odyssey**
10.00 **Best of British**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Paul Hollywood's Pies & Puds**
8.00 **James Martin: Sweet**
9.00 **Nigel's Simple Suppers**
10.00 **John's Middle East**
11.00 **Great British Menu**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **James Martin: Sweet**
2.00 **Paul Hollywood's Pies & Puds**
3.00 **Nigel's Simple Suppers**
4.00 **John's Middle East**
5.00 **Great British Menu**
6.00 **The Hairy Bikers' Food Tour of Britain**
7.00 **James Martin: Sweet**
8.00 **Nigel's Simple Suppers**
9.00 **John's Middle East**
10.00 **Paul Hollywood's Pies & Puds**
11.00 **Peter Kuruvita's Coastal Kitchen**
12.00 M'T **James Martin: Sweet**
1.00 AM **Local Food Heroes**
2.00 **to 6.00** AM **Highlights**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.00 PM FILM **Harry & Meghan the Movie: A Royal Romance** Fact-based drama starring Murray Fraser. (2018, PG, 85min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Bring It!**
5.00 **Masters of Flip**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **Rooster & Butch** New edition A husband and wife duo have an idea about a smartphone for children.
10.00 **Storage Wars** Darrell teaches Brandon a tough lesson. **10.30** Darrell puts a plan in motion.
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **Rooster & Butch**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle**
9.40 **Gilmore Girls**
11.30 FILM **Accidental Friendship** Drama. (2008, PG) ★★★
1.20 PM FILM **Girlfriend Killer** Thriller. (2017, 12, 120min) ★★
3.05 FILM **Hunger Point** (2003, PG, 95min) ★★
5.00 **Suits** (S3)
6.00 **House** (S4)
7.55 **Access**
8.00 **Grimm** 7/22. (S5)
9.00 **The Mick** New episode **9.30** Series finale (S2)
10.00 **Taken** 3/16. (S2)
10.55 **The X-Files** 18/22. (S7)
11.55 **Grimm** As 8.00pm.
12.50 AM **Marvel's Agent Carter** (S2)
2.45 **The Mick** (S1)
4.00 **LA to Vegas** (S1)
4.25 **Lip Sync Battle**
4.45 **Access**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wild Britain**
7.00 **MotoGP Highlights**
8.00 **Aussie Gold Hunters**
9.00 **Salvage Hunters: The Restorers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Made by Destruction**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Disasters at Sea** New edition
10.00 **Airplane Repo**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Celebrity Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides Boutique**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Celebrity Money for Nothing**
8.00 **My 600lb Life: Where Are They Now?**
10.00 **Face-Eating Tumour: Body Bizarre**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops...**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Give a Dog a Home**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In East Sussex.
3.00 **Homes Under the Hammer**
4.00 **Ghost Chasers**
6.00 **Antiques Road Trip**
9.00 **DIY SOS: The Big Build**
10.00 **Inside Death Row with Trevor McDonald** An interview with murderer Fredrick Baer.
11.00 **Nightwatch: Emergency After Dark**
12.00 M'T **Born to Kill?**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **My Extreme Weight Loss Journey**
5.25 **to 6.00** AM **Other Side**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** A man uses a rare poison to kill his neighbour. **7.30** A daughter plots to kill her father. **8.00** A woman kills her ex-husband and her lover. **8.30** A killer is scared that a psychic's visions will reveal his crimes.
9.00 **Deadly Women** Murders involving neighbours. **10.00** Revenge-motivated murders.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **On Benefits**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers with Alan Davies**
12.00 NOON **Jeremy Vine**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers with Alan Davies**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Secrets of the McVitie's Factory**
10.00 **How the Victorians Built Britain**
11.00 **Greatest Bridges**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **On Benefits: Living Hand to Mouth**
2.00 **The Great Fire: A City Rebuilt**
3.00 **to 4.00** AM **Posh Hotels with Sally & Nigel**

5Spike

150 154 31 141

9.00 AM **Access**
9.15 **Criminals: Caught on Camera**
9.50 **The A-Team** (S3)
10.50 **Police Interceptors**
11.55 **Can't Pay? We'll Take It Away!**
1.50 PM FILM **Johnny Guitar** Western starring Joan Crawford. (1953, PG, 110min) ★★★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors**
8.00 **Traffic Cops: On the Edge** Shoplifters.
9.00 **Airport Security: Peru**
10.00 FILM **USS Indianapolis: Men of Courage** Fact-based World War Two drama starring Nicolas Cage. (2016, 15, 125min) ★★
12.40 AM **Idiot TV**
1.40 **Seconds from Death: Caught on Camera**
2.45 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life**
2.00 PM **Counting On**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Good Bones** New edition A tiny two-bedroom home.
9.00 **Nate & Jeremiah by Design** A home destroyed by flooding.
10.00 **Say Yes... Lancashire**
11.00 **Dr Pimple Popper**
12.00 M'T **Good Bones**
1.00 AM **Nate & Jeremiah...**
2.00 **Say Yes... Lancashire**
3.00 **Dr Pimple Popper**
4.00 **My 600lb Life**
5.00 **to 6.00** AM **My 600lb Life**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Storage Wars**
2.00 **Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **Counting Cars**
10.00 **Wicked Tuna** The captains push their crews even harder.
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Aaron Kaufman attempts to build a 'junkyard Porsche'.

9.00 Deadliest Catch

7.00 **Outback Truckers** Cameron carts a colossal dump truck out of the Nullarbor, and Steve dodges downpours.
8.00 **Combat Dealers** One of Bruce Crompton's clients seeks a German half-track armoured personnel carrier.
9.00 **Deadliest Catch** New edition Trapped in the crab-rich northern grounds, one boat faces a 60-foot monster.
10.00 **Guardians of the Glades** New edition Dusty and his team travel south to the python-infested Ten Thousand Islands.
11.00 **Wheeler Dealers**
12.00 M'T **Deadliest Catch**
1.00 AM **Guardians of the Glades** As shown at 10.00pm.
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Wheeler Dealers**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Dee: Alaska Vet**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaska: The Last Frontier**
12.00 NOON **Wildest Islands of Indonesia** How creatures thrive during monsoon season.
1.00 PM **Dr Dee: Alaska Vet**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked**
5.00 **Intruders**
6.00 **Return to the Isle of Jaws** Investigating an unusual lack of females at a great white shark breeding ground.

8.00 The Aquarium

7.00 **Pit Bulls & Parolees** Mariah and Kanani search for a box of puppies that have been left to fend for themselves.
8.00 **The Aquarium** New edition Two penguins have been together for 25 years but one is having problems with its eyes.
9.00 **Alaska: The Last Frontier** Alaskan family the Kilchers struggle through a record-breaking harsh Winter.
10.00 **Animal Cops Miami** Investigators seize 400 farm animals in one of the biggest operations of its kind in Miami.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Alaska Monsters**
1.00 AM **Animal Cops Miami**
2.00 **Wildest Middle East**
3.00 **Alaska: The Last Frontier**
3.50 **Predators Up Close with Joel Lambert**
4.40 **Animal Airport**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Air Crash Investigation**
10.00 **Superstructures: Engineering Marvels**
11.00 **Nazi Megastructures**
1.00 PM **Nazi: Secrets Revealed: Draining the Ocean**
2.00 **Car SOS** A French classic car. **3.00** An Audi UR Quattro. **4.00** Tim and Fuzz fix up a World Rally-winning car.
5.00 **Air Crash Investigation** A danger that the industry has known about for years. **6.00** A plane that went missing above the Java Sea.

8.00 Lost Treasures of the Maya

7.00 **Wicked Tuna** Defending champion Dave Carraro finds his fortunes changing.
8.00 **Lost Treasures of the Maya** The map leads the team to a sacred altar that has been buried for 1,500 years.
9.00 **Fiennes: Return to the Nile** Ranulph and Joseph Fiennes make an expedition along the River Nile.
10.00 **Secrets of Tutankhamun's Treasures** The treasures of Tutankhamun's tomb are brought together.
11.00 **Science of Stupid: Best Of** Dallas Campbell presents highlights from the series.
11.30 **Science of Stupid** Spectacular and painful scientific mishaps.
12.00 M'T **Science of Stupid**
12.30 AM **Science of Stupid**
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Ice Lake Warriors**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Jurassic Fight Club**
2.00 **Storage Wars** Four editions.
4.00 **Ice Lake Warriors**
5.00 **Forged in Fire** Forging a canister Damascus knife. **6.00** Bladesmiths tackle the Celtic Ring Knife.

9.00 Knightfall

7.00 **American Pickers** Deep in the heart of Texas, Mike and Frank play a couple of hands of Texas Pick'em with some collectors.
8.00 **The Curse of Oak Island** A shocking new discovery suggests that the origin of the Oak Island mystery may date much earlier.
9.00 **Knightfall** *Blood-Drenched Stone:* 6/8. King Philip launches a massive attack on the Chartres. (S2)
10.00 **NEW SERIES Ancient Aliens** Examining claims that aliens inhabit the continent of Antarctica.
11.00 **Ancient Aliens** A look at the challenges likely to be faced if attempts are made to colonise Mars.
1.00 AM **Pirate Traders**
2.00 **Jurassic Fight Club**
3.00 **American Pickers** As shown at 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Timewatch: The Last Days of World War One**
7.10 **Napoleon**
8.00 **Time Team Specials**
10.00 **The World at War**
11.00 **Forbidden History**
12.00 NOON **Time Team Specials**
2.00 PM **Coast**
3.00 **Wild Caribbean**
4.00 **The Day They Dropped the Bomb** The Hiroshima bombing.
5.00 **Impossible Engineering**
6.00 **The World at War** The story of Operation Barbarossa.

8.00 World War Weird

7.00 **Abandoned Engineering** An abandoned railway station near a town in Spain that is home to just 500 people.
8.00 **NEW SERIES World War Weird** Bizarre wartime events, featuring phantom cities built during World War Two.
9.00 **Open All Hours** Arkwright plans a sales drive in a bid to boost profits. **9.40** Nurse Gladys Emmanuel's washing-machine breaks down. **10.20** Granville struggles to find some privacy when the milkwoman makes a pass at him.
11.00 **The Two Ronnies** Vintage comedy, including *Public Service Announcement About Water Shortage*. **12.00** M'T Comedy sketches, with music by Clodagh Rodgers.
12.40 AM **The World at War**
1.40 **to 3.00** AM **Timewatch: The Last Days of World War One**

+1 hour 255 200

Tuesday

7 PM 8 PM 9 PM 10 PM

Disc. History

171 262

6.00 AM **Planes That Never Flew**
7.00 **Central Steam**
8.00 **Massive Machines**
8.30 **Industrial Revelations**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Changed the World**
1.00 PM **Trainspotting**
2.00 **Industrial Revelations**
3.00 **Deadliest Tech**
4.00 **Battlefield**
6.00 **How We Got Here**
7.00 **British Treasure, American Gold**
8.00 **Ultimate Warfare**
9.00 **World War II: Witness to War**
10.00 **How We Built the Bomb**
12.00 M'T **Ultimate Warfare**
1.00 AM **World War II: Witness to War**
2.00 **How We Built the Bomb**
4.00 **British Treasure...**
5.00 **to 6.00** AM **How We Got Here**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **Ten Deadliest Snakes**
11.00 **Rhino Orphanage**
12.00 NOON **Earth's Natural Wonders**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **Ten Deadliest Snakes with Nigel Marven**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Rhino Orphanage**
7.00 **Earth's Natural Wonders**
8.00 **Life on Earth: A New Prehistory**
9.00 **Wild Colombia with Nigel Marven**
10.00 **Rhino Orphanage**
11.00 **Earth's Natural Wonders**
12.00 M'T **Jungle Planet**
1.00 AM **Collar of Duty**
2.00 **Wild Colombia**
3.00 **Ten Deadliest Snakes**
3.50 **Rhino Orphanage**
4.40 **Earth's Natural Wonders**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Legendary Catch**
12.00 NOON **Snakes in the City** A black mamba gets trapped on a roof.
1.00 PM **Lion Kingdom**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** The fire brigade help out with a dangerous capture.
8.00 **When Nature Calls** New edition A skunk hides out in a car park, finally seeking shelter in a car engine.
9.00 **Adventures of Dr Buckeye Bottoms** Series finale Buckeye goes into the jungle to help a rooster and his off-the-grid owner.
10.00 **Wild Nordic** A look at the wildlife of the Arctic.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Lion Kingdom**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Project Impossible**
12.00 NOON **Ancient Aliens**
2.00 PM **Empire Builders**
3.00 **Clash of Warriors**
5.00 **Strange History**
6.00 **Project Impossible** A look at how man has developed clothing to conquer nature.
7.00 **WW2 Treasure Hunters** The stories behind wartime artefacts.
8.00 **Ancient Aliens** Experts investigate the mysterious origins of mummification. **9.00** Cryptic puzzles that might have been left by ancient aliens.
10.00 **Empire Builders** The Ottoman Empire.
11.00 **Dead Men's Secrets**
12.00 M'T **Project Impossible**
1.00 AM **Ancient Aliens**
3.00 **Empire Builders**
4.00 **to 5.00** AM **Strange History**

PBS America

174 276 91 155

8.00 AM **Hitler on Trial: The Truth Behind the Drama**
9.15 **The Vietnam War**
11.40 **Inside the Megafire**
12.55 PM **Plane Resurrection**
2.00 **Hitler on Trial: The Truth Behind the Drama**
3.20 **The Vietnam War**
5.40 **Inside the Megafire**
6.50 **Plane Resurrection** A farming family restoring a Lancaster bomber.
7.55 **Jerusalem: The Making of a Holy City** Simon Sebag Montefiore tells the story of the city from ancient times to the present day.
9.00 **Touched by Auschwitz** Six survivors of the concentration camp talk about their lives since liberation.
11.00 **The Last B-24**
12.15 AM **Jerusalem: The Making of a Holy City**
1.25 **to 2.00** AM **Jet Set**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Police Patrol**
9.00 **NEW I Was a Child Bride: The Untold Story** America's child bride epidemic.
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **I Was a Child Bride: Untold Story**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Motives & Murders**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

TUESDAY Films

Tuesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **The Iron Sky: The Coming Race** As 10.00pm.
7.50 **Ralph Breaks the Internet**
9.50 **PREMIERE The Adventures of Jurassic Pet** As 6.30pm.
11.20 **Drunk on Love** As 11.40pm.
1.00 PM **The Darkest Minds** (2018)
2.50 **School Spirits** (2017, PG) ★★
4.30 **Ralph Breaks the Internet** Animation. (2018, PG) ★★★★
6.30 **PREMIERE The Adventures of Jurassic Pet** Adventure. (2019) ★ *See review, page19*

6.30 The Adventures of...

8 PM

8.00 **The Darkest Minds** Dystopian thriller starring Amandla Stenberg and Mandy Moore. When a mysterious pandemic wipes out most of America's children, those who survive are gifted with superpowers. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **The Iron Sky: The Coming Race** Fantasy adventure with Lara Rossi. (2019, 15, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.40 **Drunk on Love** Comedy, starring Rosario Dawson. (2017, 15, 93min) ★★★
1.30 AM **The Belly of the Whale** Drama starring Art Parkinson. (2018, 15, 83min) ★★
3.15 **Brothers' Nest** Dark comedy. (2018, 15, 102min) ★★★★
5.10 **The Top Ten Show 2019**
5.30 **to 6.00** AM **Fast & Furious – Hobbs & Shaw: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.45 AM **Bolt** As 4.15pm.
8.30 **Mulan** Animated adventure. (1998, U, 88min) ★★★
10.05 **The Incredibles** As 6.00pm.
12.05 PM **Tinker Bell** Animation. (2008, U, 78min) ★★★
1.35 **Sleeping Beauty** As 10pm.
2.55 **Cinderella** As 11.20pm.
4.15 **Bolt** Animated comedy. (2008, PG, 103min) ★★★★
6.00 **The Incredibles** Animated comedy adventure. (2004, U, 120min) ★★★★★

8.00 Prince of Persia: The...

8.00 **Prince of Persia: The Sands of Time** Fantasy starring Jake Gyllenhaal. In ancient Persia, a young prince seizes a dagger that can turn back time but must go on the run after being framed for an assassination. (2010, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

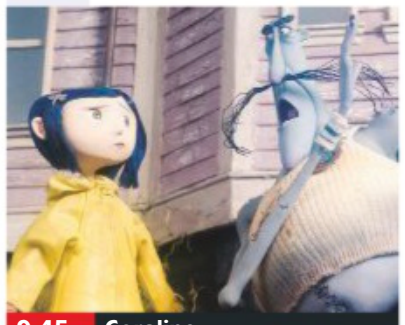
10.00 **Sleeping Beauty** Classic cartoon featuring the voice of Mary Costa. (1959, U, 75min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Cinderella** Animated version of the classic fairytale, with the voice of Ilene Woods. (1950, U, 75min) ★★★★
12.45 AM **Invincible** Sports biopic starring Mark Wahlberg. (2006, PG, 105min) ★★
2.40 **Prince of Persia: The Sands of Time** As shown at 8.00pm.
4.45 **to 6.15** AM **The Lion King 3: Hakuna Matata!** Animated comedy adventure. (2004, U, 73min) ★★★

Sky Animation

305 305 846 436 406 505

6.30 AM **Flying the Nest** Animated adventure. (2018, U) ★★
8.00 **The Lego Movie** As 4.30pm.
9.45 **Coraline** As shown at 9.45pm.
11.30 **Smallfoot** As 6.15pm.
1.15 PM **Up** As shown at 8.00pm.
3.00 **Horton Hears a Who!** Animated comedy adventure. (2008, U, 86min) ★★★
4.30 **The Lego Movie** Animation. (2014, U, 100min) ★★★★
6.15 **Smallfoot** Animation. (2018, U, 96min) ★★★


9.45 Coraline

8.00 **Up** Animation featuring the voice of Ed Asner. A retired balloon salesman and a boy scout float away to an adventure in a lost world in the jungles of South America. (2009, U, 92min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Coraline** Stop-motion animation children's fantasy featuring the voices of Dakota Fanning and Teri Hatcher. (2009, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Luis and the Aliens** Animation featuring the voice of Callum Maloney. (2018, U, 86min) ★★
1.05 AM **The Time Team** Animation. (2017, U, 84min) ★★★
2.40 **The Oddsockeaters** Animation. (2016, PG) ★★★
4.20 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★
5.20 **to 6.55** AM **A Yeti Adventure** Animation. (2017, U) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Wild Wild West** Western. (1999, 12, 106min) ★
8.00 **Turbo: A Power Rangers Movie** As shown at 4.15am.
9.45 **Gladiator** As 7.00pm.
12.25 PM **The Meg** As 9.45pm.
2.25 **V for Vendetta** As 11.45pm.
4.40 **Master and Commander: The Far Side of the World** Epic seafaring adventure. (2003, 12, 138min) ★★★★
7.00 **Gladiator** Historical epic. (2000, 15, 154min) ★★★★

7.00 Gladiator

Gladiator (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Meg** Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from 75ft long prehistoric shark. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **V for Vendetta** Action thriller starring Natalie Portman, Hugo Weaving and John Hurt. (2005, 15, 132min) ★★★
2.00 AM **Miami Vice** Crime thriller with Colin Farrell, Jamie Foxx, Naomie Harris and Gong Li. (2006, 15, 133min) ★★★★
4.15 **to 6.00** AM **Turbo: A Power Rangers Movie** Children's adventure fantasy sequel starring Jason David Frank. (1997, PG, 99min) ★

Sky Comedy

307 307 848 438 408 506

6.25 AM **Airplane II – The Sequel** Comedy. (1982, 15) ★★★
7.55 **The Naked Gun** Thriller spoof. (1988, 15, 85min) ★★★★
9.25 **The Naked Gun 2½: The Smell of Fear** Spoof sequel. (1991, 15, 81min) ★★★
10.55 **The Naked Gun 33⅓: The Final Insult** (1994) ★★★
12.25 PM **Shaun of the Dead** (2004)
2.10 **That's My Boy** As 9.45pm.
4.10 **American Pie 2** (2001) ★★★
6.00 **Father Figures** (2017) ★★

8.00 Shaun of the Dead

8.00 **Shaun of the Dead** Horror with Simon Pegg. A jaded shop assistant sets out to save his family and friends when north London is invaded by zombies. (2004, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **That's My Boy** Comedy starring Adam Sandler. An irresponsible man accused of tax evasion tracks down his estranged son to avoid prison. (2012, 15, 112min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Team America: World Police** Spoof of action movies performed by puppets. (2004, 15, 98min) ★★★★
1.30 AM **Here Comes the Boom** Sports comedy starring Kevin James and Salma Hayek. (2012, 12, 103min) ★★★
3.20 **How to Get Girls** Comedy. (2017, 18, 90min) ★
5.00 **to 7.05** AM **You've Got Mail** Romantic comedy. (1998, PG, 114min) ★★★

primetime

Sky Hits

302 302 843 433 403

7.00 AM **The Shanghai Job** Action thriller. (2017, 15, 95min) ★★
8.50 **Wildling** Fantasy horror. (2017, 15, 92min) ★★★
10.40 **Elysium** As shown at 7.00pm.
12.40 PM **Jurassic World: Fallen Kingdom** As shown at 9.00pm.
2.55 **The Mountain Between Us** Adventure. (2017, 12) ★★
4.55 **Planet of the Apes** Sci-fi. (2001, 12, 120min) ★★★

7.00 **Elysium** Sci-fi action thriller starring Matt Damon. In 2154, a fatally ill factory worker has five days to reach the orbiting space station that is home to the rich. (2013, 15, 107min) ★★★★
9.00 **Jurassic World: Fallen Kingdom** Action sequel starring Chris Pratt and Bryce Dallas Howard. Two people uncover a conspiracy while trying to protect a group of genetically engineered dinosaurs. (2018, 12, 128min) ★★★

11.10 **The Girl in the Spider's Web** Thriller. (2018, 15, 115min) ★★★
1.10 AM **Action Point** Comedy. (2018, 15, 90min) ★
2.45 **Gothika** Horror. (2003, 15) ★★
4.35 **to 6.30** AM **Goodbye Christopher Robin** Biopic. (2017, PG, 107min) ★★★★

Sky Greats

303 303 844 434 404 508

6.00 AM **The Odd Couple** (1968)
8.00 **Say Anything** (1989) ★★★★
9.45 **The Incredible Hulk** Fantasy. (2008, 12, 107min) ★★★
11.40 **Shutter Island** As 8.00pm.
2.05 PM **We're No Angels** Comedy. (1989, 15, 106min) ★★
4.05 **Closer** Relationship drama. (2004, 15, 104min) ★★★
6.05 **Poseidon** Disaster drama. (2006, 12, 98min) ★★★

8.00 **Shutter Island** Martin Scorsese's mystery thriller starring Leonardo DiCaprio. In 1954, a US marshal investigates the disappearance of a patient from a hospital for the criminally insane on a remote island. (2010, 15, 137min) ★★★
10.20 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. (2003, 15, 147min) ★★★

12.50 AM **The Firm** John Grisham legal thriller starring Tom Cruise. (1993, 15, 155min) ★★★
3.35 **Don't Look Now** Thriller. (1973, 18, 106min) ★★★★★
5.30 **to 7.25** AM **The Odd Couple** Classic Neil Simon comedy. (1968, PG, 105min) ★★★★★

TCM

315 415 416 512 526

6.10 AM **Son of Belle Starr** (1953)
7.40 **Ambush** Western. (1949) ★★
9.40 **The Broken Star** (1956) ★★
11.25 **Against the Wind** War spy thriller. (1947, b/w, PG) ★★★
1.30 PM **Henry VIII and His Six Wives** Drama. (1972) ★★★
4.05 **Along Came Jones** Western. (1945, b/w, PG, 90min) ★★
6.05 **King of the Wild Stallions** Western. (1959, U, 76min) ★★

7.45 **Arizona Trail** Western starring Tex Ritter. A Civil War veteran visits his ailing estranged father's ranch in Arizona, and tries to protect the old man from an attempt to steal his land. (1943, b/w, U, 57min) ★★
9.00 **Swordfish** Action thriller starring John Travolta and Hugh Jackman. The leader of a covert counter-terrorism unit recruits a computer hacker to crack a $10billion code. With Halle Berry. (2001, 15, 99min) ★★

11.10 **The Game** Thriller. (1997) ★★★
1.45 AM **10 Rillington Place** Thriller. (1970, 15, 106min) ★★★★
4.35 **Michael Caine Off Set**
5.50 **to 9.20** AM **Around the World in 80 Days** (1956) ★★★

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Lady of Deceit** (1947) ★★★
7.50 **The Detectives**
8.20 **Park Plaza 605** (1953) ★★
9.55 **Profile** Thriller. (1954) ★★
11.15 **Born Of The Sea** (1949) ★★
12.10 PM **It's Great to Be Young** Comedy. (1956, U) ★★★
2.00 **Scotland Yard**
2.35 **Lost Horizon** Musical. (1972) ★
5.25 **The Stable Door**
6.00 **Get Some In!**

6.30 **The Admirable Crichton** Satirical comedy starring Kenneth More as an Edwardian butler stranded with his employers on a desert island. (1957, U, 93min) ★★★
8.30 **Public Eye**
9.30 **White Water Summer** Adventure starring Kevin Bacon, Matt Adler and Sean Astin. A wilderness guide leads a group of boys on a character-building trek into the Sierra mountains. (1987, 15, 87min) ★★

11.20 **When the Whales Came** Drama. (1989, U, 100min) ★★★
1.20 AM **Invasion of the Bee Girls** Sci-fi. (1973, 18, 82min) ★
3.05 **The Missing Scientists** Thriller. (1955, b/w, U, 44min) ★★
4.05 **to 6.00** AM **The Browning Version** Drama. (1951) ★★★★

Horror

317 149 70 138

8.00 AM **Lost in Space** 14/24. (S3)
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 16/24. (S3)
11.00 **Descent** Sci-fi disaster movie. (2005, PG, 90min) ★★
1.00 PM **Escape from Mars** Sci-fi drama. (1999, PG, 86min) ★★
3.00 **Under the Dome** 7/13. (S1)
4.00 **Monster!** Horror starring Tobias Mehler. (1999, 15, 86min) ★★
6.00 **Star Trek** 17/24. (S3)

7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict** (S3)
9.00 **Feral** Horror starring Scout Taylor-Compton. A weekend hike becomes a bloodbath when a group of students are attacked by a wild animal. (2017, 15, 90min) ★★
10.55 **Stephen King's Cat's Eye** Stephen King horror compendium starring James Woods, Alan King, Robert Hays and Drew Barrymore. (1984, 15, 90min) ★★

12.50 AM **Nightworld** Horror starring Jason London and Gianni Capaldi. (2017, 15, 92min) ★★
2.45 **to 4.20** AM **Wake in Fear** Thriller starring Caitlin Stasey. (2016, 15, 85min) ★★

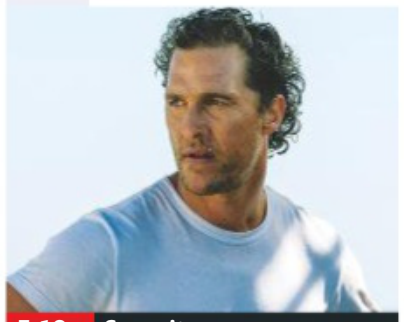
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

7.05 AM **Hoffa** Biopic. (1992) ★★
9.30 **Sweet Country** Australian drama. (2017, 15) ★★★★
11.30 **Paycheck** As 1.30am.
1.30 PM **Hitman** Action thriller. (2007, 15, 92min) ★★
3.20 **In Darkness** Mystery thriller. (2018, 15, 100min) ★★★
5.10 **Serenity** Mystery thriller. (2019, 15, 106min) ★★★
7.10 **The Negotiator** Thriller with Jon Hamm and Jay Potter. (2018, 15, 109min) ★★★★


5.10 Serenity

The Negotiator (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

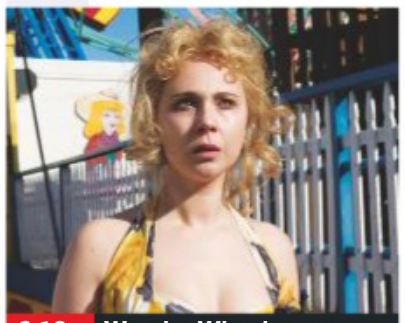
9.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett and Anne Hathaway. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Town (Extended Cut)** Crime drama directed by and starring Ben Affleck. (2010, 15, 144min) ★★★★
1.30 AM **Paycheck** Thriller with Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★
3.40 **Another 48 Hrs** Action comedy sequel starring Nick Nolte. (1990, 18, 95min) ★
5.30 **to 7.15** AM **Angel Flight Down** Fact-based adventure. (1996, PG, 88min) ★★

Sky Drama

309 309 850 440 410 511

6.15 AM **To Sir, with Love** Drama. (1966, PG, 105min) ★★
8.05 **Million Dollar Arm** Drama. (2014, PG, 124min) ★★★★
10.15 **The Forgiven** (2017) ★★
12.20 PM **Marshall** Biopic. (2017, 15, 118min) ★★★★
2.25 **Little Pink House** Drama. (2016, 12, 98min) ★★★
4.10 **The Leisure Seeker** Drama. (2017, 15, 110min) ★★★
6.10 **Wonder Wheel** Drama. (2017, 12, 101min) ★★★


6.10 Wonder Wheel

8.00 **Phantom Thread** Drama starring Daniel Day-Lewis. A dressmaker falls in love with a shy but strong-willed waitress who refuses to conform to his meticulous way of living. With Vicky Krieps and Lesley Manville. (2017, 15, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

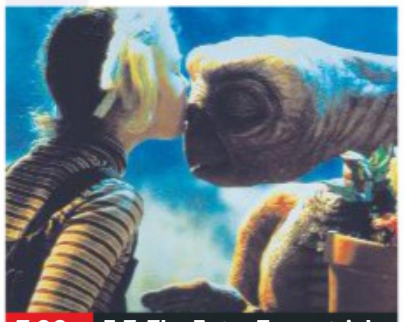
10.15 **Fifty Shades Freed: Unveiled Edition** Erotic thriller sequel starring Dakota Johnson and Jamie Dornan. (2018, 18, 106min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **My Friend Dahmer** Drama starring Ross Lynch. (2017, 15, 107min) ★★★★
2.05 **Submission** Drama starring Kyra Sedgwick and Stanley Tucci. (2017, 15, 106min) ★★
4.05 **to 6.05** AM **The Music of Silence** Musical biopic starring Toby Sebastian. (2017, PG, 115min) ★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **John Carter** As 4.40pm.
8.15 **E.T. The Extra Terrestrial** Fantasy, as shown at 7.00pm.
10.15 **Edge of Tomorrow** As 9pm.
12.15 PM **Oblivion** As 11.00pm.
2.30 **War of the Worlds** As 1.10am.
4.40 **John Carter** Sci-fi fantasy adventure with Taylor Kitsch. (2012, 12, 126min) ★★★
7.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy with Henry Thomas. (1982, U, 114min) ★★★★★


7.00 E.T. The Extra Terrestrial

E.T. The Extra Terrestrial (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

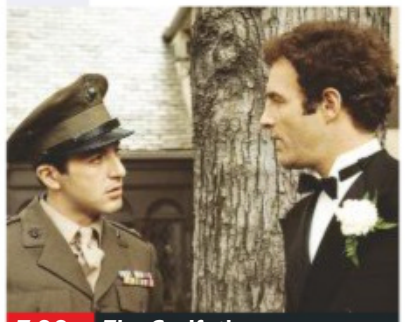
9.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. With Brendan Gleeson. (2014, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Oblivion** Sci-fi adventure with Tom Cruise, Olga Kurylenko and Andrea Riseborough. (2013, 12, 124min) ★★★★
1.10 AM **War of the Worlds** Steven Spielberg's sci-fi adventure starring Tom Cruise. (2005, 12, 116min) ★★★★
3.10 **Hostel** Horror starring Derek Richardson and Jay Hernandez. (2005, 18, 93min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview – August 2019**

Sky Select

311 311 852 442 412 510

6.35 AM **The Whiskey Bandit** Hungarian drama. (2017) ★★★
8.45 **The Insider** Fact-based drama. (1999, 15, 157min) ★★★★★
11.25 **The Workshop** French drama. (2017, 15, 113min) ★★★★
1.25 PM **Apostasy** British drama. (2017, PG, 95min) ★★★★
3.05 **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
5.20 **Iceman** Drama. (2017) ★★★
7.00 **The Godfather** Gangster drama. (1971, 18) ★★★★★


7.00 The Godfather

The Godfather (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro as a New York taxi driver obsessed with saving a child prostitute. (1976, 18, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Omen** Horror thriller starring Gregory Peck. (1976, 15, 111min) ★★★★★
1.55 AM **The Girl with the Dragon Tattoo** Crime thriller remake starring Daniel Craig. (2011, 18, 157min) ★★★★
4.35 **to 6.40** AM **The Odyssey** Biopic with Lambert Wilson. (2016, PG, 122min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Anna and the King** Romantic period drama. (1999, 12, 145min) ★★★★
1.55 PM **The Longest Ride** Romantic drama. (2015, 12, 125min) ★★★
4.30 **Night at the Museum** Fantasy adventure comedy. (2006, PG, 108min) ★★★★
6.45 **Ender's Game** Adventure starring Asa Butterfield. (2013, 12, 111min) ★★★

11.05 Ouija

Ender's Game (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **PREMIERE Alone in Berlin** Historical drama starring Emma Thompson. A Nazi couple lose their son in World War Two, and retaliate by leafleting cards denouncing the government. (2016, 12, 103min) ★★★
See review, page 22
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Ouija** Horror chiller starring Olivia Cooke and Ana Coto. A young girl unwittingly unleashes an evil entity after using an old spirit board at a séance with her sister and friends. (2014, 15, 87min) ★★
12.50 **to 4.00** AM **Downfall** German historical drama with Bruno Ganz. Subtitled. (2004, 15, 155min) ★★★★★

11 PM

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** 6&7/24. (S8)
9.00 **Dreams Lost, Dreams Found** Drama. (1987, PG, 102min) ★★
11.00 **Missing Children: A Mother's Story** Drama. (1982, PG) ★★
1.00 PM **Highway to Heaven** (S3)
3.00 **North and South** 3&4/12. (S1)
5.00 **A Thousand Heroes** Disaster drama starring Charlton Heston. (1992, PG, 95min) ★★

7.00 **Playing For Keeps** Fact-based legal drama about a custody battle fought between an African-American basketball player and the white mother of his child. Stars Jennifer Finnigan. (2008, 12, 120min) ★★
9.00 **She Made Them Do it** Fact-based drama starring Jenna Dewan. A drug dealer facing life in prison for masterminding two murders seduces a guard to help her escape. (2013, PG, 90min) ★★★

11.00 **4 Minute Mile** Drama. (2014, 15, 96min) ★★
1.00 AM **The Waltons** (S9)
3.00 **The Avengers** (S3&1)
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Next Stop Murder** Thriller. (2010, PG, 90min) ★★
10.50 **PREMIERE Storage Locker 181** Thriller. (2016, PG, 110min) ★★
12.40 PM **The Perfect Bride** Thriller. (1991, 15, 94min) ★★
2.30 **Sony Movie News Extra**
2.40 **Tootsie** Comedy starring Dustin Hoffman. (1982, 15) ★★★★
5.00 **See No Evil, Hear No Evil** Comedy thriller. (1989, 15) ★★★

7.05 **The Cable Guy** Black comedy starring Jim Carrey and Matthew Broderick. A lonely young man finds his life spiralling out of control after he strikes up a casual friendship with a cable TV man. With Leslie Mann. (1996, 12, 96min) ★★★
9.00 **The Score** Caper thriller starring Robert De Niro, Edward Norton and Marlon Brando. (2001, 15, 124min) ★★★
11.30 **Tarantino Presents: Getting Straight** A look at the film.

11.35 **Getting Straight** Comedy drama. (1970, 18) ★★★★
2.20 AM **Halo 4: Forward Unto Dawn** Sci-fi. (2012, 15) ★★★
4.05 **to 6.00** AM **Baby Brokers** Drama. (1994, PG, 92min) ★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Love at First Glance** (2017)
9.00 **Aurora Teagarden Mystery: Dead Over Heels** (2016) ★★
11.00 **Love Blossoms** (2017) ★★
1.00 PM **Managing Manhattan** Drama. (2016, PG, 84min) ★★
3.00 **Love, Once and Always** Drama. (2018, PG, 120min) ★★
5.00 **Murder, She Baked: A Chocolate Chip Cookie Mystery** Crime drama. (2015, PG) ★★

7.00 **The Good Witch's Gift** Fantasy sequel starring Catherine Bell. A white witch's preparations for her Christmas Eve wedding are fraught with complications. (2010, PG, 89min) ★★★
9.00 **Picture Perfect Mysteries: Newlywed and Dead** Mystery starring Alexa PenaVega and Carlos PenaVega. A wedding photographer gets involved in the investigation after a groom is fatally shot during his first dance. (2019, PG, 90min) ★★

11.00 **Destination Wedding** Romantic comedy. (2017, PG, 84min) ★★
1.00 AM **2 Years of Love** Romantic drama. (2016, PG, 88min) ★★
3.00 **to 5.00** AM **The Christmas List** Drama. (1997, U, 90min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Woman on the Beach**
7.25 **Battle of Crete**
8.20 **The Great Los Angeles Earthquake** 2/2. Disaster drama.
10.10 **Firequake** Sci-fi. (2014) ★
12.00 NOON **M*A*S*H** (S5)
1.00 PM **The Last Days of Frank and Jesse James** (1985) ★★★
3.05 **Spitfire** Documentary.
4.35 **The JU 87 Stuka**
5.50 **Allied Bombers**

7.05 **The Great Train Robbery** 1/2. Drama about the 1963 heist, beginning with the planning and execution of the crime from the perspective of the perpetrators. Stars Luke Evans, Jack Roth and Neil Maskell.
9.00 **Daylight Robbery** Heist thriller starring Geoff Bell and Vas Blackwood. A group of England football fans plan to ram-raid a London bank, using a trip to a World Cup match as their alibi. (2008, 15, 98min) ★★★

11.05 **The Numbers Station** Spy thriller. (2013, 15, 85min) ★★★
12.55 AM **Phantom** Cold War action drama. (2013, 15, 94min) ★★
2.55 **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.10 PM **Furry Vengeance** *AMC* Family comedy. ★★
9.00 **A View to a Kill** *ITV4* James Bond adventure starring Roger Moore. (HD) ★★
9.00 **Austin Powers in Goldmember** *5STAR* Spoof espionage thriller sequel starring Mike Myers and Beyoncé Knowles. (HD) ★★
9.00 **Along Came Polly** *Comedy Central* Romantic comedy starring Ben Stiller. (HD) ★★★
9.00 **Serenity** *Syfy* Sci-fi adventure spin-off from the TV series *Firefly*. ★★★★
10.00 **USS Indianapolis: Men of Courage** *5Spike* Fact-based World War Two drama. (HD) ★★
11.00 **Dinner for Schmucks** *5STAR* Comedy starring Steve Carell and Paul Rudd. (HD) ★★
11.30 **The Legend of Drunken Master** *Syfy* Martial-arts comedy sequel. Subtitled. ★★★★
11.45 **Starsky & Hutch** *ITV4* Comedy starring Ben Stiller and Owen Wilson. (HD) ★★
11.45 **Set Up** *AMC* Revenge thriller starring 50 Cent. ★★
4.00 AM **Earthtastrophe** *Syfy* Sci-fi thriller. ★★

TUESDAY Sport

SKY HD SD VIRGIN HD BT HD

6 August

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Transfer Centre**
9.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Transfer Centre** The latest football transfer developments.
11.30 **Sportswomen** Focusing on the biggest talking points in the world of women's sport, including interviews and features.
12.00 NOON **Transfer Talk** Discussion of the latest transfer news.
3.30 PM **LIVE International T20 Cricket West Indies v India.** Coverage of the third and final T20 match of the series, held at Guyana National Stadium.
7.00 **The Transfer Show** Analysis of the latest transfer news.
7.30 **LIVE Carabao Cup Portsmouth v Birmingham City.** The first-round tie from Fratton Park. Kick-off **7.45pm**.
10.00 **The Debate**
11.00 **Transfer Centre**
12.00 M'T **Sky Sports News**
1.00 AM **LIVE WWE Smackdown** Wrestling action from America.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: Chelsea v Arsenal** Goals between the sides.
8.30 **Best PL Goals: Manchester Derby** Memorable strikes.
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club** Profiles of top-flight legends.
6.00 **Premier League Legends** Profiles of top-flight stars.
7.00 **PL Greatest Games** A look back at the greatest Premier League game for each club, as voted for by supporters.
8.00 **The Tyler Archives**
9.00 **Best PL Goals Of The Season 18/19** A look at all the very best goals scored across the campaign.
10.00 **The Debate**
11.00 **Premier League Legends**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Carabao Cup Highlights** Action from the 2018/2019 competition.
6.30 **Carabao Cup Final Highlights** Chelsea v Manchester City: Action from the 2018/2019 final.
7.30 **LIVE Carabao Cup Portsmouth v Birmingham City.** The first-round tie from Fratton Park. Kick-off **7.45pm**.
10.00 **The Debate**
11.00 **SPFL Greatest Games**
11.30 **MLS Round-Up Show**
12.00 M'T **Carabao Cup Highlights**
12.30 AM **Football Years**
1.00 **Football Countdowns**
2.00 **Carabao Cup Highlights**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports The Ashes

404 404 858 514 504

6.00 AM **Ashes Memories**
10.00 **The Ashes** England v Australia: Action from the fourth day of the first Test in the five-match series, which took place at Edgbaston.
11.00 **The Ashes** England v Australia: Action from the fifth and final day of the first Test in the five-match series, held at Edgbaston.
12.00 NOON **Captain's Log**
3.00 PM **Ashes In The 80's**
3.25 **LIVE International T20 Cricket West Indies v India.** Coverage of the third and final T20 match of the series, held at Guyana National Stadium.
7.00 **LIVE Kia Super League Cricket Yorkshire Diamonds v Surrey Stars.** Coverage of the women's T20 match from Emerald Headingley Stadium.
10.00 **International T20 Cricket** West Indies v India: Action from the third and final T20 of the series, held at Guyana National Stadium.
1.35 AM **Ashes In The 80's**
2.05 **The Ashes**
4.00 **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 515 505

6.00 AM **Best of the Open Zone**
7.00 **Nick Dougherty's Tee Time Tips**
7.30 **The Improvers**
8.00 **School of Golf**
9.00 **The Improvers**
9.30 **Nick Dougherty's Tee Time Tips**
10.00 **Best of the Open Zone 2017**
11.00 **Nick Dougherty's Tee Time Tips**
11.30 **The Improvers**
12.00 NOON **School of Golf**
1.00 PM **Best of the Sky Zone**
1.30 **The Improvers**
2.00 **Best of the Open Zone 2017**
3.00 **Nick Dougherty's Tee Time Tips**
3.30 **The Improvers**
4.00 **School of Golf**
5.00 **The Improvers**
5.30 **Nick Dougherty's Tee Time Tips**
6.00 **Best of the Sky Zone**
6.30 **School of Golf**
7.30 **The Improvers**
8.00 **PGA EuroPro Tour Golf**
10.00 **European Challenge Tour Golf**
10.30 **School of Golf**
11.00 **The Improvers**
11.30 **European Challenge Tour Golf**
12.00 M'T **PGA EuroPro Tour Golf**
2.00 AM **The Improvers**
2.30 **Best of the Sky Zone**
3.30 **Nick Dougherty's Tee Time Tips**
4.00 **to 6.00** AM **Highlights**

BT Sport 1

413 413 867 527 408 430

6.00 AM **WTA Tennis** Action from the final of the Citi Open.
8.00 **Vanarama National League** Action from Stockport County v Maidenhead United.
9.30 **Vanarama National League Highlights** Action from the opening weekend, including Notts County's trip to Eastleigh.
10.00 **BT Sport Fight Night** Michael Conlan v Diego Alberto Ruiz: Another chance to see the WBO Inter-Continental Featherweight title bout at Falls Park in Belfast.
12.00 NOON **MotoGP** Action from the Moto3 race at the Grand Prix of the Czech Republic.
1.00 PM **MotoGP** Action from the Moto2 race at the Grand Prix of the Czech Republic.
2.00 **MotoGP** Action from the MotoGP race at the Grand Prix of the Czech Republic.
3.00 **MotoGP Chequered Flag** Post-race show featuring analysis, highlights and interviews.
4.00 **LIVE WTA Tennis** Coverage of the second day's play of the Rogers Cup in Toronto, Canada.
4.00 **to 6.00** AM **ESPN Classic Boxing**

BT Sport 2

414 414 868 528 409 431

6.00 AM **Premier League: Best Goals 2004/05**
7.00 **Premier League: Best Goals 2005/06** Memorable strikes.
8.00 **Premier League: Best Goals 2006/07** Memorable strikes.
9.00 **Premier League: Best Goals 2007/08** Memorable strikes.
10.00 **Premier League** Triple bill.
2.30 PM **Premier League** Leicester City v Tottenham Hotspur.
4.00 **Premier League** Action from Fulham v West Ham United.
7.00 **Premier League** Action from Liverpool v Arsenal.
8.30 **Premier League** Action from Chelsea v Newcastle United.
10.00 **Premier League: Season Preview** A look ahead to the 2019/2020 season.
11.00 **Premier League Review: 2008/09** Season review.
12.00 M'T **Premier League Review: 2009/10** Season review
1.00 AM **Premier League Review: 2010/11** Season review
2.00 **Premier League Review: 2011/12** Season review.
3.00 **Fishing: On The Bank**
4.00 **to 6.00** AM **Survive and Advance**

BT Sport 3

417 417 869 529 410 432

6.00 AM **AFL** North Melbourne Kangaroos v Hawthorn Hawks.
8.00 **AFL** GWS Giants v Sydney Swans.
10.00 **AFL** Action from Melbourne Demons v Richmond Tigers.
12.00 NOON **German Super Cup** Action from Borussia Dortmund v Bayern Munich.
1.30 PM **Bundesliga 2** Action from FC Nurnberg v Hamburg SV.
3.00 **Ligue 1: Games of the Season**
7.00 **The Polo Show**
7.30 **British Talent Cup Highlights** Action from the fifth round in Brno, Czech Republic.
8.30 **BT Sport Fight Night** Michael Conlan v Diego Alberto Ruiz.
10.30 **MotoGP Rewind** Action from the Grand Prix of the Czech Republic, the 10th round of the 2019 MotoGP season.
10.45 **BT Sport Goals Reload**
11.00 **European Games** A look at Great Britain's performance at the 2019 European Games in Minsk.
12.00 M'T **FIM Speedway Grand Prix** Action from all the races of round five in Wroclaw, Poland.
2.00 AM **MotoGP**
5.00 **to 6.00** AM **MotoGP Chequered Flag**

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Salomon Golden Trail Series**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.00 **Salomon Golden Trail Series** Action from race three of the trail-running series.
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **NFL: America's Game**
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **Sporting Records** An in-depth look at some of the greatest milestones ever recorded in sport.
10.00 **Fishing: Hooked on Africa**
10.30 **Darts Gold**
11.30 **Fishing: Hooked on Africa**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **My Icon**
4.30 **Great Sporting Moments**
5.30 **Sporting Records**
6.00 **Great Sporting Moments** Iconic moments in the history of sport.
6.30 **LIVE Kia Super League Cricket Yorkshire Diamonds v Surrey Stars.** Coverage of the women's T20 match from Emerald Headingley Stadium.
10.00 **Sportswomen** Focusing on the biggest talking points in the world of women's sport.
10.30 **Great Sporting Moments** Iconic moments in the history of sport.
11.00 **Sportswomen**
11.30 **Great Sporting Moments**
12.00 M'T **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **Mobil 1: The Grid**
8.00 **MLB: Marlins @ Mets**
11.00 **College Football Live**
11.30 **Around the Horn**
12.00 NOON **ESPN FC**
12.30 PM **Pardon the Interruption**
1.00 **MLB** A recent game.
4.00 **College Football Live**
4.30 **Around the Horn**
5.00 **Pardon the Interruption**
5.30 **ESPN FC** Football news.
6.00 **LIVE MLB Detroit Tigers v Chicago White Sox.** From Comerica Park. Start-time **6.10pm**.
9.00 **MLB's Best** MLB highlights show.
9.30 **CFL: Ottawa @ Montreal**
12.00 M'T **College Football Live**
12.30 AM **Mobil 1: The Grid**
1.00 **LIVE MLB Minnesota Twins v Atlanta Braves.** Coverage from Target Field. Start-time **1.10am**.
4.00 **to 6.00** AM **CFL**

Eurosport 1

410 410 864 523 521 412 435

7.30 AM **Cycling: UK Men's Road Series** The South Coast Classic.
8.00 **RideLondon**
9.00 **Cycling: Tour of Poland**
10.00 **RideLondon**
11.05 **WATTS**
11.15 **Bennetts British Superbikes**
1.15 PM **Cycling: Tour of Poland**
2.15 **LIVE Cycling: Tour of Poland** Coverage of stage four, a 173km course from Jaworzno to Kocierz.
3.30 **Cycling: Clasica San Sebastian**
4.30 **Ultra Trail: Tenerife Bluetrail**
5.00 **Cycling: UK Women's Road Series** The South Coast Classic.
5.30 **RideLondon**
7.30 **Ultra Trail: Tenerife Bluetrail**
8.00 **Cycling: Tour of Poland**
9.00 **Eurosport News**
9.10 **RideLondon** Action from the RideLondon Classic men's race.
10.10 **Snooker: International Championship** Day three action.
12.10 AM **Cycling: Tour of Poland**
1.15 **to 1.20** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

6.25 AM **LIVE Snooker: International Championship** Coverage of the third day's play from Daqing, China.
10.00 **Snooker: International Championship** Day three action.
11.25 **LIVE Snooker: International Championship** Further day three coverage from China.
3.00 PM **Snooker: International Championship** Day three action.
4.00 **Motorcycling: Southern 100**
5.00 **Athletics: Diamond League**
7.00 **Snooker: International Championship** Day three action.
9.00 **Porsche Supercup**
9.30 **Blancpain GT World Challenge**
10.00 **Motorsport: ESET V4 Cup**
10.15 **Cycling: Tour of Poland**
11.15 **Motorsport: Chateau Impney**
12.15 AM **Porsche Supercup**
12.45 **FIA World Touring Cars**
1.15 **Blancpain GT World Challenge**
1.45 **Motorsport: ESET V4 Cup**
2.00 **to 6.25** AM **Highlights**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Smackdown Hlts**
8.00 **Super League Fulltime**
8.30 **Great Sporting Moments**
9.00 **US Open 9-Ball Pool**
10.00 **Super League Fulltime**
10.30 **Sporting Greats**
11.00 **US Open 9-Ball Pool**
12.00 NOON **Super League Fulltime**
12.30 PM **WWE from the Vault**
1.00 **Great Sporting Moments**
2.00 **Super League Fulltime**
2.30 **US Open 9-Ball Pool**
3.30 **Sporting Records**
4.00 **Super League Fulltime**
4.30 **WWE from the Vault**
5.00 **WWE Smackdown**
7.00 **NBA Champions 2013**
8.15 **Super League Gold**
9.00 **WWE Raw** Wrestling action.
12.00 M'T **Great Sporting Moments**
1.00 AM **LIVE WWE Smackdown** Wrestling coverage from America.
3.00 **Sporting Records**
4.00 **to 6.00** AM **Highlights**

Sky Sports F1

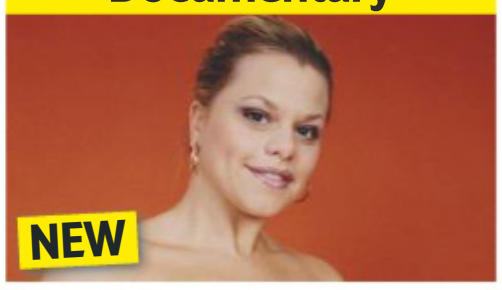
406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Hungarian F1 GP: Pit Lane**
12.00 NOON **Hungarian F1 GP: On The Grid** Build-up to the race.
12.35 PM **Formula 1** Another chance to see Hungarian Grand Prix.
2.30 **Hungarian F1 GP: Paddock**
3.30 **Hungarian F1 GP Best Bits**
4.00 **Formula 2 Championship**
6.15 **Alfa Romeo 1950**
6.20 **Ted's 2019 F1 Tech**
6.30 **Formula 3 Championship** Race one of the Hungarian Grand Prix.
7.15 **McLaren In Baku**
7.30 **Formula 3 Championship**
8.15 **Alfa Romeo 1950**
8.20 **Brundle with Kubica & Russell**
8.35 **Ted's 2019 F1 Tech**
8.45 **McLaren In Baku**
9.00 **F1 Classic Races** A look back at the 2008 Singapore Grand Prix.
11.45 **Vettel In Fiorano**
12.00 M'T **Porsche Super Cup**
12.50 AM **Lost In Baku**
1.00 **to 6.00** AM **The Home of F1**

Wednesday 7 August

Evening Planner

Documentary



Jade: The Reality Star Who Changed Britain
C4 HD, 9pm
Ten years on from Jade's untimely death, her culture-defining legacy is examined

Documentary

Sacred Wonders
BBC1 HD, 9pm
Looking at five major faiths to find out how they deal with life's big issues, plus going inside beautiful places of worship

Comedy

Sean Lock: Keep It Light
C4 HD, 10.35pm
In a stand-up set, Sean obsesses about cinema food, having a midlife crisis and how he behaves on the internet

OnDemand

Face to Face with the Arms Dealers
Available 10am
Stacey Dooley follows a company supplying armies

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 Fake Britain	8.00 Shop Well for Less?		9.00 Sacred Wonders		10.00 News; Local News	10.35 Can You...
102 BBC2	7.00 The Repair Shop		8.00 Remarkable Places to Eat		9.00 Animal Babies: First Year on Earth		10.00 Better Things	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 The Best Little...	8.30 Coronation Street	9.00 The Widower		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Orangutan Jungle School		9.00 Jade: The Reality Star Who Changed Britain		10.05 GameFace	10.35 Sean Lock...
105 CHANNEL 5	7.00 Chris Tarrant: Extreme Railway Journeys		8.00 GPs: Behind Closed Doors		9.00 Casualty 24/7		10.00 Vanished: The Murder of Charlene...	
106 SKY ONE	7.00 The Simpsons		8.00 S.W.A.T.		9.00 The Blacklist		10.00 The Force: Manchester	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Venice 24/7	8.00 A History of Scotland		9.00 The First Georgians: The German...		10.00 Mary Beard's Ultimate Rome: Empire...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Film: The Hangover			
136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Outlander			10.15 24 Hours in A&E
135 E4	7.00 Hollyoaks	7.30 The Goldbergs	8.00 Young Sheldon		9.00 Celebs Go Dating		10.00 Wife Swap USA	
107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 How to Get Away with Murder		10.00 For the People	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Der Pass		10.00 Film: Paterno	
110 GOLD	◂ 6.30 Only Fools and Horses				9.00 Blackadder the Third			10.20 Two Pints of Lager...
111 DAVE	7.00 Taskmaster		8.00 Expedition with Steve Backshall		9.00 Live at the Apollo		10.00 Jon Richardson: Ultimate Worrier	
119 ITV3	7.00 Murder, She Wrote		8.00 Agatha Christie's Poirot					10.10 Unforgotten
120 ITV4	7.00 The Chase		8.00 British Superbike Championship...		9.00 Speed Freaks		10.00 Film: Assassins	
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Bring It On			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Killjoys		10.00 Film: Phone Booth	
109 W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 Emma Willis: Delivering Babies		10.00 One Born: What Happened Next?	
113 UNIVERSAL	7.00 NCIS		8.00 Murder in Paradise		9.00 Departure		10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS				9.00 L.A.'s Finest		10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 The Sixties		8.00 The Art of Architecture		9.00 Make			
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Massive Engineering Mistakes		10.00 Savage Builds	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Extinct or Alive		9.00 Alaska: The Last Frontier		10.00 Animal Cops Miami	
129 NAT GEO	7.00 Wicked Tuna		8.00 Killer Tornado USA: Caught on Camera		9.00 Oz Doomsday Flood: Caught on Camera		10.00 The Next Mega Tsunami	
130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 Pirate Traders		10.00 Pawn Stars	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 War Factories		9.00 The Two Ronnies			10.30 Porridge
166 EDEN	7.00 Earth's Natural Wonders		8.00 Life on Earth: A New Prehistory		9.00 Wild North		10.00 Rhino Orphanage	
Films								
301 SKY PREMIERE	◂ 6.00 Ralph Breaks the Internet		8.00 The Darkest Minds				10.00 Escape From Sobibor	
302 SKY HITS		7.15 Johnny English Strikes Again			9.00 Venom			
303 SKY GREATS	◂ 6.00 Jumanji		8.00 Alien: Director's Cut				10.00 Beverly Hills Cop	
304 SKY DISNEY	◂ 6.00 Incredibles 2		8.00 Ralph Breaks the Internet				10.00 One Hundred and One Dalmatians	
305 SKY ANIMATION	◂ 6.15 Hotel Transylvania 3: Summer...		8.00 Mary and the Witch's Flower			9.55 Dr Seuss' The Lorax		
306 SKY ACTION	◂ 6.00 Predators		8.00 Guardians of the Galaxy				10.05 Predator	
307 SKY COMEDY	◂ 6.10 Grown Ups		8.00 Hot Fuzz				10.05 Mamma Mia!	
308 SKY THRILLER	7.00 RocknRolla				9.00 Extremely Wicked, Shockingly Evil, and Vile			
309 SKY DRAMA	◂ 5.50 Roman J. Israel, Esq		8.00 Lady Bird			9.40 Amistad		
310 SKY SCI-FI	◂ 6.00 Blade Runner		8.00 Blade Runner 2049					
311 SKY SELECT	7.00 The Godfather Part II							10.30 Captain Phillips
313 FILM4	◂ 6.55 Non-Stop				9.00 Taken 3			
315 TCM		7.10 Carson City			9.00 Absolute Power			
Sport								
401 MAIN EVENT	◂ 6.00 Vitality T20 Blast Cricket – Live: Leicestershire Foxes v Birmingham Bears: From Grace Road in Leicester						10.00 The Debate	
402 PREMIER LEAGUE	7.00 PL World	7.30 PL Greatest...	8.00 The Tyler...	8.30 PL World	9.00 We're Not Really Here: Man City		10.00 The Debate	
403 FOOTBALL	7.00 Football Years		8.00 MLS Round-Up...	8.30 Carabao Cup...	9.00 EFL Highlights		10.00 The Debate	
404 THE ASHES	◂ 6.00 Vitality T20 Blast Cricket – Live: Leicestershire Foxes v Birmingham Bears: From Grace Road in Leicester					9.45 Captain's Log		
413 BT SPORT 1	◂ 4.00 WTA Tennis – Live: Action from day three of the Rogers Cup in Toronto, Canada							
414 BT SPORT 2		7.15 UEFA Champions League – Live: Action from the UEFA Champions League					10.00 Premier League: Season Preview	

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/43AU
OR CALL 0330 3331 113 and quote code 43AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Animal Park Summer Special** New edition 3/15. Kidney disease claims the life of a koala. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Wanted Down Under Revisited** A family who had a trial week in Gold Coast, Queensland. (S)(R)
11.45 **Britain in Bloom** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 8/16. It is the eve of Woody and Tracy's wedding. (S3) (S)(AD)
2.30 **Escape to the Country** (S)(R)(AD)
3.30 **Good Morning Dagenham** (S)(R)
4.15 **Flog It!** From Sussex. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Shop Well for Less?

7 PM

7.00 **The One Show** Michelle Ackerley and Matt Baker host the topical show. (S)
7.30 **Fake Britain** New edition 4/6. A report on the fake alcohol being served to British holidaymakers. (S)

8 PM

8.00 **Shop Well for Less?** New edition 3/5. Alex Jones and Steph McGovern try to help the Miller family in North Lincolnshire, with parents Wes and Mel wanting to save up for their wedding after 10 years together. (S)

9 PM

9.00 NEW SERIES **Sacred Wonders** 1/3. From the ancient temples of Angkor Wat in Cambodia to the Shaolin Temple in China, a look at what people do for faith in some of Earth's most stunning sacred places. (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 NEW TO BBC1 **Can You Beat the Bookies?** Gambling success secrets. *Previously on BBC3 Online.* (S)
11.35 **Serengeti** 5/6. Jasari and his wild dog family are under siege from the hyena clan, while Kali and her cubs are enjoying life back in the heart of the pride, only to be attacked by the black-maned lions. Worse is to come when a storm ignites a devastating fire, consuming the dry land with flames. (S)(R)(AD)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Bargain Hunt** (S)(R)(AD)
6.45 **Animal Park Summer Special** (R)
7.30 **An Island Parish: Falklands** (S)(R)
8.00 **Sign Zone: See Hear** (S)
8.30 **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Len and Ainsley's Big Food Adventure** (S)(R)(AD)
3.00 **Hairy Bikers' Best of British** (R)
3.45 **More Creatures Great and Small** A rabbit with wonky teeth. (S)(R)
4.15 **Life Story** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** Products are put to the test. (S)(R)

8.00 Remarkable Places to Eat

7 PM

7.00 **The Repair Shop** The team work on a broken Portuguese guitar, a dilapidated barber's pole, an important Nigerian painting and a writing slope that hid a life-changing secret. (S)(R)

8 PM

8.00 **Remarkable Places to Eat** Series finale 4/4. Nisha Katona takes Fred Sirieix to San Sebastian for a meal at one of the world's top restaurants and to visit a tiny sports bar to learn the secrets of the perfect tortilla. (S)(AD)

9 PM

9.00 **Animal Babies: First Year on Earth** Series finale 3/3. Following six baby animals as they approach the end of their first year, including an Arctic fox cub in Iceland and spotted hyena sisters in Kenya. (S)(AD)

10 PM

10.00 **Better Things** New episode *Sick*: 4/10. Sam has an anxiety attack about her new relationship. (S2) (S)
10.20 **Rick Stein's Long Weekends** A visit to Vienna. (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **The Chefs' Brigade** 2/6. Jason Atherton takes his group of chefs to Bergen, Norway. (S)(R)(AD)
12.15 AM **Sign Zone: See Hear** (S)(R)
12.45 **Sign Zone: Remarkable Places to Eat** 2/4. Tom Kerridge takes Fred Sirieix to his favourite restaurants in Edinburgh. (S)(R)(AD)
1.45 **Sign Zone: Imagine – Faith Ringgold: Tell It Like It Is** The work of the artist and author. (S)(R)
2.55 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** Celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Halesowen. (S)(R)
3.00 **Tenable** A team of five pub quizzers from south-east London take part in the quiz. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Coronation Street

7 PM

7.00 **Emmerdale** Kerry is frozen with guilt, and Jai delivers hard truths. (S)(AD)
7.30 **Coronation Street** Eileen quizzes Jan about Seb, and Toyah frets about the flat purchase. (S)(AD)

8 PM

8.00 **The Best Little Prison in Britain?** New edition 2/6. An unlikely decades-long friendship. (S)(AD)
8.30 **Coronation Street** Gary confronts Ryan over his apparent windfall. (S)(AD)

9 PM

9.00 **The Widower** 3/3. DS Henry discovers Malcolm and Simone are planning a transatlantic trip and fears the killer could use this opportunity to murder his fiancée. (S1) (S)(R)(AD)

10 PM

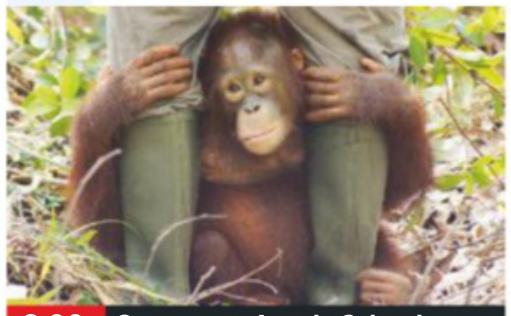
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Killer Women with Piers Morgan** Piers travels to Homestead Correctional Institution in Florida to meet Amber Wright. (S)(R)
11.45 **Tenable** Five friends from Wales answer questions based on top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
12.35 AM **Teleshopping**
3.00 **The Great Fire** 3/4. Sarah sneaks back into Hanford's house and retrieves the mysterious box from Romero's room. (S1) (S)(SL)(R)(AD)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17&18/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition With John Inverdale. (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The £100k Drop** New edition Couples from St Helens and Ashbourne compete. (S)
5.00 **Come Dine with Me** New edition An ex-restaurant owner hosts the third dinner party in Edinburgh. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Prince has some big news for Goldie. (S)(AD)



8.00 Orangutan Jungle School

7 PM

7.00 **News** (S)

8 PM

8.00 **Orangutan Jungle School** New edition Six-month-old orangutan Alejandra falls from a tree and badly damages one of her eyes. Meanwhile, a flash flood threatens the release of Clara and her one-year-old daughter Clarita. (S)(AD)

9 PM

9.00 NEW SERIES **Jade: The Reality Star Who Changed Britain** 1/3. Exploring the life of Jade Goody, ten years on from her death, to tell a bigger story of class and cultural change in Britain. (S)(AD)

10 PM

10.05 **GameFace** New episode 4/6. Marcella stars in a TV advert. (S2) (S)(AD)
10.35 NEW **Sean Lock: Keep It Light** A live stand-up comedy performance. (S)
11.35 **Emergency Helicopter Medics** (R)
12.35 AM **Born Famous: Gordon Ramsay** (S)(SL)(R)(AD)
1.30 **Ramsay's Kitchen Nightmares USA** In New Orleans. (S)(R)
2.20 **Ackley Bridge** (S)(SL)(R)(AD)
3.15 **The £1 Houses: Britain's Cheapest Street** (S)(SL)(R)(AD)
3.40 **Come Dine with Me** (S)(R)
4.35 **Kirstie's Fill Your House for Free**
4.55 **The £100k Drop** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

WHAT IS AVAXHOME?

AVAXHOME-

the biggest Internet portal, providing you various content: brand new books, trending movies, fresh magazines, hot games, recent software, latest music releases.

Unlimited satisfaction one low price
Cheap constant access to piping hot media
Protect your downloadings from Big brother
Safer, than torrent-trackers

18 years of seamless operation and our users' satisfaction

All languages
Brand new content
One site

AVXLIVE.ICU

AvaxHome - Your End Place

We have everything for all of your needs. Just open https://avxlive.icu

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** (R)
12.10 PM **News** (S)(R)
12.15 **Can't Pay? We'll Take It Away!** Documentary. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM I Didn't Kill My Sister** Thriller starring Nicholle Tom. (S) (2015, PG, 105min) ★★
4.00 **Friends** 1&2/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Amy suggests to Gary they bring their wedding day forward. (S)(R)(AD)
6.00 **Home and Away** Robbo is furious that Tori has gone behind his back again. (S)(R)(AD)
6.30 **News** (S)

8.00 GPs: Behind Closed Doors

7.00 **Chris Tarrant: Extreme Railway Journeys** 2/5. Chris sets out to cross Estonia, Latvia and Lithuania by rail in just one week, uncovering stories and dark secrets from the Baltic states' Soviet-era past. (S)(R)

8.00 **GPs: Behind Closed Doors** Series finale Dr Amir Khan is concerned about a diabetes sufferer's weight, while a young girl is brought in with a swollen belly and skin rashes. (S)(AD)

9.00 **Casualty 24/7** New edition 10/12. Patients include a 74-year-old ex-miner with breathing difficulties, a youngster with a football injury and a teenager with suspected meningitis. (S)

10.00 **Vanished: The Murder of Charlene Downes** The events that followed the disappearance of teenager Charlene Downes in 2003 and how one witness led to the discovery of a grooming scandal. (S)(R)

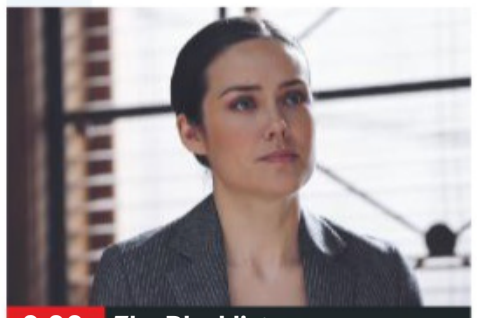
12.45 AM **Criminals: Caught on Camera** The use of CCTV to tackle shoplifters. (S)(R)
1.15 **21.co.uk Live Casino Show** (S)
3.15 **Gotham: Wrath of the Villains** 16/22. (S2) (S)(R)
4.00 **OMG! Rise of the Insta-Babes** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 13/20. (S1) (S)(R)
10.00 **The Flash** 13/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **MacGyver** 15/23. (S2) (S)(R)
4.00 **Modern Family** 3&4/22. Double bill. (S7) (S)(R)
5.00 **The Simpsons** *The Monkey Suit:* With the voices of Melanie Griffith and Larry Hagman. (R)
5.30 **Futurama** *The Honking:* Bender is cursed. (S)(R)(AD) **6.00** *War Is the H-Word:* Fry and Bender join the army. (R)
6.30 **The Simpsons** *Rednecks and Broomsticks:* Lisa accepts an invitation to join a Wiccan coven. (S)(R)



9.00 The Blacklist

7.00 **The Simpsons** *Thursdays with Abie:* A columnist writes stories about Grampa. (S)(R) **7.30** *Once Upon a Time in Springfield:* Romance blossoms between Krusty and his new co-star. (S)(R)

8.00 **S.W.A.T.** *Inheritance:* 7/23. The team hunt for a band of criminals re-enacting the 1970s crimes of the infamous Symbionese Liberation Army, while Hondo experiences discrimination. (S2) (R)

9.00 **The Blacklist** New episode *The Cryptobanker:* 10/22. The task force delve into the world of cryptocurrency, while Red undertakes a risky endeavour to secure his freedom. (S6)

10.00 **The Force: Manchester** Documentary following the work of Greater Manchester Police. Officers are called to a disturbance at a hostel, and a dispute spirals out of control. (S)(R)

11.00 **An Idiot Abroad** Reluctant explorer Karl Pilkington visits Machu Picchu in Peru. (S)(R)
12.00 M'T **Micky Flanagan: Back in the Game** The comedian performs to his home crowd at London's Hackney Empire. (R)
2.00 AM **NCIS: Los Angeles** Double bill. (S7) (S)(R)
4.00 **Babylon** 21/22. (S3) (R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R) **7.30-8.00pm** NEW Eisteddfod 2019 with Jason Mohammad (S) **10.35** NEW Hell On Wheels (S) **11.15** NEW Can You Beat the Bookies? (S) **12.15am** Serengeti (S)(R)(AD) **1.15** Weather for the Week Ahead (S) **1.20-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
8.00-8.30pm NEW SERIES Eisteddfod 2019 (S) **10.45** Ainsley's Caribbean Kitchen (S)(R)(AD) **11.10** Ross Kemp: Living with Young Carers (S)(R)(AD) **11.40pm-12.35am** Killer Women with Piers Morgan (S)(R)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **10.00** Eisteddfod Genedlaethol Cymru 2019 New edition **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Eisteddfod Genedlaethol Cymru 2019 New edition **2.00** Newyddion S4C a'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru 2019 New edition **6.25** Newyddion S4C a'r Tywydd **6.30** Eisteddfod Genedlaethol Cymru 2019 New edition **9.00** Newyddion 9 a'r Tywydd **9.30** Eisteddfod Genedlaethol Cymru 2019 New edition **10.30** Y Babell Lên 2019 New edition **11.30** Un Swig Arall: Llanrwst 89 **12.00m't-1.05am** Eisteddfod Genedlaethol Cymru 2019

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Venice 24/7** 6/6. The emergency services monitor a religious festival.
8.00 **A History of Scotland** 1/5. Neil Oliver explores the country's past.
9.00 **The First Georgians: The German Kings Who Made Britain** 2/3. How George II had to adapt to a change in society.
10.00 **Mary Beard's Ultimate Rome: Empire Without Limit** 3/4. Scholar Mary Beard takes an in-depth look at identity and citizenship within the Roman Empire.
11.00 **Akala's Odyssey**
12.00 M'T **Tomorrow's Worlds: The Unearthly History of Science Fiction**
1.00 AM **Horizon: How to Build a Time Machine**
2.00 **A History of Scotland**
3.00 **to 4.00** AM **The First Georgians: The German Kings Who Made Britain**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions.
8.00 **Two and a Half Men** 8/23. Alan receives inspiration from an unlikely source. **8.30** 9/23. Kandi tries to get back with Alan. (S10)
9.00 **FILM The Hangover** Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. With Justin Bartha, Heather Graham and Ken Jeong. (2009, 15, 99min) ★★★★
11.05 **Family Guy** 16/21. Brian passes on herpes to Stewie. **11.35** 9/21. Lois gets a job at a shop. (S12)
12.05 AM **American Dad!**
1.05 **Two and a Half Men**
1.55 **to 2.20** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Jamie's Comfort Food**
9.15 **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **Great British Bake Off**
12.00 NOON **Find It, Fix It, Flog It**
1.05 PM **Four in a Bed**
3.45 **Location, Location, Location** In Warwickshire.
4.50 **Love It or List It Australia**
5.55 **The Secret Life of the Zoo** The penguins move home.
6.55 **The Supervet** One of the team's senior neurologists treats a Chihuahua born with fluid on the brain.
7.55 **Escape to the Chateau** Dick Strawbridge and Angel Adoree's French chateau renovation challenge continues.
9.00 **Outlander** New episode *Freedom & Whisky:* 5/13. Brianna grapples with the life-changing revelations of the past Summer. (S3)
10.15 **24 Hours in A&E** Patients include a 54-year-old man involved in a cycling accident, and an 87-year-old who has come to A&E after experiencing chest pains.
11.15 **8 Out of 10 Cats Does Countdown** With David Mitchell.
12.20 AM **Ramsay's Kitchen Nightmares USA**
1.20 **The Supervet**
2.20 **The Secret Life of the Zoo**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Speechless**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 18&19/24. Double bill. (S5)
7.00 **Hollyoaks**
7.30 **The Goldbergs** 8/24. Barry enlists his friends and Coach Mellor to help his father get into shape. (S6)
8.00 **Young Sheldon** 19/22. The prodigy decides to run for class president. **8.30** 20/22. Veronica comes to stay. (S2)
9.00 **Celebs Go Dating** New edition 3/20. The agents dig into Nathan Henry's past.
10.00 **Wife Swap USA** New edition A no-nonsense fire chief trades places with a stay-at-home wife.
11.00 **The Big Bang Theory**
11.55 **Brooklyn Nine-Nine**
12.55 AM **Celebs Go Dating**
2.00 **Wife Swap USA**
2.50 **Gogglebox**
3.45 **Brooklyn Nine-Nine**
4.30 **How I Met Your Mother**
5.15 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 28 | 123

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
12.00 NOON **Paramedics** Triple bill of the documentary series.
3.00 PM **UK Border Force** A man is deported to Nigeria. **4.00** Behind the scenes of the UK Border Agency. **4.55** A student is prevented from entering the UK. **5.50** The team investigate a series of sham weddings.

10.00 For the People

7 PM

6.45 **My Kitchen Rules: Australia** New edition Matt and Luke are paired with frenemies Pat and Bianca for Open House.

8 PM

8.00 **Criminal Minds** *52 Pick-Up:* 9/26. Prentiss and Todd go undercover in Atlanta, Georgia, to profile a serial killer. (S4)

9 PM

9.00 **How to Get Away with Murder** New episode *I Got Played:* 7/15. Connor and Oliver prepare for their big day. (S5)

10 PM

10.00 **For the People** New episode *You Belong Here:* 6/10. Leonard finds himself pitted against a prolific litigator. (S2)
11.00 **Criminal Minds** 20/24. (S6)
12.00 M'T **World's Most Evil Killers** The case of Horst Kroene.
1.00 AM **The Rookie** 20/20. (S1)
2.00 **Criminal Minds** 15/24. (S6)
3.00 **Brit Cops: War on Crime**
4.00 **Paramedics**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Urban Secrets** Brighton.
7.00 **The British**
8.00 **Richard E Grant's Hotel Secrets** The French Riviera.
9.00 **Discovering: James Stewart**
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 9/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 18/24. A man goes missing after an argument with his wife. **6.00** 19/24. A flirtatious woman disappears after attending a party. (S2)

9.00 Der Pass

7 PM

7.00 **CSI** *Disarmed and Dangerous:* 12/24. A federal agent is found beaten to death at a petrol station. (S9)

8 PM

8.00 **Blue Bloods** *Sins of the Father:* 10/22. Frank pushes to find evidence against a suspected cop killer. (S5)

9 PM

9.00 **Der Pass** New episode *The Red Season:* 2/8. An entrepreneur is brutally murdered. Subtitled. (S1)

10 PM

10.00 **Paterno** Biographical drama centred on Joe Paterno following the Jerry Sandusky sexual abuse scandal. Stars Al Pacino.
12.00 M'T **Six Feet Under** (S4&5)
2.20 AM **Warning: This Drug May Kill You** Documentary focusing on the devastating effects of addiction.
3.30 **Girls** 7/10. Jessa visits her estranged father. (S2)
4.05 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **Steptoe and Son**
7.50 **Boomers**
8.25 **A Sharp Intake of Breath**
9.00 **The Green Green Grass**
10.10 **Last of the Summer Wine**
12.10 PM **2point4 Children**
12.45 **The Green Green Grass**
1.25 **Are You Being Served?**
2.00 **Only Fools and Horses**
2.40 **Porridge**
3.15 **Last of the Summer Wine**
5.10 **Are You Being Served?**
5.50 **Porridge**
6.30 **Only Fools and Horses**

10.20 Two Pints of Lager and...

7 PM

Only Fools and Horses (started at 6.30pm)

8 PM

8.20 **Only Fools and Horses** Del Boy decides to take up cards in his latest bid to make a fortune.

9 PM

9.00 **Blackadder the Third** Blackadder foils a plan by the new prime minister. **9.40** Edmund gets caught up in the French Revolution.

10 PM

10.20 **Two Pints of Lager and a Packet of Crisps** Louise meets her dad for the first time.
10.55 **Live at the Apollo** With Nina Conti, Rob Beckett and Jimeoin.
11.55 **Inside No 9**
12.30 AM **Inside No 9**
1.10 **Two Pints of Lager and a Packet of Crisps**
1.50 **Harry Hill's TV Burp**
3.05 **to 4.00** AM **Spaced**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Heartbeat**
7.55 **Murder, She Wrote**
8.55 **On the Buses**
10.00 **George and Mildred**
10.30 **Agatha Christie's Poirot**
12.40 PM **Heartbeat**
1.40 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Poirot**
5.55 **Downton Abbey** 7/9. Matthew refuses to back down over the estate management. (S3)

10.10 Unforgotten

7 PM

7.00 **Murder, She Wrote** *An Egg to Die For:* Jessica joins forces with a Russian detective to solve a case of art theft and murder.

8 PM

8.00 **Agatha Christie's Poirot** *Hickory Dickory Dock:* When a spate of petty thefts culminate in a series of murders at a student hostel, Miss Lemon persuades the dapper Belgian sleuth to investigate.

10 PM

10.10 **Unforgotten** 1/6. The discovery of a skeleton launches a murder hunt – but a car key is all police have to go on. (S1)
11.10 **Unforgotten** 2/6. Having identified the body in the cellar as Jimmy Sullivan, Cassie and Sunny start their investigation for the killer with the names in the victim's diary. (S1)
12.10 **to 2.00** AM **Law & Order: UK**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Kojak**
8.10 **Quincy ME**
9.10 **Minder**
10.20 **The Sweeney**
11.30 **The Professionals**
12.35 PM **The Saint**
1.35 **Kojak**
2.40 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** The Flying Squad foil a hijacking.

10.00 Assassins

7 PM

7.00 **The Chase** Four contestants work as a team to take on ruthless quiz genius The Chaser and secure a cash prize.

8 PM

8.00 **British Superbike Championship Highlights** Action from the seventh round of the campaign at Thruxton.

9 PM

9.00 **NEW SERIES Speed Freaks** Motorbike racer Zef Eisenberg pursues racing feats in a variety of locations.

10 PM

10.00 **FILM Assassins** Thriller starring Sylvester Stallone and Antonio Banderas. (1995, 15, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Minder** *Dream House:* Terry watches over the home of a 1960s rock star, while he is away playing in Las Vegas.
1.50 **to 2.40** AM **The Americans** *IHOP:* 9/13. Stan has a disturbing encounter with Frank Gaad's widow. (S5)

+1 hour 220 175 154

Sky Two

151 121

7.00 AM **Fat Families: Second Helpings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** (S3)
4.00 **Ninja Warrior Women Tournament**
6.00 **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *The Devil You Know:* 13/22. Part two of two. (S3)
8.00 **Duck Quacks Don't Echo** With Ed Byrne.
9.00 **Trollied** 1–4/13. (S2)
11.00 **Highway Cops**
12.00 M'T **The Blacklist** (S6)
1.00 AM **How to Get Away with Murder** 7/15. (S5)
2.00 **For the People** (S2)
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **Ninja Warrior Women Tournament**

Pick

152 123 11 144

7.00 AM **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Highway Cops**
11.00 **Police Force: Australia**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **UK Border Force**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Without a Trace** (S7)
6.00 **Stargate SG-1** (S1)
7.00 **Supergirl** 3/23. (S3)
8.00 **The Flash** 3/23. (S4)
9.00 **Rapid Response**
10.00 **Paramedics**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Extreme Mountain Challenge** In Venezuela.
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cops UK: Bodycam Squad** Documentary.
3.00 **Yianni: Supercar Customiser** Double bill.
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear** Double bill.
7.00 **Taskmaster**
8.00 **Expedition with Steve Backshall**
9.00 **Live at the Apollo**
10.00 **Jon Richardson: Ultimate Worrier** New edition 6/10.
11.00 **Live at the Apollo**
12.00 M'T **Taskmaster**
1.00 AM **Mock the Week**
1.40 **Live at the Apollo**
2.30 **Alan Davies: As Yet Untitled**
3.20 **to 4.05** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S6)
10.00 **Are We There Yet?** (S2)
11.00 **Friends** Triple bill.
1.00 PM **Friends** Six episodes.
4.00 **Are We There Yet?** (S2)
5.00 **Friends** (S1)
9.00 **FILM Bring It On** Teen comedy starring Kirsten Dunst and Eliza Dushku. The new captain of a high-school cheerleading squad tries to guide her teammates to win a national championship. (2000, 12, 99min) ★★★★
11.00 **Friends** 23/24. (S9)
12.00 M'T **Friends** 13/24. (S7)
12.30 AM **Friends** 22/24. (S2)
1.00 **RuPaul's Drag Race** New edition 6/14.
2.30 **RuPaul's Drag Race: Untucked!** New edition
2.55 **South Park** (S15)
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.15 **Dallas Cowboys Cheerleaders**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling** Double bill of editions.
8.00 **Celebrity Dinner Date** With *The Only Way is Essex* star Bobby Norris.
9.00 **NEW SERIES Gemma Collins: Diva Forever** Following Gemma Collins during one of the busiest periods of her professional life.
10.00 **Dating in the Dark**
11.00 **Million Dollar Matchmaker**
12.00 M'T **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **Agatha Christie's Partners in Crime**
2.00 **The Agatha Christie Hour** 1/10. (S1)
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 8/10. Blanche takes desperate measures. (S1)
7.00 **M*A*S*H** Four episodes of the comedy. (S5)
9.00 **Taggart** *Mind Over Matter:* The body of a medical student is found by children in a park. **10.30** *Cause and Effect:* A woman from the well-heeled Clydeside sailing fraternity is found murdered.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S2)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.15 AM **Murdoch Mysteries**
8.00 **Frankie Drake Mysteries**
9.00 **Sue Thomas: F.B.Eye**
10.00 **New Tricks**
11.00 **The Coroner**
12.00 NOON **Miss Fisher's Murder Mysteries** 1/8. (S3)
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 11/13. (S2)
4.00 **Rizzoli & Isles** (S7)
6.00 **The Guardian** 6/23. Nick instigates a merger for a long-time client. (S2)

10.00 The Coroner

7.00 **Unforgettable** *Lost Things:* 8/22. The murder of a lawyer leads Carrie to become entwined in a revenge plot. (S1)
8.00 **Miss Fisher's Murder Mysteries** *Murder and the Maiden:* 2/8. A woman is killed outside an air force base. (S3)
9.00 **New Tricks** *Only the Brave:* The murder of a biker-gang leader is reinvestigated. Guest stars Emily Glenister.
10.00 **The Coroner** *Those in Peril:* 3/10. A volunteer in the Lighthaven lifeboat crew drowns following a hoax call-out. (S2)
11.00 **New Tricks**
12.00 M'T **Rush** 3/22. Josh shows his leadership as TR2 assist the drug squad with an important arrest. (S3)
1.00 AM **Sue Thomas: F.B.Eye**
2.00 **Murdoch Mysteries**
3.00 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 **Merlin** 4/13. (S2)
12.00 NOON **FILM Lara Croft: Tomb Raider** Fantasy adventure starring Angelina Jolie and Jon Voight. (2001, 12, 100min) ★★★★
2.00 PM **Merlin** 5/13. (S2)
3.00 **Stargate Atlantis** 7/20. (S2)
4.00 **Star Trek: Voyager** (S1)
6.00 **Star Trek: The Next Generation** 15/26. The *Enterprise* encounters a temporal rift. (S3)

10.00 Phone Booth

7.00 **Star Trek: The Next Generation** *The Offspring:* 16/26. Data creates an android daughter. Guest stars Hallie Todd. (S3)
8.00 **Stargate Atlantis** *Conversion:* 8/20. Beckett realises that Sheppard is slowly transforming into a Wraith. (S2)
9.00 **Killjoys** New episode *Three Killjoys and a Lady:* 3/10. The trio start to wonder if there is a traitor among them. (S5)
10.00 **FILM Phone Booth** Suspense thriller starring Colin Farrell. (2002, 15, 79min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Killjoys** As 9.00pm.
1.00 AM **Star Trek: The Next Generation** 11&12/22. (S2)
3.00 **Siren** 9/15. (S2)
4.00 **to 6.00** AM **FILM 2 Lava 2 Lantula** Fantasy sequel starring Steve Guttenberg. (2016, PG, 83min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia**
2.00 **My Dream Home** Double bill.
4.00 **Flip or Flop** Renovating a bungalow in Long Beach. **4.30** Tarek and Christina El Moussa renovate a home in Santa Ana, California.
5.00 **Tipping Point** Double bill.

6.00 Tipping Point

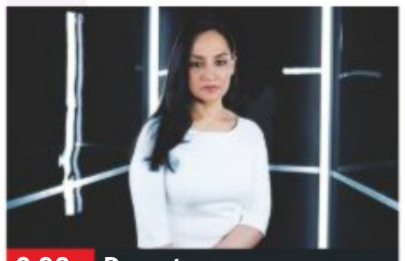
7.00 **MasterChef Australia** New edition The contestants are challenged to prepare their desert island dish.
8.00 **Inside the Ambulance** Emergency workers rush to the aid of a man who is struggling to breathe after injecting himself.
9.00 **Emma Willis: Delivering Babies** 1/10. Emma returns to the Princess Alexandra Hospital to complete her training.
10.00 **One Born: What Happened Next?** Catching up with three couples who appeared on the programme.
11.00 **Inside the Ambulance** As shown at 8.00pm.
12.00 M'T **Paramedics: Emergency Response**
12.30 AM **Paramedics: Emergency Response**
1.00 **Supernanny**
1.50 **to 3.00** AM **War and Peace**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 5/13. (S5)
9.00 **Rescue: Code One**
10.00 **Murder She Solved: True Crime** A severed arm is found.
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S13)
1.00 PM **Law & Order** (S14)
4.00 **NCIS** 6/23. The team protect a veteran naval officer. **5.00** 7/23. A Marine veteran confesses to the murder of a friend 60 years previously. **6.00** 10/23. DiNozzo spots an opportunity to recover valuable, stolen Iraqi art. (S2)


9.00 Departure

7.00 **NCIS** *Black Water:* 11/23. The team let a private investigator come on board in a bid to find a missing person. (S2)
8.00 **Murder in Paradise** Examining the death of biology student Shannon Martin, who was stabbed in Golfito, Costa Rica.
9.00 **Departure** New episode *Grounded:* 5/6. An unlikely source has proof of a conspiracy to cover up the truth about the crash. (S1)
10.00 **Law & Order: Special Victims Unit** *Brothel:* 15/24. The team look into the death of a prostitute at a pop-up brothel. (S20)
11.00 **Law & Order: Special Victims Unit** 16/24. (S20)
12.00 M'T **CSI: Miami** 3/24. A celebrity is found dead. (S5)
1.00 AM **NCIS** As 5pm & 6pm.
3.00 **Law & Order: Special Victims Unit** As 11.00pm.
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 6/16. (S8)
9.00 **Bones** 4/24. (S9)
10.00 **Bull** 7/22. (S2)
11.00 **NCIS** 5/24. (S16)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** 5/13. (S7)
3.00 **NCIS** 6/24. (S16)
4.00 **Bull** 8/22. (S2)
5.00 **Bones** 7/24. The newlyweds' honeymoon in Buenos Aires is cut short by a murder. (S9)
6.00 **The Mentalist** 6/13. Abbott's former boss tries to blackmail him. With Dylan Baker. (S7)

9.00 L.A.'s Finest

7.00 **NCIS** *A Thousand Words:* 7/24. The team probe a conspiracy regarding a navy contractor and the safety of ocean mammals.
8.00 **NCIS** *Friendly Fire:* 8/24. A murder case in America is linked to a string of soldiers killed by friendly fire overseas. (S16)
9.00 **L.A.'s Finest** New episode *Farewell:* 5/13. The team work to solve the mystery behind the murder of a transgender woman. (S1)
10.00 **NCIS: New Orleans** *Sheepdogs:* 7/24. The team investigate a deadly car explosion in the French Quarter. (S5)
11.00 **American Dad!** 18&19/19. Double bill of episodes. (S9)
12.00 M'T **Family Guy** (S3)
12.30 AM **Family Guy** (S3)
1.00 **American Dad!** (S9)
2.00 **Family Guy** (S3)
3.00 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Wednesday

7 PM

8 PM

9 PM

10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Life of Kylie**
11.00 **News: Daily Pop**
12.00 NOON **Relatively Nat & Liv** Reality series.
1.00 PM **Keeping Up with the Kardashians**
3.00 **Temptation Island**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Revenge Body with Khloe Kardashian** Khloe helps a mother to lose some weight.
9.00 **Temptation Island**
10.00 **Relatively Nat & Liv** Double bill of editions.
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **André Rieu: Welcome to My World**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **Hollywood Censored**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Passions**
3.00 **Sinatra and Friends**
4.05 **The Seventies**
5.00 **Discovering**
7.00 **The Sixties**
8.00 **The Art of Architecture** New edition Japanese architect Kengo Kuma's work on V&A Dundee.
9.00 **NEW Make** Examining the motivations behind creativity.
10.40 **Queen: Live at Wembley**
11.55 **Beatles Stories**
1.40 AM **The Rise and Fall of the Clash**
3.25 **FILM Get 'Em Off** Documentary short. (1976, 18, 28min) ★★★
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2&3)
4.00 **Frasier** 7&8/24. (S7)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **FILM Transformers: Age of Extinction** Sci-fi adventure starring Mark Wahlberg and Stanley Tucci. (2014, 12, 166min) ★★★
11.10 **Jade: The Reality Star Who Changed Britain**
12.15 AM **Homes from Hell: Caught on Camera**
1.20 **Shipmates**
2.20 **The Lateish Show with Mo Gilligan**
3.20 **Jamie and Jimmy's Friday Night Feast**
4.20 **to 4.50** AM **Food Unwrapped**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.10 **CSI: NY** 19/23. (S6)
11.05 **Rookie Blue** 5/13. (S3)
12.05 PM **Bull** 9/23. (S1)
1.00 **Law & Order** (S18)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
7.00 **Law & Order** *Causa Mortis:* 1/23. A teacher is abducted. (S7)
8.00 **NCIS: Los Angeles** *Wanted:* 17/24. Michelle resumes her CIA cover to investigate a hit. (S4)
9.00 **Private Eyes** *Family Jewels:* 10/10. Shade and Angie investigate a jewellery heist. (S1)
10.00 **Law & Order: Special Victims Unit** *Storm:* 10/22. A girl is kidnapped. (S7)
11.00 **Law & Order: Special Victims Unit** (S7)
12.55 AM **CSI: NY** (S5)
2.50 **Taken** 6/10. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 | 131

8.00 AM **Access**
8.10 **Last Man Standing**
8.35 **Smallville** 13/23. (S2)
9.20 **Dance Moms**
11.15 **My Wife and Kids**
12.10 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel Air** 15&16/25. (S1)
5.00 **8 Simple Rules** (S2)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** (S1&2)
8.00 **Fresh Off the Boat** New episodes (S4)
9.00 **NEW SERIES Young, Dumb and Banged Up in the Sun** 1/12.
10.00 **FILM Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★
12.10 AM **Riverdale** (S2)
2.00 **The Magicians** (S2)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 56

Drama

143 130 20 | 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Murdoch Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **Waiting for God**
7.20 **Last of the Summer Wine** The trio attempt to recreate a battle.
8.00 **Rosemary & Thyme** *The Language of Flowers:* The duo's latest client is murdered.
9.00 **Death in Paradise** *Flames of Love:* 8/8. A student backpacker is found dead. (S5)
10.20 **The Inspector Lynley Mysteries** *In Divine Proportion:* A woman is murdered in rural Suffolk.
12.15 AM **New Tricks**
1.40 **Birds of a Feather**
2.25 **to 4.00** AM **Dickensian**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

Wednesday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S6)
2.00 **Law & Order** (S3)
3.00 **Zoom In**
3.10 FILM **Furry Vengeance** Family comedy. (2010, PG, 88min) ★★
5.00 **Mad Men** (S6)
6.00 **Law & Order** (S4)
7.00 FILM **Leo Tolstoy's Anna Karenina** Period romantic drama. (1997, 12, 108min) ★★★
9.00 **Hap and Leonard** *Trudy:* 4/6. (S1)
10.00 **Snatch** *Ole:* 1/10. (S2)
10.55 FILM **Edge of Darkness** Thriller with Mel Gibson. (2010, 15, 117min) ★★★
1.05 AM **Hap and Leonard**
1.55 **Snatch** As 10.00pm.
2.50 **Hollywood's Best Film Directors** Danny Boyle.
3.20 **Mad Men** 4/13.. (S6)
4.15 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** 10/19. (S5)
10.00 **ER** 3/22. (S5)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **Gunsmoke** (S17)
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *10-7:* 24/24. A bomb explodes in a nightclub. (S3)
8.00 **Judge Judy**
9.00 **Medium** *The Devil Inside – Part One:* 11/19. Allison dreams of a stalker who threatens her life. (S5)
10.00 **CSI: Miami** *Blood in the Water:* 2/25. The team investigate a family boating accident. (S4)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 4/22. (S5)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S7)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** (S3)
3.00 **NCIS** 10/19. (S5)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S6)
7.05 **NCIS** 9/24. (S9)
8.00 **Walker, Texas Ranger** *Deadly Reunion – Part One:* 26/28. A ranger comes back to seek justice. (S1)
9.00 **NCIS** *Honour Code:* 7/24. A child claims his father has been kidnapped. (S3)
10.00 **NCIS: Los Angeles** *Pushback:* 7/24. (S1)
11.00 **NCIS** 10/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A murder set up to look like a suicide. **7.30** A man vanishes after starting an affair with a friend's wife.
8.00 **Evil Twins** Stories of twins on the edge.
9.00 **Voice of a Serial Killer** The case of Jennifer Pan.
10.00 **Evidence of Evil** The case of a woman whose disappearance rocked the community.
11.00 **It Takes a Killer**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Voice of a Serial Killer** As 9.00pm.
2.00 **Evidence of Evil**
3.00 **Troubled Teens: Jail Shock**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **Merry Chasemas** Quiz with Bradley Walsh.
9.00 **The Chase** Quiz hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** A celebrity couple special edition.
11.00 **Bullseye**
1.00 AM **The Chase**
4.00 **Pointless**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends** Four episodes.
11.00 **The Middle** (S6)
1.00 PM **Most Ridiculous**
4.00 **Bad Robots**
5.00 **Fresh Prince of Bel Air**
7.00 **Are We There Yet?** (S2)
8.00 **Impractical Jokers**
9.00 **Friends** (S3)
10.00 FILM **Austin Powers: International Man of Mystery** Spy spoof. (1997, 15) ★★★★
12.00 M'T **South Park**
1.00 AM **Russell Howard's Good News**
2.00 **Roast Battle**
2.30 **Katherine Ryan at the Comedy Store**
3.00 **Broad City** (S1)
3.25 **Teachers** (S2)
3.45 **Chris Ramsey Show**
4.10 **Bob's Burgers** (S1)
4.30 **The Middle**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Jamie's 30 Minute Meals**
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Bizarre Foods America**
12.00 NOON **Rick Stein's Far Eastern Odyssey**
1.00 PM **Best of British**
2.00 **James Martin: Home Comforts**
3.00 **Jamie's 30 Minute Meals** Grilled sardines.
3.30 **30 Minute Meals** New edition A chicken dish.
4.00 **The Pioneer Woman**
6.00 NEW SERIES **Bizarre Foods: Delicious Destinations**
7.00 **Bizarre Foods America**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **Rick Stein's Far Eastern Odyssey**
10.00 **Best of British**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Paul's Pies & Puds**
8.00 **James Martin: Sweet**
8.30 **Yorkshire's Finest**
9.00 **Nigel's Real Food Show**
10.00 **John's Middle East**
11.00 **Great British Menu**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **James Martin: Sweet**
1.30 **Yorkshire's Finest**
2.00 **Paul's Pies & Puds**
3.00 **Nigel's Real Food Show**
4.00 **John's Middle East**
5.00 **Great British Menu**
6.00 **Food Tour of Britain**
7.00 **James Martin: Sweet**
7.30 **Yorkshire's Finest**
8.00 **Nigel's Real Food Show**
9.00 **John's Middle East**
10.00 **Paul's Pies & Puds**
11.00 **Coastal Kitchen**
12.00 M'T **James Martin: Sweet**
12.30 AM **Yorkshire's Finest**
1.00 **Local Food Heroes**
2.00 **to 6.00** AM **Highlights**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.15 PM FILM **Her Stolen Past** Thriller starring Shanice Banton. (2018, 15, 87min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Bring It!**
5.00 **Masters of Flip**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **Little Women: Atlanta** Abira explodes when she thinks Minnie is failing to play fair, and Andrea gets an unpleasant surprise.
10.00 **Storage Wars** Jarrod lets Alex and Bozek handle the auctions. **10.30** Brandi is forced to face her fears.
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **Little Women: Atlanta** As 9.00pm.
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle** (S1)
9.40 **Gilmore Girls**
11.30 FILM **Gracie's Choice** Domestic drama. (2004, PG, 90min) ★★
1.25 PM FILM **I Do (But I Don't)** Comedy. (2004, PG, 90min) ★★
3.15 FILM **Love's Unending Legacy** Family Western. (2007, U, 84min) ★★
5.00 **Suits** (S3)
6.00 **House** (S4)
7.55 **Access**
8.00 **Grimm** 8/22. (S5)
9.00 **Suits** New episode *Pecking Order:* 2/16. (S8)
10.00 **Training Day** 8/13. (S1)
10.55 **The X-Files** 19/22. (S7)
11.55 **Vikings** (S2)
12.55 AM **Sleepy Hollow** (S2)
1.55 **Marvel's Agent Carter**
3.30 **Grimm** As 8.00pm.
4.15 **Gilmore Girls** (S5)
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Wild Britain with Ray Mears**
7.10 **HMS Ark Royal**
8.00 **Aussie Gold Hunters**
9.00 **Salvage Hunters: The Restorers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **NASA's Unexplained Files**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
10.00 **Find It, Fix It, Flog It**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Celebrity Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides...**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Celebrity Money for Nothing**
8.00 **My 600lb Life**
9.00 **My Extreme Excess Skin**
10.00 **My Baby Has Two Heads: Body Bizarre**
11.00 **Katie Price: My Crazy Life**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops...**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Give a Dog a Home**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Barcelona.
3.00 **Homes Under the Hammer**
4.00 **Ghost Chasers**
5.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
9.00 **Helicopter ER** The team help a farmer impaled on a steel spike.
10.00 **Babies: Special Delivery** A baby with a serious heart problem.
11.00 **Helicopter ER**
12.00 M'T **Born to Kill?**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **My Extreme Weight Loss Journey**
5.30 **to 6.00** AM **Other Side**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** Four editions, including at: **8.00** An actor murders his beautiful co-star. **8.30** Two women befriend a homeless man in order to kill him.
9.00 **Deadly Women** Females who harbour dark sentiments. **10.00** A socialite who dismembered her husband's body.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **In Sickness and in Wealth: On Benefits**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers with Alan Davies**
12.00 NOON **Jeremy Vine**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers with Alan Davies**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **The World's Biggest Battleship: Draining the Ocean**
10.00 **How the Victorians Built Britain**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **On Benefits: It's a Hard Knock Life**
2.00 **Portillo's Hidden History of Britain**
3.00 **to 4.00** AM **Ben Fogle: New Lives in the Wild**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 **Criminals: Caught on Camera**
9.40 **The A-Team** (S3)
10.40 **Police Interceptors**
11.40 **Can't Pay? We'll Take It Away!**
1.45 PM FILM **The War Lover** World War Two melodrama. (1962, b/w, PG, 105min) ★★★
3.55 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors**
9.00 **Sewermen** Series finale 8/8. Teams have to deal with the largest fatberg seen in the North West.
10.00 **Grime & Punishment: Dirty Britain** Visiting a takeaway restaurant.
11.00 **Gangland Undercover**
11.55 **Spartacus: Blood and Sand** Double bill.
2.15 AM **Criminals: Caught on Camera**
2.45 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life**
2.00 PM **Counting On**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: Happily Ever After?** New edition The couples meet for a dramatic showdown.
10.00 **sMothered** New edition Cher and Dawn keep a big secret hidden from the whole family.
11.00 **Dr Pimple Popper**
12.00 M'T **90 Day Fiancé: Happily Ever After?**
2.00 AM **sMothered**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **My 600lb Life**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Storage Wars**
2.00 **Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **In Search Of** The causes of sinkholes.
10.00 **Hangar 1: The UFO Files** Reports of UFO sightings over battlefields.
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Diesel Brothers**
6.00 **Fast N' Loud** Aaron and the gang aim to finish their junkyard Porsche.

9.00 Massive Engineering...

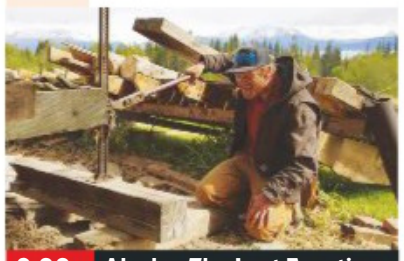
7.00 **Outback Truckers** Cameron's journey gets hotter and harder, while Sludge's mountain mission takes a downhill slide.
8.00 **Combat Dealers** A French museum asks Bruce Crompton for help in acquiring a rare German Panzer 1 tank.
9.00 **Massive Engineering Mistakes** New edition Experts analyse why a highway in Germany collapsed.
10.00 **Savage Builds** New edition Adam teams up with Peter Jackson to restore a deadly fleet of fighter planes.
11.00 **Wheeler Dealers**
12.00 M'T **Massive Engineering Mistakes** As 9.00pm.
1.00 AM **Savage Builds**
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition...**
3.50 **Wheeler Dealers**
4.40 **Deadliest Catch**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Dee: Alaska Vet**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaska: The Last Frontier**
12.00 NOON **Wildest Islands of Indonesia**
1.00 PM **Dr Dee: Alaska Vet**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked**
5.00 **Intruders** A house is inhabited by deadly spiders.
6.00 **Great Hammerhead Invasion** Why giant hammerhead sharks congregate annually off the coast of Florida.



9.00 Alaska: The Last Frontier

7.00 **Pit Bulls & Parolees** Earl finds a dog riddled with tumours and the team members do everything they can to help.
8.00 **Extinct or Alive** Biologist Forrest Galante searches the Faroe Islands for a trace of extinct seabird the great auk.
9.00 **Alaska: The Last Frontier** Atz and the family go on a black bear hunt, and Eve works on the garden.
10.00 **Animal Cops Miami** Investigator Casadevall hunts for poachers who have left several animals dead.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Alaska Monsters**
1.00 AM **Animal Cops Miami**
2.00 **Wildest Middle East**
3.00 **Alaska: The Last Frontier**
3.50 **Predators Up Close with Joel Lambert**
4.40 **Animal Airport**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Air Crash Investigation**
10.00 **Superstructures: Engineering Marvels**
11.00 **Nazi Megastructures**
1.00 PM **Mega Crater Mystery: Draining the Ocean**
2.00 **Car SOS** A Triumph TR4. **3.00** Restoring a classic racing car for Stirling Moss. **4.00** Fuzz and Tim restore a 1965 German classic car.
5.00 **Air Crash Investigation** South Korea's worst ever air disaster. **6.00** A plane bursts into flames just after landing.

7.00 Wicked Tuna

7.00 **Wicked Tuna** The crew of Hard Merchandise have still not made a catch at the start of the third week.
8.00 **Killer Tornado USA: Caught on Camera** The destruction caused by the 200mph Joplin tornado in 2011.
9.00 **Oz Doomsday Flood: Caught on Camera** The severe floods and tropical cyclones that hit Australia in 2011.
10.00 **The Next Mega Tsunami** Exploring the risks posed by the natural disasters.
11.00 **Science of Stupid: Best Of** Dallas Campbell introduces highlights from the series.
11.30 **Science of Stupid** The humiliating potential of scooter stunts and swinging on ropes.
12.00 M'T **Science of Stupid**
12.30 AM **Science of Stupid**
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Ice Lake Warriors**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Jurassic Fight Club**
2.00 **Storage Wars** Four editions.
4.00 **Ice Lake Warriors**
5.00 **Forged in Fire** Forging a replica of Teddy Roosevelt's Rough Rider Bowie. **6.00** An epic samurai weapon known as the O-Katana.

9.00 Pirate Traders

7.00 **American Pickers** In the heart of Texas, a family's vintage service station is just like a petroliana museum.
8.00 **The Curse of Oak Island** Marty and the team make a find at the Money Pit that could be part of the Oak Island treasure.
9.00 **Pirate Traders** New edition The team race to get a classic Dodge Viper car from the Dominican Republic.
10.00 **Pawn Stars** An OJ Simpson statue. **10.30** A 1973 Marshall Amp and a *Back to the Future* hover-board.
11.00 **Storage Wars** Emily brings along her cowboy husband. **11.30** Mary tries to deal with her storage stress.
12.00 M'T **Man at Arms: Art of War**
1.00 AM **The Curse of Oak Island**
2.00 **Jurassic Fight Club**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **WWI Aces Falling**
7.10 **Napoleon**
8.00 **Time Team**
10.00 **The World at War**
11.00 **Forbidden History**
12.00 NOON **Time Team**
2.00 PM **Coast**
3.00 **Wild Caribbean**
4.00 **Forbidden History**
5.00 **Impossible Engineering** The world's biggest ship.
6.00 **The World at War** Bomber Command are unable to hit their targets precisely.

8.00 War Factories

7.00 **Abandoned Engineering** How a town established by Henry Ford in the 1920s has been left to rot in the rainforest.
8.00 **War Factories** New edition How the Americans, once provoked into war, out-produced the rest of the world.
9.00 **The Two Ronnies** Vintage comedy, including *Public Service Announcement About Water Shortage*. **9.50** Vintage comedy sketches, plus music by Clodagh Rodgers.
10.30 **Porridge** Final episode of the sitcom. Godber gets himself into a fight.
11.10 **Porridge** Fletcher helps new inmate Godber settle in. **11.50** Betting fever sweeps the prison.
12.30 AM **The World at War** As shown at 6.00pm.
1.30 **WWI Aces Falling** The story of two fighter pilots.
2.30 **to 3.00** AM **Battle Factory**

+1 hour 255 200

Wednesday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Planes That Changed the World**
7.00 **Trainspotting**
8.00 **Industrial Revelations**
9.00 **Deadliest Tech**
10.00 **Battlefield**
12.00 NOON **Planes That Changed the World**
1.00 PM **Trainspotting**
2.00 **Industrial Revelations**
3.00 **Deadliest Tech**
4.00 **Battlefield**
6.00 **How We Got Here**
7.00 **British Treasure, American Gold**
8.00 **Ultimate Warfare**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World**
11.00 **Mobster Confessions**
12.00 M'T **Ultimate Warfare**
1.00 AM **The 1980s: The Deadliest Decade**
2.00 **Crimes That Shook the World**
3.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **Ten Deadliest Snakes**
11.00 **Rhino Orphanage**
12.00 NOON **Earth's Natural Wonders**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **Ten Deadliest Snakes with Nigel Marven**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Rhino Orphanage**
7.00 **Earth's Natural Wonders**
8.00 **Life on Earth: A New Prehistory**
9.00 **Wild North**
10.00 **Rhino Orphanage**
11.00 **Earth's Natural Wonders**
12.00 M'T **Jungle Planet**
1.00 AM **Collar of Duty**
2.00 **Wild North**
3.00 **Ten Deadliest Snakes with Nigel Marven**
3.50 **Rhino Orphanage**
4.40 **Earth's Natural Wonders**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Raccoon: Backyard Bandit** Urban raccoons.
10.00 **Super Squirrel**
11.00 **Mammoths Unearthed**
12.00 NOON **Snakes in the City** A dog is confronted.
1.00 PM **Born in Africa**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** A black mamba gets trapped on a roof.
8.00 **Predator In Paradise** Predators that hunt in shallow waters.
9.00 **Africa's Deadliest** Animals that rely on speed to escape from predators.
10.00 **Africa's Deadly Kingdoms** A look at the wildlife of Africa's vast grasslands.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Born in Africa**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Project Impossible**
12.00 NOON **Ancient Aliens**
2.00 PM **Empire Builders**
3.00 **Clash of Warriors**
5.00 **Countdown to Apocalypse**
6.00 **Project Impossible**
7.00 **Warfighters** True stories on the human experience of war.
8.00 **Ancient Aliens** Evidence suggesting that ancient aliens saved humanity from great floods. **9.00** The disappearance of civilisations throughout time and across the globe.
10.00 **Empire Builders** The Maya civilization.
11.00 **Dead Men's Secrets**
12.00 M'T **Project Impossible**
1.00 AM **Ancient Aliens**
3.00 **Empire Builders**
4.00 **to 5.00** AM **Countdown to Apocalypse**

PBS America

174 276 91 155

8.00 AM **Royal Cousins at War**
9.15 **Plane Resurrection**
10.20 **Touched by Auschwitz**
12.20 PM **Plane Resurrection**
1.30 **Jerusalem: The Making of a Holy City**
2.35 **Plane Resurrection**
3.40 **Touched by Auschwitz**
5.35 **Jerusalem: The Making of a Holy City**
6.45 **Plane Resurrection**
7.55 **Jerusalem: The Making of a Holy City** How Jerusalem became a sacred place in Islam.
9.00 **Sean Bean on Waterloo** The actor tells the story of Napoleon's final defeat. **10.00** Concluding the story of the decisive clash between the French and the British-led army in 1815.
11.00 **Jerusalem: The Making of a Holy City**
12.05 AM **Sean Bean on Waterloo**
1.05 **to 2.00** AM **Jet Set**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Police Patrol**
9.00 **Murder for Hire** New edition
10.00 **Sex, Lies and Murder**
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Murder for Hire**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Motives & Murders**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

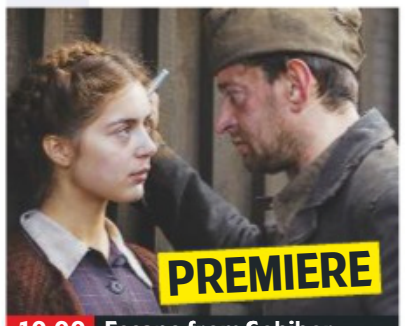
WEDNESDAY Films

Wednesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Drunk on Love** As 1.50am.
7.50 **The Adventures of Jurassic Pet** As shown at 4.30pm.
9.20 **Ralph Breaks the Internet**
11.15 **Brothers' Nest** As 3.40am.
1.00 PM **The Darkest Minds**
2.50 **The Iron Sky: The Coming Race** As shown at 12.00m't.
4.30 **The Adventures of Jurassic Pet** Adventure. (2018, U) ★
6.00 **Ralph Breaks the Internet** Animated adventure. (2018, PG, 112min) ★★★★



10.00 Escape from Sobibor

8 PM

8.00 **The Darkest Minds** Dystopian thriller starring Amandla Stenberg, Mandy Moore and Bradley Whitford. When a pandemic wipes out most of America's children, those who survive are gifted with superpowers. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 PREMIERE **Escape from Sobibor** Drama starring Konstantin Khabenskiy. In Russian, German, Polish and Yiddish with subtitles. (2018, 15, 110min) ★★★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.00 M'T **The Iron Sky: The Coming Race** Fantasy adventure. (2019, 15, 90min) ★
1.50 AM **Drunk on Love** Comedy. (2019, 15, 93min) ★★★
3.40 **Brothers' Nest** Dark comedy. (2018, 15, 102min) ★★★★
5.30 **to 6.00** AM **Fast & Furious – Hobbs & Shaw: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.15 AM **Planes: Fire & Rescue**
7.45 **Monsters, Inc** As 4.20pm.
9.25 **Incredibles 2** As 6.00pm.
11.25 **Ralph Breaks the Internet**
1.25 PM **One Hundred and One Dalmatians** As 10.00pm.
2.50 **Planes: Fire & Rescue** Animated adventure sequel. (2014, U, 84min) ★★★
4.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
6.00 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★

4.20 Monsters, Inc

8.00 **Ralph Breaks the Internet** Animation with the voice of John C Reilly. Six years after the events of *Wreck-It Ralph*, the destructive video game character and his friend Vanellope embark on a new adventure. (2018, PG, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **One Hundred and One Dalmatians** Animation with the voices of Rod Taylor and Lisa Davis. (1961, U, 71min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Swiss Family Robinson** Family adventure starring John Mills and Dorothy McGuire. (1960, U, 128min) ★★★★
1.40 AM **Pete's Dragon** Musical fantasy starring Helen Reddy. (1977, U, 134min) ★★★
3.35 **The Santa Clause** Comedy with Tim Allen and Judge Reinhold. (1994, U, 98min) ★★★★
5.25 **to 6.55** AM **Lion King II: Simba's Pride** Animation. (1998, U, 81min) ★★★

Sky Animation

305 305 846 436 406 505

6.55 AM **Sgt. Stubby: An Unlikely Hero** Animation. (2018) ★★★
8.25 **Despicable Me** As 4.35pm.
10.05 **Hotel Transylvania 3: Summer Vacation** As 6.15pm.
11.45 **The Smurfs** (2011) ★★
1.35 PM **Dr Seuss' The Lorax**
3.05 **Surf's Up** (2007) ★★★★
4.35 **Despicable Me** Animation. (2010, U, 94min) ★★★★
6.15 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★

3.05 Surf's Up

8.00 **Mary and the Witch's Flower** Animation based on *The Little Broomstick* by Mary Stewart, featuring the voices of Kate Winslet and Jim Broadbent. A strange flower grants a girl magic powers. (2017, U, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Dr Seuss' The Lorax** Animated comedy adventure featuring the voices of Danny DeVito, Ed Helms and Zac Efron. (2012, U, 82min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **The Swan Princess** Animated adventure with the voices of Jack Palance and John Cleese. (1994, U, 89min) ★★★
1.05 AM **Thumbelina** Animated version of the classic Hans Christian Andersen tale, with the voice of Jodi Benson. (1994, U, 83min) ★★
2.40 **Mary and the Witch's Flower** As shown at 8.00pm.
4.35 **to 6.30** AM **The Smurfs** As shown at 11.45am.

Sky Action

306 306 847 437 407 502

6.00 AM **Rio Grande** Western. (1950, b/w, U, 107min) ★★★★
8.00 **Robin Hood** As 4.00am.
10.00 **Samson** Biblical drama. (2017, 15, 90min) ★
12.00 NOON **Guardians of the Galaxy** As 8.00pm.
2.05 PM **Predator** As 10.05pm.
4.00 **Predator 2** As 12.00am.
6.00 **Predators** Sci-fi action sequel starring Adrien Brody, Topher Grace and Alice Braga. (2010, 15, 102min) ★★★

6.00 Predators

8.00 **Guardians of the Galaxy** Sci-fi adventure starring Chris Pratt, Zoe Saldana and Dave Bautista. A band of escapees from a prison space station battle an alien warlord for possession of a powerful artefact. (2014, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Predator** Sci-fi action fantasy starring Arnold Schwarzenegger as the leader of a commando team battling a ferocious alien in the South American jungle. With Carl Weathers. (1987, 18, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Predator 2** Sci-fi action sequel starring Danny Glover. (1990, 15, 107min) ★★★
2.00 AM **Predators** As 6.00pm.
4.00 **to 6.00** AM **Robin Hood** Adventure starring Patrick Bergin and Uma Thurman. (1991, PG, 104min) ★★★

Sky Comedy

307 307 848 438 408 506

7.05 AM **The Bachelors** Romantic drama. (2016, 15) ★★★
8.50 **Fun with Dick and Jane** Comedy. (2005, 12) ★★
10.30 **Grown Ups** As 6.10pm.
12.20 PM **Hot Fuzz** As 8.00pm.
2.25 **Mamma Mia!** As 10.05pm.
4.25 **American Pie: The Wedding** Teen comedy starring Jason Biggs. (2003, 15, 96min) ★
6.10 **Grown Ups** Comedy starring Adam Sandler and Kevin James. (2010, 12, 102min) ★★★

8.00 Hot Fuzz

8.00 **Hot Fuzz** Cop thriller spoof starring Simon Pegg and Nick Frost. An overachieving London police officer is transferred to a sleepy rural town and investigates a string of bizarre murders. With Timothy Dalton. (2007, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Mamma Mia!** Musical starring Meryl Streep. A young bride living on a Greek island invites three of her mother's old boyfriends to her wedding hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Crazy, Stupid, Love** Comedy. (2011, 12) ★★★★
2.05 AM **Jackass: The Movie** Comedy. (2002, 18, 87min) ★
3.45 **Little Nicky** Comedy fantasy. (2000, 12, 84min) ★★
5.30 **to 7.15** AM **All Square** Drama. (2018, 15, 93min) ★★★

primetime

Sky Hits

302 302 843 433 403

6.30 AM **Extremely Wicked, Shockingly Evil and Vile: Special**
7.00 **Flatliners** Sci-fi. (2017, 15) ★★
9.00 **Johnny English Strikes Again**
10.45 **BlacKkKlansman** Drama. (2018, 15, 135min) ★★★★
1.15 PM **Venom** As 9.00pm.
3.20 **Tully** Comedy drama. (2018, 15, 96min) ★★★★
5.05 **Darkest Hour** Period drama. (2017, PG, 122min) ★★★

7.15 **Johnny English Strikes Again** Spy comedy starring Rowan Atkinson and Ben Miller. A sinister cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
9.00 **Venom** Fantasy adventure with Tom Hardy, Michelle Williams and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★

11.00 **Night School** Comedy with Kevin Hart. (2018, 15, 111min) ★★
1.00 AM **Breaking In** Thriller with Gabrielle Union and Billy Burke. (2018, 15, 88min) ★★
2.40 **Slender Man** Horror thriller. (2018, 15, 90min) ★
4.30 **to 6.45** AM **Darkest Hour**.

Sky Greats

303 303 844 434 404 508

7.25 AM **Pretty in Pink** Comedy drama. (1986, 15, 99min) ★★★
9.10 **Jumanji** As 6.00pm.
11.10 **Alien: Director's Cut** As 8pm.
1.10 PM **Zulu** Historical adventure. (1963, PG, 138min) ★★★★★
3.30 **Kingdom of Heaven** Ridley Scott's epic historical drama. (2005, 15, 144min) ★★★★
6.00 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★

8.00 **Alien: Director's Cut** The director's cut of Ridley Scott's classic sci-fi chiller starring Sigourney Weaver. Responding to a distress call from an alien planet, the crew of a spacecraft pick up a deadly extraterrestrial. (1979, 15, 115min) ★★★★★
10.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder. With Judge Reinhold. (1984, 15, 105min) ★★★★★

11.50 **Beverly Hills Cop II** Action comedy starring Eddie Murphy, Judge Reinhold and Brigitte Nielsen. (1987, 15, 99min) ★★★
1.45 AM **Beverly Hills Cop 3** Action comedy starring Eddie Murphy. (1994, 15, 104min) ★★
3.40 **to 6.00** AM **Zulu** As 1.10pm.

TCM

315 415 416 512 526

9.20 AM **Key Largo** Drama. (1948, b/w, PG, 101min) ★★★★
11.30 **Gunman's Walk** Western. (1958, PG, 95min) ★★
1.30 PM **The Lion in Winter** Drama. (1968, 15, 135min) ★★★★
4.15 **The Man from Galveston** Western. (1963, b/w, U) ★★
5.25 **The Nevadan** Western starring Randolph Scott and Dorothy Malone. (1949, U, 81min) ★★

7.10 **Carson City** Western starring Randolph Scott, Lucille Norman and Raymond Massey. An engineer undertakes to build a railroad through the mountains. (1952, U, 87min) ★★★
9.00 **Absolute Power** Thriller directed by and starring Clint Eastwood. An ageing master thief is set up to take the rap for a murder involving the US President. With Gene Hackman, Ed Harris and Laura Linney. (1996, 15, 121min) ★★★

11.30 **Out for Justice** Thriller. (1991) ★
1.30 AM **The Long and the Short and the Tall** (1960) ★★★★
3.35 **Hollywood's Best Film Directors**
5.00 **to 7.40** AM **The Hallelujah Trail** Western. (1965, U) ★★★

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **We Joined the Navy** (1962)
8.00 **The Detectives**
8.30 **Beyond Christmas** (1940) ★★
10.10 **Highlights of Variety: 1938**
10.25 **Dateline Diamonds** (1965) ★★
11.55 **Glimpses: The History of Rover**
12.10 PM **Folly to be Wise** (1952)
2.00 **Scotland Yard**
2.35 **The Man Who Wouldn't Talk** Melodrama. (1957, b/w, PG) ★★
4.30 **Those People Next Door** (1952)

6.00 **Get Some In!**
6.30 **Time Is My Enemy** Crime drama with Dennis Price and Renee Asherson. A crook tracks down his estranged wife and threatens to expose her as a bigamist. (1954, b/w, PG, 64min) ★★
7.45 **Playing In The Road**
8.00 **This Is My Street** Drama with Ian Hendry. A housewife has an affair, but is driven to suicidal despair when the man rejects her. (1963, b/w, PG, 94min) ★★
10.00 **Lytton's Diary**

11.00 **The League of Gentlemen** Thriller. (1959, b/w, PG) ★★★★
1.15 AM **Circle of Deception** Drama. (1960, b/w, PG, 100min) ★★
3.10 **It Happened In Soho** Drama. (1948, b/w, PG, 51min) ★★
4.10 **to 6.00** AM **Port Afrique** Mystery. (1956, PG, 91min) ★★

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 17/24 (S3)
11.00 **Monster!** Horror. (1999) ★★
12.50 PM **Horror Highlights**
1.00 **King Arthur and the Knights of the Round Table** (2017)
2.50 **Horror Highlights**
3.00 **Under the Dome**
4.00 **Apocalypse Pompeii** (2014) ★
5.50 **Horror Highlights**

6.00 **Star Trek** 18/24 (S3)
7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict** 21/22 (S3)
9.00 **The Ninth Gate** Supernatural thriller starring Johnny Depp. A book hunter searches for the surviving copies of a 17th-century book of demonology. (1999, 15, 133min) ★★★
11.30 **Hangman** Thriller with Jeremy Sisto. A family find they have been burgled, but are unaware the intruder is lurking in their attic. (2015, 15, 81min) ★★

1.10 AM **Witchfinder General** Cult British horror starring Vincent Price. (1967, 15, 98min) ★★★★
2.55 **Another Wolfcop** Horror comedy. (2017, 15, 90min) ★★
4.20 **to 4.30** AM **Horror Highlights**

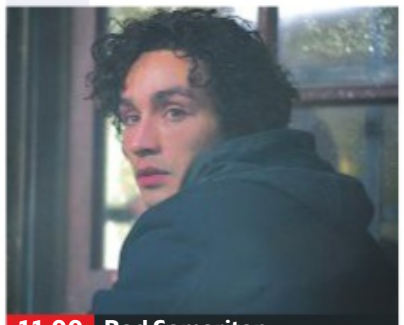
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

7.15 AM **I Am Gangster** Crime drama. (2015, 15, 90min) ★★
9.15 **Kissing Candice** Drama. (2017, 15, 108min) ★★★
11.10 **RocknRolla** As 7.00pm.
1.10 PM **Collateral Damage** Thriller. (2002, 15, 109min) ★
3.05 **Uncle John** Crime drama. (2015, 15, 113min) ★★★★
5.05 **Anon** Sci-fi with Clive Owen. (2018, 15, 115min) ★★★
7.00 **RocknRolla** Comedy thriller. (2008, 15, 114min) ★★


11.00 Bad Samaritan

RocknRolla (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

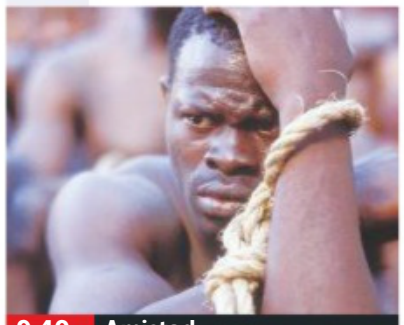
9.00 **Extremely Wicked, Shockingly Evil, and Vile** Biopic starring Zac Efron and Lily Collins. The life of serial killer Ted Bundy is examined from the perspective of his longtime girlfriend, Elizabeth Kloepfer. (2019, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Bad Samaritan** Thriller starring David Tennant, Robert Sheehan and Kerry Condon. (2018, 15, 110min) ★★★
1.00 AM **Armored** Heist thriller starring Columbus Short. (2009, 12, 88min) ★★★
2.40 **The Krays** Crime drama with Gary Kemp and Martin Kemp. (1990, 18, 119min) ★★★
4.40 **to 6.25** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.05 AM **The Exception** War drama. (2016, 15, 107min) ★★★
8.05 **The Delinquent Season** Drama. (2017, 15) ★★★★
10.00 **Casablanca** Drama. (1942, b/w, U, 102min) ★★★★★
11.50 **Crazy Heart** (2009) ★★★★
1.50 PM **Genius** Drama with Colin Firth. (2016, 12, 104min) ★★★
3.40 **Julie & Julia** Comedy. (2009, 12, 123min) ★★★★
5.50 **Roman J. Israel, Esq** Drama. (2017, 12, 122min) ★★★


9.40 Amistad

8.00 **Lady Bird** Comedy drama written and directed by Greta Gerwig, starring Saoirse Ronan. An artistic California teenager has a difficult relationship with her mother while growing up in Sacramento. (2017, 15, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

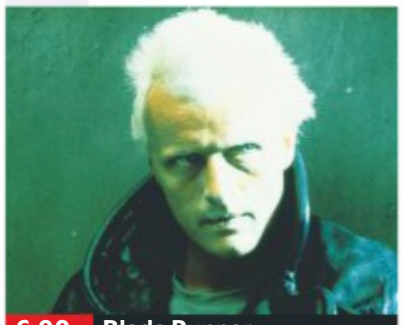
9.40 **Amistad** Steven Spielberg's historical drama starring Morgan Freeman and Anthony Hopkins. A group of African slaves who overpowered their Spanish captors are put on trial in the US. (1997, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The 15:17 to Paris** Thriller starring Alek Skarlatos. (2018, 15, 94min) ★★★
2.00 **Tristan + Isolde** Drama. (2006, 12, 125min) ★★★★
4.10 **to 6.20** AM **Sabrina** Romantic comedy. (1995, PG, 127min) ★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Transformers: Revenge of the Fallen** As 3.15pm.
8.45 **Blade Runner** As 6.00pm.
10.45 **It** Horror with Bill Skarsgård. (2017, 15, 135min) ★★★★
1.15 PM **Poltergeist** Horror drama. (1982, 15, 114min) ★★★★★
3.15 **Transformers: Revenge of the Fallen** Sci-fi adventure. (2009, 12, 149min) ★★★
6.00 **Blade Runner** Sci-fi thriller starring Harrison Ford. (1982, 15, 117min) ★★★★★


6.00 Blade Runner

8.00 **Blade Runner 2049** Oscar-winning sci-fi thriller with Ryan Gosling, Harrison Ford and Jared Leto. An android-hunter's discovery of a long-buried secret leads him to track down former detective Rick Deckard, who has been missing for 30 years. (2017, 15, 164min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Overlord** Thriller starring Jovan Adepo. US soldiers on a mission hours before D-Day stumble across a mysterious Nazi lab where bloodthirsty enemies are waiting. (2018, 18, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Exorcist** Occult horror with Max von Sydow. (1973, 18, 121min) ★★★★
3.00 **Poltergeist** As 1.15pm.
5.00 **to 6.00** AM **Sky Cinema Preview – August 2019**

Sky Select

311 311 852 | 442 412 | 510

6.40 AM **Beauty and the Beast** Fantasy. (2014, PG) ★★★★
8.40 **The Fortress** Korean drama. (2017, 15, 140min) ★★★★
11.05 **Who We Are Now** Drama. (2017, 15, 95min) ★★★★
12.50 PM **The Constant Gardener** Thriller. (2005, 15) ★★★★
3.05 **The Apartment** Comedy. (1960, b/w, PG) ★★★★★
5.15 **Puzzle** Drama. (2018) ★★★★
7.00 **The Godfather Part II** Thriller. (1974, 18, 200min) ★★★★★

10.30 Captain Phillips

The Godfather Part II (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

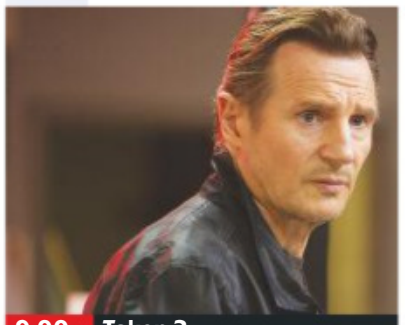
10.30 **Captain Phillips** Fact-based thriller starring Tom Hanks. Four Somali pirates hijack a US container ship, putting its captain through a terrifying ordeal. (2013, 12, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Schindler's List** Drama. (1993, 15, 195min) ★★★★★
4.05 **Most Beautiful Island** Thriller. (2017, 18, 80min) ★★★
5.30 **to 7.35** AM **Western** Drama. (2017, 12, 121min) ★★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **Courage Mountain** Adventure. (1989, U) ★★★
1.05 PM **Diary of a Wimpy Kid: Dog Days** Comedy sequel. (2012, U, 90min) ★★★
2.55 **Thunderbirds Are GO** Film spin-off. (1966, U) ★★★
4.45 **Never Been Kissed** Romantic comedy with Drew Barrymore. (1999, 12, 107min) ★★★
6.55 **Non-Stop** Action thriller. (2014, 12, 106min) ★★★★


9.00 Taken 3

Non-Stop (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Taken 3** Action thriller sequel starring Liam Neeson and Forest Whitaker. Ex-CIA agent Bryan Mills fights to clear his own name after being framed for his ex-wife's murder. With Maggie Grace and Famke Janssen. (2015, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **Pride and Prejudice and Zombies** Comedy adventure starring Lily James. Five sisters in regency England try to find suitable husbands while battling hordes of the living dead. (2016, 15, 105min) ★★★
1.25 **to 3.15** AM **The Bling Ring** Sofia Coppola's satirical fact-based drama. (2013, 15, 88min) ★★★

11 PM

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** (S8)
9.00 **Love with a Perfect Stranger** Drama. (1986, PG, 98min) ★★
11.00 **Dallas: JR Returns** Drama. (1996, PG, 90min) ★★
1.00 PM **Highway to Heaven**
3.00 **North and South**
5.00 **Dreams Lost, Dreams Found** Drama with Kathleen Quinlan. (1987, PG, 102min) ★★

7.00 **Working Miracles** Drama with Eddie Cibrian and Lisa Sheridan. A man's simple life changes when an accident leaves him with the ability to heal others. (2010, PG, 88min) ★★
9.00 **Fatal Error** Action thriller starring Antonio Sabato Jr and Janine Turner. A doctor and scientist team up to solve the mystery of a deadly new virus, with a race against time to find the source before it is too late. (1999, 12, 110min) ★★

11.00 **The Good Times Are Killing Me** Drama starring Kelly Rowan. (2009, 15, 120min) ★★
1.00 AM **The Waltons** (S9)
3.00 **The Avengers** (S1)
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Hidden Crimes** Crime thriller. (2009, 12, 90min) ★★
10.50 **PREMIERE** **Evil Doctor** Thriller. (2018, PG, 90min) ★★
12.40 PM **Deadly Pursuit** Romantic thriller. (2015, PG, 93min) ★★
2.30 **Sony Movie News Extra**
2.40 **First Knight** Romantic mythical drama. (1995, PG, 134min) ★★
5.20 **Armored** Heist thriller with Matt Dillon. (2009, 12, 88min) ★★★

7.10 **The Double** Crime thriller with Richard Gere. An FBI agent and a retired CIA operative team up to hunt for a legendary Soviet assassin. (2011, 12, 94min) ★★
9.00 **Alpha Dog** Fact-based crime drama starring Ben Foster. A young drug dealer and his crew kidnap a junkie's half-brother to force him to pay his debts. (2006, 15, 117min) ★★
11.20 **Sony Movie News Extra**
11.30 **Tarantino Presents: Arizona Raiders** A look at the film.

11.35 **Arizona Raiders** (1965) ★★
1.30 **Tarantino Presents: Arizona Raiders** As shown at 11.30pm.
1.35 **The River Murders** (2011) ★★
3.40 **to 6.00** AM **Steel Magnolias** Comedy. (1989, PG) ★★★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **A Man for Every Month** Comedy. (2017, PG, 90min) ★★
9.00 **The Art of Murder: Garage Sale Mystery** Drama.
11.00 **Autumn Stables** Drama with Cindy Busby. (2018, 90min) ★★
1.00 PM **Love Exclusively** Romantic drama. (2017, PG, 90min) ★★
3.00 **Can't Buy My Love** Romantic comedy. (2017, PG, 90min) ★★
5.00 **Mystery 101** Mystery. (2019) ★★

7.00 **Pumpkin Pie Wars** Romantic comedy starring Julie Gonzalo. Two bakers prepare to continue a long-standing family rivalry at a pumpkin pie-making contest, until they begin falling in love. (2016, PG, 79min) ★★
9.00 **Pearl in Paradise** Romantic comedy starring Jill Wagner and Kristoffer Polaha. An adventurous photographer and a writer team up to hunt for an elusive Fijian pearl that could change their lives. (2018, 90min) ★★

11.00 **Home by Spring** Drama. (2018, PG, 83min) ★★
1.00 AM **Back to Love** Romantic drama. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Christmas Wonderland** Drama. (2018) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Boy with Green Hair** Drama. (1948, U, 82min) ★★★
7.35 **The Great Battleships of the Second World War**
8.35 **Deadly Swarm** (2003) ★★
10.15 **Roboshark** Horror. (2015) ★★
12.00 NOON **M*A*S*H**
1.00 **The Deadly Companions** (1961)
2.55 **The War at Sea**
4.05 **The Blitz On The North**
5.15 **Battle of Kursk**

6.10 **The Battle of Midway** The conflict in the Pacific.
7.05 **The Great Train Robbery** 2/2. The Flying Squad are called in to investigate the robbery, with a team headed by enigmatic chief detective Tommy Butler.
9.00 **The Winter Soldier** Sci-fi thriller starring Paul Sidhu and Branden Coles. A rogue humanoid escapes from captivity and threatens to lead a rebellion against mankind. (2016, 15, 101min) ★★

11.05 **Submerged** Action thriller starring Steven Seagal and Nick Brimble. (2005, 15, 96min) ★
12.55 AM **Assassins' Code** Action thriller. (2011, 15, 90min) ★★
3.00 **to 4.00** AM **The Hitler Youth**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Leo Tolstoy's Anna Karenina** *AMC* Period romance starring Sophie Marceau and Sean Bean. ★★★
8.00 **Transformers: Age of Extinction** *4Seven* Sci-fi adventure starring Mark Wahlberg. (HD) ★★★
9.00 **The Hangover** *ITV2* Dark comedy starring Bradley Cooper. (HD) ★★★★
9.00 **Bring It On** *Comedy Central* Teen comedy starring Kirsten Dunst and Eliza Dushku. (HD) ★★★★
10.00 **Assassins** *ITV4* Action thriller starring Sylvester Stallone and Julianne Moore. (HD) ★★
10.00 **Pitch Black** *5STAR* Sci-fi chiller starring Vin Diesel. (HD) ★★★
10.00 **Austin Powers: International Man of Mystery** *Comedy Central Extra* Spy spoof starring Mike Myers. ★★★★
10.00 **Phone Booth** *Syfy* Suspense thriller starring Colin Farrell and Katie Holmes. ★★★★
10.55 **Edge of Darkness** *AMC* Thriller starring Mel Gibson. ★★★
4.00 AM **2 Lava 2 Lantula** *Syfy* Fantasy sequel. ★★

WEDNESDAY Sport

SKY HD SD VIRGIN HD BT HD

7 August

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Transfer Centre**
9.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages and a tip on today's racing.
10.00 **Transfer Centre** The latest football transfer developments.
12.00 NOON **Transfer Talk** Discussion of the latest transfer news.
1.00 PM **Transfer Centre**
2.00 **Drive Time USA** The latest golf news, plus discussion on the big issues from the game.
3.00 **Transfer Centre**
6.00 **LIVE Vitality T20 Blast Cricket Leicestershire v Birmingham.** Coverage of the North Division encounter from Grace Road in Leicester.
9.45 **Ashes Greats** A look back at some of Joe Root's finest moments in the 2015 Ashes.
10.00 **The Debate** Discussion on the latest football news.
11.00 **Transfer Centre**
11.00 PM **to 6.00** AM **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: Man Utd v Everton** Goals between the sides.
8.30 **Best PL Goals: North London Derby** Memorable strikes.
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League World** A round-up of the latest news surrounding the Premier League.
7.30 **PL Greatest Games**
8.00 **The Tyler Archives**
8.30 **Premier League World**
9.00 **We're Not Really Here: Man City** A look at Manchester City's season in the third tier.
10.00 **The Debate**
11.00 **Premier League World**
11.30 **Premier League Legends**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Carabao Cup Highlights**
6.30 **Football Countdowns**
7.00 **Football Years**
8.00 **MLS Round-Up Show**
8.30 **Carabao Cup Highlights**
9.00 **EFL Highlights**
10.00 **The Debate**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **to 6.00** AM **Highlights**

Sky Sports The Ashes

404 404 858 514 504

6.00 AM **Ashes Memories**
7.00 **Captain's Log**
8.00 **Ashes Memories**
9.00 **Kia Super League Cricket** Yorkshire Diamonds v Surrey Stars: Another chance to see the women's T20 match at Emerald Headingley Stadium.
12.30 PM **International T20 Cricket** West Indies v India: A re-run of the third and final T20 match in the three-match series, held at Guyana National Stadium.
4.05 **Ashes Greats**
5.00 **Captain's Log**
6.00 **LIVE Vitality T20 Blast Cricket Leicestershire v Birmingham.** Coverage of the North Division encounter from Grace Road in Leicester.
9.45 **Captain's Log**
10.45 **Ashes Memories**
11.45 **Ashes Greats**
12.00 M'T **Vitality T20 Blast Cricket** A re-run of Leicestershire Foxes v Birmingham Bears.
3.45 AM **Ashes Greats**
4.00 **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 515 505

6.00 AM **PGA Tour Golf**
7.00 **European Challenge Tour Golf**
7.30 **PGA EuroPro Tour Golf**
9.30 **European Challenge Tour Golf**
10.00 **PGA Tour Golf**
11.00 **European Challenge Tour Golf**
11.30 **Ladies European Tour Golf**
12.30 PM **PGA Tour Profiles**
1.00 **PGA Tour Golf**
2.00 **Drive Time USA**
3.00 **PGA Tour Golf**
4.00 **Feherty Talks to Bryson Dechambeau**
5.00 **Drive Time USA**
6.00 **Hall or Nothing: Georgia's Story**
7.00 **Inside the PGA Tour**
7.30 **Golfing World** Magazine show.
8.00 **LIVE On the Range: Northern Trust** The players prepare for the tournament.
9.00 **Staysure Tour Golf**
10.00 **Drive Time USA** The latest news.
11.00 **On the Range: Northern Trust**
12.00 M'T **Inside the PGA Tour**
12.30 AM **Golfing World**
1.00 **Staysure Tour Golf**
2.00 **PGA Tour Golf**
3.00 **Inside the PGA Tour**
3.30 **Golfing World**
4.00 **Staysure Tour Golf**
5.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 867 527 408 430

6.00 AM **Fishing: On The Bank**
7.00 **WTA Tennis** The final of the Mubadala Silicon Valley Classic.
9.00 **FA Community Shield** Liverpool v Manchester City: Action from the traditional curtain-raiser to the new Premier League season, held at Wembley Stadium.
10.30 **Vanarama National League** Action from Stockport County v Maidenhead United.
12.00 NOON **Vanarama National League Highlights** Action from the opening weekend.
12.30 PM **Formula E: Street Racers**
1.00 **The Guru of Go** Oscar-winning director Bill Couturie's documentary charting the story of basketball coach Paul Westhead during his time in charge at Loyola Marymount University.
2.00 **BT Sport Fight Night** Michael Conlan v Diego Alberto Ruiz: Another chance to see the WBO Inter-Continental Featherweight title bout at Falls Park in Belfast.
4.00 **LIVE WTA** Coverage of the third day's play of the Rogers Cup from Toronto, Canada.
4.00 **to 6.00** AM **ESPN Classic Boxing**

BT Sport 2

414 414 868 528 409 431

6.00 AM **Vanarama National League Highlights**
6.30 **Premier League Legends**
7.00 **Premier League: Best Goals 2008/09** Memorable strikes.
8.00 **Premier League: Best Goals 2009/10** Memorable strikes.
9.00 **Premier League: Best Goals 2010/11** Memorable strikes.
10.00 **Premier League: Best Goals 2011/12** Memorable strikes.
11.00 **Premier League**
6.30 PM **Premier League World**
7.00 **Sport in Focus**
7.15 **LIVE UEFA Champions League** Coverage of the UEFA Champions League.
10.00 **Premier League: Season Preview** A look ahead.
11.00 **Premier League Goals of the Season** From 2018/2019.
12.00 M'T **Premier League Review: 2012/13** Season review.
1.00 AM **Premier League Review: 2013/14** Season review.
2.00 **Premier League Review: 2014/15** Season review.
3.00 **Premier League Review: 2015/16** Season review.
4.00 **Benji** Documentary.
5.30 **to 6.00** AM **PL 100**

BT Sport 3

417 417 869 529 410 432

6.00 AM **AFL** Action from Collingwood Magpies v Gold Coast Suns.
8.00 **AFL** Action from Brisbane Lions v Western Bulldogs.
10.00 **MotoGP** The Moto3 race at the Grand Prix of the Czech Republic.
11.00 **MotoGP** The Moto2 race at the Grand Prix of the Czech Republic.
12.00 NOON **MotoGP** Action from the MotoGP race at the Grand Prix of the Czech Republic.
1.00 PM **MotoGP Chequered Flag**
2.00 **British Talent Cup Highlights** Action from round five in Brno.
3.00 **Ligue 1: Games of the Season**
7.00 **World Rallycross Highlights** Highlights from round seven in Trois-Rivieres, Canada.
8.00 **MotoGP Highlights** The Grand Prix of the Czech Republic.
9.00 **UFC Profiles in Combat** A look back at the career of UFC featherweight star Max Holloway.
9.30 **UFC** Action from Colby Covington v Robbie Lawler in New Jersey.
12.30 AM **UEFA Champions League**
2.00 **World Rallycross Highlights**
3.00 **Bundesliga 2** FC Heidenheim 1846 v VfB Stuttgart.
4.30 **to 6.00** AM **Bundesliga 2** FC Nurnberg v Hamburg SV.

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Fishing: Hooked on Africa**
7.30 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
10.30 **Fishing: Hooked on Africa**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Fishing: Hooked on Africa**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.30 **Sporting Records**
5.00 **Fishing: Hooked on Africa**
5.30 **Salomon Golden Trail Series** Race three of the series.
6.00 **Sporting Records**
6.30 **Fast Zone** Motorsport action.
7.00 **Sports Unlimited**
8.00 **Watersports World**
9.00 **Motorsport Mundial**
9.30 **Fast Zone** Motorsport action.
10.00 **Darts Gold**
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **My Icon**
4.30 **Great Sporting Moments**
5.00 **WWE Main Event**
6.00 **Fishing: Hooked on Africa**
6.30 **Sporting Records**
7.00 **Fishing: Hooked on Africa**
7.30 **NFL: A Football Life**
8.30 **Fishing: Hooked on Africa** A look at fishing in Africa and on the Indian Ocean.
9.00 **Sporting Records** An in-depth look at some of the greatest milestones ever recorded in sport.
10.00 **Fishing: Hooked on Africa**
10.30 **My Icon**
11.00 **Premier League World**
11.30 **My Icon**
12.00 M'T **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **MLB** Action from Detroit Tigers v Chicago White Sox.
10.30 **WRC Review**
11.30 **Around the Horn**
12.00 NOON **ESPN FC**
12.30 PM **Pardon the Interruption**
1.00 **MLB** Action from Minnesota Twins v Atlanta Braves.
4.00 **College Football Live**
4.30 **WRC Review**
5.30 **BT Sport Reload**
6.00 **Pardon the Interruption**
6.30 **ESPN FC** Football news.
7.00 **LIVE MLB Chicago Cubs v Oakland Athletics.** Coverage of the inter-league clash from Wrigley Field. Start-time **7.20pm**.
10.30 **BT Sport Reload**
11.00 **NHRA Drag Racing Highlights**
12.00 M'T **LIVE MLB** Coverage of a Major League Baseball game.
3.00 **to 6.00** AM **MLB**

Eurosport 1

410 410 864 523 521 412 435

7.15 AM **WATTS**
7.30 **Porsche Supercup**
8.00 **Clasica San Sebastian**
9.00 **Cycling: Tour of Poland**
10.00 **Athletics: Diamond League**
12.00 NOON **WATTS**
12.15 PM **Mountain Biking: European Champs**
1.15 **Cycling: Tour of Poland**
2.15 **LIVE Cycling: Tour of Poland** Stage five, a 154km course from Wieliczka to Bielsko-Biala.
3.30 **Cycling: UK Men's Road Series**
4.00 **BMX World Championship**
5.30 **Mountain Biking: European Champs**
6.30 **Cycling: UK Men's Road Series**
7.00 **RideLondon**
8.00 **Cycling: Tour of Poland**
9.00 **Eurosport News**
9.10 **Clasica San Sebastian**
10.10 **Snooker: International Championship** Day four action.
12.10 AM **Cycling: Tour of Poland**
1.10 **to 1.20** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

6.25 AM **LIVE Snooker: International Championship** Day four from Daqing, China.
10.00 **Snooker: International Championship** Day four action.
11.25 **LIVE Snooker: International Championship** Day four.
3.00 PM **Snooker: International Championship** Day four action.
4.00 **Motorcycling: Southern 100**
5.00 **Athletics: Diamond League**
7.00 **Snooker: International Championship** Day four action.
9.00 **Motorsport: Chateau Impney**
10.00 **Cycling: Tour of Poland**
11.00 **Caterham Championships**
12.00 M'T **British GT Championship**
1.00 AM **Porsche Supercup**
1.30 **Blancpain GT World Challenge**
2.00 **Snooker: International Championship** Day four action.
4.00 **Cycling: Tour of Poland**
5.00 **Porsche Supercup**
5.30 **to 6.25** AM **Snooker: International Championship**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Experience**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
10.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **WWE from the Vault**
1.00 PM **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **NRL Try Time**
5.00 **WWE Main Event**
6.00 **WWE Experience** The latest from *Raw* and *Smackdown*.
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **GAA Weekly Round-Up**
10.00 **WWE Smackdown** Wrestling action from America.
12.00 M'T **GAA Weekly Round-Up**
1.00 AM **Sporting Records**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 2 Championship**
12.15 PM **Vettel In Fiorano**
12.30 **Formula 2 Championship**
1.30 **F1 Cars Through 1000 Races**
1.35 **Box Box Box: Red Bull's First Win** With Christian Horner.
1.45 **Formula 3 Championship**
3.15 **Brundle with Kubica & Russell**
3.30 **Alfa Romeo 1950**
3.35 **The F1 Show**
4.05 **Ted's 2019 F1 Tech**
4.15 **Formula 1** Another chance to see the Hungarian Grand Prix.
6.30 **F1 Weekend Debrief: Hungary**
7.00 **The Inside Line**
7.30 **Formula 1** Hungarian Grand Prix.
8.30 **F1 Weekend Debrief: Hungary**
9.00 **F1 Classic Races** A look back at the 2012 European Grand Prix.
11.15 **Formula 1** Hungarian Grand Prix.
12.15 AM **F1 Weekend Debrief: Hungary** The key events.
12.45 **Brundle with Kubica & Russell**
1.00 **to 6.00** AM **The Home of F1**

Thursday

8 August

Evening Planner

Documentary

Ross Kemp: Living with Knife Crime
ITV HD, 7.30pm
Ross meets teenagers carrying knives for protection as well as community leaders

Drama

FBI
Sky Witness HD, 9pm
A high-octane drama from the makers of *Law and Order* following the work of the NYC office of the US security service

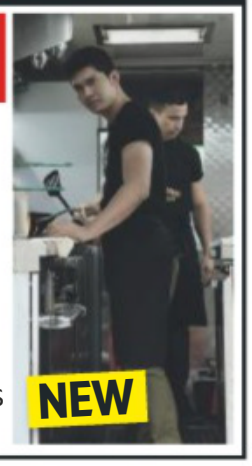
Comedy

This Way Up
C4 HD, 10pm
Aisling Bea writes and stars in a comedy about a teacher who has had a nervous breakdown and is readjusting to life

OnDemand

NETFLIX

Wu Assassins
Available today
A chef becomes a mystical killer, using his powers to take on supernatural Triads in SFC Chinatown



SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Serengeti		9.00 Fake or Fortune?		10.00 News; Local News	10.35 Murdered...
102 BBC2	7.00 The Repair Shop		8.00 This Farming Life		9.00 Broke		10.00 Vic & Bob's...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Ross Kemp...	8.00 Emmerdale	8.30 Eat, Shop, Save	9.00 Police, Camera, Auction		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 George Clarke's Old House, New Home		9.00 The Secret Teacher		10.00 This Way Up	10.35 8 Out of...
105 CHANNEL 5	7.00 Chris Tarrant: Extreme Railway Journeys		8.00 Britain's Parking Hell		9.00 Vegas 24/7		10.00 Age Gap Love: She's 68, He's 36	
106 SKY ONE	7.00 The Simpsons				9.00 An Idiot Abroad		10.00 Micky Flanagan's Out Out Tour	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Top of the...	8.00 Skies Above Britain		9.00 Operation Wild		10.00 From Ice to Fire: The Incredible...	
118 ITV2	7.00 You've Been Framed! Gold: Favourites		8.00 Two and a Half Men		9.00 Film: The Hangover Part II			
136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 24 Hours in A&E		10.00 999: What's Your Emergency?	
135 E4	7.00 Hollyoaks	7.30 The Goldbergs	8.00 The Big Bang Theory		9.00 Celebs Go Dating		10.00 The Good Place	
107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 FBI			
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Hotspots: Into the Wild		10.00 The Sopranos	
110 GOLD	7.00 Porridge	7.40 The Good Life		8.20 Only Fools and Horses				
111 DAVE	7.00 Taskmaster		8.00 Have I Got a Bit More News for You		9.00 QI XL		10.00 Judge Romesh	
119 ITV3	7.00 Murder, She Wrote		8.00 Midsomer Murders				10.00 Law & Order: UK	
120 ITV4	7.00 River Monsters		8.00 Fishing Allstars		9.00 Film: The Living Daylights			
112 COMEDY CENTRAL	7.00 Friends			8.30 Takeshi's Castle	9.00 Film: The Green Hornet			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Siren		10.00 Film: The Signal	
109 W	7.00 MasterChef Australia		8.00 One Born Every Minute		9.00 The Shift: Women on the Force		10.00 Louis Theroux's Weird Weekends	
113 UNIVERSAL	7.00 NCIS		8.00 Major Crimes		9.00 Chicago Med			
124 FOX	7.00 NCIS				9.00 Legion		10.00 Family Guy	10.30 People of Earth
122 SKY ARTS	7.00 The Seventies		8.00 The Directors		9.00 Lauren Bacall: A Look from the Sky		10.00 Nat King Cole: Afraid of the Dark	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Alaskan Bush People		10.00 Jeremy Wade's Dark Waters	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Vet Life		9.00 Alaska: The Last Frontier		10.00 Animal Cops Miami	
129 NAT GEO	7.00 Wicked Tuna		8.00 Gold Diggers		9.00 Yukon Gold		10.00 Yukon River Run	
130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 Man at Arms: Art of War		10.00 Forged in Fire	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 The True Story of the Mary Celeste		9.00 Porridge			
166 EDEN	7.00 Earth's Natural Wonders		8.00 NASA's Ten Greatest Achievements		9.00 Wild North		10.00 Rhino Orphanage	
Films								
301 SKY PREMIERE	◂ 6.00 Ralph Breaks the Internet		8.00 The Darkest Minds			9.50 Boogie Man		
302 SKY HITS	7.05 Tag				9.00 The Equalizer 2			
303 SKY GREATS	◂ 5.40 A Few Good Men		8.00 The Frighteners				10.00 Primal Fear	
304 SKY DISNEY	◂ 6.15 Up		8.00 The Jungle Book			9.30 Christopher Robin		
305 SKY ANIMATION	◂ 6.30 Cloudy with a Chance of Meatballs		8.00 Pocahontas			9.30 Mulan		
306 SKY ACTION	◂ 5.45 Spider-Man		8.00 Spider-Man 2					10.15 Spider-Man 3
307 SKY COMEDY	◂ 6.10 Grown Ups 2		8.00 The World's End				10.00 Mamma Mia! Here We Go Again	
308 SKY THRILLER	7.05 Searching				9.00 Marathon Man			
309 SKY DRAMA	◂ 6.00 Footloose		8.00 A Star Is Born					10.25 Mary Magdalene
310 SKY SCI-FI	7.00 Geostorm				9.00 Gravity			
311 SKY SELECT	◂ 5.00 The Godfather Part III		8.00 First Reformed				10.00 Snatch	
313 FILM4	◂ 6.40 About Time				9.00 Stratton			
315 TCM	◂ 6.00 Kelly's Heroes				9.00 On Deadly Ground			
Sport								
401 MAIN EVENT	◂ 6.30 Vitality T20 Blast Cricket – Live: Middlesex v Surrey: The South Division match from Lord's					9.30 PGA Tour Golf – Live: The Northern Trust		
402 PREMIER LEAGUE	7.00 PL Match Pack	7.30 PL Greatest...	8.00 Premier League Best Goals		9.00 PL World	9.30 PL Match Pack	10.00 The Debate	
403 FOOTBALL	7.00 Football Years		8.00 MLS Round-Up...	8.30 SPFL Greatest...	9.00 Football Years	9.30 MLS Round-Up...	10.00 The Debate	
404 THE ASHES	◂ 6.00 Vitality T20 Blast Cricket – Live: Middlesex v Surrey: The South Division match from Lord's					9.30 One-Day International Cricket – Live		10.30 Best of...
413 BT SPORT 1	◂ 4.00 WTA Tennis – Live: Action from day four of the Rogers Cup in Toronto, Canada							
414 BT SPORT 2	7.00 West Ham v Everton			8.30 Manchester United v West Ham			10.00 PL Match Pack	10.30 Classic...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/43AU
OR CALL 0330 3331 113 and quote code 43AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Thursday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Animal Park Summer Special** New edition 4/15. Iggy Pop the iguana has a mystery tail injury. (S)
10.00 **Homes Under the Hammer** Properties in Worcestershire, Dover and Merseyside. (S)(R)(AD)
11.00 **Wanted Down Under Revisited** (R)
11.45 **Britain in Bloom** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 9/16. George tries once and for all to sort out his love life. (S3) (S)(AD)
2.30 **Escape to the Country** (S)(R)(AD)
3.30 **Good Morning Dagenham** (S)(R)
4.15 **Flog It!** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Serengeti

7 PM

7.00 **The One Show** Michelle Ackerley and Matt Baker host the topical show. (S)
7.30 **EastEnders** The police arrive in Walford looking for their suspect in Phil's attack. (S)(AD)

8 PM

8.00 **Serengeti** Series finale 6/6. As the land recovers from the devastating fire, Kike the cheetah and wild dog leader Jasari teach their cubs to survive alone, and a baby elephant struggles in the flooded river. (S)(AD)

9 PM

9.00 **Fake or Fortune?** New edition 3/4. Fiona Bruce and Philip Mould investigate the origins of a still life bought for £1 in a junk shop, trying to prove it was painted by 20th-century master Giorgio de Chirico. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Murdered by My Father** Fact-based drama with Adeel Akhtar. A widowed father tries to ensure his daughter is set up with the right husband. (S)(R)
11.50 **Who Do You Think You Are?** 3/8. Jack and Michael Whitehall investigate their family tree, learning about the tragedy that left one ancestor an orphan and finding out about another's fight against voting rights. (S)(R)(AD)
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Bargain Hunt** (S)(R)
6.45 **Animal Park Summer Special** (R)
7.30 **An Island Parish: Falklands** (SL)(R)
8.00 **Sign Zone: This Farming Life** (R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Len and Ainsley's Big Food Adventure** (S)(R)(AD)
3.00 **Hairy Bikers' Best of British** Classic puddings. (S)(R)
3.45 **More Creatures Great and Small** Equine vet Sybil operates to save a horse's sight. (S)(R)
4.15 **Life Story** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** Products are put to the test. (S)(R)

9.00 Broke

7 PM

7.00 **The Repair Shop** The team restore a music box with a magical connection, a much-loved push-along horse, a water-damaged penny arcade game and a remarkable old leather-backed chair (S)(R)

8 PM

8.00 **This Farming Life** New edition Lynn and Sandra in the Highlands get a surprise when they harvest their first batch of honey, while in Northern Ireland, the Rodgers family gather to give bull Mario a good send-off. (S)

9 PM

9.00 **Broke** Series finale 3/3. Featuring an intensive-care nurse who has not had a pay rise in eight years and a man who runs four businesses – yet also delivers takeaways at night to save for his son's future. (S)(AD)

10 PM

10.00 **Vic & Bob's Big Night Out** Pilot episode of the comedy series with Vic Reeves and Bob Mortimer. (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **The Conjoined Twins: An Impossible Dream** Documentary following the ethical and medical dilemma facing a parent and a medical team at Great Ormond Street Hospital over whether to separate conjoined twins. (S)(R)
12.15 AM **Sign Zone: The 250 Million Pound Cancer Cure** (S)(R)(AD)
1.15 **Sign Zone: Our Cops in the North** 2/3. A fatal stabbing. (S)(R)
2.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Duxford, Cambridgeshire, where the dealers try to get their hands on some toby jugs, a punch bowl and a classic car. (S)(R)
3.00 **Tenable** Quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Eat, Shop, Save

7 PM

7.00 **Emmerdale** Jai feigns confidence, and Kerry decides on a fundraiser. (S)(AD)
7.30 **Ross Kemp Living with Knife Crime** New edition 3/4. Exploring the knife crime epidemic. (S)(AD)

8 PM

8.00 **Emmerdale** Robert evades admitting the truth, and Amy worries about Kerry's plan. (S)(AD)
8.30 **Eat, Shop, Save** New edition 2/4. Ranvir Singh helps a Sunderland family curb their food spending habits. (S)

9 PM

9.00 **Police, Camera, Auction** New edition An insight into the auctions where criminals' assets from their nefarious activities are sold off with the proceeds going to help those whose lives have been blighted by crime. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Long Lost Family: What Happened Next** 2/3. Three families who have faced challenges building their new relationships. (S)(R)(AD)
11.45 **Tenable** Five members of an operatic society from Sheffield calling themselves the Five Tenors take part in the quiz. (S)(R)
12.30 AM **Teleshopping**
3.00 **John Bishop's Ireland** The comedian visits Portrush, Belfast and South Armagh. (S)(R)(AD)
3.25 **Eat, Shop, Save** (S)(R)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 19&20/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition With actor and writer Charlie Higson. (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The £100k Drop** New edition Contestants from Bangor and Norwich take part in the quiz. (S)
5.00 **Come Dine with Me** New edition A retail manager plans a bug-based menu in Edinburgh. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Diane and Sami try to help Sinead. (S)(AD)

9.00 The Secret Teacher

7 PM

7.00 **News** (S)

8 PM

8.00 **George Clarke's Old House, New Home** George helps the owners of an Edwardian family home suffering a lack of period features, and a couple who want to update their Tudor cottage. (S)(R)(AD)

9 PM

9.00 **NEW SERIES The Secret Teacher** 1/4. Successful business owners who struggled during their education go undercover as school support staff, beginning with marketing mogul Paul Rowlett. (S)(AD)

10 PM

10.00 **NEW SERIES This Way Up** 1/6. Comedy drama written by and starring Aisling Bea. *See feature, page12* (S1) (S)(AD)
10.35 **8 Out of 10 Cats Does Countdown** With Victoria Coren Mitchell and James Acaster. (S)(R)
11.35 **The Tez O'Clock Show** Series finale 3/3. Satirical comedy show hosted by Tez Ilyas. (S)
12.35 AM **First Dates** (S)(SL)(R)(AD)
1.30 **FILM Trance** Psychological thriller starring James McAvoy and Rosario Dawson. (S)(SL)(AD) (2013, 15, 100min) ★★★
3.10 **Undercover Boss USA** (S)(R)
4.00 **Come Dine with Me** (S)(R)
4.55 **The £100k Drop** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** (R)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!** Documentary (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **Dream House, Nightmare Neighbour** Thriller starring Clare Kramer. (S) (2016, 15, 105min) ★★
4.00 **Friends** 3&4/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Chloe's attempts to rekindle romance with Elly are thwarted. (S)(R)(AD)
6.00 **Home and Away** Ava shows no interest in Leah. (S)(R)(AD)
6.30 **News** (S)

8.00 Britain's Parking Hell

7.00 **Chris Tarrant: Extreme Railway Journeys** 3/5. Chris explores five countries formerly part of Yugoslavia, which had an extensive state-run railway network before its break-up in the 1990s. (S)(R)

8.00 **Britain's Parking Hell** New edition 2/12. The West Midlands traffic police are assisted by Robocop, showing motorists how to park safely, and a woman puts a fully automated car park to the test. (S)

9.00 NEW SERIES **Vegas 24/7** 1/6. Documentary meeting the characters of Las Vegas, from a high-rolling millionaire from Texas there to play the tables to a theatre impresario searching for new talent. (S)

10.00 **Age Gap Love: She's 68, He's 36** Couples seek to prove that age is no barrier to happiness, beginning with Norma from Brighton, who is 32 years older than her partner Chris. (S)(R)

11.05 **When Luxury Holidays Go Horribly Wrong** (S)(R)
12.05 AM **Lauren Goodger: In Therapy** (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Gotham: Wrath of the Villains**
4.00 **Tattoo Disasters UK** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 14/20. (S1) (S)(R)
10.00 **The Flash** 14/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **MacGyver** 16/23. (S2) (S)(R)
4.00 **Modern Family** 5&6/22. Double bill. (S7) (S)(R)
5.00 **The Simpsons** *Homer and Marge Turn a Couple Play:* Homer and Marge give out marital advice. (R)
5.30 **Futurama** *The Cryonic Woman:* Fry meets an ex-girlfriend. (R) **6.00** *Parasites Lost:* Fry becomes more intelligent. (S)(R)
6.30 **The Simpsons** *Million Dollar Maybe:* Homer wins $1million on the lottery, but keeps it a secret from his family. (S)(R)

5.30 Futurama

7.00 **The Simpsons** *Boy Meets Curl:* Homer and Marge play for a curling team in the Winter Olympics. (S)(R) **7.30** *The Colour Yellow:* Miss Hoover asks her students to research their family history. (S)(R)

8.00 **The Simpsons** *Flaming Moe:* Moe turns his tavern into a gay bar. (S)(R) **8.30** *How Munched Is That Birdie in the Window?* A psychiatrist recommends the family rehome Santa's Little Helper. (S)(R)

9.00 **An Idiot Abroad** Karl Pilkington is reunited with Ricky Gervais and Stephen Merchant to reflect on his journeys to the Seven Wonders of the Modern World. (S)(R)(AD)

10.00 **Micky Flanagan's Out Out Tour** A performance by the comedian from his tour, featuring recollections of his upbringing in London's East End and observations about the British class system. (R)

12.00 M'T **A League of Their Own** With Ruud Gullit, Alex Scott and Kevin Bridges. (R)
1.00 AM **Warrior** *The Tiger and the Fox:* 7/10. Ah Sahm is faced with a dilemma. (S1) (R)
2.00 **Road Wars** Police officers combat vehicle crime. (S)(R)
3.00 **Hawaii Five-0** 16/22. (S4) (R)
4.00 **Babylon 5** 22/22. (S3) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Getaways (S)(R) **11.05** Murdered by My Father (S)(R)(AD) **12.20am** Who Do You Think You Are? (S)(R)(AD) **1.20-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm Eisteddfod 2019 with Jason Mohammad (S)(R) **10.35pm** Saving Britain's Worst Zoo Series finale (S) **11.15** Murdered by My Father (S)(R)(AD) **12.30am** Who Do You Think You Are? (S)(R)(AD) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Home Seekers (S)(R) **11.15** Vic & Bob's Big Night Out (S)(R)(AD) **11.45** NEW SERIES The Mind of Herbert Clunkerdunk (S) **11.55** The Mind of Herbert Clunkerdunk New episode (S) **12.05-12.15am** Coast Lives (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **10.00** Eisteddfod Genedlaethol Cymru 2019 New edition **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Eisteddfod Genedlaethol Cymru 2019 New edition **2.00** Newyddion S4C a'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru 2019 New edition **6.00** Newyddion S4C a'r Tywydd **6.05** Y Fets (AD) **7.00** Heno New edition **8.00** Eisteddfod Genedlaethol Cymru 2019 New edition **9.00** Newyddion 9 a'r Tywydd **9.30** NEW Huw Stephens: Cofiwch Dryweryn (AD) **10.30** Y Babell Lên 2019 New edition **11.30** Un Swig Arall: Llanrwst 89 **12.00m't-1.05am** Eisteddfod Genedlaethol Cymru 2019

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Top of the Pops: 1988** Music by Bananarama and Scott Fitzgerald.
8.00 **Skies Above Britain** 2/5. A British Airways captain takes part in an air race at Ascot.
9.00 **Operation Wild** 1/3. Clare Balding and Steve Leonard observe operations on wild animals, including an elephant with a gunshot wound and a baby panda in need of an MRI scan.
10.00 **From Ice to Fire: The Incredible Science of Temperature** 1/3. Helen Czerski explores the temperature scale.
11.00 **Joan of Arc: God's Warrior** Documentary.
12.00 M'T **The Secret History of My Family**
1.00 AM **Top of the Pops: 1988**
1.30 **Immortal Egypt...**
2.30 **Secret Knowledge: In Search of Rory McEwen**
3.00 **to 4.00** AM **From Ice to Fire...** As 10.00pm.

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Jamie's Comfort Food**
9.15 **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **The Great British Bake Off**
12.00 NOON **Find It, Fix It, Flog It**
1.05 PM **Four in a Bed**
3.45 **Location, Location, Location** In Manchester.
4.50 **Love It or List It Australia**
5.55 **The Secret Life of the Zoo** A spider monkey becomes a mother.
6.55 **The Supervet** A Great Dane comes to the clinic needing major spinal surgery, and a labrador has a leg tumour that may require amputation.
7.55 **Escape to the Chateau** Dick Strawbridge works on the walled garden.
9.00 **24 Hours in A&E** A man is rushed into hospital with severe chest and lung injuries after coming off his bike, and a 40-year-old man is treated after collapsing on a golf course.
10.00 **999: What's Your Emergency?** Problems caused by people taking so-called legal highs.
11.05 **Shocking Emergency Calls** A helicopter crash.
12.05 AM **Ramsay's Kitchen Nightmares USA**
1.05 **The Supervet**
2.10 **The Secret Life of the Zoo** As shown at 5.55pm.
3.15 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Comedy clips.
7.00 **You've Been Framed! Gold: Favourites**
8.00 **Two and a Half Men** 10/23. Walden pretends to be an ordinary guy. **8.30** 12/23. Walden gives Alan $100,000. (S10)
9.00 FILM **The Hangover Part II** Dark comedy sequel starring Bradley Cooper. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother, despite severe memory loss. (2011, 15, 101min) ★★
11.05 **Family Guy** 17/21. Peter becomes a classy person. **11.35** 10/21. Three fairy tales are retold. (S12)
12.05 AM **American Dad!**
1.00 **Two and a Half Men**
2.00 **to 2.25** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Speechless**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 20&21/24. Double bill. (S5)
7.00 **Hollyoaks** Brooke makes a shocking discovery.
7.30 **The Goldbergs** 9/24. Beverly surprises Murray with a sports car. (S6)
8.00 **The Big Bang Theory** 21&22/24. Double bill. (S12)
9.00 **Celebs Go Dating** New edition 4/20. Jack Fincham talks about what went wrong with Dani Dyer.
10.00 **The Good Place** New episode 11/13. Eleanor makes her way to the Bad Place headquarters. (S2)
10.35 **The Inbetweeners** (S1)
11.05 **The Big Bang Theory**
12.05 AM **Brooklyn Nine-Nine**
1.05 **Celebs Go Dating**
2.05 **First Dates Hotel**
3.00 **Rick and Morty**
3.25 **Robot Chicken**
3.55 **The Good Place**
4.15 **Brooklyn Nine-Nine**
5.00 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Caught on Dashcam**
12.00 NOON **Air Ambulance ER**
3.00 PM **Border Security: Canada's Front Line** Eight editions, including at: **5.30** The captain of a luxury yacht sails into problems. **5.55** Officers uncover questionable hard drives and unusual weapons. **6.20** A businesswoman's personal items raise concerns.

9.00 FBI

7 PM

6.45 **My Kitchen Rules: Australia** New edition Two pairs cook up a hearty meal at Open House in the country.

8 PM

8.00 **Criminal Minds** *Brothers in Arms:* 10/26. Morgan takes it personally when a serial killer targets police officers in Phoenix. (S4)

9 PM

9.00 **NEW SERIES FBI** *Pilot:* 1/22. Crime drama set in the New York office of the FBI. Stars Missy Peregrym and Zeeko Zaki.

10 PM

10.00 **FBI** New episode *Green Birds:* 2/22. The agents investigate a string of fatal poisonings at a deli. *See feature, page 6* (S1)
11.00 **Criminal Minds** 21/24. (S6)
12.00 M'T **World's Most Evil Killers** The crimes of Thierry Paulin.
1.00 AM **Britain's Most Evil Killers**
2.00 **Brit Cops: Law & Disorder**
3.00 **Brit Cops: War on Crime**
4.00 **Paramedics**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Urban Secrets** In Bristol.
7.00 **The British**
8.00 **Richard E Grant's Hotel Secrets** Miami's South Beach.
9.00 **Discovering: Katharine Hepburn** Profile of the actress.
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 10/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 20/24. Martin's aunt disappears. **6.00** 21/24. The father of a death row inmate goes missing. (S2)

11.10 The Sopranos

7.00 **CSI** *Deep Fried and Minty Fresh:* 13/24. Langston and Nick investigate the murder of a fast-food restaurant manager. (S9)

8.00 **Blue Bloods** *Baggage:* 11/22. A bomb scare in a subway turns out to be the work of a famous street artist. (S5)

9.00 **Hotspots: Into the Wild** New edition Alex Crawford joins South African rangers battling rhino poaching.

10.00 **The Sopranos** *Where's Johnny?* 3/13. Tony attempts to negotiate a power-sharing plan with Johnny Sack. (S5)
11.10 **The Sopranos** 4/13. (S5)
12.20 AM **Last Week Tonight with John Oliver** A satirical look at news and pop culture.
12.55 **Six Feet Under** (S5)
3.10 **Girls** 8/10. (S2)
3.45 **Life Itself: Special**
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Boomers**
7.45 **Steptoe and Son**
8.20 **A Sharp Intake of Breath**
9.25 **Boomers**
10.00 **The Green Green Grass**
10.40 **Last of the Summer Wine**
12.30 PM **2point4 Children**
1.10 **The Green Green Grass**
1.50 **Are You Being Served?**
2.30 **Only Fools and Horses**
3.10 **2point4 Children**
3.50 **Last of the Summer Wine**
5.40 **Blackadder the Third**
6.20 **Are You Being Served?**

11.25 I'm Alan Partridge

7.00 **Porridge** The inmates face a day of hard labour digging drains.
7.40 **The Good Life** The Goods reap the rewards for the hard work they have put into the garden.
8.20 **Only Fools and Horses** Rodney finds himself a new girlfriend.

9.00 **Only Fools and Horses** Del decorates the local Chinese restaurant. **9.40** Rodney and Albert worry the flat will get overcrowded once Raquel and Del's baby arrives.
10.50 **Two Pints of Lager and a Packet of Crisps** Gaz wants to have a baby.
11.25 **I'm Alan Partridge**
12.00 M'T **Inside No 9**
1.20 AM **Two Pints of Lager...**
1.55 **I'm Alan Partridge**
2.25 **Harry Hill's TV Burp Xmas Special**
2.50 **Harry Hill's TV Burp**
3.15 **to 4.00** AM **Spaced**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
8.55 **On the Buses**
10.00 **George and Mildred**
10.35 **Agatha Christie's Poirot**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.15 **Classic Coronation Street**
3.20 **Agatha Christie's Poirot**
5.25 **Downton Abbey** 8/9. The annual cricket match brings out Robert's competitive side. (S3)

10.00 Law & Order: UK

7.00 **Murder, She Wrote** *The Scent of Murder:* Jessica learns that her friend Seth Hazlitt's rich cousin has been murdered.

8.00 **Midsomer Murders** *Death of a Hollow Man:* The rural bliss of Ferne Basset is rudely shattered by the discovery of an elderly resident's drowned body, presenting Barnaby and Troy with a fresh mystery to solve.

10.00 **Law & Order: UK** *Vice:* 3/7. A former vice cop is found beaten to death. With Sean Pertwee and Lesley Manville. (S1)
11.00 **Law & Order: UK** *Unsafe:* 4/7. The discovery of a body in a shallow grave by the Thames prompts Brooks and Devlin to reopen an eight-year-old murder case. Guest stars Iain Glen. (S1)
12.05 **to 2.15** AM **Inspector Morse**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.20 **Kojak**
8.15 **Quincy ME**
9.20 **Minder**
10.25 **The Sweeney**
11.30 **The Professionals**
12.35 PM **The Saint**
1.40 **Kojak**
2.45 **Quincy ME**
3.45 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** The squad seek a gang of thieves.

7.00 River Monsters

7.00 **River Monsters** Searching for a 'river dog' in the Parana River. **7.30** Searching for the giant freshwater stingray.

8.00 **NEW SERIES Fishing Allstars** Dean Macey and Adam Rooney visit Rio Ebro in Spain, where they target specimen roach.

9.00 **FILM The Living Daylights** James Bond adventure starring Timothy Dalton. Agent 007 discovers that there is more to a Russian general's defection than meets the eye. With Maryam D'Abo. (1987, PG, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Lethal Weapon** *Need to Know:* 2/15. Murtaugh and Cole work to solve the murder of a finance executive. (S3)
12.40 AM **Billy Connolly's Tracks Across America**
1.40 **Football Genius**
2.10 **to 2.55** AM **Take the Tower**

+1 hour 220 175 154

Sky Two

151 121

7.00 AM **Fat Families: Second Helpings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** (S3)
4.00 **Ninja Warrior Women Tournament**
5.00 **The Crystal Maze**
6.00 **Stargate SG-1** (S3)
8.00 **Duck Quacks Don't Echo** With Sue Perkins.
9.00 **Delicious** 1/4. Drama starring Dawn French. **10.00** 2/4. Gina gives Sam a 40th birthday she will never forget. (S2)
11.00 **Highway Cops**
12.00 M'T **Ross Kemp: Extreme World**
1.00 AM **Road Wars**
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Crystal Maze**

Pick

152 123 11 144

7.00 AM **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Highway Cops**
11.00 **Police Force: Australia**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **UK Border Force**
2.00 **Canada's Front Line**
2.30 **Australia's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Without a Trace** (S7)
6.00 **Stargate SG-1** (S1)
7.00 **Supergirl** 4/23. (S3)
8.00 **The Flash** 4/23. (S4)
9.00 **Killer in My Village**
10.00 **Premier League's Greatest Moments**
12.00 M'T **Banged Up Abroad**
1.00 AM **Law & Disorder**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Steve Backshall's Extreme River Challenge** New Guinea.
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cops UK: Bodycam Squad** Documentary.
3.00 **Yianni: Supercar Customiser**
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear** Double bill.
7.00 **Taskmaster**
8.00 **Have I Got a Bit More News for You** Alexander Armstrong guest hosts.
9.00 **QI XL** With Bill Bailey.
10.00 **Judge Romesh**
11.00 **Live at the Apollo**
12.00 M'T **Taskmaster**
1.00 AM **Mock the Week**
1.40 **Live at the Apollo**
2.40 **Alan Davies: As Yet Untitled**
3.25 **to 4.05** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S6)
10.00 **Are We There Yet?** (S2)
11.00 **Friends** (S1)
1.00 PM **Friends** (S1)
4.00 **Are We There Yet?** (S2)
5.00 **Friends** (S1&2)
8.30 **Takeshi's Castle** New edition 8/10.
9.00 **FILM The Green Hornet** Fantasy action comedy starring Seth Rogen, Jay Chou and Cameron Diaz. A wealthy playboy reinvents himself as a masked crime-fighter – with help from his chauffeur. (2011, 12, 118min) ★★★
11.30 **Single Parents** 1/23. **12.00** M'T 2/23. (S1)
12.30 AM **The Ricky Gervais Show** Double bill.
1.30 **South Park** (S16)
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.15 **Dallas Cowboys Cheerleaders**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **NEW SERIES Vanderpump Rules** Scheana throws a lavish party to show off her new boyfriend.
10.00 **Married to Medicine** New edition Toya and Eugene celebrate getting rid of their debt.
10.55 **Ladies of London** Juliet makes an effort to rein in her temper.
11.50 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **Agatha Christie's Partners in Crime**
2.00 **The Agatha Christie Hour** 2/10. (S1)
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 9/10. Yamauchi agrees to release Blanche. (S1)
7.00 **M*A*S*H** Four episodes of the comedy. (S5&6)
9.00 **Taggart** *A Taste of Money:* The team investigate the murder of a restaurant critic. **10.30** *A Death Foretold:* A student is found murdered in what appears to be a drug deal gone wrong.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S2)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.15 AM **Murdoch Mysteries**
8.00 **Frankie Drake Mysteries**
9.00 **Sue Thomas: F.B.Eye**
10.00 **New Tricks**
11.00 **The Coroner**
12.00 NOON **Miss Fisher's Murder Mysteries** 2/8. (S3)
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 12/13. (S2)
4.00 **Rizzoli & Isles** (S7)
6.00 **The Guardian** 7/23. Nick helps a drug-addicted father. Guest stars Tate Donovan. (S2)

9.00 I Am the Night

7.00 **Unforgettable** *Golden Bird:* 9/22. Carrie investigates the death of a girl who fell from a building. (S1)
8.00 **Miss Fisher's Murder Mysteries** *Murder and Mozzarella:* 3/8. An Italian grandmother is murdered in her kitchen. (S3)
9.00 **I Am the Night** New episode *Phenomenon of Interference:* 2/6. Fauna arrives in Los Angeles. (S1)
10.05 **The Coroner** *The Beast of Lighthaven:* 4/10. A journalist warns the locals there is a big cat on the moors. (S2)
11.05 **New Tricks** *Only the Brave:* The murder of a notorious biker-gang leader is reinvestigated.
12.05 AM **Rush** (S3)
1.05 **Sue Thomas: F.B.Eye** (S1)
2.15 **Murdoch Mysteries** (S9)
3.00 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 **Merlin** 5/13. (S2)
12.00 NOON **FILM Simply Irresistible** Romantic comedy starring Sarah Michelle Gellar and Sean Patrick Flanery. (1999, PG, 96min) ★★
2.00 PM **Merlin** 6/13. (S2)
3.00 **Stargate Atlantis** 8/20. (S2)
4.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 17/26. Worf is thrust into a battle to save his family's honour. (S3)

9.00 Siren

7.00 **Star Trek: The Next Generation** *Allegiance:* 18/26. A doppelgänger replaces Picard while he languishes in a cell. (S3)
8.00 **Stargate Atlantis** *Aurora:* 9/20. The crew find an ancient civilisation, frozen in suspended animation. (S2)
9.00 **Siren** New episode *All In:* 10/15. Helen and Rick learn more about the hybrid status. (S2)
10.00 **FILM The Signal** Sci-fi thriller starring Brenton Thwaites and Olivia Cooke. (2014, 15, 97min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Siren** As 9.00pm.
1.00 AM **Star Trek: The Next Generation** Triple bill. (S2)
4.00 **to 6.00** AM **FILM Age of Dinosaurs** Sci-fi thriller starring Treat Williams, Ronny Cox and Jillian Rose Reed. (2013, PG, 88min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia**
2.00 **My Dream Home**
4.00 **Flip or Flop** A house in Anaheim Hills in desperate need of renovation. **4.30** Renovating a single-story home in Costa Mesa.
5.00 **Tipping Point** Double bill.

9.00 The Shift: Women on the...

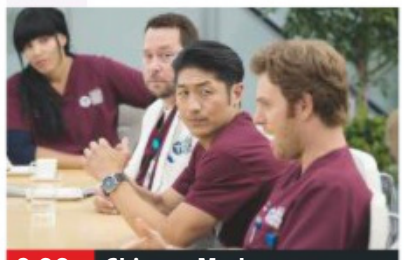
7.00 **MasterChef Australia** New edition Chef Curtis Stone cooks alongside yesterday's winners in an immunity challenge
8.00 **One Born Every Minute** A woman with limited movement on her left side prepares to give birth for the first time.
9.00 **The Shift: Women on the Force** Acting Inspector Vicky investigates a late-night city-centre assault.
10.00 **Louis Theroux's Weird Weekends** The reporter delves into America's porn industry and meets actress Sharon Mitchell.
11.00 **Inside the Ambulance** Paramedics assist a woman who is feeling suicidal.
12.00 M'T **999 Rescue Squad**
1.00 AM **John Bishop: In Conversation With Professor Green**
1.50 **to 3.00** AM **War and Peace**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 6/13. (S5)
9.00 **Rescue: Code One**
10.00 **Murder She Solved: True Crime** Two murders are linked.
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S14)
4.00 PM **NCIS** 11/23. A private investigator discovers the body of a missing navy officer. **5.00** 12/23. The investigation into a petty officer's death takes a strange turn. **6.00** 14/23. A woman claims to have witnessed the murder of a sailor. (S2)



9.00 Chicago Med

7.00 **NCIS** *Caught on Tape:* 15/23. The team investigate the discovery of a US Marine's body at the foot of a cliff. (S2)
8.00 **Major Crimes** *Conspiracy Theory – Part Four:* 9/13. Raydor investigates a series of murders and sexual assaults. (S6)
9.00 **Chicago Med** *Trust Your Gut:* 3/20. Goodwin receives financial complaints from the hospital board.
10.00 **Chicago Med** *Naughty or Nice:* 4/20. Charles puts himself in danger while helping a delusional patient. (S3)
11.00 **Law & Order: Special Victims Unit** 8/24. Benson and Barba confront a powerful administrator. (S14)
12.00 M'T **CSI: Miami** 4/24. (S5)
1.00 AM **NCIS** As 5pm & 6pm.
3.00 **Law & Order** 5/24. (S14)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 7/13. (S5)
9.00 **Bones** 6/24. (S9)
10.00 **Bull** 8/22. (S2)
11.00 **NCIS** 7/24. (S16)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** 6/13. (S7)
3.00 **NCIS** 8/24. (S16)
4.00 **Bull** 9/22. (S2)
5.00 **Bones** 9/24. Brennan is called for jury service in a murder trial. (S9)
6.00 **The Mentalist** 7/13. Lisbon's brother Jimmy is wanted as a witness to a murder. (S7)

10.30 People of Earth

7.00 **NCIS** *Tailing Angie:* 9/24. The lead suspect of an unsolved and high-profile robbery case is released from prison.
8.00 **NCIS** *What Child Is This?* 10/24. A newborn baby is found with no apparent ties to a family. (S16)
9.00 **Legion** New episode *Chapter 25:* 6/8. Superhero thriller starring Dan Stevens. (S3)
10.00 **Family Guy** 7/16. Bonnie gives birth to a girl. (S7)
10.30 **People of Earth** 4/10. The Cube puts pressure on Jeff to clean up the ship. (S2)
11.00 **American Dad!** (S13)
12.00 M'T **Family Guy** (S3)
12.30 AM **Family Guy** (S3)
1.00 **American Dad!** (S9)
2.00 **Family Guy** (S3)
3.00 **Family Guy** (S11)
3.30 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Thursday

7 PM | **8 PM** | **9 PM** | **10 PM**

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Life of Kylie**
11.00 **News: Daily Pop**
12.00 NOON **Relatively Nat & Liv** Reality series.
1.00 PM **Keeping Up with the Kardashians**
3.00 **Temptation Island**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians**
9.00 **Revenge Body with Khloe Kardashian** New edition
10.00 **Relatively Nat & Liv**
11.00 **Nightly Pop** New edition
11.30 **Dating: No Filter**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Luciano Pavarotti: Legends of Opera**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **Passions**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **André Rieu: World Tour**
3.00 **Van Gogh: An Exclusive View – From Tate Britain**
4.00 **The South Bank Show**
5.00 **Discovering**
7.00 **The Seventies**
8.00 **The Directors** New edition George Stevens.
9.00 **Lauren Bacall: A Look from the Sky** A profile of the American actress.
10.00 **Nat King Cole: Afraid of the Dark**
12.00 M'T **Punk**
1.15 AM **Sex Pistols: There'll Always Be an England**
2.45 **Bettie Page Reveals All**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S3)
4.00 **Frasier** 9&10/24. (S7)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Secret Life of the Zoo** Documentary.
9.00 **Jade: The Reality Star Who Changed Britain**
10.05 **Born Famous: Gordon Ramsay**
11.05 **24 Hours in A&E**
12.05 AM **Emergency Helicopter Medics**
1.10 **8 Out of 10 Cats Does Countdown**
2.10 **Location, Location...**
3.15 **Grand Designs New Zealand**
4.05 **to 5.05** AM **The Yorkshire Dales and the Lakes**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.10 **CSI: NY** 22/23. (S6)
11.10 **Rookie Blue** 6/13. (S3)
12.05 PM **Bull** 10/23. (S1)
1.00 **Law & Order** (S18)
3.00 **Murder, She Wrote**
6.00 **Law & Order** (S7)
8.00 **NCIS: Los Angeles** *Red – Part One:* 18/24. Callen and Sam join a mobile NCIS team. (S4)
9.00 **Chicago PD** New episode *Black and Blue:* 8/22. Upton and Halstead ask a young boy to arrange a big deal for them. (S6)
10.00 **Law & Order: Special Victims Unit** *Infected:* 12/22. A murder victim's son takes revenge. (S7)
11.00 **Law & Order: Special Victims Unit** (S7)
12.55 AM **CSI: NY** (S5)
2.50 **Ransom** 6/13. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 | 30 | 131

8.00 AM **Access**
8.10 **Last Man Standing**
8.30 **Smallville** 14/23. (S2)
9.15 **Dance Moms**
11.10 **My Wife and Kids**
12.10 PM **Two and a Half Men** 2&3/19. (S5)
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel Air** Double bill. (S1)
5.00 **8 Simple Rules** (S2)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 2&3/24. (S2)
8.00 **Rich Kids Go Skint**
9.00 **FILM Angels & Demons** Mystery thriller starring Tom Hanks. (2009, 12, 138min) ★★
11.50 **FILM Daylight** Disaster drama. (1996, 12, 114min) ★★★
2.05 AM **Riverdale** (S1&2)
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 | 20 | 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Murdoch Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **Waiting for God**
7.20 **Last of the Summer Wine** A stranger gives the trio an old van.
8.00 **Rosemary & Thyme** *Sweet Angelica:* A handyman is murdered at a select language school. **9.00** *A Simple Plot:* A blind professor is killed.
10.05 **The Inspector Lynley Mysteries** *In the Guise of Death:* A horse trainer with money worries is found hanged.
12.00 M'T **New Tricks**
1.15 AM **Birds of a Feather**
1.55 **to 4.00** AM **Dickensian**

THURSDAY Entertainment & Lifestyle

Thursday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S6)
2.00 **Law & Order** (S4)
3.00 **FILM Leo Tolstoy's Anna Karenina** Period romantic drama. (1997, 12, 108min) ★★★
5.00 **Mad Men** (S6)
6.00 **Law & Order** (S4)
7.00 **FILM Major League: Back to the Minors** Comedy sequel. (1998, 12, 96min) ★
9.00 **FILM The New Guy** Teen comedy with DJ Qualls and Eliza Dushku. (2002, 12, 88min) ★
10.45 **FILM That's My Boy** Comedy starring Adam Sandler. (2012, 15, 112min) ★★
12.55 AM **FILM The Way** Road movie drama. (2010, 12, 128min) ★★★
3.20 **Mad Men** (S6)
4.20 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 4/22. (S5)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **Gunsmoke** (S17)
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *From the Grave:* 1/25. Gang members plot to kill Horatio. (S4)
8.00 **Judge Judy**
9.00 **Medium** *The Devil Inside – Part Two:* 12/19. Lucas Harvey corrupts Allison's dreams. (S5)
10.00 **CSI: Miami** *Prey:* 3/25. A teenage girl goes missing while out with friends. (S4)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 5/22. (S5)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S7)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** (S3)
3.00 **NCIS** 11/19. (S5)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason**
7.05 **NCIS** *Sins of the Father:* 10/24. Tony's father is found drunk in a car that has a dead body in the boot. (S9)
8.00 **Walker, Texas Ranger** *Deadly Vision:* 22/28. (S1)
9.00 **NCIS** *Under Covers:* 8/24. Tony and Ziva assume the identities of two dead assassins. (S3)
10.00 **NCIS: Los Angeles** (S1)
11.00 **NCIS** 11/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S8)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** An investigation into the murder of a young girl. **7.30** A go-go dancer vanishes for 20 years.
8.00 **Evil Twins** The pressure to be exceptional manifests into hatred for two identical twins.
9.00 **Voice of a Serial Killer** The FBI try to find a killer who covers his trail with counter forensics.
10.00 **Evidence of Evil**
11.00 **It Takes a Killer**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Voice of a Serial Killer** As 9.00pm.
2.00 **Evidence of Evil**
3.00 **Death Row Stories**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** A celebrity couple special edition.
11.00 **Bullseye** Four editions of the darts-based quiz.
1.00 AM **The Chase**
4.00 **Pointless**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends** (S2&4)
11.00 **The Middle** (S6)
1.00 PM **Takeshi's Castle**
4.00 **Bad Robots**
5.00 **The Fresh Prince of Bel Air** (S4)
7.00 **Are We There Yet?** (S2)
8.00 **Impractical Jokers**
9.00 **Impractical Jokers: Inside Jokes**
9.30 **Impractical Jokers**
10.00 **Friends** 10/24. Ross starts a long-distance relationship. **10.30** 15/24. Chandler's ex-girlfriend turns up. (S4)
11.00 **South Park** (S2)
1.00 AM **Roast Battle**
2.00 **Key & Peele**
3.00 **Da Ali G Show**
4.05 **Bob's Burgers** (S1)
4.30 **The Middle** (S6)
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Jamie's 30 Minute Meals** Grilled sardines.
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Bizarre Foods America**
12.00 NOON **Rick Stein's Far Eastern Odyssey**
1.00 PM **Best of British**
2.00 **James Martin: Home Comforts** Party food.
3.00 **Jamie's 30 Minute Meals** A steak sandwich.
3.30 **30 Minute Meals** New edition Fried chicken.
4.00 **The Pioneer Woman**
6.00 **The Hairy Bikers: Mums Know Best**
7.00 **Bizarre Foods America**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **The Little Paris Kitchen: Cooking with Rachel Khoo**
10.00 **Best of British**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Paul's Pies & Puds**
8.00 **James Martin: Yorkshire's Finest**
9.00 **Nigel's Real Food Show**
10.00 **John's Middle East**
11.00 **Great British Menu**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Yorkshire's Finest**
2.00 **Paul's Pies & Puds**
3.00 **Nigel's Real Food Show**
4.00 **John's Middle East**
5.00 **Great British Menu**
6.00 **Food Tour of Britain**
7.00 **Yorkshire's Finest**
8.00 **Nigel's Real Food Show**
9.00 **John's Middle East**
10.00 **Paul's Pies & Puds**
11.00 **Peter Kuruvita's Coastal Kitchen**
12.00 M'T **Yorkshire's Finest**
1.00 AM **Gary Rhodes' Local Food Heroes 2008**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Local Food Heroes 2008**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.15 PM **FILM I Am Elizabeth Smart** Fact-based thriller with Alana Boden. (2017, 12, 87min) ★★★★
3.00 **The Real Housewives of New Jersey**
4.00 **Bring It!**
5.00 **Masters of Flip**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **Vikings** *The Departed – Part One:* 1/20. Bishop Heahmund sets about rebuilding King Ecbert's villa. (S5)
10.00 **Storage Wars** The buyers are hit with a snow storm. **10.30** Dave hits the action hard in a Mojave Desert auction.
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **Vikings** As 9.00pm.
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Lip Sync Battle All Stars Special**
9.55 **Gilmore Girls**
11.45 **FILM Hidden Places** Romantic period drama. (2006, PG, 90min) ★★
1.30 PM **FILM Love's Unfolding Dream** Family Western sequel. (2007, PG, 87min) ★★
3.15 **FILM Love You to Death** Thriller. (2015, PG, 90min) ★★
5.00 **Suits** (S3)
6.00 **House** (S4)
7.55 **Access**
8.00 **Grimm** 9/22. (S5)
9.00 **Arrow** 15/23. (S2)
10.00 **Vikings** *Boneless:* 8/10. Princess Aslaug prepares to give birth. (S2)
11.00 **The X-Files** (S7)
12.00 M'T **Suits** (S8)
12.55 AM **Training Day** (S1)
1.50 **Designated Survivor**
4.15 **Grimm** As 8.00pm.
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Wild Britain**
7.10 **HMS Ark Royal**
8.00 **Aussie Gold Hunters**
9.00 **Salvage Hunters**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **NASA's Unexplained Files**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Fantomworks** New edition
10.00 **Iron Resurrection**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Celebrity Money for...**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides...**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Celebrity Money for Nothing**
8.00 **My 600lb Life**
9.00 **Paranormal Lockdown UK**
10.00 **Ghosts of Shepherdstown**
11.00 **FBI Files**
12.00 M'T **Katie Price: My Crazy Life**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops...**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Give a Dog a Home**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Dorset.
3.00 **Homes Under the Hammer**
4.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
9.00 **Embarrassing Bodies**
10.00 **Nurses Who Kill** New edition A carer who stole from her elderly neighbour to fund her heroin addiction.
11.00 **21st Century Serial Killers**
12.00 M'T **Born to Kill?**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **Extreme Weight Loss**
5.30 **to 6.00** AM **Other Side**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** A man kills his girlfriend. **7.30** A garbage man who won $31 million. **8.00** A stagehand kills a young cellist. **8.30** A man tries to get his wife bitten by a snake.
9.00 **Deadly Women** The case of retired nurse Raynella Dossett Leath. **10.00** Sisterly bonds are broken when money is involved.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **On Benefits**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Jeremy Vine**
1.00 PM **Cruising with Jane McDonald**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers with Alan Davies**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Egypt's Great Treasures with Bettany Hughes**
11.00 **The Scorpion King: Egypt Unwrapped**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **In Sickness and in Wealth: On Benefits**
2.00 **The Yorkshire Ripper: Left for Dead**
3.00 **to 4.00** AM **Secrets of the Savoy: London's Most Famous Hotel**

5Spike

150 154 31 141

9.00 AM **Criminals: Caught on Camera**
9.25 **The A-Team** (S3)
10.25 **Police Interceptors**
11.25 **Can't Pay? We'll Take It Away!**
1.25 PM **FILM The Key** World War Two drama. (1958, b/w, 12, 134min) ★★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors**
9.00 **Trucking Hell** A road in Leicester is blocked by a 26-tonne digger.
10.00 **FILM Van Helsing** Fantasy adventure starring Hugh Jackman, Kate Beckinsale and Richard Roxburgh. (2004, 12, 132min) ★★
12.40 AM **Fights, Camera, Action!** Angry attacks and confrontations caught on camera.
1.40 **Outrageous Stunts**
2.45 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life**
2.00 PM **Counting On**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: The Other Way** New edition
9.00 **The Family Chantel** New edition
10.00 **Dr Pimple Popper** New edition A woman with a growth on her leg.
11.00 **Katie Price: My Crazy Life**
12.00 M'T **90 Day Fiancé**
2.00 AM **Dr Pimple Popper**
3.00 **Katie Price: My Crazy Life**
4.00 **to 6.00** AM **My 600lb Life**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Storage Wars**
2.00 **Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **Swamp People** On the last day of the season, the families do their best to spur loved ones on.
10.00 **Ernie the Wildman**
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

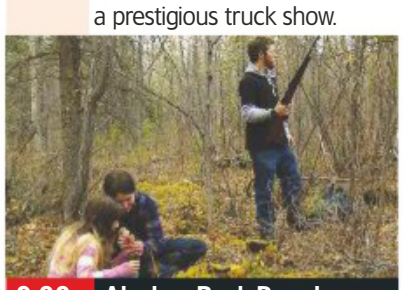
Documentaries

8 August **Thursday**

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Diesel Brothers**
6.00 **Fast N' Loud** Richard and Aaron restore a vehicle for a prestigious truck show.



9.00 Alaskan Bush People

7.00 **Outback Truckers** Husband-and-wife team Nick and Jo face tough driving conditions with volatile cargo.

8.00 **Combat Dealers** Bruce Crompton helps a Texan millionaire who wants to collect memorabilia from the Battle of Normandy.

9.00 **Alaskan Bush People** New edition The Wolfpack kids are all desperate to finish building their houses in time.

10.00 **Jeremy Wade's Dark Waters** Jeremy heads to Australia after the report of a diver tangling with a colossal fish.

11.00 **Wheeler Dealers**
12.00 M'T **Alaskan Bush People**
1.00 AM **Jeremy Wade's Dark Waters** As 10.00pm.
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Deadliest Catch**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Dee: Alaska Vet**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaska: The Last Frontier**
12.00 NOON **Wildest Middle East**
1.00 PM **Dr Dee: Alaska Vet**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked**
5.00 **Intruders** A black bear breaks into a Colorado cabin while the owner sleeps.
6.00 **Deadly Dragon of Borneo: Expedition Mungo** The story of a serpent that prowls Borneo's waterways.

8.00 The Vet Life

7.00 **Pit Bulls & Parolees** The shelter is invited to the Dog Bowl, which provides an opportunity for rescues to get adopted.

8.00 **The Vet Life** New edition Dr Lavigne operates on a pit bull's tumour, and the vets deal with a heart-breaking situation.

9.00 **Alaska: The Last Frontier** Atz Lee and Jane build a makeshift greenhouse from some cast-off supplies.

10.00 **Animal Cops Miami** Investigators resolve to get justice for a neglected dog and its puppy.

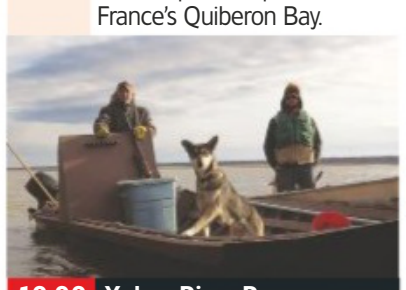
11.00 **Pit Bulls & Parolees**
12.00 M'T **Alaska Monsters**
1.00 AM **Animal Cops Miami**
2.00 **Wild Costa Rica**
3.00 **Alaska: The Last Frontier**
3.50 **Predators Up Close with Joel Lambert**
4.40 **Animal Airport**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Air Crash Investigation**
10.00 **Superstructures: Engineering Marvels**
11.00 **Nazi Megastructures**
1.00 PM **Lost Worlds of the Med: Draining the Ocean**
2.00 **Car SOS** Restoring a classic Japanese sports coupe. **3.00** A Morgan three-wheeler. **4.00** Fuzz and Tim restore a classic 1971 sports car.
5.00 **Air Crash Investigation** A plane explodes after taking off. **6.00** A plane explodes over France's Quiberon Bay.



10.00 Yukon River Run

7.00 **Wicked Tuna** One boat lands the biggest payday of the season so far, but it does not come without a fight.

8.00 **Gold Diggers** John Reeves realises he might not have the appropriate equipment to extract the precious metal.

9.00 **Yukon Gold** The second week of the season gets underway, and Cam's plans are ruined by steep terrain.

10.00 **Yukon River Run** Exploring the work of log-rafting Alaskans, who navigate the Yukon river selling supplies.

11.00 **Science of Stupid: Best Of** Dallas Campbell introduces highlights from the series.
11.30 **Science of Stupid** The humiliating potential of riding a zip line and playing on swings.
12.00 M'T **Science of Stupid**
12.30 AM **Science of Stupid**
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Ice Lake Warriors**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Jurassic Fight Club**
2.00 **Storage Wars** Four editions.
4.00 **Ice Lake Warriors**
5.00 **Forged in Fire** The Austro-Hungarian Hussar Saber. **6.00** Two contenders build a savage Barbarian sword.

9.00 Man at Arms: Art of War

7.00 **American Pickers** Mike and Frank come across a mammoth collection of militaria that includes Civil War revolvers.

8.00 **The Curse of Oak Island** A massive and mysterious cave-in threatens Marty and Rick Lagina and their team with disaster.

9.00 **Man at Arms: Art of War** New edition Danny Trejo and the bladesmiths try to recreate two classic comic-book weapons.

10.00 **Forged in Fire** Bladesmiths focus their attentions on a tabar-shishpar, a type of axe.

11.00 **Forged with Steele** Double bill of the series.
12.00 M'T **42 Ways to Kill Hitler**
1.00 AM **The Curse of Oak Island** As shown at 8.00pm.
2.00 **Jurassic Fight Club**
3.00 **American Pickers** As shown at 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Young Victoria**
7.10 **Walter Tull – Forgotten Hero**
8.00 **Time Team**
10.00 **The World at War**
11.00 **Forbidden History**
12.00 NOON **Time Team**
2.00 PM **Coast** Newcastle to Hull.
3.00 **Wild Caribbean**
4.00 **Forbidden History**
5.00 **Impossible Engineering** The largest and most sophisticated radio telescope on the planet.
6.00 **The World at War** Churchill's plan to attack Germany through Italy.

9.00 Porridge

7.00 **Abandoned Engineering** An advanced German battleship that sank in a Norwegian fjord during World War Two.

8.00 **The True Story of the Mary Celeste** Experts try to solve the mystery of the ship and learn how and why its crew disappeared.

9.00 **Porridge** Final episode of the sitcom. Godber gets himself into a fight. **9.40** First episode. Fletcher helps new inmate Godber settle in by giving him lessons on coping with prison life. **10.20** Betting fever sweeps Slade Prison.

11.00 **Abandoned Engineering** As shown at 7.00pm.
12.00 M'T **Forbidden History** Jamie Theakston talks to author Joy Hancox about London's alchemic roots.
1.00 AM **The World at War** As show at 6.00pm.
2.00 **to 3.00** AM **Young Victoria**

+1 hour 255 200

Thursday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Planes That Changed the World**
7.00 **Trainspotting**
8.00 **Industrial Revelations**
9.00 **Deadliest Tech**
10.00 **Battlefield**
12.00 NOON **Planes That Changed the World**
1.00 PM **Trainspotting**
2.00 **Industrial Revelations**
3.00 **Deadliest Tech**
4.00 **Battlefield**
6.00 **How We Got Here**
7.00 **British Treasure, American Gold**
8.00 **Ultimate Warfare**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World** Dennis Nilsen.
11.00 **Mobster Confessions**
12.00 M'T **Ultimate Warfare**
1.00 AM **The 1980s: The Deadliest Decade**
2.00 **Crimes That Shook the World** Dennis Nilsen.
3.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **Ten Deadliest Snakes**
11.00 **Rhino Orphanage**
12.00 NOON **Earth's Natural Wonders**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **Ten Deadliest Snakes with Nigel Marven**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Rhino Orphanage**
7.00 **Earth's Natural Wonders**
8.00 **NASA's Ten Greatest Achievements**
9.00 **Wild North**
10.00 **Rhino Orphanage**
11.00 **Earth's Natural Wonders**
12.00 M'T **Jungle Planet**
1.00 AM **Collar of Duty**
2.00 **Wild North**
3.00 **Ten Deadliest Snakes with Nigel Marven**
3.50 **Rhino Orphanage**
4.40 **Earth's Natural Wonders**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Wild Mozambique**
9.00 **Blood Rivals: Hippo v Lion**
10.00 **Lions v Buffalo**
11.00 **Kings of the Kill**
12.00 NOON **Game of Lions**
1.00 PM **Birth of a Pride**
2.00 **Man vs Puma**
3.00 **Leopard Kingdom**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** Simon and Siouxsie risk their lives to save a black mamba in a storm.
8.00 **Predator Land** New edition The fortunes of two prides of lions in the Kruger National Park.
9.00 **Africa's Wild Side** Animals that reshape their environment to suit their needs.
10.00 **Dead By Daylight**
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Leopard Kingdom**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Countdown to Apocalypse**
11.00 **Project Impossible**
12.00 NOON **Ancient Aliens**
2.00 PM **Empire Builders**
3.00 **Clash of Warriors**
5.00 **Countdown to Apocalypse**
6.00 **Project Impossible**
7.00 **Warfighters** A mission to rescue the lone survivor of a Seal team that came under attack in Afghanistan.
8.00 **Ancient Aliens** Exploring the link between aliens and the Civil War. **9.00** The practice of building pyramids.
10.00 **Empire Builders** The rise of the crusading Catholic empire of Spain.
11.00 **Dead Men's Secrets**
12.00 M'T **Project Impossible**
1.00 AM **Ancient Aliens**
3.00 **Empire Builders**
4.00 **to 5.00** AM **Countdown to Apocalypse**

PBS America

174 276 91 155

8.00 AM **Jet Set**
8.55 **Royal Cousins at War**
10.15 **Flying Dreams: Women Airforce Pilots of WWII**
11.20 **Sean Bean on Waterloo** Double bill.
1.25 PM **Jerusalem: The Making of a Holy City**
2.35 **Flying Dreams: Women Airforce Pilots of WWII**
3.40 **Sean Bean on Waterloo** Double bill.
5.40 **Jerusalem: The Making of a Holy City**
6.50 **Flying Dreams: Women Airforce Pilots of WWII**
7.55 **Jerusalem: The Making of a Holy City** How the city became a focal point for religious tensions.
9.00 **Hiroshima** Docu-drama investigating the dropping of the atomic bomb on Hiroshima.
11.15 **Jerusalem: The Making of a Holy City**
12.20 AM **Hiroshima**
1.30 **to 2.00** AM **Jet Set**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Police Patrol**
9.00 **The First 48**
10.00 **Homicide: Hours to Kill** New edition
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Homicide: Hours to Kill**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Motives & Murders**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Premiere

301 301 842 431 401 501

6.00 AM **The Iron Sky: The Coming Race** As 11.40pm.
7.40 **The Adventures of Jurassic Pet** As 4.30pm.
9.10 **The Darkest Minds** As 8pm.
11.00 **Drunk on Love** As 1.30am.
12.45 PM **Ralph Breaks the Internet** As 6.00pm.
2.45 **PREMIERE Boogie Man**
4.30 **The Adventures of Jurassic Pet** Adventure. (2018, U) ★
6.00 **Ralph Breaks the Internet** Animation. (2018, PG) ★★★★

9.50 Boogie Man

8 PM

8.00 **The Darkest Minds** Dystopian thriller starring Amandla Stenberg. When a mysterious pandemic wipes out most of America's children, those who survive are gifted with superpowers. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.50 **PREMIERE Boogie Man** Comedy starring Ankush Khanna. A British-Indian teenager falls for a white actress. (2018, 12, 94min) ★★ *See review, page 19*
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.40 **The Iron Sky: The Coming Race** Fantasy adventure sequel starring Lara Rossi. (2019, 15, 90min) ★
1.30 AM **Drunk on Love** Comedy starring Rosario Dawson. (2019, 15, 93min) ★★★
3.20 **Escape from Sobibor**
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

11 PM

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.55 AM **Alexander and the Terrible, Horrible, No Good, Very Bad Day** As 3.00pm.
8.30 **WALL•E** As 4.30pm.
10.15 **The Emperor's New Groove**
11.45 **The Muppet Movie** (1979)
1.30 PM **The Jungle Book** As 8pm.
3.00 **Alexander and the Terrible, Horrible, No Good, Very Bad Day** Comedy. (2014) ★★★
4.30 **WALL•E** (2008) ★★★★★
6.15 **Up** Animated adventure. (2009, U, 92min) ★★★★★

9.30 Christopher Robin

8.00 **The Jungle Book** Disney's cartoon version of Rudyard Kipling's classic tale, featuring the voices of Phil Harris and George Sanders. (1967, U, 78min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

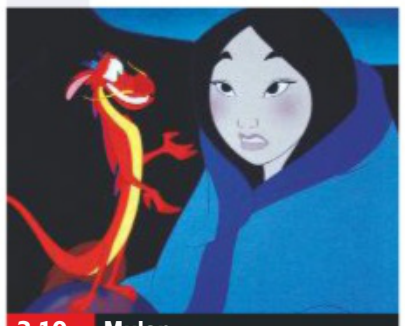
9.30 **Christopher Robin** Comedy adventure starring Ewan McGregor, Hayley Atwell and Mark Gatiss. A downtrodden family man rediscovers the joys of life. (2018, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Invincible** Sports biopic starring Mark Wahlberg. (2006, PG, 105min) ★★
1.15 AM **The Last Flight of Noah's Ark** Adventure starring Elliott Gould and Genevieve Bujold. (1980, U, 97min) ★★★
3.00 **The Hunchback of Notre Dame** Animated fantasy with the voice of Tom Hulce. (1996, U, 91min) ★★★
4.35 **to 6.25** AM **Christopher Robin** As 9.30pm.

Sky Animation

305 305 846 436 406 505

6.30 AM **Cats** As 2.15am.
8.25 **Smallfoot** As 4.45pm.
10.10 **Cloudy with a Chance of Meatballs** As 6.30pm.
11.50 **The Smurfs 2** Animation. (2013, U, 104min) ★★
1.40 PM **Pocahontas** As 8.00pm.
3.10 **Mulan** As 9.30pm.
4.45 **Smallfoot** Animation. (2018, U, 96min) ★★★
6.30 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 89min) ★★★


3.10 Mulan

8.00 **Pocahontas** Animated historical adventure featuring the voices of Irene Bedard, Mel Gibson and Christian Bale. (1995, U, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Mulan** Animation with the voices of Eddie Murphy and Ming-Na. A girl disguises herself as a boy in an attempt to take her father's place in the Chinese army's battle against the Huns. (1998, U, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Sleeping Beauty** Disney's animated fantasy featuring the voice of Mary Costa. (1959, U, 75min) ★★★★
12.30 AM **Bolt** Animated comedy adventure with the voices of John Travolta and Miley Cyrus. (2008, PG, 103min) ★★★★
2.15 **Cats** Animated adventure. (2018, PG, 90min) ★★★
4.10 **to 6.05** AM **The Smurfs 2** Adventure starring Hank Azaria. (2013, U, 104min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Spider-Man** As 5.45pm.
8.15 **Spider-Man 2** As 8.00pm.
10.30 **Spider-Man 3** As 10.15pm.
1.00 PM **The Amazing Spider-Man** As 12.45am.
3.20 **The Amazing Spider-Man 2** Action adventure sequel starring Andrew Garfield, Jamie Foxx and Emma Stone. (2014, 12, 142min) ★★★
5.45 **Spider-Man** Fantasy adventure with Tobey Maguire. (2002, 12, 121min) ★★★★

5.45 Spider-Man

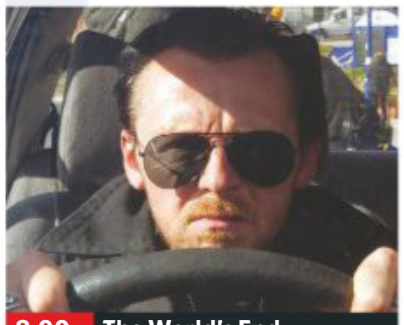
8.00 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. With Kirsten Dunst. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Spider-Man 3** Fantasy adventure starring Tobey Maguire. A mysterious substance brings out the superhero's darker side. (2007, 12, 138min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.45 AM **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield and Emma Stone. (2012, 12, 136min) ★★★
3.05 **The Amazing Spider-Man 2** Adventure shown at 3.20pm.
5.30 **to 6.00** AM **Fast & Furious – Hobbs & Shaw: Special**

Sky Comedy

307 307 848 438 408 506

7.15 AM **Social Animals** Comedy. (2018, 15, 90min) ★★
8.45 **Billy Madison** Comedy. (1995, PG, 90min) ★★
10.20 **Grown Ups 2** 6.10pm.
12.10 PM **The World's End** As 8pm.
2.10 **Mamma Mia! Here We Go Again** As 10.00pm.
4.10 **American Reunion** Comedy. (2012, 15, 108min) ★★
6.10 **Grown Ups 2** Comedy sequel with Adam Sandler and Chris Rock. (2013, 12, 99min) ★


8.00 The World's End

8.00 **The World's End** Sci-fi action comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a very bizarre turn for five former friends. With Paddy Considine, Martin Freeman and Eddie Marsan. (2013, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mamma Mia! Here We Go Again** Abba-themed musical sequel starring Amanda Seyfried. Sophie's family reunites at the Hotel Bella Donna. (2018, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Action Point** Comedy. (2018, 15, 90min) ★
1.30 AM **Downsizing** Sci-fi comedy starring Matt Damon. (2017, 15, 135min) ★★★
3.50 **The Love Guru** Comedy. (2008, 12, 86min) ★
5.30 **to 7.15** AM **Blue Iguana** Comedy with Sam Rockwell. (2018, 15, 100min) ★★★

primetime

Sky Hits

302 302 843 433 403

6.45 AM **Birth of the Dragon** Biopic. (2017, 12, 95min) ★★★
8.35 **Slaughterhouse Rulez** As 11pm.
10.35 **The Equalizer 2** As 9.00pm.
12.40 PM **Thunderbirds** Adventure. (2004, PG, 95min) ★★
2.30 **Same Kind of Different as Me** Drama. (2016, 12) ★★★
4.45 **All the Money in the World** Drama with Michelle Williams. (2017, 15, 132min) ★★★★

7.05 **Tag** Comedy with Jon Hamm. A group of former classmates organises an elaborate game of tag that requires some to travel all across the United States. (2018, 15, 100min) ★★★
9.00 **The Equalizer 2** Action thriller starring Denzel Washington, Pedro Pascal, Melissa Leo and Ashton Sanders. When a CIA friend is murdered, a vigilante former black ops agent sets out to avenge her death. (2018, 15, 121min) ★★★
11.00 **Slaughterhouse Rulez** Comedy horror. (2018, 15, 104min) ★★★
12.45 AM **Insidious: The Last Key** Horror. (2018, 15, 105min) ★★★
2.40 **White House Down** Thriller. (2013, 12, 128min) ★★★
5.00 **to 6.45** AM **Thunderbirds** Adventure shown at 12.40pm.

Sky Greats

303 303 844 434 404 508

6.00 AM **1984** Drama. (1984) ★★★
8.00 **Red Sonja** Fantasy adventure. (1985, 15, 89min) ★
9.35 **A Few Good Men** As 5.40pm.
11.55 **The Frighteners** As 8.00pm.
1.55 PM **Shirley Valentine** Comedy. (1989, 15, 108min) ★★★★
3.55 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
5.40 **A Few Good Men** Legal drama. (1992, 15, 132min) ★★★★

8.00 **The Frighteners** Quirky horror comedy starring Michael J Fox. A psychic falls under suspicion when the ghost of a dead serial killer continues his murderous spree from beyond the grave. (1996, 15, 110min) ★★★
10.00 **Primal Fear** Courtroom thriller starring Richard Gere and Edward Norton. An arrogant Chicago attorney defends a 19-year-old altar boy accused of murdering his archbishop. (1996, 18, 129min) ★★★
12.15 AM **Evil Dead 2** Horror comedy sequel starring Bruce Campbell. (1987, 18, 85min) ★★★
1.50 **Red Heat** Action thriller starring Arnold Schwarzenegger. (1988, 18, 106min) ★★★
3.50 **The Italian Job** As 3.55pm.
5.40 **to 6.00** AM **The Top Ten Show**

TCM

315 415 416 512 526

7.40 AM **They Came to Cordura** Western. (1959, PG) ★★★
10.10 **The Nevadan** Western. (1949, U, 81min) ★★
11.55 **The Iron Sheriff** Western. (1957, b/w, U, 73min) ★★
1.30 PM **Destry Rides Again** Comedy Western. (1939, b/w, PG, 94min) ★★★★★
3.30 **Darby's Rangers** Adventure. (1958, b/w, PG, 120min) ★★★

6.00 **Kelly's Heroes** World War Two action comedy starring Clint Eastwood as an American private leading a mission to steal a fortune in gold bullion. (1970, PG, 143min) ★★★★
9.00 **On Deadly Ground** Action thriller starring Steven Seagal as a fire expert saving Alaskan natives from the plans of an evil tycoon. (1994, 15, 102min) ★
11.10 **Dirty Harry** Thriller with Clint Eastwood and Andy Robinson. (1971, 18, 103min) ★★★★★
1.20 AM **Monte Walsh** (1970) ★★★
4.30 **Hollywood's Best Film Directors** With John Glen.
5.00 **Off Set** With Jamie Cullum.
5.10 **to 7.30** AM **Rebel Without a Cause** Drama. (1955) ★★★★★

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Valley of Eagles** (1951) ★
7.40 **The Detectives**
8.10 **The Third Alibi** (1961) ★★★
9.30 **And the Same to You** (1960)
11.00 **The Pursuers** Thriller. (1961)
12.15 PM **Cheaper by the Dozen**
2.00 **Rooms**
2.30 **The Fast Lady** (1962) ★★★
4.30 **Where There's a Will** Comedy. (1936, b/w, U, 81min) ★★★
6.00 **Get Some In!**

6.30 **Little Venice Boat Afloat Show 1964**
6.40 **Dangerous Cargo** Thriller with Jack Watling. A gang of robbers blackmails a guard into helping them steal a shipment of gold. (1954, b/w, PG, 61min) ★
8.00 **Glimpses: Liverpool & London in 1930** Footage of both cities.
8.15 **French Dressing** Comedy set in a British seaside resort, starring James Booth and Roy Kinnear. (1963, b/w, PG, 86min) ★
10.00 **Lytton's Diary**
11.00 **Sudden Fear** Thriller. (1952, b/w, PG, 111min) ★★
1.15 AM **Glimpses: Road Hogs 1932**
1.30 **Walk on the Wild Side** Drama. (1962, b/w, 15, 114min) ★★★
3.40 **The Hellions** Crime drama. (1961, 18, 86min) ★★
5.20 **to 6.00** AM **End of the Line**

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 18/24. (S3)
11.00 **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
1.00 PM **Super Cyclone** Disaster movie. (2012, 12, 90min) ★
3.00 **Under the Dome**
4.00 **Mammoth** Sci-fi action thriller. (2006, 12, 90min) ★★★
6.00 **Star Trek** 19/24. (S3)

7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict**
9.00 **The Grudge** Horror thriller remake starring Sarah Michelle Gellar. An American student studying in Japan unwittingly crosses the threshold of a house that is possessed by a curse. (2004, 15, 92min) ★★★
10.50 **The Lesson** Thriller starring Robert Hands. A teacher resorts to kidnapping one of his worst students to force him to learn. (2015, 18, 94min) ★★
12.50 AM **Deepstar Six** Underwater monster chiller starring Greg Evigan. (1988, 15, 100min) ★★
2.45 **to 4.20** AM **The Vatican Tapes** Horror starring Olivia Taylor Dudley. (2015, 15, 89min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.25 AM **Grosse Pointe Blank** Comedy. (1997, 15) ★★★★
8.25 **Gran Torino** (2008) ★★★★
10.35 **Thoroughbreds** Comedy. (2017, 15, 92min) ★★★★
12.20 PM **Premium Rush** Thriller. (2012, 12, 89min) ★★★
2.05 **The Snowman** Crime drama. (2017, 15, 109min) ★★
4.15 **Zodiac** Crime drama. (2006, 15, 157min) ★★★★
7.05 **Searching** Mystery thriller. (2018, 12, 102min) ★★★★

9.00 Marathon Man

Searching (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

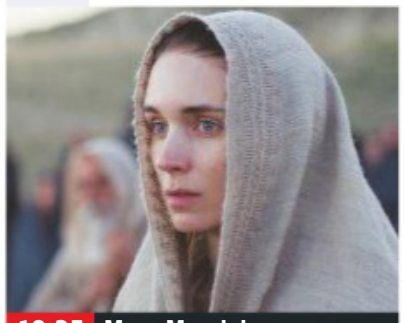
9.00 **Marathon Man** Thriller starring Dustin Hoffman and Laurence Olivier. After an unexpected visit from his elder brother, a graduate student gets drawn into a web of intrigue involving a Nazi war criminal. (1976, 18, 126min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Face/Off** Action thriller starring John Travolta, Nicolas Cage and Alessandro Nivola. (1997, 18, 133min) ★★★★
1.30 AM **Dark Crimes** Thriller with Jim Carrey and Marton Csokas. (2016, 18, 92min) ★★
3.05 **Serpent** Thriller starring Tom Ainsley. (2016, 15, 85min) ★★
4.35 **to 6.20** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.20 AM **Being Rose** (2017) ★★
8.00 **Always** Romantic fantasy. (1989, PG, 122min) ★★★
10.10 **Here and Now** Drama. (2018, 15, 91min) ★★★
11.50 **A Star Is Born** As 8.00pm.
2.10 PM **The Top Ten Show 2019**
2.25 **That Good Night** With John Hurt. (2017, 12, 92min) ★★
4.10 **Cocktail** Romantic drama. (1988, 15, 103min) ★★
6.00 **Footloose** Drama remake. (2011, 12, 113min) ★★★


10.25 Mary Magdalene

8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. A fading music star falls in love with a nightclub singer-songwriter. However, his alcoholism has repercussions as her career blossoms. (2018, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Mary Magdalene** Drama starring Rooney Mara. In 33AD, a woman begins to follow Jesus of Nazareth, causing conflict with the male disciples. (2018, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Last Movie Star** Drama starring Burt Reynolds. (2017, 15, 94min) ★★
2.30 **Thumper** Crime drama starring Pablo Schreiber. (2017, 18, 93min) ★★★
4.10 **to 6.15** AM **Steel Magnolias** Drama starring Sally Field. (1989, PG, 115min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Solo: A Star Wars Story – Special** Preview of the film.
6.30 **Happy Death Day** (2017)
8.15 **Close Encounters of the Third Kind: Collector's Edition** As 4.40pm.
10.45 **Geostorm** As 7.00pm.
12.45 PM **Gravity** As 9.00pm.
2.25 **Thor: Ragnarok** As 10.45pm.
4.40 **Close Encounters of the Third Kind: Collector's Edition** (1977) ★★★★★
7.00 **Geostorm** Sci-fi. (2017) ★

10.45 Thor: Ragnarok

Geostorm (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Gravity** Space thriller starring Sandra Bullock. An astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

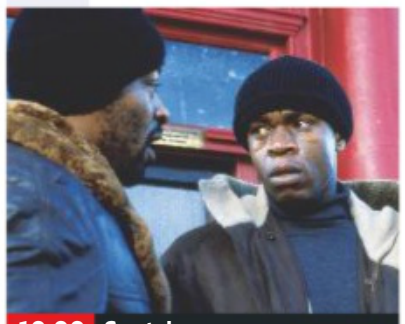
10.45 **Thor: Ragnarok** Fantasy adventure starring Chris Hemsworth. The warrior attempts to get back to Asgard to stop the destruction of his homeworld. (2017, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **The Ring** Horror chiller remake starring Naomi Watts. (2002, 15, 115min) ★★★
3.00 **The Ring Two** Horror chiller sequel starring Naomi Watts. (2004, 15, 110min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview – August 2019**

Sky Select

311 311 852 | 442 412 | 510

7.35 AM **Raising Arizona** Comedy. (1987, 12, 92min) ★★★★★
9.15 **The Nile Hilton Incident** Crime drama. (2017, 15) ★★★
11.15 **Walk the Line** Biopic. (2005, 12, 124min) ★★★★
1.35 PM **The Duellists** Drama. (1977, PG, 101min) ★★★★
3.20 **Stand by Me** Drama. (1986, 15, 89min) ★★★★★
5.00 **The Godfather Part III** Gangster drama with Al Pacino. (1990, 15, 162min) ★★★


10.00 Snatch

8.00 **First Reformed** Drama starring Ethan Hawke and Amanda Seyfried. The minister of a congregation in New York grapples with mounting despair brought on by tragedy, worldly concerns and a tormented past. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Snatch** Crime comedy starring Jason Statham and Brad Pitt. A group of small-time criminals plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Bugsy** Gangster biopic starring Warren Beatty. (1991, 18, 136min) ★★★
2.10 AM **Midnight Express** Prison drama starring Brad Davis. (1978, 18, 120min) ★★★
4.20 **to 6.30** AM **A Place in the Sun** Drama starring Montgomery Clift. (1951, b/w, PG, 122min) ★★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **Miracle on 34th Street** Festive fantasy remake. (1994, U, 114min) ★★★★
1.25 PM **Hulk** Sci-fi fantasy. (2003, 12, 138min) ★★
4.10 **Ever After: A Cinderella Story** Romantic drama. (1998, PG, 121min) ★★★
6.40 **About Time** Romantic comedy fantasy starring Domhnall Gleeson. (2013, 12, 120min) ★★★

9.00 Stratton

About Time (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **PREMIERE Stratton** Thriller starring Dominic Cooper and Austin Stowell. A British Special Boat Service Commando tracks down an international terrorist cell. (2017, 15, 94min) ★★ *See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The Purge: Anarchy** Horror sequel with Frank Grillo and Carmen Ejogo. (2014, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 **to 2.50** AM **Everly** Action thriller starring Salma Hayek. A woman forced into prostitution by a criminal overlord fights back against her oppressor. (2014, 18, 89min) ★★★

+1 hour 314 430 45 301

8 PM | **9 PM** | **10 PM** | **11 PM**

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill. (S8)
9.00 **The Inheritance** Period drama. (1997, U, 90min) ★★
11.00 **Liz & Dick** Fact-based drama with Lindsay Lohan and Grant Bowler. (2012, 12, 88min) ★
1.00 PM **Highway to Heaven**
3.00 **North and South**
5.00 **The Great Train Robbery** 1/2. Crime drama with Luke Evans.

7.00 **The Great Train Robbery** 2/2. Crime drama starring Luke Evans and Jim Broadbent. The Flying Squad is called in to investigate the robbery, with a team headed by enigmatic chief detective Tommy Butler.
9.00 **Foolproof** Crime comedy starring Ryan Reynolds. Three friends who plan heists as a hobby are blackmailed when a crime lord gets hold of one of their foolproof robbery plans. (2003, 15, 94min) ★★★
11.00 **Hatton Garden: The Heist** Crime drama. (2016, 15) ★
1.00 AM **The Waltons** Double bill.
3.00 **The Man from UNCLE**
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Status: Unknown** Thriller. (2014, PG, 86min) ★★
10.45 **Voices** Drama starring Amy Acker. (2008, PG, 89min) ★★
12.30 PM **No Surrender** Thriller. (2011, PG, 90min) ★★
2.20 **Stranger Than Fiction** Comedy. (2006, 12, 113min) ★★★★
4.30 **Ruth & Alex** Drama with Diane Keaton and Morgan Freeman. (2014, 12, 92min) ★★★

6.20 **Moneyball** Sports drama starring Brad Pitt and Jonah Hill. (2011, 12, 133min) ★★★★
9.00 **A Walk Among the Tombstones** Crime thriller starring Liam Neeson. An ex cop helps a drug trafficker find the men who murdered his wife. (2014, 15, 111min) ★★★
11.20 **Sony Movie News Extra**
11.30 **Tarantino Presents: Gunman's Walk** A look at the Western.
11.35 **Gunman's Walk** Western. (1958, PG, 95min) ★★
1.40 AM **Tarantino Presents: Gunman's Walk** As 11.30pm.
1.45 **Mojave** Thriller. (2015) ★★★
3.40 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Destination Wedding** Comedy. (2017, PG, 84min) ★★
9.00 **Bridal Fever** (2008) ★★
11.00 **Like Cats and Dogs** Romantic comedy. (2017, PG, 81min) ★★
1.00 PM **Newlywed and Dead** Drama. (2016, PG, 120min) ★★
3.00 **My Perfect Romance** Romantic drama. (2017, PG, 120min) ★★
5.00 **Off the Menu** Romantic comedy. (2018, PG, 96min) ★★

7.00 **In My Dreams** Drama starring Katharine McPhee. A couple who have never met in person have only seven days to turn sweet dreams into reality. (2014, PG, 94min) ★★
9.00 **Save This Dance** Drama with Lexi Giovagnoli. Two former high-school sweethearts reunite for a dance competition. (2018, PG, 90min) ★★
11.00 **Aurora Teagarden Mystery: Dead Over Heels** Mystery. (2016, PG, 90min) ★★
1.00 AM **Concrete Evidence: A Fixer Upper Mystery** Mystery sequel. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Christmas Cupcakes** Drama starring Cindy Busby. (2018, 120min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Days of Glory** (1944) ★★
7.35 **The Panzer**
8.30 **Seattle Superstorm** (2012) ★★
10.15 **Earthstorm** Sci-fi. (2006) ★★
12.00 NOON **M*A*S*H**
1.00 PM **Dynamite Joe** Western. (1967, 12, 98min) ★★
3.05 **The Short Sunderland**
4.20 **Allied Fighters**
5.35 **German Fighter Aircraft 1939-1942** Documentary.

6.50 **Breaker Morant** Historical drama about three Australian soldiers court-martialled for political reasons during the Boer War. Edward Woodward stars. (1979, PG, 107min) ★★★
9.00 **Derailed** Action thriller starring Jean-Claude Van Damme. A US government agent has to escort a master thief aboard a train across Eastern Europe. But a gang of terrorists release the smallpox virus aboard the train. (2002, 15, 85min) ★
10.45 **Wake of Death** Crime drama. (2004, 18, 86min) ★★★
12.30 AM **The Shooter** Action thriller. (1995, 18, 101min) ★
2.20 **to 4.00** AM **Mission Batangas** Thriller. (1968, 15, 100min) ★★

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Major League: Back to the Minors** *AMC* Baseball comedy sequel with Scott Bakula. ★
9.00 **The Hangover Part II** *ITV2* Dark comedy sequel. (HD) ★★
9.00 **The Living Daylights** *ITV4* James Bond adventure starring Timothy Dalton. (HD) ★★★
9.00 **The New Guy** *AMC* Teen comedy starring DJ Qualls. ★
9.00 **Angels & Demons** *5STAR* Mystery thriller. (HD) ★★
9.00 **The Green Hornet** *Comedy Central* Fantasy action comedy. (HD) ★★★
10.00 **Van Helsing** *5Spike* Fantasy adventure. (HD) ★★
10.00 **Bring It On Again** *MTV* Teen drama sequel. ★★
10.00 **The Signal** *Syfy* Sci-fi thriller with Brenton Thwaites. ★★★
10.45 **That's My Boy** *AMC* Comedy starring Adam Sandler. ★★
11.50 **Daylight** *5STAR* Disaster adventure. (HD) ★★★
12.55 AM **The Way** *AMC* Road movie drama. ★★★
1.30 **Trance** *Channel 4* Psychological thriller. (HD) ★★★
4.00 **Age of Dinosaurs** *Syfy* Sci-fi thriller with Treat Williams. ★★

Thursday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans**
8.30 **LIVE Mitre 10 Cup Rugby Union Southland v Northland.** Coverage from Rugby Park, Invercargill. Kick-off 8.35am.
10.25 **Rugby Greatest Games**
10.30 **Sky Sports News**
12.00 NOON **PGA Tour Profiles**
12.15 PM **LIVE PGA Tour Golf** Coverage of the featured groups on day one of the Northern Trust, the opening event of the FedEx Cup, held at the Liberty National Golf Club in New Jersey.
3.30 **LIVE Ladies European Tour Golf** Coverage of the opening day's play of the Ladies Scottish Open from the Renaissance Club in North Berwick.
6.30 **LIVE Vitality T20 Blast Cricket Middlesex v Surrey.** Coverage of the South Division encounter from Lord's.
9.30 **LIVE PGA Tour Golf** Further coverage on the opening day's play of the Northern Trust from the Liberty National Golf Club in Jersey City, New Jersey.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: Newcastle v Liverpool** Memorable strikes.
3.30 **Best PL Goals: Chelsea v Arsenal** Goals between the sides.
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **The Tyler Archives**
6.30 **Premier League World** A round-up of the latest news.
7.00 **Premier League Match Pack**
7.30 **PL Greatest Games**
8.00 **Premier League Best Goals**
9.00 **Premier League World**
9.30 **Premier League Match Pack**
10.00 **The Debate**
11.00 **Premier League Match Pack**
11.30 **Premier League Legends**
12.00 M'T **The Debate** Discussion on the latest football news.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Football Countdowns**
7.00 **Football Years**
8.00 **MLS Round-Up Show**
8.30 **SPFL Greatest Games**
9.00 **Football Years**
9.30 **MLS Round-Up Show**
10.00 **The Debate**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **to 6.00** AM **Highlights**

Sky Sports The Ashes

404 404 858 | 514 504

6.00 AM **Ashes Memories**
7.00 **Captain's Log**
8.00 **Ashes Memories**
9.00 **Vitality T20 Blast Cricket** A re-run of Leicestershire Foxes v Birmingham Bears.
12.45 PM **Captain's Log**
1.45 **Ashes Greats**
2.00 **Best of England v Australia**
2.25 **LIVE One-Day International Cricket West Indies v India.** Coverage of the first ODI in the three-match series, taking place at Guyana National Stadium.
6.00 **LIVE Vitality T20 Blast Cricket Middlesex v Surrey.** Coverage of the South Division encounter from Lord's.
9.30 **LIVE One-Day International Cricket West Indies v India.** Further coverage of the first ODI in the three-match series, taking place at Guyana National Stadium.
10.30 **Best of England v Australia**
11.50 **Ashes Greats**
12.00 M'T **Vitality T20 Blast Cricket** Action from Middlesex v Surrey.
3.30 AM **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **On the Range**
7.00 **Inside the PGA Tour**
7.30 **Golfing World**
8.00 **On the Range: Northern Trust**
9.00 **Pace of Play**
9.15 **Rules of Golf Review**
9.30 **Golfing World**
10.00 **Inside the PGA Tour**
10.30 **Pace of Play**
10.45 **PGA Tour Profiles**
11.15 **On the Range: Northern Trust**
12.15 PM **LIVE PGA Tour Golf** Day one of the Northern Trust from the Liberty National Golf Club in Jersey City, New Jersey.
3.30 **LIVE Ladies European Tour Golf** The opening day of the Ladies Scottish Open from the Renaissance Club, North Berwick.
6.30 **LIVE PGA Tour Golf** Further coverage of the Northern Trust.
11.00 **Ladies European Tour Golf**
12.00 M'T **Feherty Talks to Couples**
1.00 AM **Chronicles of a Champion Golfer** Profiles of leading golfers.
2.00 **Ladies European Tour Golf**
3.00 **Feherty Talks to Fred Couples**
4.00 **Chronicles of a Champion Golfer** Profiles of leading golfers.
5.00 **to 6.00** AM **Ladies European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **BT Sport Reload**
6.15 **MotoGP Films: The Age of 27**
7.30 **MotoGP Highlights**
8.30 **World Rallycross Highlights** Action from round seven in Trois-Rivieres, Canada.
9.30 **WRC Review** The best of the action from Rally Finland.
10.30 **Virgin Australia Supercars Championship Highlights** Action from races 19 and 20 in Ipswich, Queensland.
12.30 PM **MotoGP Highlights** Action from the Grand Prix of the Czech Republic.
1.30 **FIM Speedway Highlights** Round five from Wroclaw, Poland.
2.30 **FA Community Shield** Liverpool v Manchester City: Action from the traditional curtain-raiser to the new Premier League season, held at Wembley Stadium.
4.00 **LIVE WTA Tennis** Coverage of the fourth day of the Rogers Cup from Toronto, Canada.
2.00 AM **The Polo Show**
2.30 **Fishing: On The Bank**
3.30 **IMMAF – European Open Championship Highlights**
4.00 **to 6.00** AM **ESPN Classic Boxing**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Premier League: Best Goals 2012/13**
7.00 **Premier League: Best Goals 2013/14** Memorable strikes.
8.00 **Premier League: Best Goals 2014/15** Memorable strikes.
9.00 **Premier League: Best Goals 2015/16** Memorable strikes.
10.00 **Premier League** Double bill.
1.00 PM **Premier League** Chelsea v Tottenham Hotspur.
2.30 **Premier League** Action from Tottenham Hotspur v Arsenal.
4.00 **Premier League** Action from Manchester City v Watford.
5.30 **Premier League** Action from Liverpool v Burnley.
7.00 **Premier League** Action from West Ham United v Everton.
8.30 **Premier League** Manchester United v West Ham United.
10.00 **Premier League Match Pack**
10.30 **Classic Premier League** From 2016/2017 and 2017/2018.
12.30 AM **Premier League World**
1.00 **LIVE MLB Minnesota Twins v Cleveland Indians.** Coverage of the American League match from Target Field. Start-time 1.10am.
4.00 **MLB's Best** Highlights show.
4.30 **to 6.00** AM **The Two Bills**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **UEFA Champions League**
7.30 **BT Sport Reload**
8.00 **Formula E Championship**
9.00 **British Talent Cup Highlights**
10.00 **FIM Speedway Grand Prix**
12.00 NOON **UEFA Champions League** Action from the UEFA Champions League.
1.30 PM **Trophee des Champions** Paris Saint-Germain v Rennes.
3.00 **Ligue 1: Games of the Season**
7.00 **Ligue 1 Show** A look ahead to the opening round of fixtures in the top flight in France.
7.30 **Bundesliga Special** A look ahead to the 2019/2020 season.
8.30 **UEFA Champions League**
10.00 **UFC Profiles in Combat**
10.30 **Ligue 1 Show**
11.00 **MotoGP Highlights**
12.00 M'T **World Rallycross Highlights** From Canada.
1.00 AM **MotoGP Rewind**
1.15 **BT Sport Reload**
1.30 **LIVE CFL Winnipeg Blue Bombers v Calgary Stampeders.** From Investors Group Field. Kick-off 1.30am.
4.30 **Ligue 1 Show**
5.00 **to 6.00** AM **World Rallycross Highlights**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **NRL Try Time**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
10.30 **Fast Zone**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
1.30 **Fast Zone**
2.00 **Salomon Golden Trail Series**
2.30 **Boxing Gold**
3.30 **Fast Zone**
4.00 **Darts Gold**
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **NFL: America's Game**
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **World Rugby Show** A round-up of the latest rugby union action.
9.30 **Sporting Records**
10.00 **World Rugby Show**
10.30 **Darts Gold**
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** A look back at iconic moments in the history of sport.
1.00 PM **Sporting Records**
1.30 **US Open 9-Ball Pool** Action from this year's tournament in Las Vegas.
2.25 **LIVE One-Day International Cricket West Indies v India.** Coverage of the first ODI in the three-match series, taking place at Guyana National Stadium.
10.30 **Sporting Records** An in-depth look at some of the greatest milestones ever recorded in sport.
11.00 **Ladies European Tour Golf** Action from the opening day of the Ladies Scottish Open at the Renaissance Club, North Berwick, a tournament won last year by Ariya Jutanugarn of Thailand.
12.00 M'T **US Open 9-Ball Pool**
1.00 AM **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **X Games** From Minneapolis.
12.30 PM **ESPN FC** Football news.
1.00 **Around the Horn**
1.30 **Pardon the Interruption**
2.00 **MLB: Athletics @ Cubs**
5.00 **NHRA Drag Racing Highlights**
6.00 **Pardon the Interruption**
6.30 **ESPN FC** Football news.
7.00 **BT Sport Reload**
7.15 **MLB: Caps Off**
7.30 **MLB** Recent MLB action.
10.30 **WRC Review** The Rally Finland.
11.30 **College Football Live**
12.00 M'T **LIVE MLB Cincinnati Reds v Chicago Cubs.** Coverage from the Great American Ball Park. Start-time 12.10am.
3.01 AM **MLB: Caps Off**
3.15 **BT Sport Reload**
3.30 **WRC Review**
4.30 **NHRA Drag Racing Highlights**
5.30 **to 6.00** AM **College Football**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.15 AM **Voxwomen Cycling Show**
7.45 **RideLondon**
8.45 **Cycling: Tour of Poland**
9.45 **LIVE Cycling: European Road Champs** The women's time-trial.
11.00 **Ultra Trail: Tenerife Bluetrail**
11.30 **Golf: US PGA Tour**
12.30 PM **Cycling: UK Men's Road Series** From the Isle of Man.
1.00 **Cycling: Tour of Poland**
2.00 **LIVE Cycling: European Road Champs** The men's time-trial.
3.30 **Ultra Trail: Tenerife Bluetrail**
4.00 **WATTS**
5.00 **LIVE Cycling: Tour of Poland** Coverage of stage six in Zakopane.
5.30 **Cycling: European Road Champs**
7.30 **Cycling: UK Men's Road Series**
8.00 **Cycling: Tour of Poland**
9.00 **Golf: US PGA Tour**
10.00 **Snooker: International Championship** Quarter-finals.
12.00 M'T **Cycling: Tour of Poland**
1.00 **to 1.10** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.25 AM **LIVE Snooker: International Championship** The quarter-finals in Daqing, China.
10.00 **Snooker: International Championship** Quarter-finals.
11.25 **LIVE Snooker: International Championship** Quarter-finals.
3.00 PM **Snooker: International Championship** Quarter-finals.
4.00 **Motocross World Championship**
5.00 **Athletics: Diamond League**
7.00 **Snooker: International Championship** Quarter-finals.
9.00 **Motocross British Championship**
10.00 **Cycling: Tour of Poland**
11.00 **Eurosport News**
11.10 **Bennetts British Superbikes**
1.10 AM **Motocross World Championship** From Belgium.
1.40 **WATTS** Recent highlights.
2.00 **Snooker: International Championship** Quarter-finals.
4.00 **Cycling: Tour of Poland**
5.00 **to 5.55** AM **Snooker: International Championship**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
6.30 **GAA Weekly Round-Up**
7.30 **WWE Smackdown Hits**
8.30 **LIVE Mitre 10 Cup Rugby Union Southland v Northland.**
10.25 **Rugby Greatest Games**
10.30 **Super League Gold**
10.45 **LIVE NRL North Queensland Cowboys v Brisbane Broncos**
12.35 PM **Super League Gold**
12.50 **My Icon**
1.00 **GAA Weekly Round-Up**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **WWE Raw** Wrestling action.
6.00 **Sporting Greats**
7.00 **LIVE Betfred Super League**
10.00 **WWE Main Event**
11.00 **WWE Raw** Wrestling action.
1.00 AM **Sporting Records**
2.00 **Betfred Super League**
2.15 **Super League Gold**
3.00 **Sporting Records**
4.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** The Austrian Grand Prix qualifying session.
12.45 PM **The F1 Show**
1.15 **Formula 1** As shown at 5.30pm.
3.15 **Ted's 2019 F1 Tech**
3.25 **Melbourne Seaplane Tour**
3.30 **Formula 1** As shown at 8.00pm.
4.30 **F1 Weekend Debrief: Australia**
5.00 **Australian F1 GP Best Bits**
5.30 **Formula 1** Another chance to see the Australian Grand Prix at Albert Park, Melbourne.
7.30 **Alfa Romeo 1950**
7.35 **Vettel In Fiorano**
7.50 **Ted's 2019 F1 Tech**
8.00 **Formula 1** Highlights of the Australian Grand Prix.
9.00 **F1 Classic Races** A look back at the 2010 Belgian Grand Prix.
11.10 **Brundle with Kubica & Russell**
11.25 **Alfa Romeo 1950**
11.30 **Formula 1** As shown at 8.00pm.
12.30 AM **Australian F1 GP Best Bits**
1.00 **to 6.00** AM **The Home of F1**

Friday

9 August

Evening Planner

Animation

Spider-Man: Into the Spider-Verse
Sky Premiere HD, 12.10pm & 8pm; Sky Action HD, 10pm
Introducing an alternative Spidey world

Football

Liverpool v Norwich City
SS Main Event HD, SS Premier League HD & Sky One HD, kick-off 8pm
The opening match of the 2019/20 Premier League season at Anfield

Drama

Thou Shalt Not Kill
More4 HD, 9pm
A police chief investigates how a dead 15-year-old ended up in a basement as her own mother is relesed from prison

OnDemand

NETFLIX

GLOW
Available today
The Gorgeous Ladies of Wrestling take up a residency in Las Vegas for series three, and Ruth has a regular boyfriend

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 Garden... †	8.00 EastEnders	8.30 A Question of...	9.00 Hold the Sunset	9.30 Mrs Brown's...	10.00 News; Local News	10.35 Room 101...
102 BBC2	7.00 Monkman &...	7.30 Mastermind	8.00 Mortimer &...	8.30 Gardeners'...	9.00 Fosse/Verdon	9.45 QI XL		10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Rescue... †	8.30 Coronation Street	9.00 Lethal Weapon		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Grand Designs		9.00 8 Out of 10 Cats Does Countdown		10.00 The Lateish Show with Mo Gilligan	
105 CHANNEL 5	7.00 Chris Tarrant: Extreme Railway Journeys		8.00 Crossrail: Where Did It All Go Wrong?		9.00 Celebrity 5 Go Barging			10.20 Film: Dirty Dancing
106 SKY ONE	7.00 FNF – Live: Liverpool v Norwich City: The opening match of the 2019/20 season from Anfield (Kick-off 8.00)							10.30 Manifest
Entertainment								
116 BBC4	7.00 News Today	7.30 Top of the...	8.00 BBC Proms: John Wilson Orchestra – Live: Celebrating the music of Warner Brothers					10.30 BBC Proms...
118 ITV2	7.00 You've Been Framed! Gold: Top 100...		8.00 Two and a Half Men		9.00 Film: The Hangover Part III			
136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Thou Shalt Not Kill			
135 E4	7.00 Hollyoaks	7.30 The Goldbergs	8.00 The Big Bang Theory		9.00 Celebs Go Dating		10.00 Film: Dumb and Dumber To	
107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 9-1-1		10.00 Instinct	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Succession			
110 GOLD		7.15 The Vicar of Dibley	7.50 Only Fools and Horses					
111 DAVE	7.00 Taskmaster		8.00 Have I Got a Bit More News for You		9.00 Red Dwarf			10.20 Josh
119 ITV3	7.00 Murder, She Wrote		8.00 Lewis				10.00 Foyle's War	
120 ITV4	7.00 World Series of Darts: Brisbane							
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 The Roast of Charlie Sheen	
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: The Brothers Grimm			
109 W	7.00 MasterChef Australia			8.30 My Restaurant...	9.00 Gavin & Stacey			
113 UNIVERSAL	7.00 NCIS		8.00 Major Crimes		9.00 Murder in Paradise		10.00 Murder She Solved: True Crime	
124 FOX	7.00 NCIS				9.00 NCIS: New Orleans		10.00 L.A.'s Finest	
122 SKY ARTS	7.00 Classic Albums		8.00 Discovering...	8.30 Video Killed...	9.00 Punk			10.10 Sid Vicious: Who Killed Nancy?
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Greatest Events of World War II		10.00 Wings of War	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees				9.00 Alaska: The Last Frontier		10.00 Animal Cops Miami	
129 NAT GEO	7.00 Wicked Tuna		8.00 Cold Water Gold		9.00 Family Guns		10.00 Mine Kings	
130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 Auschwitz: Journey into Hell		10.00 The King Who Tricked Hitler	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 WW2 – Battles for Europe		9.00 War Factories		10.00 Nazi Hunters	
166 EDEN	◂ 6.00 Your...	7.30 David...	8.00 NASA's Ten Greatest Achievements		9.00 Wild North		10.00 Your Favourite Attenborough Moment	
Films								
301 SKY PREMIERE	◂ 6.00 Ralph Breaks the Internet		8.00 Spider-Man: Into the Spider-Verse				10.00 The Darkest Minds	
302 SKY HITS	7.00 Pacific Rim: Uprising				9.00 The Meg			
303 SKY GREATS	◂ 6.00 The Pursuit of Happyness		8.00 Tropic Thunder				10.00 Bram Stoker's Dracula	
304 SKY DISNEY	◂ 6.00 A Wrinkle in Time		8.00 Mary Poppins					10.25 Honey, I Shrunk...
305 SKY ANIMATION	7.00 Teen Titans Go! To the Movies			8.30 Lu Over the Wall				10.30 Anastasia
306 SKY ACTION	◂ 5.30 Fast & Furious 5	7.45 Fast & Furious 6					10.00 Spider-Man: Into the Spider-Verse	
307 SKY COMEDY	◂ 6.20 Zoolander		8.00 Friends with Benefits				10.00 Just Go With It	
308 SKY THRILLER	◂ 6.15 Munich				9.00 Three Billboards Outside Ebbing, Missouri			
309 SKY DRAMA	◂ 6.10 Garden State		8.00 Battle of the Sexes				10.05 Life Itself	
310 SKY SCI-FI	◂ 6.30 War for the Planet of the Apes				9.00 Deadpool 2			
311 SKY SELECT	◂ 5.45 Call Me By Your Name		8.00 Panic Room				10.00 Se7en	
313 FILM4	◂ 6.55 Turner & Hooch				9.00 X-Men: Apocalypse			
315 TCM	7.00 The Great Northfield Minnesota Raid				9.00 The Big Lebowski			
Sport								
401 MAIN EVENT	7.00 FNF – Live: Liverpool v Norwich City: The opening match of the 2019/20 season from Anfield (Kick-off 8.00)							10.30 News at Ten
402 PREMIER LEAGUE	7.00 FNF – Live: Liverpool v Norwich City: The opening match of the 2019/20 season from Anfield (Kick-off 8.00)							10.30 The Tyler...
403 FOOTBALL	7.00 EFL Highlights						10.00 EFL Greatest Games	
404 THE ASHES	◂ 6.00 Vitality T20 Blast Cricket – Live: Lancashire Lightning v Yorkshire Vikings: From Emirates Old Trafford					9.45 Captain's Log		
413 BT SPORT 1	7.00 Ligue 1 Show	7.30 Ligue 1 – Live: Monaco v Lyon: From Stade Louis II (Kick-off 7.45pm)					10.00 No Filter Boxing	10.30 PL Legends
414 BT SPORT 2	◂ 5.30 WTA Tennis – Live: Action from the Rogers Cup in Toronto, Canada					9.30 Hit It Hard		10.30 FIM Speedway...

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/43AU
OR CALL 0330 3331 113 and quote code 43AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Friday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Animal Park Summer Special** New edition 5/15. Meeting Inny the giant otter. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Wanted Down Under** (S)(R)
11.45 **Britain in Bloom** (S)(R)
12.15 PM **Bargain Hunt** New edition Charlie Ross hosts from Brighton Racecourse Antiques Fair. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 10/16. Arlo struggles to work things out with Lindsey and Poppy. (S3) (S)
2.30 **Escape to the Country** (S)(R)(AD)
3.30 **Good Morning Dagenham** (S)(R)
4.15 **Flog It!** Unseen finds. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Hold the Sunset

7 PM

7.00 **The One Show** Michelle Ackerley and a guest co-host present the show. (S)
7.30 **Garden Rescue** A makeover for an uninspiring plot in Shrewsbury with nothing exciting for children. (S)(R)(AD)

8 PM

8.00 **EastEnders** The pressure finally takes its toll on Mick. (S)(AD)
8.30 **A Question of Sport** New edition Guests include Kevin Kilbane and Kate Richardson-Walsh. (S)

9 PM

9.00 **Hold the Sunset** New episode 2/6. Edith searches for Phil. (S2) (S)(AD)
9.30 **Mrs Brown's Boys** 4/6. Agnes turns to the internet to find a date for Valentine's Day. (S3) (S)(R)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Room 101 – Extra Storage** Frank Skinner invites Anita Rani, David Mitchell and Judy Murray to reveal their pet hates. (S)(R)
11.15 **New Tricks** *Deep Swimming:* The team reopen the investigation into a terrorist's death after his daughter receives an anonymous note saying he was murdered. Guest stars Barnaby Kay, Charlotte Cornwell and Patricia Potter. (S)(R)(AD)
12.15 AM **FILM Brooklyn** Drama based on Colm Toibin's novel, with Saoirse Ronan and Domhnall Gleeson. (S) (AD) (2015, 12, 105min) ★★★★
2.00 **Weather for the Week Ahead** (S)
2.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Animal Park Summer Special** Double bill of editions. (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Len and Ainsley's Big Food Adventure** (S)(R)(AD)
3.00 **Hairy Bikers' Best of British** Britain's love of seafood. (S)(R)
3.45 **More Creatures Great and Small** Megan helps to rehome 80 hens with local families in Fife. (S)(R)
4.15 **Life Story** Courtship in the animal kingdom. (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** Products are put to the test. (S)(R)

8.00 Mortimer & Whitehouse...

7 PM

7.00 **Monkman & Seagull's Genius Guide to Britain** Hidden gems of British scientific ingenuity. (S)(R)
7.30 **NEW SERIES Mastermind** Specialist subjects include the Lake District, Stephen King and Dorothy Hodgkin. (S)

8 PM

8.00 **Mortimer & Whitehouse: Gone Fishing** New edition 2/6. Fishing for carp in Essex. (S)(AD)
8.30 **Gardeners' World** New edition Advice on essential summer pruning. (S)

9 PM

9.00 **Fosse/Verdon** New episode *Me and My Baby:* 3/8. As Gwen and Bob pursue separate projects, she reflects on the beginning of her career. (S1) (S)(AD)
9.45 **QI XL** Joe Lycett, Phil Wang and Ellie Taylor join Alan Davies, as host Sandi Toksvig looks at the pastimes of past times. (S)(R)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **NEW SERIES Edinburgh Nights with Nish Kumar** Highlights from the Edinburgh Festivals. (S)
11.35 **FILM A Most Violent Year** Thriller starring Oscar Isaac. (S)(AD) (2014, 15, 120min) ★★★★★
1.35 AM **Sign Zone: Stacey Meets the IS Brides – Panorama** (S)(R)
2.05 **Sign Zone: Extinction Rebellion: Last Chance to Save the World?** Documentary. (S)(R)(AD)
2.50 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson helps members of the public in Dewsbury, West Yorkshire, where a stunning centrepiece just fails to add up for dealer David Ford. (S)(R)
3.00 **Tenable** A family of five take part in the quiz. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Lethal Weapon

7 PM

7.00 **Emmerdale** A triumphant Kim revels in her plans. (S)(AD)
7.30 **Coronation Street** Gary introduces associate Derek Milligan as a new investor for the factory. (S)(AD)

8 PM

8.00 **Rescue: River Deep, Mountain High** New edition 3/8. An elderly walker requires help. (S)(AD)
8.30 **Coronation Street** Sarah incurs the wrath of her staff over Gary's plan. (S)(AD)

9 PM

9.00 **Lethal Weapon** New episode *A Whole Lotto Trouble:* 3/15. Cole juggles the realities of his job and parenting duties, taking his daughter to work as he and Murtaugh unite to foil a gang running a lottery scam. (S3) (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Lethal Weapon 4** Action thriller sequel with Mel Gibson and Danny Glover. (S) (AD) (1998, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Teleshopping**
3.00 **All Star Mr & Mrs Christmas Special** Festive edition of the celebrity game show hosted by Phillip Schofield, with *Emmerdale*'s Dominic Brunt and his wife Jo, former boxer Lennox Lewis and his wife Violet, and T'Pau singer Carol Decker and her husband Richard. (S)(R)
3.50 **to 6.00** AM **ITV Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S3) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21&22/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition Charlie Higson is in Dictionary Corner. (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The £100k Drop** New edition Contestants from Wolverhampton and Bristol play the quiz. (S)
5.00 **Come Dine with Me** New edition A funeral arranger hosts the final dinner party in Edinburgh. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Brooke makes a shocking discovery. (S)(AD)

9.00 8 Out of 10 Cats Does...

7 PM

7.00 **News** (S)

8 PM

8.00 **Grand Designs** 3/7. Gallery owner Elinor and fitness entrepreneur Born set themselves the task of creating Britain's first hypoallergenic house in a leafy back garden plot in south-west London. (S)(R)(AD)

9 PM

9.00 **8 Out of 10 Cats Does Countdown** New edition Sean Lock and Joe Wilkinson take on Jon Richardson and Sara Pascoe, while Sam Simmons joins Susie Dent in Dictionary Corner. Hosted by Jimmy Carr. (S)

10 PM

10.00 **The Lateish Show with Mo Gilligan** New edition 4/6. The comedian and actor is joined by big-name guests including broadcaster Maya Jama, comedian Joe Lycett and singer-songwriter Kelis. (S)
11.05 **Friday Night Dinner** 3/6. It is Mum's birthday and she is having a surprise party for 44 guests. (S)(R) **11.40** 4/6. Dad finds his old ventriloquist dummy. (S5) (S)(R)
12.10 AM **The Simpsons** (S)(R)(AD)
1.00 **FILM The Haunting** Horror chiller remake. (S) (1999, 12, 110min) ★
2.50 **GameFace** (S)(SL)(R)(AD)
3.20 **Come Dine with Me**
5.30 **to 5.55** AM **Extreme Cake Makers** Jellyfish cakes. (S)(R)

+1 hour 204 | 142 | 15 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** A man seeks advice on some odd-looking spots. (S)(R)(AD)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!** Documentary. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Lust for Murder** Drama starring Jessica Morris. (S) (2017, 15, 105min) ★★
4.00 **Friends** 5&6/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Bea discovers who the intruder is. (S)(R)(AD)
6.00 **Home and Away** Ava continues to reject Leah. (S)(R)(AD)
6.30 **News** (S)

9.00 Celebrity 5 Go Barging

7.00 **Chris Tarrant: Extreme Railway Journeys** 4/5. Chris travels through the Middle East to explore what remains of the railways that were built there more a hundred years ago. He also visits the city of Petra. (S)(R)

8.00 **Crossrail: Where Did It All Go Wrong?** Charting the project to build a train line linking east and west London, revealing why it is years behind schedule, billions over budget and dogged by problems. (S)(R)

9.00 **Celebrity 5 Go Barging** New edition 4/5. In Warwickshire, Michael Buerk, Shaun Williamson, Amanda Barrie, Anita Harris and John Prescott learn about lock restoration, sheep-racing and the area's famous pies. (S)

10.20 **FILM Dirty Dancing** Romantic musical drama starring Patrick Swayze and Jennifer Grey. (S) (1987, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.25 AM **Greatest Ever Movie Blunders** Elis James points out mistakes in movies including *Ghostbusters* and *50 Shades of Grey*. (S)(R)
1.15 **21.co.uk Live Casino Show** (S)
3.15 **Gotham: Wrath of the Villains** Double bill. (S)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 15/20. (S1) (S)(R)
10.00 **The Flash** 15/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **MacGyver** 17/23. (S2) (S)(R)
4.00 **Modern Family** 7&8/22. Double bill. (S7) (S)(R)
5.00 **The Simpsons** *Bart Gets a Z:* Bart's mischief causes Mrs Krabappel to get fired. (S)(R)
5.30 **Futurama** *Amazon Women in the Mood:* The gang find a planet inhabited by giant women. (S)(R) **6.00** *Bendless Love:* Bender starts work at a factory. (S)(R)
6.30 **The Simpsons** *Postcards from the Wedge:* Bart plays his parents off against each other. (S)(R)

10.30 Manifest

7.00 **LIVE Friday Night Football** Liverpool v Norwich City: Coverage of the opening match of the 2019/20 Premier League season, which comes from Anfield. Kick-off is at 8.00.

10.30 **Manifest** *Re-Entry:* 2/16. The passengers from Flight 828 find themselves under government scrutiny. (S1) (R)

11.30 **The Russell Howard Hour** The comedian gives his take on current affairs and talks to singer-songwriter Ed Sheeran. Plus, stand-up from Rob Auton. (R)
12.30 AM **Brit Cops: Frontline Crime UK** The work of police officers in Devon and Cornwall. (S)(R)
1.30 **Road Wars** Four editions of the documentary series. (R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.30-8.00pm Scotland's Home of the Year (S)(R)
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm NEW SERIES Bikes! Ulster Grand Prix (S) **11.35** Room 101 – Extra Storage (S)(R) **12.15am** New Tricks (S)(R)(AD) **1.15-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R)
7.30-8.00pm NEW Eisteddfod 2019 with Jason Mohammad (S) **10.35** Tudur's TV Flashback New edition (S) **11.05** Hell On Wheels New edition (S)(R) **11.45** Room 101 – Extra Storage (S)(R) **12.25am** New Tricks (S)(R)(AD) **1.25-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
8.00-8.30pm Eisteddfod 2019 New edition (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw New edition **10.00** Eisteddfod Genedlaethol Cymru 2019 New edition **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Eisteddfod Genedlaethol Cymru 2019 New edition **2.00** Newyddion S4C a'r Tywydd **2.05** Eisteddfod Genedlaethol Cymru 2019 New edition **6.25** Newyddion S4C a'r Tywydd **6.30** Eisteddfod Genedlaethol Cymru 2019 New edition **9.00** Newyddion 9 a'r Tywydd **9.30** Eisteddfod Genedlaethol Cymru 2019 New edition **10.30** Y Babell Lên 2019 New edition **11.30** Un Swig Arall: Llanrwst 89 **12.00m't-1.05am** Eisteddfod Genedlaethol Cymru 2019

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **World News Today** Followed by **Weather**
7.30 **Top of the Pops: 1988** Performances by New Order, Prince, The Christians, The Primitives and S'Express.
8.00 **NEW BBC Proms: John Wilson Orchestra** John Wilson's orchestra celebrates the music of one of the most famous film studios, Warner Brothers.
10.30 **NEW BBC Proms: The Sound of Space** The London Contemporary Orchestra performs excerpts from cult sci-fi soundtracks, including Hans Zimmer's *Interstellar* and Mica Levi's *Under the Skin*.

11.45 **Top of the Pops: 1988**
12.15 AM **Rock 'n' Roll Guns for Hire: The Story of the Sideman**
1.45 **Reggae Fever: David Rodigan** The life of the reggae broadcaster and DJ.
2.45 **to 3.45** AM **The Last Pirates: Britain's Rebel DJs**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Jamie's Comfort Food**
9.15 **Food Unwrapped**
9.45 **Escape to the Chateau: DIY** Reality series.
10.45 **The Great British Bake Off: The Final**
12.00 NOON **Find It, Fix It, Flog It**
1.05 PM **Four in a Bed**
3.45 **Location, Location, Location** South London.
4.50 **Love It or List It Australia**
5.55 **The Secret Life of the Zoo**
6.55 **The Supervet** A Rottweiler puppy is treated for a genetic condition that has destroyed the cartilage on its ankle bone.
7.55 **Escape to the Chateau** Dick Strawbridge and Angel Adoree look ahead to wedding season, with eight couples booking the chateau.
9.00 **NEW SERIES Thou Shalt Not Kill** 1/11. Italian crime drama starring Miriam Leone. A 15-year-old girl's body is found in a flooded basement and Inspector Valeria Ferro grabs the reins of the investigation. Subtitled. *All episodes available on All4.* (S1)

11.10 **24 Hours in A&E** A man fractures his ankle. **12.15** AM A 78-year-old man has difficulty breathing after breaking several ribs.
1.20 AM **The Supervet**
2.20 **The Secret Life of the Zoo**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold: Top 100 Weddings**
7.00 **You've Been Framed! Gold: Top 100 Talent**
8.00 **Two and a Half Men** 13/23. Walden decides to tell Kate the truth. **8.30** 14/23. Lyndsey threatens to end her relationship with Alan. (S10)
9.00 **FILM The Hangover Part III** Dark comedy sequel starring Bradley Cooper and Ed Helms. The friends go in search of a Chinese criminal after they are captured by his mobster rival. (2013, 15, 100min) ★★
11.05 **Family Guy** 18/21. Chris and Pam run away. (S12)
11.35 **Family Guy**
12.00 M'T **American Dad!**
12.55 AM **The Cleveland Show**
1.30 **to 2.20** AM **Two and a Half Men**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Speechless**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 22&23/24. Double bill. (S5)
7.00 **Hollyoaks**
7.30 **The Goldbergs** 10/24. Barry celebrates Christmas at Lainey's house and Marvin makes a promise. (S6)
8.00 **The Big Bang Theory** (S7)
9.00 **Celebs Go Dating** New edition 5/20. Lee Ryan becomes the first celeb to go out on a second date.
10.00 **FILM Dumb and Dumber To** Comedy sequel starring Jim Carrey and Jeff Daniels. (2014, 15, 107min) ★★
12.15 AM **Rick and Morty** New episode 6/10. (S3)
12.40 AM **Rick and Morty**
1.15 **NEW SERIES Adult Swim: Robot Chicken: DC Comics Special**
1.50 **Celebs Go Dating**
2.45 **First Dates Hotel**
3.40 **The Big Bang Theory**
4.20 **Brooklyn Nine-Nine**
5.05 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Road Wars** Six editions of the documentary series.
12.00 NOON **Brit Cops: Rapid Response** Triple bill of the documentary series following police officers on patrol.
3.00 PM **Border Security: Australia's Front Line** Eight editions of the documentary series following the work of Australia's customs and immigration officials.

6.45 My Kitchen Rules: Australia

7 PM

6.45 **My Kitchen Rules: Australia** New edition It is brothers vs beauty queens in the last Open House contest.

8 PM

8.00 **Criminal Minds** *Normal:* 11/26. A serial killer in Orange County, California, targets women drivers who are blonde. (S4)

9 PM

9.00 **9-1-1** *A Whole New You:* 10/10. Bobby dips his toe into the dating pool, and Buck is confronted by his past actions. (S1)

10 PM

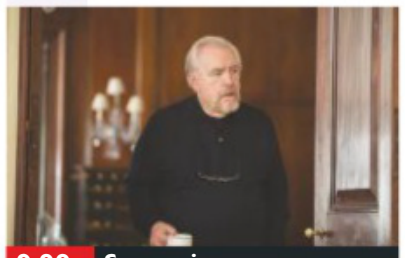
10.00 **Instinct** *Bad Actors:* 9/13. Two members of an acting troupe are killed using highly sophisticated poisons. (S1)
11.00 **Instinct** 10/13. (S1)
12.00 M'T **Criminal Minds** (S6)
1.00 AM **Blue Bloods** 20/22. (S9)
2.00 **Brit Cops: Law & Disorder**
3.00 **Brit Cops: Frontline Crime UK** Documentary.
4.00 **Paramedics**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Urban Secrets** Liverpool.
7.00 **The British**
8.00 **Richard E Grant's Hotel Secrets** A visit to Hong Kong.
9.00 **Discovering: Paul Newman**
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 11/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 22/24. The team investigate when a football coach goes missing. **6.00** 23/24. A teenage girl believes she was kidnapped as a child. (S2)


9.00 Succession

7.00 **CSI** *Miscarriage of Justice:* 14/24. A suicide outside a courtroom sheds new light on a murder case. (S9)

8.00 **Blue Bloods** *Home Sweet Home:* 12/22. Jamie meets a homeless teenager who claims his aunt was murdered. (S5)

9.00 **Succession** *Celebration:* 1/10. Satirical drama about a dysfunctional media family dynasty. Stars Hiam Abbass.

10.10 **Succession** *S**t Show at the F**k Factory:* 2/10. Greg retrieves some important items from the Roy apartment. (S1)
11.20 **Succession** *Lifeboats:* 3/10. The Roy family are forced to confront a series of crises. (S1)
12.25 AM **Succession** 4&5/10. Double bill of the series. (S1)
2.40 **Six Feet Under** 4/12. (S5)
3.45 **Life Itself: Special**
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Steptoe and Son**
8.20 **A Sharp Intake of Breath**
9.30 **Boomers**
10.05 **The Green Green Grass**
10.45 **Last of the Summer Wine**
12.25 PM **2point4 Children**
1.00 **The Green Green Grass**
1.40 **Are You Being Served?**
2.20 **Only Fools and Horses**
3.35 **The Good Life**
4.15 **Last of the Summer Wine**
5.55 **Porridge** The inmates face a day of hard labour.
6.35 **Are You Being Served?**

7.15 The Vicar of Dibley

7.15 **The Vicar of Dibley** The villagers decide to set up a radio station.
7.50 **Only Fools and Horses** Rodney and Albert begin to worry the flat will get overcrowded as the birth of Raquel and Del Boy's baby approaches.

9.00 **Only Fools and Horses** Del and Rodney agree to let Grandad accompany them on holiday. **9.35** An audition gives Raquel the opportunity of a lifetime.
10.50 **Two Pints of Lager and a Packet of Crisps** Jonny gets a job as a farmer.

11.25 **I'm Alan Partridge**
12.00 M'T **Inside No 9**
12.40 AM **Game On**
2.00 **Two Pints of Lager and a Packet of Crisps** As 10.50pm.
2.30 **I'm Alan Partridge**
3.00 **Harry Hill's TV Burp**
3.25 **to 4.00** AM **Spaced**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
7.55 **Murder, She Wrote**
8.55 **On the Buses**
10.00 **George and Mildred**
10.30 **Agatha Christie's Poirot**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Poirot**
5.00 **Downton Abbey** 9/9. Robert and his family visit his Scottish cousins at Duneagle Castle. (S3)

8.00 Lewis

7.00 **Murder, She Wrote** *Death 'n' Denial:* Jessica tries to clear a friend implicated in the theft of a priceless Egyptian relic.

8.00 **Lewis** *Beyond Good and Evil:* A man incarcerated for the murders of three police officers launches an appeal when the evidence is called into question – and then another officer is killed.

10.00 **Foyle's War** *The White Feather:* As World War Two continues to rage, Foyle investigates a pro-Hitler organisation.
12.10 AM **FILM Carry On Follow That Camel** Comedy. (1967, PG, 90min) ★★★
1.55 **Cilla** 2/3. Brian Epstein suggests Cilla considers a change of direction. (S1)
2.50 **Wild at Heart** 3/10. (S4)
4.35 **to 5.30** AM **On the Buses**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Kojak**
8.10 **Quincy ME**
9.10 **Minder**
10.20 **The Sweeney**
11.30 **The Professionals**
12.30 PM **The Saint**
1.35 **Kojak**
2.40 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** Regan is targeted by a suspect's brother.

5.55 The Sweeney

7.00 **World Series of Darts: Brisbane** Action from the opening day of the Brisbane Darts Masters, which featured the first-round matches at the Brisbane Convention & Exhibition Centre in Australia. Commentary by Stuart Pyke.

11.00 **FILM Assassins** Action thriller starring Sylvester Stallone. A world-weary assassin comes up against a young rival who is eager to steal his crown. (1995, 15, 133min) ★★
1.45 **to 2.40** AM **The Professionals**

+1 hour 220 175 154

Sky Two

151 121

7.00 AM **America's Next Top Model**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** (S3)
4.00 **The Chase USA**
5.00 **The Crystal Maze**
6.00 **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *A Hundred Days:* 17/22. Jack is stranded on an alien planet. (S3)
8.00 **The Force: Manchester** A man is assaulted.
9.00 **Ross Kemp: Extreme World** Double bill.
11.00 **Highway Cops**
12.00 M'T **FBI** 1/22.
1.00 AM **FBI** 2/22. (S1)
2.00 **Road Wars**
3.00 **Duck Quacks Don't Echo** Series highlights.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Crystal Maze**

Pick

152 123 11 144

7.00 AM **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Highway Cops**
11.00 **Police Force: Australia**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **UK Border Force**
2.00 **Australia's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Stop, Search, Seize**
6.00 **Stargate SG-1** (S1)
7.00 **Supergirl** 5/23. (S3)
8.00 **The Flash** 5/23. (S4)
9.00 **The Force: Manchester**
10.00 **Hawaii Five-0** (S7)
11.00 **NCIS: Los Angeles** (S6)
12.00 M'T **Banged Up Abroad**
1.00 AM **Brit Cops: War on Crime**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Steve Backshall's Extreme River Challenge**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cops UK: Bodycam Squad** Documentary.
3.00 **Yianni: Supercar Customiser**
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear** Double bill.
7.00 **Taskmaster**
8.00 **Have I Got a Bit More News for You**
9.00 **Red Dwarf** 5&6/6. (S4)
10.20 **Josh** 5/6. (S1)
11.00 **Live at the Apollo**
12.00 M'T **Taskmaster**
1.00 AM **Mock the Week**
1.40 **Have I Got a Bit More News for You**
2.40 **Alan Davies: As Yet Untitled**
3.25 **to 4.00** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S6)
10.00 **Are We There Yet?** (S2)
11.00 **Friends** (S3&4)
1.00 PM **Friends** Six episodes.
4.00 **Are We There Yet?** (S2)
5.00 **Friends** (S1&2)
9.00 **Michael McIntyre's Big Show** Performances by Rod Stewart and James Morrison.
10.00 **The Roast of Charlie Sheen** A comedy tribute to the actor.
11.25 **FILM Hot Shots!** Action spoof starring Charlie Sheen as a navy pilot ordered to lead a crack squadron on a suicide mission. With Lloyd Bridges and Valeria Golino. (1991, PG, 85min) ★★★★
1.00 AM **Friends** 23/24. (S2)
1.30 **South Park** (S16)
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.15 **Dallas Cowboys Cheerleaders**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling** A pair of newlyweds say goodbye to the husband's bachelor pad. **7.00** Helping a couple improve their home.
8.00 **Dinner Date**
9.00 **Botched** A drag queen seeks to rejuvenate his breast implants. **10.00** A cosplayer hopes to make her body more comical.
10.55 **Kendra on Top**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **Agatha Christie's Partners in Crime**
2.00 **The Agatha Christie Hour** 3/10. (S1)
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 10/10. The women prepare for Christmas. (S1)
7.00 **M*A*S*H** Four episodes of the comedy. (S6)
9.00 **Taggart** *Running Out of Time:* Matt Burke is left fighting for his life after being shot. **10.30** *Cause to Kill:* Burke investigates a copycat murder inspired by a crime committed 20 years previously.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S2)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.15 AM **Murdoch Mysteries**
8.00 **Frankie Drake Mysteries** (S1)
9.00 **Sue Thomas: F.B.Eye**
10.00 **New Tricks** As 11.20pm.
11.00 **The Coroner** As 10.20pm.
12.00 NOON **Miss Fisher's Murder Mysteries** 3/8. (S3)
1.00 PM **Murdoch Mysteries** (S12)
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 13/13. (S2)
4.00 **Rizzoli & Isles** (S7)
6.00 **The Guardian** 8/23. Lulu's college room-mate is suspected of murder. (S2)

9.00 Shetland

7.00 **Unforgettable** *Trajectories:* 10/22. The team are sent to investigate a probable gang shooting. (S1)
8.00 **Miss Fisher's Murder Mysteries** *Blood and Money:* 4/8. A street urchin hires Phryne to find his missing brother. (S3)
9.00 **Shetland** 4/6. Perez remains convinced Arthur McCall lies at the heart of the case as the transcript from Michael's last call to Freya is analysed. (S3)
10.20 **The Coroner** *The Captain's Pipe:* 5/10. Mick is suspected of murdering a rival landlord. (S2)
11.20 **New Tricks** *Half Life:* An unidentified murder victim is named on a website.
12.20 AM **Rush** 5/22. Christian guards his childhood idol. (S3)
1.20 **Sue Thomas: F.B.Eye** (S1)
2.25 **Murdoch Mysteries** (S9)
3.10 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 **Merlin** 6/13. (S2)
12.00 NOON **FILM American Warships** Sci-fi thriller. (2012, 15, 85min) ★★
2.00 PM **Merlin** 7/13. (S2)
3.00 **Stargate Atlantis** 9/20. (S2)
4.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 19/26. Picard takes a much-needed holiday on the tropical planet of Risa, where he finds himself falling for a beautiful woman. (S3)

9.00 The Brothers Grimm

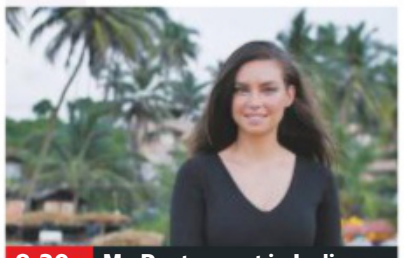
7.00 **Star Trek: The Next Generation** *Tin Man:* 20/26. The *Enterprise* establishes contact with a new life form. (S3)
8.00 **Stargate Atlantis** *The Lost Boys:* 10/20. Ford asks for the crew to help him exact vengeance upon the Wraith. (S2)
9.00 **FILM The Brothers Grimm** Fantasy adventure starring Matt Damon and Heath Ledger. In early 19th century Germany, two brothers travel the countryside and con locals by pretending to vanquish monsters. (2005, 12, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **FILM Legend of the Drunken Master** Adventure. Subtitled. (1994, 12, 102min) ★★★★
3.00 AM **Star Trek: The Next Generation** 16&17/22. (S2)
4.00 **to 6.00** AM **FILM Earthtastrophe** Sci-fi thriller. (2016, PG, 82min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia**
2.00 **My Dream Home**
4.00 **Flip or Flop** Tarek El Moussa teams up with Pete DeBest to flip a house in Corona. **4.30** Tarek and Christina tackle a home in Fullerton.
5.00 **Tipping Point** Double bill.



8.30 My Restaurant in India

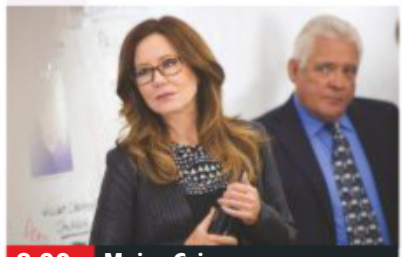
7.00 **MasterChef Australia** New edition The contestants face the first mystery box challenge, with ingredients including lemons, tarragon, calamari and mangoes.
8.30 **My Restaurant in India** Sarah Todd's restaurant is in a state of chaos.
9.00 **Gavin & Stacey** The duo are welcomed home after their honeymoon. **9.40** Smithy goes missing following Nessa's revelation, and the boys try to track him down. **10.20** Smithy and Nessa visit the hospital for their first ultrasound scan.
11.00 **Emma Willis: Delivering Babies** 1/8. Emma returns to Princess Alexandra Hospital to complete her training.
12.00 M'T **One Born Every Minute**
1.00 AM **John Bishop: In Conversation With Ruth Jones**
1.50 **to 3.00** AM **Dickensian**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 7/13. (S5)
9.00 **Rescue: Code One**
10.00 **Murder She Solved: True Crime** A teenager is killed.
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S14)
1.00 PM **Law & Order** (S14)
4.00 **NCIS** 15/23. A Marine's body is found at the bottom of a cliff. **5.00** 17/23. Two human eyeballs are sent to a petty officer's home. **6.00** 18/23. A petty officer is found dead backstage at a beauty pageant. (S2)



8.00 Major Crimes

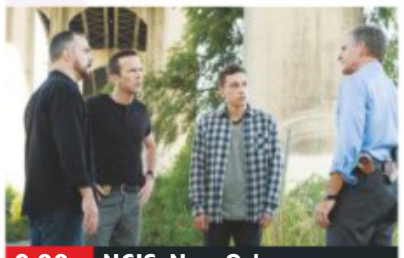
7.00 **NCIS** *Conspiracy Theory:* 19/23. Ducky suspects foul play when a female officer is found dead. With Kevin Quigley. (S2)
8.00 **Major Crimes** *By Any Means – Part One:* 10/13. A serial killer escapes from custody to strike again. (S6)
9.00 **Murder in Paradise** Examining the death of biology student Shannon Martin, who was stabbed in Golfito, Costa Rica.
10.00 **Murder She Solved: True Crime** A rookie private investigator puts her life on the line to uncover the truth.
11.00 **Rescue: Code One**
12.00 M'T **CSI: Miami** 5/24. A corrupt local politician is found dead. (S5)
1.00 AM **NCIS** As 5pm & 6pm.
3.00 **Law & Order** 6/24. An executive is shot dead. (S14)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 8/16. (S8)
9.00 **Bones** 8/24. (S9)
10.00 **Bull** 9/22. (S2)
11.00 **NCIS** 9/24. (S16)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** 7/13. (S7)
3.00 **NCIS** 10/24. (S16)
4.00 **Bull** 10/22. (S2)
5.00 **Bones** 11/24. The remains of a 16-year-old gymnast are found in a park. (S9)
6.00 **The Mentalist** 8/13. Jane, Lisbon and the team protect a witness in a murder case. (S7)



9.00 NCIS: New Orleans

7.00 **NCIS** *Toil and Trouble:* 11/24. A politician shuts down Gibbs's murder investigation. Guest stars Wynn Crawford.
8.00 **NCIS** *The Last Link:* 12/24. An old family friend asks Gibbs to help him search for a missing military ID bracelet. (S16)
9.00 **NCIS: New Orleans** New episode *Close to Home:* 8/24. An informant is placed in protective custody. (S5)
10.00 **L.A.'s Finest** *Farewell:* 5/13. The team work to solve the mystery behind the murder of a transgender woman. (S1)
11.00 **American Dad!** 3&4/22. Double bill of episodes. (S13)
12.00 M'T **Family Guy** (S3)
12.30 AM **Family Guy** (S3)
1.00 **American Dad!** (S13)
2.00 **Family Guy** (S3)
3.00 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Friday

7 PM | **8 PM** | **9 PM** | **10 PM**

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Life of Kylie**
11.00 **News: Daily Pop**
12.00 NOON **Relatively Nat & Liv** Reality series.
1.00 PM **Keeping Up with the Kardashians**
3.00 **Revenge Body with Khloe Kardashian**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Relatively Nat & Liv** The cousins struggle to make up before the premiere of their own fashion line.
9.00 **Botched**
10.00 **Temptation Island**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Passions**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **Van Gogh: An Exclusive View – From Tate Britain**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
1.30 **Deep Purple: Perfect Strangers**
4.00 **The Eighties**
5.00 **Discovering**
7.00 **Classic Albums**
8.00 **Discovering: The Clash**
8.30 **Video Killed the Radio Star** Joe Strummer.
9.00 **Punk** Series finale 4/4. A look at punk's journey into the mainstream.
10.10 **Sid Vicious: Who Killed Nancy?**
12.10 AM **L7: Pretend We're Dead** Documentary.
2.00 **Anarchy in Manchester**
3.00 **The Summer of Love**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S3)
4.00 **Frasier** (S7)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Orangutan Jungle School** A six-month-old damages an eye.
9.00 **24 Hours in A&E**
10.00 **First Dates**
11.05 **Britain's Giant Pet Food Factory**
12.05 AM **Jade: The Reality Star Who Changed Britain**
1.10 **Born Famous: Gordon Ramsay**
2.15 **The Tez O'Clock Show**
3.20 **George Clarke's Old House, New Home**
4.15 **to 4.45** AM **Food Unwrapped**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.10 **CSI: NY** 7/25. (S5)
11.05 **Rookie Blue** 7/13. (S3)
12.00 NOON **CSI: NY** (S5)
1.00 PM **Law & Order** (S18)
3.00 **Murder, She Wrote**
6.00 **Law & Order** (S7)
8.00 **NCIS: Los Angeles** *Red – Part Two:* 19/24. The agents continue to track Robert Spears. (S4)
9.00 **Perception** *Possession:* 4/15. A woman claims to be possessed. (S3)
10.00 **Law & Order: Special Victims Unit** *Taboo:* 14/22. A woman's claim of rape is brought into doubt. (S7)
11.00 **Law & Order: Special Victims Unit** 15/22. (S7)
11.55 **Law & Order** (S10)
12.55 AM **Law & Order: Los Angeles** 13/22. (S1)
1.55 **CSI: NY** 19/25. (S5)
2.50 **Bull** 11/23. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Access**
8.05 **Last Man Standing**
8.25 **Smallville** 15/23. (S2)
9.15 **Dance Moms**
11.10 **My Wife and Kids**
12.10 PM **Two and a Half Men** 5&6/19. (S5)
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel Air** 19&20/25. (S1)
5.00 **8 Simple Rules** (S2)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 4&5/24. (S2)
8.00 **Flights from Hell: Terror in the Skies**
9.00 **FILM London Has Fallen** Action thriller. (2016, 15, 97min) ★★
11.00 **Impact Wrestling**
1.00 AM **Riverdale**
2.50 **The Magicians** (S2)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Murdoch Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **Waiting for God**
7.20 **Last of the Summer Wine** Howard discovers an outbreak of a household pest.
8.00 **Rosemary & Thyme** *The Tree of Death:* The duo investigate a churchyard murder. **9.00** *The Memory of Water – Part One:* A man who apparently drowned is spotted alive and well.
10.00 **The Inspector Lynley Mysteries** *The Seed of Cunning.*
12.00 M'T **New Tricks**
1.15 AM **Birds of a Feather**
2.15 **to 4.00** AM **Dickensian**

FRIDAY Entertainment & Lifestyle

Friday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S6)
2.00 **Law & Order** (S4)
3.00 FILM **Major League: Back to the Minors** Sports comedy sequel. (1998, 12, 96min) ★
5.00 **Mad Men** (S6)
6.00 **Law & Order** (S4)
6.55 FILM **Felicia's Journey** Dark thriller. (1999, 12, 120min) ★★★
9.00 **Feed the Beast** *Be My Baby:* 9/10. Tommy confronts Dion. **9.55** *Fire:* 10/10. Tommy makes a bold offer to the Tooth Fairy. (S1)
10.50 **Hap and Leonard** *Trudy:* 4/6. (S1)
11.45 **Snatch** (S2)
12.40 AM **Feed the Beast**
2.25 **Hap and Leonard**
3.15 **Zoom In**
3.25 **Mad Men** (S6)
4.20 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 5/22. (S5)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **Gunsmoke** (S17)
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *Blood in the Water:* 2/25. (S4)
8.00 **Judge Judy**
9.00 **Medium** *How to Make a Killing in Big Business – Part One:* 13/19. Allison starts working for a private corporation. (S5)
10.00 **CSI: Miami** *48 Hours to Life:* 4/25. Tripp pressures a suspect into confessing to a woman's murder. (S4)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 6/22. (S5)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S7)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** (S3)
3.00 **NCIS** (S5)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S7)
7.05 **NCIS** *Newborn King:* 11/24. The team provides protection for a pregnant Marine. (S9)
8.00 **Walker, Texas Ranger** *Stolen Lullaby:* 28/28. Walker investigates an illegal adoption ring. (S1)
9.00 **NCIS** *Frame Up:* 9/24. Tony finds himself accused of murder. (S3)
10.00 **NCIS: Los Angeles** (S1)
11.00 **NCIS** 12/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S8)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A Colorado hunter is shot three times and killed. **7.30** A flurry of arson fires in California that had authorities baffled.
8.00 **Evil Twins** The case of identical twins Roman and Ruslan Glukhoy.
9.00 **Voice of a Serial Killer** Fraternal codes are used to uncover the secrets behind a murder after a body is found.
10.00 **Evidence of Evil**
11.00 **It Takes a Killer**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Voice of a Serial Killer** As 9.00pm.
2.00 **Evidence of Evil**
3.00 **Death Row Stories**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** A celebrity couple special edition.
11.00 **Bullseye** Four editions of the darts-based quiz.
1.00 AM **The Chase**
4.00 **Pointless**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends** (S2&4)
11.00 **The Middle** (S6)
1.00 PM **Blockbusters**
4.00 **Bad Robots**
5.00 **The Fresh Prince of Bel Air** (S4)
7.00 **Are We There Yet?** (S2)
8.00 **Impractical Jokers**
9.30 **Impractical Jokers: Inside Jokes**
10.00 **Friends** 18/24. Rachel's date ends in disaster. **10.30** 21/24. Ross and Rachel reminisce. (S4)
11.00 **Tosh.0** New edition
11.30 **Key & Peele**
12.30 AM **Da Ali G Show**
1.40 **Roast Battle**
2.40 **Single Parents**
3.30 **Frankenfood**
4.10 **Impractical Jokers: Inside Jokes**
4.30 **The Middle**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Jamie's 30 Minute Meals** A steak sandwich.
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Bizarre Foods America**
12.00 NOON **The Little Paris Kitchen: Cooking with Rachel Khoo**
1.00 PM **Best of British**
2.00 **Home Comforts**
3.00 **Jamie's 30 Minute Meals** Duck salad.
3.30 **30 Minute Meals** New edition
4.00 **The Pioneer Woman**
6.00 **The Little Paris Kitchen: Cooking with Rachel Khoo**
7.00 **Bizarre Foods America**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **Rick Stein's Far Eastern Odyssey**
10.00 **Best of British**
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Paul's Pies & Puds**
8.00 **Yorkshire's Finest**
9.00 **Nigel's Real Food Show**
10.00 **John's Middle East**
11.00 **Great British Menu**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Yorkshire's Finest**
2.00 **Paul's Pies & Puds**
3.00 **Nigel's Real Food Show**
4.00 **John's Middle East**
5.00 **Great British Menu**
6.00 **The Hairy Bikers' Food Tour of Britain**
7.00 **Yorkshire's Finest**
8.00 **Nigel's Real Food Show**
9.00 **John's Middle East**
10.00 **Paul's Pies & Puds**
11.00 **Peter Kuruvita's Coastal Kitchen**
12.00 M'T **Yorkshire's Finest**
1.00 AM **Local Food Heroes**
2.00 **Teleshopping**
5.00 **to 6.10** AM **Local Food Heroes**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.15 PM FILM **The Simone Biles Story: Courage to Soar** Biopic of the Olympic gold medal-winning gymnast. (2018, 15, 86min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Bring It!**
5.00 **Masters of Flip**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **The Clinton Affair** Recounting the events of 1998, when President Bill Clinton was impeached by the House of Representatives on grounds of perjury to a grand jury.
10.00 **Storage Wars**
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **The Clinton Affair** As shown at 9.00pm.
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle**
9.40 **Gilmore Girls**
11.30 FILM **Seduced by a Stranger** Thriller. (2017, 12, 90min) ★★
1.20 PM FILM **Our House** Social drama. (2006, PG, 90min) ★★
3.05 FILM **Returning Lily** Thriller. (2002, PG, 95min) ★★
5.00 **Suits** (S3)
6.00 **House** (S4)
7.55 **Access**
8.00 **Grimm** 10/22. (S5)
9.00 FILM **The Bridges of Madison County** Romantic drama. (1995, 12, 130min) ★★★★
11.40 FILM **Dead Calm** Suspense thriller. (1988, 15, 96min) ★★★★★
1.45 AM **The X-Files** (S7)
2.40 **Grimm** As 8.00pm.
3.25 **Suits** (S7)
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Wild Britain**
7.10 **HMS Ark Royal**
8.00 **Aussie Gold Hunters**
9.00 **Salvage Hunters**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **NASA's Unexplained Files**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **How It's Made: Dream Cars**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Escobar's Millions**
10.00 **Treasure Quest**
11.00 **Great British Pub Quiz**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Heli-Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Celebrity Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides Boutique**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Celebrity Money for Nothing**
8.00 **My 600lb Life**
9.00 **Murder Comes to Town**
10.00 **Your Worst Nightmare**
11.00 **Katie Price: My Crazy Life**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Homes Under the Hammer**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea**
3.00 **Homes Under the Hammer**
4.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
9.00 **Ghost Adventures**
10.00 **Unexplained: Caught on Camera** New edition A man who has captured unexplainable footage.
11.00 **Ghost Adventures**
12.00 M'T **The Scariest Night of My Life**
1.00 AM **Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **Extreme Weight Loss**
5.30 **to 6.00** AM **Other Side**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** A wife kills her husband. **7.30** A girl strangles a dancer with a cord. **8.00** A stripper and a drug dealer figure out the perfect plan. **8.30** A gang of thugs botch murder attempts.
9.00 **Deadly Women** A housewife who stabbed two of her sons. **10.00** Three cases of murderous females.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Money's Too Tight to Mention: On Benefits**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers with Alan Davies**
12.00 NOON **Jeremy Vine**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers with Alan Davies**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Ken Dodd: My Life – In His Own Words**
11.00 **Carpenters: Their Greatest Hits**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **Generation Poverty Gap: On Benefits**
2.00 **Inside the Tower of London**
2.55 **to 4.00** AM **Striking Out**

5Spike

150 154 31 141

9.00 AM **Access**
9.15 **Criminals: Caught on Camera**
9.50 **The A-Team** (S3)
10.50 **Police Interceptors**
11.50 **Can't Pay? We'll Take It Away!**
1.50 PM FILM **Hour of the Gun** Western. (1967, PG, 101min) ★★★
4.00 **All New Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors**
8.00 **Traffic Cops: On the Edge** Officers deal with alcohol-related offences.
9.00 **Traffic Cops** A tyre stinger is used to stop a vehicle suspected of carrying stolen phones.
10.00 **Beware: Grand Theft Britain** The use of CCTV and bodycams to make Britain's streets safer.
11.00 **Wildest Holidays**
12.00 M'T **Black Sails** (S1)
2.25 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life**
2.00 PM **7 Little Johnstons**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress** New edition Eryka looks for a new dress after losing hers in a wildfire.
9.00 **Say Yes... UK**
10.00 **Katie Price: My Crazy Life**
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes to the Dress**
1.00 AM **Say Yes... UK**
2.00 **Katie Price: My Crazy Life**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **My 600lb Life**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
2.00 PM **The Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars** The teams make a trip to auctions in Palm Desert. **8.30** Jarrod and Brandi hope for good luck.
9.00 **Flipping Bangers**
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Diesel Brothers**
6.00 **Fast N' Loud** The guys increase the pace of work on their 1949 Chevy.

9.00 Greatest Events of World...

7.00 **Outback Truckers** A house relocation goes wrong as Ross and Jerry are faced with power poles blocking their way.

8.00 **Combat Dealers** A Hollywood blockbuster needs an authentic World War Two SAS jeep within two weeks.

9.00 **Greatest Events of World War II** Retelling the Battle of Stalingrad, one of the bloodiest of World War Two.

10.00 **Wings of War** Examining how the development of the jet engine dramatically changed air combat.

11.00 **Wheeler Dealers**
12.00 M'T **Greatest Events of World War II** As 9.00pm.
1.00 AM **Wings of War**
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Deadliest Catch**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Dee: Alaska Vet**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaska: The Last Frontier**
12.00 NOON **Wildest Middle East**
1.00 PM **Dr Dee: Alaska Vet**
3.00 **Pit Bulls & Parolees**
4.00 **Treehouse Masters** A river shack-style treehouse.
5.00 **Intruders** A Boston couple are kept awake by mysterious noises from the ceiling.
6.00 **Devil Sharks** The strange relationship between sharks and volcanic islands.

6.00 Devil Sharks

7.00 **Pit Bulls & Parolees** A family travel from Massachusetts hoping to find a four-legged friend to add to their household.

8.00 **Pit Bulls & Parolees** Tania heads to California to pick up a former Villalobos Rescue Centre dog whose adopter has died.

9.00 **Alaska: The Last Frontier** Eivin and Eve's cannibal hen strikes again, while Atz begins his Summer riding season.

10.00 **Animal Cops Miami** Animal services investigators join the police as they hunt for a serial cat killer.

11.00 **Pit Bulls & Parolees** As shown at 7.00pm.
12.00 M'T **Alaska Monsters**
1.00 AM **Animal Cops Miami**
2.00 **Wildest Islands**
3.00 **Alaska: The Last Frontier**
3.50 **Alaska Monsters**
4.40 **Animal Airport**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Air Crash Investigation**
10.00 **Superstructures: Engineering Marvels**
11.00 **Nazi Megastructures**
12.00 NOON **Nazi Megastructures: Battle Ready**
1.00 PM **Drain the Oceans**
2.00 **Car SOS** Triple bill.
5.00 **Air Crash Investigation** A look at Sumatra's worst aviation disaster, in which a plane crashed into the jungle, killing 234 passengers. **6.00** A military plane that crashed seconds into a flight.

8.00 Cold Water Gold

7.00 **Wicked Tuna** Paul Herbert, captain of the leading boat, decides to take pity on a struggling rival.

8.00 **Cold Water Gold** Charting the fortunes of a group of fishermen as they set sail off the coast of Newfoundland.

9.00 **Family Guns** The work of the Cranmers, a family of military antiques dealers, as they scour America in search of souvenirs of war.

10.00 **Mine Kings** Guy Clutterbuck and his team of experts go to Australia to dig for a rare black opal in the Outback.

11.00 **Science of Stupid: Best Of** Dallas Campbell introduces highlights from the series.
11.30 **Science of Stupid** A scientific view of various YouTube disasters.
12.00 M'T **Science of Stupid**
12.30 AM **Science of Stupid**
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Ice Lake Warriors**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Jurassic Fight Club**
2.00 **Storage Wars** Four editions.
4.00 **Ice Lake Warriors**
5.00 **Forged in Fire** Bladesmiths recreate the Javanese Kris. **6.00** Bladesmiths battle it out to recreate the Greek Kopis.

9.00 Auschwitz: Journey into...

7.00 **American Pickers** While cruising through Florida, Mike and Frank go hog wild in a former juke joint-turned-picker's paradise.

8.00 **The Curse of Oak Island** While monitoring the collapse, the team do a test that could lead them straight to the Money Pit.

9.00 **Auschwitz: Journey into Hell** Survivors' testimony and photographic evidence explore the horrors of Auschwitz.

10.00 **The King Who Tricked Hitler** Recounting the removal of the Romanian government led by Ion Antonescu.

11.00 **World War Two Lost Films** Battles on the beaches of Normandy become increasingly ferocious.
12.00 M'T **The 90s: How They Changed Our World**
2.00 AM **Jurassic Fight Club**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Horizon: First Britons**
7.10 **Raiders of the Lost Past**
8.00 **Time Team**
10.00 **The World at War**
11.00 **Forbidden History**
12.00 NOON **Time Team**
2.00 PM **Coast**
3.00 **Attenborough's Living Lights**
4.00 **Forbidden History**
5.00 **Impossible Engineering** The creation of London's Crossrail network.
6.00 **The World at War** The longest retreat in British military history.

8.00 WW2 – Battles for Europe

7.00 **Abandoned Engineering** A road built in the jungle as an escape route in the event of an emergency at a nuclear power station.

8.00 **WW2 – Battles for Europe** New edition The Allies entered Germany and ran into the imposing Siegfried Line defences.

9.00 **War Factories** A look at how the Americans, once they were provoked into war, out-produced the rest of the world.

10.00 **Nazi Hunters** A look at how Hitler's deputy Hermann Goering was captured by the Allies, leading to his suicide.

11.00 **Abandoned Engineering** As shown at 7.00pm.
12.00 M'T **Forbidden History** A look at the secretive Rosicrucian Order.
1.00 AM **The World at War** As shown at 6.00pm.
2.00 **to 3.00** AM **Horizon: First Britons**

+1 hour 255 200

Friday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Planes That Changed the World**
7.00 **Trainspotting**
8.00 **Industrial Revelations**
9.00 **Deadliest Tech**
10.00 **Battlefield**
12.00 NOON **Test Pilots**
1.00 PM **Trainspotting**
2.00 **Industrial Revelations**
3.00 **Deadliest Tech**
4.00 **Battlefield**
6.00 **How We Got Here**
7.00 **British Treasure, American Gold**
8.00 **Ultimate Warfare**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World** Peter Sutcliffe.
11.00 **Mobster Confessions**
12.00 M'T **Ultimate Warfare**
1.00 AM **The 1980s: The...**
2.00 **Crimes That Shook...**
3.00 **Mobster Confessions**
4.00 **British Treasure...**
5.00 **to 6.00** AM **How We Got Here**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **Ten Deadliest Snakes**
11.00 **Your Favourite Attenborough Moment**
12.30 PM **Natural Curiosities**
1.00 **Collar of Duty**
2.00 **Jungle Planet**
3.00 **Ten Deadliest Snakes**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Your Favourite Attenborough Moment**
7.30 **Natural Curiosities**
8.00 **NASA's Ten Greatest Achievements**
9.00 **Wild North**
10.00 **Your Favourite Attenborough Moment**
11.30 **Natural Curiosities**
12.00 M'T **Jungle Planet**
1.00 AM **Collar of Duty**
2.00 **Wild North**
3.00 **Ten Deadliest Snakes**
3.50 **Your Favourite...**
5.05 **Natural Curiosities**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Rise of Dragonzilla**
10.00 **Rise of Snakezilla**
11.00 **Rise of Croczilla**
12.00 NOON **Snakes in the City** As 7.00pm.
1.00 PM **Wild Hunters**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** Simon and Siouxsie help a man who did not know he was room sharing with a mamba.
8.00 **When Sharks Attack** New edition A series of 23 attacks on the island of Reunion in the Indian Ocean.
9.00 **Operation Sharklift** Scientists catch, crane-lift and relocate huge bull sharks.
10.00 **Cannibal Sharks**
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Wild Hunters**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Countdown to Apocalypse**
11.00 **Project Impossible**
12.00 NOON **Ancient Aliens**
2.00 PM **Empire Builders**
3.00 **Clash of Warriors**
5.00 **Countdown to Apocalypse**
6.00 **Project Impossible**
7.00 **Warfighters**
8.00 **Ancient Aliens** The role extraterrestrials may have played in the progress of mankind. **9.00** Experts investigate ancient tales and accounts of robots.
10.00 **Empire Builders** The rise and fall of the Christian empires of Byzantium, the Crusaders and the Venetians.
11.00 **Dead Men's Secrets**
12.00 M'T **Project Impossible**
1.00 AM **Ancient Aliens**
3.00 **Empire Builders**
4.00 **to 5.00** AM **Countdown to Apocalypse**

PBS America

174 276 91 155

8.00 AM **Royal Wives at War**
9.20 **Bristol Scout: Rebuilding History**
10.35 **Hiroshima**
12.50 PM **Jerusalem: The Making of a Holy City**
1.55 **Bristol Scout: Rebuilding History**
3.10 **Hiroshima**
5.20 **Jerusalem: The Making of a Holy City**
6.30 **Bristol Scout: Rebuilding History**
7.50 **Secrets of the Parthenon**
9.00 NEW SERIES **Pearl Harbor: Into the Arizona** Scientists document the wreck site of the *USS Arizona*. **10.15** Series finale Relatives of crew members who died view the wreck.
11.30 **Secrets of the Parthenon**
12.40 **to 2.00** AM **Pearl Harbor: Into the Arizona**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48: The Detective Speaks**
7.00 **Homicide Hunter**
8.00 **Police Patrol**
9.00 **I Am a Killer**
10.00 **Live PD** New editions
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **Live PD** Double bill.
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Motives & Murders**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Boogie Man** As 11.50pm.
7.50 **The Adventures of Jurassic Pet** As 4.20pm.
9.30 **Ralph Breaks the Internet**
11.40 **Fast & Furious – Hobbs & Shaw: Special**
12.10 PM **PREMIERE Spider-Man: Into the Spider-Verse** As 8pm.
2.20 **The Darkest Minds** As 10pm.
4.20 **The Adventures of Jurassic Pet** Adventure. (2018) ★
6.00 **Ralph Breaks the Internet** Animation. (2018) ★★★★

8.00 Spider-Man: Into the...

8 PM

8.00 **PREMIERE Spider-Man: Into the Spider-Verse** Animation with the voice of Shameik Moore. Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. (2018, PG, 117min) ★★★★ *See review, page18*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **The Darkest Minds** Thriller with Mandy Moore and Amandla Stenberg. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.50 **Boogie Man** Romantic comedy starring Ankush Khanna and Amy Jackson. (2018, 12, 94min) ★★
1.35 AM **The Iron Sky: The Coming Race** Fantasy adventure sequel starring Lara Rossi. (2019, 15, 90min) ★
3.20 **Escape from Sobibor**
5.30 **to 6.00** AM **Fast & Furious – Hobbs & Shaw: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.25 AM **The Emperor's New Groove** (2000) ★★★
7.50 **The Incredibles** As 4.00pm.
9.50 **A Wrinkle in Time** As 6pm.
11.45 **Duck Tales the Movie: Treasure of the Lost Lamp**
1.05 PM **Up** (2009) ★★★★★
2.45 **Pooh's Heffalump Movie** Animation. (2005, U) ★★
4.00 **The Incredibles** Animation. (2004, U, 120min) ★★★★★
6.00 **A Wrinkle in Time** Fantasy. (2018, PG, 109min) ★★

6.00 A Wrinkle in Time

8.00 **Mary Poppins** Classic Disney fantasy starring Julie Andrews. A magical nanny transforms the lives of a stuffy banker's two children when she descends from the skies to their home in Edwardian London. With Dick Van Dyke. (1964, U, 133min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Honey, I Shrunk the Kids** Fantasy starring Rick Moranis as an inventor who inadvertently shrinks his children and throws them out with the rubbish. (1989, U, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Pete's Dragon** Fantasy. (1977, U, 134min) ★★★
1.50 AM **Tinker Bell** Animation. (2008, U, 78min) ★★★
3.10 **The Santa Clause** Comedy. (1994, U, 98min) ★★★★
4.50 **to 6.30** AM **Honey, I Shrunk the Kids** As 10.25pm.

Sky Animation

305 305 846 436 406 505

6.05 AM **Adventures in Zambezia**
7.35 **Ice Age 3: Dawn of the Dinosaurs** As 3.40pm.
9.15 **Cloudy with a Chance of Meatballs 2** As 5.20pm.
10.55 **Planes: Fire & Rescue**
12.25 PM **Teen Titans Go! To the...**
1.55 **Bolt** (2008) ★★★★
3.40 **Ice Age 3: Dawn of the Dinosaurs** (2009) ★★★
5.20 **Cloudy with a Chance of Meatballs 2** (2013) ★★★
7.00 **Teen Titans Go! To the Movies**

8.30 Lu Over the Wall

8.30 **Lu Over the Wall** Animated fantasy featuring the voices of Christine Marie Cabanos, Michael Sinterniklaas, and Stephanie Sheh. A gloomy school student's life is turned upside down after meeting a mermaid. (2017, PG, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Anastasia** Animation with the voices of Meg Ryan and John Cusack. (1997, U, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **A Wizard's Tale** Animated adventure with the voices of Toby Kebbell and Lily Collins. (2018, U, 97min) ★★
1.55 **Lu Over the Wall** As 8.30pm.
3.55 **Planes: Fire & Rescue** Animated adventure sequel. (2014, U, 84min) ★★★
5.30 **to 7.00** AM **Lego DC Super Hero Girls: Super-Villain High** Animated adventure. (2018, PG, 78min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **TMNT** As 4.20am.
7.30 **Speed** (1994) ★★★★★
9.30 **The Fast and the Furious** Thriller. (2001, 15) ★★★
11.30 **2 Fast 2 Furious** (2003) ★★
1.20 PM **The Fast and the Furious: Tokyo Drift** (2006)
3.10 **Fast & Furious** As 12.05am.
5.00 **Fast & Furious – Hobbs & Shaw: Special**
5.30 **Fast & Furious 5** (2011)
7.45 **Fast & Furious 6** Sequel. (2013, 12, 128min) ★★★

5.30 Fast & Furious 5

Fast & Furious 6 (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **PREMIERE Spider-Man: Into the Spider-Verse** Animation with the voice of Shameik Moore. Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. (2018, PG, 117min) ★★★★ *See review, page18*
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Fast & Furious** Action thriller sequel with Vin Diesel. (2009, 12, 107min) ★★★
2.00 **Fast & Furious 5** As 5.30pm.
4.20 **to 6.00** AM **TMNT** Animation with the voice of Nolan North. (2007, PG, 86min) ★★★★

Sky Comedy

307 307 848 438 408 506

7.15 AM **Psych: The Movie** Comedy. (2017, 12) ★★★
8.50 **Couples Vacation** Comedy. (2017, 12, 94min) ★★
10.30 **Pitch Perfect** Comedy. (2012, 12, 112min) ★★★★
12.30 PM **Friends with Benefits** As shown at 8.00pm.
2.30 **Just Go With It** As 10.00pm.
4.30 **Blockers** Comedy. (2018, 15, 102min) ★★★★
6.20 **Zoolander** Comedy. (2001, 12, 89min) ★★★★

6.20 Zoolander

8.00 **Friends with Benefits** Romantic comedy starring Justin Timberlake and Mila Kunis. Two commitment-shy New Yorkers decide to have a sexual relationship with no strings attached. With Patricia Clarkson. (2011, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. (2011, 12, 116min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Blockers** As 4.30pm.
1.50 AM **O Brother, Where Art Thou?** Offbeat period comedy with George Clooney. (2000, 12, 106min) ★★★★
3.40 **This Is the End** End-of-the-world comedy starring James Franco and Seth Rogen. (2013, 15, 106min) ★★★
5.30 **to 7.15** AM **Dusty & Me** Comedy with Luke Newberry. (2015, 12, 105min) ★★★

primetime

Sky Hits

302 302 843 433 403

6.45 AM **Pacific Rim: Uprising** As shown at 7.00pm.
8.45 **The Meg** As 9.00pm.
10.45 **Ocean's Eight** As 11.00pm.
12.45 PM **The Little Stranger** Horror. (2018, 12, 111min) ★★★★
2.50 **Marshall** Biopic. (2017, 15, 118min) ★★★★
5.00 **Father Figures** Comedy starring Owen Wilson and Ed Helms. (2017, 15, 113min) ★★

7.00 **Pacific Rim: Uprising** Sci-fi sequel starring John Boyega and Cailee Spaeny. The son of a war hero leads a new generation of giant robot pilots against a wave of alien Kaiju creatures. (2018, 12, 111min) ★★
9.00 **The Meg** Action thriller starring Jason Statham, Bingbing Li, Rainn Wilson and Ruby Rose. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. (2018, 12, 113min) ★★★

11.00 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
12.55 AM **Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★
2.40 **Flatliners** Sci-fi drama. (2017, 15, 109min) ★★
4.40 **to 6.30** AM **Monster Family** Animation. (2017, PG,) ★★

Sky Greats

303 303 844 434 404 508

6.00 AM **My Cousin Vinny** As 2.10am.
8.05 **The Graduate** Comedy drama. (1967, 15, 105min) ★★★★★
10.00 **The Pursuit of Happyness**
12.00 NOON **Tropic Thunder** As 8pm.
2.00 PM **Crazy Heart** Music drama. (2009, 15, 112min) ★★★★
4.00 **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
6.00 **The Pursuit of Happyness** Drama. (2006, 12) ★★★

8.00 **Tropic Thunder** Spoof war movie starring Ben Stiller. A group of actors filming a war movie in Southeast Asian do not realize they have strayed into an area controlled by drug lords. (2008, 15, 107min) ★★★★
10.00 **Bram Stoker's Dracula** Francis Ford Coppola's adaptation of the classic vampire novel, starring Gary Oldman as Dracula. With Winona Ryder, Anthony Hopkins and Keanu Reeves (1992, 18, 123min) ★★

12.10 AM **United 93** Fact-based drama with David Alan Basche. (2006, 15, 111min) ★★★★
2.10 **My Cousin Vinny** Legal comedy. (1992, 15, 119min) ★★★
4.20 **to 6.30** AM **Roman Holiday** Romantic comedy. (1953, b/w, U, 118min) ★★★★★

TCM

315 415 416 512 526

7.30 AM **The Belles of St Trinian's** Comedy. (1954, b/w, U) ★★★★
9.30 **Against All Flags** (1952) ★★★
11.30 **Along Came Jones** Western. (1945, b/w, PG, 90min) ★★
1.30 PM **The Sugarland Express** Comedy. (1974, PG) ★★★
3.45 **King of the Wild Stallions** Western. (1959, U, 76min)
5.25 **The Iron Sheriff** Western. (1957, b/w, U, 73min) ★★

7.00 **The Great Northfield Minnesota Raid** Western starring Cliff Robertson. The James and Younger brothers' gang plan to rob the 'biggest bank west of the Mississippi'. (1971, 15, 90min) ★★
9.00 **The Big Lebowski** Offbeat comedy thriller from the Coen brothers, starring Jeff Bridges. An ageing LA hippy is mistaken for his millionaire namesake and drawn into a strange intrigue. (1998, 18, 117min) ★★★★

11.25 **Swordfish** Thriller starring John Travolta. (2001, 15, 99min) ★★
1.35 AM **Jackie Chan's First Strike** Action thriller. (1996, 12) ★★
4.25 **to 6.15** AM **Hollywood's Best Film Directors** Triple bill.

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Kill Me Tomorrow** (1957)
7.40 **The Detectives**
8.40 **The Vicious Circle** (1957)
10.20 **Port Afrique** (1956) ★★
12.10 PM **Carlton-Browne of the FO**
2.00 **Rooms**
2.30 **The Extra Day** (1956) ★★
4.15 **The Private Life Of Oliver the Eighth** Comedy. (1934) ★★★
4.45 **Gaolbreak** Thriller. (1961) ★★
6.00 **Get Some In!**

6.30 **Mrs Pym of Scotland Yard** Mystery starring Mary Clare. A detective investigates two murders. (1940, b/w, PG) ★★
7.45 **Glimpses: Lancashire, Home of Industry** Archive footage.
8.00 **The Brides of Fu Manchu** Adventure starring Christopher Lee. The evil Fu Manchu kidnaps the daughters of world leaders. (1966, U, 91min) ★★
9.55 **Glimpses: London's West End in 1947** Archive footage.
10.00 **Lytton's Diary**

11.00 **Royal Flash** Swashbuckling comedy. (1975, 15, 98min) ★★
1.05 AM **The Hellions** Crime drama. (1961, 18, 86min) ★★
2.45 **Orders Are Orders** Comedy. (1954, b/w, U, 78min) ★★
4.20 **to 6.00** AM **Not Wanted on Voyage** Comedy. (1957) ★★

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 19/24. (S3)
11.00 **Mammoth** Sci-fi action thriller. (2006, 12, 90min) ★★★
1.00 PM **Doomwatch** Ecological chiller. (1972, 12, 92min) ★★★
3.00 **Under the Dome**
4.00 **Trapped in Space** Sci-fi drama. (1994, 15, 84min) ★★
6.00 **Star Trek** 20/24. (S3)

7.00 **Star Trek: Deep Space Nine** 5/26. Dr Bashir helps a hyper-intelligent outcast. (S7)
8.00 **Earth: Final Conflict** 1/22. Lili gives birth, bringing new hope for the Jaridians. (S4)
9.00 **The Dyatlov Pass Incident** Horror starring Gemma Atkinson and Matt Stokoe. Five students face a battle for survival when they investigate mysterious deaths that occurred in Russia's Ural mountains. (2013, 15, 96min) ★★

11.05 **Hostel: Part III** Horror thriller sequel. (2011, 18, 84min) ★★
12.50 AM **Urban Legends: Bloody Mary** Horror. (2005, 15,) ★★
2.40 **to 4.20** AM **House** Horror comedy. (1986, 15, 93min) ★★

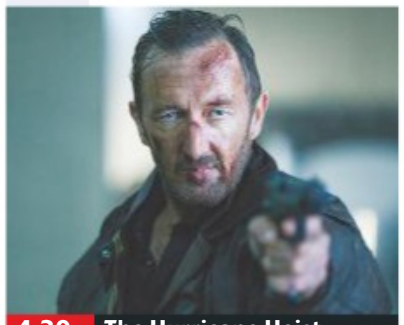
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

6.20 AM **Numb** Mystery thriller. (2015, 12, 90min) ★★★
8.00 **John Q** Medical drama. (2002, 15, 116min) ★★
10.00 **Munich** As 6.15pm.
12.45 PM **Layer Cake** As 11.00pm.
2.45 **The Ladykillers** Comedy remake starring Tom Hanks. (2004, 15, 104min) ★★★
4.30 **The Hurricane Heist** Action thriller. (2018, 12, 103min) ★
6.15 **Munich** Political thriller. (2005, 15, 164min) ★★★★


4.30 The Hurricane Heist

Munich (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Three Billboards Outside Ebbing, Missouri** Crime drama starring Frances McDormand. A woman pressures the police into continuing the investigation into her daughter's murder. (2017, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. (2004, 15, 105min) ★★★★
1.00 AM **Con Air** Action thriller starring Nicolas Cage. (1997, 18, 115min) ★★
3.05 **Wild Things** Thriller starring Kevin Bacon and Matt Dillon. (1998, 18, 109min) ★★
5.05 **to 6.50** AM **Deep Family Secrets** Crime thriller. (1997, PG, 89min) ★★

Sky Drama

309 309 850 440 410 511

6.15 AM **The Escape** (2017) ★★★
8.05 **Seven Pounds** Drama. (2007, 12, 117min) ★★★★
10.15 **Babel** Epic global drama. (2006, 15, 143min) ★★★
12.45 PM **Antwone Fisher** Drama. (2002, 15, 120min) ★★★
2.50 **Freak Show** Comedy. (2017, 12, 91min) ★★★
4.30 **The Boy Downstairs** Drama. (2017, 12, 91min) ★★★
6.10 **Garden State** Comedy. (2004, 15, 102min) ★★★

6.10 Garden State

8.00 **Battle of the Sexes** Comedy drama starring Emma Stone. Women's tennis champion Billie Jean King takes up the challenge of former men's champ Bobby Riggs to a winner-takes-all match. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

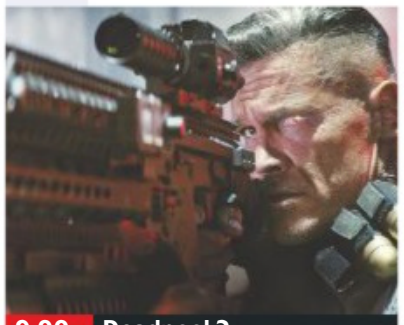
10.05 **Life Itself** Drama starring Oscar Isaac and Olivia Wilde. Two New Yorkers marry and prepare for parenthood, while their fate is intertwined with a group of people in Spain. (2018, 15, 125min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **8 Mile** Urban music drama starring Eminem. (2002, 15, 112min) ★★★
2.10 **Two for Joy** Drama starring Samantha Morton. (2018, 15, 88min) ★★★
3.50 **to 7.05** AM **Doctor Zhivago** Epic romantic drama. (1965, PG, 192min) ★★★★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **V for Vendetta** Action thriller, as shown at 2.30pm.
8.15 **The Nun** As shown at 4.45pm.
10.00 **War for the Planet of the Apes** As 6.30pm.
12.30 PM **Deadpool 2** As 9.00pm.
2.30 **V for Vendetta** Action thriller. (2005, 15, 132min) ★★★
4.45 **The Nun** Horror sequel. (2018, 15, 96min) ★★★
6.30 **War for the Planet of the Apes** Fantasy adventure. (2017, 12, 140min) ★★★★


9.00 Deadpool 2

War for the Planet of the Apes (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

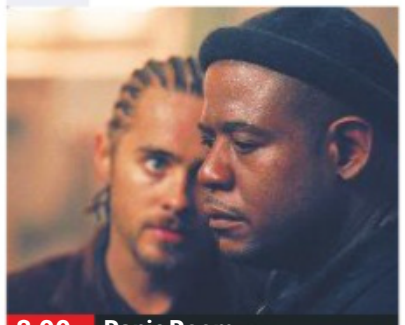
9.00 **Deadpool 2** Action comedy starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Possession of Hannah Grace** Thriller starring Shay Mitchell and Kirby Johnson. (2018, 15, 86min) ★★★
12.50 AM **Unfriended: Dark Web** Thriller starring Colin Woodell. (2018, 15, 92min) ★★★
2.30 **Videoman** Swedish comedy with Stefan Sauk. Subtitled. (2018, 18, 93min) ★★★
4.15 **to 6.00** AM **Target Earth** Sci-fi thriller starring Marcia Cross. (1997, 12, 88min) ★★

Sky Select

311 311 852 442 412 510

6.30 AM **Fatima** (2015) ★★★
8.00 **Never Steady, Never Still** Drama. (2017, 15) ★★★★
10.00 **The Third Murder** Thriller. (2017, 15, 124min) ★★★★
12.10 PM **Frost/Nixon** Drama. (2008, 15, 122min) ★★★★
2.15 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
4.00 **Monsters and Men** Thriller. (2018, 15, 96min) ★★★★
5.45 **Call Me By Your Name** Drama. (2017, 15) ★★★★★


8.00 Panic Room

8.00 **Panic Room** Thriller starring Jodie Foster. A divorced woman and her daughter are trapped in a hidden chamber in their home by three burglars. With Kristen Stewart, Forest Whitaker and Dwight Yoakam. (2002, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

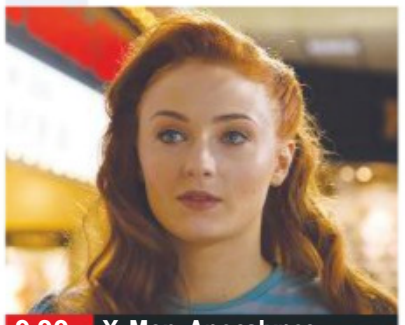
10.00 **Se7en** Dark thriller starring Brad Pitt and Morgan Freeman. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Exorcist** Occult horror chiller starring Max von Sydow and Linda Blair. (1973, 18, 121min) ★★★★
2.15 **Videodrome** Surreal sci-fi thriller starring James Woods. (1982, 18, 88min) ★★★
3.50 **The Warriors** Thriller starring James Remar and Michael Beck. (1979, 15, 94min) ★★★
5.30 **to 8.45** AM **Spartacus** Epic adventure. (1960, PG, 184min) ★★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Rugrats in Paris: The Movie** Family animation. (2000, U, 79min) ★★★
12.35 PM **Parental Guidance** Comedy. (2012, U) ★★★
2.40 **Kubo and the Two Strings** Animated adventure. (2016, PG, 101min) ★★★★
4.45 **DragonHeart** Adventure. (1996, PG, 103min) ★★★
6.55 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★


9.00 X-Men: Apocalypse

Turner & Hooch (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **X-Men: Apocalypse** Superhero adventure sequel starring James McAvoy and Michael Fassbender. The mutant heroes must save the world from an ancient Egyptian tyrant restored to life in the 1980s. (2016, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **xXx: Return of Xander Cage** Action thriller starring Vin Diesel and Donnie Yen. The spy is brought out of exile to retrieve a powerful weapon that has been stolen by a lethal gang of mercenaries. (2016, 12, 107min) ★★★
1.55 **to 3.45** AM **Top Secret!** Spy spoof starring Val Kilmer. (1984, 15, 90min) ★★

11 PM

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill. (S8)
9.00 **Magic Moments** Romantic drama. (1989, PG, 105min) ★★
11.00 **Rudy: The Rudy Giuliani Story** Biopic. (2003, PG, 89min) ★★
1.00 PM **Highway to Heaven**
3.00 **North and South**
5.00 **Bringing Ashley Home** Fact-based drama starring AJ Cook. (2011, 12, 87min) ★★

7.00 **The Good Times Are Killing Me** Drama starring Kelly Rowan. A lawyer finds herself in rehab where she befriends a couple of strange characters who help her crack an important case. (2009, 15, 120min) ★★
9.00 **Perfect High** Drama starring Bella Thorne. A teenager is introduced by her new friends to prescription drug-sharing, but the fun soon leads her to a life-altering heroin addiction. (2015, 12, 87min) ★★

11.00 **A Kind of Loving** Drama starring Alan Bates. (1962, b/w, 15, 112min) ★★★★
1.00 AM **The Waltons** Double bill.
3.00 **The Man from UNCLE**
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Amber Alert** Crime thriller. (2016, PG, 90min) ★★
10.50 **The Wrong Girl** Suspense drama. (1999, 12, 90min) ★★
12.40 PM **Web of Lies** Mystery thriller. (2009, 12, 90min) ★★
2.25 **Multiplicity** Fantasy comedy. (1996, 12, 117min) ★★★
4.45 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★

7.05 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz, Drew Barrymore and Lucy Liu. (2003, 12, 106min) ★
9.00 **Girl, Interrupted** Drama with Winona Ryder. A teen falls under the influence of a sociopath at a psychiatric hospital in 1967. (1999, 15, 127min) ★★★
11.30 **Tarantino Presents: Hammerhead** A look at the film.
11.35 **Hammerhead** Spy thriller. (1968, PG, 100min) ★★

1.45 AM **Tarantino Presents: Hammerhead** A look at the film.
1.50 **Drone** Thriller. (2017, 15) ★★
3.40 **to 6.00** AM **The China Syndrome** Suspense thriller. (1979, PG, 122min) ★★★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Back to Love** (2017) ★★
9.00 **Home by Spring** Drama. (2018, PG, 83min) ★★
11.00 **Love at First Dance** Drama. (2018, PG, 120min) ★★
1.00 PM **In the Key of Love** Drama. (2019, PG, 90min) ★★
3.00 **The Good Witch's Gift** Fantasy. (2010, PG, 89min) ★★★
5.00 **Hometown Hero** Romantic drama. (2016, PG, 90min) ★★

7.00 **The Art of Murder: Garage Sale Mystery** Drama starring Lori Loughlin and Steve Bacic. While preparing a charity event, an antique store owner discovers a body in an attic, then sets out to find the killer.
9.00 **Managing Manhattan** Romantic drama starring Julianna Guill. The manager of a small-town fashion boutique crafts herself a new, streetwise persona with which to crack New York. (2016, PG, 84min) ★★

11.00 **Road Less Travelled** Romantic drama. (2017, PG, 87min) ★★
1.00 AM **Can't Buy My Love** Comedy. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **2 Years of Love** Drama. (2016, PG, 88min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Strongroom** (1961) ★★
7.35 **Snipers**
8.35 **Earth's Final Hours** (2011) ★★
10.20 **2012: Doomsday** Adventure. (2008, 12, 90min) ★
12.00 NOON **M*A*S*H**
1.00 PM **Fort Apache** Western. (1948, b/w, U, 127min) ★★★★
3.35 **Battle Tank**
4.50 **German Jets**
6.05 **Their Finest Hour**

7.15 **Deadly Swarm** Sci-fi adventure starring Shane Brolly. When a truck smuggling a crate of killer wasps from Mexico to the US crashes, the deadly swarm set their sights on a nearby town. (2003, 15, 87min) ★★
9.00 **The Foreigner** Action thriller starring Steven Seagal as a freelance agent who tangles with assailants when he is hired to transport a mysterious package from France to Germany. (2003, 15, 92min) ★

11.05 **Half Past Dead** Action thriller. (2002, 15, 98min) ★
1.05 AM **The Smoke** Crime thriller. (2014, 15, 88min) ★★
2.55 **to 4.00** AM **The Concorde Story** The history of the jet.

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.55 PM **Felicia's Journey** *AMC* Dark psychological thriller. ★★★
9.00 **The Hangover Part III** *ITV2* Dark comedy sequel. (HD) ★★
9.00 **London Has Fallen** *5STAR* Action thriller. (HD) ★★
9.00 **The Brothers Grimm** *Syfy* ★★
9.00 **The Bridges of Madison County** *Paramount* (HD) ★★★★
10.00 **Dumb and Dumber To** *E4* Comedy sequel. (HD) ★★
10.20 **Dirty Dancing** *Channel 5* Romantic drama. (HD) ★★★★
10.45 **Lethal Weapon 4** *ITV* Action thriller sequel. (HD) ★★★
11.00 **Assassins** *ITV4* Thriller. (HD) ★★
11.25 **Hot Shots!** *Comedy Central* Action comedy. (HD) ★★★★
11.30 **The Legend of Drunken Master** *Syfy* Subtitled. ★★★★
11.35 **A Most Violent Year** *BBC2* Thriller. (HD) ★★★★★
11.40 **Dead Calm** *Paramount* Thriller. (HD) ★★★★★
12.10 AM **Carry On Follow That Camel** *ITV3* Comedy. ★★★
12.15 **Brooklyn** *BBC1 (Not NI/Wales)* Drama. (HD) ★★★★
1.00 **The Haunting** *Ch4* (HD) ★
4.00 **Earthtastrophe** *Syfy* ★★

Friday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans**
8.30 **LIVE Mitre 10 Cup Rugby Union Auckland v North Harbour.** Coverage from Eden Park. Kick-off **8.35am**.
10.25 **Rugby Greatest Games**
10.30 **Football Centre**
12.00 NOON **PGA Tour Profiles** A look at the career of Anirban Lahiri.
12.15 PM **LIVE PGA Tour Golf** Day two of the Northern Trust from the Liberty National Golf Club in Jersey City, New Jersey.
3.30 **LIVE Ladies European Tour Golf** The second day of the Ladies Scottish Open from the Renaissance Club, North Berwick.
7.00 **LIVE FNF Liverpool v Norwich City.** Coverage of the opening match of the 2019/2020 Premier League season from Anfield. Kick-off **8.00pm**.
10.30 **Sky Sports News**
3.00 AM **Sporting Records**
3.30 **LIVE Mitre 10 Cup Rugby Union Tasman v Wellington.** Coverage from Landsowne Park in Blenheim. Kick-off **3.35am**.
5.25 **Rugby Greatest Games**
5.30 **to 6.00** AM **Sporting Records**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: Liverpool v Man Utd** Memorable strikes.
8.30 **Best PL Goals: Chelsea v Arsenal** Goals between the sides.
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
5.30 **Living The Dream: Alexander Arnold** Interview with the player.
6.30 **Premier League Preview** The opening weekend's fixtures.
7.00 **LIVE FNF Liverpool v Norwich City.** Coverage of the opening match of the 2019/2020 Premier League season from Anfield. Kick-off **8.00pm**.
10.30 **The Tyler Archives**
11.30 **Premier League Preview**
12.00 M'T **FNF** Liverpool v Norwich City.
12.30 AM **PL Greatest Games**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Football Countdowns** The most memorable moments in football.
7.00 **EFL Highlights** Triple bill of action from the Football League.
10.00 **EFL Greatest Games**
11.00 **SPFL Greatest Games**
11.30 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports The Ashes

404 404 858 | 514 504

6.00 AM **Best of England v Australia**
6.20 **Ashes Memories**
9.00 **Vitality T20 Blast Cricket** Middlesex v Surrey: Re-run of the South Division match from Lord's.
12.30 PM **Ashes Greats**
1.00 **Best of England v Australia**
1.50 **Ashes Greats**
2.00 **Ashes Memories**
3.00 **Captain's Log**
4.00 **Ashes Memories**
5.00 **Captain's Log**
6.00 **LIVE Vitality T20 Blast Cricket Lancashire Lightning v Yorkshire Vikings.** Coverage of the North Division encounter from Emirates Old Trafford.
9.45 **Captain's Log**
10.45 **Ashes Greats**
11.00 **Best of England v Australia**
11.50 **Ashes Greats**
12.00 M'T **Vitality T20 Blast Cricket** Lancashire Lightning v Yorkshire Vikings: Another chance to see the North Division match from Emirates Old Trafford.
3.45 AM **Ashes Greats**
4.00 **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Ladies European Tour Golf**
7.00 **The Golf Debate**
8.00 **Chronicles of a Champion Golfer** Profile of Johnny Miller.
8.30 **Best of the Sky Zone**
9.00 **Ladies European Tour Golf**
10.00 **The Golf Debate**
11.00 **PGA Tour Profiles**
11.15 **Ladies European Tour Golf**
12.15 PM **LIVE PGA Tour Golf** Coverage of day two of the Northern Trust, the opening event of the FedEx Cup, staged at the Liberty National Golf Club in Jersey City, New Jersey.
3.30 **LIVE Ladies European Tour Golf** The second day of the Ladies Scottish Open from the Renaissance Club, North Berwick.
6.30 **LIVE PGA Tour Golf** Further coverage of day two of the Northern Trust from New Jersey.
11.00 **Ladies European Tour Golf**
12.00 M'T **Feherty Talks to Couples**
1.00 AM **Chronicles of a Champion Golfer** Profiles of leading golfers.
2.00 **Ladies European Tour Golf**
3.00 **Feherty Talks to Fred Couples**
4.00 **The Golf Debate**
5.00 **to 6.00** AM **Ladies European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Premier League: Best Goals 2016/17**
7.00 **Premier League: Best Goals 2017/18** Memorable strikes.
8.00 **Premier League Match Pack**
8.30 **Premier League World**
9.00 **Premier League** Triple bill.
1.30 PM **Premier League Season Review** The 2018/2019 season.
3.30 **Premier League Goals of the Season** From 2018/2019.
4.30 **Premier League Match Pack**
5.00 **Premier League Preview**
5.30 **Classic Premier League** Norwich City v Liverpool from the 2015/2016 season.
6.00 **Premier League World**
6.30 **Premier League Preview**
7.00 **Ligue 1 Show**
7.30 **LIVE Ligue 1 Monaco v Lyon.** At Stade Louis II. Kick-off **7.45pm**.
9.45 **MotoGP: ICYMI**
10.00 **No Filter Boxing**
10.30 **Premier League Legends**
11.00 **Premier League Match Pack**
11.30 **The Polo Show**
12.00 M'T **LIVE WTA Tennis** Coverage of the quarter-finals of the Rogers Cup from Toronto.
4.00 **to 6.00** AM **ESPN Classic Boxing**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Formula E: Street Racers**
6.30 **Sport in Focus: Valentino Rossi**
6.45 **MotoGP Highlights** The Grand Prix of the Czech Republic.
7.45 **LIVE MotoGP** The opening two free practice sessions ahead of the Grand Prix of Austria, the 11th round of the season.
3.15 PM **BT Sport Reload**
3.30 **WRC Review** The best of the action from Rally Finland.
4.30 **FIM Speedway Highlights**
5.30 **LIVE WTA Tennis** Coverage of the quarter-finals of the Rogers Cup from Toronto, Canada.
9.30 **Hit It Hard** Exploring the career of golfer John Daly.
10.30 **FIM Speedway Highlights** Round five from Wroclaw, Poland.
11.30 **MLB's Best** Highlights show.
12.00 M'T **LIVE MLB** Coverage of a Major League Baseball game.
3.00 AM **Premier League Match Pack** Stats and facts ahead of the opening weekend of the season.
3.30 **Premier League Preview** A look ahead to the opening weekend of the season.
4.00 **Free Spirits**
5.00 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Bundesliga Special**
7.00 **UEFA Champions League**
8.30 **Ligue 1 Show**
9.00 **Trophee des Champions** Paris Saint-Germain v Rennes.
10.30 **LIVE AFL GWS Giants v Hawthorn Hawks.** Coverage of the match from the 21st round of fixtures, taking place at Manuka Oval. Bounce-up **10.50am**.
1.30 PM **Ligue 1 Show**
2.00 **Ligue 1: Games of the Season**
6.00 **Ligue 1: Season Review** A look back at the 2018/2019 season.
7.00 **Bundesliga Special** A look ahead to the 2019/2020 season.
8.00 **AFL** Action from GWS Giants v Hawthorn Hawks.
10.00 **UFC Profiles in Combat**
11.30 **UFC Reloaded**
2.00 AM **MotoGP: ICYMI**
2.15 **Premier League Preview**
2.45 **Ligue 1**
4.15 **MotoGP: ICYMI**
4.30 **to 7.30** AM **LIVE AFL Melbourne Demons v Collingwood Magpies.** Coverage of the match from the 21st round of fixtures, held at Melbourne Cricket Ground. Bounce-up **4.45am**.

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
7.30 **World Rugby Show**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
10.30 **World Rugby Show**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
1.30 **Darts Gold**
1.45 **Rugby Greatest Games**
1.55 **LIVE Currie Cup Rugby Union Western Province v Pumas.** Coverage from DHL Newlands. Kick-off **2.00pm**.
4.00 **Darts Gold**
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **NFL: America's Game**
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **Sporting Records**.
10.00 **Darts Gold**
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **US Open 9-Ball Pool**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **US Open 9-Ball Pool**
11.00 **Sporting Greats**
12.00 NOON **US Open 9-Ball Pool**
1.00 PM **Sporting Records**
1.30 **NFL: A Football Life**
2.30 **US Open 9-Ball Pool**
3.30 **LIVE Ladies European Tour Golf** Coverage of the second day of the Ladies Scottish Open from the Renaissance Club in North Berwick, an event won last year by Thailand's Ariya Jutanugarn.
6.30 **WWE Experience** The latest from *Raw* and *Smackdown*.
7.30 **NBA Champions 2009 LA Lakers** The NBA Championship-winning season of the 2008/2009 Los Angeles Lakers.
9.00 **My Icon**
9.30 **NBA Champions 2009 LA Lakers** As shown at 7.30pm.
11.00 **Ladies European Tour Golf** Action from the second day of the Ladies Scottish Open.
12.00 M'T **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **MLB: Cubs @ Reds**
10.30 **NHRA Drag Racing Highlights**
11.30 **Around the Horn**
12.00 NOON **ESPN FC** Football news.
12.30 PM **Pardon the Interruption**
1.00 **CFL: Calgary @ Winnipeg**
3.30 **MLB: Indians @ Twins**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **MLB's Best** MLB highlights show.
8.00 **LIVE MLB Chicago White Sox v Oakland Athletics.** Coverage from Guaranteed Rate Field. Start-time **8.10pm**.
11.00 **Around the Horn**
11.30 **College Football Live**
12.00 M'T **LIVE CFL Montreal Alouettes v Saskatchewan Roughriders.** Kick-off **12.00m't**.
3.00 **to 6.00** AM **LIVE CFL Edmonton Eskimos v Ottawa Redblacks.** Kick-off **3.00am**.

Eurosport 1

410 410 864 | 523 521 | 412 435

7.00 AM **Cycling: European Road Champs** The time-trials.
9.00 **Cycling: Tour of Poland**
10.00 **Athletics: Diamond League**
12.00 NOON **Cycling: European Road Champs** The women's time-trial.
1.00 PM **Cycling: Tour of Poland**
2.00 **LIVE Cycling: Tour of Poland** The seventh and final stage, a 132.5km course from Bukovina Resort to Bukowina Tartzanska.
3.15 **Cycling: European Road Champs** The men's time-trial.
4.15 **Athletics: Diamond League**
6.15 **LIVE Athletics: Euro Team Champs** Coverage of day one of the biennial event, held this year in Bydgoszcz, Poland.
8.30 **Cycling: Tour of Poland**
9.30 **Cycling: European Road Champs** The women's time-trial.
10.30 **Athletics: European Team Champs** Day one action.
12.00 M'T **Cycling: Tour of Poland**
1.00 **to 1.10** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

5.55 AM **LIVE Snooker: International Championship** The semi-finals in Daqing, China.
9.00 **Motocross World Champs**
10.00 **Speedway European Champs**
11.00 **Snooker: International Championship** Semi-final action.
11.25 **LIVE Snooker: International Championship** The semi-finals.
2.30 PM **Porsche Supercup**
3.00 **Speedway European Champs**
4.00 **Motocross British Champs**
5.00 **Motocross World Champs**
6.00 **Speedway European Champs**
7.00 **Snooker: International Championship** Semi-final action.
9.00 **Speedway European Champs**
10.00 **Snooker: International Championship** Semi-final action.
12.00 M'T **Athletics: European Team Champs** Day one from Poland.
1.30 AM **Motocross World Champs**
2.00 **Snooker: International Championship** Semi-final action
4.00 **Speedway European Champs**
5.00 **to 5.55** AM **Snooker**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Highlights**
8.30 **LIVE Mitre 10 Cup Rugby Union Auckland v North Harbour.** Kick-off **8.35am**.
10.25 **Rugby Greatest Games**
10.30 **Super League Highlights**
10.45 **Great Sporting Moments**
11.00 **Super League Gold**
12.00 NOON **WWE from the Vault**
1.00 PM **Great Sporting Moments**
2.00 **World Rugby Show**
2.30 **Sporting Greats**
3.00 **Sporting Records**
4.00 **Salomon Golden Trail Series**
4.30 **WWE from the Vault**
5.00 **WWE Smackdown**
7.00 **LIVE Betfred Super League** Coverage of a crucial game.
10.15 **Super League Gold**
11.00 **Sporting Records**
12.00 M'T **Betfred Super League**
12.15 AM **Highlights**
3.30 **LIVE Mitre 10 Cup Rugby Union Tasman v Wellington.**
5.25 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** The Bahrain Grand Prix qualifying session.
12.45 PM **The F1 Show**
1.15 **Formula 1** As 5.30pm.
3.20 **Nico Rosberg's Bahrain Battle**
3.30 **Formula 1** As 8.00pm.
4.30 **F1 Weekend Debrief: Bahrain**
5.00 **Bahrain F1 GP Best Bits**
5.30 **Formula 1** The Bahrain Grand Prix: Another chance to see the second round of the season, held in Sakhir, Bahrain.
7.35 **Box Box Box: Red Bull's First Win** With Christian Horner.
7.45 **McLaren In Baku**
8.00 **Formula 1** Action from the Bahrain Grand Prix.
9.00 **F1 Classic Races** A look back at the 2013 Bahrain Grand Prix.
11.15 **Lost In Baku**
11.25 **F1 Cars Through 1000 Races**
11.30 **Formula 1** As 8.00pm.
12.30 AM **Bahrain F1 GP Best Bits**
1.00 **to 6.00** AM **The Home of F1**

Shown smaller than actual size. Measures 12.85 inches (34.2 cm) in width x 10.5 inches (26.7 cm) in height. Strap measures 50 inches (12 cm) in length.

Friendships as special as the one between Pooh and his pals from the Hundred Acre Wood make life brighter... Now celebrate a forever-friendship of your own with a stylish expression of Disney's classic tale of best friends on their adventures! The officially licensed *Disney 'Friends Forever' Winnie The Pooh Ladies' Handbag* is a first-of-a-kind, unique to The Bradford Exchange.

Handcrafted and officially licensed with beautifully nostalgic artwork from the timeless Disney 'Winnie The Pooh' tales

This market-first ladies' Disney handbag is accompanied by a Certificate of Authenticity and our 120-day money-back guarantee. It is available for just 3 interest-free instalments of £29.99 – that's only £89.97 (plus £9.99 S&S)*. Pay nothing now – complete and return your Reservation Application today.

© Disney. Based on the 'Winnie the Pooh' works by A.A. Milne and E.H. Shepard.
© The Bradford Exchange. * S&S - Shipping & Service. Offer applies to UK only. 01-30474-001/426-B0002.01

FASTEST WAY TO ORDER

www.bradford.co.uk/winniefriendsbag

***Or call our 24hr hotline on* 0333 003 0019**
and quote reference code P371471

PAY NOTHING NOW

RESERVATION APPLICATION

Please Respond Promptly

To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA

YES! Please reserve __ (Qty) of the **DISNEY 'FRIENDS FOREVER' WINNIE THE POOH LADIES' HANDBAG** for me as described in this advertisement.

Complete today or Call 0333 003 0019

Name (Mr/Mrs/Miss/Ms) .....
(PLEASE PRINT)

Address .....

.....

Postcode ..... Telephone .....

Mobile .....

Email Address .....

Applicants must be aged 18 or over. Please note, we may contact you via mail, email and mobile with information about your reservation. For details of our privacy policy, please go to www.bradford.co.uk/privacypolicy or contact us at the above address or phone number.

THE BRADFORD EXCHANGE

01-30474-001/426-B0002.01

Order Ref:P371471

Kids' Weekly TV Guide

CBBC

613 613 646 701 201 204 607 600

SATURDAY

7.00am Arthur **7.15** Shaun **7.20** Danger Mouse **7.30** Dennis **7.45** Diddy TV **8.00** Class Dismissed **8.15** Ramsay Bunch **8.30** Newsround **8.35** The Playlist New **9.00** The Dengineers **9.30** Horrible Histories **10.00** Saturday Mash Up at the Summer Social New **11.30** The Zoo **11.40** Diddy TV **11.55** Now You See It **12.05pm** Scream Street **12.20** Newsround **12.25** The Worst Witch **12.50** Lifebabble **12.55** Mustangs FC **1.20** Newsround **1.30** Secret Life of Boys **1.50** Holly Hobbie **3.50** The Next Step **5.40** My Life **6.10** Pets Factor **6.30** Gym Stars **6.50** Operation Ouch! Snips **7.00** Got What It Takes? **7.30** Last Commanders **8.00** Operation Ouch! **8.30-9.00pm** HH: Rotten Rulers Special

SUNDAY As Saturday except:

7.35am Dennis **7.45-8.00** Danny & Mick **8.15** Diddy TV **8.30** The Dengineers **9.00** Blue Peter **9.35** Art Ninja **9.55** Newsround **10.00** Ramsay Bunch **10.15** Gym Stars **10.40** Our School **11.00** Odd Squad **11.20** Horrible Histories **11.50** Newsround **11.55** Naomi's Nightmares of Nature **12.25pm** Pets Factor **12.45** Operation Ouch! **1.15** My Life **1.45** Newsround **1.50** The Next Step **5.15** The Playlist **5.35-6.10** My Life **6.35** Gym Stars **6.55** Operation Ouch! Snips **7.00** HH: Gory Games **7.30** Hetty Feather **8.00** Holly Hobbie **8.20** Class Dismissed **8.35-9.00pm** The Next Step

MONDAY

7.00am Arthur **7.15** Dennis **7.25** Danger Mouse **7.40** Newsround **7.45** Odd Squad **8.00** The Deep **8.20** Newsround **8.30** Dragons: Race to the Edge **8.50** The Zoo **9.05** Pets Factor **9.30** Junior Bake Off **10.00** Millie Inbetween **10.25** Jamie Johnson **1.45pm** The Real Jamie Johnson **2.10** Horrible Histories **2.35** Jamie Johnson **3.05** The Zoo **3.15** Shaun **3.25** OOglies **3.40** Dennis **3.55** Odd Squad **4.05** Diddy TV **4.20** Newsround **4.25** Nine Minute Ninja **4.35** Pets Factor **5.00** The Worst Witch **5.30** Deadly Dinosaurs with Steve Backshall **6.00** HH: Gory Games **6.30** The Dengineers **7.00** Horrible Histories **7.30** Deadly Dinosaurs with Steve Backshall **7.55** Shark Bites **8.00** The Worst Witch **8.30-9.00pm** Millie Inbetween

TUESDAY As Mon except:

1.20pm Marrying Mum and Dad **1.50** Wild & Weird **2.05** Blue Peter **2.30** Jamie Johnson **3.00** Shaun **3.15** The Zoo **3.30-3.40** OOglies **4.10-4.20** Diddy TV **4.30** Nine Minute Ninja **4.40** Pets Factor **5.00** Mustangs FC New **5.30** Gym Stars New **5.50-6.00** Operation Ouch! Snips **7.00** HH Sport Special **7.30** Gym Stars **7.50** Nine Minute Ninja **8.00** Mustangs FC **8.25** The Real Jamie Johnson **8.35-9.00pm** The Next Step

WEDNESDAY As Mon except:

10.25am So Awkward **1.45pm** Wild & Weird **2.00** Horrible Histories **2.30** Jamie Johnson **2.55-3.05** Shaun **3.15-3.25** Danger Mouse **4.10-4.20** Diddy TV **4.30** Nine Minute Ninja **4.40** Pets Factor **5.00** Secret Life of Boys **5.30-6.00** Last Commanders New **7.00** HH Scary Special **7.25** Last Commanders **7.55** Secret Life of Boys **8.20** The Real Jamie Johnson **8.30-9.00pm** All at Sea

THURSDAY As Mon except:

10.25am So Awkward **1.15pm** Dumping Ground Survival Files **1.45** Wild & Weird **2.00** Horrible Histories **2.30** Dumping Ground **2.55-3.05** Shaun **3.15-3.25** Danger Mouse **4.10-4.20** Diddy TV **4.30** Nine Minute Ninja **4.40** Pets Factor **5.00** Holly Hobbie New **5.30-6.00** Blue Peter New **7.30** Blue Peter **8.00** Holly Hobbie **8.25** Lifebabble **8.30-9.00pm** So Awkward

FRIDAY As Mon except:

7.35-7.40am MOTD Kickabout: Build-Up **10.30** Millie Inbetween Specials **11.55** Joe All Alone **1.45pm** Wild & Weird **2.00** Horrible Histories **2.30** Dumping Ground **2.55-3.05** Shaun **3.15-3.25** Danger Mouse **4.25-4.35** Operation Ouch! Snips **5.00** Dumping Ground **5.30** Ramsay Bunch **5.45** Class Dismissed **6.05-6.30** HH: Gory Games **7.30** Ramsay Bunch **7.45** Class Dismissed **8.00-9.00pm** Dumping Ground

CBEEBIES

614 614 647 702 202 205 608 601

SATURDAY

6.00am Show Me Show Me **6.20** Baby Jake **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special: We're All Friends **9.20** CBeebies Elves and the Shoemaker **10.05** Go Jetters **10.15** YolanDa's Band Jam **10.30** Justin's House **10.55** Andy's Prehistoric Adventures **11.10** Maddie's Do You Know? **11.25** Waffle the Wonder Dog **11.35** Molly and Mack **11.50** Little Roy **12.05pm** My World Kitchen **12.20** Old Jack's Boat: Rockpool Tales **12.30** Melody **12.40** Down on the Farm **1.00** Where in the World? **1.15** My Story **1.30** Ferne and Rory's Vet Tales **1.45** Tinga Tinga Tales **2.00** Something Special: We're All Friends **2.20** Ferne and Rory's Vet Tales **2.35** Junk Rescue **2.50** Maddie's Do You Know? **3.05** Bitz & Bob **3.15** Tree Fu Tom **3.35** Go Jetters **3.50** Peter Rabbit **4.05** Waffle the Wonder Dog **4.15** My First **4.30** Magic Hands **4.40** Treasure Champs **4.55** Woolly & Tig **5.00** Apple Tree House **5.15** Molly and Mack **5.30** Teacup Travels **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except:

9.20am Octonauts Special: Operation Deep Freeze **9.45** Bing **9.50** Hey Duggee **10.00** The Baby Club Live at the Summer Social **10.20** YolanDa's Band Jam **10.35** Justin's House **11.00** Andy's Prehistoric Adventures **11.15** Maddie's Do You Know? **11.30** Waffle the Wonder Dog **11.40** Molly and Mack **11.55** Little Roy **12.10-12.20pm** My World Kitchen **2.20** Magic Hands **2.30** Junk Rescue **2.45** Maddie's Do You Know? **3.00** Bitz & Bob **3.10** Tree Fu Tom **3.30** Go Jetters **3.45** Peter Rabbit **4.00** Mr Tumble and Friends at the Summer Social **5.30** Magic Hands **5.40-5.45pm** Our Family Fun

MONDAY-FRIDAY

6.00am Show Me Show Me **6.20** Twirlywoos **6.30** Teletubbies **6.45** Raa Raa the Noisy Lion **6.55** Numberblocks New episode **7.00** Bing **7.20** Hey Duggee **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.05** Yakka Dee! **9.10** Alphablocks **9.20** Kit & Pup **9.25** Bing **9.30** Twirlywoos **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club New episode **10.35** Patchwork Pals **10.40** Olobob Top **10.50** Let's Play **11.10** Get Well Soon Hospital **11.20** My Pet and Me **11.40** Show Me Show Me **12.00noon** My World Kitchen **12.15pm** Waffle the Wonder Dog **12.25** What's the Big Idea? **12.30** Katie Morag **12.45** Sarah & Duck **1.00** Biggleton **1.10** Alphablocks **1.15** Yakka Dee! **1.20** Numberblocks **1.25** Bing **1.35** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** The Baby Club **2.35** Pablo **2.50** My First **3.00** Andy's Dinosaur Adventures **3.15** Swashbuckle **3.40** Hey Duggee **3.45** Tinpo New episode **3.55** Bitz & Bob **4.10** Junk Rescue New episode **4.25** Catie's Amazing Machines **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Topsy and Tim **5.30** Waffle the Wonder Dog **5.40** Woolly & Tig **5.45** Moon and Me **6.10** Clangers New episode **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

NICK JR

615 648 715 484

Paw Patrol

SATURDAY & SUNDAY

6.00am Peppa Pig **6.30** Paw Patrol **7.00** Butterbean's Cafe **7.30** Paw Patrol **10.00** NEW SERIES Corn & Peg **10.30** Peppa Pig **11.00** Abby Hatcher **11.30** Blaze and the Monster Machines: Adventures with an eight-year-old techie who drives monster-truck Blaze. **12.00noon** Paw Patrol: Animated action adventure. **2.00pm** Corn & Peg **2.30** Blaze and the Monster Machines **3.00** Peppa Pig **3.30** Dora the Explorer **4.00** Paw Patrol **6.00** Blaze and the Monster Machines **7.00** Top Wing **8.00** Paw Patrol: Animated adventure following a squad of six puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **12.30am** Peppa Pig **4.00** Corn & Peg **4.30** Nella the Princess Knight **5.00-6.00am** Peppa Pig

MONDAY-FRIDAY

6.00am Peppa Pig **7.00** Butterbean's Cafe **7.30** Top Wing **8.00** Paw Patrol **10.00** Peppa Pig: Animated adventures. **11.00** Blaze and the Monster Machines: Adventures with AJ, an eight-year-old techie who drives monster-truck Blaze. **12.00noon** Paw Patrol **2.00pm** Blaze and the Monster Machines **3.00** Peppa Pig **4.00** Paw Patrol **6.00** Blaze and the Monster Machines **7.00** Top Wing **8.00** Paw Patrol: Animated action adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **12.30am** Peppa Pig **3.30** Shimmer and Shine **4.00** Bubble Guppies **4.30** Team Umizoomi **5.00-6.00am** Peppa Pig

+1 hour 628

CITV

621 734 711 203 602

SATURDAY

6.00am Dino Dana **6.10** Super 4 **6.35** Thunderbirds Are Go **7.00** Mission Employable **7.05** Mr Bean: The Animated Series **7.30** Marvel's Avengers: Secret Wars **7.55** Milo Murphy's Law: Adventures with the youngster who is prepared for anything. **8.25** Mr Bean: The Animated Series **9.25** Mr Magoo **9.55** ToonMarty **10.25** Wishfart **10.55** Pokémon: Sun and Moon – Ultra Legends **11.25** NinjaGo: Sons of Garmadon **11.55** Scooby-Doo! Mystery Incorporated: Spooky goings-on in the town of Crystal Cove. **2.15pm** Mr Magoo **2.45** Wishfart **3.20** ToonMarty **3.45** Massive Monster Mayhem **4.15** Mr Bean: The Animated Series: Chaotic cartoon capers voiced by Rowan Atkinson. **5.15** The Bagel and Becky Show **5.45** Pokémon: Sun and Moon – Ultra Legends **6.10** Max Steel **6.40** NinjaGo: The Hands of Time **7.10** Looped **7.40** Fangbone **8.05** Massive Monster Mayhem **8.30** Make It Pop **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:

7.05-7.30am LEGO Star Wars: The Freemaker Adventures

MONDAY-FRIDAY

6.00am Dino Dana **6.25** Super 4: Animated comedy adventure series. **6.55** Mission Employable **7.00** NinjaGo: Skybound **7.55** Robozuna **8.25** Pokémon: Sun and Moon – Ultra Legends New episode **8.55** Mr Bean: The Animated Series: Chaotic cartoon capers voiced by Rowan Atkinson. **9.55** Mr Magoo **10.25** Scooby-Doo! Mystery Incorporated **11.20** ToonMarty **11.50** The Bagel and Becky Show **12.35pm** Wishfart **1.15** Thunderbirds Are Go **2.10** Massive Monster Mayhem **2.40** Spy School **3.05** Project Z **3.35** Scooby-Doo! Mystery Incorporated: Spooky goings-on in the town of Crystal Cove. **4.30** NinjaGo: Skybound **5.30** Pokémon: Sun and Moon – Ultra Legends **6.00** Robozuna **6.25** Mr Bean: The Animated Series **7.20** Mr Magoo **7.55** NinjaGo: Masters of Spinjitzu Wu's Teas Shorts **8.00** Project Z **8.25** Drop Dead Weird **8.55-9.00pm** Mission Employable

NICKELODEON

604 604 642 712 714 483

SATURDAY & SUNDAY

6.00am iCarly **7.00** Nicky, Ricky, Dicky & Dawn **7.30** The Thundermans **8.00** Henry Danger **9.00** The Thundermans **10.00** Game Shakers **11.00** The Thundermans **12.00noon** Henry Danger **1.00pm** Game Shakers **1.30** Nicky, Ricky, Dicky & Dawn **2.30** Henry Danger **3.00** Game Shakers **3.30** Knight Squad **4.00** Cousins for Life **4.30** Nicky, Ricky, Dicky & Dawn **5.00** Henry Danger **8.00** Victorious **10.30** Sam & Cat **12.00m't** Renford Rejects **12.25am** Summer in Transylvania **12.50** SpongeBob SquarePants **1.00** Genie in the House **1.30** House of Anubis **1.55** Winx Club **2.20** SpongeBob SquarePants **2.30** Max & Shred **3.00** Renford Rejects **3.25** Summer in Transylvania **3.50** SpongeBob SquarePants **4.00** Genie in the House **4.30** House of Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

MONDAY-THURSDAY

6.00am iCarly **6.30** Knight Squad **7.00** Nicky, Ricky, Dicky & Dawn **7.30** The Thundermans **8.00** Henry Danger **9.30** Game Shakers **10.30** The Thundermans **12.00noon** Knight Squad **1.00pm** Henry Danger **2.00** Cousins for Life **2.30** The Thundermans **3.30** School of Rock **4.00** Nicky, Ricky, Dicky & Dawn **5.00** The Thundermans **6.00** Hunter Street **6.30** Henry Danger **7.30** Victorious **8.00** I am Frankie **8.30** Find Me in Paris **9.00** Every Witch Way **9.30** iCarly **10.30** Victorious **12.00m't** Renford Rejects **12.25am** Summer in Transylvania **12.50** SpongeBob SquarePants **1.00** Genie in the House **1.30** House of Anubis **1.55** Winx Club **2.20** SpongeBob SquarePants **2.30** Max & Shred **3.00** Renford Rejects **3.25** Summer in Transylvania **3.50** SpongeBob SquarePants **4.00** Genie in the House **4.30** House of Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

FRIDAY As Mon except:

6.00pm Hunter Street Mid-series finale **6.30-7.30pm** Nick's Summer Movie Nights: Viewers' choice.

+1 hour 605 713

Highlights

Corn & Peg

Sat, Nick Jr HD, 10am

Unicorn Corn and pegasus Peg are friends who try to make the world a better place, beginning by returning a ball to its owner.

Blue Peter

Thu, CBBC HD, 5.30pm

Konnie Huq returns to the show with science experiments to try at home, and it is the first Office Chair Racing Championships.

Just Roll with It

Fri, Disney HD, 5pm

The audience choose between three scenarios for the actors to improvise in a sitcom following stepsiblings in a blended family.

CARTOON NET

601 601 640 704 732 486

The Powerpuff Girls

SATURDAY

6.00am Amazing World of Gumball **6.30** Teen Titans Go! **7.00** Bakugan: Battle Planet New episode **7.30** Ben 10 **7.45** DC Super Hero Girls **8.00** Amazing World of Gumball **9.00** Teen Titans Go! **10.00** Amazing World of Gumball **3.00pm** Cloudy with a Chance of Meatballs **3.15** Craig of the Creek **3.30** Unikitty **3.45** Teen Titans Go! **4.00** Ben 10 **4.30** We Bare Bears **5.00** Amazing World of Gumball **5.30** Summer Camp Island **5.45** Craig of the Creek **6.00** Teen Titans Go! **6.30** Unikitty **7.00** Amazing World of Gumball **7.30** Summer Camp Island **7.45** Craig of the Creek **8.00** Teen Titans Go! **8.30** We Bare Bears **8.45** Cloudy with a Chance of Meatballs **9.00** The Powerpuff Girls New episode **10.00** Amazing World of Gumball **11.00** Adventure Time **12.00m't** Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** Amazing World of Gumball **5.00-6.00am** Ben 10

SUNDAY As Saturday except:

4.00-4.30pm Ben 10: Heatblast

MONDAY

6.00am Amazing World of Gumball **6.30** Cloudy with a Chance of Meatballs **6.45** Teen Titans Go! **7.00** Craig of the Creek **7.15** Unikitty **7.30** Teen Titans Go! **7.45** We Bare Bears **8.00** Amazing World of Gumball **9.00** Teen Titans Go! **10.00** Teen Titans Go! The Self-Indulgent 200th Episode Spectacular! **10.30** Teen Titans Go! **11.00** Amazing World of Gumball **12.00noon** We Bare Bears **1.00pm** Unikitty **2.00** Teen Titans Go! **2.30** Amazing World of Gumball **3.00** We Bare Bears **3.30** Unikitty **4.00** Ben 10: Stinkfly **4.15** OK K.O! Let's Be Heroes New episode **4.30** We Bare Bears **5.00** Amazing World of Gumball **5.30** Summer Camp Island **5.45** Craig of the Creek **6.00** Teen Titans Go! **6.30** Unikitty **7.00** Amazing World of Gumball **7.30** Summer Camp Island **7.45** Craig of the Creek **8.00** Teen Titans Go! **8.30** We Bare Bears **8.45** Cloudy with a Chance of Meatballs **9.00** The Powerpuff Girls **10.00** Amazing World of Gumball **11.00** Adventure Time **12.00m't** Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** The Amazing World of Gumball **5.00-6.00am** Ben 10

TUESDAY As Mon except:

11.15am-12.00noon The Amazing World of Gumball **4.00-4.15pm** Ben 10: XLR8

WEDNESDAY As Mon except:

10.00-11.00am Teen Titans Go! Beast Boy **4.00-4.15pm** Ben 10

THURSDAY As Mon except:

4.00-4.15pm Ben 10: Humungosaur

FRIDAY As Mon except:

4.00-4.15pm Ben 10: Rath **9.00-11.00pm** Teen Titans Go!

+1 hour 602 705

BOOMERANG

603 603 641 730 487

SATURDAY

6.00am Mr Bean **6.30** Tom and Jerry **7.00** Be Cool, Scooby-Doo! **7.30** Mighty Mike **8.00** Taffy **8.30** Tom and Jerry Show **9.00** Scooby-Doo: Best of Daphne **9.30** FILM Scooby-Doo and the Cyber Chase **11.00** Tom and Jerry **11.30** Be Cool, Scooby-Doo! **12.00** Tom and Jerry Show **12.30pm** Scooby-Doo! Mystery Incorporated **1.00** Tom and Jerry Show **1.30** Be Cool, Scooby-Doo! **2.00** Tom and Jerry Show **2.30** Be Cool, Scooby-Doo! **3.00** Tom and Jerry **3.30** Be Cool, Scooby-Doo! **4.00** Tom and Jerry Show **4.30** Taffy **5.00** Be Cool, Scooby-Doo! **5.30** Mighty Mike **6.00** Tom and Jerry Show **6.30** FILM Scooby Doo and the Legend of the Vampire **8.00** Tom and Jerry **8.30** The Wizard of Oz **8.45** Wacky Races **9.00** Tom & Jerry Tales **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **5.00-6.00am** My Knight and Me

SUNDAY As Saturday except:

9.00am Be Cool, Scooby-Doo! **9.30-11.00am** FILM Scooby-Doo and the Monster of Mexico **12.30-1.00pm** Scooby-Doo's Ghosts **3.00-3.30** Tom and Jerry Show **6.30** FILM Tom and Jerry Meet Sherlock Holmes **7.35-8.30pm** Tom and Jerry

MONDAY

6.00am Mr Bean **6.30** Tom and Jerry **7.00** Be Cool, Scooby-Doo! **7.30** Mighty Mike **8.00** Taffy **8.30** Tom and Jerry Show **9.00** Be Cool, Scooby-Doo! **9.30** FILM Scooby Doo in Where's My Mummy? **11.00** Tom and Jerry **11.30** Be Cool, Scooby-Doo! **12.00** Tom and Jerry Show **12.30pm** FILM Scooby-Doo! Haunted Holidays **1.00** Tom and Jerry Show **1.30** Be Cool, Scooby-Doo! **2.00** Tom and Jerry Show **2.30** Scooby-Doo! Mystery Incorporated **3.00** Tom and Jerry **3.30** Be Cool, Scooby-Doo! **4.00** Tom and Jerry Show **4.30** Taffy **5.00** Be Cool, Scooby-Doo! **5.30** Mighty Mike **6.00** Mr Bean **6.30** FILM Scooby-Doo! Pirates Ahoy! **7.55** Tom and Jerry **8.30** Bunnicula **9.00** Tom & Jerry Tales **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **5.00-6.00am** My Knight and Me

TUESDAY As Mon except:

7.00-7.30am Scooby-Doo's Ghosts **9.30-11.00am** FILM Tom and Jerry: Spy Quest **12.30pm** What's New Scooby-Doo? **1.00** Tom and Jerry **1.30-2.00** Scooby-Doo: Best of Daphne **2.30** Be Cool, Scooby-Doo! **3.00-3.30** Tom and Jerry Show **6.30** FILM Tom & Jerry: Robin Hood and His Merry Mouse **7.40-8.30pm** Tom and Jerry

WEDNESDAY As Mon except:

9.30-11.00am FILM Chill Out, Scooby-Doo! **12.30pm** Scooby-Doo's Monsters **1.00-1.30pm** Tom and Jerry **2.30** Scooby-Doo! Spooky Games **3.00-3.30** Tom and Jerry Show **6.30** FILM Scooby-Doo! Mask of the Blue Falcon **8.00-8.30pm** Tom and Jerry

THURSDAY As Mon except:

9.30am FILM Big Top Scooby-Doo! **11.10-11.30am** Tom and Jerry **12.30pm** Be Cool, Scooby-Doo! **1.00-1.30** Tom & Jerry: Cat & Mouse Detective **2.30** Scooby-Doo: Best of Velma **3.00-3.30** Tom and Jerry Show **6.30** FILM Scooby-Doo and the Alien Invaders **8.00-8.30pm** Tom and Jerry

FRIDAY As Mon except:

7.00-7.30am Scooby-Doo's Monsters **9.30-11.00am** FILM Tom and Jerry: The Fast and the Furry **12.30pm** Be Cool, Scooby-Doo! **1.00-1.30** Tom and Jerry **2.30** Be Cool, Scooby-Doo! **6.30** FILM Tom and Jerry: The Movie **8.10-8.30pm** Tom and Jerry

+1 hour 618 731

DISNEY

609 609 644 724 480

Back of the Net

SATURDAY

6.00am Sadie Sparks **6.25** Elena of Avalor **6.55** Best Bugs Forever New episode **7.25** Disney Mickey Mouse **7.30** Amphibia New episode **8.00** 101 Dalmatian Street **8.30** FILM Back of the Net **10.30** Andi Mack **12.30pm** Raven's Home **1.00** Jessie **2.00** Andi Mack **2.30** Miraculous: Tales of Ladybug & Cat Noir **3.00** K.C. Undercover **4.00** Liv & Maddie **5.00** Good Luck Charlie **6.00** Jessie **7.00** Penny on M.A.R.S **8.00** Bizaardvark **9.00** Jessie **9.30** K.C. Undercover **10.00** Raven's Home **11.00** Stuck in the Middle **11.55** Bizaardvark **12.50am** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.35** The Evermoor Chronicles **4.45-6.00am** Miraculous: Tales of Ladybug & Cat Noir

SUNDAY As Saturday except:

8.30am FILM Bad Hair Day **10.15-10.30am** Under The Sea: A Descendants Story

MONDAY

6.00am Jessie **7.00** Stuck in the Middle **8.00** FILM Cloud 9 **9.45** Under The Sea: A Descendants Story **10.00** Jessie **11.00** Bunk'd **12.00noon** K.C. Undercover **1.00pm** Liv & Maddie **2.00** Jessie **3.00** K.C. Undercover **4.00** Miraculous: Tales of Ladybug & Cat Noir **4.30** Bunk'd **5.00** Jessie **5.30** Liv & Maddie **6.00** Sydney to the Max **6.30** Raven's Home **7.00** Good Luck Charlie **7.30** Penny on M.A.R.S **8.00** Andi Mack **8.30** Jessie **9.30** K.C. Undercover **10.00** Raven's Home **11.00** Stuck in the Middle **11.55** Bizaardvark **12.50am** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.35** The Evermoor Chronicles **4.45-6.00am** Miraculous: Tales of Ladybug & Cat Noir

TUESDAY As Mon except:

8.00am FILM Wendy Wu: Homecoming Warrior **9.45-10.00am** Raven's Home: Do It Duo

WEDNESDAY As Mon except:

8.00am FILM Let It Shine **9.55-10.00am** Bizaardvark **3.00-4.00pm** K.C Undercover: The Final Chapter

THURSDAY As Mon except:

8.00am FILM Adventures in Babysitting: Comedy remake. **9.50-10.00am** Disney Channel Dares

FRIDAY As Mon except:

8.00am FILM How to Build a Better Boy **9.50** Disney Channel Dares **9.55-10.00am** Access All Areas: Music **4.00pm** Coop and Cami Ask the World **4.30** Sydney to the Max **5.00** NEW SERIES Just Roll with It **5.35** FILM Camp Rock 2: The Final Jam **7.30** Just Roll With It **8.05-8.30pm** Andi Mack

+1 hour 610 725

DISNEY JR

607 607 643 727 481

Claude

SATURDAY

6.00am Mickey Mouse Clubhouse **6.30** Muppet Babies **7.00** Claude New episode **7.20** PJ Masks **8.00** Doc McStuffins **8.30** Mickey & the Roadster Racers **9.00** Muppet Babies **9.30** PJ Masks **10.00** Mickey Mouse Clubhouse **11.00** The Lion Guard **2.30pm** Gigantosaurus **3.00** Mickey & the Roadster Racers **3.30** 101 Dalmatian Street **4.00** Fancy Nancy Clancy **4.30** Sofia the First **5.00** Doc McStuffins: Pet Rescue **5.30** Mickey Mouse Clubhouse **6.30** 101 Dalmatian Street **7.00** Rapunzel's Tangled Adventure **7.30** Elena of Avalor **8.00** PJ Masks **8.30** The Lion Guard **9.00** Claude **9.35** Trulli Tales **10.10** PJ Masks **11.15** Zou **11.30** Trulli Tales **12.00m't** PJ Masks **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45** PJ Masks **5.55-6.00am** Minnie's Bow-Toons

SUNDAY As Saturday except:

11.00am-2.30pm Doc McStuffins

MONDAY

6.00am Muppet Babies **6.15** PJ Masks **7.00** Vampirina **7.30** Fancy Nancy Clancy **8.00** PJ Masks **8.30** Vampirina **9.00** Fancy Nancy Clancy **9.40** Muppet Babies **10.00** Special: Mission Force One **10.55** Marvel Super Hero Adventures **11.00** PJ Masks **12.30pm** Vampirina **2.00** Puppy Dog Pals **3.00** The Lion Guard **3.30** Elena of Avalor **4.00** Gigantosaurus **4.25** Paprika New episode **4.30** Mickey & the Roadster Racers **5.00** Fancy Nancy Clancy **5.30** Vampirina **6.00** PJ Masks **6.30** Puppy Dog Pals **7.00** The Lion Guard **7.25** Paprika **7.30** Sofia the First **8.25** Elena of Avalor **9.00** Fancy Nancy Clancy **9.30** Vampirina **10.00** PJ Masks **10.30** Puppy Dog Pals **11.00** The Lion Guard **11.25** Disney Junior Music Nursery Rhymes **11.30** Trulli Tales **12.00m't** PJ Masks **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45** PJ Masks **5.55-6.00am** Minnie's Bow-Toons

TUESDAY As Mon except:

10.00-10.55am FILM The Lion Guard: Return of the Roar: *Lion King* spin-off with Dee Bradley Baker. Simba and Nala's cub becomes a leader.

WEDNESDAY As Mon except:

10.00-10.55am Sofia the First: A magical amulet transforms the princess into a mermaid.

THURSDAY As Mon except:

10.00-10.55am Doc McStuffins

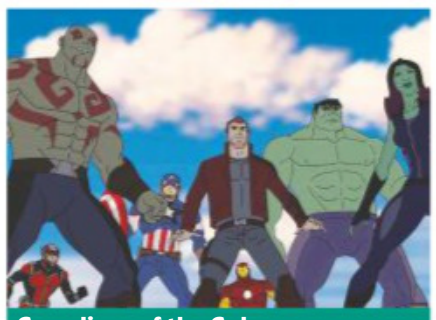
FRIDAY As Mon except:

10.00-10.55am Mickey Mouse Clubhouse: Stories disappear.

+1 hour 608

DISNEY XD

611 611 645 707 482



Guardians of the Galaxy

SATURDAY

6.00am Marvel's Spider-Man **6.30** Space Chickens in Space **7.00** Phineas and Ferb **7.30** Guardians of the Galaxy New episode **8.00** Milo Murphy's Law **8.50** Disney Mickey Mouse **9.00** Marvel's Avengers: Black Panther's Quest **9.30** Mech-X4 **10.00** Kickin' It **2.00pm** Phineas and Ferb **3.00** Big City Greens **4.00** Milo Murphy's Law **5.00** Marvel's Avengers: Black Panther's Quest **5.30** Guardians of the Galaxy **6.00** Phineas and Ferb **7.00** Penn Zero: Part Time Hero **7.50** Disney Mickey Mouse **8.00** Marvel's Spider-Man **8.30** Gravity Falls **9.30** Star Wars Resistance **10.00** Milo Murphy's Law **11.00** Furiki Wheels **11.25** Dude, That's My Ghost! **12.15am** Randy Cunningham: 9th Grade Ninja **1.00** Boyster **1.45** Counterfeit Cat **2.35** Randy Cunningham: 9th Grade Ninja **3.20** Boyster **4.10** Counterfeit Cat **5.00-6.00am** Furiki Wheels

SUNDAY As Saturday except:

8.00-8.50am DuckTales: The Shadow War: Magica preys on a vulnerable Scrooge to acquire his Lucky Dime. **7.00-7.50pm** Lab Rats v Mighty Med: The Incapacitor steals Chase and Davenport's new energy source.

MONDAY & THURSDAY

6.00am Marvel's Spider-Man **6.30** Space Chickens in Space **7.00** Phineas and Ferb **8.00** Mech-X4 **9.00** Milo Murphy's Law **10.00** Big City Greens **10.30** Kick Buttowski – Suburban Daredevil **11.00** Gravity Falls **12.00noon** Supa Strikas **12.30pm** DuckTales **1.00** Lab Rats **2.00** Phineas and Ferb **3.00** Marvel's Spider-Man **3.30** Space Chickens in Space **4.00** Big City Greens **4.30** Big Hero 6: The Series **5.00** Milo Murphy's Law **5.30** Gamers Guide to Pretty Much Everything **6.00** Phineas and Ferb **6.30** Mech-X4 **7.00** Phineas and Ferb **7.50** Disney Mickey Mouse **8.00** Marvel's Avengers: Black Panther's Quest **8.30** Gravity Falls **9.30** Kick Buttowski – Suburban Daredevil **10.00** Milo Murphy's Law **11.00** Furiki Wheels **11.25** Dude, That's My Ghost! **12.15am** Randy Cunningham: 9th Grade Ninja **1.00** Boyster **1.45** Counterfeit Cat **2.35** Randy Cunningham: 9th Grade Ninja **3.20** Boyster **4.10** Counterfeit Cat **5.00-6.00am** Furiki Wheels

TUESDAY As Mon except:

7.00-7.50pm Mighty Med: Kaz and Oliver are trapped in the ER by evil Skylar and the Annihilator.

WEDNESDAY As Mon except:

7.00-7.50pm Lab Rats: A teenager encounters three bionic siblings.

FRIDAY As Mon except:

7.00-8.00pm Marvel's Spider-Man

+1 hour 612

Coming soon

FIRST LOOK

Meg (Milly Alcock) joins Lucky (Tim Minchin) on his emotional journey

Upright

Tim Minchin stars in a comedy drama about an epic road trip

Comedian Tim Minchin is undertaking an eventful trip across his native Australia in this new shot from his forthcoming Sky Atlantic comedy drama *Upright*.

The eight-part series, which has been written by Minchin, airs later this year. It sees him play Lucky Flynn, a talented but self-destructive pianist who is estranged from his family. But when he finds out his mother only has days to live, Lucky drives across the outback, from Sydney to Perth, to visit her, taking his beloved upright piano with him on the journey. He's also accompanied by tough-talking teenager Meg (Milly Alcock), who he runs into on his odyssey.

'This is the show I'd been waiting to make,' says Minchin, who has also composed original music for the series. 'I like stories that make me laugh and think and cry, and I love characters full of flaws.'

IN PRODUCTION...

Van der Valk

Check out this early peek at Marc Warren as he takes on Barry Foster's iconic role as the titular Dutch detective in ITV's modern-day revival of classic crime drama *Van der Valk*. The new three-part series is currently being filmed in Amsterdam and also stars Maimie McCoy and Emma Fielding.

'It's got attractive, intriguing characters, danger and humour – and a fantastic backdrop in Amsterdam,' says executive producer Michele Buck.

WHAT'S NEXT FOR...

Tom Hollander

The actor will team up with Saskia Reeves for BBC1's adaptation of David Nicholls' best-selling novel **Us**, which follows a troubled couple on holiday in Europe with their teenage son Albie (Tom Taylor).

Jessie Buckley

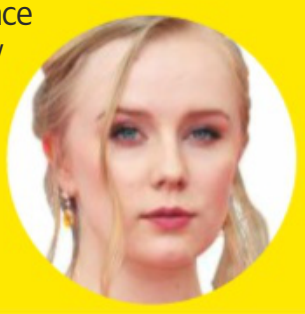
In the fourth series of the dark comedy drama **Fargo**, the actress joins Chris Rock and Ben Whishaw as events centre on rival crime syndicates in Kansas City in the 1950s. Previous series have aired on C4.

Tom Kerridge

BBC2's **Lose Weight and Get Fit**, airing next year, will see the chef offer up a range of easy weight-loss recipes as he and 11 volunteers try to shed the pounds and embrace a new exercise regime.

Coming Back

E4 comedy **Dead Pixels** will return for a second series as Meg (Alexa Davies) and her fellow online gamers try to embrace real life, only to be drawn back into the virtual world of Kingdom Scrolls.



Next week *On sale Tuesday 6 August*

Succession

Logan (Brian Cox) faces fresh challenges in the second series of Sky Atlantic's comedy drama.

Deep Water

Anna Friel heads the cast of ITV's tense drama about the complex lives of three women.

Mindhunter

FBI agent Holden Ford (Jonathan Groff) investigates murder cases as the Netflix thriller returns.

Premier League

Sky Sports and BT Sport air the first weekend of key fixtures as the new season begins in earnest.

TV&Satellite week

TI Media Limited
161 Marsh Wall
London
E14 9AP

Tel 020 3148 5565 **Fax** 020 3148 8115

E-mail TV&Satweek@ti-media.com

For subscriptions inquiries call 0330 333 1113 **or e-mail** help@magazinesdirect.com

recycle

Printed by Walstead UK Ltd

Standard Subscription rates (1 year): UK £125.95, Europe/Eire €289.80, USA $ 377.95, Rest of World £248. For inquiries, contact TV&Satellite Week Subscriptions on 0330 333 1113, TV&Satellite Week Subscriptions, FREEPOST TI Media, or e-mail help@magazinesdirect.com. If you require any other issue/s of TI Media Limited magazines, these are available for purchase by calling 01795 662976 (Lines open 8am-6pm, Mon-Thu, and 8am-1pm, Fri). Or order online at: http://mags-uk.com/browse-by-publisher/ti-media.html

WORDS: CAREN CLARK. PHOTOS: ELMER VAN DER MAREL, GETTY, HBO/SKY, ITV, NETFLIX, PA IMAGES, SKY

ipso. Regulated

Editorial Complaints We work hard to achieve the highest standards of editorial content, and we are committed to complying with the Editors' Code of Practice (https://www.ipso.co.uk/IPSO/cop.html) as enforced by IPSO. If you have a complaint about our editorial content, you can email us at complaints@ti-media.com or write to Complaints Manager, TI Media Limited Legal Department, 161 Marsh Wall, London E14 9AP. Please provide details of the material you are complaining about and explain your complaint by reference to the Editors' Code. We will endeavour to acknowledge your complaint within 5 working days and we aim to correct substantial errors as soon as possible.

Whitetail Gathering

Cuckoo Clock

2 FEET HIGH

Hand-crafted in traditional, Old World cuckoo clock style

Sculpted deer, hand-painted in nature perfect hues bring the serene majesty of nature home

Magnificently topped by a fully-dimensional, 10-point buck sculpture

Swinging metal pendulum and decorative pine cone weights

Precision timepiece with accurate quartz movement

Not Sold In Stores!

At the top of every hour, a traditional cuckoo emerges with a chirp

Your satisfaction is guaranteed — Order now!

Act now to acquire your Bradford Exchange exclusive *Whitetail Gathering Cuckoo Clock* for four convenient instalments of only £35.99, for a total of £179.95 (plus £9.99 s&s)* Your purchase is backed by our unconditional, 365-day money-back guarantee so there's no risk. You need pay nothing now, simply complete and return your Reservation Application today!

Shown much smaller than approximate size of 24 inches (60.9 cm) high, including hanging pendulum and weights.

Requires one 'AA' battery and two 'D' batteries, not included.

© The Bradford Exchange. * S&S - Shipping & Service. Offer applies to UK only. A credit check may be carried out by a licensed Credit Reference Agency. Our guarantee is in addition to the rights provided to you by consumer protection regulations. 01-21723-001

FASTEST WAY TO ORDER

www.bradford.co.uk/deerclockbge

or call our 24hr hotline on **0333 003 0019**
and quote reference code P371604

PAY NOTHING NOW

RESERVATION APPLICATION

Please Respond Promptly

To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA

YES! Please reserve __ (Qty) of the **Whitetail Gathering Cuckoo Clock** for me as described in this advertisement.

Complete today or Call 0333 003 0019

Name (Mr/Mrs/Miss/Ms).....
(PLEASE PRINT)

Address .....

.....

Postcode..... Telephone.....

Mobile .....

Email Address .....

Applicants must be aged 18 or over. Please note, we may contact you via mail, email and mobile with information about your reservation. For details of our privacy policy, please go to www.bradford.co.uk/privacypolicy or contact us at the above address or phone number.

THE BRADFORD EXCHANGE

01-21723-001 **Order Ref:P371604**